

El Excentrico

Humberto Garcia

February 20, 1973



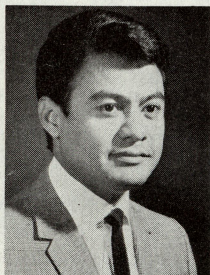
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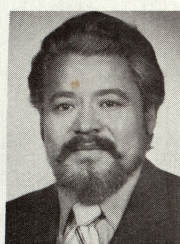
" THE UNTOUCHABLES " On CHANNEL 36



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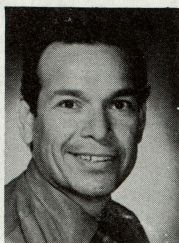
PILLIE
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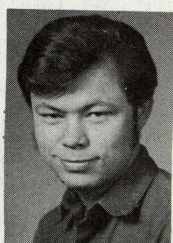
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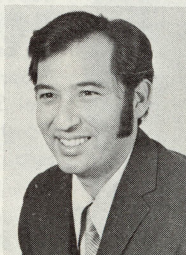
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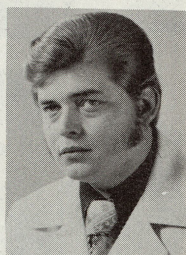
LUPE ALONZO



RAY
SALDAÑA



STELLA LOPEZ

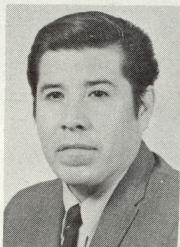


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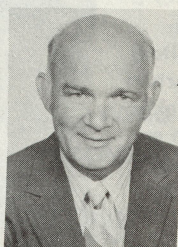
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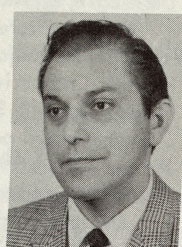
PHIL
RODRIGUEZ



CARMEN
RODRIGUEZ



PETE
KONON



RAUL
GUILLEN

El Fotografo de las ESTRELLAS

RICHARD DIAZ
292 - 3294



FOTO SOUVENIR

De las encantadoras hermanitas
RODARTE

Envian un caluroso saludo a todos los
lectores de EXCENTRICO

Foto fue tomada durante su presentacion
en esta ciudad de San Jose.



RENE y RENE

Nuestra camara capta a los
popularisimos cantantes de
la nueva ola Rene y Rene
Al centro Jorgito alias el
"Barba Azul de San Jose"
el Señor Godinez es un
destacado columnista de
esta revista EXCENTRICO.
Don Jorge: Cuando le va a
quitar el titulo a
Wilford Irizarry ?

DE FIESTA en ARTURO'S

De iz. a derecha:
Vera Diaz (mi mejor mitad)
Rachell Chavarria, Arturo
Chavarria, Tim Slovak -
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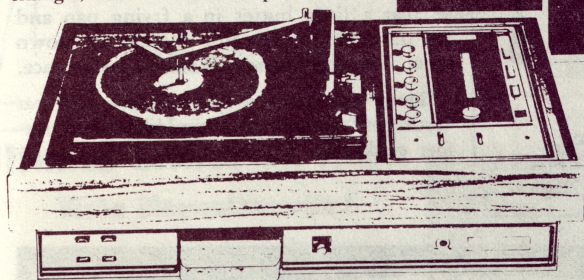
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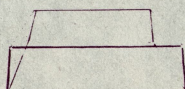
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HAPPINESS (CONT.)

tening, walking etc. are the things that make life beautiful.

There are times when all of us need compassion, and love from another human being to stir up our dormant self compassion and love of self both of which are necessary in order to be happy.

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GARDEN SNAILS ARE GOOD EATING!

SACRAMENTO — The State Department of Agriculture has come up with the ultimate in biological control of garden pests — eat them!

Ron Hawthorne, an entomologist for the Department, says that the common garden pest, *Helix aspersa*, or the European Brown Snail, is an epicurean delight. Eating them is not only a practical method of control for those who don't like to use pesticides on their lawns and gardens, but it is of definite economic advantage too, particularly in light of today's high meat prices.

The preparation of snails as a gourmet item involves two steps—purging and cooking.

First, collect the snails and put them into a large, clean metal or glass container with a heavy lid and some provision for air for about two days. The snails will purge themselves of anything they have eaten before then.

Then, heat water to boiling in a pan and throw in the live snails. Let them boil for about 15 minutes, remove them from their shells and wash them thoroughly several times. Place them in clean water and boil again for 15 minutes. Remove, rinse, and dry.

Heat a little butter in a frying pan and fry the boiled snails just enough to brown them. They can be served with a tasty sauce.

There are many ways to serve and eat "escargot." Consult your local library or gourmet cookbook. Good eating.

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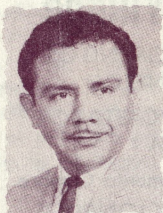
Berg's

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En la grafica Oliver Dunbar, Tony Camara
Tony Venti, Ray Viera, Bill Cunningham
y al centro el Prop. Bernie Berg.



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By CANDY VELIZ



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TAMALES — MENUDO PAN CALIENTITO

(Diariamente)

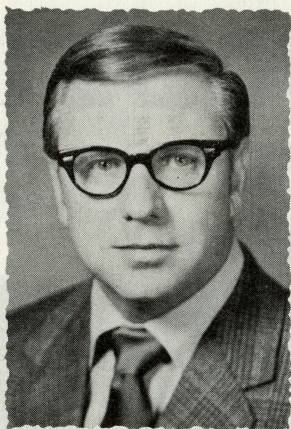
★ HOT FOOD TO GO ★

ACEPTAMOS ESTAMPILLAS DE COMIDA

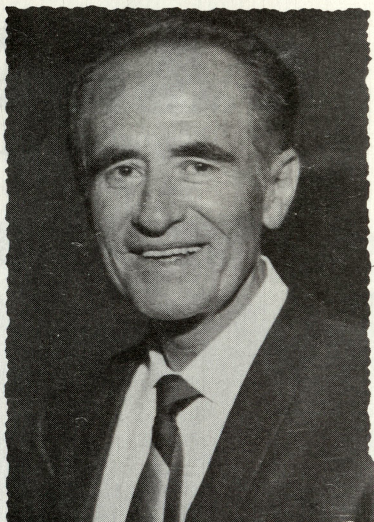
Abierto de LUNES a VIERNES 7:00a.m. a 9:00p.m.
SABADOS y DOMINGOS de 7:00a.m. a 8:00p.m.

