



VILLAGER PROFILE By Patty Ecker



Photo by BUD BRADLEY

This is just one of the dozens of protective gowns that Villagers Hemu & Mamata Kalle have made for the medical professionals treating COVID-19 patients in local hospitals.

Hemu Kalle bends over his dining room table which is covered with a roll of plastic trash bags, scissors, and patterns – a collage of PPE: personal protective equipment so necessary on the front lines of the battle against COVID-19. He and his wife Mamata have been making gowns and masks for Ventura County health workers for months. His back hurts sometimes, but the need for this medical gear is more important. They have made dozens over the past months, giving them to the Healthcare Foundation of Ventura County to distribute to local hospitals and other charities.

The Kalles say that “giving” was always part of their lives as they grew up in India – providing space for people who needed a place to stay, meals for those who were hungry. They came

They enjoy stepping up for others

to the U.S. as a young married couple in 1967, settled in Connecticut where Hemu worked for Xerox and then as an independent business and financial consultant, and they raised a son and a daughter. They relocated west to be near their now adult children and moved into the Village in 2006.

“Right away, a neighbor came by, said ‘Welcome’ and invited us in for a vegetarian soup dinner,” recalls Hemu, who smiles as he recalls the “giving” nature of Leisure Village. That neighbor also taught them to play bridge. Hemu and Mamata studied and practiced the card game so rigorously that they volunteered to run the Duplicate Bridge Game on Monday nights. He calls it “a good fit. For some, bridge games are their only social event. Making them happy

makes us happy.”

Helping Villagers stay strong has kept Mamata busy. For five years, she led the popular classes of “Bone Builders,” a university-based exercise regimen that is proven to strengthen aging bones. She’s also a member of the Ed & Rec Committee and a regular in the Tai Chi class. And during this quarantine, she sends out an email to her neighbors each Wednesday, asking if they need any groceries. Then she and Hemu mask up, each take a shopping cart, and fill the orders.

Hemu and Mamata say their activities underscore “what we’ve learned here in Leisure Village. Neighbors are like family. It’s all about attitude. We have choices here. Choosing to help others brings much satisfaction and joy to us.”

They keep 180 planted acres beautiful for us to enjoy

■ 7 crews, all with a purpose

By Jon Niemann

It is 7AM and Leisure Village is beginning to stir. A few bicycle riders are making the rounds, there are some early dog walkers and exercise seekers enjoying the calm of a new day. Along Los Pueblos Drive there are some vehicles arriving and parking just outside the LV west gate. Guys clad in their brilliant Lime Green shirts with the Camarillo Landscape Partners logo begin to climb out of the vehicles, lunch coolers in hand, hats, sunglasses, masks all ready to begin another day of grooming and caring for the landscaping that helps to make the Village so pleasant.

Rudy Aldana, a CLP lead has already been here preparing to give instructions, last minute changes



Left, mower operator Jorge heading out to his assignment. At right, Michael, Emelio, Marco, Brian and Oscar entering the ‘yard.’

and requests or direction from LV Association Landscape Superintendent, Mike Udem, to the 45+ men who will be walking through the gate and



Photos by Jon Niemann

into the “yard.” At the time of this writing Rudy is also going through a protocol of checking for possible Covid infections with questions and

a temperature-taking ritual. Mike Crawford, The LV Association mechanic, is busy checking and

— Please See **Page 6**

Paid Advertisement



Who Will Make Health Care Decisions For You If You Cannot Make Those Decisions Yourself?

A New Option in Our Community.

Imagine if the unimaginable were to happen. Who would you trust to make life-changing healthcare decisions for you in the event of an emergency?

The obvious answer for most seniors would be a spouse or child.

But what if you have neither? What if you've been widowed or never married? What if you are a senior without children? What if you are estranged from your children?

WHERE DO YOU TURN?

Solo Aging Solutions, LLC (SAS) provides informed and independent healthcare decision makers for those who wish to ensure that their desires will be enforced should they be unable to speak for themselves. The sole role of SAS is to make healthcare decisions for and at the direction of its clients. SAS does not manage money or any other aspect of its clients' affairs.

Our SAS Healthcare Agents are professionals who have been trained with our unique protocol, including an annual meeting with the client and the client's physician, designed to ensure each client's assigned agent is fully informed and updated on the client's ongoing healthcare issues.

SAS allows its clients peace of mind knowing their healthcare decisions will be made by a qualified, trusted individual who is familiar with them, their medical condition, and their healthcare wishes.

To learn more about SAS, please give us a call at **(805) 728-9800** or visit our website at **mysoloagingsolutions.com**. We are offering all services via video conferencing or telephone to meet the needs of our community during COVID-19.

Call during the month of September to schedule your FREE Consultation and get a \$150.00 discount, if you become a client

5743 Corsa Ave. Suite 208 Westlake Village, CA 91362



Editor's Musings

The simile of lighting in a bottle has always enchanted me. I can easily visualize, even feel the kinetic energy contained in the glass enclosure. A better simile for Patty Ecker is nuclear fission in bubble wrap. I have admired Patty since moving to Leisure Village at several of the various meetings. She seemed to be in every part of the room at once, involved and invested. We are truly blessed to have her as News Editor for ILV, I am blessed to be working with her.

In this issue I introduce Barbara Nichols and her husband Don Senior, they will be writing a column on wine that I hope you will find interesting and enlightening. In the near future we will be featuring articles that celebrate some history of Camarillo and history of the Village.

As I look to plan for the future of ILV I keep in mind the sought after and sound advice from stalwart Villagers along with voices of past and present leadership to bear in mind the evolution of community spirit. The spirit that guided and created the ethos that is Leisure Village. You have my commitment.

— Jon Niemann

ABOUT INSIDE LEISURE VILLAGE

Editor: Jon Niemann

News Editor: Patty Ecker

Clubs & Activities Editor: Coming Soon!

Staff Writers: Larry Swartz, Janey Rifkin, Barbara Nichols, Sharron Parker

Staff Photographers: Bud Bradley, Art Akkerman

Classified Ads: Barbara Crome

Contributors: Jean Lang, Patrick Moore, Cathy Michaels, Joseph Benti

HOW TO CONTACT US

Editor: Jon Niemann

insidveditor@gmail.com | 805-874-2324

Display advertising: Stacey Janson, Acorn Newspapers
805-484-1949 x303

Classified advertising: Barbara Crome
805-482-9097

Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

October Edition Deadlines

Classified ads: due Thursday, September 10. Club News, articles and letters: Friday, September 11 by 5:00 p.m. Display advertising is due Friday, September 18 by noon. Publication will be Friday, October 2. Send to insidveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

NEWS BITES By Patty Ecker

Important visitors this month **New annual passes are in effect**

Have you completed the 2020 US Census form and returned it either by mail or online? If not, there will be a knock on your door in the month of September announcing a visit from an official Census Taker who wants to make sure that you are counted in this important process which occurs only once every ten years.

The 2020 Census is different from those of the past because of the coronavirus. The Census Takers will not come into your home nor touch the door or you. They've been trained on social distancing and other safety procedures. They will have an ID badge with their photo on it, a laptop on which to record the data, and other materials – all clearly marked with the Census Bureau logo. And they will wear masks. If a resident is not home at the time of the visit, a notice will be left with information on how to respond.

The 2020 US Census information must be submitted by Sep-

tember 30. The enumerators (those men and women who are collecting the information) have a message for everyone not yet counted: "It's ten minutes for ten years."



Photo by BUD BRADLEY

Villager Bob Koster is part of the 2020 US Census Takers team contacting LV residents who have not yet returned their census forms.

Starting on September 1st, the new 2020-2021 Annual Guest Passes for regular visitors to Leisure Village are required. With these passes, the system has changed. LV Pass Holders now must show their valid drivers' licenses (the name and address on the license must match those submitted on the application) to Security at the Gates before they enter the Village.



Photo by JOSEPH BENTI

The old guest passes like this one are now just that: old and no longer useful.

These new rules grew out of the health concerns brought on by COVID-19. It will limit the contact Village residents have with Association employees when processing the applications. Further, it will enhance security when guests are using the pass privileges and assuring that the pass holders have a current drivers license and are the legitimate registered person on the Guest Pass application.

