Vol. 21 No. 5

Pleasant Valley, Camarillo, California

August 27, 1999

Racquet Club Plans Big All Day Competition, Dinner - Dance By Ken Wechsler

The Racquet Club will hold its 16th Annual Costa del Sol vs. Leisure Village competition on Saturday, August 28 at the Recreation Center. This friendly rivalry for the gold cup will be followed by a BBQ and dance with a live band in the AR. There will also be instruction in line dancing. Tickets are \$13.50 per person with western attire optional. There will be door prizes and BYOB.

For more information call Ken Wechsler at 384-1173

55 Alive Classes

By Naomi Balfour

On September 16 and 17 from 1-5 p.m. in the MPR, Leisure Village will offer the state approved defensive driving class. This course is given under the auspices of AARP and its purpose is to assist seniors in coping with age-related physical changes so that they may continue to be safe drivers. Other advantages are a discount on automobile insurance, and a review of typical questions from the written exam for driver's license renewal. The cost is \$8 per person. Since the class size is limited to 30. you must pre-register and pre-pay. To do this call Naomi Balfour 987-9851.

Caroline Pratt Made President, Board of Directors



Photo by Vic Fledge

In the Executive session of Monday, August 16 the Board of Directors reorganized it officers. Effective immediately, the new officers are:

Caroline Pratt, president
Marilyn Holthouse, vice president
Ethel Ann Pemberton, secretary
Mike Shapiro, treasurer
Max Heller, director-at-large

There will be a Working Board meeting on Monday, August 30, at 9:00 a.m. in the Sun Room. The Open Board meeting will be at 10:00 a.m. in the AR on Tuesday, September 7. Homeowners are urged to attend

Protect Small Pets From Coyote Attacks

General Manager Randy Watkins checked out a resident's report about a bobcat being seen in the Village. It proved to be a coyote, a very lean and probably hungry one loping around Villages 6 and 8. Several

sightings of coyotes have been made in other villages recently.

Owners of small pets, dogs or cats, are warned that coyotes can easily jump the fence into an enclosed patio to reach them as prey. Several small dogs disappeared from Village 7 fenced patio areas last year. One dog collar was found on

the golf course the next day --- empty.

Leaving pet food out upon the paths will attract coyotes, who will return to the "free cafeteria" again. The LV Safety Office recommends that if residents encounter a coyote while they are out, that they should walk in the opposite direction.

Women Host 19th Hole Party, Bingo

By Betty Bruce

The Leisure Village Women's Golf Association is hosting the 19th Hole party on August 29, which will feature Bingo, 2 cards for \$1, with no limit on the number of cards. BYOB with \$.50 donation at the door to cover the cost of soft drinks and snacks.

The Ringer tournament will start September 1 and will continue for four weeks.

Regulation golf will be at Buenaventura, Thursday, September 16.

All results of the women's golf will be posted at the golf shack, and appear in the Camarillo Star newspaper on Tuesdays.

Players Guild By Anne Wolfson

At the Players Guild Workshop on Thursday, September 16, the program will be "A Western Song Fest" by the Karoke "Wannabee" singers directed by Ginny Naspo. The songs will be Western hits by Hank Williams, Patsy Cline and other great Country Western singers. They will be dressed in Western style.

Holiday Schedule

LVA offices will be closed on Sept. 6 for the Labor Day holiday.



Is There A Double Standard Here?

At an Open Board Meeting in the spring of this year a homeowner upon reaching the podium during Homeowners' Comments, began berating another resident by name. The Board President declared the speaker to be out of order, turned off the microphone and told the speaker to resume her seat. The speaker's behavior clearly was inappropriate and the Board President did the right thing.

At the Working Board Meeting of July 19 the Board secretary read a letter addressed to the Board, denouncing another resident by name. While the writer had every right to her opinion, the Board showed poor judgement in allowing her letter to be read aloud to

the homeowners at this public meeting. The troubling issue is the apparent double standard being employed. The speaker in the first instance was stopped from defaming a resident; why wasn't the speaker in the second one stopped too? The same standards should apply to all of us especially at pub-

This is not a perfect world; we all have our differences. The disputants should discuss their differences between themselves and not subject the rest of us to their vendettas. As a current Board member has reminded us we can disagree without being disagreeable.

Disclaimer: INSIDE LEISURE VILLAGE is written and edited by and for Leisure Village residents exclusively. It is independent of the L. V. Association and its Board of Directors. ILV's content is also independent of the Camarillo Star, Ventura County Star, Scripps Howard and The E. W. Scripps Company. The Camarillo Star is not responsible for the content of ILV and does not set or monitor its classified advertising (Services 'n Stuff) or editorial policies.

ABOUT NEXT MONTH

Deadline for the September 24, 1999 issue will be Tuesday, September 7, 1999 at 5:00 p.m. To arrange for a photographer, call coordinator at least 3 days in advance. Do not call photographer. Type copy double space or submit hand written material early to allow for typing.