195 S. 28th ST.

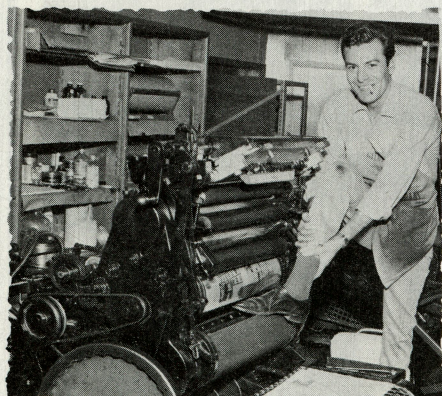
**Esquina de las calles
28 y SAN ANTONIO**



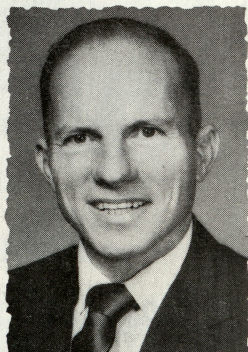
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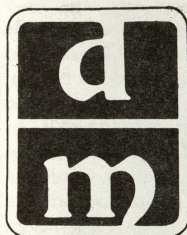
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TO BE
CONTINUED

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San Jose, California

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GILBERTO RAMOS Mr. NO! NO! NO!



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En San Jose

El Hombre Que Nunca Les Ha Dicho

NO! NO! NO!

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MOTORES GILBERTO RAMOS

MOTORES GILBERTO RAMOS

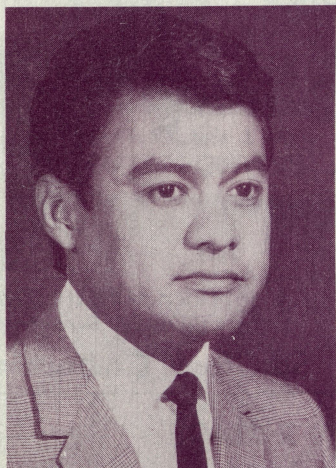
MOTORES GILBERTO RAMOS



por
*Daniel
Saldana*



GALERIA de LUCHADORES



HANK COCA

Nativo de San Jose, termino hasta su octavo grado en la escuela, suspendio su ensenanza para trabajar en el campo cuando solo tenia quince años de edad. Como no veia mucho porvenir en el trabajo del campo, constguio trabajo en una litografia en San Francisco. Por las noches despues de su trabajo vendia baterias de cocina, pero no por eso descuidaba sus estudios, las noches que no tenia que vender sus baterias iba a la escuela y aprendio el oficio de ebanista - cabinet maker -.

Hank Coca es de esas personas que saben aprovechar el tiempo, reparten las horas del dia en tal forma, que cada momento es aplicado a una actividad determinada, esto da por resultando que aun dedicandose a diferentes ocupaciones hay tiempo para todas. Esto tambien se puede llamar organizacion.

Desde muy joven Hank se dedico al comercio, comprar y vender es su profesion, su oficio y su pasatiempo, en el comercio encuentra su mayor satisfaccion.

En San Francisco trabajo como vendedor

en una muebleria y a la vez vendia baterias de cocina y tambien seguros, los sabados y domingos trabajaba de ebanista; despues de un año de trabajar en la muebleria como vendedor, lo nombraron gerente de la misma, trabajo como gerente por tres años. Abrio en San Francisco su primera muebleria, al poco tiempo otra en Oakland y una mas en San Mateo; algun tiempo despues vendio la muebleria de Oakland y abrio una en San Jose, en donde se radico definitivamente en 1953.

En la actualidad tiene mueblerias en San Francisco, San Jose, Salinas y Fresno; es la cadena mas grande de mueblerias, en la region, que sirve a la clientela de habla hispana.

Compro una fabrica de muebles en sociedad, pero se dio cuenta que para el tiene mas atractivo el comercio que la industria y vendio su parte; ahora se dedica unicamente a las mueblerias. Se puede decir que Coca es uno de los comerciantes mexico-americanos mas prosperos en el area.

En relacion con su negocio ha tenido que viajar por Europa, Latino America y algunos Estados de la Union.

Actualmente vive en San Jose con su guapa y gentil esposa, la senora Salome Coca y sus dos hijos Henry III de 17 años y Raneec de 13 años.

Su dedicacion al estudio le ha hecho ganar su graduacion en Business Administration, tambien se graduo como Interior Decorator, como Ebanista y otras actividades. Es miembro de la Asociacion de Mueblerias del Condado de Santa Clara, Miembro del GI Forum y fue Director por dos años del Mexican American Lions Club de San Jose, Ca.

Hank siempre ha estado dispuesto a tomar parte en actividades civicas especialmente las mexicanas como las fiestas patrias de mayo y septiembre, nunca ha negado su cooperacion economica a las organizaciones que hacen funciones en beneficio de la comunidad, tambien ha regalado muebles para rifas de caridad, esto lo hace filantropo a la medida de sus posibilidades.

Este gran luchador, Hank Coca, ha sabido escalar desde su humilde origen hasta su situacion actual, con la unica formula que le da satisfaccion propia y prestigio en la comunidad; esta formula es ESTUDIO TRABAJO Y ORGANIZACION. No es por demas decir que algunos de los propietarios de mueblerias adquirieron sus primeros conocimientos en el negocio del Sr. Coca.

