

# INSIDE LEISURE VILLAGE

VOL. 44 NO. 1

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

JANUARY 6, 2023

## VILLAGER PROFILE

### Bert Stone

By Jon Niemann and Barry Stone

On June 25, 2021, two men visited their father in Village 33. Barry, currently retired and living in the Central Coast with his wife, and Robert, living half and half in Montana and Morro Bay were here for a very special celebration; the 100th birthday of their Dad.

Siebert Stone was born in the city of Chicago in 1921. His mother, Sarah Stone, named him Sidney, but when she arrived home from the hospital, her sisters complained, "There are already two Sidney's in the family. You should give him a different name." "What then should I name him?" Sarah asked. "How about Siebert?" one sister suggested. So Siebert Stone became

his name, though for the next 22 years, everyone called him Sonny.

Nathan and Sarah Stone had emigrated to America to escape anti-Semitic persecution in the border region between Poland and Russia. If you've seen *Fiddler on the Roof*, you have a general picture of the time and place from which they came.

In 1909, Nathan's parents had sold the family cow to pay for his passage across the Atlantic. With no knowledge of English, the 16-year-old arrived in New York City and eventually made his way to Chicago where he learned to be a house painter. His filial responsibility in the new world was to send money back home so the rest of the family could join him in the land of freedom. He succeeded in

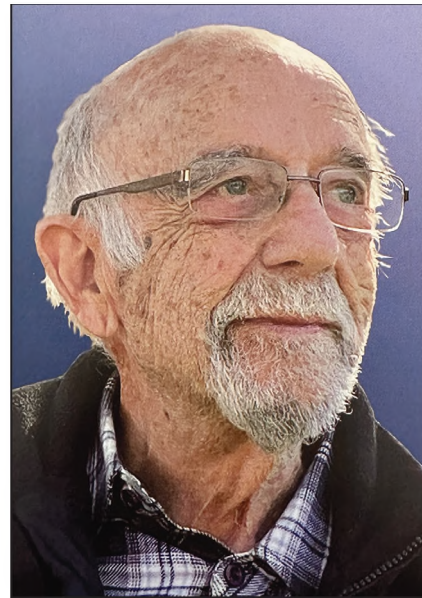


Photo by PEGGY STONE

Bert photographed recently in the front yard of his home on Village 33.

bringing over all the members of his own and Sarah's family.

Bert's earliest memories are of newly-arrived relatives sleeping on cots in the kitchen.

In this household of foreign newcomers, he became fluent in Yiddish, before he ever learned to speak English.

Bert's Pa, Nathan, was a painting contractor, and Bert recalls the horse and wagon Pa used for his work. He kept it in the garage behind their home. Eventually he bought his first truck, a used 1918 Model T Ford, which he traded for a 1925 Dodge later.

Chicago of the 1920's was still evolving from 19th century ways, and Bert recalls the horse-drawn wagon of the neighborhood milkman, and the iceman who delivered a frozen block into the icebox of every home. While attending grammar school, Bert became a straight-A student, managing to skip an entire grade. After school and on weekends, he enjoyed sports with neigh-

—Please see **PAGE 7**

## Best of 2022 in the Village—they deserve the recognition

By Jon Niemann

In working with people who keep the Village running, interesting and a great place to call home, I have assembled a list to commemorate two people and one club that stood out as outstanding during 2022. People tell me things, make suggestions here and there and, thus, it was an easy task to come up with the Best of 2022.

### Association Employee of 2022: Emily Shepherd

Just before the holidays, Patty Schultz called to mention that some of the neighbors had gotten together and brought Emily a holiday gift.

So many people have reached out to me in the last year (including Aunt Jeri) saying, "you should mention Emily in the paper; we love her!" I knew what they were talking about, one of the bright lights in the day of a Villager. Emily is most often at the front gate, working the later shifts in the afternoons/evenings. Just passing through the gate when she is there is such a warm and welcoming experience. It is recognized and so appreciated by so many villagers.

One woman said "It is like coming home to a new puppy, so happy to see you, so glad you are home and such a big and enthusiastic smile." In a world where growing bureaucratic insouciance seems to be the customer service experience, Emily



Emily and her trademark 'welcome home wave'.

and her welcoming smile make our days nicer. We proudly present her as the Best of 2022 LV Employee of the year. Thank you Emily, thank you for welcoming us home.

### Volunteer of 2022: Claudia Balke

Co-written by Don Marquardt  
Landscape Committee Chair

Claudia Balke loves gardening, loves plants, loves LV and really enjoys working with homeowners to improve their garden spaces. She joined the LV Landscape Committee after moving to the Village in 2009. She was appointed as Assistant Chair by Don Marquardt.

In her years of involvement she has been instrumental in keeping the guidelines and approved plant list up to date.

Claudia will meet with homeowners and determine what their

—Please see **PAGE 6**



MOORPARK'S  
HISTORIC  
**HIGH STREET**  
ARTS CENTER

**COMEDY**

HOSTED BY  
MARK CHRISTOPHER LAWRENCE



HEADLINING COMEDIAN  
STEVE MITTLEMAN

7:30 Saturday, January 7, 2023



January 27, 2023 - February 26, 2023



April 7, 2023 - May 7, 2023



June 2, 2023 - July 2, 2023

(805) 529-8700 • [www.HighStreetArtsCenter.com](http://www.HighStreetArtsCenter.com)

01LV131

## IN MEMORIAM

**Josephine Beltran - Village 19**  
**Marianne McInerney - Village 5**  
**Sharon O'Connor - Village 41**

In Memoriam entries, please submit name and village number of the person who has passed to: [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com) ATTN: In Memoriam

## ABOUT INSIDE LEISURE VILLAGE

**Editor:** Jon Niemann

**Clubs Editor:** Dennis Doolittle

**Staff Writers:** Barbara Senior, Max Copenhagen, Jeannie Davis, Linda O'Neill, Jennifer Stein, Marci Lapair, Rosemary Vine, Nicole D'Amore

**Classified Ads:** Barbara Crome

**Art Director:** Sarah Ely

## HOW TO CONTACT US

**Editor:** Jon Niemann

[insidelveditor@gmail.com](mailto:insidelveditor@gmail.com) | 805-874-2324

**Display advertising:** Stacey Janson, Acorn Newspapers  
805-484-1949 x303

**Classified advertising:** Barbara Crome  
805-482-9097

**In Memoriam:** submit name and Village number of the person who has passed to: [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com)  
ATTN: In Memoriam

## Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to [editorilv@yahoo.com](mailto:editorilv@yahoo.com). Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

## February 2023 Edition Deadlines

Club News, articles and letters: Monday, January 16. February issue will be available Friday, February 3. Send news, articles & letters to [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com).

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."



# HISTORIC REFLECTION

By Max  
Copenhagen

## Small Town Americana in our Backyard

The Chumash called it “Soh-mus”, meaning “water of the Scrub Oak.” It was the site of a Chumash Village, part of the 1834 Mexican land grant for Rancho Las Posas obtained by Thomas Bard who laid out the townsite in 1892. Just four miles from LV, the town remains somewhat isolated and has retained its charm throughout the years.

Fulkerson Hardware (1912), the Somis Thursday Club (1904) and Somis School (1895) are designated Historical Landmarks. There is also a small grocery store, a Post Office and the Somis Café. Going to Fulkerson’s is like going back in time. The store’s unofficial motto is “If you can’t find it anywhere else, we have it.”

Local rancher Ida Goodyear



began a social club that became the Somis Thursday Club. Charter members were Fannie Fulkerson, Emma Pitts and Gussie Underwood. Their mission was to promote culture, education and civic welfare. When a new Somis School was constructed in 1924, the club



Photos by JON

At left, Kyle Fulkerson, the 4th generation Fulkerson owning and operating the famous Somis landmark, above.

purchased the old schoolhouse for \$250. It has been a center of social life in the community ever since. A few years after the new school was built, a natural gas pipeline was laid under the playground. Plans were approved, but the cost to build another new school was too high, so the hazard remains.

Rail was extended to Somis in 1901. It became a shipping point for cattle and the area east

of the railroad tracks was a major stockyard. The train station was identical to the one in Camarillo, but both are now gone. Somis remains unincorporated in zip code 93066 which includes the original townsite, the Groves development and rural area along Highway 118.

The Somis Nut House opened as the Ventura Walnut Shelling Co. in 1959 on the corner of Brad-

—Please See **PAGE 5**

  
**Morgan Oaks**  
Eternal Preserve  
A GREEN BURIAL CEMETERY

*Leave a legacy for  
future generations to enjoy!*

### OUR GREEN BURIAL:

- Offers minimal environmental impact
- Conserves natural resources
- Forgoes toxic embalming
- Provides an affordable way to say goodbye to your loved ones
- Delivers a lasting legacy for generations to come
- Includes 160 acre nature preserve with 3 miles of walking trails in a park like setting

*Start your afterlife journey now with green burial  
and we will help you every step of the way.*

Mention this  
ad and receive a  
complimentary  
processing and  
recording fee with  
your plot purchase,  
a \$250 value!

421 Fleming Road, Lincoln, CA 95648

Located in scenic Placer County.  
Schedule your private tour of the property today.

 833.667.4266

 Hello@MorganOaksGreenBurial.com

 www.MorganOaksGreenBurial.com



# VILLAGE ENTERTAINMENT

## Music and Movies

LV Music Club – Marci Lapair

The Music Club’s Holiday Concert on December 20 was a huge success with a sellout crowd. The concert was a fundraiser in support of FoodShare of Ventura County. We want to thank all of you who attended the concert and donated food and money. There were 4 FoodShare donation containers that overflowed with food. We raised \$325 in cash, which FoodShare says will pay for 975 meals.

We were happy to welcome our guests City Councilman Tony Trembley and the President and CEO of FoodShare of Ventura County, Monica White.

The audience was entertained by our own Groovin’ Easy Swing Band who played holiday favorites such as Winter Wonderland, Jingle Bell Rock and Silver Bells. The highlight of the evening was

when their talented vocalist Erin McPherson, while wearing child pajamas and singing with a child-like voice, sang I Saw Mommy Kissing Santa Claus.

On Monday, January 16 at 7:00 pm in the AR, we will screen *Downton Abbey: A New Era*. This much anticipated cinematic return of Downton Abbey follows the Crawleys and their staff as they welcome a movie crew and their glamorous stars to Downton for the filming of a new silent movie. Other members of the family go on a grand adventure to a villa in the south of France to uncover a mystery about the Dowager Countess and her past. With a screenplay by Julian Fellowes and starring the original cast members, *Downton Abbey: A New Era* is packed full of exuberant moments, excitement and humor, tears of joy and sadness and new beginnings for all of your favorite



Photo by MARCI LAPAIR

Food Share collection cans full to overflowing at the LV Music Club Holiday Concert. Enough money was collected to provide almost 1000 meals.

characters. The movie is rated PG and is 2 hours and 5 minutes long.

Movie nights are always free to all the Villagers, and we even provide the popcorn! Doors will open at 6:45 p.m. Please no entry into the A/R before that time.

