

VILLAGER PROFILE

FROM WINE TO WORDS



Photo by FRANK DESIMONE

Jon Niemann is the new ILV editor.

By Patty Ecker

It's been a busy year for Jon Niemann. Strictly speaking, it could be said that he has retired.

But that's not a word Jon knows much about. Moving into his new home in the Village, he was asked to help out with the rapidly growing Grapes R Us wine club. He signed up to work on three committees to "learn the ropes" of the dynamic of his new home. With this issue, Jon becomes the new editor of "Inside Leisure Village." He says, "I enjoy being involved with people who have something to say. I love absorbing and learning from the wisdom of others." Jon worked on yacht club newsletters during his time involved with the Southern California sailing community. Jon follows Tim Palmer, who was ILV's capable leader for four years.

Jon grew up in Simi Valley and,

as a young adult, was working at a Malibu restaurant where he watched a wine presentation from the back of the dining room. "I was hooked," he recalls, and that became a thirty-year career in the wine business. His mentor was Robert Lawrence Balzer, the famed wine critic who wrote an influential column in The Los Angeles Times and had a strong voice in the growing California wine industry. Jon worked for Balzer for three years as a researcher and personal assistant, an experience that honed his wine expertise while also providing special experiences like having dinner with Julia Child and mixing with other notable figures in the wine industry.

Jon became an independent con-

tractor – "an ambassador for wine" as he describes it - settling in San Diego, but traveling the state. "My job was to put out the word for wineries. I would make presentations, attend wine tasting events, sit with chefs to make wine-dinner menus and speak publicly about wines," he explains. "I drove over 60,000 miles a year to get from gig to gig. I loved it."

Leisure Village became his home when he helped his parents move here from their ranch in Acton in 2018. "I didn't know anything about the Village. But the minute I drove in, I fell in love with it," he says. He bought his LV house in 2019. He's looking forward to working with the ILV crew; "This is the right move," he adds. "I really feel at home now."

Med and Maria's Magic Garden — a beautiful place to pause

■ Mosher's Magic Garden

By Jon Niemann

Walking in the village is good for the mind, body and soul. Taking the fresh air, enjoying the distinctive calm and natural beauty of our surroundings is cathartic. These walks can reinforce the reasons we made Leisure Village home, that certain something that spoke to us when we first visited.

If your walk has happened to take you along Mountain View Drive, you have most likely had the color-splashed pleasure of passing the home of Med and Maria Mosher. The experience is truly magic. Both Med and Maria work daily to maintain this display of color, design and a rhythmic sense of blending the right plants to lead your eye through their gardens. There are pots of amazing floral displays



Photos by Jon Niemann

The Moshers nurture more than fifty varieties of flowers and plants across their Village 19 home, creating a colorful tableau for Mountain View Drive.

spilling over, inviting you to linger a bit and savor the ultimate inspiration that nature provides.

19236 V 36 is the second Village home that Med and Maria have lived in. The first one, a rented property on the West Side was reportedly just as spectacular. They moved to

Leisure Village from Bell Canyon about 4 years ago. Maria is a native of Sweden and Med is a local from Burbank. They met 40ish years ago at a Christmas Party when Maria stepped on Med's foot, a match made in heaven. Their love shows clearly in the magic gardens. One of

their favorite outings is to shop for Maria's beloved rose bushes at Otto and Sons Nursery just outside Piru. Med says that Otto and Sons has over 1000 varieties of roses spread over several acres, the little slice of their heaven they bring back to share with us.



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Editor's Corner
 I learned early in my wine career that when asked to take on a new territory or project, check on the situation and see how it was performing. If it was not performing well, take it on and the direction would most likely be positive. I was asked to take on the task of ILV Editor, I checked out the situation. It was performing well. Tim Palmer, Patty Ecker and crew put out a good sheet; informative, well-presented and a delight to read cover to cover. This time, "performance potential anxiety" would not be a guide.

The challenge would be taking the helm of a well navigated course and keeping on it. Assisting a seasoned and competent crew to continue presenting news, information and entertainment would be my charge. Sprinkling in a few new ideas, slowly and cautiously, with sensitivity to tradition might be okay. I like the challenge. I have taken this on.

I look forward to getting to know more L-Villagers through this process and learning more about that certain something that makes this place tick and tick so well. I sincerely look forward to calling up past experience to help keep Inside Leisure Village a relevant publication by and for the fellow residents of my wisely chosen new home.

