

INSIDE LEISURE VILLAGE

VOL. 46 NO. 3

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

MARCH 7, 2025

Final Printed Issue of Inside Leisure Village

BY: JON NIEMANN, ILV EDITOR

LOGISTICS: The careful organization of a complicated activity so that it happens in a successful and effective way.

I took the reins of Inside Leisure Village in the Summer of 2020. At that time, the world was in the throes of the Covid pandemic. We had come through lock-downs. Masking and social distancing was de rigueur and in January of 2021 a fierce wind storm did some serious damage to the village. We managed to get the papers out, mostly on time and with information that Villagers had come to rely on and enjoy. I knew at the time that the days of printed news was hanging by a tenuous thread and the medium was going through serious change. I also knew that to continue a successful run, Inside Leisure Village would need to move online. The newer means of presenting news and information would be cost effective and have a lasting and vastly more interesting

presence going forward. That time has come. Logistics is the bugaboo that finally caught up with the ILV team. We tried multiple avenues to continue a printed version but logistics had its way with us.

The popularity of the paper was evident when there were only a handful left at the end of the run. I dipped my toes into the online presence in late 2023, we published an online magazine with vibrant photos, links to relevant videos, interactive aspects and many other benefits that that medium offers. The magazine was well received but publishing both the paper and the online version was unworkable.

Now we will move online with the vigor and enthusiasm that kept the paper running for 47 years and will bring you an updated publication with more information and without the limits that a paper version imposes. Our current crew of ILV writers, contributors and business staff are ready and excited about the new potential and possibilities. The online version will grow

and change with the times while continuing to present information, stories, entertainment news and other features that Villagers will enjoy and share. We remain committed to bringing you something to look forward to at "press time" and all with the convenience of your personal devices. INside Leisure Village Online will be viewable from computers, tablets and other online devices now and in the future.

I want to thank so many Villagers for their kind comments about ILV. I want to thank past editors, Stan Reshes and Tim Palmer for their support and guidance during my editorship. I want to thank all the contributing writers for their consistent and timely articles and stories. I look forward to working with new contributors to an open platform that will allow ILV to continue now and well into the bright future.

To sign up for INside Leisure Village Online go to INSIDELVMEDIA.COM. There is a subscribe button on the home page and subscribing is easy.

VILLAGE NEWS

By Dennis Doolittle

Storm Sewer – The Village has been working with the County to resolve storm sewer drainage issues along Conejo Creek. A contract has been issued to replace the Village's "flapper gates" and to remove sediment from around the gates and to provide consistent outflow to the creek.

Spectrum – The Spectrum contract has been implemented. There are some channel services that have changed or have been deleted (which was not expected after negotiations). HOA staff is working with Spectrum to clarify the basic channel service and will provide updates to Villagers when the services provided are clarified.

Roofing Project – The shingle roofing is about 75% completed, they are working in Village 20. Once the shingle work is finished, the flat roof rehab will begin.

Paint Project – The Paint Project

is now working in Village 18. The house painting is nearing completion of the current contract.

Landscape Maintenance – The General Manager has announced that starting in the new fiscal year our approach to landscape maintenance will change. Staff will be organized into teams. This is scheduled to begin in early March. Some mowing schedules will be modified as a result of the change. We are currently in our winter time (mow once every two weeks) schedule. In the Spring we will switch back to mowing once a week.

Carport Repair – In prior Board meetings the issue of termite damage repair of specific carports has been discussed and a policy approved. Work has now started on the repair work.

Walkway Lights – The Village maintenance staff have been fix-



Jon

Roofers working on Village 24, replacing roofing in the rotation.

ing and painting the walkway lights around the Village. There is a plan to replace the Walkway light fixtures with cost efficient, LED lighting. This will be done in annual phases over several years. Some test LED light fixtures have been installed within the Village

and the lighting is excellent.

Fencing – The Board approved a contract for repair of the fencing along Conejo Creek. The project is currently in the process of obtaining required permits to begin. Once the permits are approved, the fencing repair will start.

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IN MEMORIAM

Mr. James Ellsworth - Village 20

If you are aware of a Villager passing, please let us know so we can share. Include the name and Village number of the person who has passed and email to: insidelveditor@gmail.com

ABOUT INSIDE LEISURE VILLAGE

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Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspapers. The Acorn Newspapers is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village.

VILLAGER PROFILE

By Carol Nelson

Twice a Villager

By Rosemary Vine

Sandy Gibson's great-great grandfather migrated from Poland in the 1850's, eventually settling in San Francisco. He established a successful family business that started with a push cart that he sold produce from. Sandy smiled, "He was there to help set up the new city", she said. Growing up in the city that her family had taken part in establishing was grounding with a sense of place and home and history. Eventually she would meet and marry a man who had been serving in the U.S. Air Force. They would settle in Virginia when he took a job with an aerospace firm. Eventually that firm would offer him a position in Santa Monica.

In 1974 they would return to California. They looked around Santa Monica for a house but did not find anything that interested them. They took the drive up Pacific Coast Highway all the way to Trancas. A development up the hill that overlooked the blue Pacific known as Malibu West appealed to them both. They found a dream house and settled in. Sandy thrived in Malibu, establishing an

employment agency and serving on the board of the Malibu Chamber Of Commerce. The COC had her working on various projects including taking the lead on setting up and printing the first Malibu Phone Book. Other projects were the Malibu Arts Festival, and the Malibu Annual Flea Market. They loved the laid back Malibu lifestyle. Their neighbors and clients included many residents who were in the entertainment industry and those who relished life in storied waterfront community. She had re-captured that sense of place and home she experienced in San Francisco.

Eventually a better position in Washington opened up for Sandy's husband. They would leave Malibu, reluctantly. Sandy did not thrive in Washington D.C., nor did her first marriage.