INSIDE LEISURE VILLAGE

Coordinator: Lois Atz Editorial Consultant: Betty Murray

Photographer Vic Fledge Manager "Services-N-Stuff" Ads, Maxine Chapman Staff: Jack Whalen, Lillian Hawthorne, Bill Himstreet, Madelyn McKean, Eileen Cohen, Selma Lich, Gerry Levenfeld, Herman Waltzer, Marge Lorraine

LVA Open Board Meeeting **TUESDAY, SEPTEMBER 7** because of the Labor Day Holiday. 10 a.m. in the AR

Letters

ILV has obligated itself to publish letters to the editors that are not profane, inflammatory, or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address, and telephone number. Please limit letters to 250 words. We reserve the right to edit and/or condense. Place in ILV box or give to Coordinator of the month, as listed on page 2.

Surprise, Surprise!

To the 80 or more wonderful people who made my birthday a most pleasing event... Thank you! The surprise was complete and the greeting sentiments and gifts were especially appreciated.

The work, the effort, and love that Eilleen King and others put into arranging the party was more than just icing on the cake.

Many thanks to each of

Cliff Kemp, V 4

There are not enough words in the dictionary to express my thanks to all my wonderful Leisure Village friends. Your caring possible made speedy recovery.

Sophie Robinson, V 7

There are not enough words to express the feelings I have felt from the many, many friends that I have in Leisure Village at the time of my back surgery. My sincerest gratitude to them all for all the phone calls and the amazing amount of cards wishing me a speedy recovery.

At this writing, just one short week after surgery, I believe their wishes are working miracles. Per-

RESIDENTS' OPINIONS

haps next month I again can enjoy getting back to playing paddle tennis and bowling. To all concerned I thank you, thank you, thank you and my deepest affection.

· Robert L. Freedman,

I can't say enough about our Security force, especially Sgt. Bates, who came to my rescue when our bathroom flooded. Not only did he get all water turned off, but he stayed until everything was under control. He showed initiative, concern, and compassion. He certainly deserves our thanks.

Jim and Miriam Natter, V 24

Postman Retires

To all my friends and patrons on my postal route through Villages 16

I will be retiring on September 3, 1999 and I want to thank each and every one for their friendship, understanding, thoughtfulness shown to me for the past 10 years. I will miss you all and you will always be in my thoughts. If you are ever in the Santa Rosa, CA area, please look me up. My new address there will be: Louis Moretton, 9802 Sunray Place, Windsor, CA 95792 Again, thank you all for everything.

L.P. Moretton Ed. note: Several of Louis patrons asked that his retirement be an-

nounced.

When Will We Learn?

By Esther Robbins Maltun, V 1

I read the daily papers And they fill me with concern, "Ethnic wars" and "Racial hate"... When will we ever learn? Will mankind never realize That we are all the same Although our colors differ Or we bear a different name?

Why can't we seem to understand All blood that's spilled is red, That when we die, no matter who, We'll all be just as dead? How long before we wake and see That war's not worth the cost, That victories can't ease the pain Of those whose sons were lost?

But history repeats itself And nothing seems to change. We never learn from our mistakes, How sad that is ... and strange, We've learned to clone and walk in space, Our wonders never cease, And still we fail at simple things Like engineering peace...

Engineering Committee **By Bill Himstreet**

The newest standing committee, the Engineering Advisory Committee (EAC), holds promise of providing boards and management of Leisure Village with considerable evaluative data and advice in their efforts to meet ongoing and changing needs of the Village and its residents.

Input from the EAC should also assist the Finance and Purchase Research Committees in arriving at decisions involving expenditures on a wide variety of projects. Although the EAC has identified 14 projects to be considered, two are of immediate concern: The swimming pool renova-tion and the water management program. The construction of the pool must be brought up to Ventura County standards with work expected to begin in the late fall. The water management program has long-term

aspects and involves the partnership of Camrosa Water and reliance on results of the current water irrigation test-trial Program in V. 14.

A very interesting resource for all future projects is the "library" of graphics which includes organized files of maps and prints of all Village installations involving buildings, utilities, and other support services. Through the years, changes have occurred and unfortunately many appropriate records were misplaced or omitted. A portion of the EAC work will be devoted to continual updating of the "library." This could be an interesting activity for a volunteer.

Initial members of the EAC are Bob Atz, Chairman; Larry Coleman, Phil Belsky, Bill Robinson, and Elmer Eyman, giving the Committee a composition of chemical, civil, electrical, and mechanical engineers as well as a communication specialist. To

tackle additional projects. the EAC will require additional members. According to Atz, an engineering background is preferred but not an absolute prerequisite. Interest in problem solving and in returning something constructive to the community are great assets.