P.S. I like old Ben Hecht movies.
 — Jon Niemann

Please take note of the change of contact for Inside Leisure Village Staff.

ABOUT INSIDE LEISURE VILLAGE

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Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

September Edition Deadlines

Club News, articles, letters and classified ads: Friday, August 14 at 5:00 p.m. Display advertising is due Friday, August 21 by noon. Publication will be Friday, September 4. Send to insidveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

NEWS BITES

Annual Pass System changed for LV's Safety and Health

LV's familiar annual passes that enabled relatives and friends of residents and contractors to enter through entrance gates will become useless relics next month. A new computer-centered system will replace them on September 1st. Driven by health concerns surrounding COVID-19, annual passes will reside in an online file accessed only by LV's Security Staff when a driver at a gate shows a valid driver's license. No more paper permits on the dash or in hand; that license must match with the onscreen information.

LVA wants to prevent residents, business people and staff from the potential

danger of physically handling paper forms. Applications can be picked up at the Main gate now and dropped off in a box at the Main Gate, where questions can be answered without personal contact. "This is safer for everyone," explains Officer Danny Camacho. "And it will increase our security. It will stop people from trading or sharing passes or from driving in without a license."

More than 3000 paper passes were issued last year. Sgt. Camacho acknowledges it could be more time consuming as the officers log into the computer to check identification. "But if the driver has his license ready, it

will be quick," he adds, particularly as LV's officers become familiar with the system. There will be no public access to that computer file.

Applications are available now

at the Main Gate and online at www.leisurevillage.org, click on More, click on Forms. The new Annual Pass System will go into effect on Tuesday, September 1st.

New medical equipment available for Villagers

Six new walkers were added to LV's Medical Equipment Room last month and sanitized by Rec Center staffer Ubaldo Torres so that Villagers could use them without delay. They join dozens of useful medical devices that can be borrowed by

returned when the item is returned in working order. For information, call the Recreation Office at 805-482-8961. This service is available now and follows all COVID precautions. The new walkers were donated by Inside Leisure Village.



Photo by BUD BRADLEY

LV staffer Ubaldo Torres sanitized each walker before they became available for public use.

LETTERS TO THE EDITOR

On July 1st, my mother-in-law Ernie (Ernestine) Petersen passed away peacefully at home at the age of 103! She was an amazing active senior (as noted by Patty Ecker's article in the April ILV issue). The family and I want to thank all her many village friends for the love and friendship she enjoyed here. She was truly happy living in this wonderful place.

—Margaret Petersen and family, Village 25

Our friend Ted Lansing passed away on July 7, but his influence and gifts to the Village and to Ventura County will live on. For 17 years, his attention and effort was on his community, from nearly a decade of service on LV's Board of Directors (mostly as Treasurer) to years as Chairman of the Architectural Committee, to his energetic participation of the Emergency Preparedness Organization, and his skills shared in the Woodshop, Ted believed it was "in my interest to fix things that are broken, help my neighbors, and protect where I live," as he often said. His ham radio expertise kept him busy inside and outside the Village. For years, Ted organized communications for the annual Wings over Camarillo Air Shows as well as the Camarillo Christmas Parades. He created a video series "LVA 101" to help residents understand the rules and operation of the Village. He left us quite a legacy.

—Friends of Ted, all Villages

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Shirley's Raccoons—coexisting with nature

By Patty Ecker

It was the odd noise at night that first signaled Villager Shirley Levy that something was happening in her Village home. “At first I thought it was critters in my closet,” she recalls. “There was scratching, lots of scratching at 10:00 pm or 3:00 am, nearly every night.”

She couldn't see the offenders or even be certain where they might be. After several weeks of sleepless nights, she called a pest control company that came out, looked in the attic, and reported that there was nothing there. But the strange sounds continued, and in fact, got more complicated. Screeches and little barks added to the scratching sent Shirley to the phone to call for help. The Ventura County Pest Control sent their team of experts who quickly found the problem: a raccoon family: 4 babies and their mother nestled comfortably under the eaves of Shirley's house, a Del Mar model.

“The rescuers said they looked to be between one to two weeks old,” Shirley reports. “They removed one at a time with a pole similar to a fishing pole.” She smiles now, “They are safe now in a wildlife shelter, I'm told.” And she is sleeping well again.

Shirley's raccoons were not alone

in the Village. Last month, another furry family was sighted in a tree on Leisure Village Drive at Village 34.



Photo by SHIRLEY LEVY
Ventura County Animal Control officers join LV's Security staff to help “de-raccoon” the house.