In 1986, after separation from her first husband, she would relocate to Oahu. She was ready to experience something new and exotic. While serving on the Board at her condominium complex, a friend, an incurable matchmaker, wanted to introduce Sandy to a new resident. Sandy demurred; un-



Family photo

Sandy and her great grandson, Jace. Eyes connecting, sharing the family ties.

til one fateful holiday party. Sandy was helping with the set up, she set down a dish of chicken huli huli. A very handsome man dressed in red pants and a white shirt smiled up at her. Sandy smiled back and continued to help with the party. Bob Gibson went home that night and sent an Email to his kids..." This evening I met the woman I am going to marry." And so they did.

They stayed in Hawaii until 2001, the trips back and forth from the islands to be with their now

collective 25 grandchildren were growing tedious. They had decided to relocate to Southern California to spend more quality time with the growing family. Camarillo was right in the center for travel. Part of the family lived north in Santa Maria, another further south in San Clemente with a few in between. They drove down the Conejo grade one day and decided to look into Leisure Village. A realtor took them on a tour; while touring. A poster for an upcoming

—Please see **PAGE 13**



Family photo

Bob and Sandy Gibson, a love story.

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AROUND THE VILLAGE

Village Landscape
WINTER BLOOMS

By Don Marquardt, Landscape Architect

Shrubs

A few of the following shrubs bloom in winter/spring:

1) Bird of Paradise (strelitzia reginie). Evergreen, 6 feet tall with flowers that look like colorful tropical birds sitting on long stems. It is the city flower of Los Angeles.

2) Poinsetta (Euphorbia pulcherrima). Everyone’s favorite Christmas flower. Evergreen, grows to 6 feet tall with brilliant red flowers. It is the city flower of Ventura.

3) Bougainvillea (B.brasilitensis) “San Diego Red”. Evergreen, 6 feet tall with brilliant red blossoms; can be a vine or staked as a tall shrub. Requires full sun.

4) Ivy Geranium (pelargonium peltatum). Native of South Africa, 12 inches tall and spreads to 8 feet with pink or red flowers all year.



Jon

A Poinsettia continuing the Winter show in late February



Don Marquardt

Birds of Paradise showing their colors in January

Located in residential gardens throughout Leisure Village.

Roses

They begin blooming in March,

so it’s time to begin feeding them. Use fertilizer labeled specifically for roses and apply dutifully once a month through October.

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AROUND THE VILLAGE

Art in the Library

The Well Traveled Francy Walsh
Francy Walsh is exhibiting her artwork in the library for the months of March and April.

Although she is a prolific artist working in most media, she says her focus recently has been on water based oil paint and she has been painting larger pieces.

Walsh has traveled extensively throughout her life and says that experience has shaped her life and art.

She recently won best of show at the Camarillo Art Center for three paintings of orangutans.

She will have an exhibit in August and September at the Onyx Bistro on Las Posas Road in Camarillo.

In addition, she has 10 pieces in a permanent exhibit at the Creo Arthouse in the Malibu Country Mart.

“I paint all the time,” Walsh said. She recently signed up for classes in both American and Chinese Mah Jongg, but decid-

ed it would take too much off her time, so she cancelled the classes. “If I’m going to spend two or three hours, I’d rather paint,” she said. “When I paint, it’s completely relaxing for me.”

Her website is www.francy-heartsong.com.

Newcomers Orientation

Saturday March 8th, 10am to 12 noon in the MPR

This important service is designed for Newcomers or Seasoned Villagers who would like a refresher / update of living in the Village.

Who do you call when you don’t know what to do? What do you need to do to make changes to the exterior of your home? Where do you go to meet new friends? Come to the Newcomers Orientation. You will be able to learn and interact with Village experts on these subjects and more. “We’re all in this together”

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Jon Niemann | 805-603-7060 | CalBRE #02104018

Welcome Spring!

Comps by LV Model on our Monthly E-Newsletter



WeSellLeisureVillage.com

March 2024 Sales

Model	Village	Price
Amalfi	34	\$760,000
Coronado	25	\$579,000
La Jolla	38	\$965,000
La Jolla	32	\$1,000,000
Monterey	15	\$595,000

We Live In The Village
We Love The Village
We Sell The Village

WeSellLeisureVillage.com

This information is supplied directly from the Ventura County MLS as of 2/25/2025 and is deemed reliable. If your home is currently for sale, this is not intended as a solicitation.



Nicole D'Amore

Photo of Francy Walsh with one of her paintings. Come see some others in the LV Library

ART IN THE VILLAGE

By Nicole
D'Amore

Lucy is Keeping Native American Art Alive

Lucy McIver calls forth her Native American heritage in the art-work she does and the life she leads. From a stone sculpture (Inukshuk) in front of her Village 25 home and pieces incorporating ceramics with basket weaving, to colorful, intricate mandalas on the wall, the spirit of her ancestors comes forth.

Her peace poles are on display all over the Pacific Northwest and she said she'd like to make one in Leisure Village.

"Dance and crafts have been my lifelong interests," McIver said. "I call myself an artist craftsman and

taught me how to be quiet and how to watch and then how to be in a relationship with the animals... I've never lost that relationship so when I am walking outside I am noticing all kinds of things."

She majored in art education at the University of Kansas. She had put off a required weaving class until her senior year.

"The minute I sat down at the loom it was like — I know what this is, I feel something here," she said. "The loom and I became really good friends."

It was also her senior year that she met her future husband, William McIver, also a dancer.

"We ran off to New York City like gypsies and joined the Jose Limon Dance Company," she said. It was the second generation of modern dance and to supplement their income, she got a job as a hand weaver at a design studio.

"I barely knew how to use the loom," she said. "They were four-harness looms, by the time I left I was working on the 20-harness loom, doing extremely intricate patterns." Many of her designs were selected for mass production by Jantzen and other large companies.

"It was a fascinating time of my life to be involved in that industry," she said. "Weaving in any form has been a part of my life since then." Later she earned a master's degree in dance at Ohio State University and taught at the University of Idaho for several years before starting a family of three children.