L.V. Committees

Wednesday, 9 a.m. -

noon, Garden Rm.,

Mannie

482-0642

482-8393

388-3704

Architectural: third

Buildings & Grounds:

Channel 8: third Thursday, 9:30 a.m. -

first Thursday, 9 a.m. -

noon, MPR, Lucy Fiore,

noon, Sun Rm., Guy

ation: second Thursday,

third Tuesday, 1:30- 4

p.m., MPR, Luella Kelwin,

I - 4 p.m., MPR, Ernie

Emergency Services:

Engineering Advi-

Education & Recre-

Moshier, 484-2824

Ohmstedt, 987-2954

Abbate,

Anyone interested in participating and continuing to make the Village such a nice place to live may contact Bob Atz and/ or attend the next regular monthly meeting of EAC, which is scheduled for Thursday, September 2, at 1:30 p.m. in the Village Room.

Thursday, 1:30 p.m., Village Rm. (Annex). Bob Atz. 484-3208 Finance:

fourth Wednesday, I - 4 p.m., Sun Rm., Dan Olonoff, 482-1331

Landscape: fourth Tuesday, 3 - 4:30 p.m., Sun Rm., Don Hamilton, 987-8550

Purchase Research: first Tuesday, I - 4 p.m., Sun Rm., . Vern Kiep, 987-7505

Safety & Security: second Thursday, 9:30 a.m. - noon, Lanai Rm., Gloria Page, 987-9892

Send changes IN WRITING, mark for the attention of Madelyn McKean and put into ILV sory Committee, first mail box, please.

emoriam Nortron B. Crowell, V.13

Sylvia Kanner, V.31

Max Goodman. formerly of V.19

Marjorie M. Kelly, V.7

Ann Josephs, V.33

Myer Ball, V.20

Eva M. Secia, V.4

Norman J. Young, V.11

Harold M. Kueffer.

Rose M. Tamburro,

Alfred L. Fox, V.37

Emily C. Rapp, V.31

Eliot Leonard, V.5



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CHANNEL



By Jack Whalen

The time has come to bid farewell to one of the oldest and most valued volunteers of Channel 8. Gerry Sills is stepping down and he leaves a giant void.

Over the years he has been an excellent cameraman, tape editor and all-around technician whenever and wherever needed.

He was one of the first volunteers. Joe Poliak, now deceased, Al Pachter, and Jack Whalen were present at the first meeting and Gerry came about a year later, which means he has performed for some 18 years. May you truly enjoy retirement, Gerry!

Guy Moshier has agreed to serve 1999-2000 as committee chair for his second year in a row.



By Marilyn Holthouse LIBRARY FACTS YOU MAY NOT KNOW -

Do you know that extra chairs had to be brought into the Social Hall of the new Annex for the library committee's July meeting?

It may have been the announcement of refreshments (especially Louise Waln baked goodies) or just that all wanted to share their commitment to the library that brought out a Standing Room Only crowd. The veterans and the newer members each shared their particular job and the day they serve the library. One member takes the responsibility to put the Wall Street Journal in the rack each morning!

Come into the Library in the East Wing of the Recreation Center,

respect the policies of a library, relax in the pleasant surroundings, and express your appreciation to the volunteer. A current

list of the loyal workers is posted at the entrance to the "stacks."

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Emergency Services Committee

By Paul Kelwin

The Emergency Service Committee is working on a plan to evacuate the Village in the event of a toxic spill. It should be done as safely and expeditiously as possible.

Several ideas have been proposed. If you wish to participate, your input would be welcome. We are working with the Leisure Village Security Dept., the Safety and Security committee, and the Ventura County Fire Dept.'s Steve Baker, a HAZardous MATerial expert. With the increasing number of trucks carrying toxic material on 101 and Santa Rosa Road, there is the possibility of a HAZ MAT spill. One proposal been the "Shelter-in-place." There is a paper outlining it in the Recreation Office. Please go in and take

A big thank you to all who participated in the July 22 DPX (Disaster Preparation exercise). The results were the best yet: 1868 flags and only 268 no flags.

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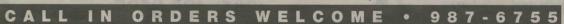


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Food Assistance For Villagers

By Jack Whalen

Did you know that if your income is on the low side, it's quite possible you would qualify for supplemental help in the form of food and other grocery items? Should your monthly income be no more than \$1,000 for an individual or \$1,400 for a couple, you would qualify for help here in the Village

This program, in operation for some 15 years, has had as many as 15 recipients, but currently serves only 9 and is able to furnish food and other staple items to a number of others who might

qualify.

The program was started in 1984 by Roland and Valerie Barbeau and since 1993 has been operated by Pat and Ed Holly, along with Al Bruene, with assistance from Your Neighbors Care Group and five LV resident couples who rotate on the weekly delivery.

The funds necessary to operate this program have come from LV clubs and individuals. The present funding level is about \$1,200 a year with major contributors being

See FOOD......Pg 7

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FOOD.....from Pg 6 the LV Women's Club, the Inside Leisure Village publication and the Solo Club. Other clubs have contributed as well as individuals.

How can this be so successful at such a low price? Well, supplies are purchased mainly from Food Share Inc. in Oxnard at very favorable prices. During the last 20 vears Food Share Inc. has benefited from the volunteer services of hundreds of Leisure Village residents. Most every day volunteers from here work at the warehouse, glean in the vegetable and fruit fields and operate heavy equipment in the gathering of food.