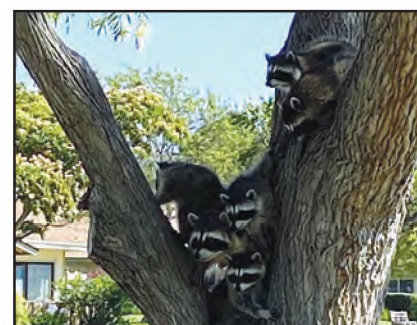


Photo by RUTH STUBBA
A larger raccoon family resting in a tree near Village 34.

This one was larger – 5 little ones plus Mom - and more mobile. As neighbors watched from a safe distance, they scrambled to the ground and trotted away.

Living with nature in the Village

By Jon Niemann

We are on the edge of the city of Camarillo, nestled against the hillsides, bordering a river that actually runs with water year round, and flanked on the South and East by large ranches. Along with the beauty of this semi-bucolic setting we get to contend with nature in ways that most city dwellers are not accustomed. There is the spotting of coyotes running free through our villages, there are the patio-furniture-eating squirrels frolicking about, various song birds, bees that take over walls and eaves of our homes, rodents that bring expensive car repairs etc.

Larry Weinberger sent us some nice photos of birds of

prey that posed for him last month. The swallows might be gone now, but they will be back along with the Monarch butterflies. The songbirds will continue to sing, the sometimes pesky squirrels and rabbits will entertain us with cuteness. Take a moment and soak up the nature that is part of our existence here, it is a nice way to appreciate our very special environment.



Photos by LARRY WEINBERGER
At left, owls protecting their nest. At right, a cooper's hawk surveys the village.



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Support your local businesses—they are here for you

By Cathy Michaels

During the Covid-19 pandemic, Leisure Village residents have supported Camarillo small businesses any number of ways. As Covid-19 transmission continues, we may want to find new ways to support those Camarillo small businesses we value.

What comes first to mind are restaurants, perhaps our most economically vulnerable businesses. Since mid-March, LV residents have ordered take-out from our favorite restaurants. Now, that indoor dining is off limits, we can support restaurants by eating outdoors, and/or continuing take-out. Best to call each restaurant or go to

each restaurant website to check on open status and hours of operation.

Missing the Camarillo musical events this summer? New and innovative options are available in Ventura County. Musical concerts for needing audiences are now offered at the drive-in located in the Ventura County fairgrounds. One concert hosted by The Rubicon, a premiere live theater located on Ventura's Main Street, is offering a summer live concert series at the drive-in. Check out the options at rubicontheatre.org. A second musical drive-in bluegrass concert was scheduled mid-July by the Ventura Music Festival. See [www.ventura-](http://www.ventura-musicfestival.org)

[musicfestival.org](http://www.ventura-musicfestival.org) for details about other Ventura Music Festival events.

While supporting restaurants and musical events aligns more with individual or household support, the LV Pet Club decided to offer club support. The Pet Club initiated a fundraiser to support a Camarillo small business—Melissa Blackwell's Beach Dog Fun, specializing in small dog services. Doggie day care and boarding are two Beach Dog Fun services that many a Pet Club member and LV resident use.

Beach Dog Fun, initially designated as a non-essential business, closed for months and then reopened in May. The Pet Club makes and sells microwaveable cozies to donate monetary support to Beach Dog Fun, presenting Melissa with a \$1000 check as a start last month. Check out these cozies at www.lvpetchub.com for yourself or for gifts. Perhaps other clubs may want to consider a fundraiser for a business that aligns with their club's interests.

IN MEMORIAM

Joy Hess, V. 4

Ted Lansing, V. 3

Ernestine (Ernie) Petersen, V. 6

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PERSPECTIVES By Janey Rifkin

Surviving the pandemic, it's been half a year

It was spring – mid-March – we were mandated to “shelter in place” to be safe. The Covid-19 pandemic felt urgent, immediate, terrifying. The virus’s stronghold in the U.S. was all anyone could talk about; it filled the news channels -- actually wiping the airwaves clean of climate change.

Now, months in, the prolonged mix of stress, anxiety, isolation and disrupted routines has left many feeling drained. We see that global challenges have no national borders; a message reverberates that we’re only as safe as our most vulnerable people.

All our response measures

need to be based on science. It’s crucial that we continue to follow social-distancing guidelines, wear face masks, use disinfectant when and where advised, wash hands frequently, and stay home.