The audience attending the Music Club’s December Open “Mic” Night were treated to a fun evening of entertainment. Villager Richard Bogosian delighted the audience with his original song the “King of Rock ‘n Roll.” David

Flood did a duet with his daughter Maura who was visiting him for the holiday. They sang I’ll Be Home for Christmas accompanied by Richard Weiss.

The next Open “Mic” nights are Friday, January 6 and February 3 at 7:00 pm in the AR. Open “Mic” Night is open to all Villagers at no charge. We serve complimentary wine and snacks. We would be happy to hear from you if you have talent such as

—Please see **PAGE 10**

FDI-19+16-A

NEW YEAR, NEW SAVINGS PLAN!

4.20%

Minimum Deposit \$1,000  
3 month APY\*  
Bank-Issued, FDIC Insured

4.35%

Minimum Deposit \$1,000  
6 month APY\*  
Bank-Issued, FDIC Insured

4.65%

Minimum Deposit \$1,000  
1 year APY\*  
Bank-Issued, FDIC Insured

\* Annual Percentage Yield (APY) effective 12/27/2022. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

ACCREDITED ASSET MANAGEMENT

AAMS

SPECIALIST

TM

Roman Kisz, AAMS™

Financial Advisor

634 Camino Tierra Santa, Ste #104

Camarillo, CA 93010

[edwardjones.com/roman-kisz](http://edwardjones.com/roman-kisz)

805-764-2010

Member SIPC

Edward Jones



01LV035





Photos by JON

Somis Cafe, known around town as some of the best burritos. Below, Chile Relleno Burrito served ‘wet’. Delicioso!

**Americana**

From **PAGE 3** —

ley Road and Highway 118 (Los Angeles Avenue). It purchased and processed the local walnut crop, which at the time was one of the largest walnut growing regions in California. For the first few years, it was strictly a wholesale operation, then a retail store was added.

With its roots in agriculture, the Somis 4H Club is part of the fabric that brings the community together. Because it is unincorporated, kids can keep barn animals close to home. The 4H Club organizes community service activities, food drives and projects like graffiti removal. The kids do a lot of things together that provide a good influence and building of character. Attending school in the independent K-8 Somis Union School District, they see the same kids in class every year. Then there is the shock of going on to high school in Camarillo and seeing so many people and navigating a much larger campus.

The main residential tract is North Street, which by 1953 was fully divided into town lots. Bob Searcy, a former resident of LV, bought one of the last lots. Most of the houses were prefabricated in Oxnard and set on raised foundations. Bob’s grandson Rhett Searcy II who grew up in the North Street neighborhood says “It’s a safe place to live, a friendly community.



People watch out for each other. Growing up there was ‘a life before technology’ when we rode bikes and kicked a ball in the street. We ran around creating our own fun, living outdoors. It was a healthy atmosphere. Everyone would attend the local little league baseball games.” Many who grow up here want to come back to live on the street. There are generational families, 2-3 generations keeping the house. “There is no place like it. It leaves a special mark on you. It’s like being in a rural community, but we are just 10 minutes away from town,” recalled Rhett.

“The small town neighborhood feeling really comes out on Halloween and the 4th of July,” Rhett continued. “There are block parties, communal sharing with potlucks and decorations. When I was invited for Halloween on North Street, we enjoyed a campfire in the front yard while giving out the candy. Most of the houses were decorated and lots of scary creatures were walking around. A tractor pulled a wagon full of people around the block.”

—Please see **PAGE 8**

PROVIDING THE LATEST IN CANCER TREATMENTS SINCE 1979.

You Deserve the Best...

...Prostate Cancer Treatment Available.

Retaining your current lifestyle and potency is important and we want you to know all your treatment options.  
We are here for you!

Our cancer team will design a personalized, non-invasive and precise radiation therapy plan, that targets cancer cells, while preserving healthy tissue.

**6D Robotic SBRT Prostate Cancer Treatment Available right here in Ventura County!**

**Timothy A. O'Connor, M.D.**

**Henry Z. Montes, M.D.**

Schedule a consultation to find out the best prostate cancer treatment for you.

**RADIATION ONCOLOGY**  
centers of  
Ventura County

**ROCVC.COM**  
OXNARD CENTER ■ 805-988-2657  
CAMARILLO CENTER ■ 805-484-1919



# Best of 2022

From PAGE 1 —

ideas are. She then reviews the landscape guidelines and suggests plants from the approved list. When the plans are decided on, Claudia coordinates with the landscape department of the LV Association and processes the permits and plans. Once approved, she is involved in the final inspection. This process takes a lot of time and effort but Claudia really enjoys the opportunity to help keep LV looking great. In addition to helping with homeowners' plans, she works with the Building and Grounds Committee to provide input, answer garden-related questions and advise on issues that arise.

Claudia exemplifies the best qualities that Leisure Village volunteers need to help

keep our neighborhood visually beautiful and appealing. Her hard work and commitment to help keep the Landscape Committee relevant and organized is noticed. We proudly present her as The Best of 2022 Volunteer of the year.

## Leisure Village Club of 2022: LV Women's Club



Photo by JON  
Claudia and Goldie, her greyhound rescue friend.

During the almost two years of inactivity due to COVID, the Leisure Village Women's Club Board of Directors were seriously concerned that the effects of the pandemic would keep the club from regaining the strength and good works when compared to prior decades.

The club came into existence in 1974 and was one of the first founded and oldest ex-

isting clubs in the Village; losing it to COVID was unthinkable. There were huge challenges. The usual pool of club membership from which Board members could be drawn were just not available. Those who were still interested were reluctant to lead a club which could be facing oblivion. Dues were faltering for the same reason plus there were no meetings during that time--or the foreseeable future--so collection of the \$10 annual dues was daunting.

During those lean years, challenges were overcome to jumpstart the club by a dedicated group of women who worked tirelessly to ready the LVWC for the future, despite what was its present dormancy. These determined women kept the club in the Leisure Village public eye by writing individual welcoming letters to all new residents to introduce them to the club. During the time no formal club meetings could be held, morning coffees were held at Board mem-

bers' homes to meet new residents who showed an interest in the club. Donations from previous year treasuries allowed club leadership to continue the charity work for which the LVWC diligently provided both in the Village and in our community at large.

Because of these seriously committed and fiercely determined members and re-energized leadership under the direction of co-presidents Lin Grant and Sharron Parker, the club has come back stronger than ever. They hit the year 2022 running. At year's end, the LVWC had the highest membership in the history of the club, standing at 285 women and 34 men. The charter of the club includes providing fellowship and friendship with an emphasis on fundraising to support projects in the Village and local charities. Over the decades since its creation, the LVWC club has made donations of over \$580,000. These donations included:

—Please see PAGE 7



## "I have PARKINSON'S DISEASE... and I feel Great!"

### STOP PARKINSON'S IN ITS TRACKS!

- Get control of symptoms & delay progression with the Rock Steady Boxing Method
- Recommended by Neurologists, Physical Therapists & Movement Specialists

**You are not alone. Join our fighting family where EXERCISE IS MEDICINE & it's NEVER TOO LATE to fight back!**



- All ages & stages of PD welcome
- No experience needed

### CLASSES NOW IN-PERSON CAMARILLO & CALABASAS! ALSO ON ZOOM FIRST CLASS FREE

**805.558.6020 • 805.814.6333**  
info@RockSteadyBoxingVCLA.com

**In this corner...HOPE.**



## Here's the deal. I'll be there for you.

**Tom Logan, Agent**  
Insurance Lic#: 0H48157  
267 Village Commons Blvd Suite 13  
www.mycamarilloinsurance.com  
Bus: 805-484-0418

The future has a lot of what ifs, and it's a good feeling to have someone in your corner and around the corner to help you plan for them. Call me today.

Like a good neighbor,  
State Farm is there.®

State Farm  
Bloomington, IL  
2001293





## Best of 2022

From **PAGE 6** —

- The Salvation Army
- Ventura County Rescue Mission
- The Lighthouse Center for Women and Children
- FoodShare
- Camarillo Hospice
- RAIN Transitional Living Center
- Livingston Memorial Visiting Nurses

Not all donations go outside the LV gates; the club has donated to many interests within the Village. Just a few are:

- New bingo equipment
- A new sound system for the Assembly Room

- Trees on our golf course
- Pool furniture
- Shelves in our library
- Countless benches on common grounds.

This year, the club's contributions included over \$1600 to Paws for Purple Hearts, a veteran's rehabilitation organization and \$1000 to the LV woodshop, Ye Ole Woodchippers. The Club's monthly programs provide for interests from general entertainment (a classical pianist) to community events (a Leisure Village conversation with both candidates for Ventura County Sheriff), from a night of bingo to a presentation on the history of women in Pleasant Valley.

In 2022 fundraising efforts included their Cavalcade of Stars, a hilarious lip-sync performance which included many untapped talents from inside the Village, an afternoon of fashion with a show of professional substance, several bake-sales and boutiques to also support the annual 'no cost' Veterans Day Celebration, a tradition for which the club has become well-recognized.

In acknowledgment of the contributions of the LVWC to the Village community, the efforts in the last two years to revive one of the Village's longest lasting and thriving clubs, Inside Leisure Village names the Leisure Village Women's Club "ILV Club of the Year."

## Bert Stone

From **PAGE 1** —

borhood friends, from sandlot baseball in spring and summer, to winter ice-skating on Lake Michigan or on the vacant lot that his grandfather would flood until the water froze.

Bert attended teachers college, but he never became a teacher, because America had entered World War II by the time of his graduation. During his last year of college, a friend asked him to help build some boats in their spare time. Bert became so interested in this work that he enrolled in night classes to learn design and blueprint reading. With this new knowledge and experience, he was hired by the Pullman Company to convert their manufacturing plant near Lake Michigan into a facility for the design and assembly of sub-chasers and landing craft for the U.S. Navy. When the plant conversion was completed, he supervised the design and production of templates for the building of those vessels.

In 1943, Sonny met Shirlee on a triple blind date: three guys and three girls. She was impressed with him because he could dance better than the oth-



Courtesy Photo

Bert and Shirlee Stone photographed at a Chicago restaurant in the early 1940s.

ers, and he knew at once that this was the girl he wanted to marry. At first, she was unsure whether to accept his repeated proposals, but her parents told her, "If you don't marry him, you're making the biggest mistake of your life." So, having had their first date on the Fourth of July, they became engaged on Thanksgiving and were married on Christmas.

However, one adjustment was needed. Shirlee didn't want to be married to a guy named Sonny. So she abbreviated Siebert to Bert, and

that has been his name ever since.

In the love letters he wrote to her, he always called her Dolly: a pet name they shared in secret. Their marriage lasted 72 years, until her passing in 2016. Close friends knew instinctively how much Bert loved Dolly. Their relationship and closeness grew. They danced often, agreed most of the time on most issues, bowled together until they were 92, and shared an amazing life as a couple. It was a love story.