LV resident George Langston is one of the pioneers of this program and is a member of its Board of Directors.

This program does not qualify for any US Government assistance and thus must rely upon continuing financial support from LV clubs and individuals. Checks, in any amount, should be made payable to Leisure Village Food Distribution and sent to 29204 Village 29, c/o Ed Holly. Non perishable items can be left at Ed's front door any time of the year.

Again this year, a food collection box will be placed in the Billiard Room and at the Women's Club meetings during the Thanksgiving and Christmas season. The collection box will also be at the monthly LV Women's Club meetings and the Solo Club meetings throughout the year.

The food aid lists are kept confidential. If one sends a check to Food Share in Ventura, 5% of that amount comes back to LV. If the check is made out to LV Food Distribution, 100% of it goes to the Village project.

BODYLANGUAGE By Sonia Brink, V 15

Listen to the body, so they say body and mind are one but as I listen to them every day, I find this is not true. They are distinctly different and they spoil my fun.

When body wants a cooky, maybe two, the mind at once attacks my conscience and tells me: "This is not for you." And so it goes day in day out. Though I respect the wisdom of the mind it seems the body has the bigger clout.



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By Anne Janoff

On September 12, the Saturday Night Ballroom Dance "Western Night," an annual "dress-up" (optional) dance, is scheduled. This is always a fun evening and an opportunity for Villagers to don outfits in keeping with the theme. The usual casual attire is always appropriate, if preferred.

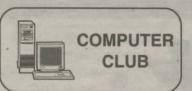
The next dance will be on September 26, followed by October 10 and the Halloween dance on

October 24.

Saturday Night Ballroom dance evenings provide lots of good dance music recorded on tape, as well as pleasant socializing with friends and other Villagers.

Dancing from 8-11 p.m. in the A.R. only fifty-cents per person, usual refreshments. BYOB. All are welcome, including visit-

ing guests



By Winifred M. Singleton

The Computer Club meets on the second Friday of the month at 10:00 a.m. in the MPR. A guest speaker presents a topic of general interest.

The Computer Center. located in the annex, includes a library, a classroom, and eight computers. The Center is used for computer classes and special interest group meetings.

New committees are now being formed and volunteers will be wel-

comed.

The club schedule is available on Channel 8 and Village notice boards.

For more information call or write:

E-mail:

LVCC1 @juno.com Telephone: 384-1945



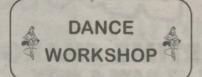
By Sig Jaffe
The Village Swingers Square Dance Club wishes to invite all who ever danced before to renew their skills by joining in the regular dance nights which are on Tuesdays, 7:15 to 9:30 p.m. in the A.R. The caller will review the calls that need more practice and bring everyone up to speed. One need not bring a partner.

The annual picnic was a great success with the Hudsons again providing a delicious dinner to accompany an afternoon of

fun and games.

The program for the month of September will begin with a scatter dance on 9/7 followed by a regular dance and general meeting on 9/14. There will not be a dance on 9/ 21 because of the Yom Kippur holiday. On 9/28, members will try to identify the club members from their teen age pictures.

Bill Kramer continues to call and makes it a very enjoyable experience. Refreshments are always served.



By Ida Kubica

Former LV country line dance members, it's time to rethink the concept. Give it another try. You gentlemen with the fancy footwork, come to the dances and show us what you know. New learners are also welcome. New dances are introduced and old dances reviewed. Have you any new ideas or questions? Bring them to the meetings first Tuesday of the month. Dances are held in the AR on Tuesday at 3:00 to 4:30 p.m.



By Ruth W. Miller

At the Village Painters on Wednesday, September 1 there will be the critique of members' art work by Marion Jayne. This analysis of their work is always looked forward to and welcomed, especially in anticipation of the Leisure Village Art show.

This year the Art and Crafts show will be held on October 17 in the AR. Other Art oriented clubs will participate. The paintings to be displayed will be products of members of the Village Painters. If there is anyone who wishes to show his or her work at this time, it would be necessary to pay the annual dues and join the club. Marja Graab, membership chairman can be contacted at 383-2094.

Everyone is welcome to attend the Critique on September 1 at 1:00 p.m. in the MPR. Refreshments will be served.



By Pepper Heimowitz

The LV Ceramic Mold Decorators Club is one of the oldest clubs in the Village. At the August meeting Pres Pepper Heimowitz named the following committee chairwomen: Deane McDaniel and Shirley Williams, firing; Lillian Hintz, hospitality; Julia Giordano and Christine Sworski, telephone; Pepper Heimowitz, publicity; Velma Hughes, sunshine; Isobell Kelly, Thought For the Day.

Visit the Ceramic Mold Decorator's Club on any Wednesday in the Ceramic Room, 10:30 a.m. to 3 p.m.

The next business meeting is September 1 at 12:30 in the Ceramic Rm..

Directory of LV Clubs Meeting Dates, Time, Place, Chairperson and Phone **ARTS and CRAFTS**

Ceramic Mold Decorators, General Meeting first Wednesday, 12:30 p.m., Ceramic Rm., Workshop every Wednesday 10 a.m. - 3 p.m., Ceramic Rm. Pepper Heimowitz 484-4932.