Pass Applications are available at the main gate and online at www.leisurevillage.org, click on "more," "forms," "annual guest pass application."

Please make sure your guests are aware of the new procedures and have their valid drivers license ready to show the gate attendant.

Voting changes coming to Leisure Village

2020 Election Day on Tuesday, November 3 will be a different experience for Villagers. No longer can they vote in person at the polling place in the AR. Those handy voting booths in LV's Rec Center—along with more than 300 other locations in Ventura County—will not be operating. According to the County Recorder, there will be only 47 polling places county-wide.

Because of the COVID-19 Pandemic, Ventura County election officials are looking for what they determine to be safe locations where people can vote in person with sufficient area for adequate social distancing and will announce them in early September. Election officers report that a polling place for Villagers will be "nearby."

All voters registered in Ventura County are encouraged to vote by mail. Ballots for the national and local elections should be received by residents by the first week of October, and local election officials

are urging voters to complete and return them promptly. An official Election Drop Box will be located in Leisure Village, so that residents who choose not to mail in their ballots can deposit them in the brightly colored receptacle which will likely be located in front of the Recreation Center. They can also drop off the completed ballot at any polling place in the County. A special website has been created so voters can track their ballots at wheresmyballot.sos.ca.gov.

In another Election change, those 47 polling places will be open for four days for those who want to cast their ballots in person or drop off their completed ones. The polls will be open on October 31st, November 1st and 2nd from 10:00 AM – 6:00 PM daily, as well as Tuesday, November 3rd from 7:00 AM – 8:00 PM.

Are you sure you are registered? Check that at <https://recorder.countyofventura.org/elections>.

KEEP PRESCRIPTION MEDICINES SAFE

Protect your family from getting your medicines that could be harmful to them.

Place your medicines in a secure location.

Count medications weekly.

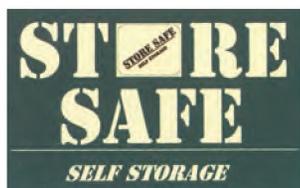
Talk about risks with family and friends.

Drop off unused or expired medicines. See www.venturacountyresponds.org for disposal bin locations.

VENTURA COUNTY BEHAVIORAL HEALTH
ALCOHOL & DRUG PROGRAMS



Climate Controlled Storage Units
RV/Vehicle Storage • Business Records Storage
Alarmed Storage • Moving Truck Available
Video-Monitored Security • Fire Sprinklers
Packing • Competitive Rates
Open 7 Days a Week



Storage Unit Sizes
 • 5x5 • 5x10
 • 10x10 • 10x15 • 10x20
 • 10x25 Drive-up • 10x30 Drive-up
 • RV & Boat Storage

Ask About our Specials!



805-482-7778
 241 Camarillo Ranch Road, Camarillo
 www.storesafeselfstorage.com

07/1/10

PINCH OF SALT

By Larry Swartz

Brain food

I remember reading an article once about this neuroscientist who had a few foods that he called his brain foods. I thought I must have some too, and I discovered I did. I have two...popcorn and sushi. I can make as much popcorn as I like, and I used to eat sushi on a regular basis. But it is something that I don't generally attempt as I think it is a special art and should be appreciated in the proper setting with the proper beverage. But, alas, I haven't had any for 7 months. So I went on the Food and Drug Administration website to read about salmon and tuna since they are the easiest fish to obtain here. I keep most of those ingredients for preparing Sushi on hand, anyway... Japanese rice, wasabi, rice vinegar, soya but not salmon. I called Whole Foods, my most trustworthy source.

Normally, if I am cooking salmon, I always get wild-caught to avoid harmful bacteria etc. that have become synonymous with farm-raised salmon. But things have changed a bit recently, and farmed Atlantic salmon off Vancouver Island, not South East Asia, seems to be the best due to Omega content and safe farming methods as well as fat content. My pound arrived and I followed the rules - immediately cutting off 1/2 pound from the thickest part and wrapping it up and freezing it for 9 days.

On August 6, I defrosted it and



Photo by LARRY SWARTZ

The art of sushi wasabi dab.

started the prep. Skin it, rinse it very gently in tepid filtered water, skin with a sharp boning knife, cut off some of the brown on the under belly and slice it into appx. 3/4" by 1 1/4" rectangles. Sushi chefs train for years just to make the rice but I was hungry so I just cooked 1/2 cup per instructions. I let it set to room temperature and mixed in about 3-4 tablespoons of rice vinegar with some added honey. You can use Sushi vinegar but I didn't want the sugar.

The rest is easy; take a palm full of rice, form it into an oval shape. Have a bowl of water handy to use to keep the rice from sticking to your hands. Put a smear of wasabi on the rice, top it with a piece of salmon and the pictures tell the rest of the story...well almost the rest. I've become a big fan of sake. It turns out it is less acidic to my system than wine, plus I love the flavors. I could write an entire page on the different types. But I'll just say that the best is called Junmai dia ginjo (drink it cold) and the one I like best you can buy in small bottles. It's called Kikusui. They have it at Whole Foods. Kampai!



Photo by LARRY SWARTZ

Sushi salmon heaven



Virtual Tours



Visiting an assisted living or memory care community in-person is essential for families as they select the highest quality of care for loved ones. We have two modified tour options during this temporary season of extra precautions:

- **Live Virtual Tour: Using FaceTime, WhatsApp, or other apps, we'll provide a live virtual tour of our community while answering questions and meeting our team**
- **Recorded Virtual Tour: If a family cannot be present on a live virtual tour, we also record a personalized tour and send via email or text for convenient viewing**

To schedule a virtual tour, call 805.375.0695

3499 Grande Vista Dr. | Thousand Oaks, CA 91320
SageMountainSeniorLiving.com

License #565802462

Landscaping

From **Page 1**—

preparing the various vehicles and tools that the gardening crew will use to perform their daily chores.

By 7:30 the yard is abuzz with activity. Vehicles are starting, maneuvering, rakes, shovels and other gardening tools are being carried to trucks. The din and the activity are like a dance. Everyone is moving with a purpose, each seems to know exactly what that purpose is for the day and all are focused on the task ahead. Soon after the prep in the yard is finished, the “parade” begins,



Photo by JON NIEMANN

Camarillo Landscape Partners irrigation crewman Joseph.

vehicles headed for their target neighborhoods to begin another work day.

There are 7 crews. Edging and Cleanup (blowers), Mowing, Pruning, Irrigation, Golf Course, Spray and Replant. Each crew has a specific set of duties and follows a schedule set by Mike Udem. Being on the Mowing Crew is a somewhat “premium” job. The machines are complex to operate and difficult on the back. The Golf Course crew is somewhat elite with specific duties; A bit more focus is required like hand-watering to maintain the greens. The Pruning Crew works the village in a leapfrog pattern with a schedule that is staggering. The irrigation crew has miles of lines to manage to keep the water flowing and flowing correctly. The other crew jobs are more clearly defined and routine though equally important to the overall goal.

When asked how the crews like their jobs Rudy waves his arm toward the men setting up for the day. “Look at them”, he says, “The majority of them are very happy to be here. They are working outdoors, which they love, and are in a beautiful environment all day. They really care about this place.”

It shows.

PHOTO CLUB WINNER – MOBILE CATEGORY



■ 1st — Gregg Gillmar/ Victoria Falls

IN MEMORIAM

Jerry Chudacoff, V. 25
Anthony Ferraro, V. 14

To submit a memoriam, call Loretta Reshes, 805-388-7116

Paid Political Advertisement





INDEPENDENT • POSITIVE • LEADERSHIP

Running for a second and final term.

Endorsed by

- **Geoff Dean, Ventura County Sheriff (Retired)**
- **Ventura County Deputy Sheriffs’ Association**
- **Assemblymember Jacqui Irwin**



Remember to
vote-by-mail before
November 3rd!