And we are a creative society. Within the boundaries, we connect the pieces and arrange safe social moments for family and friends. We control our little piece of the pandemic – and by now one-half year has gone by. Our stubborn optimism may help to inspire the end of the terrible health crisis and when the pandemic is over – we will assuredly go back to “surviving the climate crisis.”



CLUB NEWS

GRAPES R US WINE CLUB

By Linda Brown

Grapes R Us, the Leisure Village wine club is all about wine; Tasting, enjoying, learning and discussing. Pre-Covid we met monthly for a live tasting event led by a wine enthusiast. Since the shutdown of LV facilities we have not been able to hold that event. That did not stop Grapes R Us. Club president Max Copenhagen has been conducting virtual tasting utilizing the Zoom platform. These events have been a fun and unique way to stay in touch with the club members and share a little wine, conversation and spirited discussion.

Until we are able to get back to holding the live events, the online virtual tastings will be held monthly. You can still join the club and take part in the virtual, Drop a line to Janis at grapesruslvwineclub@gmail.com or call her at 805-910-9526.

MEN'S GOLF

By Joseph Benti

When you see members of the Men's Golf Club playing on Tuesdays, as the current restrictions allow (always subject to immediate change) they will be doing their best to observe the basic rules dictated by the limits being set and re-set to combat the Covid19 virus.

Under normal circumstances, players would show up as they wished before their assigned tee times at the Golf Shack in the Clubhouse building which, now, as part of the Recreation Center, the “Golf Shack” has also been closed.

However, thanks to Jeff Marguiles, members are being assigned their times and play that he assembles and schedules at home. Jeff then distributes the schedules to each member by email.

In its first test in mid-July, the system registered ninety-plus, eighteen and nine-hole players, most of whom

— Please See **Page 10**



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CLUB NEWS

From Page 8—

showed up and observed staggered arrival times and kept to the six feet “Social Distancing” limits.

On a related matter, Club President Robert Malinow observed that, outside the assigned club times on Tuesday and Wednesday mornings, the golf course is one of the few Village amenities that remain, “Access-

sible to all residents for their health, fitness and recreation.”

On a recent Tuesday morning, the lead-off foursome of the Men’s Golf Club was observed keeping its distance, “social distance,” that is, of at least six feet between players.

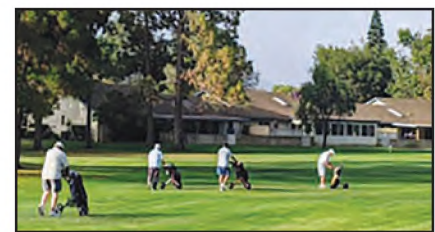


Photo by JOSEPH BENTI
Tuesday morning Foursome.

WOMEN’S GOLF

By Patti Crichton

We continue to enjoy our lovely golf course, albeit without any formal tournaments or golf meetings.

Please join many of our members on Wednesday mornings for some casual golf. Set up your own group or play with whoever is at the tee box looking for some players. Summer heat is on so 8-8:30am is a good time to meet.

Let’s make the most of this opportunity to practice our skills and benefit from some safe and social exercise.

I Miss Tasting My Food!

Does this sound familiar?
Want to TASTE your FOOD Again?



I can't taste properly...



I can taste again!

You're Not Alone!
If you wear dentures, you've probably noticed that your food just doesn't taste the same anymore.

Granted your ability to taste will change as the years go by. But if you're wearing denture(s), that thick layer of plastic covering your entire palate doesn't improve the situation – and the strange taste of adhesives you're using to keep your denture 'up and in' doesn't help either!

Generally speaking, it's the upper denture that tends to prevent someone from truly tasting their food.

When the roof of your mouth is covered, your food can't touch it. This lack of contact robs you of the 'eating experience'...

...and when you add your dentures' sticky goop into the equation, your ability to taste doesn't stand much of a chance.

If you have a friend who might be interested in this article/offer, please feel free to pass it along.

Many denture sufferers give up on taste. They simply move forward with the belief that tasting food is an experience that they've lost to their youth.

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Wouldn't it be nice to enjoy a crunchy apple, sink your teeth into a nice steak, or eat corn right off the cob again?

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■ 1st — Doug Demers
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A PINCH OF SALT By Larry Swartz



Photo by LARRY SWARTZ

Chinese-ish Shrimp & Broccoli.

Remembering what's on hand

Me: (sitting on the patio, reading my mindfulness book). "Between stimulus and response there is a space. In that space is our power to choose." Hmmm, That's pretty profound, I thought.