Ceramic Plus, fourth Thursday, 10-11:30 a.m., MPR,

Irene Wilkman, 389-1502

Gem & Mineral, fourth Wednesday, 7:30-9:30 p.m., MPR, Fred Ervast 389-0787

Needleworks, etc., every Friday, 9:30-11:30 a.m., Garden Rm., Celia Gordon 484-3441

Village Painters, Gen. Meeting first Wednesday, 1-4 p.m., MPR. Class, every Monday, 1-3 p.m., Lanai Rm, Sylvia Wacher 389-1147

Duplicate, every Monday, 12:30-4:30 p.m, Garden Rm., Lou Dektor, 987-3060

Duplicate, every Monday, 6:30-10 p.m, Garden Rm., Lucille Goldin 987-2373

Party bridge, every Tuesday, 6:30-10 p.m., Garden Rm., Harold Keeler, 484-8080

Intermediate Duplicate, every Wednesday, 6:30-9:30 p.m., Garden Rm, Wayne Wisehart 482-1091

Duplicate, every Thursday, 12:30-4:30 p.m., Garden Rm., Lou Dektor, 987-3060

Duplicate, every Friday, 6:30-10 p.m, Garden Rm, Al Green 987-4163

CARDS and GAMES

Cards, every Monday, 7-9:30 p.m., Sun Rm., Ruth Resnik 482-0578

DANCE

Balkan Dance, every Friday, 9-10:30 a.m., AR, Naomi Wieselman 388-1402

Dancercise, every Wednesday, 9-10:30 a.m, AR, Naomi Wieselman 388-1402

Dance Workshop, every Tuesday, 3-4:30 p.m., AR, Rhoda Smithkin 484-8132

Happy Hoofers, every Monday except the first, 9-11 a.m., AR, every Thursday, 9:-10 a.m., AR, Ida Zeller 484-9882

International Folk Dance, every Monday, 1-3 p.m., AR, Naomi Wieselman, 388-1402

Live Band Dance, fifth Saturday, 8 p.m-12 a.m., AR, Jean Aird, 482-6660

Round Dance, every Sunday, 10 a.m.-1 p.m, AR, Staley Carpenter 484-1134

Sat. Night Ballroom Dance, second & fourth Saturday, 8-11 p.m. AR, Elmer Eymann 484-8422

Swing Dance, first & third Saturday, 8-10:30 p.m., AR, Paul Kelwin 987-1446

Village Cloggers, every Tuesday, 9 a.m.-noon, AR, Louise Houser 388-1303

Village Swingers, every Tuesday, 7-10 p.m., AR, Mary Kovach 484-9928

Western Line Dance, every Friday, 7-8 p.m, MPR, Mary Kovach 484-9928

EXERCISE

Arthritis, every Tuesday, 10 a.m.-noon, Garden Rm., Wayne Wisehart 482-7945

Exercise, every weekday, 8:30-9 a.m., Pavilion, Lillian Mankoff 987-4049

GENERAL

Amateur Radio, First Tuesday, 10 a.m.-noon, Village Rm, Eddie Vasquez 484-1256

Bingo, every Wednesday, 6:30-9:30 p.m., AR, Marion Tavino, 482-1649

Camera, first & third Wednesday, 7:30-10 p.m., MPR, Milt Mankoff 987-4049

See CLUB DIRECTORY.....Pg 9

Computer, first Friday, 10 a.m.-noon, MPR, Mort Markovitz 384-1945

Farmers, quarterly - 9/3/99,12/3/99 3/3/00,6/2/00, 2-4 p.m. MPR, David Sohr 482-5577

Garden, second Thursday, 9:30-11:30 a.m., MPR, Alice McKnight 987-5606

Players Guild, third Thursday, 7:30-10 p.m., AR, Miriam. Hasen 482-3198

R. V. Club, third Tuesday, 7:30-10 p.m., MPF, Lee Truman 388-0424

Showtyme, third Monday, 7:30-9:30 p.m., AR, Jerry Banchik 484-5585

Single Active Seniors, every Tuesday, 7-9 p.m. Social

Rm., Zelda Greentree 389-9694 **Solo Club**, 8/13/99,10/7,12/10,2/4/00,4/14,6/9, 5-8 p.m. AR, Marion Jayne 484-5112. Gen. Meeting, third Friday,

12:30-4:30 p.m., Garden Rm, Marion Jayne 484-5112 Veterans, fourth Thursday, 7:30-9:30 p.m., MPF, Ed Vasquez 484-1256

Weight Control, every Tuesday, 8-9 a.m. Garden Rm., Dorothy Fencl 484-3416

Women's Club, first Thursday, 1:30-3 p.m., AR, Doris Kadish 482-7342

YNCG, first Friday, 9:30-10:30 a.m., Village Rm., Sandy Okum 482-8125. Blood pressure clinic, first Monday, 7 - 8 p.m., AR, Sonia Brink 484-2387