Opened Up
City Hall,
Public Outreach



Refocused
Economic
Development



New
Infrastructure
Improvements



Authored Successful
Term Limits
Measure

TonyTrembley.com • Tony@TonyTrembley.com

Paid for by Trembley for City Council 2020 - District 4, ID# 1428021

09LV16S



FREE ZOOM CLASSES

“Fitness for Parkinson’s”

10AM EVERY FRIDAY

Zoom in, work out—all from the safety of home!

Gym’s closed? No problem! The Reserve is now partnering with Westlake Parkinson’s Support Group to deliver personalized fitness classes over Zoom, so you can stay fit while you stay safe. Join us online every Friday at 10 am and follow along with the MBK Fitness team from home.

Classes are FREE

Classes are designed for those fighting Parkinson’s Disease, but anyone can attend and get the benefits of a great workout—at NO COST!

Joining is easy

Just contact The Reserve to sign a waiver and pick up your equipment. Then join us on Zoom!

*Summer
Move-In Special*

**Save up to
\$5900**

A Variety of Floor Plans
Available NOW!

*Based on availability and select locations only. Other restrictions may apply.



The Reserve
at Thousand Oaks
MBK SENIOR LIVING

(805) 244-8460 • TheReserve@mbk.com

3575 N. Moorpark Rd., Thousand Oaks, CA 91360
PREMIER ASSISTED LIVING

1 FREE Roll of Tape
with any purchase over \$49

Must present coupon. Coupons/discounts cannot be combined. Valid through 9-30-2020.

10% OFF
Packing/Moving/Shipping Supplies

Must present coupon. Coupons/discounts cannot be combined. Valid through 9-30-2020.



FREE Delivery to Leisure Village residents!

CC Industries is a new company in Camarillo specializing in Packing, Moving & Shipping Supplies.

Visit us at ccindustries85.com or call 805-312-3547

ESTATE PLANNING

- Wills • Trusts • Elder Care
- Special Needs & MediCal Planning
- Durable Power of Attorney
- Advanced Health Care Directives
- Free Book Available for Dementia Caregivers and Planning for 2nd Half of Life





Terri Hilliard, PC
ESTATE, ELDER AND SPECIAL NEEDS LAW

Call today for your complimentary consultation! 805-201-2552
Video and Teleconference Appointments Available
www.terrihilliard.com • clientservices@terrihilliard.com

ABOUT REAL ESTATE By Sharron Parker

Leisure Village homes are in high demand

With the current health crisis situation in a state of flux and with a shutdown of the economy back in March, we saw a steep two-month decline in the number of houses that went into contract. Starting in May, however, that number has increased dramatically. This jump means buyers are back in the market and purchasing homes right now. In fact the real estate market is now a Seller's Market with record-low number of homes for sale. Typically in the Village we have an average of 30 homes for sale. We currently have approximately a dozen.

Lawrence Yun, Chief Economist at NAR mentioned: "This has been a spectacular recovery for contract signings and goes to show the resiliency of American consumers and their evergreen desire for homeownership... This bounce back also speaks to how the housing sector could lead the way for a broader economic recovery."

But in order to continue with this trend, we need more houses for sale on the market. Yun continues: "More listings are continuously appearing as the economy reopens, helping with inventory choices. The lack of overall inventory is still a challenge, and it is creating an opportunity for homeowners who are ready to sell. During the last 12 months, the supply of homes for sale has been decreasing year-over-year and is not keeping up with the demand from homebuyers. There are multiple offer situations and homes are selling at or over asking price.

If you have decided not to sell due to the health crisis, maybe it's time to reconsider that decision while buyers are actively looking for homes. Reach out to a local real estate professional to determine your best move forward.



Foot & Ankle
CONCEPTS, INC.
YOUR FEET ARE IN GOOD HANDS

805-484-1333

3901 Las Posas Road, Suite 204 | footsurgeon.com

Your Experts For All Your Foot Care Needs



Brayton Campbell, DPM • Todd Matthews, DPM
Nasim Kalhor, DPM • Andrew Langroudi, DPM • L. Mae Chandler, DPM

Camarillo | Oxnard | Ventura
Santa Barbara | Westlake Village

Most Insurances Accepted





We Treat Your Prostate Cancer.



We Support Your Strength.

If you or a loved one has prostate cancer, it's important to know all your treatment options. Our cancer care team will design a personalized radiation therapy plan that targets cancer cells while preserving healthy tissue.

The latest cancer technology currently used at UCLA – 6D Robotic SBRT Cancer Treatment – is available for patients right here in Ventura County.

Make an appointment with our cancer support team today.

OXNARD CENTER ■ 805-988-2657

CAMARILLO CENTER ■ 805-484-1919

www.rocvc.com

The cancer care team you can trust.



Timothy A. O'Connor, M.D.



Henry Z. Montes, M.D.

Se habla Español.

091LV003

PERSPECTIVES

By Janey Rifkin

COVID surges keep patients from crucial treatments and health management

Patient anxiety over the fear of contracting Covid-19 infection is keeping patients with pre-existing conditions at home. Patients have cancelled appointments with their physicians, disregarding the necessity for medical management of such chronic conditions as diabetes, heart disease, even preventive care such as vaccinations. Cardiology doctors in this county experienced the stoppage in diagnostic work – as the heart patients attempted to deal with their health issues at home.

“Stop medical distancing” has become the battle cry! In response to negligence of patients, Michael Seiden, president of the U.S. Oncology Network, indicated the delay-delay-delay posture among men and women, thus hoping to avoid the risk of infection of

the new coronavirus, was evident throughout the country.

“There is a concern that tumors in an early stage today will be in a more advanced stage next year,” stated the good doctor. The CDC published a report that found a subsequent number of cardiology patients who declined emergency-room trips for strokes and heart attacks since the start of the pandemic. And that explained an increase in deaths at home, not caused by Covid-19. (CDC report).

Many physicians offer telehealth visits during the pandemic. They have changed their practice protocols to eliminate shared waiting areas, and enhance cleaning to minimize the risk of infection. Just as patients wear face masks, so do the medical personnel and staff.



Meryll Russell, Broker
805-405-0411
CalBRE #01435748

Sharron Parker, Realtor
805-443-1998
CalBRE #00900167

5-Star Zillow Reviews

Helped 500+ LV Clients Past 20 Years

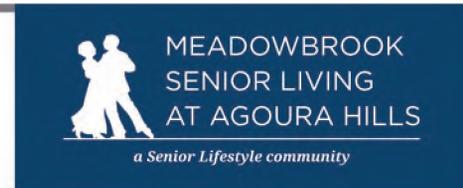
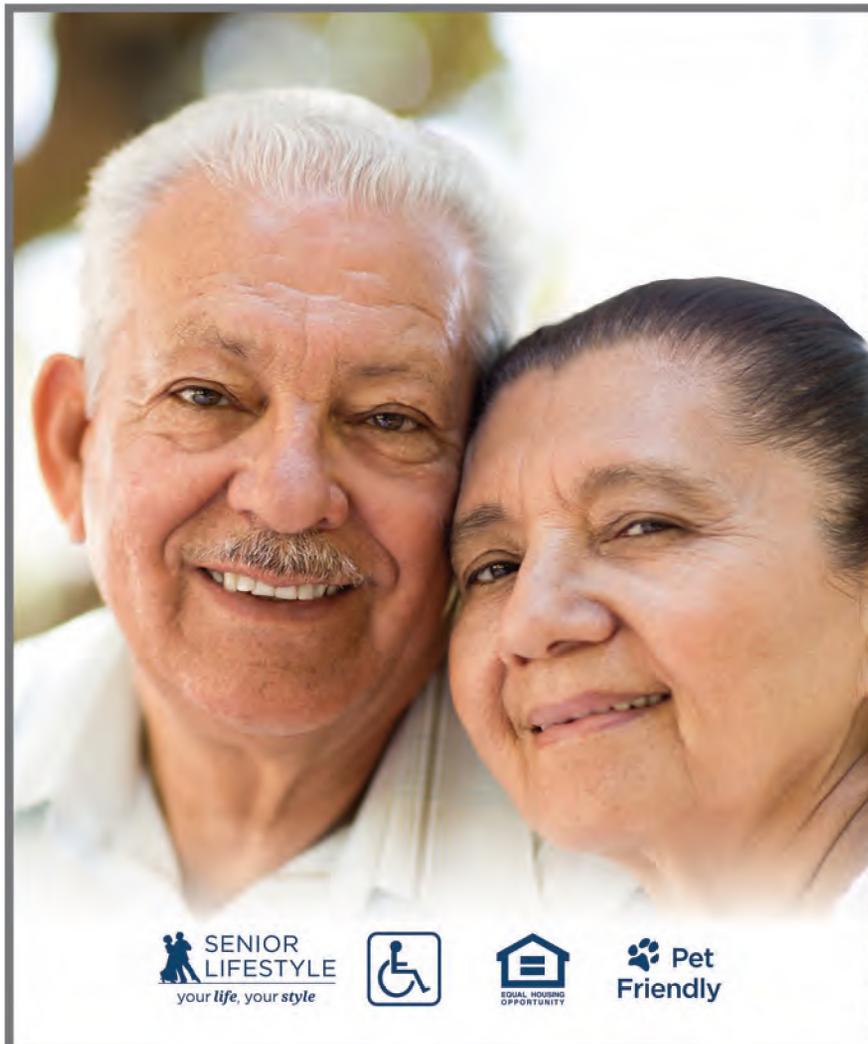
Internet Marketing-Social Media

