

As a graduating senior, I did not expect to experience a global pandemic in my last semester of undergrad that would affect people's lives drastically. Shelter in place has gone on for more than a month, and it created a space for people to show their true colors. The news is on in my home all day because my parents are paranoid but watching the news all day will not change anything or put them at ease. Watching the President give false information to the public about injecting themselves with Clorox or Lysol will cure the virus is mind-blowing. People do believe everything he says too, which is scary. Also, recently there have been many protests to lift shelter in place and open up businesses, and I do not think people are taking it seriously as they should. The protests are putting people at risk, and they are not taking into consideration the healthcare workers who are putting their lives on the line every single day just for people to make their sacrifice not worth it. The only time I leave my home is to go to the grocery store or to work out, other than that I do not like leaving my house when I do not need to. Also, I am more stressed once shelter in place started because I am not used to being at home doing homework since I started college. However, I do get to spend more time with my family because I was rarely home before shelter in place.

I also decided to create a twitter poll as well to see how my friends were feeling throughout all of this. I think it is important to see how many people feel stressed, bored, fearful, or grateful during these times. Looking at the poll makes me realize that I need to reach out to friends I have not spoken to in a while and just check-in. These are hard times right now and looking out for one another is extremely important. 26 of my friends voted that they are feeling more stressed, grateful, and bored during shelter in place and no sense of fear. I attached a screenshot to the doc.



Tweet



How have you guys been feeling during shelter in place? I noticed that I'm more stressed once it started not only because of school but other reasons.



26 votes · Final results

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