

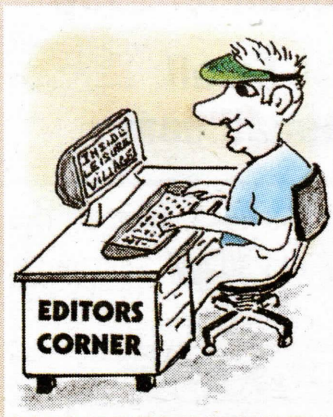
# Inside Leisure Village

VOL. 37 NO. 12

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

DECEMBER 2, 2016



Can you believe it – another year is almost gone. With all the activities we have available to us, time seems to fly by. We have had a pretty smooth year here in the Village, with not major catastrophes and a smooth-running Association. We survived the recent national election, with all of its drama and innuendo, to find that the government moves on in a peaceful manner. Given our age group, we have seen this all before and realize that our nation's foundation is much too firm to be swayed by the politics of the moment.

In 2017 ILV is going to increase our focus on the many contributions of our volunteers. We will be publishing a column each month recognizing the special people who contribute so much to our quality of life. Given the large number of people who give their time, energy and intellect to the community, it will take a long time recognize everyone, but we are going to try. I'm sure many of you will be surprised to know what your neighbor is doing for you!

Have a great, safe holiday season from the ILV Staff.  
Tim Palmer

## D-6, O-51, N-32, N-32, E-11, L-24= BINGO!

By Patty Ecker

He's a Leisure Village "original." Chuck Donnel and his wife Marie moved here in 1977 when their house was still being built and the streets around it weren't paved. "We were driving past Camarillo on our way to lunch with friends when we saw a sign about this new community. We decided to take a quick look," recalls Chuck with a laugh. "We bought the house that day." Thirty-nine years later, he says he wouldn't change a thing – except he wishes they had a two-car garage.

At first, the Donnels used the Village house as a weekend get-away. They lived in Los Angeles. He was a cartographer, a mapmaker for the City for 23 years, then for his own firm. It was a stressful career, all about getting details exact, meet-



Photo by JUDY SPECTOR

*It is Wednesday evening, and we know where Chuck Donnel is.*

ing requirements, satisfying governments and clients. In 1986, the Village house became their full-time home when Chuck retired. It didn't take long for him to get busy in an entirely different way.

"N – 32," booms across the very quiet AR. It's Wednesday night and

more than 150 people are hunched around tables staring at Bingo cards ready to pounce with the dauber when the right call comes. It is the Leisure Village mid-week, three-hour ritual, and its leader is Chuck Donnel. "Years ago, Bingo here was 50

*Please See Page 4*

## Let's Not Be Too Conservative

By Joseph Benti

Last month, we reported Board President Lin Grant's calculation that, on average, if each of the estimated 300 volunteer residents gave eight hours a month, (skipping the math) it would save each household approximately \$330.60 a year. Mistakenly, I figured eight hours a week. Sharp-eyed volunteer Paul Coffman, Chair of the Long-Range Planning Committee, caught the error - it should have been eight hours a month. However, I know quite a few volunteers who give more than eight hours a week - some even give eight hours a day because they like



*John Wirtz (L) and Bill Foeller finish the fire pit outside the Billiards Room.*

doing what they do. But, the idea here is to get the numbers straight. Using the extremely conservative

eight hours a month, the rest of Grant's conclusions stand.

As an aside, back in August, 2008, day after day, for a few weeks, I watched as John Wirtz, Bill Foeller, Leonard Belcher & Jim Ronge converted a small space outside the entrance to the Billiards Room to create a patio that the entire Village enjoys today. Aside from some very welcome expertise from Resident Services and Landscapers, the bulk of the bricks and mortar work, the fire pit, and a lot of sweat came from Village Volunteers, giving more than eight hours a week to all of us in the form of a year-round patio to enjoy.



## WE'VE GOT YOUR NUMBERS

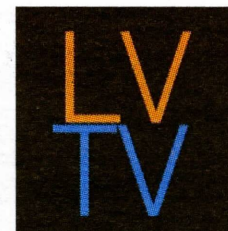
Here are some important Village phone numbers and email addresses.

**The Main Gate:** 805-482-0716 (for guest passes, a security question, etc.) or [www.gatepass@leisurevillage.org](mailto:www.gatepass@leisurevillage.org)

**LV's Emergency Number:** 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

**Ventura County Alert:** To sign up for the Emergency Notification System - 805-648-9283 or [www.vcalert.org](http://www.vcalert.org) or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

**Ventura County Disaster Information Hotline:** 805-465-6660 or register online at [www.vcemergency.com](http://www.vcemergency.com).