Complimentary Accent Staging

FREE No-Obligation Home Valuation

www.ILoveLeisureVillage.com

05LV301S



How does healthy, safe and connected sound?

Compared to the DIY alternative, where the daily routine can become a challenge for you and your family, our plan for assisted living and memory care includes exceptional dining, 24/7 security, home maintenance, wellness programs, friendship and adventure. Every resident can eat well, stay safe and engage in a fun and fulfilling life.

Start a conversation personalized to you and your loved one's needs. Call **818-514-0308**.

5217 Chesebro Road | Agoura Hills, CA 91301
Assisted Living | Memory Care | License #197608878

WWW.SENIORLIFESTYLE.COM

09LV08K

A WORD ON WINE By Barbara & Don

Recently we went to an intriguing wine tasting at a friend's home. We had five pinot noir wines from three regions: Russian River, Santa Ynez in California and Willamette Valley in Oregon. This included three wines from the same Russian River winery - two single vineyard bottlings and a blended wine made from all estate vineyards. It's no secret that pinot noir is "old" and French and that's it's a finicky grape.

What we discovered is pinot noir can't hide where it grows. From the same Russian River winery, we compared wine from a steep hillside vineyard with limited sun to another from a vineyard on the valley floor with full sun. Literally grown within sight of each other, these two wines seemed like brothers, but hardly twins. The hillside vines produced a deep color with a subtle nose, and the sunny vines produced a wine that was more translucent and more easily gave up its aroma.

Next we sampled the estate blended wine and found it to be distinctly different from the single vineyard wines, but having the same family resemblance.

We moved on to a pinot noir from the Santa Ynez valley. Wow! What a difference! The wine was full of berry flavor with a fruit forward aroma, probably owing to the higher daytime temperatures of summers in Santa Ynez.

Finally we sampled a pinot noir from the Willamette Valley in Oregon, where the climate most closely mimics the French Burgundian region. The Willamette Valley has coolish summer days, influenced by ocean breezes that push through gaps in the coastal range. True to its region, it had a rich red hue, great translucence and was a mouthful of flavor. All the wines were wonderful, and we had a great evening comparing them back and forth. It's hard to beat sharing good wine with friends.

Progress on bringing the golf course up to par

By Joseph Benti

LV Men's Golf Club President Robert Malinow recently gave a progress report to his Board of Directors including the fact that Leisure Village Landscape Management has been making progress on improving the golf course. Here are some highlights: in addition to new trees already planted along the course, another forty are scheduled to be planted throughout the rest of the year; Landscape Superintendent Mike Udem's four groundskeepers have been improving the tee boxes, weeding and improving the sand traps and the greens and generally improving the fairways and overall ambiance of the course. Ma-

linow repeated his reminder to all golfers, whether or not they are in either of the two clubs to enjoy the course and to report those who abuse the various greens, especially those few who have been treating some of the tees as if they were driving ranges—the damage they do affects all golfers.



Photo by JON NIEMANN

Rogelio hand watering the putting green.

LETTER TO THE EDITOR

A heartfelt thank you to all who sent cards, flowers and texts, made donations in Ted's memory, and for your time visiting by phone. Your wonderful support is so very much appreciated.

—Hanna Huber Lansing and family, Village 3

This is a Good Time to Sell!

Give us a call if you are considering selling your Leisure Village home.

Stay safe and healthy!

John Baker
805-233-1525
johnbakerhomes@gmail.com

Shawn Baker
805-233-1725
shawnbakerhomes@gmail.com



John & Shawn
BAKER REAL ESTATE TEAM
LIC #01804388 LIC #01945168
REALTORS® & Leisure Village Residents

JohnandShawnHomes.com
350 N. Lantana G-1, Camarillo



BERKSHIRE HATHAWAY
HomeServices
California Realty

09LV09S

Kristie Jo's Love COMFORT AND CARE LLC

- State Certified HCA Caregivers
- 24 Hour Full Caregiving Services Available
- Companionship
- ROM Exercise, Walking Supervision
- Transportation & Laundry Services
- Bathing/Hygiene Assistance
- Medication Reminders
- Meal Preparations & Light Housekeeping
- Doctor Visits & Errands

Excellent communication with client & family

35 Years
Experience
of Caregiving and Companionship

STATE LICENSED, BONDED & INSURED
Certified: HCA • CPR

Ventura County 805-424-1140
Santa Clarita 661-347-0800
Santa Monica 424-323-3395

KristieJosCareGiving.com



09LV04S

Honesty & Integrity
24/7
Al Fox is Here!



Leisure Village Residents
AL FOX
REALTY
Santa Rosa Plaza

CINDY & AL FOX
#00684953 Realtor #00570029 Broker
805-987-4369 | 805-987-4-FOX
alfoxrealty@gmail.com
5800 Santa Rosa Rd. #126
in the Santa Rosa Plaza

FOR SALE

Amalfi \$510,000
Private location.

Bel Air \$179,500
Office In ESCROW Exclusive.

El Dorado \$499,000
Updated throughout.

El Dorado \$509,900
Green In ESCROW Updated kitchen.

La Jolla \$175,000
Updated & upgraded throughout.

SOLD

Amalfi	\$542,500
Amalfi	\$425,000
Balboa	\$240,000
Brentwood	\$352,500
Bel Air	\$480,000
Coronado	\$565,000
Coronado	\$475,000
Coronado	\$470,000
Del Mar	\$395,000
Del Mar	\$382,500
El Dorado	\$519,000
El Dorado	\$499,000
El Dorado	\$419,000
Holmby	\$450,000
Valencia	\$660,000
Valencia	\$645,000

RENTAL
Coronado II \$2300

CALL FOR FREE HOME EVALUATION

SAVE MONEY & SAVE YOUR BUYER MONEY
CALL ABOUT OUR 4% SOLUTIONS

SALES
PROPERTY MANAGEMENT
RENTALS - NOTARY

08LV165

CLUB NEWS

PLAYER'S GUILD

By Stan Reshes

We know a vaccine to counter the Coronavirus will be discovered soon, and Players Guild will immediately be ready to resume their monthly productions to entertain our Leisure Villagers with comedy, drama, and musicals. Entertainer's

Night, Folk songs (Paul Newman and Irv Feiles), Readers Theater (Judy Blake), Acting Class (Helene Cohen), comedy camp; drama excerpts (Diane Carroll), just to name a few of what's in store. Players Guild is also offering Vera Bradley handbags for sale as a fundraiser. Some are brand new. Contact Sandy at 805-795-3445.

VILLAGE ARTS

By Patti Crichton

The Lanai Room reservation option for Village Arts members has been suspended for now. Opening the Lanai Room for use could happen again, depending on the situation. President David Kiefer will advise members by email of any updates. I know we are missing our social connections that go along with creating art. Let's continue to think of ideas for future art projects and ways to produce some art that we are able to do at home. We are looking forward to sharing our work again and supporting each other in our creative endeavors.