—Please see **PAGE 12**

**Honesty & Integrity**  
**24/7**  
**Al Fox is Here!**



Leisure Village  
Residents

**AL**  
**FOX**  
REALTY

5800 Santa Rosa Rd. #146  
in the Santa Rosa Plaza

**CINDY & AL FOX**

#00684953  
Realtor®

#00570029  
Broker

**SCOTT URQUHART**  
DRE #00902143

**Al Fox Realty is**  
**Now in Suite 146**  
(between the Manhattan and CVS)

805-987-4369 | 805-987-4-FOX  
alfoxrealty@gmail.com

### FOR SALE

<b>Amalfi</b>	<b>\$605,000</b>
Open patio.	
<b>Brentwood</b>	<b>\$525,000</b>
<b>Capri</b>	<b>\$575,000</b>
With addition.	
<b>Capri</b>	<b>\$559,000</b>
Next to rec center.	
<b>Coronado</b>	<b>\$589,000</b>
<b>Coronado 2</b>	<b>\$530,000</b>
2+2, greenbelt view.	
<b>Coronado 2</b>	<b>\$520,000</b>
2 car garage.	
<b>La Jolla</b>	<b>\$850,000</b>
Expanded, on the golf course.	
<b>Monterey</b>	<b>\$450,000</b>
By the rec center.	

### RENTAL

<b>La Jolla</b>	<b>\$3000</b>
<b>Monterey</b>	<b>\$2300</b>
<b>Newport</b>	<b>\$2500</b>

### SOLD

<b>Brentwood</b>	<b>\$439,000</b>
<b>Coronado</b>	<b>\$499,000</b>
<b>El Dorado</b>	<b>\$675,000</b>
<b>El Dorado</b>	<b>\$640,000</b>
<b>Valencia</b>	<b>\$555,000</b>

**FREE Market Evaluation**  
**For Your Home**

We have partnered with  
**SCOTT URQUHART**  
**Double the Service,**  
**Double the Coverage!**

SALES • RENTALS  
PROPERTY MANAGEMENT  
NOTARY SERVICE



01LV065



# We Sell Leisure Village



**Sharron Parker** | 805-443-1998 | CalBRE #00900167

**Meryll Russell** | 805-405-0411 | CalBRE #01435748

**Jon Niemann** | 805-603-7060 | CalBRE #02104018

## Happy 2023!!

### Let Our Experience Guide You!

**Repairs/Upgrades • Termite Inspections**  
**Household Donations**  
 (emptying the house)  
**Missing Permits • Landscape Clean Up**  
**House and Window Cleaning**

### December 2022 Sales

<b>Amalfi</b>	<b>Village 33</b>	<b>\$625,000</b>
<b>Avalon</b>	<b>Village 9</b>	<b>\$385,000</b>
<b>Bel Air</b>	<b>Village 20</b>	<b>\$500,000</b>
<b>Capri</b>	<b>Village 8</b>	<b>\$500,000</b>
<b>Coronado</b>	<b>Village 4</b>	<b>\$549,900</b>
<b>Monterey</b>	<b>Village 15</b>	<b>\$425,000</b>

**We Live In The Village**  
**We Love The Village**  
**We Sell The Village**

**WeSellLeisureVillage.com**

This information is supplied directly from the Ventura County MLS as of 12/22/2022 and is deemed reliable. If your home is currently for sale, this is not intended as a solicitation.



Photo by JON

Fulkerson's Hardware has a museum of sorts, tucked away in the store. A wonderful hodge podge of nostalgic Americana.

## Americana

From PAGE 5 —

One other thing that bonds this remarkable community together is the threat of wildfire. In October 2019, the Maria Fire threatened the area and burned over 4,000 acres nearby. Mandatory evacuations were ordered for over 1,800 homes and volunteers went house to house helping to evacuate people, pets, farm animals and horses.

For a nice afternoon getaway destination, take a drive to Somis; park and take a walk through the village. In the center of town is Fulkerson's Hardware. Going in there is a trip back in time. The sights, sounds, smells and even noises transport one to an Americana that is slipping away. Kyle Fulkerson recently took the reins of the business from his father. He is the fourth generation of the family to operate the store. In the north east corner of the building is a museum of sorts that has displays of old equipment, hardware and memories. It is worth the trip just to view that.

Heading South on Somis Ave takes you to the Somis Cafe & Market. Some of the best tasting Mexican food in the area is served in the cafe. Tortillas are hand-made (on certain days they might even be purchased to take home). Try the Chile Relleno Burrito, ask for it to be served wet...sublime.

At the northern end of Somis Ave near Los Angeles Ave are



Courtesy Photo

1940's era picture of the corner gas station and a once famous hamburger stop next door.



Photo by JON

David Villalpando, owner of Escape Gardens on a pathway he created in his demonstration gardens.

several nurseries. One, owned by David Villalpando is Escape Gardens. He will proudly guide you through his little paradise complete with waterfalls, a flowing river and displays of gardening and outdoor living ideas. On the corner is a very red building that is the remnant of a 1920s era gas station. Sadly not much remains to show the original layout. Somis is a treasure worth a nice "leisurely," nostalgic visit.



# MBK Cuisine is the perfect recipe



It's just the right mix of choice food selections, comfort food, culinary creativity, and hospitality and customer service. Our culinary team, led by David Padilla, Executive Chef, is food safety certified and trained on multiple aspects of cooking with high-quality ingredients. As you age, your needs change, and eating healthy is more important. That's why we start with food that comes from fully vetted, trusted vendors, is freshly cooked and dietician approved.

Stop by and experience the Chef's Table  
at The Reserve at Thousand Oaks!



**The Reserve**  
at Thousand Oaks  
MBK SENIOR LIVING

(805) 244-8460 | [TheReserve@mbk.com](mailto:TheReserve@mbk.com)  
3575 N. Moorpark Rd., Thousand Oaks, CA 91360  
PREMIER ASSISTED LIVING



## VILLAGE ENTERTAINMENT

### Music Club

From PAGE 4 —

singing, playing a musical instrument, dancing or have a comedic talent. If you are interested in performing at our February Open “Mic” Night please contact Dick Guttman @ 805-484-5806, no later than Wednesday, February 1.

The Groovin’ Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00 pm in the AR. Come and listen to their easy listening music.

For more information about the LV Music Club, call Debbie Goodman 818-523-0731 or Marci Lapair 818-399-0843.

### Beatles and More

Players Guild – Linda O’Neill

The Players Guild holiday party was held on Thursday, 12/15. Doors opened at 5:30 and

the dinner, supplied by Ottavio’s, began at 6. The menu included tri-tip, chicken marsala, salad, roasted vegetables and pasta. For dessert, there were three sheet cakes: vanilla, chocolate and carrot. The event was well-attended, 192 tickets having been sold. The musical part of the evening began with a rousing “Jingle Bells”, led by the Players Guild singers.

Under the direction of Richard Weiss and with the help of the Leisure Village audio staff, the audience enjoyed singing many popular Christmas carols. In between the audience numbers, Buster Hazlett sang “Blue Christmas” made famous by Elvis Presley; Paul Newman strummed and sang Adam Sandler’s amusing “The Chanukah Song”; and Irv Feiles sang Adeste Fideles in Latin. Yes, the women were also in on the entertainment also as Dorene Blair, Kathy Wien and Rosanna

Bellino-Strickland sang a medley of Christmas favorites. Judy Hope and Linda O’Neill made a duet of “Angels We Have Heard on High.” Linda and Buster also made a duet of “The Christmas Song”, written by Robert Wells and Mel Torme and made famous by Nat King Cole. In all, it was a lovely way to provide good wishes for peace on earth and a joyful holiday.

On January 20th, at 7:30pm in the AR, Players Guild will present “The Beatles are Back!” Joyce Belcher is producing the event which was written and is being directed by Dorene Blair. This is Blair’s first directing event here in Leisure Village, but she comes with an extensive resume, having taught music in Massachusetts for 30 years which included directing choruses, orchestras and holiday programs. She was also the artistic and music director of the Lexington Youth Summer Theater for 20 years. We are lucky to have a talent like her.

When asked, she noted that

she envisions a “pub-like” atmosphere that references the Beatles’ very beginnings, as well as several types of instruments appropriate to some of the Beatles’ songs to be sung in her show. She is just now beginning to put her cast together, but I can tell you that Dorene and her husband, Lewis Blair, will perform “Eleanor Rigby” as a duet for voice and violin.

In February, Joyce Belcher and cast will present “A Valentine’s Love Poem.”

### Entertainment

Showtyme Presents – Jennifer Stein

Showtyme Presents “That’s Entertainment with Wendy & Rik.” It’s New Year’s 2023 filled with cheer and celebration. Celebrate the new year with an evening at Showtyme, and do we have an evening for You!

Our favorite couple, Wendy Becker & Rik Howard are the dynamic husband & wife team

—Please see PAGE 11

## TREMBLAY FINANCIAL SERVICES

SINCE 1997

*“There can be no friendship without confidence,  
and no confidence without integrity.”*

—Samuel Johnson



Tim and Marcia Tremblay

3902 State Street, Suite 101  
Santa Barbara, CA 93105

32129 Lindero Canyon Rd., Suite 107  
Westlake Village, CA 91361

**805.569.1982**

HOURS: 7am–4 pm  
Monday–Friday, or by appointment



ACCOUNTS AVAILABLE

If you are interested in an account not listed below, please contact us for specific details. Also, with some types of accounts, we offer check writing privileges, a debit card, and online access to your account upon request.

- RETAIL —Cash —Margin
- IRA —Individual —Roth —Individual (k)
- CORPORATE RETIREMENT PLAN —401 (k) —403 (b) —Simple IRA —SEP IRA —Defined Benefit —Profit Sharing —Money Purchase
- NON-PROFIT
- TRUST MANAGEMENT
- THIRD PARTY MANAGEMENT
- 529 COLLEGE SAVINGS PLAN

Tim Tremblay c<sub>o</sub>ffers securities and advisory services through Centaurus Financial, Inc. Member FINRA and SIPC. A Registered Investment Advisor. Tremblay Financial Services and Centaurus Financial, Inc., are not c<sub>o</sub>nfiliated.

Please check our website for upcoming Seminars • [www.tremblayfinancial.com](http://www.tremblayfinancial.com)



## AROUND THE VILLAGE

### Welcome Reception for New Residents

Leisure Village Clubs & Groups are invited to join our Committee in welcoming new residents and share information about our Club's and activities.

The Reception will be held on Thursday, January 26, 2023 at 6:00 pm in the

Assembly Room. Help us encourage people to get involved and enjoy all that Leisure Village has to offer.

Reserve a space (One representative per club please) by contacting Bobi Shmerling 805-389-1975 or bobi.shmerling@gmail.com.

### 50 Years of Leisure and The Good Life

In 1973, Nixon was president, the Sydney Opera House was built, Secretariat won the Triple Crown and Leisure Village opened for business.

The Camarillo ranch land was sold for development following the death of Adolfo Camarillo in 1958. Pardee bought 1450 acres for construction of 3,000 homes in Mission Oaks. Leisure Technologies bought 400 acres for a senior community in the Santa Rosa Valley.

Gated all-electric communities had been built for senior living in Seal Beach and Laguna Hills. Leisure Technologies, Inc. had built a retirement community in New Jersey.