When her husband got a job in Alaska, she worked for the Alaska State Arts Council and directed the Kodiak Historical Museum. She was introduced to basket weaving by Anfesia Shapsnikoff, a master Aleut basket weaver who taught her how to harvest and treat beach rye grass to turn it into a linen-like thread for weaving intricate baskets.



Nicole D'Amore

Inukshuk stone sculpture made by Lucy McIver in front of her Village 25 home.

I've done three dimensional crafts much of my life. I'm a weaver and ceramicist and right now I'm focusing on basketry and clay."

McIver was born in Topeka, Kansas with a Choctaw heritage. She studied dance and at the age of five was crowned "Miss Sunflower" by the governor while performing for hospitalized World War II veterans.

Her family had a multigenerational cabin in the woods where summer weekends were spent hunting and fishing, harvesting their own meats.

"My father taught me to be in a relationship with what we were harvesting," she said. "I would walk behind him and we would sit for a long time under oak trees. He



Nicole D'Amore

Photo of Lucy McIver with mandalas or medicine wheels she made, based on her Native American heritage, indicating the four directions or seasons.

"I enjoyed the cultural exchange and it introduced me to natural fibers and how to treat them," McIver said.

She and her husband divorced after their children were grown

and she went back to school and finished a master's degree in dance therapy.

She met and married her partner, Karen Lundblad, at Pendle

—Please see **PAGE 8**

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Nicole D'Amore

Baskets incorporating ceramics and weaving made by Lucy McIver.

Art Forms

Continued From **PAGE 7** —

Hill Quaker Retreat in Pennsylvania in the 90s. They lived in Eugene, Ore. before moving to Leisure Village two and a half years ago.

While Lundblad golfs, McIver walks along collecting natural materials for her art pieces. She works on them several hours every day. "I think about them all the time," she said. "I like to say I have a muse inside of me that says, keep going." She starts the pieces in the ceramics studio, shaping clay and adding designs.

"I am a hand builder," she said.

"It's really fun, it brings out the child in me."

She weaves the basket on top using pine needles and flax.

"My focus is really staying with natural materials," she said. "Clay is a natural material that comes out of the earth, pine needles are all over and flax that I weave with grows right outside the front door."

The Inukshuk sculpture in front of their home is made from stones they collected on a Lake Superior beach. When the Southern California winds knock it down, they rebuild it, not always in the same form. In Native American culture, the sculptures point the safe way to take a trail, McIver said.


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Larry Weinberger

Workers wrapping up tree cleanup, removing remnants of a tree lost to the wind storms of January.

VILLAGE ENTERTAINMENT

Mustang Sally Rides Again

Showtyme by Jennifer Stein

Showtyme Presents “A March Blast with music from the 50’s 60’s & 70’s”. Love is in the air with the magic of the Wonderelles. An all girls band with energy that just keeps on going & going just like the energizer bunny.

From Johnny Angel to Mustang Sally, the Wonderelles give you a touch of nostalgia that will leave you with a smile on your face and a song in your heart. The show is completely choreographed with harmonies & solos. The comedy is hilarious and the interaction with the audience is fun and engaging. Join the fun at Showtyme on Friday, March 14th at 7:30pm in

the AR. Doors open @ 6:45pm. Annual membership is available in the lobby for \$20 per person. Members...No Charge Non Members \$10.00 donation. A 50/50 raffle with 2 winners. Bring your friends & family to experience the nostalgia that made its mark for generations to come. Dancing in the aisles is encouraged. Contact Jennifer @ 805 383-1518.

All donations made at this event will be met by Showtyme and sent to the California Fireman’s Fund to be used as a donation to all the victims of the California Fires within the last few months. The Showtyme total donations are \$135.00 dollars. March will be the last month that Showtyme will be accepting donations for the California fire victims. Every donation helps, please help the victims and make a don

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VILLAGE ENTERTAINMENT

A Curiously Savage Spring This Month

Players Guild by Linda O'Neill

On Thursday, March 20 at our new start time of 7 pm in the AR, actor, director and pianist Richard Weiss presents an hour of "magical keys and strings"... yes, a classical music concert for piano and violin. He will be accompanied by Geri Levy on violin. Many of you may have heard the talented Ms. Levy play both violin and guitar at various First Friday presentations. Together they will create a serene, and engaging hour of Chopin, Mozart and Rachmaninoff. Expect to see me there.

Last Month

Thank you to Diane Carroll (director of 2024's Fiddler on the Roof) and Chuck Kiskaden (President of the Leisure Village

Board of Directors and veteran of many Players Guild shows) for an expressive reading of a shortened version of A. R. Gurney's "Love Letters", a finalist for a Pulitzer Prize in drama. Chuck and Diane brought Andrew and Melissa to life from the beginning of their written relationship with birthday thank you notes, to their lifetime of written correspondence through boarding school, college and their individual marriages and careers.

Coming up in April

This is from Helene Cohen, the esteemed director of this year's April show: The Curious Savage "It's April and that means it's time for Players Guild's annual "BIG" show. This year we present the delightful and heartwarming comedy The Curious Savage directed by Helene Cohen. And, no, it's not about cannibals on a pacific island (in case you thought it was). It is the story of Ethel Savage, a widow whose husband has



Lee Boyles

Villagers re-capturing the surf-crazed mid 60's with the Beach Boys cover band. The reviews for the show were outstanding.

left her ten million dollars. She is determined to set up a charitable fund in his memory which will grant people's most foolish wishes. Her three step-children, desperate to get their hands on the money, have her committed to a genteel sanitarium in hopes of bringing her to her senses. There she meets a group of quirky, but kind and generous "guests" who stand in stark contrast to the conniving stepchildren. Ethel attempts to thwart the stepchildren's efforts and finally, with the help of a kindly nurse and doctor, she is able to prevail. When she realizes she doesn't have to stay in the sanitarium, she is torn between her two new friends and the harsh outside world. You will

not want to miss this charming, feel good show."