Happy Fall to All
From America's Choice in Homecare

(805) 383 6483
Lic. # HCO#564700022

Visiting Angels
LIVING ASSISTANCE SERVICES

08LV046

LV PHOTO CLUB

By Chuck Murrow

The LV Photo Club is continuing to hold its virtual monthly photo competition meeting. This has been possible due to the ability to submit photo entries for evaluation via the internet and the additional efforts provided by club members. The Photo Club wishes to thank our judge, John Mueller, @ <https://johnbmueller.com> for evaluating the August photos submitted.

The theme for the August competition in the Assigned Category was "Reflections," and the first-place winner was Bill Margulies with "Sierra Reflections." First-place winners in the other categories were: Bob Pinchak in the Open Category, Gregg Gillmar in the Mobile Device Category, and Doug Demers in the Creative Category. "Landscapes" is the theme for September.

Previously we would all be able to enjoy these winning photos on the hallway walls of the Rec Building. In addition to these winning photos, all entries submitted are now available to be viewed at <https://leisurevillage.smugmug.com/2020>. Then click on

— Please See **Page 13**



Ventura Orthopedics Welcomes
J. Ryan Quinn, MD
Orthopedic Surgeon
Hip & Knee Reconstruction

Specialties Include:
Anterior & Posterior Hip Replacement • Knee Replacement
Robotic Hip & Knee Replacement • Hip & Knee Revision

Appointments Available At:

Oxnard 2221 Wankel Way Oxnard CA 93030 805.988.9366	Camarillo 3901 Las Posas Rd Ste 4 Camarillo CA 93010 805.585.5166
---	---

AAOS AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS
Ventura Orthopedics venturaortho.com
AAHKS AMERICAN ASSOCIATION OF HIP AND KNEE SURGEONS

Get Back In The Game.

08LV131

CLUB NEWS

Photo club

From Page 12 —

the month you're interested in, then explore.

The smugmug site also includes the Photo Club's monthly theme, competition instructions, and club bylaws. Take a look and join us. Questions: Contact Ken Lauchner at 805-491-2432 or ken.lauchner@roadrunner.com.

entering. Use will be limited to 3 socially distanced tables – 2, 4 and 7 – with a maximum of two people at a table. Masks must be worn. Play will be by reservation made the day before. The complete BR reopening plan will be revealed when, at the discretion of LVA, the reopening takes place.

ACTIVE SENIORS

By Lee Edwards

BILLIARD CLUB

By Patrick Price

At this time, LVA is not reopening any more facilities. When the Billiards Room is reopened, there will be some familiar Covid rules in place. Just to prepare, here are some of the requirements. Most important to the reopening is that everyone wanting to use the Billiards Room has to sign a Covid waiver before

Unfortunately it will be a long time before we can meet again as a group for our monthly dinners at Ottavio's. In the meantime there are several restaurants in Camarillo who offer outdoor Luncheon. Of course we cannot meet as a group right now but two or three of us could certainly meet for lunch, and I would really enjoy that. It would be nice to get out of the house. Call me if this idea interests you. My number is 805-484-3289. Thank you.

Let's TACO About Alzheimer's

DRIVE-THRU FUNDRAISER DINNER EVENT

Saturday, September 5th, 2020
4:00 - 7:00 pm

Sponsored by
Realtor, Ruben Gallardo

REALTY EXECUTIVES

alzheimer's association
Proceeds go to the Alzheimer's Association

ENJOY LIVE MARIACHI MUSIC WHILE YOU WAIT AND PURCHASE RAFFLE TICKETS FOR YOUR CHANCE TO WIN AMAZING PRIZES! BRING CASH!!

EACH MEAL INCLUDES:
3 Chicken or 3 Carne Asada Tacos + Rice & Beans, Soda, Churro
\$15 for Adults | \$10 for children 12 & under (2 tacos) | Cash or Check

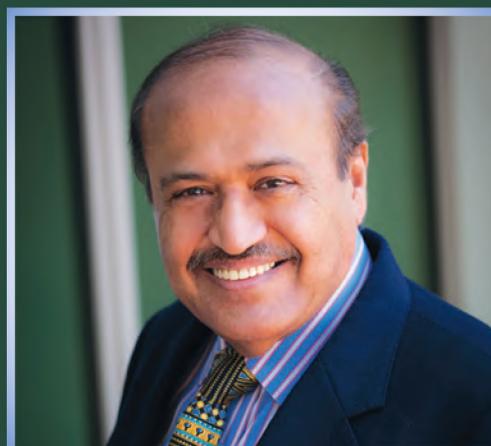
For more information call 805.388.5277

ALMAVIA of CAMARILLO
an ELDER CARE ALLIANCE community

2500 Ponderosa Drive North, Camarillo

RCFE Lic #565800682

IRS PROBLEMS! CALL NOW FOR FREE CONSULTATION



CLIENT TESTIMONIALS

“... We regained our piece of mind”
“...Kash saved our marriage”
“...I can sleep peacefully now”
“... We strongly recommend Kash Chandani CPA”

Former IRS Agent
With Over 35 Years of Experience

- Settle Back Tax Debt
- Offer In Compromise
- Installment Agreements
- Audit Representation
- Stop IRS Levy & Seizure
- End Wage Garnishment
- Innocent Spouse
- Tax Preparation & Expert Advice



1-800-LESS-4-IRS
1-800-537-7447

WWW.LESS4IRS.COM

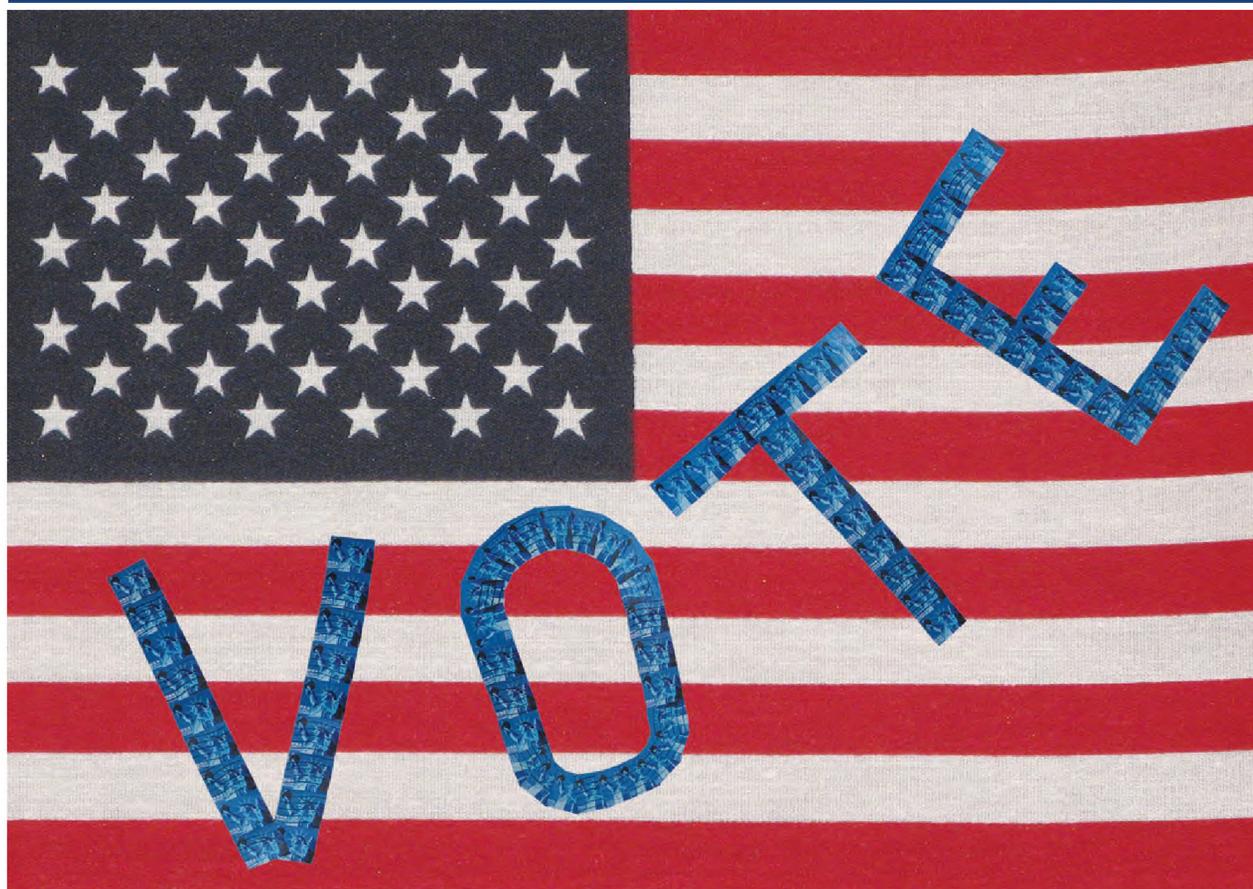
Visit our website for client testimonials.