(continua en la siguiente plana)



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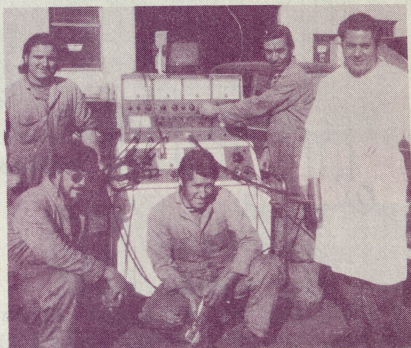
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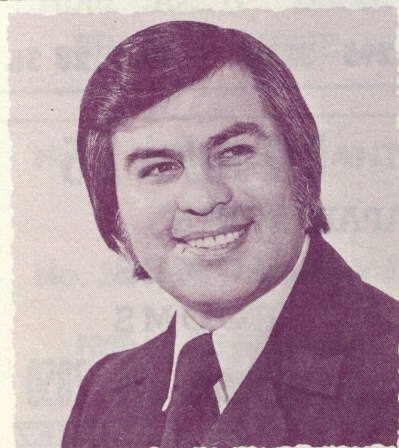
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**— VOTE FOR —
JOHN HERNANDEZ
CITY COUNCIL SEAT No. 5**



PLATFORM

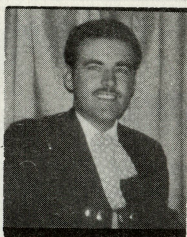
EDUCATION - DRUG PROBLEM

LACK of RECREATION AREAS

EMPLOYMENT - CAREER GUIDANCE



VOTE Tuesday APRIL 10



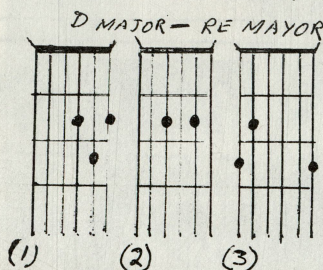
CANCIONES MEXICANAS

★

PABLO CURIEL

Canciones Mexicanas

A lot of old songs are coming back and this particular one goes back about fifteen or twenty years, the words are kind of sad but it's a lively song and that can be played in the key of "D" major (RE mayor).



Guitar chords

VEINTE ANOS (Polka)

(1) Traigo un sentimiento pero (2) muy a (1) dentro en el mero fondo de mi cora (2) - zón, tristes decepciones que me trajo el (1) - tiempo, una historia (2) negra de un maldito a (1) mor.

(1) La mujer que quise me de (2) jo por o (1) tro, le seguí los pasos y mate a los (2) - dos, yo no fui culpable porque estaba (1) - loco, loco por sus (2) celos loco por su a (1) mor.

Las (3) leyes de la tierra gritaron mi sentencia, me dieron sin clemencia veinte anos de pri (2) sion y aqui estoy prisionero mirando tras las rejas unicamente al cielo donde se encuentra (1) dios. FIN.

A new guitar club is in the process of being formed in San Jose and the present members are looking for a place to hold meetings and practice sessions. A name for the club is being sought also, have any ideas? If you do please call me at 227-8267.

Obtenga su Revista
EXCENTRICO en las tiendas
que aqui se anuncian

Saldaña

(CONT.).....

Hank Coca es un ejemplo que los jovenes deben seguir; en el se funden trabajo, estudio, organizacion, dinamismo y responsabilidad civica.

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Humberto or Bert Garcia

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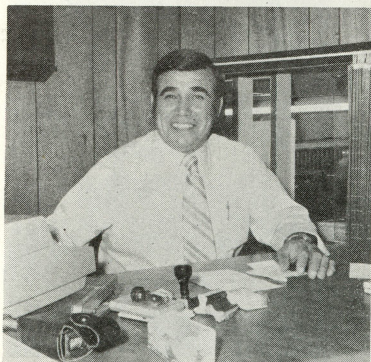
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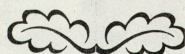
No. 1 PINK ELEPHANT MKT.

400 S. King Road 272-2446

No. 2 Hyde Park-Pink Elephant

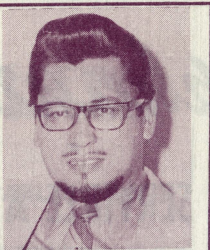
1098 N. First Street

275 - 1480 275 - 1485



CRITICA SOCIAL

por
Rudy
Belloumini



"Los políticos son una especie de muñecos que obedecen a los movimientos que imprimen a sus cordeles los banqueros"—Queiroz. The politicians are like puppets on a thin string dominated by the fat-cats.



LAS AMIGAS, Minnie y Ramona, les invitan a usted y su familia para que las visiten a la tienda de ellas localizada en 153 E. Julian St., esquina de las calles Cuatro y Julian aquí en San Jose. Si usted anda en busca de pelucas, ropa, joyas, muebles, retratos,, trastes o cualquier clase de articulo, visiten Minnie's Thrift Shop y Ramona's Wigs & Boutique, El teléfono es 275-1906. "You name it, we'll get it."



A Valentine Party was held in one of the halls of St. Paul Missionary Baptist Church on Valentine's day, Feb. 14th, by an adult education class of foreign born students, who are taking English as a second language. Miss Zelia Maria Ramos, a Portuguese student, was honored with gifts and a cake by the students and teachers on her betrothal. La maestra, Miss Sylvia Sanford, who practically speaks any language except Greek, is in the frame-up, see her??? "El estudio que más nos importa es el estudio de nosotros mismos"—Pope.