The Curious Savage will run for the following five performances: Wednesday, 4/16 at 2 pm; Thursday, 4/17 at 7 pm; Friday, 4/18 at 7 pm; Saturday, 4/19 at 7 pm and Sunday, 4/20 at 2 pm.

Cast in Order of Appearance: Florence will be played by Joyce Belcher or Nalani Carson; Hannibal by Irv Feiles; Fairy May by Anne Marie Florio; Jeff by Julius Hirsch; Mrs. Paddy by Vivian Hollander; Miss Wilhelmina by Rose Anna Bellino-Strickland; Titus by Richard Weiss; Lily Belle by Macey Zarit; Samuel by Roger Florio; Dr. Emmett by Dorene Blair; and Ethel Savage by Lynn Kremer.

Tax Prep Assistance Available

Income tax preparation is currently available under the AARP TaxAide umbrella at the Camarillo Health Care District every Tuesday from 12 noon to 4 pm through April 8, 2025. TaxAide IRS certified counselors provide free preparation and efilng of individual federal and state tax returns focusing primarily on the needs of senior and low-income clients. The appointment involves a personal questionnaire, interview, computer preparation, efilng, and a copy for your records. If you are interested, please call the Camarillo Health Care District at (805) 388-1952 for an appointment. We do not take walk-ins.

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VILLAGE ENTERTAINMENT

Rivers and Clouds Cinema

Music Club by Marci Lapair

Tickets are now on sale for our annual St. Patrick's Day Party on Tuesday, March 18 from 7:00 to 9:00 p.m. in the AR. Come listen or dance to music performed by the Groovin' Easy Swing Band featuring their talented vocalist, Erin McPherson along with some help from our own David Flood. Back by popular demand the intermission entertainment will be provided by the Irish Step-Dance Troupe. Refreshments including wine, coffee and a complimentary "Irish Cream" will be served. Tickets are \$10 per person. For more information about purchasing tickets call Marci Lapair (818) 399-0843 or Frank Jimenez (805) 836-2498.

February's Open "Mic" Night audience welcomed two new performers, Phil Mendelson singing "Walkin' My Baby Back Home" and Tom Yamarone playing the harmonica and the guitar sang "Mr. Tambourine Man". After a long absence from Open "Mic" Night, Margie Monroe played "The Swan" on the piano. Promoting the Village Theatre's upcoming play The Importance of Being Earnest, Nancy Hullihan sang "I'm in the Mood for Love" accompanied by Richard Weiss on the piano. Roger Florio delighted the audience with two of his own hilarious compositions "Bo Goes to Hollywood" and "Coping".

The next Open "Mic" Nights are Friday, March 7 and April 4 at 7:00 PM in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks.

On Monday, March 3 at 7:00

PM in the AR, we will screen the movie A River Runs Through It. The movie is directed by Robert Redford and stars Brad Pitt. The story follows two sons of a minister, one studious and the other rebellious, as they grow up during a span of time from World War 1 to the Great Depression. The movie was filmed in and around Missoula, Montana, and has beautiful photography. The film is rated PG and is 2 hours long. It will play with closed captions.

On Monday, March 17 at 7:00 PM in the AR, we will show the romantic movie A Walk in the Clouds. This visually spectacular film stars Keanu Reeves as a young G.I. returning from World War II, and finds he has little in common with the wife he left behind. The movie is rated PG-13 and is 1 hour and 45 minutes long. It will play with closed captions.

THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

Cognition, Diet and Longevity

More than 63,000 people are over 100 years-old in the USA today. Longevity is 30% from genetics and 70% from location of birth and lifestyle choices, which is great news as we can positively change our aging and future. How long you live depends on if you can avoid the top 10 leading causes of death. The ten leading causes of death include: heart disease, cancer, COPD, strokes, fatal accidents, Alzheimer's (50% hereditary), Diabetes, kidney disease, pneumonia/flu/COVID, and suicide. Even if you have already been diagnosed with these conditions, you can be proactive and extend your life and increase your quality of life with lifestyle modifications.

Two basic emotions, fear and anger can create dysfunction and shorten life expectancy. Fear is the driving force behind the stress response and anxiety disorders. Chronic stress is the single biggest killer for Americans and can be

managed using natural remedies. Chronic stress and anxiety increase the risk for heart disease, stroke, diabetes, accidents and infections. Suppressed anger is a risk for early death and expressed anger can also shorten our life.

Stress management includes planned problem solving, social support, lifestyle modification, and to develop resilience which will facilitate your capacity to recover more quickly from difficulties. Approximately 40% of premature mortality is due to behavioral cases such as smoking, poor diet and nutrition, lack of exercise, overeating and obesity, alcohol and drug use/abuse, chronic stress and sleep deprivation. Optimists have a higher quality of life with more resilience in dealing with stress. The rate of heart-related deaths is 50% lower in optimists compared to pessimists. Optimism is great as long as it is rooted in realistic expectations.

Secrets for living a longer life include keeping your blood pressure at the target of 115/75 mm HG, total cholesterol less than 200 mg/dL, keeping a healthy weight, eating less calories, eating a plant-based diet like the Mediterranean diet, and avoiding nutritional deficiencies. Part of this approach to longevity also includes exercising regularly and being active and staying busy after retirement. Of course, don't smoke, drink less alcohol, get regular and restful sleep, have healthy gums, challenge your mind, have a positive attitude, shed stressors and have daily structure, and stay socially connected and have a purpose in your life. If your style of living is unhealthy, it is best to start with a few changes at a time to ensure a healthier long-term behavior and a better chance of success.

Personality types also influence your health and longevity. Being

—Please see PAGE 13

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OUT WITH LEE

By Leisure Lee Boyles

Mavericks Winter Dinner Dance

The Mavericks Club had the brilliant idea to have their 2024 Holiday Party in January 2025. That way there was no scheduling conflict with the holiday madness of December. We were asked to dress semi-formal. It was nice to see our residents in their "date night" attire.

The AR was beautifully set up with tablecloths, flowers and carafes of wine. Each table had place cards reserving the seating for designated participants; So nice for me since I am only acquainted with very few of those who were at the event. It was great not having to wander around looking for a place to sit.