2815 Townsgate Rd. Suite 335
Westlake Village

“We Can Help! Don't ignore the IRS, they will not go away.”

07LV031

PHOTO CLUB WINNER – CREATIVE CATEGORY



■ 1st — Doug Demers / It's Important

CLUB NEWS

MEN'S GOLF

By Joseph Benti

Congratulations to the handful of Club Members who scored high in play outside with the Olivas Links Men's Club. Two of our guys came in first in their flights: Walt Wilson and John Palmer; and four additional Village Golfers were in the money in their flights: Max Chopra, Norm Chapman, Dave Bengston and Jay Balter.

Tee'd off - Divots can impair the start of any golf shot. Golfers, club members or not, should follow the course rules: use a tee (wooden!) and consider the time and expense all of us pay for the repairs. No resident should use any tee box as if it is a private driving range.



Photo by JOSEPH BENTI

TREMBLAY
FINANCIAL SERVICES
— SINCE 1997 —

“There can be no friendship without confidence, and no confidence without integrity.”

—Samuel Johnson



Tim and Marcia Tremblay

3902 State Street, Suite 101
Santa Barbara, CA 93105

32129 Lindero Canyon Rd., Suite 107
Westlake Village, CA 91361

805.569.1982

HOURS: 7am–4 pm
Monday–Friday, or by appointment



ACCOUNTS AVAILABLE

If you are interested in an account not listed below, please contact us for specific details. Also, with some types of accounts, we offer check writing privileges, a debit card, and online access to your account upon request.

- RETAIL —Cash —Margin
- IRA —Individual —Roth —Individual (k)
- CORPORATE RETIREMENT PLAN —401 (k) —403 (b) —Simple IRA —SEP IRA —Defined Benefit —Profit Sharing —Money Purchase
- NON-PROFIT
- TRUST MANAGEMENT
- THIRD PARTY MANAGEMENT
- 529 COLLEGE SAVINGS PLAN

Tim Tremblay offers securities and advisory services through Centaurus Financial, Inc. Member FINRA and SIPC. A Registered Investment Advisor. Tremblay Financial Services and Centaurus Financial, Inc., are not affiliated.

Please check our website for upcoming Seminars • www.tremblayfinancial.com

CLUB NEWS

AMATEUR RADIO CLUB

By Jonathan Fox

The LV Amateur Radio Club held its first ever virtual meeting this past month via Zoom. Members were glad to get together even though it was on a computer screen. Our last regular meeting was held in March so there was a lot to catch up on. We increased the number of confirmed country radio contacts from 116 to 121. We added Aland Islands, Guyana, Montenegro, Tunisia and Luxembourg to our list. Members also shared what new projects they have been working on to keep busy during the pandemic. Some even attended a virtual ham radio convention that had guest speakers for the technical sessions and equipment manufacturers were gathered in the virtual exhibit hall.

Our next meeting will be held virtually on Wednesday, October 14th at 2pm. If you would like to attend, just drop an email to Jonathan Fox at KT6LA@yahoo.com.

WRITERS CLUB

By Harvey Brosler

WRITE-PRESENT-PARTICIPATE-ENJOY-LEARN.

A main purpose of the Club is to share memories of our lives, the lives of our family, and our opinions on different topics. Writers Club meetings are held every Monday at 1 p.m. in the MPR when the Recreation

Center is open. We do not critique the words. We are interested in what each resident has to present. Residents may write on any topic, fiction or nonfiction, or use the Suggested Topic for that day. Due to the Center being closed, members have been writing articles and poems and sending them to the other members by e-mail who may provide comments on the subject matter. We are a closely knit group. We miss being physically together, making presentations and exchanging ideas, and look forward to this virus crisis being over so that we can safely personally meet again.

Contacts: Larry Kalisher 805-465-0042 larry.kalisher@gmail.com, or Harvey Brosler 805-465-0006 hsbros@roadrunner.com

PHOTO CLUB WINNER - OPEN CATEGORY



■ 1st Bob Pinchak/Looking up

AdvantagePlusCaregivers.com®

During the pandemic, we can safely shop for groceries, put them away & prepare a meal – ask for our 2 to 4 hour Food & Meal Package.



Helena Mossembekker, CFO
Melanie Farber, CEO, CSA

Elderly, Rehab, Disabled

We're All About the Care!

805-322-8822

CA License #564700019



Locally Owned/Managed by Geriatric Care Managers • Over 25 years Experience!

- Home Care Aides/Companions
- CNA, CHHA
- 24 Hour Coverage by the Hour or Shift
- CA Licensed - All Caregivers State Registered

- Worker Comp/Long Term Care Insurance Accepted
- Transitional Care Team
- Hospital to Home

CSA
Society of Certified Senior Advisors™

Looking for affordable dental coverage? No dental insurance?

We've got you covered!
Charles E. Scholler, D.D.S. is now offering our very own dental membership plans.

So, stop paying out of pocket and get the smile you want with the affordable and comprehensive coverage you need. Call our office today at 805.386.3199 to learn more and sign up for our new membership plan!

Child Complete (13 & under)	Adult Complete	Perio
<ul style="list-style-type: none"> ✓ 2 Professional cleanings ✓ 2 Regular exams ✓ 1 Fluoride treatment ✓ Routine x-rays ✓ 1 Emergency exam 	<ul style="list-style-type: none"> ✓ 2 Professional cleanings ✓ 2 Regular exams ✓ 2 Oral screenings ✓ Routine x-rays ✓ 1 Emergency exam 	<ul style="list-style-type: none"> ✓ 3 Perio maintenance ✓ 2 Regular exams ✓ 2 Oral screenings ✓ Routine x-rays ✓ 1 Emergency exam

For more information, visit: www.drscholler.com

Charles E. Scholler, DDS
3265 Somis Road, Somis • 805-386-3199

Is your retirement protected from a falling dollar?
Will overprinting and debt crash the US dollar?
Could desperate politicians nationalize IRAs & 401 (k)s?
China is moving to crypto currency. Will US be next?
Could a market crash devastate your retirement plans?
Does Wall Street care about you?

PROTECT YOUR FINANCES! OWN GOLD! (805) 601-6000



Second-generation, veteran-owned precious metals dealer.
Fair pricing. Personal service. Come see us today.

100 E Thousand Oaks Blvd. #157, Thousand Oaks, CA 91360

CLUB NEWS

WOMEN'S GOLF

By Patti Crichton

Our golf course is a gem in the midst of the Village. Women's golf members continue to meet on Wednesday mornings for informal rounds and some friendly competition. It is a great time to practice, get some exercise, and enjoy the scenery. Social distancing restrictions are still in place.

WORKSHOP FOR WRITERS

By Pat Lagerstrom

This year has provided writers with a worrisome topic to write about. The virus has invaded the whole world. It has had an effect on everyone, and reactions differ from person to person. I have observed some: In Leisure Village, baking is on the rise. Interior decorating is underway. Garages are being cleaned

up, and "stuff" hauled away. It seems we are taking care of the projects we had planned to do last year.