## LVTV Program Schedule

**December 2016 | Channel 1390**

**LVTV Committee Email:**  
[ltvcommittee@gmail.com](mailto:ltvcommittee@gmail.com)

### LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to [editorilv@yahoo.com](mailto:editorilv@yahoo.com). Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

### HOW TO CONTACT US

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[editorilv@yahoo.com](mailto:editorilv@yahoo.com)  
904-826-5945

#### Display advertising:

Stacey Janson  
The Acorn Newspapers  
805-484-1949 x303

#### Classified advertising:

Barbara Crome,  
482-9097

### ABOUT INSIDE LEISURE VILLAGE

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Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

### JANUARY DEADLINES

Deadline for letters, club news, stories, photos and classified ads for the January 2017 issue is Tuesday, December 20 at 5:00 p.m. The Display Advertising deadline is Monday, December 26 at noon. Publication is scheduled for Friday, January 6. Please e-mail stories and photos to [editorilv@yahoo.com](mailto:editorilv@yahoo.com). Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.

**Contact:** John Mayer, Chairperson at 388-4642, meet 3<sup>rd</sup> Thurs. 9:30 AM MPR. **DAILY AUDIO:** 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.

Day	Date	Program date time 10 am and 8 pm
Thu	1	Thurs. Showcase, Message Board for Shows
Fri	2	FYI (For Your Information) #4
Mon	5	LVA OPEN BOARD MEETING - LIVE (10 AM only))
Tues	6	LVA OPEN BOARD MEETING - TAPED
Wed	7	LVA 101 #2: The Board of Directors-2014 (41 min)
Thurs	8	Thurs. Showcase, Message Board for Shows
Fri	9	LVA OPEN BOARD MEETING - TAPED
Mon	12	LVTV - Pioneers With Wings - (29 min)
Tues	13	Players Guild:
Wed	14	LVTV Interfaith - 2010 (45 min)
Thurs	15	Thurs. Showcase, Message Board for Shows
Fri	16	LV Tree Trim - 2007 (56 min)
Mon	19	What Was My Line-Natalie Moses, Aurelie Zachary, John Bravos (52 min)
Tues	20	Women's Club-Holiday Show - 2007 (36 min)
Wed	21	Players Guild - Love Is In The Air (45 min)
Thu	22	Thurs. Showcase, Message Board for Shows
Fri	23	FYI (For Your Information) #5
Mon	26	Cooking Show-What Can I Bring? - 2011(24 min)
Tue	27	LV Musicians - Camarillo H.S. Jazz Band - 2012 (90 min)
Wed	28	Collectors Corner: Stereoscopes - 2012 (24 min)
Thu	29	LVA 101 - #1: Introduction - 1 /27/14 (45 min)
Fri	30	Law Talk - Elder Abuse - (31 min)
		<b>OLD-TIME RADIO AUDIO: Thurs. 7:00 PM</b> <b>CALENDAR DIVA: 8:00AM, 2:00, 5:00, 7:00 PM</b>



## TRYOUTS FOR PLAYERS GUILD "PLAZA SUITE"

All you would-be thespians (okay, actors and actresses), the date has been set for tryouts for Players Guild's April production of Neil Simon's comedy classic "Plaza Suite." Whether or not you have appeared on stage before, everyone who shows up will be given an opportunity to read and show their inner "star" potential. There are six male and five female roles. Tryout dates are Monday and Tuesday, December 5 and 6, at 7:00 p.m. in the Santa Rosa Room. Some spectacular talent has been discovered at these tryouts, so anyone interested in theater is urged to come out. It's a fun experience. For more information, call either Joyce Belcher, 445-9500, or Diane Carroll, 419-4325.

## AARP SMART DRIVER CLASS

*By Paul Herman*

Leisure Village will be hosting a five - hour Refresher Class of the AARP Smart Driver Program on Thursday afternoon, December 8, from 12:30 p.m. to 5:30 p.m. in the MPR. Contact Paul Herman at 444-6420 for details.

## UNITED BLOOD SERVICES - BLOODMOBILE LOCATIONS IN CAMARILLO

Monday December 12, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at [www.unitedbloodservices.org](http://www.unitedbloodservices.org).

## LETTER TO THE EDITOR

I hope that all our residents truly appreciate our wonderful security people. Recently, my old car died coming home from our center, leaving me scared and stranded. Very soon, security came by, calming me and helped to solve my car problem. I am most grateful for these kind and caring people!

Aleta Trogdon

## IN MEMORIAM

Virginia Bailey, V. 28  
Elsie Banchik, V. 4  
Paul Corcoran, V. 39  
John Kingsley, V. 20  
Seymour Lite, V. 18  
Lucille Livesey, V. 18  
Darryl Sobelman, V. 42  
Carolyn Wilson, V. 15

To submit a memoriam call Loretta Reshes, 388-7116

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## More Than A Drop In The Bucket

After totally missing an expected soaking from the no-show "El Niño," now the National Weather Service says, "La Niña," the wet one's weak sister has arrived. And that, they say, means cool and dry weather for the winter season, just the opposite



of the wet wild weather "El Nino" was supposed to deliver. There is a bright spot: unseasonal heavy rain for Northern California and the mountains, the major sources of water for the state's nearly

bone-dry reservoirs.