A very distinguished gentleman around the City Hall lobby, Señor Juan MacIntosh, is running for City Council Seat 5, recently vacated by Councilman Walter Hays. MacIntosh said he favors promotion from within the ranks of city employees and more intensive city budget among other things. Out of 20 candidates running for Seat 5, four Americanos have Spanish surnames: John Hernandez, Michael Ulloa, Luis Ybarra and Antonio Paul Morlos. Seat 4, held by Councilman Roy Naylor, has Fernando Telles, Faustino Gamboa, Gil Jasso and, of course, Andy Diaz. Seat 6, held by Councilman David Goglio is the only Latin surname there. "De la lucha de los políticos por alcanzar el puesto al que aspiran, solo le quedan al pobre pueblo que les paga el dinero que se gasta,—las mechas que le regalan"—Sanchez. In English . . . The 'only sure thing' you'll get out of a candidate is a book of matches with his name on it.

Mini Notas: ERNIE IS BACK.....dice 'Gigi' so ????. . . . Ch. 20 TV de S.F. advertizes La Guadalajara de Noche Mexican Restaurant stating that la comida no mancha

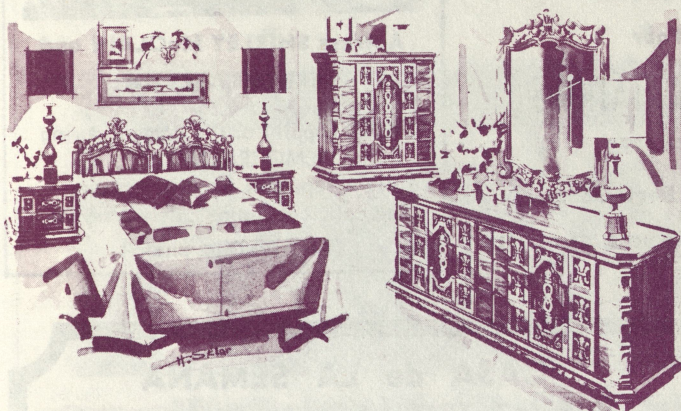
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HACIENDA

DISCOUNT FURNITURE

Old World Classic

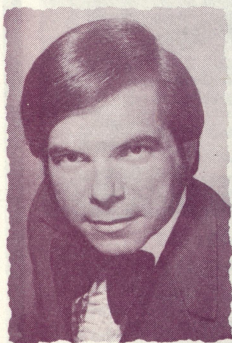
Spanish Styling



5 Pieces Complete

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- Double Dresser
- Mirror
- 4-Drawer Chest
- Nightstand

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RENE DE LUNA
Presidente

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(??) and the food is beautiful. Have you seen LAS CHICAS and their TV exercises? They are better than Jack La Lanne.

Heard that Eddie Sanchez of the Business and Professional Council has been appointed by Congressman Pete McCloskey to represent him en los intereses of District 17 . . . Plans for the forming of a new Mexican-American Chamber of Commerce in San Jose will soon be announced. Also studies are being made to organize one in practically every city in California this year. (With this kind of financial and political power, possibly in ten years from now we'll have a Mexican-American Governor in the State of California?)

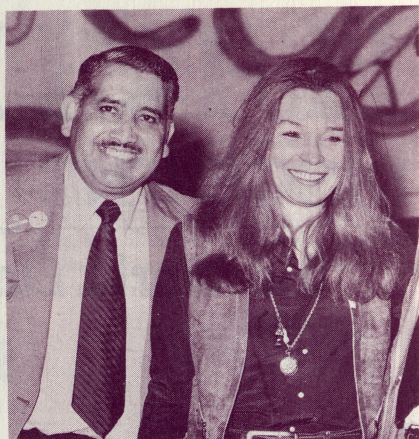
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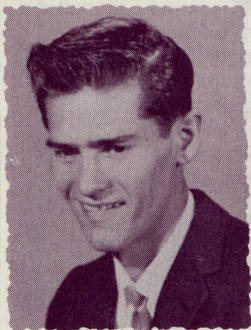
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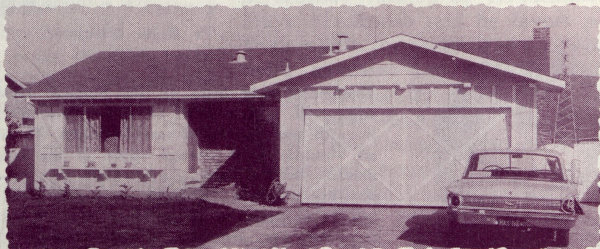
**Actress SHIRLEY McCLAIN and
ERNEST ABEYTIA**

Smiling happily at the camera during
a DEMOCRATIC PARTY
rally is superstar Shirley McClain
and political figure Ernest Abeytia
(Richard Diaz photo)

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ROBERT DIAZ, public works supervisor for the City of Campbell, is involved in planning for the Second Annual March of Dimes Walk-A-Thon against birth defects, because a part of the route will go through that city. Here, he looks over a poster with Mrs. George Henderson, whose husband, "Crazy George," will be one of the leaders on the 20-mile hike. The Walk-A-Thon will be March 11, starting and ending at Buck Shaw Stadium at the University of Santa Clara.

FERNANDO'S HIDE - AWAY

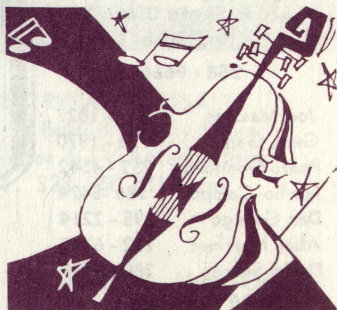
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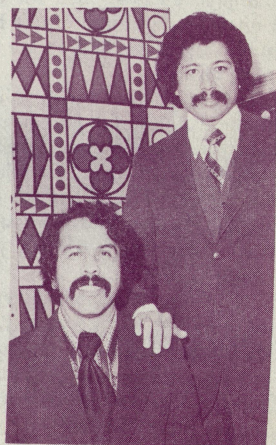
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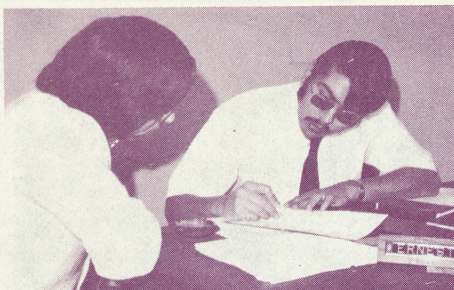
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GRAND OPENING SIGNALS START OF MORE INTENSIVE EFFORT

After only 17 days of actual operation, the San Jose GI Forum Veterans Outreach Office has helped 62 veterans in getting admitted to college, obtaining employment, entering apprenticeship programs, applying for reversal or review of their discharge, etc.