Dinner was fabulous! First came the salad, mixed greens with orange segments and nuts served with a raspberry dressing on the side. Main dish offered Three

choices on the menu, wine braised beef short ribs, lemon roasted chicken breast and a rave reviewed vegetarian dish, butternut squash risotto cakes. Dessert was served family style, with trays of brownie bites and lemon bars making their way around the tables.

After dinner the music was provided by Dave the piano man and friends. He played a fun assortment of rock, country and classic pop. Everyone enjoyed the special evening and I had a ball with my new girlfriends out on the dance floor.

New friends seated with me, Charley and Helen Hartman, Mary Lou & Sharon.

Classic Surf Rock in Leisure Village!

Our Music Club did it again! First, we got to sing along and dance in the aisles with the Beatles cover band (Four Lads from Liver-



Lee with Chrissy Presser, the Galentines Fairy at the Womens club Galentines celebration

pool), and then in January, we were treated to an incredible performance by Catch a Wave, a Beach Boys tribute band. The sold-out crowd at the AR was on their feet, rocking to classic hits and reliving great musical memories.

My sister Mary even drove up from the South Bay to join in the fun. We grew up in SoCal in the '60s, and The Beach Boys put our beaches on the world music map along with a flood of tourists! Our surfers, sun-soaked shores, and California girls in bikinis didn't disappoint then, and neither did this amazing tribute band. It was an unforgettable night of nostalgia and great music!

Movie Review: A Complete Unknown

For another musical blast from the past, we caught A Complete Unknown, a film that's been nominated for eight Academy Awards, including Best Picture. This movie tells the story of Bob Dylan's early days in the '60s-his rise from an

unknown folk singer to a music legend.

It also features portrayals of other greats from that era, including Pete Seeger, Joan Baez, and even brief appearances by Johnny Cash and Woody Guthrie, Dylan's songwriting idol.

Bob and I went to see it at The Roxy with our Leisure Village friends David and Scotty Miller and Chuck and Cathy Herrera. Those reclining seats are the best, and the popcorn was fresh and hot. The verdict? We all loved it-four enthusiastic thumbs up!

Takeout Gem in Camarillo: The Green Olive

Looking for a hidden gem in Camarillo? Check out The Green Olive, a fantastic little Middle Eastern takeout spot tucked inside a liquor store. Yes, really!

The store itself has a massive selection of liquor, wine, beer, soft drinks, snacks, and candy-

—Please see **PAGE 13**



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Sandy Gibson

Continued From **PAGE 3** —

play being presented by Players Guild caught both their eyes. Bob had a spectacular singing voice (He served as president of the Aloha Chorus) and Sandy thought it might be fun working on the production end. They bought a house in Village 7, becoming roommates to Jim and Sue Thurmond.

They would get involved with Players Guild, playing the leads in "Teahouse of the August Moon" in 2002. They were soon involved in other Village activities. Sandy would put her business and organization skills to work helping to keep Players Guild active and set a calendar. She would write a script, "Golden Girls Go To Hawaii". Joyce Belcher, in her first LV on-stage role, would play Blanche.

In 2006 a visit to friends in La

Cruces NM had a new opportunity for the two of them. They would purchase a beautiful, hillside home and live there for 16 years. Sadly, after almost 25 years of marriage, the love of Sandy's life would pass away. A return to California and a second experience living in Leisure Village would happen in 2021.

Though she misses Bob every day, she feels comfortable in her familiar surroundings, reconnected with close friends and enjoying Village life and recapturing a sense of home in familiar surroundings near family. She currently serves as recording secretary for the LV Architectural Committee, has done work with the LV Women's club and is writing a book. Sandy delights in a new role of great grandmother. On her dining table are stacks of paper, various chapters she has been working on, a work in progress, a mirror of an interesting, full life.

Healthy Villager

Continued From **PAGE 11** —

type A and always on and ready for action is not healthy for our emotional and physical health. Better personality types include Type B, relaxed, extravert and self-healing. Even though we can't change our personality type, we can employ strategies and skills to modify our lifestyle, and outcomes which should result in a healthier and happier life.

Whether you need to motivate

yourself to move more or eat better, every little step towards a healthier lifestyle will reward you with benefits that might include a happier mood, better control of chronic conditions, and a longer, better quality of life.

Editor's Note: Jeannie Davis is an LV owner and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.

Out with Lee

Continued From **PAGE 12** —

but the real star here is the food. The menu features Middle Eastern favorites like kebabs, gyros, falafels, and pita bread, but the flavors go way beyond the typical. Everything is fresh, flavorful, and delicious! I had the best Greek salad ever.

The Green Olive

506 Las Posas Rd., Camarillo

Have a favorite takeout place, restaurant, or ice cream shop? Let us know! We're so lucky here in Camarillo to have so many wonderful restaurants—even our own

In-N-Out, where the drive-thru line stretches out into the street for that famous Double-Double fix.

Special Friendships - Galentines

There's a popular take on Valentine's Day catching on around the country. Galentine's Day.

Our Leisure Village Women's Club hosted a really fun Galentine's party in the beautifully decorated AR. The theme of the event was, as it should be, Friendship.



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CLUB NEWS

LV WOMEN'S CLUB

By: Barbara Cogert

On Thursday, March 13 th , the LVWC will present our third year of March Wellness.

One of the biggest fears we, as seniors, face is memory loss. This month's topic will feature segments that recount a personal journey recently taken by one of our members who took care of her mom experiencing memory loss. You will hear from Susan Hillyer who will introduce new research on smells and fragrance as it relates to memory loss and Parkinson's disease. You will listen to and be able to participate in an interactive video seminar from the "Center for the Positive Approach to Care". (for additional information: www.teepasnpow.com)

As always, we will be collecting "Change for Change", and personal

items for the women and children at the Lighthouse. Food Share donations are also welcome.

We look forward to welcoming you all - Membership dues are still only \$10.00.

