

I have not seen him for over three months. I wish I could see him very much. I dream about him sometimes.

- - Mrs. T. Noda C-13-2

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LIVING FOR TODAY AND LIVING SUFFICIENTLY

When we first arrived here, bewildered, sorrowful, embittered and cynical, we found difficulty in making an adjustment to our new surroundings. Gradually we began to find ourselves, and with help of sympathetic officials, launched various projects and built up a well-organized community of 5,000 people.

Today, looking back after some four months in the Assembly Center, we find our condition as a whole is much better than we had expected. Many of our fears and premonitions have been found groundless.

Relocation is now before us. What does the future hold? Will our lives be better or worse? Will we be able to adjust ourselves properly? How long will we stay? These and many other questions will harrass us.

Questions of this nature must be resolved in terms of the reality of the present. The future we cannot foresee, and the past is done - - but the present is always with us.

As we realize the truth of living in and for the vital present, we find that the future is robbed of all its terrors, and that the past is of no consequence. Living intensely - Thinking, feeling and acting in the midst of the Now - we find life and reality as one.

Then is it not sufficient that we live fully just for today.

- - Isosuke Kawai

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