Today's Grand Opening signals the start of more intensive effort by the three-man staff head by Project Coordinator Ernest S. Gallego, a 22 year veteran of the U. S. Air Force. A team of two veterans outreach specialists counsels, interviews and refers veterans to agencies which can help them. Daniel Campos and Frank Garcia, both are ex-Army servicemen from the Vietnam era.

Of the 62 men helped thus far, 10 have been placed on jobs; 19 have enrolled in college, 6 are attending high school, 2 are in on-the-job apprenticeship programs, 3 are applying for reversal or review of their military service discharge; 1 has applied for disability compensation; 4 are taking vocational training; 1 has applied for dental care and United States citizenship; 1 has applied for public assistance, and 15 are awaiting placement on jobs.

For the past six weeks, volunteer members of the San Jose GI Forum have been painting, paneling, sanding, cleaning, and remodeling the premises to make them suitable for the project staff. Even the red, white and black sign over the front door was made, painted and hung by San Jose GI Forum volunteer workers.

While the Forum members were preparing the building for occupancy, the Veterans Outreach office staff has undergone training for their task of helping veterans gain full benefits to which they are entitled under the GI Bill of Rights.

This project, and 17 others across Amer-

ica, is funded by the U. S. Dept. of Labor under a grant to the American GI Forum.

A STATEMENT BY ERNEST S. GALLEGO, PROJECT COORDINATOR

Ladies and Gentlemen, we have invited you to this briefing to bring you up to date on the Veterans Outreach Program in San Jose.

On conclusion of my brief remarks, please feel free to address questions to any of the people seated at the front of the table.

A brief outline of what we have accomplished during the past three weeks appears on sheet No. 1 which was handed to you prior to this news conference.

Basically, our problem is one of OUT-REACH — that is, going out into the surrounding area and seeking out the veteran needing our assistance. We are funded to serve Santa Clara County and the communities of Hollister, Salinas, Watsonville and Santa Cruz.

One of the basic problems inherent in veterans programs is the reluctance of young men to go into the traditional, plush establishment-type office. Because of his long hair and modish clothes and because of a distrust of "older" people, he has no faith that going into an office will do him any good. In this office we have two young Vietnam veterans who can relate to their problems. I am, myself, retired from the U. S. Air Force, so I know the GI. I know how he feels.

We opened our doors on January 2nd and thus far over 65 veterans have been served in one way or another. We have answered many questions on the telephone. We have gone into the communities of Gilroy, Hollister, Watsonville and Salinas to establish contacts in those communities for future visits.

We are just now getting settled into the routine of our jobs, and are already beginning to be swamped with inquiries from veterans seeking the full benefits of their GI Bill of Rights.

There are a number of problems which we have encountered, the major one being the regional Veterans Administration office in San Francisco. By actual experience, it sometimes takes two to three months (MONTHS!) to process an application for educational benefits. One man registered with our office enrolled in and completed a five month welding course at O.I.C. HE HAS YET TO RECEIVE HIS EDUCATIONAL BENEFITS!!! We have made 3

(continued next page)

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OUTREACH (CONT.)

telephone calls to San Francisco and now have a promise that he will be paid by Feb. 2. Granted, this case is an exception rather than the rule, but it serves to point up the frustration that veterans face.

It now takes over 1 year to get a discharge reviewed. And with the Vietnam war ending, their work load is going to be much heavier.

Let me go into this Bad Discharge Trip a little more. Prior to 1970, the armed services had a regulation whereby if a GI even gave a hint that he was on drugs, he was booted out of the service with an undesirable discharge. The young man had made up his mind to get out of the service one way or another. After settling down to the civilian life routine, faced some pretty harsh realities. HE CAN NOT GET A JOB. HE CAN NOT GO TO SCHOOL. IN SHORT, HE IS UP THE CREEK WITHOUT A PADDLE!

He hears about the American GI Forum Veterans Outreach office because some of you in this room chose to become concerned enough to give us some ink and BINGO!, he contacts us and the wheels begin to turn. We try to convey the idea to him / or her, that WE ARE AWARE OF HIS / HER PROBLEMS. WE CAN RELATE TO THEM, AND BEST OF ALL, WE ARE EAGER TO DO SOMETHING ABOUT THEM.

It grieves me deeply to know that for matters which are very, very important to the returning ex-GI, he sometimes has to wait up to a year for the "establishment" to grant him his benefits. It only takes 16 weeks to take an 18-year-old schoolboy to a basic training center, cut his hair, fit him with clothes tailored by a butcher, put a weapon in his hand, shoot his arms and other sensitive areas of his anatomy with needles, and convince him that he is a trained killer keeping the world safe for democracy. And three years later, it takes him ONE YEAR OR LONGER to go back to the life that was interrupted by his military service . . . namely SCHOOL.

The GI's routine during his time in service consists largely of waiting, waiting, and more waiting. We are here in the GI Forum Veterans Outreach Project to help him get the full benefits of his GI Bill of Rights and cut the waiting time down as much as we can.

Lastly, we are not satisfied that the ex-GI has benefits and may or may not be aware of

them. We are going to seek him out, explain his rights to him, and encourage him to take full advantage of everything to which his military service entitles him.

QUESTIONS???

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Welfare Fact and Fancy

by Earl Brian
California Secretary of Health and Welfare

"Welfare recipients don't want to work; they wouldn't be on welfare if they'd go out and get a job."