With the approval of lot plans

by the City, a sales office popped up and they began selling houses in Village 11 with an HOA fee of \$71. Two of the original 100 "pioneer" home owners still live in the village.

Do you remember the pumpkin contests, chili cookoffs, the bike club? You can look forward to hearing more about these events and clubs in future articles.

A committee is being organized and a celebration is being planned. If you have ideas or can volunteer, please contact Judy Spector at 805-404-5773. Relatives of the early residents who moved into the Village during the 1970's can schedule an interview by calling Patty Ecker at 805-384-1996.

### Showtyme

From **PAGE 10** —

that offer that very unique talent of stage & screen with their repertoire of show tunes, standards and contemporary music.

Their experience & talent are over the top. Rik has shared the stage with Michael Jackson, The Doobie Brothers, Josh Groban & Barbara Streisand. Wendy has a combo of dance, vocals and acting. Her experience includes *Fiddler on the Roof*, *Bye Bye Birdie* and performances with Carol Burnett, Josh Groban

& Barbara Streisand.

I haven't even told you about their songwriting awards... See What Everyone is saying about Wendy & Rik....

Mark the date for Friday January 13, 2023 @ 7:30pm. Don't forget...it's the Holidays, wear a little sparkle. Doors open at 6:45pm.

Members no charge, Non-Members \$5 donation. 2023 Membership is on sale now for the price of \$15 per person. Don't forget that you have the chance of winning a 50/50 Raffle. Contact Jennifer with any questions 805-204-8324.

AN INVITATION TO FAMILY & FRIENDS



JOIN US FOR AN INFORMATIVE LUNCH & LEARN  
AGING WELL & HEALTHY LIVING

THURSDAY,  
JANUARY 19TH

11:30 AM

RSVP AT SAGE  
MOUNTAIN

805-630-2825 OR  
MIC@SAGEMOUNTAINSENIORLIVING.COM



With so many senior living options, how do you determine the best option for you or your loved one?



Caring • Inspiring • Rewarding

**3499 GRANDE VISTA DRIVE**  
**THOUSAND OAKS, 91320**  
**SageMountainSeniorLiving.com**  
**Lic#565802462**



# Bert Stone

From PAGE 7 —

After the war, they left Chicago and settled in Los Angeles, where Bert began a door-to-door business selling housewares, progressing to ownership of a furniture store in Hawthorne. In 1960, he sold the store and began a new career, developing commercial real estate. This continued until his retirement in 1995, when he and Shirlee sold their home in LA and moved to Village 33.

Dancing was their favorite, shared activity. Throughout their marriage, they went dancing at least once or twice a week, always learning the latest dance steps. During the 1970's, they became part of the disco craze. Decked in the latest disco outfits, their dance moves at LA disco clubs were so impressive that young people would invite them to private disco parties. One time they even danced on



Photo by PEGGY STONE

Barry, Bert and Robert with a wedding photo of Shirlee (Dolly) in the background at Bert's 100th birthday celebration.

the Lawrence Welk show.

Aside from business pursuits, devotion to family, and the raising of two grateful sons, he and Shirlee gave generously of their time and money in support

of worthy charities: March of Dimes, City of Hope, MDA, Red Cross and others. They have been recognized by the State of

California Senate and the California Assembly. For two years, Bert served as president of The Friends of Israel, a club that supported an orphanage in a small town near Tel Aviv.

Bert smiles and his bright blue eyes twinkle as he reflects on his full and eventful life. As he approaches 102 he realizes that he established a high point for long life in his family. A sister lived to 98. He never expected to reach such a milestone.

Sometimes, in restaurants or markets, he'll mention his age to strangers, just to enjoy their responses. In quieter moments with his sons, Bert will reflect on his life and the sense of incompleteness without Shirlee and the love they shared. With his eyes focused in the distance, he sometimes whispers of the day he will eventually cross over and join her; to dance once again with his Dolly.

## Bad News About Bone Loss

Have you noticed your face changing shape since you lost some, or all, of your teeth?  
Are you looking "old" before your time?

**There is a reason—AND a solution.**

Whether you've lost some, or all, of your teeth, you may turn to bridges, or dentures, to make your mouth 'whole' again. But unfortunately, over time, your face can start to look, and feel different...

**...and here's why:**

The bones in your jaw need the stimulation they get from tooth roots in order to remain strong, dense and healthy.

**Without stimulation from the root of each tooth, the bone in your jaw starts to change...and not in a good way.**

In the absence of root-deep stimulus, your jawbone actually begins to atrophy, or shrink. As the bone in your jaw continually withers away, the corners of your mouth droop...and your facial muscles start to shift out of position, adding wrinkles before it's "time," and changing what you're used to seeing when you look in the mirror.

If you have a friend who might be interested in this article/offer, please feel free to pass it along.

In the end, your continually deteriorating jawbone and loss of jaw height in the back causes your nose to point down, and your chin to point up - giving you a witch-like appearance.

And, unfortunately, there's more...Even if you're perfectly content with your dentures or bridges, you may have

trouble with the way they fit down the road, as your jawbone continues to deteriorate. Over time, there will be less muscle, and less bone, to hold your dentures in place. Nerves come closer to the surface as your gums wear down...and it's possible to end up experiencing agony every time you take a bite.

**The GOOD News Is:**

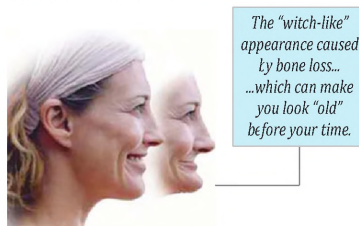
There is a way to stop bone loss. As soon as you get dental implants in your jaw, you can stop losing bone in that area.

**Your body can recognize the need to maintain bone levels around the implant, as it it were a natural tooth root!**

When your jawbone has an implant to attach itself to, it's happy, and you can maintain its volume! So you may not have to suffer from the painful effects of bone loss.

To learn more, come on in and talk to us. It won't cost you a thing - and you'll be glad you did!

*The "witch-like" appearance caused by bone loss... which can make you look "old" before your time.*



**FREE DENTAL IMPLANT CONSULTATION**

- Get Your Questions Answered
- Discuss Your Treatment Options
- Receive a No-Obligation Estimate

**Take the First Step Towards Your New Smile!**

**Charles E. Scholler, DDS**  
General, Cosmetic and Implant Dentistry

**Call Today!**  
**805-386-3199**

Visit: DrScholler.com

## PHOTO CLUB WINNER – ASSIGNED CATEGORY



■ 1st — Bill Margulies / Folks Wagons



**NINA MINGA**  
REALTOR®

DRE Lic. #02063817

**805.651.3552**

ninaminga@yahoo.com  
www.PinnacleEstate.com

1100 Flynn Rd. #101  
Camarillo, CA 93012

**PINNACLE**  
ESTATE PROPERTIES, INC.



## A WORD ON WINE

By Barbara  
Senior

# What Does Old Vine Really Mean?

Ever wondered what “old vine” means on a label? Recently I searched the Total Wine website for “old vine Zinfandel” and got a startling 18 wines. Each wine had “old vine” printed on the front label, and many had images of gnarled grapevines on the bottle. It is interesting that none of the wines stated how old those vines were. But what’s the buzz about wines made from elderly vines? Is it hype or for real? The truth is a bit of both.

Let’s start with the life cycle of a vine. After you plant, it takes about three years for a grapevine to produce usable fruit. At around five or six years, the vine produces fruit worthy of making good wine. Planted in the right place with the right climate, a vine can continue to produce for decades. So, when is a vine deemed “old?”

It might be surprising to learn that there is no standard for labeling a wine “old vine.” Why? The Alcohol and Tobacco Tax and Trade Bureau dictates what wineries can and lawfully must include on wine labels. There are regulations about brand name, bottler’s name and address, grape variety, appellation and more. But when it comes to the term “old vine,” there are no laws. Even vintners have no clearly defined age at which a vine becomes “old,” though most would agree that plants between 50 and

100 years old would qualify.

That said, is wine made from old vines really different? The answer is probably. Old vines get gnarly over time and begin to tire, just like us. They become less productive in terms of grape yields. Therefore, the smaller the yield on a vine, the more concentrated the flavors. Another factor is that, because these vines are so old, their roots run deep. The deeper the vines, the more contact with the minerals in the soil. Deep soil roots mean less irrigation, and often they need no irrigation. In essence, they are dry-farmed, and many winemakers agree that dry-farmed grapes have more intense flavors. So, yes, wines that are truly from old vines can benefit in quality and have richer flavors.

But therein lies the rub – older vines produce less fruit, and that means less money for the grower and less wine for the winery. Additionally, older vineyards aren’t on trend, and that is the prime reason that most vineyards don’t grow old. Producers want to follow current tastes, so vineyards are regularly ripped out and replanted or budded over to newer varieties.

Thank the wine gods for White Zinfandel, for it saved many old vineyards from destruction. From the mid 1970’s to the early 1980s there was so little demand for true Zinfandel that many great

old vines were set to be removed and replaced with more popular Chardonnay and Merlot grapes. Demand for the next new thing, White Zin, gave producers a market for those grapes and a reason to keep them.

Luckily, Old Vine Zinfandel is currently on trend, and there is a distinct movement to conserve and rehabilitate older zinfandel vineyards in California. This is particularly true in the Lodi region, where some outstanding old vine Zins hail from. Why Lodi? Because the rich sandy soils of the Sacramento Delta are excellent for grapevines setting deep root systems. And the cool Delta Breezes roll in every night, giving the area a 70-degree temperature change every 24 hours during the growing season. Zinfandel vines



Stock Photo

A gnarly old vine.

thrive in those conditions, so it’s no surprise that many old vine Zins are sourced from Lodi.

Still, “old vine” is a conundrum, mainly due to the lack of regulation. The only way you really know is to research the winery. That said, it’s my belief that most California winemakers are true to the tradition of old vines and would not pass off wines from younger siblings as “old.” For my money, I’ll buy an old vine Zin, and expect it to be pretty good, but I’ll let my palate be the judge.

## SAVE-A-LIFE THRIFT STORES

Visit our Online Store

Daily Sales

Weekend 60% Sales

Wed-Sat 9-5:30 • Sun 9-4

315 Arneill Road #103, Camarillo

Fri & Sat 9-2, Sun 9-1

1330 Flynn Rd #B&C, Camarillo

Online Shopping available!

with CURBSIDE PICK UP!

[www.SaveALifeThriftStores.com](http://www.SaveALifeThriftStores.com)



“Shopping with  
Us Saves Lives!”

Still Accepting  
Donation Pick Ups!

CALL US FOR MORE INFO!

888-876-0605

## A UNIQUE RETIREMENT PLANNING TOOL

One size doesn’t fit all. The Reverse Mortgage Line of Credit opens the door to your home equity with no mortgage payments.

We are Your One Stop Shop for  
Traditional and Reverse Mortgages.

Call me today for No Obligation Details!