SATURDAY NIGHT DANCE PARTY

By: Andrea Moran

Hello Fellow Villagers. The winds and rain have been a lot to endure along with the fires. We will stick together and look forward to Spring. Our Saturday Night Dance Party is still going strong. The dance floor is perfect. Our professional musicians play a variety of music for your listening and dancing. March 8, Eric Ekstrand, lesson Samba. March 22, Wyatt Haupt, lesson Rumba. Come join our lesson at 6:30 - 7:15

and dancing 7:30 - 10:00. \$10.00 admission includes both. So.... Put on Your dancing shoes and have a great evening with friends at our Saturday Night Dance Party.

VILLAGE ARTS

By: Patti Crichton

Our March 5th meeting features talented Ron Fullerton who entertained us with his combination of poetry and guitar playing based on four paintings. What a delightful creative mix!

Our April Village Arts meeting will be at the Camarillo Art Center on Wednesday, April 2nd at 1pm. Our members have been invited to show a piece of their art in the gallery at the CAC for the month of April. All Villagers are welcome to visit the CAC gallery on weekends from 1-4pm to enjoy the art.

Watercolor classes in March will be Frday, March 21 and Monday, March 24, 1pm and 2:30pm both days. Text Patti to sign up at 805-

760-7673.

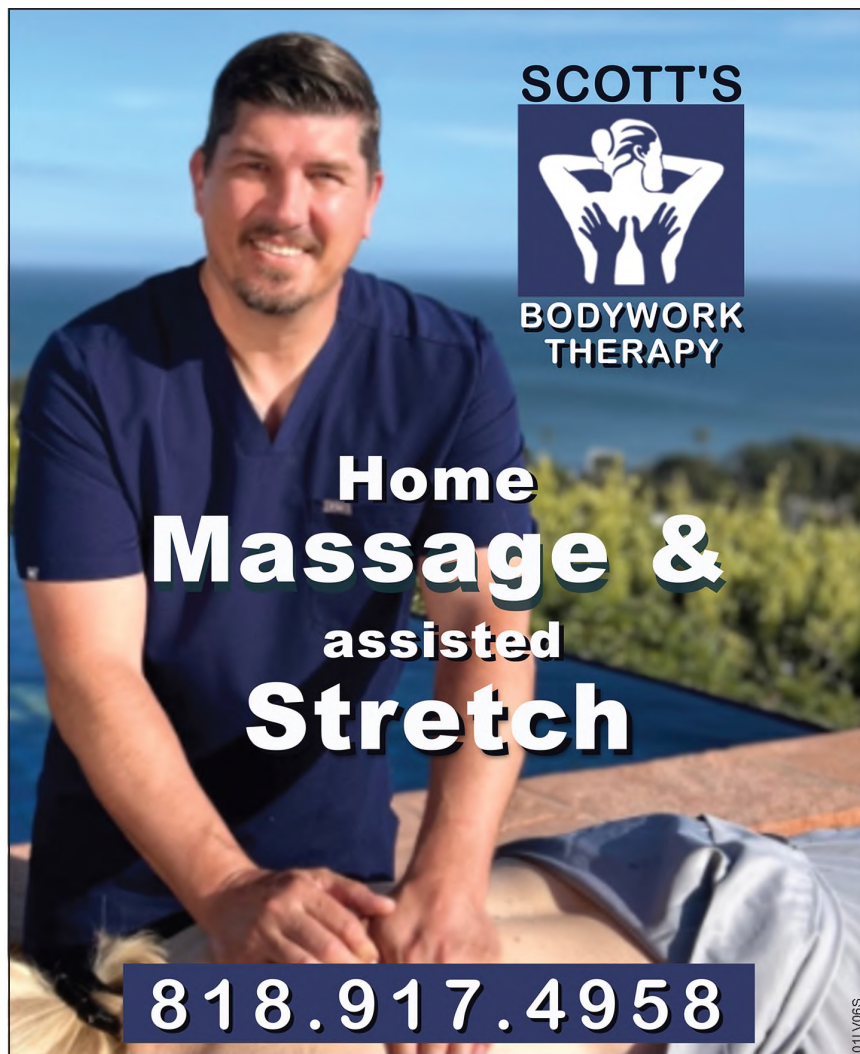
Mixed media classes with Barb Mathis are Friday, March 14 and 28 starting at 1. Text Barb to sign up at 818-314-9939.

WORKSHOP FOR WRITERS

By: Mark Sconce

What 18 th century European and American hostesses called a literary salon has its modern version in the Writers' Workshop (WW) of Leisure Village. And while the name may have changed, its methods and its pleasures have not. First, we provide a friendly forum for writers to focus on their craft with the expectation of well-meaning critique. We're not called a workshop for nothing! Members come to realize that Easy Reading is Hard Writing, WW's motto. In addition, throughout the year, as in olden times, the Workshop invites and sponsors practitioners of

—Please see **PAGE 15**



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CLUB NEWS

Workshop

Continued From PAGE 14 —

various arts to perform, display, or explain their artistry. This year, an exotic classical dancer from India performed for numerous wide-eyed Villagers. She thanked the Writers' Workshop for supporting the arts wherever, like flowers, they might bloom.

In our bi-monthly meetings, we share literary devices and techniques that make quality writing possible. We know a fine piece of writing when we see one, and we aspire to graduate to a higher grade of prose and poetry. We also share the kind of camaraderie you would expect in any workshop worldwide.

For more information:
Mark Sconce. 805-586-4485 or
msconce@gmail.com.

PHOTO CLUB

By: Jeannie Davis

The Leisure Village Photo Club held the monthly competition meeting on Thursday February 6, at 6:30 PM in the MPR. February's theme was "Action/Sports" judged by professional photographer Rober Fields of Robert Fields Photography. The winners for February were: Assigned Category – Tom Pizza – "Maui Surfer" Open Category – Frank DeSimone

– "Pretty in Pink"
Mobile Category – David Pepper
– "Latigo Hillside"
Don't miss the stunning winning photos displayed in the main hall of the rec center!