Sound familiar? I must hear that statement, or something like it, almost every day. It's one of those broad generalizations that helps to confuse the whole welfare issue.

About 10 percent of California's 20 million citizens are currently receiving some form of public assistance. Back

in March, 1971, there were 2,293,906 people on welfare, and the rolls were growing by 40,000 cases per month and threatening to bankrupt the State. The Welfare Reform Program has successfully halted this explosive growth, and rolls have been dropping steadily. We haven't just been economizing for economy's sake, however; eligibility standards have been tightened so that we can increase support to those individuals and families for whom the welfare program was originally conceived—the genuinely disadvantaged.

Let's take a look at current caseloads and see who is receiving public assistance, and why.

The Department of Social Welfare, within the Health and Welfare Agency, processed aid grants for 2,010,080 residents in September, 1972.



1,041,543 were children.
305,208 were over age 65.
14,078 were blind.

201,574 were totally and permanently disabled.

That adds up to 1,562,403 people who couldn't support themselves because of age, blindness, paralysis, birth defects, and lost limbs.

Of the remaining 447,677 people on welfare during this particular month, the majority—374,372—were the sole heads of needy families.....usually mothers with absent fathers. Often the mother is working full or part time, but still qualifies for welfare assistance.

The balance—73,305—were in the 'unemployed' category. Both parents are usually in the household, but the head of the family is unemployed or working less than 100 hours per month.

If all heads of households on welfare could be meaningfully employed on jobs paying enough, we could reduce welfare rolls by another 185,000 men, women, and children. We can and will apply better manpower programs to help welfare recipients get meaningful jobs, and we will be constantly screening the rolls to eliminate welfare fraud.

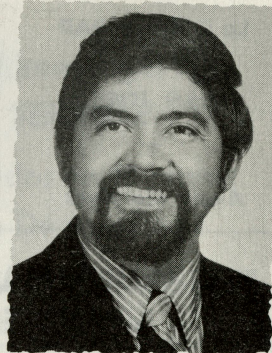
But the point of this numbers game is that we can't ever wipe out the welfare rolls entirely. We must constantly recognize our obligation: to help those who are truly in need.

NEXT *"The Crisis in Health Care"*



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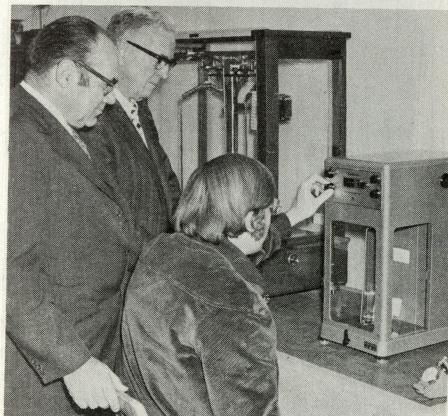
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PRECISE WEIGHT—Frank Linn, seated, at the County's new metrology lab weighs the signature on a sheet of paper for William F. Cowan, center, chief deputy state agriculture director. The state agency has authorized Robert Horger, left, County weights and measures director, to verify the accuracy of some measuring devices previously certified only by state and federal agencies.

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Angie Martinez



THE CHICANA IN THE MOVEMENT

Recently, the great masses in the world have become aware of a very seldom heard-of woman. That is to say, the Chicana woman. It has often been said, that behind every great man, there is a woman. Well, this is also true of the Chicano, Mexican or Mexican or Mexican-American. The Chicana has been in the movement for the cause since before the white man migrated to the shores of our so-called new world. This humble woman was always behind her Maya, Toltec and Aztec warrior husband. Later, she was behind her warrior husband during the liberation war between Mexico and Spain.

The proof exists that she performed her duties well, for it took a little country like Mexico to be the shining victor over a powerful country like Spain. Yes, the Mexican woman did her job well in Mexico, also, against France and Austria.

Our Virgen De Guadalupe was one of those women. In fact it was she who inspired more Mexican women to stand behind and along side of their husband warrior during the revolution for human justice during the more recent times of Emiliano Zapata and Pancho Villa.

True American history records many brave deeds performed by these valiant women in Mexico. But the movement for the cause didn't end there. Later it extended to the farther territories of Mexico; Texas, New Mexico, Arizona, California, Colorado and other areas. But in these areas where again, she was alongside of her menfolk, it was a different kind of a battle. The battle against discrimination, injustices, and other barriers which in a sense are a disease of the mind.

She has had a long battle in this type of battle but the radiant sight of victory is within the horizon as the world is now seeing it. These brave women are now known as Chicanas they are true Americans, in the full

sense of the word. Today there are many Chicana women in the movement, like Dolores Huerta in the Farm Worker's movement. There are other Chicana Women to numerous to mention here in many other movements.

Today this Chicana women are asking questions — and are getting good answers. Chicanas have been alongside, behind and in front of her menfolk against the battles of discrimination, social barriers and injustice and it will not end there.

Today, the Chicana Women does not want false preaching or empty constitutional promises. She wants action and results now **NOW!!!!**

Juana Carabinas.



LAS TAPATIAS BOARD OF DIRECTORS

Mary Lou Barboza, Gracie Reyes, Lourier Castillo, Angie Martinez, Benita Gomez, Susie Martinez, on their way to Sacramento to incorporate their organization.