Villagers, now is your chance to write your story and share it with the Workshop For Writers. Go now, sit down at your computer and write about the effects the virus has had on you and yours. If you don't like that topic, pick another one you like better. We look forward to meeting you and hope to share your stories and ours. Not sure of method or place, but it will work out, and we will let you know. For information, please call Mark Sconce 805-586-4485 or Frank Seiden 805-437-6242.

GRAPES R US WINE CLUB

By Linda Brown

Grapes R Us, the Leisure Village wine club is all about wine; Tasting, enjoying, learning and discussing. Since the shutdown of LV facilities,

we have not been able to hold our monthly wine event. We meet virtually through Zoom, have a themed tasting and have been able to stay in touch with the club members and share a little wine, conversation and spirited discussion.

You can still join the club and take part in the virtual tastings, Drop a line to Janis at grapesruslvwineclub@gmail.com or call her at 805-910-9526.

WOODSHOP

By Bud Bradley

This month's photo is the start of a family heirloom. The cedar lined box was crafted by Richard Delgiorno. He is one of our managing committee members. It was his first attempt at a very detailed item, and is beautifully done. He built this blanket box for his granddaughter.



Photo by BUD BRADLEY

Richard's blanket box.



Handyman & Son
Helping people in Camarillo since 1990

CARPENTRY	PLUMBING	ELECTRICAL
Doors • Screens Fences • Drywall Rain Gutters • Cabinets Closet Systems	Water Heaters Faucets • Disposals Toilets • Sprinklers Pressure Regulators	Switches • Lights Attic & Ceiling Fans Plugs • Sensor Lights Circuit Breakers

Custom Tile Installation and Repair
Bathrooms • Kitchens • Floors
ONE CALL - WE FIX IT ALL

Office: 805-384-1981

24 Hour Message Center: 805-359-1621

We Specialize in Quality and Service

FREE ESTIMATES

NO JOB TOO SMALL

Hauling, Dumping & Yard Clean Up

09LV308S

Struggling with poor physician communication?

Try someone new...



Dr. Michael Jamison M.D., FACC

Expert in Internal Medicine & Cardiology with personal care

3901 Las Posas Road, Ste. 100 Camarillo

805-388-0080

08LV01S

CLUB NEWS

SHOWTYME

By Jennifer Stein

Showtyme Presents...Bill A. Jones and his tribute to the Big Band Play Book. Showtyme is bringing back all your favorite Showtyme performances. We are stepping outside of our 2nd Friday of the month live performances in the AR and bringing them to you in the comfort of your own home. It's our way of saying thank you for supporting Showtyme for 24+ years. So, grab your favorite snacks and drinks and pick that comfy chair you like so much and tune in to channel 1390 on your TV. It's all happening on Sat. & Sun. September 19 & 20. Don't worry, you have 3 times to watch it on both days...10am, 3pm & 8pm.

Showtyme will be airing performances each month until the AR doors are reopened again.

Please contact me and let me know one of your favorite shows you would like to see on 1390.

You can drop me a little line at jennifer2destiny@yahoo.com.

From All of Us at Showtyme... Please be well & Take care!

RACQUET CLUB

By Arnie Kremer

All Racquet Club functions, meetings and tournaments are still on hold. The tennis and pickleball/paddle tennis courts are still open and available for individual play. For your safety and the safety of LV Residents the following rules need to be observed during this time.

Only LV Residents and Racquet Club members may use the courts. No visitors or guests may use or be around the courts. Social Distancing Guidelines of 6 feet minimum observed at all times. Face masks must now be worn while playing. A signed LV Covid-19 Release Form must be on file to play. We have a large bottle of Disinfectant now available at the courts. Most folks now bring their own folding chairs to observe between matches.

PODIATRY & FOOT CARE HOUSECALLS!!!

Bridget Tester, DPM

562-260-3535

bridgettester@hotmail.com

Fax: 805-418-7090

Medicare Accepted!



02LV302S

W.H. CONSTRUCTION

- Kitchen & Bathroom Remodeling
- Acoustic ceiling removal/Texture
- Wood & Laminate Flooring
- Windows & Doors
- Room Additions

- Electrical
- Plumbing
- Tile
- Painting
- Drywall



Leisure Village Discounts
Call NOW for details!

11LV313S

805-485-9662 • 805-469-4629

Lic #751293 fully bonded and insured

CALI WASH
POWER WASH SERVICES

**HOUSE WASHING • WINDOW CLEANING
DRIVEWAY POWERWASHING**

10% OFF with this ad Not valid with any other discount. Expires 10-15-20

Senior Discount Available

(805) 587-1824
FACEBOOK/CALIWASHLA

Inside Leisure Village

HOUSE REPAIR
WANTED - VOLUNTEERS MAKE A DIFFERENCE
HIGH WINDS CAUSE DAMAGE IN VILLAGE

**For Display Advertising contact
Stacey Janson | 805-484-1949 ext. 303**

Comfort Keepers

A World Leader in Quality Home Care for Leisure Village Residents



- ◆ In-Home Companionship & Caregiving
- ◆ Transportation (Doctor, Shopping, etc.)
- ◆ Meal Preparation
- ◆ Light Housekeeping, Shopping, Errands
- ◆ Accident Prevention
- ◆ Personal Care & Walking Assistance
- ◆ Companions and Certified Nurse Aids
- ◆ Flexible Schedules to Meet Your Needs
- ◆ Readers Choice Winner 5 Straight Years!
- ◆ California Licensed. HCO #564700005

Our compassionate Caregivers and CNAs are State of Calif Registered and fully trained, screened, bonded, insured, supervised

Over 700 Comfort Keepers® offices worldwide
Serving Leisure Village and surrounding areas

ComfortKeepers.com/Office-426

For a Free In-Home Consultation Call:

805-494-9900

Now Hiring Caregivers, Companions & CNA's

09LV01S

CLUB NEWS

PET CLUB

By Cathy Michaels

Our successful Pet Club Fundraiser continues thanks to your generosity! We appreciate you as donors and as ambassadors who spread the word about the Fundraiser and microwaveable cozies! A special shout-out to ambassador Sharon Kale, Village 31! Sharon placed three large microwaveable bowl and plate cozy orders in less than a month! She kept showing the cozies to friends--then, friends wanted cozies themselves! Sharon shares her home with a cat named Ruby and Oliver, a rescue bichon/poodle whose job includes protecting Sharon on their walks from all the cars that drive by! Sharon is now thinking ahead to cozies as holiday gifts!

The Fundraiser benefits Melissa Blackwell's Beach Dog Fun, a favorite doggie day care and boarding

service for Pet Club members and LV residents. Recently, we gifted Melissa with a second \$1000 donation!

Join us in supporting Melissa's Beach Dog Fun! Go to www.lv-petclub.com for more information.



Photo by CATHY MICHAELS
Oliver with Sharon Kale, Village 31.

PHOTO CLUB WINNER – ASSIGNED CATEGORY



■ 1st — Bill Margulies/ Sierra reflection

CLASSIFIED ADS

To submit an ad for Inside Leisure Village, give your full name, address and phone number. These are for ILV records and will not be published unless requested. Cost is \$5 for 28 words; phone numbers and emails count as one word. a maximum of six lines. Enclose cash, check or money order, payable to ILV. Place an envelope with the ad and payment in the left box next to the sewing room in the Rec Center before deadline. Each month's deadline is listed on page 2. ILV will accept ads from LV residents for properties they own personally, or ads that offer jobs or services to villagers. ILV does not investigate the ads and makes no endorsement of them. For advertising in the classified section contact Barbara Crome at 805-482-9097

DEADLINE for the next publication is Thursday, September 10, 5pm.