The Photo Club educational meeting was held on Thursday, February 20th at 6:30 PM in the MPR. Chuck Herrera presented and led a discussion on "Street Photography".

The club extends heartfelt gratitude to Roya Parsay, past president, for her dedication and leadership during a critical time.

We invite all photography enthusiasts to join us – whether you are a beginner or have experience, there's a place for you in the Leisure Village Photo Club! We meet the first and third Thursday of the month at 6:30 PM in the MPR – refreshments are served.

Richard Boghosian is the Photo Club President for 2025. For information and membership inquiries, contact Richard at 207-831-9940.

be even more prizes to include gift baskets, vouchers for Vegas and monetary prizes. More to come in April's Inside Leisure Village.

LET'S DANCE CLUB

By: Patrick Price

For March, Vinyl Gypsies will be playing the Live Rock & Roll music you love for dancing at Let's Dance. A great night of dancing is presented by Let's Dance on the 3rd Saturday of the month, in the AR, from 7:30-10:00 PM. March 15th is the day it happens. Admission to Let's Dance is just \$10 per person. Coffee, water, and punch will be provided as well as dancing the night away. It's BYOB and anything else.

WOODSHOP

By: Charles Russell

Wednesday and Thursday mornings the Ye Ole Woodchippers club volunteers are available between 10 and 12 to handle requests from LV residents to make or repair wood objects. The service has been provided by experienced volunteer woodworkers to LV residents for more than 30 years. There is no charge for the work, but monetary donations are welcomed to purchase materials and supplies. Any and all Woodshop key holders are invited to assist with projects and are encouraged to spend an hour or two helping.

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MAVERICKS CLUB

By: Dan Turner

Many thanks to auctioneer, Paul Newman who helped make last month's "Cash in the Attic" a huge success. This important fundraiser helps Mavericks to finance future events for our members!

March is a quiet month for Mavericks, however, members are in for a real treat in April when "Casino Night" returns by popular demand. "Casino Night" will take place on Friday, April 25 th from 6:30-9:30pm. This year there will



Photo Club past president, Roya Parsay presents the Best of 2024 First Place trophy to Frank DiSimone

Jeannie Davis

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CLUB NEWS

Woodshop

Continued From **PAGE 15** —

It is a fun opportunity to work with other woodworkers and assist LV residents. Please stop in on Wednesday or Thursday morning and enjoy applying your talents.

The Leisure Village Woodshop is a well equipped shop in the Recreation Center that is available for use by residents who can demonstrate ability to safely operate woodworking equipment and tools. Contact Bruce "Pirate" Anderson at bruc5150@gmail.com if you wish to become a woodshop key holder.

the meeting begins at 2pm.

Attention: All LV Clubs and individuals - Women's Golf is hosting a 'Spring Cleaning Event' on May 17, 9am-2pm. Please contact Sharon Price, LV Women's Golf President, to book a table for \$20, phone 818-415-1579. Tables will also be on sale in the Rec Center Lobby March 3, 9-11am and 5-7pm. Women's Golf will have a table and also a bake sale at this event.

Wednesday morning weekly games continue with two starting times, 8:30 or 10am. Please arrive early to pay \$2 and get your group assignment.

WOMEN'S GOLF

By: Patti Crichton

Our March meeting is Wednesday, March 12 in the Garden Room. Social time is 1:30pm and

MEN'S GOLF

By: Tim Palmer

February Men's Golf has produced some great scores in the Regulation Golf tournament at

Sterling Hills Golf Course. Phil Langlois won the A-Flight with a score of 89, which is excellent for the demanding course. Walter Wilson almost shot his age with a 92 for a 78 low net. John Palmer won the B-Flight low gross and Hank Becker won Low Net.

The winter match play has concluded with Jon Hall winning the final match.

Congratulations Jon!

The Southern California Golf Association (SCGA) will be rating our golf course as a final step in including it as an SCGA approved course for membership and compiling handicaps. Rating the course involves measuring the individual hole lengths, the distances trees and hazards are from the center of fairways, their relationship to the green and the size of the individual greens. These measurements are entered into a US Golf Association (USGA) computer program which calculates the difficulty of each hole. Once completed, our course will be known to the SCGA as the Rough Rider course.

LVMGA member Mike McGann has created a website for the Association to provide a variety of information related to Men's golf. That information includes tournament pairings, tournament results, monthly calendar, member handicaps and a plethora of other details regarding our golf club. Thanks, Mike!!!

RACQUET CLUB

By: Sharon Wilson

February 3rd we hosted a pickleball tournament with The Grove, a nearby 55 plus community. Twenty-two of their finest players arrived ready to play. They were very appreciative of our hospitality and they want to do it again.

The first Racquet Club general meeting of 2025 was on February 12th. The newly formed hospitality committee was introduced, Brenda Summers, Marilyn Rudy, Cathy Herrera and Nancy Caselli. They will need help with events from time to time. Please volunteer to

help them out.

For anyone who hasn't paid their dues please contact Sunshine. \$7 for the year.

The pickleball lessons schedule is up on the bulletin board at the courts. The first pickleball and paddle ball tournament will be in April, dates to be determined. Please watch for the club e-blasts to keep informed of upcoming activities. If you aren't receiving the emails please let Sunshine know. See you at the courts.

LV BOWLING

By: Gene Kinsey

This is being written on Valentine's Day after bowling with cookies to increase our stamina. We are still having a lot of fun at Harley's Camarillo Bowl every Friday morning at 9-12 noon. The body language you see there is beyond anything shown on ESPN. We have some of the most entertaining bowlers on the planet right here in Leisure Village. It is well worth the \$20 annual dues and \$15 weekly bowling fees.

Bowling standouts from January include for the men Myron Jones 178, Craig Walker 215, Rick Dobris 179, and Norm Berezowsky 192. For the women Clancy Martel 180, Bobbi Herbertson 141, and Kristine Jones 190. Remember this is a handicapped league so all bowlers are equal. If you want to join in the fun or just get more information please call Bobi Shmerling at 805-389-1975.