About that time my stomach growled. I'm hungry. I need to eat something. Me: (responding to myself) OK, good for you. What are you gonna do about it?

Me: "Eat," and then: "What?"

Me: I can't remember what's in the fridge. There was shrimp or chicken or something like that before the pandemic.

Me: Well, why don't you try to pull off one of your specialties and cook whatever is in there. You always seem to have some basics that fit the old food pyramid, squash, green veggie, potatoes, protein... ground turkey, fish of some kind, rice or other grain like quinoa, noodles, beans et al...

Me: Ok

Me: (in the kitchen) OK fridge, surprise me.

Veggie Drawer: look at me, look at me!!!! I got sweet onion, broccoli, a bit of shredded cabbage.

Small piece of yellow squash: (sobbing) What about little ole me?

Freezer: Hey, I got some pre-cooked frozen Chinese noodles and some frozen wild shrimp.

There was dinner! Yelling at me.

Quick word on shrimp: I refuse to buy anything but wild shrimp, it just has a better taste. And I remember that ALL shrimp is frozen even if it is thawed in the seafood case. So here we go.

Kinda Chinese Shrimp and Broccoli (serves 2)

- 7 medium wild shrimp in any state you got 'em
- 3" wide Broccoli crown cut into bite-size pieces
- 1 Broccoli stem, peeled, sliced and parboiled till tender
- 1/2 yellow squash; handful of Shredded cabbage
- Some 1/2" pieces of onion, maybe 20
- 1 package frozen Chinese style noodles (all grocery stores have them, ask the manager where they are)
- Cornstarch
- 1/2 cup chicken stock
- Roasted Sesame oil & Canola oil
- Crushed red pepper
- 1 clove finely chopped garlic
- Finely chopped fresh ginger if you got it
- Peanuts

With pan on medium heat, add 1 tablespoon each of roasted sesame oil and canola oil to cover sauce pan well. Add noodles to oil, warm and remove to service dish. Toss shrimp in cornstarch, more canola in the pan. Add raw broccoli, onion, cabbage; 4 minutes later, add shrimp, garlic, ginger and more oil if necessary. Toss. 4 minutes later add squash, broccoli stems, chopped red pepper to taste. Keep tossing. Add 1/2 cup chicken stock, a little low-sodium soy sauce. Keep stirring till all is done and thick sauce forms in pan. Pour over noodles and serve with cold sake or Sauvignon Blanc.

And just remember, you do have a choice...that lies in that space between stimulus and response.

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CLUB NEWS

WORKSHOP FOR WRITERS

By Pat Lagerstrom

Hooray! Thank goodness for all of the new technology that allows us to figure out how to share our stories and learn how to be better writers. Seven of us managed to communicate and get our stories to each other. Dan Turner read from his book "Unexpected Encounters" and shared his exciting adventures. Dr. Eric Leibovitch wrote about Valley Fever which turned out to be a lesson for most of us. I didn't know it lived in the soil. A poem beautifully recited by Mark Sconce reflecting on his time in Arizona was a hit. I enjoyed hearing these writings and look forward to the time we can physically gather together.

We hope our next meeting will be Wednesday August 26th at 2pm. Not sure how we will meet, but we will let you know. Bring your story to share

with us. We look forward to meeting you and hearing your written words.

For information please call Mark Sconce 805-586-4485 or Frank Seiden 805-437-6242.

PLAYER'S GUILD

By Stan Reshes

CORRECTION: The phone number to receive a refund for tickets to 'Carnival' is 805-388-8867. The number as shown in the previous issues of Inside Leisure Village was incorrect. The show has been postponed for the current year, but is scheduled to open April 2021.

Meanwhile, Players Guild is not sitting idle. President Joyce Belcher is working now with performers to present a musical revue to be televised on LV's Channel 1390. Watch for the announcement of the dates they will appear.

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CLUB NEWS

WOODSHOP

By Bud Bradley

Since we are not open, we are using a photo from August 2017 from the archives. This was submitted by one of our Volunteer Committee members, Zvi Ben Aharon, known to us as Bennie. He built this bed for his granddaughter.

We are all hoping that the shop will be available for repair work, soon. But until that time, be safe and don't sit on a three legged chair, unless it was designed that way.

We are accepting donations of used tools and equipment. Call Bob Sears 559-977-7481. Leave a message and we can arrange a pick up if you can't bring the materials to the woodshop. You can also email Bob at bobs425@gmail.com or Bud Bradley: hipbud2@gmail.com.