Golf Pull Cart Wanted – Do you want to sell one? Call Mary Lou – Leisure Village 805-702-4112

MOBILE NOTARY offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

Wardrobe alterations, mending & repairs. Inspect your closets for favorites and seamstress will safely pick up and deliver. Call Gudrun (LV resident) 805-479-4852

NEED HELP WITH CHORES & ERRANDS? Dog walking, fixing, clean-up, moving, drive to doctors, shopping cooking, etc. No job too small. Caring, dependable Leisure Village resident. Jim 805-807-1635

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

Ahumada Realty – Full service broker. Buying or selling real estate. DRE #01990009 Call 805-200-8416

—Please See Page 19

SAVE-A-LIFE THRIFT STORES
NOW OPEN FOR IN-STORE SHOPPING
MONDAY - SATURDAY 9-5:30
315 Arneill Road #103, Camarillo
Online Shopping Also Available with CURBSIDE PICK UP!
www.SaveALifeThriftStores.com

"Shopping with Us Saves Lives!" *Still Accepting Donation Pick Ups!*

CALL US FOR MORE INFO!
888-876-0605

CLASSIFIEDS

From Page 18—

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

Lynn Lerz: Massage Therapist. "Let me rub you the right way to better health" In village 36 years. Experienced. Best refs 805-484-2308

Driven by an Angel! Personal assistant will simplify your life! Excel driver & LV res w/many refs. Dependable & punctual to all appts, airports, events, etc. Christine 805-701-3250

Need help with clutter or moving? Senior discounts, free consultation. Honest, caring & dependable Mary 805-760-6272

DRIVER: Prompt reliable & trustworthy. Able to drive, attend appointments or any other errands you may have. Will get you there safely, wait & back home. Mendy 805-404-3535

GAL FRIDAY: Nancy will drive you to doctor appoints, DMV, beauty salon, wait for you, get you home safely. 30 years in medical field. 805-465-0056 cell: 310-433-2311

PET SITTING, walking, mail, plants. Reliable, experienced, insured, bonded. \$10 for 15 minutes, \$17 for 30 minutes. 805-484-8802 Dogzgonewalkn@verizon.net www.dogzgonewalkn.com

WE PAY CASH FOR YOUR car, truck. Motorhome. We come to you. Safe no dealing with strangers or annoying phone calls. Curtis 805-300-9997 or 800-274-6447 curtisantin@gmail.com

Scandinavian housecleaning. Reasonable & reliable. Working in Leisure Village 12 years. Diane 805-815-0197

NOTARY PUBLIC—LV resident will come to your home. For an appointment please email Ceil at bceillvnp@gmail.com or call 818-903-0484

MERCHANDISE ASSEMBLY HANDYMAN Electrical, plumbing, appliance installation. Rain gutters, repair broken things, doors, walls, shelves, molding/trim, painting, cleaning, assembly, wall hanging, all helps. Please call Eric 805-210-0489

Global Green Carpet & Tile Cleaning. Operator Jeffrey Goetz 888-774-2547. Affordable expert carpet, tile and upholstery cleaning. Serving LV 12 years. LV Ref. Reisa Ross 805-484-5570

HANDYMAN-MOVING SERVICES: Plumbing, carpentry, repairs, cleanup, hauling, detailing, organize, install, removal 24 hours, 7 days a week, afford. Call Tim 805-340-5775

JUAN- Handyman Services. Garden, patio, yard cleaning, hauling, dumping or repair. Plant trimming, removal or install patio, fence and gate repair. CALL TODAY 805-487-1613

Comfort Keepers, world leader in in-home care is hiring caregivers. Apply online: ckthousandoaks.clearecareonline.com/apply or apply in person M-F 3249 Old Conejo Road, Newbury Park. 805-494-9900 ext. 2

Loved ones in need of help? 24 hours or hourly? Honest, trustworthy, licensed, bonded and insured. Please call Ed 818-359-2966 or Baby 805-216-6072

Experienced compassionate caregiver. Personal care: bathing, grooming, dressing assistance. Companionship includes meal preparation, shopping assistance, errands, medication reminders. Victoria Sampson 805-754-4753

To include your Classified Listing, please contact Barbara Crome today: 805-482-9097

SERVICE DIRECTORY

ATTORNEY



STAY SAFE WITH ESTATE PLANNING IN YOUR HOME

DON STEVENS, ESQ
Call 805-497-4662

06LV071

MEAL DELIVERY

Dinners by Mark

Home Cooked Meals Delivered Right to Your Door

\$14 per Dinner

Dinners Include:

- Entree • Salad with your choice of dressing
 - Chef's vegetable of the day • Dessert
 - All meals are low in fat and sodium
- Meals packaged in microwave-safe containers

Contact Mark for info & menu
MSL9CATERING@GMAIL.COM
805-384-1536

06LV081

PLUMBING

ALL PRO PLUMBING

Complete plumbing maintenance and drain cleaning. Serving residents of Leisure Village for over 28 years. FREE ESTIMATES Licensed, Insured and Bonded

805-200-9482

06LV070

Help Support Your Local Businesses

To include your listing, please contact Mary at The Acorn Newspapers today: 805.484.1949



Disasters don't plan ahead, but YOU can!

In a disaster, local officials and first responders cannot reach everyone immediately. You and members of your community need to be prepared ahead of time.

Be prepared at all times to shelter in place.

September is National Preparedness Month, increase your readiness weekly

Week 1: Make a Plan. Plan ahead how you, your family and friends will respond and communicate during and after a disaster.

Week 2: Build Kits. Gather supplies that will last for several days after a disaster for everyone living in your home. Don't forget to consider the unique needs each person or pet may have in case you have to evacuate quickly. Have kits at home, in your car and at your workplace. Update your kits and supplies regularly.

Week 3: Prepare for Disasters. Limit the impacts that disasters have on you and your family. Know the risk of disasters in your area and check your insurance coverage. Learn how to make your home stronger in the face of earthquakes, storms and other common hazards. Act fast if you receive a local warning or alert.

Week 4: Teach youth about preparedness. Talk to youth in your life and prepare them for emergencies so they know how to respond. Plan what to do in case they are separated from others. Reassure them and help them feel capable of responding in a variety of situations to reduce the chance of panic.

Earthquake Readiness

Home preparation before an earthquake:

- Place earthquake putty under fragile keepsakes on shelves to help hold them in place.
- Do not hang heavy items near beds, couches, and any place people sleep or sit.
- In pantries, closets & shelves, store large, heavy, breakable or messy items on the lowest shelf closest to the floor (example: in the pantry, think of items like soy sauce, oil, syrup and anything liquid, heavy or messy and place those at the bottom to reduce the messy damage that would come from them falling to the ground).
- Use earthquake straps to anchor top-heavy, tall and freestanding furniture to wall studs to keep them from falling over (bookcases, china cabinets, etc.)
- Have fire extinguishers handy. Fire is a common hazard after earthquakes.

During an earthquake:

- **DROP, COVER and HOLD ON**
- Pick safe places in each room of your home & workplace (under a large piece of furniture or against an interior wall away from windows – learn about the 'triangle of life')
- Practice drop, cover and hold on in each safe place so that it comes naturally.
- If you are in bed, stay in bed. Curl up, hold on and cover your head.
- If you're outside during an earthquake, try to get as far away from buildings, power lines, trees and streetlights as possible.
- If you're in a vehicle, pull over to a clear location and stop. Stay inside with your seatbelt fastened until the shaking stops. After the shaking stops, avoid bridges, overpasses and ramps that may have been damaged.

Lightning Readiness: Until historic lightning occurred in August 2020, lightning wasn't something many Californians talked much about. According to National Geographic, between August 15-19, over 20,000 lightning strikes occurred in CA, which contributed to hundreds of fires.

- o Surge protection – Protect electrical equipment and appliances with surge protective devices (think TVs, computers, appliances, and any life-sustaining devices that rely on electricity).
- o "When thunder roars, go indoors!" Seek shelter in a substantial building or hard-topped metal vehicle as fast as you can.

We have lots of links to preparedness resources on our "Barlows Got Your Back" section of our website. Please visit and share it with family and friends to increase preparedness in our communities.



*The Barlow Group
Pondering over
Preparedness*

**The Barlow Group
BRE #01945712**

LeisureVillage.com

8
0
5 **987-5755**

Our Family Serving Your Family!



Serving Leisure Village Since 1979

5257 Mission Oaks Blvd. Camarillo, CA 93012

Conveniently located next to Vons in Mission Oaks Plaza