**Brian Richardson**

(805) 551-6942 Direct/Cell  
[acadiafinancial.com](http://acadiafinancial.com)



CA DRE Broker/ Originator #01520970 | NMLS CO - #335079 | NMLS LO - #248749





## ART IN THE VILLAGE

# Norm Knows His Pottery

By Nicole D'Amore

Throughout most of his adult life, Norm Chapman has found a way to combine his loves of the ocean and ceramics. His career was a lifeguard supervisor and State Park peace officer for the California State Park System at Point Mugu and Leo Carrillo state parks.

Since retiring and moving to Leisure Village in 2006, he has been active in the Ceramics Club, teaching residents the skills for creating with clay. "I like teaching," Chapman said. "It's gratifying seeing people come along and make really good stuff."

Even after retiring, he continues to make ceramic end-of-the-year awards for the lifeguard program. "This year it's bowls," he said. He also makes awards for a surfing

contest he started 38 years ago. Chapman describes his own style as "kind of colonial, functional, utilitarian. Once in a while I'll do something artsy," he said. "One of my favorite things to do is vases with pieces of clay overlays."

On a bright fall day, cleverly crafted ceramic pumpkins in many colors and styles lead the way to the front door of Chapman's Village 15 home. Inside, wall art and vases define the space and, in the kitchen, cupboards are filled with cups, plates and other pieces from his creations. And it's not only in his home. A centerpiece in the women's locker room at the pool is a beautiful, tall vase created in the ceramic studio by Chapman, Carol Moody and Helene Sollette.

Some may know Chapman



Photos by JON

Above, a collection of vases in various forms and colors. The nature inspired overlays are some of his favorites. At right, a seascape themed bowl, colors are nicely vibrant and balanced.




from the pool where he can often be found, jumping in with a splash and churning up the water as he leaves most other lap swimmers in his wake. "I've been on swim teams since I was six years old," he said. "I always loved the water."

He discovered ceramics while a student at California State University, Humboldt. Several of his roommates were art majors. "There was a kiln in the backyard, wheels in every bedroom, clay everywhere," he said. "The whole house was nothing but pottery making. My peers were my teachers."

For nine years, after graduating from college, Chapman substitute taught during the winter, lifeguarded during the summer and traveled and surfed. "I traveled to surf," he said. When he turned 30, he got a permanent job, got married and moved from Huntington Beach to Camarillo, all in a month. "When I was hired here, I was the guy," he said. There were six seasonal employees covering a couple beaches.

—Please see **PAGE 15**




**ALMAVIA**  
*Art Exhibit*

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

**WEDNESDAY, JANUARY 18TH**  
**1:30 PM**

Join us for an afternoon filled with art created by our AlmaVia of Camarillo residents, family and friends. Enjoy refreshments and learn more about our vibrant senior living community.

Please RSVP with Ashley by Jan. 16th  
by calling (805) 590-5784



**AlmaVia**  
**OF CAMARILLO**  
An Elder Care Alliance Community

2500 Ponderosa Drive North  
Camarillo, CA 93010  
LearnMore@AlmaViaofCamarillo.org

RCFE LIC #565800682

**PODIATRY & FOOT CARE**  
**HOUSECALLS!!!**

**Bridget Tester, DPM**

**562-260-3535**  
bridgettester@hotmail.com  
Fax: 805-418-7090

**Medicare Accepted!**



02LV302S



# Art in Village

From PAGE 14 —

“We ended up with 75, four permanents,” he said. “I was able to put all my training and experiences into my new job and develop the lifeguard program how I envisioned it.” In the 45 years of working as a lifeguard he estimates he’s had hundreds of rescues. “You’re preventing them from getting in serious trouble,” he said. “Life-guarding is 95 percent boredom and 5 percent sheer terror. But it’s also fun when you have a rescue,” he added. “The worst things happen on the slowest days, like a car goes off the side into the water.”

He and wife Debi raised a son and daughter and for about 10 years he didn’t have time for Ceramics. But then he started taking night classes in pottery at Oxnard College, continuing for 27 semesters — before they started keeping track, he laughed. When they moved to Leisure Village he brought his kilns, but soon discovered it was easier to use the ones here.

“We moved here in July, by October I was president of the



Above, the marble inspired glazed collection. Below, Norm with a collection of his ceramic creations.



Photos by JON

club — have been ever since,” he said. “I have good people around me — everybody pitches in.”

“Norm’s passion for pottery and his love for teaching others has made the ceramics room, and the club that supports it, what it is today,” said Carol Moody.

There are over 60 members of the ceramic club. Membership is only \$5 a year and they sell clay

at less than what it costs, Chapman said. There are over 300 glazes people can use.

New members have two hours of orientation and basic ceramics and another hour or so of Glazing. “Once they learn how to do something, I expect everybody else to teach — one of the responsibilities is sharing your knowledge,” he said. When making pieces it’s OK to copy, you’ll eventually become original, he said.

“You have a good idea, but you never know what you’re going to end up with,” he said. “That’s what’s so exciting, you open the kiln and it’s Christmas.

“It’s magic watching someone throw a pot, watching it go up and form and then you can push it back down,” he said. “Clay is so forgiving — If you mess up you can add some more clay or take it away. The Christmas thing — taking it out of the kiln so sparkly and warm and brand new — it’s incredible.”

## AROUND THE VILLAGE

### “Century-Club Style”

By Rosemary Vine

The word Centenarian is no longer a rarely used word heard only in some futuristic Sci-Fi film. It is now a recognized, noble moniker for persons aged 100 and older. Is it any wonder given the statistics on this topic? Do an online search, and you’ll be amazed. For instance, a December ’22 article in the LA Times about being 100 years old quoted a 1950 government estimate of 2300 centenarians living in the US at that time. The article went on to quote a current number from the Census Bureau, stating that there are now more than 97,000!

Some of us might recall Wil-lard Herman Scott, Jr. of the Today show wishing birthday greetings to (someone) turning age 100! In this

same tradition, from time-to-time ILV and Village View will dedicate some space to honor one of our own LV centenarians as we did Village 33’s Bert Stone in this edition.

We’ve been receiving word from several Village residents telling us about neighbors known to be 100 years old. For instance, Virgil Barry of Village 22 had his 100th birthday shebang November ’22, right there in his driveway at the entrance of V22. Just about every mid-afternoon you can see Virgil sitting outside on his scooter chatting with neighbors, friends, passers-by and waving to others honking as they cruise down Mountainview Dr. Our Centenarian Villagers have a special place in our hearts. Welcome to the Century Club.

**Got  
Real Estate  
Questions?**

**We’ve  
Got  
Answers!  
Give us a Call!**



BERKSHIRE HATHAWAY  
Home Services  
California Realty

John Baker  
805-233-1525

johnbakerhomes@gmail.com

Shawn Baker  
805-233-1725

shawnbakerhomes@gmail.com

**JohnandShawnHomes.com • 350 N. Lantana G-1, Camarillo**

Tell us what you like best about living in Leisure Village and you’ll be entered in a **Drawing for a \$25 Gift Certificate to a Camarillo restaurant.** Email us at [shawnbakerhomes@gmail.com](mailto:shawnbakerhomes@gmail.com). Ends January 31, 2023.



**John & Shawn**

Baker Real Estate Team

LIC #01804388 LIC #01945168

**REALTORS® & Leisure Village Residents**



## THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

# Gratitude for a Happier Life

While it is not always easy, being grateful for the positives in life can have a profound positive impact on your mood, outlook and general well-being. Gratitude involves showing appreciation for the things in life that are meaningful or valuable to you. Taking a moment to notice and acknowledge the things you are grateful for each day can brighten your outlook, boost your mood, and help you feel more positive in the face of life's challenges.

Many seniors experience chronic illness, pain, insomnia, and feelings of anxiety and depression. Practicing gratitude leads to better sleep, less depression, and helps with chronic illness. Gratitude is shown to reduce headaches, ease pain, and is a healthy way to cope with stress.

### *Ways to Practice Gratitude for a Happier Life:*

Recognize each day as a gift  
Keep a gratitude journal  
Enjoy the beauty of nature  
Don't take anything for granted  
Compliment someone every day  
Celebrate birthdays, anniversaries and holidays  
Make a habit of saying thank you  
Be grateful of your routine  
Celebrate each moment of your life – practice mindfulness  
Begin and end each day writing/saying what you are grateful for

### *The Benefits of the Practice of Gratitude:*

Improves self-esteem  
Makes us happier and more optimistic  
Increases resiliency and ability to deal with adversity better  
Feeling more generous and

forgiving  
Keeps us in the present moment  
Improves energy and general health  
Lowers stress and anxiety

Turn New Year's Resolutions into Gratitude for the New Year by bringing a grateful balance to those resolutions which can make them revelations in our lives, not a list of should's. Try by making a list of your New Year's resolutions, and then imagine them as a centerpiece of gratitude or a source of gratitude for each resolution. Try writing your list again and see if it feels differently and more feasible to pursue your longings. Try to share your grateful sentiments with others by email, phone calls or a visit in person to connect.

Turn your love and gratitude in your life into a list of actions that you will take this year such as:

Pick up trash in the Village when you take your walk (although we don't have much trash in our beautiful Village.)

Volunteer for Leisure Village or committees or another organization doing work your respect

Donate to a good cause

Shop at places whose values you admire

Write a letter about an issue you care about in our community



Treat yourself daily to a meaningful gesture of kind self-care

Do something each day that brings you joy

So welcome to the New Year with a positive attitude and be grateful for every day as an opportunity.

Visit these websites for more tips.

<https://positivepsychology.com/gratitude-journal-pdf/>  
<https://www.mindful.org>  
<https://www.lifehack.org/articles/communication/40-simple-ways-practice-gratitude.html>

*Editors Note: Jeannie Davis is an LV resident and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.*

### You never know when you'll need a Garage Door Guy... but when you do, Eric is here to help you!

Eric Otey has years of experience helping customers all over the Ventura County; we are a family owned and operated company based in Camarillo, with family in Leisure Village.



**REPAIR AND REPLACEMENT**  
100% Customer Satisfaction Guaranteed

- Garage doors
- Motors
- Sensors
- Remotes
- Springs
- Weather seals

Learn about all our services:  
[www.garagedoorguy.pro](http://www.garagedoorguy.pro)

Call today for a FREE in-person quote!  
**805-242-3441**



Local Veteran owned and operated  
Lic. #1099724

### NEW YEAR'S SPECIAL!

**\$100 OFF** any new garage door  
**\$50 OFF** a new opener  
With coupon through 2/28/23

## W.H. CONSTRUCTION

- Kitchen & Bathroom Remodeling
- Acoustic Ceiling Removal/Texture
- Wood & Laminate Flooring
- Whole House Remodel
- Windows & Doors

**Leisure Village Discounts**  
Call NOW for details!

11LV11S

- Electrical
- Plumbing
- Tile
- Painting
- Drywall



**805-485-9662 • 805-469-4629**

Lic #751293 fully bonded and insured



## AROUND THE TOWN

### Wreaths Exhibit Coming to Camarillo

The military non-profit, Wreaths Across America, is reaching people on a whole new level. With a mobile exhibit, the brand has been traveling across the entire country, educating the public about what they do, and WAA honors veterans and their family members. From their start with donated wreaths in 1992, to creating an entire holiday, to building an entire town that will honor veterans and those who have made the ultimate sacrifice, WAA has made a huge impact on the military

community. Each holiday season, they provide wreaths at more than 3,400 locations across the U.S., including Conejo Mountain. These wreaths are provided by donations from individuals and efforts from businesses who give their time.