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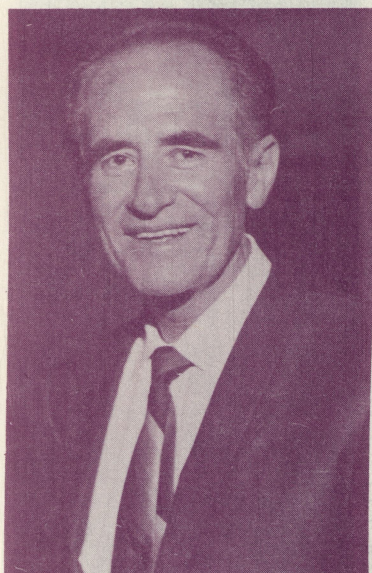


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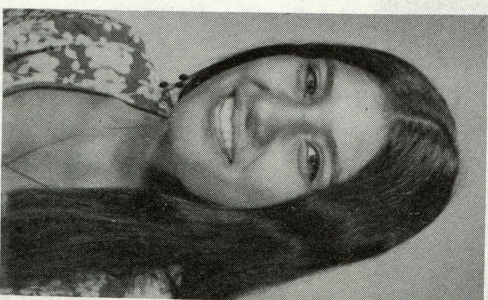
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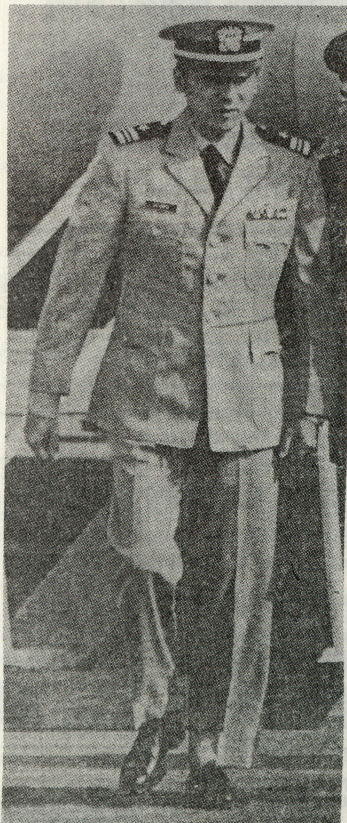


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Candy Veliz

WELCOME BACK Lt. Cmdr.



EVERETT ALVAREZ

Today, SATURDAY, February 24th and tomorrow, SUNDAY, the 25th, are the 26th ANNUAL UNITD FOOD DRIVE DRIVE DANCES.

It will be at the STARLIGHT Ballroom in San Jose, Saturday, it will be from 8:00p.m. to 1:00a.m. and Sunday from 2:00 to 11p.m.

The following are Orchestras that will donate their services to this worthy cause

and to them we are grateful. To date we have Kiko Morales and Band, Jimmy Garcia and Band, Los Tijuaneos, Andy Flores and Band, Jess Escobar and Band, Jorge Noriega and Band, Los Tigres Del Norte, Connie Caudillo and Band, and a couple of others that will be mentioned in coming issues of this magazine.

We are counting on you to make this a successful drive, so try to attend. Donation is \$2.00 per person plus a can of food or more. To the BANDS and everyone else that will help, Thanks. Remember that many needy families will have food because of your generosity.

TV VARIETY PROGRAM

Enriqueta and Roberto have a Variety Program on Television - Channel 20. The Program is good now but you can bet it will get better. The program is on Saturday from 6:30 to 7:30p.m. Your viewing as your letters are welcome by Enriqueta and Roberto. Mucha suerte al lindo par de "Chocolates."

Las Reinas Negras para la justicia and La Semilla de Aztlan would like to express their appreciation to Mr. and Mrs. Rodriguez and their UA Theatre for allowing them 100 tickets for under privileged children. Thanks again Mr. and Mrs. Rodriguez. It was a very nice gesture.

This Hick Sheriff had just attended Comalia School, so when he stopped this beautiful young chick because her car didn't have a tail light he said: Lady you have no light on your tail.

REPORTE DEL BAILE A BENEFICIO

Para Los

MAGNIFICADOS de Managua Nicaragua

REPORTE de FINANZAS

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This is a Report as it was given to me by LINO COVARRUBIAS

(continued next page)

SAN FELIPE.....(CONT.)

TROPICANA

The Tropicana Lounge seems to have gotten in some kind of ownership and other government intanglement if not for fault, it was negligence of one or more of the owners. Thereby for the time being it will be closed until further notice. Sure about that.

We highly recommend that you visit **ARTURO'S QUITE VILLAGE** where the music is always good and like Art says: "If you don't have a good time at the Quite Village you won't have a good time any where else."

As the husband comes home from work one day, the wife greets him with the following: "Say Dear, do you remember that weekend last summer when you went away on a fishing trip?" —Well the trout called today and said she was going to have a baby. **HACIENDA DISCOUNT FURNITURE** on 1763 So. First St. in San Jose is the place to go for all your Home Furnishings. If we don't have it we'll get it for you. Visit us our prices are very reasonable.

This young lady went to a doctor for a pregnancy test and when the good doctor came out he said, I have good news for Mrs. Lopez, I am Miss Lopez, Oh no: I have bad news for you Miss Lopez.

Finis **CANDY VELIZ**

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Por
**MARIA
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A todo lo anterior debemos agregar las diversas construcciones erigidas durante la epoca colonial, como palacios, conventos y catedrales los cuales se observan en sus formas originales, como fueran levantados por los artifices mexicanos, hace varios siglos. Y que decir de su arquitectura moderna, la cual se encuentra a la altura de los paises mas adelantados del orbe.

El turismo contribuye de manera efectiva para obtener un mejor conocimiento de todo lo nuestro y porque el mexicano en el extranjero, debe conocer mejor a su pais, porque conocer a Mexico es quererlo mas conscientemente. Solo asi sentiremos con mayor fuerza los lazos de nacionalidad que nos unen a todos los que tuvimos la fortuna y los que no la tuvieron de haber nacido en ese maravilloso pais.

De todas maneras es muy importante que el mexicano conosca primero su propia pa-

tria. Asi que ayudemos a nuestros hermanos mexicanos a impulsar nuestra riqueza turistica nacional.

Atentamente, Maria Antonieta Hernandez

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MARY
DE LUNA



HAPPINESS

While happiness is certainly not everything in life, it is an enormously important facet of human existence, happiness is what makes life truly worthwhile.

In my knowledge, a simple way of describing happiness: being at peace with oneself, feeling comfortable, enjoying self acceptance and being basically pain and tension free.