Photo by BUD BRADLEY

Beautiful bed that Bennie built for his granddaughter.

BILLIARD CLUB

By Patrick Price

Hi Billiard Club members and others. The Billiards Room was/is on the list of facilities to be reopened. Of course, this depends on the CDC advice to Leisure Village. A plan is in place. The most important part of this plan is that everyone wanting to use the Billiards Room has to sign a waiver before entering. Waivers are available in the area by the Fitness Center next to the pool. So, if you are in the area of the pool, sign a waiver then. If you have already signed a waiver for another facility use – golf, pool, fitness center, etc. that's all that's needed, one waiver to use all facilities (when open). There will be other requirements to be announced when it's time to reopen. Stay safe and healthy.


RACQUET CLUB

By Arnie Kremer

The tennis and pickleball/paddle tennis courts remain open for individual play. Players must have a signed COVID-19 LV Release Form on file. COVID-19 safety precautions while on and around the courts must be strictly adhered to. They include 6 foot minimum social distancing, use of masks and hand disinfectants where possible, and bring your own folding chairs if you can.

These are very important guidelines to keep the courts open at this time.

PHOTO CLUB WINNER – ASSIGNED CATEGORY



■ 1st — Gregg Gillmar | Look alike houses

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CLUB NEWS

LV PHOTO CLUB

By Chuck Morrow

The LV Photo Club is continuing to hold its virtual monthly photo competition meeting. This has been possible due to members' abilities to submit photo entries for evaluation via the internet and the additional efforts provided by club members. The Photo Club wishes to thank our judge, Steve Freidman, for evaluating the July photos submitted.

The theme for the July competition in the Assigned Category was "Architecture" and the first place winner was Gregg Gillmar. First-place winners in the other categories were: Frank DeSimone in the Open Category, Doug Demers in the Mobile Device Category and Penni Nussbaum in the Creative Category. "Reflections" is the theme for the August meeting.

Previously we would all be able to enjoy these winning photos on the hallway walls of the Rec Building. In addition to these winning photos, all entries submitted are now available to be viewed at <https://leisurevillage.smugmug.com/> then click on "2020 Galleries" until you get to the July photos, then explore.

A new feature has been added to

the Leisure Village SmugMug site. This feature includes the Photo Club's monthly theme, competition instructions, and club bylaws. Take a look and join us.

Questions: Contact Ken Lauchner at 805-491-2432 or ken.lauchner@roadrunner.com.

VILLAGE ARTS

By Patti Crichton

If you would like to reserve the Lanai room to work on your art, please call or text Patti Crichton at 805-760-7673.

The watercolor display from the Courtyard glass case has been transferred to a locked cupboard in the Lanai Room. If you wish to pick up your painting, please contact Patti Crichton.

On short notice, David Kiefer and Patti Crichton are displaying some of their art pieces in the glass case, including paintings, mixed media, and gourds.

Have you looked at our new Facebook page? Go to Village Arts-Leisure Village to see member posts.

President David Kiefer will continue to inform you of the latest Village Arts news via email.

Stay well and keep creating art!

PHOTO CLUB WINNER - CREATIVE CATEGORY

■ 1st — Penni Nussbaum
Celebrating the color purple



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DEADLINE for the next publication is Friday, August 14, 5pm.

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Experience over the past few years has taught us that we need to be ready for multiple potential scenarios, and the best time to prepare is before they happen. *Because September is National Disaster Preparedness Month, we have decided to do two months of articles to help you and your family evaluate and improve individual and household preparedness.*

Let's start with three fundamental preparation Ps:

Prepare:

- With your household members, discuss **how to prepare and respond to the types of emergencies that are the most likely to occur.** Among possibilities to consider based on recent events and history in our geographical region are:
 - Fires • Floods • Mudslides • Earthquakes • Civil unrest

Plan:

- What you and each member of your household will do in response to the specific disaster scenarios you have identified as possibilities.
- What to do if you're separated during an emergency.
- How to evacuate and what you'll take with you.
- Anticipate what you need to shelter in place for extended periods and have it on hand always.

Practice:

- Practice as many elements of your emergency plans as possible. The time to run through your plan is before a disaster. It is important to practice enough that, when it is time to execute your plan, doing so comes as automatically as possible.

We have put together links to emergency and disaster preparedness information. You can find them at the "Barlows Got Your Back" section of our website.

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