Now, with their mobile education exhibit, visitors can learn about the organization firsthand. With a museum-like setup, visitors can enter the trailer to look at images, read facts about WAA and the impact they have made. Volunteers are also



Stock Photo

The trailer is a 48' model that hosts a 24-person screening room. Videos are played that show the organization's mission.

present to give tours, tell stories, and answer any questions that visitors may have. With each person who sets foot inside the location, they share their time-honored motto of: Remember, Honor, Teach.

The trailer is a 48' model that hosts a 24-person screening room. Videos are played that show the organization's mission. Meanwhile, interactive computers provide location, volunteer information, and more. Another informational wall offers facts about veterans and how WAA have supported them throughout the years.

The Conejo Valley Chapter of the Daughters of the American

Revolution is proud to host the Mobile Education Exhibit on Sunday, January 22nd 2023. The MEE will be on display at the Camarillo Community Center parking lot, 1605 Burnley St, Camarillo from 10am to 4pm. The Wreaths Across America Mobile Education Exhibit brings to heart the true purpose of why we all do what we do-bring local communities and our military together to share stories of patriotism and love of country, to help teach the next generation about service and sacrifice, and to honor and remember those veterans who have paid the ultimate sacrifice.

## CLUB NEWS

### LV PHOTO CLUB

By Chuck Morrow

The Photo Club held the December meeting on December 1st, in the MPR. The election of new officers was completed with the following members elected: Melody Zaida – President, Gerald Beane – Vice President, Bill Margulies – Treasurer, and Penni Nussbaum – Secretary.

Congratulations to the new officers!!

The December competition judge was George "Hutch" Hutchinson, a long-time Photo Club judge. Hutch is a frequent judge for many of the photo clubs throughout Southern California.

The Assigned Category theme for the month was "Old/New" The winners for the month were:

*Assigned Category* – Bill Margulies – "Folks Wagons"

*Open Category* – Don Treadwell – "A Stroll in the Park"

*Mobile Category* – Melody Zaida – "Petals"

The Photo Club will have two meetings in January. The first meeting will be the competition meeting on January 5, at 7 pm in the MPR. The Assigned Category for January is "Black and White."

The second meeting will be the "Best of 2022 Awards Party," all

the winning photos from the year will be judged by a trio of judges to determine the best photographs for the year and will be revealed at the party. This meeting will be held on January 19, at 7 pm in the MPR.

For questions regarding the Photo Club and membership contact Melody Zaida at h20baby10@gmail.com.

### VILLAGE ARTS

By Patti Crichton

Happy New Year Leisure Village! The Village Arts group met on Wednesday, January 4th. Phyllis Doyon was there to view and critique our paintings. Phyllis always adds a touch of humor to her reviews. It was certainly fun to see what our fellow artists are doing.

Village Arts enjoyed a tasty holiday luncheon at Ottavio's for our December meeting. David Kiefer will continue in his role as President of Village Arts with Patti Crichton as VP. Patti Miller will be our secretary.

Mel Rosen has started up a plein air art group that has begun to meet in the Gazebo Garden area the third Monday of the month, which means Jan. 16th is the next session.

Kathy Whitesell will continue her watercolor classes, usually on

—Please see **PAGE 18**

## Wills, Trusts and Estates

**Stewart M. Cutler**

**858.229.9737**

scutler118@gmail.com

**Mobile Notary Services**

Iris Cutler - **858.229.0401**

*LV Residents*



01LV02S

## Helping older adults find a home they will love...in neighborhoods near you!



**FREE Referral Service**

**805.896.9855**

At Senior Choice, we provide families with support, knowledge and empowerment during their journey in selecting a senior living option. Call or text Jill and allow her to help make that journey a little easier!



**Jill Waters**

Senior Care Consultant

[www.seniorchoice.care](http://www.seniorchoice.care)

01LV09S



## CLUB NEWS

### Village Arts

From PAGE 17 —

the third Friday of each month. We will send a bulletin update to members or sign up at the Jan 4 Village Arts meeting. We hope that all of you had a good holiday season, and look forward to a creative year in 2023.

### YE OLE WOODCHIPPERS

By Bud Bradley

November was our busiest month for the WoodShop since reopening. We added 19 completed jobs for the Villagers, 3 more for the Village and 6 quick jobs. The year-to-date numbers total 180 completed jobs for Villagers, 18 Jobs for the Village and 45 “quick fixes.”

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the

main woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

It also came to our attention that we don't have an adequate representation of ladies as keyholders. We know there are some ladies in the Village that enjoy the smell of wood being “tool burned” and the delight of bringing home some sawdust on their sleeves. We would like to encourage some ladies who do enjoy woodworking to come along and have some fun. Call or email Pirate or Bud.

A reminder that the Woodshop is open from 10am until noon, every Wednesday and Thursday, to accept your repair requests. During those hours, the Woodshop will be operated by Woodshop Committee members only. Keyholders are asked to not work on their own projects during these



Photo by BUD

Flagpole stands created by Ye Ole Woodchippers for the Womens Club annual Veterans Day event.

hours. There is no charge for these services unless special materials are needed to complete the repair. Finally, we gratefully accept donations for these services to help keep supplies and equipment up to date. For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com

### LV WOMEN'S CLUB

By Barbara Cogert

Happy New Year! We look forward to bringing you a full year of fun and interesting events. Remember our meetings are held on the 2nd Thursday of each month-mark your calendars now for 2023!

January 12 is our first meeting of the new year and we will be entertained by Tom Ogden, a fun and fabulous magician! Join the fun, doors open at 1:00 pm and Meeting time is 1:30 pm – hope to see you there!

As usual, bring your “Change for Change,” canned goods for FoodShare and/or toiletries for the Lighthouse Charity we support – Thank you.

You will be hearing a lot about LV's 50th anniversary – if you are a long-time member and have a story or history to add, please contact Lin Grant at 714-266-4937.

We want to wish the community and especially our members a happy and healthy NEW YEAR and look forward to seeing you on the 12th!

### MAVERICKS CLUB

By Vera Erskine

The Winter Ball is back on January 27, 2023, appetizers at 5:30pm. Let's get

dressed up and start the New Year with dinner and dancing. Dinner will be catered and served by “Command Performance.” Menu: Hors d'oeuvres, salad, choice of Braised Short Ribs, Chicken or Butternut Squash Risotto Cakes, Tricolor baby potatoes, grilled vegetables and dessert. Music by “Dave the Piano Man.” \$35 for members and \$40 for non-members. Tickets are on sale now.

Check out our poster on the Marquee in the Rec. Center for more details. Contact Geri DeSimone at 805-402-1465 for tickets.

### SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hello to all Villagers. Happy New Year!

To kick off the new year we have 2 dances this month. This is a great way to lose those holiday pounds.

January 14 - John & John Duo (Tango lessons)

January 28 - Ralph Mathis (West Coast Swing)

The lesson is included with the admission of \$10.00 per person. Lesson 6:30 to 7:15, dance 7:30 to 10:00.

What a wonderful way to start the new year, fun dancing & listening to great live music - kick up your heels.

### GRAPES R US WINE CLUB

By Barbara Senior

Grapes R Us holds monthly tasting sessions to discover wines of different varietals and to explore wine regions. Our December meeting featured four wines and charcuterie trays. The wines were Sparkling Chardonnay from Tehachapi AVA, Mateus Rose from Portugal, Georges de Boeuf Beaujolais Nouveau from France and a Dolcetto red wine from Italy. It was a festive evening with some retro wines and the charcuteries were delicious! Thanks to Don & Barbara Senior for putting the wines together.

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person.

—Please see PAGE 19



**Medical & Rehab Equipment**  
SALES • RENTALS • REPAIRS

699 Mobil Avenue, Camarillo • Phone: 805-388-7669

**IN STOCK NOW:**

Lift Chairs



Mobility Scooters



Hospital Beds



Wheelchairs



Diabetic Shoes



Different styles to choose from

**Ask about getting Coverage under Medicare, Medi-Cal or Insurance!**

Pick up your prescription packet to take to your doctor and get a **Free N95 Mask.**

Valid thru Feb 3, 2023



**Come Visit Our Showroom Today!**

**Also in Stock Now:** Compression Stockings • Shower Chairs • Toilet Seat Risers • Commodes • Adult Diapers Walkers • Blood Pressure Monitors • Pulse Oximeters • Advanced Wound Care Supplies • Orthopedic Supplies



Online Ordering  
Now Available at  
MerlinMed.com  
CaliforniaMedicalSupply.com

**10% OFF  
ANY SINGLE ITEM**

In-store only. Excludes insurance, rentals, stairlifts, scooters, installed items, upwalkers and labor. Coupon must be present at time of purchase. Not valid with insurance. Cannot be combined with any other offer. Expires 2/28/23.



## CLUB NEWS

### Grapes R Us

From PAGE 18 —

Reservations are highly recommended. To get on our mailing list, drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

### WOMEN'S GOLF

By Patti Crichton

Welcome to a new year on the fairways of Leisure Village!

We had a wonderful Holiday luncheon on December 14th. The new board for 2023 was officially sworn in: President - Sharon Price, 1st VP - Betty Ericsson, 2nd VP - Carol Dietz, 3rd VP - Wilma Hutson, Secretary - Patti Miller, Treasurer - Geri DeSimone, Correspondence Secretary - Marian Flosi.

Thank you to Wilma Hutson and her team for the great luncheon and festive decor. Awards were handed out for winners of the President's Cup Low Net Tournament: 18's - Jaelyn Claros and 9's - Patti Miller. Most improved were 18's - Lynne Sack and 9's - Alison Drain.

Congratulations!

Much appreciation goes to Kathy Whitesell, who served as President for two years, getting us through the pandemic and keeping our Club going.

December was a casual golf month with Open Play Wednesdays for the most part.

The Jane Burke Memorial Tournament will be played on January 11th and this year it is for the winning 18'r player, Low Net.

Our first golf meeting of 2023 will be in the Garden Room at 2pm on January 11th, with our new Board in place. Come at 1:30 for snacks, chats and 50/50 tickets.

Be sure to sign up for the Chili Bowl Mixed Tournament on Saturday, January 28th, hosted by the Women's Golf, \$10 for golf and lunch.

Stay tuned for more information about our exciting new women's Golf website!

### LV MUSIC CLUB

By Marci Lapair

The LV Music Club is supported through our \$10 annual membership dues. Memberships for the year are sold during our monthly activities. All our members receive email reminders of upcoming club activities. Membership dues help cover the cost of the complimentary refreshments that we serve at all our events.

For more information on the LV Music Club call Marci Lapair 818-399-0843.

### BINGO!

By Bobi Shmerling

Join us for a fun night of Bingo! You can be a winner too. Some of your friends and neighbors who have won between \$100 and \$300 in the past few weeks are Al Beaudry, Pinky Palladino, Marion Laser, Linda Neth, Sandy Rosenthal, David Rubright and Ron Cattanch.