As simple as it is to define, happiness is not simple to find. Fantastic experience magnificent accomplishments, tremendous good fortune sometimes make for moments of brilliant glory, exhilaration, and triumph, but these moments of great stimulation and and heightened sensations or heights usually have little or nothing to do with happiness.

Happiness often breeds in the atmosphere of just plain every day life and is natured by the ordinary rather than the glorious.

Happiness is found more frequently in times of struggle than in times of triumph, struggling to make a living, to attain a career, or to raise children. Once we have successfully achieved these goals, everything seems empty and happiness disappears completely from our lives.

Unhappiness is as much a part of the human condition as happiness. Acceptance of all facets of the human condition and acceptance of all facets of the human condition contributes to realistic happy possibilities. "How can this happen to me when I have worked so hard?" being unhappy in unhappy situations is entirely appropriate, but so many of us suffer more than we have to unnecessarily prolonging unhappiness.

There are two main destroyers of happiness. The first is impossible expectations. These include fantasies and unrealistic idealized expectations that we have of ourselves, parents, children, mates, friends, the world and the human condition generally. They

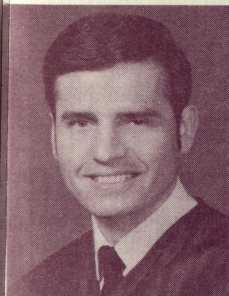
also include our unrealistic hopes the joy attainment of things, prestige, status, etc. Most of these individuals achieved the particular goals to which they always aspired yet their impossible expectations remained unfulfilled, and all kinds of familiar problems stubbornly remained a part of life despite success. So we must learn to accept the simple truth that life is indeed tough. If we refuse to face the truth, we not only make it tougher, we also destroy our potential for happiness.

The second destroyer of happiness is self hate. As human beings we have a capacity for happiness beyond the realm of any other creature on this planet. We have greater intelligence, feelings, sensitivity, humor, the ability to relate, to cry, to laugh, to make choices and decisions, to love, to think. But we also have many limitations and human characteristics that are less than ideal. Not one of us is exempt from being suspicious, distrusting, untrusting, worthy, hypocritical, prejudiced, self-serving, possessive, jealous, envious, and capable of bad judgment. And self-idealization and self glorification lead to self-hate, we will all remain limited and imperfect as will the world at large. Cries for personal perfection and justice will invariably lead us to frustration. You must learn to accept human shortcomings.

Times of personal liabilities are times when we most need self acceptance, self love and compassion. It is at such times we must protect and cherish ourselves. But to do so we must recognize self-hate. Self compassion leads to self-esteem, and puts us in touch with constructive aspects of ourselves, aspects that are necessary for the effective pursuit of a human, realistic happiness.

If we are motivated. Here are a few things you can do to help yourself within the human possibility: Remember these truths: life is tough. Justice is good but uncommon. Unreasonable expectations of any kind must lead to disappointment and unhappiness. Learn to accept your human value as well as your human limitations. Learn to recognize your mistakes and immediately take a firm stand against it. Make maximum use of compassion in accepting all aspects of your self, so that you can grow and attain happiness. Remember that happiness is every day living. Eating, breathing, seeing, loving, talking, listening.

(continued next page)



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El Excentrico

24th Year No. 22 February 20, 1973

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Queridos lectores, por tres numeros consecutivos no salio mi columna debido en primer lugar y por causa de fuerza mayor a la flu inglesa que no nos dejo en paz por semanas. Ya estamos viviendo otro nuevo ano, la guerra en Viet-Nam ya está por terminar en forma definitiva, y todos nos encontramos felices por esta gran noticia, en nuestra comunidad muchas novedades, proximately nuestro—buen amigo Al Garza se esta preparando para la reeleccion, y esperamos que toda la comunidad este con el ya que es el unico mexicano que nos está representando en el concilio de la Ciudad de San Jose, y por lo tanto debemos trabajar en su campaña muy arduamente.

TELEVISION. Roberto Ramirez y Enriqueta Lorigo felices con su nuevo programa de television en el Canal 20 de television, deseamos para esta pareja mucho exito en sus nuevas actividades, y les recomendamos este programa todos los sabados por la tarde.

RADIO. Bienvenida la "competencia," radio KEGL y los Good Guys dan la Bienvenida a los nuevos compañeros que laboran para. KAZA. Mucho exito en San Jose.

MINI-NOTAS. Aclaracion, muchas personas en la comunidad se imaginan que la estacion de la nueva generacion toca unicamente musica tropical, les recomendamos la lista de exitos para que cambien de opinion pues solamente así se daran cuenta que la

super 1430, es la unica estacion que ha tenido una nueva programacion con musica moderna y no solamente musica tropical como muchas personas del medio andan vulando, les recomendamos que aprendan un poquito mas de musica.

Nick Guerrero, ya se esta preparando para atender a toda su clientela con los informes del income tax, así que cuando le lleguen las formas les recomendamos al buen amigo Nick Guerrero.

ATENTA INVITACION. A todos los cantantes de la comunidad para que se inscriban en el programa de AFICIONADO

DE LA COMUNIDAD que se presentaran todos los domingos en el TROPICAN LOUNGE, de las calles King Rd. Story Rd. de 3 a 4 de la tarde, control remoto a través de la SUPER 1430, pueden tener la oportunidad de ganar MIL DOLARES EN PREMIO, ademas un viaje a Mexico cortesia de los GOOD GUYS, recuerde todos los domingos para mayor informacion visite a RENE D. LUNA, "EL MATADOR" en el 1763 al sur de la calle primera o, bien llame al 244-1430 con los Good Guys.

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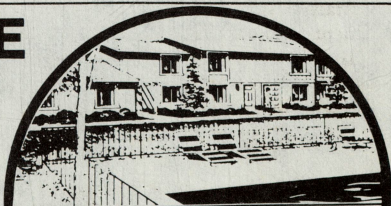
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