MUSIC

Belles of Harmony, every Wednesday, 10 a.m.-noon, MPR. Elaine Shainhouse 987-2354

Chorale, every Monday, 12:30-2:30 p.m., MPR, Byron Kaufman 388-0880

Keyboard, third Friday, 1-3:30 p.m., AR, Margarete Navfack 388-2196

Liedleers, second & fourth Tuesday, 10-11:30 a.m., Lanai Rm., Selma Lich 484-8129

Music Appreciation, first & third Friday, 10 a.m.-noon,

MPR. John Callas 987-5630

Rhythmettes, every Tuesday, 1-2:30 p.m., AR, Ginny Naspo 987-9666

Sing-A-Long, second, fourth and fifth Monday, 7-9:30 p.m., AR, Jules Nayfack 388-2196

SPORTS

Billiards, fourth Tuesday, 7:30-9 p.m., MPR, Edith Dowsing 482-2972

Bocce, fourth Thursday, 7:30-9:30 p.m., AR, Sy Blau 484-8080

Golf, Men's, second Tuesday, 2-4 p.m., MPR, Jerry Orth, 389-8979

Golf, Women's, second Wednesday, 2:30-4:30 p.m., AR, Donna Duke 987-2627

Racquet, second Wednesday, 7-9:30 p.m., MPR, Irving Goldman 445-4133

Shuffleboard, first Tuesday, 7:30-10:30 p.m., MPR, Lucy Fiore, 482-8393

SUPPORT GROUPS

Bereavement, all Thursdays except the third, 11 a.m.-12:30 p.m., Sun Rm., Jean Aird 482-6660

Coping with Confusion, first Friday, 1-3:30 p.m., Lanai Rm., Jean Aird 482-6660

Hearing Impaired, first Wednesday, 2-4p.m., Village Rm., Min Crane 388-0310

Self Awareness, every Monday, 7-8:30p.m., Sun Rm., Maxine Fritz, 482-7798





By Marjorie Ramsey

Despite a cool, virtually sunless Spring, and an unprecedented whitefly infestation, many diligent Village farmers are beginning to harvest small but tasty tomatoes. Thanks to newly-installed gate locks intended to keep out would be pilferers, our tomatoes are seemingly safe being left to ripen on the vine, an act that in previous years guaranteed certain thievery. Some wag suggested that one sure way to discourage poaching is to plant okra - which a few of us have done - because we like the stuff. Skeptics offer old fox-in-thehenhouse theory. We'll see.

One of the farmers has experimentally planted Golden Yukon potatoes in above-ground, dirt-filled cylinder, and it is being watched avidly, awaiting the results.

The zucchini, beans and cucumbers have been plentiful; the corn growers have already planted a second crop; and, happily, this year's peppers have outperformed last year's. Several people grew magnificent Maui onions.

But the most consistently successful crop has been weeds. You don't have to plant them, fertilize, water or nurture them to see them flourish, and they are absolutely impervious to curses, magical or otherwise. But to Mother Nature, a weed is just a plant in the wrong place.

All in all, it has been a pretty productive and satisfying summer.

Reminder to members: Save Thursday, September 9 for the annual Farmers picnic. Tickets are on sale by club officers, through September 3.



By Jerry Cohen

The Leisure Village Camera Club's August. photography competition was not held as scheduled. The assigned category, "Landscapes / Seascapes" has been postponed to the September 1 meeting. The September 1 competition will also include the regular assigned category, "Dominant Color." There will be no "Open" category that night.

Program night on Wednesday September 15 will feature the taped showing of Channel 8's popular program, "What Was My Line?" This program was chosen primarily because several of the participants are members of the Camera Club. Club president Milt Mankoff is host of the fun-filled show.

Meetings are held the first and third Wednesdays in the MPR starting at 7:30 p.m. with refreshments following.

> Free Drop-Off **Program For Hazardous Waste**

The free monthly household hazardous waste drop-off program takes place the first Friday and Saturday of each month. The maximum amount of waste accepted per appointment is 15 gallons of liquid or 125 pounds dry weight. To schedule an appointment, call MSE Environmental, Inc. at 987-0717.

Wastes accepted include water-based paint, oil-based paint, solvents, pesticides and herbicides, fertilizers, household cleaners, pool and photo chemicals, fluorescent light tubes, antifreeze, automobile fluids, and auto batteries.

Not accepted are commercial wastes, explosives, ammunition, fireworks, radioactive



By Madelyn McKean

The next meeting of the Garden Club will be on Thursday, September 9, in the MPR and will feature Kathy Boals who is the president of the Conejo Orchid Society. With a hot house full of orchids on her property, she is well qualified to speak on that subject. She claims that they are really not hard to grow, so come to hear her at 10 a.m. Social hour begins at 9:30 and all Villagers are welcome.

> SINGLE ACTIVE **SENIORS By Zelda Greentree**

Single Active Seniors will have a very timely program on money, money, money how to invest it, how to save it, how to spend it! Come to the meeting on September 14, at 7:00 p.m. in the MPR, when the speaker will be Carol Feldheim. She is an investment counselor who will speak on "Single Seniors and Their Money.