Come join us and enjoy an evening with friends and a chance to win cash prizes. Bingo is held on Wednesday evenings at the Recreation Center in the AR. Minimum buy-in is \$13 for 18 games with payouts ranging from \$40 to \$300. Doors open at 4:45 pm and close at 5:45 pm. Play begins at 6:00 and ends shortly after 9:00pm. Contact John Herrera 805-419-4195.

### BILLIARD CLUB

By Vera Erskine

Happy New Year! It's a new year with new faces added to our membership. The first tournament of the year is "1&15" beginning on Monday, January 30, 2023. Membership dues are \$10. You must be a member to participate in the tournaments.

Signup sheets will be posted in the Billiards Room the first week of January 2023. For Membership, contact Kathy Wirtz 818-445-1057. For other information, contact Vera Erskine 805-987-4537.

### PHOTO CLUB WINNER – OPEN CATEGORY



■ 1st — Don Treadwell / Stroll in the Park



## Handyman & Son



Helping people in Camarillo since 1990

#### CARPENTRY

Doors • Screens  
Fences • Drywall  
Rain Gutters • Cabinets  
Closet Systems

#### PLUMBING

Water Heaters  
Faucets • Disposals  
Toilets • Sprinklers  
Pressure Regulators

#### ELECTRICAL

Switches • Lights  
Attic & Ceiling Fans  
Plugs • Sensor Lights  
Circuit Breakers

### Custom Tile Installation and Repair

Bathrooms • Kitchens • Floors

ONE CALL - WE FIX IT ALL

**Office: 805-384-1981**

**24 Hour Message Center: 805-359-1621**

**We Specialize in Quality and Service**

**FREE ESTIMATES**

**NO JOB  
TOO SMALL**

**Hauling, Dumping  
& Yard Clean Up**



## CLUB NEWS

### MEN'S GOLF

By Tim Palmer

December started with a Regulation Golf Tournament at the Soule Park Golf Course in Ojai. Our golfers were treated with excellent weather and good course conditions. Chuck Dolan scored an eagle on hole #13 and seven birdies were recorded. Gary Gascoigne led the scoring with a six-over-par gross score in the A Flight, while Dave Bengtson was the low gross winner in B Flight and Dan Turner won low gross in C Flight. All-in-all, it was an excellent golf day!

Leisure Village Men's Golf Association held its annual Installation Luncheon on Wednesday, December 15 in the Santa Rosa Room. In addition to good food, 49 cash awards were handed out for exceptional golf scores throughout 2022.

The Jay Balter Cup, awarded to the Tournament of Champions

Grand Champion, was presented to Gary Gascoigne for winning the event. Most improved golfers during the year were Bruce "Pirate" Anderson, 18 hole golfer (LV Tournaments); Joseph Benti, nine hole golfer (LV Tournaments) and Jack Bozajian for Regulation Tournaments. Nick Schellong was recognized for his four years of service to the Association and the Board of Directors.

The 2023 Board of Directors were installed: Tim Palmer, President; Jon Hall, First Vice President; Kim McCurdy, Second Vice President; Harvey Harris, Secretary and Max Chopra, Treasurer.

### TAI CHI

By Chuck Morrow

The January Tai Chi Moving for Better Balance Beginners' class is full. Any additional requests for this class will be added to a class

scheduled for early May. This class meets on Mondays and Wednesdays in the Santa Rosa Room from 3:30 to 5 pm. If you are interested in the May class, email: cmorrow@hotmail.com to be included.

The Tai Chi – Review and Refine class continues to meet on Mondays and Thursdays in the Santa Rosa Room from 1 to 2:30 pm. This class is for prior Tai Chi Moving for Better Balance students wishing to refresh their skills and those preparing to attend Tai Chi Moving for Better Balance Intermediate class. For further information contact Pat at pat.hartshorn@gmail.com.

Intermediate Tai Chi for Better Balance meets on Mondays and Thursdays in the Santa Rosa Room from 2:30 to 3:15 pm. This class is for students who have mastered all the basic elements of Tai Chi and are ready to take their skills to the next level. Students eligible for this class should have successfully taken the "Review and Refine" class with the ability to do all Tai Chi forms unprompted. For further information contact Ruth Tidwell at: taiChiRuth16@gmail.com.

Students of Tai Chi wishing to practice are invited to attend a morning practice session in the MPR or an adjacent room if the MPR is occupied. This practice is daily from 8:30 to 9:30 pm.

All prior students completing Tai Chi Moving for Better Balance are welcome to attend this practice, it is assumed you know all the forms as no instruction is provided.

### EXERCISE/STRETCH CLASS

By Donna Khacherian

We would like to take this opportunity to invite all new and old residents to join our morning stretch Class held five days a week, Monday through Friday in the pavilion. Currently our times are 8:30 am and 9 am.

This is a 30 minute class of stretching from head to toe and a wonderful way to start your day. The exercises are easy and very beneficial to keep our joints mov-

ing and our bodies strong. We meet outside in the Pavilion (area behind the swimming pool) rain or shine. This is a fun way to make new friends and acclimate yourself to Village Life. Please come and check us out.

For more information and questions contact: Donna Khacherian 818-404-5538.

### WELCOME RECEPTION

By Bobi Shmerling

Clubs & Groups are invited to join our Committee in welcoming new residents to our Village and tell them about our Club's activities. The Reception will be held on Thursday, January 26, 2023 at 6:00 pm in the Assembly Room. Help us encourage people to get involved and enjoy all that Leisure Village has to offer.

To reserve a space, please contact Bobi Shmerling 805-389-1975 (home) bobi.shmerling@gmail.com

### TAP DANCE CLASSES

By Sue-Ellen Colp

Tap class meets Wednesday in the AR on stage 11am-noon. Missy is the teacher. She is young and enthusiastic, works at dance studios and also performs in the community. Class starts January 11, cost is \$10 a class. For more information, call Sue-Ellen 805-312-1991. Just show up and check it out.

Ongoing Tap class with Debbie meets Monday 5:15-6:30pm in the AR on the stage. Starts Monday January 23, cost \$10.00 each class. For more information, call Sue-Ellen 805-312-1991.

There will be a new class starting Called Broadway Jazz. It will be a fun class with no jumping. This jazz class consists of traditional jazz warm ups and stretches and learning a routine, but not just any routine. We will be learning dances from Broadway shows. There is only one requisite. You must enjoy spending one hour a week of pure uninterrupted FUN!

—Please see **PAGE 21**

## INTERIOR & EXTERIOR PAINTING

**Professional Work**  
**We only use the best materials**

Stucco Repair • Dry Wall Repair  
Pressure wash  
Wall/Ceiling Texturing  
Acoustic Ceiling Removal  
Wood Replacement  
Cabinet Refinishing  
Crown Molding & Baseboard Installation



**We have been serving the**  
**Leisure Village community for over 12 years.**  
**Family owned since 1990.**



**FREE Estimates**  
**805.358.8172**

Bonded & Insured • Lic #1041059



# CLUB NEWS

## Tap Classes

From **PAGE 20** —

Class will meet Monday at 4:00 in the AR, cost will be \$7.00 a class. First class only will be Free January 23. For more information Call Sue-Ellen 805-312-1991.

## MUSIC AND MOTION

By Margie Monroe

Our Music and Motion class meets every Friday morning 9:00-10:00 am alternately in the AR and MPR. The class is an opportunity for seniors to practice balance and stability through the sounds of music and different styles of dance.

Our teacher, Sissy, brings to us choreography that suits our needs. We start with a slow warm-up followed by dancing and concluding with a cool-down. The cost is \$10 per class. The first class is free of charge. Call Margie with any questions at 805-438-7610.

## PLAYERS GUILD

By Linda O'Neill

Now for some good economic news: Players Guild membership cost for 2023 remains the same at \$10. Players Guild holds 9 monthly workshop/meetings on the third Thursday evening of January, February, March, June, July, August, September, October and November.

There is a separate charge for our "big" show in April and it runs for five performances. (In May, the Leisure Village Board takes over the third Thursday for candidates' night.) There is also a separate charge for the holiday dinner we sponsor in December which features performances by our own players. Occasion-

ally Players Guild will sponsor a fundraiser for an outside charity. That, too, will have a separate fee.

Players Guild attendees can purchase memberships at any of our third Thursday workshop meetings. (By the way, according to Players' bylaws, all performers for regular workshops and yearly "big show" must be members.)

Sandy Curran sells donated jewelry before our Thursday shows. If you have jewelry to donate, call or text Sandy at 805-795-3445. Many thanks to those of you who have donated during this past year, especially Vivian Hollander.

## WRITERS CLUB

By Harvey S. Brosler

The motto of the Club is Write-Present-Participate-Enjoy-Learn. A main purpose of the Club is to share our opinions on different topics with other members. The primary interest is in the substance of your written presentation.

Writers Club meetings are normally held every other Monday at 1 pm in the Multi-Purpose Room. Stories of the month are displayed at the entrance to the LV library. You may write on the Suggested Topic for that day or any other topic, fiction or nonfiction.

The Suggested Topic for January 10 is "One of my most enjoyable volunteer jobs." For January 24, the Suggested Topic is "One of my most treasured Possessions." Those are the only 2 meetings for the month of January. Microphones are furnished. Please mark the dates on your calendars.

For a copy of other upcoming Suggested Topics, the Guidelines, or any other information contact: Harvey S. Brosler hsbros@road-runner.com, 805-465-0006.

## Nature's Beauty



Photo by PEGGY DAVIS

Peggy's Sunset, shot in late fall from LV Drive. She put this shot in her Christmas Card

## Comfort Keepers

A World Leader in  
Quality Home Care  
for Leisure Village Residents



- ◆ In-Home Companionship & Caregiving
- ◆ Transportation (Doctor, Shopping, etc.)
- ◆ Meal Preparation
- ◆ Light Housekeeping, Shopping, Errands
- ◆ Accident Prevention
- ◆ Personal Care & Walking Assistance
- ◆ Companions and Certified Nurse Aids
- ◆ Flexible Schedules to Meet Your Needs
- ◆ Readers Choice Winner 5 Straight Years!
- ◆ California Licensed. HCO #564700005

Our compassionate Caregivers and CNAs are State of Calif Registered and fully trained, screened, bonded, insured, supervised

Over 700 Comfort Keepers® offices worldwide  
Serving Leisure Village and surrounding areas

ComfortKeepers.com/Office-426

For a Free In-Home Consultation Call:

**805-494-9900**

Now Hiring Caregivers, Companions & CNA's

# Inside Leisure Village

For Display Advertising contact  
Stacey Janson | 805-484-1949 ext. 303





Photos by MAX COPENHAGEN

The Leisure Village RV Club raised funds through their ever-popular pancake breakfast in 2022. They set aside \$1000 for charity. Left photo, RV Club Co-presidents Jack Miller and David Patience present a \$500 check to Michael Darden to help the Ventura County Rescue Mission continue to serve the poor and homeless. Right photo, RV Club Co-presidents Jack Miller and David Patience present a \$500 check to Jennifer Caldwell (center) of Ventura County Food Share.