BILLIARD CLUB

By: Patrick Price

The February 1-15 tournament is over. The top 3 in all the groups are: for group 1 Gaeton Lamoureux was 1st, 2nd was Gary Bunch with Jim Ronge 3rd, in group 2, Max Chopra 1st, Tom Niemann came in 2nd and Tom Nordquist was 3rd, group 3 had Michele Nordquist 1st, 2nd was Allen Cohen and

—Please see **PAGE 17**



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CLUB NEWS

Billiard Club

Continued From **PAGE 16** —
John Hislar came in 3 rd , group 4 1 st was Jan Bender, 2 nd was Louise Romero and Jo Ann Leeds 3rd. Awards were presented at the Membership Awards Meeting on February 25. Congratulations to all the participants. The 8-ball tournament is scheduled to start Monday, April 21. Sign-up sheets will be posted on the BC bulletin board later in March. The Wednesday League (10:30 am Wednesdays) and the Thursday night Social Round Robin at 6:30 (be there by 6 to get your name on the list) continue. Thursday Night Round Robin needs coordinators to oversee the Social Round Robin night. Contact Kathy Wirtz (818-445-1057) for membership and/or dues.

GRAPES R US WINE CLUB

By: Jan Bender

February’s tasting was presented by Jon Nieman. We enjoyed wines

from Sonoma and Mendocino Counties. Over 120 members joined us at the tasting.
Since March is Women’s History Month and March 25 is National Women in Wine Day, the March tasting will be honoring 3 women vintners who have made a name for themselves in what has been a male-dominated industry. Five wines will be presented from Cambria Estates and the Zaca Mesa Winery, both in Santa Maria Valley on the Central Coast, and J Winery from Monterey County. There will be two Chardonnays to compare, two Pinot Noirs to compare, and a Cuvee red blend. Our club tasting sessions are held on the third Friday of the month, in the AR at 7pm. All LV residents are welcome. Each session is \$15. To receive the monthly invitation, email Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.
If you have an idea for a wine tasting theme, contact the club by phone or email: 805 303 1518 or GrapesRUsLVwineclub@gmail.com We have a committee that can help you bring it to fruition, and they would love to hear your ideas.



Jon

Al and Evelyne Tosini at the Al Lago Estate getting ready to sample wines from grapes that are grown right here in Santa Rosa Valley.

WII BOWLING

By: Lois O'Connor

The February Valentine’s Wii Bowling Tournament took place Tuesday, February 11th, Wednesday, February 12th and Thursday, February 13th. The participants were divided into three competition groups. The group division was based on the bowler’s average. Each group had twelve players. The bowlers’ scores from the regular weekly bowling sessions were used in tournament play.
The winners of the tournament are:
GROUP A: 1 Judy Spector 841 2 . Dennis Potter 839 3. David Kiefer 827
GROUP B: 1. Janis Neth 882 2. Larry Toops 826 3. Jerry Spector 810
GROUP C: 1. Lois O’Connor 851 2. Annie Machado 842 3. Barbara Cranfill 820
Congratulations to the tournament participants for games well played! Participation is fun and challenging. The club has four bowling

sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Club house Ventura Room. If interested in participating contact club president, Debra Pettit at (805)504-6774.

MUSIC CLUB

By: Marci Lapair

The LV Music Club is having our annual membership drive for 2025! The Music Club is supported through our \$10 annual dues. Your membership dues help cover the cost of the complimentary refreshments that we serve at our monthly activities. We provide 7 monthly activities at no charge for the enjoyment of all the Leisure Village residents. All our members receive email reminders and advance notice of upcoming club events. Please make sure your 2025 membership dues are paid so that you don’t miss out on any activities.

You can join or renew your
—Please see **PAGE 18**

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CLUB NEWS

Music Club

Continued From **PAGE 17** —

membership at all monthly Music Club activities. We would appreciate your support. For more information on the Music Club call Marci Lapair (818) 399-0843 or Debbie Goodman (818) 523-0731.

BONE BUILDERS

By: Fan

RSVP (Retired Senior Volunteer Program) sponsored Bone Builders Classes are held 8 times per week in the Santa Rosa Room. Exercises are specifically geared for seniors to improve balance and to increase bone density. Free 1 hour sessions are Monday and Wednesday at 8:15AM, 9:30AM and 5:30PM. Tuesday and Thursday

at 6:00PM. These are not drop-in classes; registration is required. For 8:15AM class, call Beth (224-245-4313), for 9:30AM class, call Fan (805-405-5018), for 5:30PM class, call MaryAnn (805-390-1909), for 6:00PM class, call Marie (1-732-407-1816)

LV RV CLUB

By: David Patience

The February campout was held at one of the club's favorite sites Camp Comfort near Ojai on 2/10-2/13.

President Jack Miller and wife Cyndee hosted the gathering with a Valentine's Day theme which was enjoyed by all who attended, with Hors D'oeuvres, coffee morning, pot luck dinner and evenings around the camp-

fire. Some of the group took a bicycle ride into Ojai and met up with the other campers. Another highlight was visiting Lake Casitas enjoying a meal at the Marina Cafe.

The next monthly meeting is scheduled in the MPR at 7.p.m. Tuesday March 11. The next club

Bunco evening held in the Ojai room will be announced at the meeting.

The March Campout is scheduled for Monday-Thursday March 24-27 at The Golden Shore RV Resort 101 Golden Shore, Long Beach Ca 90802 tel 562 435 4646 Safe travels to all.



Photo Club Winner Assigned Category – Tom Pizza – "Maui Surfer"

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DEADLINE for the next publication is 5pm on Saturday, March 15.

RUMMAGE SALE: Saturday March 22, 9am-2pm St. Demetrios Church across the street from Leisure Village (5575 Santa Rosa Rd at Woodcreek). Multi-family sale, bargains galore, everything must go!

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