Also in September, Jewish Family Service and Camarillo Health District will join forces to present four classes in "cooking for single men." These classes will be held at the Camarillo Health District offices.

It is hoped that the singles in SAS will take advantage of this opportunity to learn to cook for themselves. Single Active Seniors will be participants in this project by providing two SAS members as instructors.

For any further information, please call Zelda 389-9694.

wastes. smoke detectors, compressed gas cylinders, infectious waste, tires and garbage. All things listed in this paragraph are unacceptable wastes.



LV EXERCISE GROUP

By Milt Mankoff

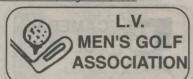
The Leisure Village Exercise Group has scheduled the Annual Potluck Dinner celebration for Friday, October 29 at 5:30 p.m. in the AR. In keeping with the spirit of the Halloween season, members are invited to attend in costume. Judging will be held for the most original ones. Entertainment and other fun activities are being planned.

As usual for the potluck attendees will make up their own tables of 10 or12 and plan the menu for their table. This allows everyone to eat at the same time. Coffee and tea will be provided by the Exercise Group. Table arrangements should be made now with Shiphrah Maller and Lorraine Kaplan.

FOLK DANCE CLUB

By Marilyn Goodman

The International Folk Dance Club will celebrate its 19th year of dancing with a pizza party on Monday, September 13 from I-3 p.m. in the A.R.



By Dick Hof Regulation golf September 8 at Elkins Ranch starts at 8:30 a.m. October 7 and will be at Soule Park.

October 5 and 12 will be our Club Championship, Village course. Watch the bulletin board for details.



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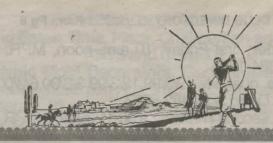
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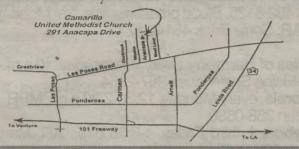
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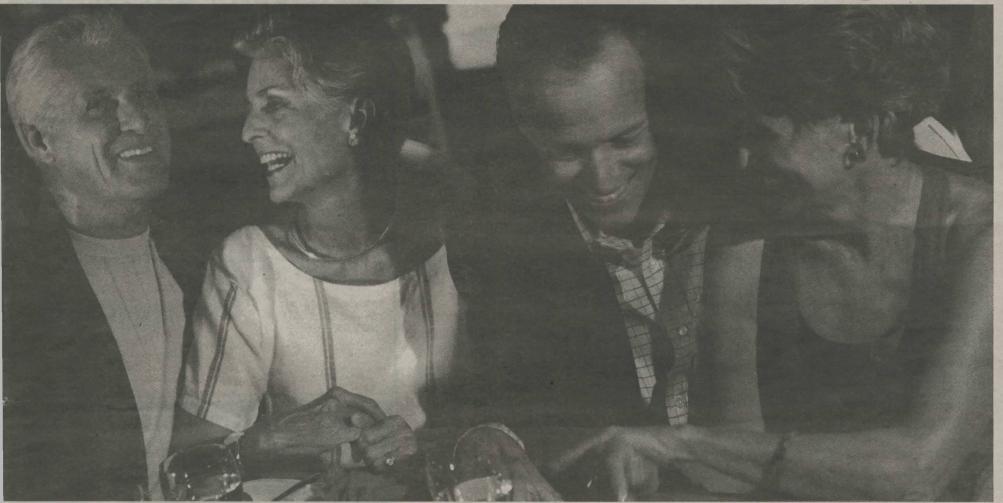
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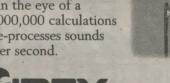
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Long Term Care Ombudsman Program

By Lillian Hawthorne

The following is another in the series about resources in our community which provide special services for seniors. Again, this is intended for purposes of information, not advertisement.

The Long-Term Care Ombudsman Program is designed to protect the quality of life for seniors requiring assistance in out-of-home placements. According to Mary Zanolini, R.N. and Executive Director, this is done through three different programs: one is the central mandated responsibility, and the other two are voluntary supportive functions.

The LTCOP was founded in 1981, originally under the sponsorship of the National Council of Jewish Women. It is now a free-standing non-profit agency accountable to the state through the Older Americans Act. It is funded partly by the state, and also by United Way community block grants and donations. All of its services are free, non-sectarian, and confidential.

The primary function is

to monitor the treatment of individuals in long-term care facilities; this is done by specially trained, state certified volunteers called Ombudsmen. At the present time, there are approximately 130 licensed facilities in Ventura County, ranging in size from fewer than six to more than several hundred residents, and there are approximately 40 Ombudsmen serving in the program.

The Ombudsmen make unscheduled visits to these facilities, i.e. one per month to residential placements, one per week to skilled nursing homes. On these visits, they observe and evaluate the conditions: cleanliness, safety, appearance, physical arrangements, food preparation, activities, supplies and equipment, staff and resident behaviors, etc. They also try to address any issues or concerns raised by residents or families: individual complaints or unhappiness, lost possessions, lack of attention, improper diet, etc. In addition, they respond to requests or referrals from any other sources.