LV Clubs and residents pulled together and helped make the holiday season of 2022 better for our community.

**ELECTRICAL**



*Crystal Blue Electric*  
*"We light up your life"*  
Est. 2002

- Ceiling Fans • Recessed Lighting
- Troubleshooting & Repairs
- EV Charging Stations
- Receptacles & Switches
- Outdoor Lighting

VISA

MasterCard

AMERICAN EXPRESS

DISCOVER

**805.791.8525**  
**NO JOB TOO SMALL!**  
Lic # 833129

01LV01

**PLUMBING**

**ALL PRO PLUMBING**

Complete plumbing maintenance and drain cleaning. Serving residents of Leisure Village for over 31 years.

**FREE ESTIMATES**

Licensed, Insured and Bonded

**805-200-9482**

02LV02

**INSTALLATION**

**SMOKE DETECTOR INSTALLATION**

**\$79**

Includes installation of up to 5 detectors, sold separately.

**TALL INSTALL**

**805-479-7142**

12LV01C

**Help Support Your Local Businesses**



**MEAL DELIVERY**

**Dinners by Mark**

Home Cooked Meals Delivered Right to Your Door

**\$15 per Dinner**

**Dinners Include:**

- Entree • Salad with your choice of dressing
- Chef's vegetable of the day • Dessert
- All meals are low in fat and sodium

Meals packaged in microwave-safe containers

**Contact Mark for info & menu**  
**MSL9CATERING@GMAIL.COM**  
**805-384-1536**

08LV14S

**TAX SERVICE**

**805.483.6665**

**www.dantetax.com**

**Enrolled Agent**

Tax Preparation  
Tax Audit Representation



09LV03S

**LIQUIDATORS**



*Downsizing, Estate Sale, or Moving*

**CAROL BOOKER**  
**(805) 670-7500**  
tickledpinkestatesales@gmail.com

09LV10I

**LANDSCAPING**



Landscape & Hardscape  
Synthetic Turf  
Fencing • Pavers  
Lighting • Irrigation

**805.300.1442**  
gardengenie2@gmail.com  
CA License #1033762

11LV01I

**To Include Your Listing, Please Contact Mary at The Acorn Newspapers Today: 805.484.1949**



# CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

**DEADLINE for the next publication is 5pm on Friday, January 20.**

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

MOBILE NOTARY: Offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

A Mobile Notary: I come to you for your notary needs. Leisure Village resident. Call Chuck at 805-419-3457

MOBILE NOTARY: I come to you! Professional and personable. Available days, nights and weekends. Call Melissa Snodgrass and 661-755-5596 for an appointment

Apple Computer Specialist - Laptops, desktops, iPhones and iPads. Troubleshooting & tutorials, password help. LV resident. Reasonable rates. Reliable. Easy to understand. Patient. Macs Made Easy/Louis Lapidès 805-490-3127

Want house in Leisure Village. Sold home have Money to buy! Jerry 805-312-1504

FOR RENT/SALE – Monterey style house in Village for sale \$539,000 and for rent \$2,900 all utilities included except electricity. Please call Glory 831-869-7698

I BUY GUITARS If you have any old instruments you no longer need give me a call. I will pay fair prices. Gary the guitar man 702-849-1035

Dogzgonewalkn.com Reliable and professional dog walking or pet sitting. LV prices \$10 for 15 minutes, \$17 for 30 minutes. 805-484-8802 dogzgonewalkn@verizon.net

CLOTHING alterations, repairs, nips & tucks and garment make overs for all ages. Seamstress with LV references. Will pick up & deliver. Gudrun 805-479-4852

Lynn Lerz: Massage Therapist. "Let me rub you the right way to better health." In Village 36 years. Exp. Best refs 805-484-2308

JDD Physical Therapy: Physical Therapist/Health Educator specializing in chronic pain and fibromyalgia, lifestyle analysis and integrative therapy in your home. Jeannie Davis PT, MPH 818-693-1002, JDDphysicaltherapy.com

FITNESS! I've been a personal trainer for 17 years in LV for 7 years. Will model your program according to your personal needs. Improve mobility, strength, balance, flexibility. Lisa 805-402-7482

DREAMS NAIL SPA – pedicures-manicures & more 805-233-7655, 5000 Santa Rosa Road. Treat yourself with beautiful and healthy nails. \$2 off for first service

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

Personal Assistant. I can help teach you computer, tablet or cell phone related issues. Help clean out and organize your home or your garage. Call Lisa 805-402-7482

Clutter free in 23. Organizing – garages, kitchens, closets, paper and more at Sttevenn.com! Free Consultation and free gift with visit. Call/text 805-302-2756 e-mail to sttevenn@sttevenn.com

NEED HELP with chores & errands? Dog walking, fixing, clean-up, moving, drive to doctors, shopping cooking, etc. No job too small. Caring dependable. Leisure Village resident Jim 805-807-1635

PERSONAL ASSISTANT/ DRIVER. Airport, shopping, doctor's appointments. Friendly, courteous, non-smoker, non-drinker, full time or part time. Your car. References available. Art Silver 805-630-9125

WE BUY ANTIQUES, VINTAGE & COLLECTIBLES! We buy in bulk. Over 20 years in business. For more info call or text 818-458-1075 or 805-727-7403

WANTED: Western & Military memorabilia, accoutrements, all items. Collector/resident, call or text 805-551-5449

SMOKE DETECTOR INSTALLATION – we install smoke detectors with sealed 10 year batteries. Put an end to the low battery chirp. Call TALL INSTALL for a free estimate 805-479-7142

Hugo's Garden Services: lawn and garden maintenance. Cleanup, tree pruning and removal, sod/seed installation. Over 23 years working in Leisure Village, LV references 805-482-0985 or 805-216-8835

Juan Handyman services – Garden, patio, yard cleaning, hauling/dumping. Plant trimming, removal. Call 805-487-1613

HANDYMAN/INSTALLATION – Electrical, plumbing, appliances, rain gutters, cleaning windows, repair broken things, hanging shelves and pictures, painting hauling, any help. Call Eric at Merchandise Assembly 805-210-0489

Are your windows in need of a good clean? Call Island View Window Washing for sparkly clean windows. \$5 off new client special. 805-825-8709; Island-viewwindowwashing@gmail.com

Professional Carpet Cleaner – Jeff G with Global Green 888-774-2547 Services include carpets, area rugs, tile and upholstery cleaning. Serving Leisure Village for over 20 years. LV Referral Reisa Ross 805-484-5570

Lupitas Cleaning – weekly, bi-weekly, monthly, one time or moving in/out. Excellent LV references. Reasonable prices, trustworthy, free estimates. Please leave a message. I'll return the call ASAP 805-302-3857

In-home care by a certified experienced reliable & vaccinated caregiver. Providing quality of life needs. FT/PT. Call Eve 805-504-7236

COMFORT KEEPERS HOME CARE is hiring many caregivers! Voted one of the top employers in Ventura County! Family run. Great support! Apply on line: <https://ckthousandsoaks.clearecareonline.com/apply>. Call 805-494-9900 Ext.10

Caregiver: 35 years experience 30 years in Leisure Village. Certified in dementia care, first aid, CPR and CNA. I am here for your everyday needs. Call Teresa 805-402-6588

CAREGIVER: Reliable, trustworthy, experienced compassionate caregiver. Available Tuesdays and Thursdays 4 hours minimum. Looking forward to being a support to you and your loved ones. Text or call Charlene 805-276-0380

Experienced caregiver with 18 years working with elderly. Honest, hardworking and reliable. When you are in need of quality caregiving, please call Lyn L. at 805-402-8483





THE CHIEF BEAUTY ABOUT TIME IS THAT YOU CANNOT WASTE IT IN ADVANCE. THE NEXT YEAR, THE NEXT DAY, THE NEXT HOUR ARE LYING READY FOR YOU, AS PERFECT, AS UNSPOILED, AS IF YOU HAD NEVER WASTED OR MISAPPLIED A SINGLE MOMENT IN ALL YOUR LIFE. YOU CAN TURN OVER A NEW LEAF EVERY HOUR IF YOU CHOOSE.

ARNOLD BENNETT

'Tis the season for New Years **RE**solutions. The prefix "**RE**" means "back" or "again." The word resolution finds its roots in the Latin word re-solutio and consists of two parts: **re-**, which is a prefix meaning **again or back**, and **solution**, which can be traced back to the Latin action noun solūtiō ("a loosening, solution") or solvō ("I loosen.")

Resolution is the noun form of the verb resolve, derived from the Latin resolvere, "to loosen, undo, settle." We can still see this meaning of resolution in the sense of "an explanation" or "a solutions" — when a problem, conflict or mystery reaches its resolution, it has been "undone," so to speak.

## "RE" in 2023

2023 is a blank slate ahead of all of us. If we look at actions we can take in 2023 that begin with "RE", we find powerful possibilities for a making life more meaningful.

**RECONNECT:** Reconnecting is about re-establishing a bond of communication or emotion. Think of someone you've lost touch with and reach out to them. Consider phone calls and face to face interaction for people that you've only been communicating with digitally. Meaningful relationships require more than texts, memes and digital pictures.

**RESOLVE:** Resolve is to settle or find a solution to an issue, problem, dispute or contentious matter. In life, conflict is inevitable. How it's handled determines whether the outcome is positive or negative — productive or destructive. Unresolved conflict creates tension, stress and anxiety. Is there an issue that you've procrastinated dealing with or an unresolved conflict with someone in your life? Imagine what it would feel like to resolve that issue and have it behind you, then use that feeling as motivation to tackle it. There are many resources with guidance on conflict resolution, and we will post some links on our 'Barlows Got Your Back' section of our website.

**REMEMBER:** Remembering gives us a sense of perspective and the gift of hindsight. We can learn from our own memories and experiences, and from those of others. John Maxwell made several profound statements that relate to remembering:

- "Experience is not the best teacher; evaluated experience is the best teacher"
- "Reflective thinking is needed to turn experience into insight."
- "We draw lessons from the past only when we study it."

Take time to look back on last year and on your life as a whole. Consider what you've done, the people you've interacted with, the changes throughout your life. Have you written your life history, or even a brief life sketch? If not, there's no time like now. Have you read about the lives of your family members and ancestors? If not, make that a part of your remembering. We have posted several links about how to get started writing your life history and ways to learn about your ancestors on our 'Barlows Got Your Back' section of our website.

There are so many things you can incorporate into your blank slate of 2023 that begin with RE. Use them to REnew and REjuvenate yourself and your Relationships.

**Be sure to visit the 'Barlow's Got Your Back' section of our website for resources mentioned above.**

**HAPPY NEW YEAR FROM THE BARLOW FAMILY!**



**The Barlow Group**  
BRE #01945712

*LeisureVillage.com*

805

**987-5755**

**Our Family Serving Your Family!**



*Serving Leisure Village Since 1979*  
**5257 Mission Oaks Blvd. Camarillo CA 93012**  
Conveniently located next to CVS in Mission Oaks Plaza