Concerns or problems are dealt with promptly at the immediate level, i.e. with the individuals, staff or administrators involved; monthly reports are maintained. If the situation cannot be resolved in this way, or if there is insufficient change or improvement, there are two further steps which may be taken for more serious action. One is referral to licensing authorities which may result in financial penalty or loss of license. The other is referral to law enforcement in cases of possible endangerment, i.e. neglect or abuse. Most problems are able to be resolved at the least serious level, and administrators are usually quite receptive to Ombudsman intervention and suggestion.

Ombudsmen are required to complete a special 36-hour training program before being officially certified. They are then assigned responsibility for certain facilities, and they arrange their own individual visitation schedules and number of hours for which they receive reimbursement for mileage or any other out-of-pocket expenses. Ombudsmen monthly meetings conducted by Candace Stewart, Field Service Coordinator, which provide on-going training plus supervision and

group support. Most of these volunteers are retirthe program for at least five years; all of them are dedicated and caring individuals.

LTCOP also offers two ees who have served in other related supportive services, both of these conducted by Candace See CARE.....Pg 13

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CARE.....from Pg 12 Stewart. One is pre-admission counseling for individuals contemplating placement for themselves or members of their family. This provides current information about community placement facilities, but does not make specific recommendations; this assistance is available through individually scheduled appointments. The other is a support group for care givers, both for individuals at home or in placement facilities. This is held on Fridays, from 9:30-11:30 a.m., at the Camarillo Health Care District.

The increase in life span today has brought an increase in the number of older people in the community, and, consequently, an increase in the need for placement facilities to care for those who require assistance. There are already plans for two new facilities in Camarillo: one of them is well under way near Leisure Village, plus the expectation of several additional small residential Board and Care homes. That means

ing need for people to serve as Ombudsmen to monitor those facilities.

A training program for new Ombudsmen will take place during the week of September 13-17 at the LTCOP office located at 1841 Knoll Drive in Ventura. For information about any of these services, or to apply for Ombudsmen training, please call 656-1986, from 8:30-4:00 p.m., Monday through Friday.

> Sewing Classes Start New Year By Celia Gordon

Oxnard Adult Education Sewing Classes will begin Wednesday, September 8, and Thursday, September 9 at 9 a.m. until noon. Students will register and pay the \$3 semester fee at the begining of the class. Thelma McHenry will teach both classes. Please bring sewing projects the first day.

ILV Open Board Meeting TUESDAY, SEPTEMBER 7 because of the Labor Day Holiday.

10 a.m.in the AR there is also an increas-Wheelchairs Sales & Rentals Medical Supplies • Lift Chairs MEDICARE ASK APPROVAL LIFT CHAIR SCOOTER available at (805) 388-7669 828 Arneill Road • Camarillo (between Kmart and Longs)

Two Post-Polio **Groups Outside** The Village

The Post-Polio Support Group, Easter Seals Tri-Counties, at 10730 Henderson Road, Ventura, meets the second Monday evening of the month at 7 p.m. at the Easter Seals Tri-Counties Center, Ventura. The program helps support the emotional needs of its members by providing a place to talk about the frustrations and pain of their little-understood disease with others who are suffering from the same kinds of symptoms. By having speakers, and sharing articles and information, members are able to find ways to make their situation less stress-

ful. Nancy M. Moir, R.N. is the Post-Polio Coordinator (805) 649-3590.

There is also a daytime East Ventura County Post-Polio Support Group. It also meets monthly, usually the first Saturday, from 1:30 - 3 p.m. at the Simi Valley Hospital in the Citrus Room. Barbara Sullivan, (805) 584-6361, is the president.



ILV Services 'n Stuff

ILV will accept ads from L.V. residents for properties which they own personally, or ads of a noncommercial nature which offer jobs or services to villagers. Limit ad to 15 words, use a fullsized sheet of paper and place in the ILV box which is next to the Sewing Room door. Residents include one dollar, non-residents pay two dollars. No checks, please. Full name and a valid current address and telephone number of the advertiser must be included with each ad, but need not appear in the ad. Repeat ads must be resubmitted each month. Deadline is first Monday of the month. ILV does not investigate the ads, and makes no endorsement of them.

STAMP COLLECTIONS, I am interested in old stamp collections. Will pay. Harold, 484-8828.

TAPPAN REFRIG, top freezer, frost free, white, med size. 5 months old. \$350. Nancy, 484-8177.

LAS VEGAS 2-day fun trip. Private party, not a charter. RSVP, Info, 559-0353

CLOCK REPAIR, free pickup & delivery. Free est in LV. All kinds of clocks. 1 yr guarantee. H. T. Groves. 987-2516.

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DRIVER, To Ventura or Woodland Hills. Drs. appts, shop etc. Help with check writing paper work, Jan, 388-8646.

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See ADS.....Pg15

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