And there is another bright spot right here at home. Villagers are bucking the apparent trend of too many Southern Californians who are back to using too much water. Our consumption of potable (drinking) water was down in September, a whopping 673,200 gallons, or an average of 11 gallons per household per day. It may not sound like much, but it cut our water bill \$2,610.

And it's not hard to make that kind of savings: turning off the water as you brush your teeth saves 2.5 gallons a minute; spend only five minutes in the shower and save eight gallons a minute; use a broom instead of washing down the patio and save 50 gallons, and every household leak wastes 20 gallons a day.

So, you see, it's not difficult to stop wasting water!

## CHUCK DONNEL *From Page 1*

people with jackpots of \$3.00," he says. "I was calling games at the Camarillo Senior Center as a volunteer when the Village asked me to call here." The rest is history. B.D. (before Donnel), Bingo brought in \$19,000 a year. Chuck reorganized the weekly event, bought a new Bingo Machine, and increased the prizes. In 2013, the game brought in nearly \$88,000, after paying the winners. The money goes to the Village (minus costs like paper and daubers). The fun goes to Chuck, he says.

But that's only one part of the Donnel busy-ness. "I just love to help people," he explains. So he's a member of the Buildings and Grounds Committee, keeping an eye on how residents keep their gardens and patios neat. "I usually talk to the homeowner before I write anything up. A lot of cooperation comes when you are polite," he says. As an Emergency Preparedness Coordinator, Chuck focuses on the safety of people in his Village in the



Photo by BUD BRADLEY

*Chuck Donnel (with Gata) looks over his new drought-tolerant garden area.*

event of a disaster, "You'll see me in my hard hat and vest if there's a problem. I'm CERT trained and radio-ready." And he's been the Village's Chief Election Officer for 14 years, which means Chuck supervises ballot counting for all Village elections.

He and Marie still call Leisure Village "heaven" as they approach their 40th year here and agree they wouldn't change a thing – except that darn one-car garage.

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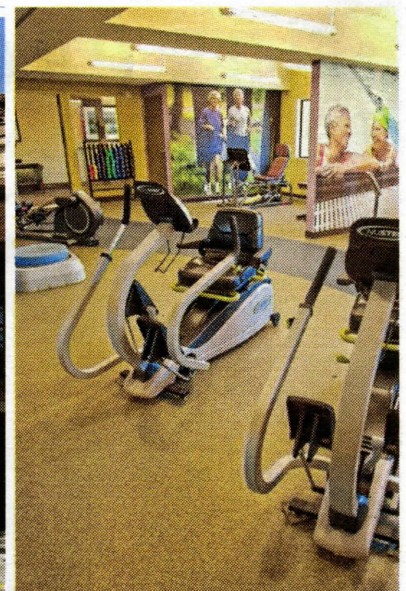
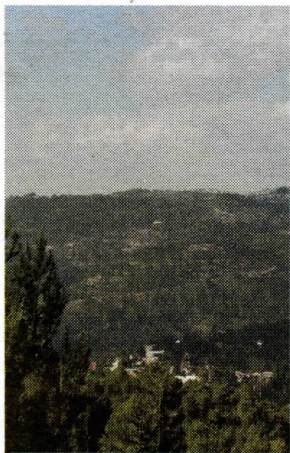
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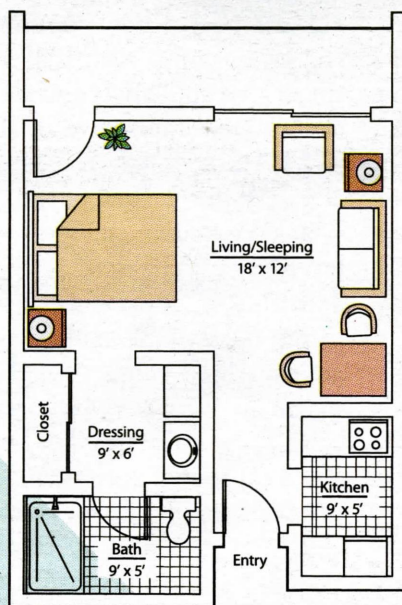




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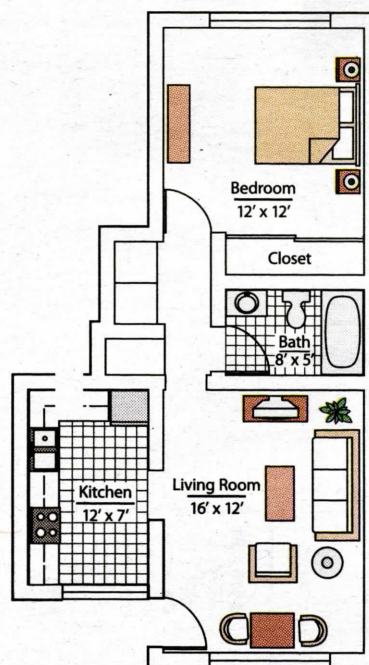
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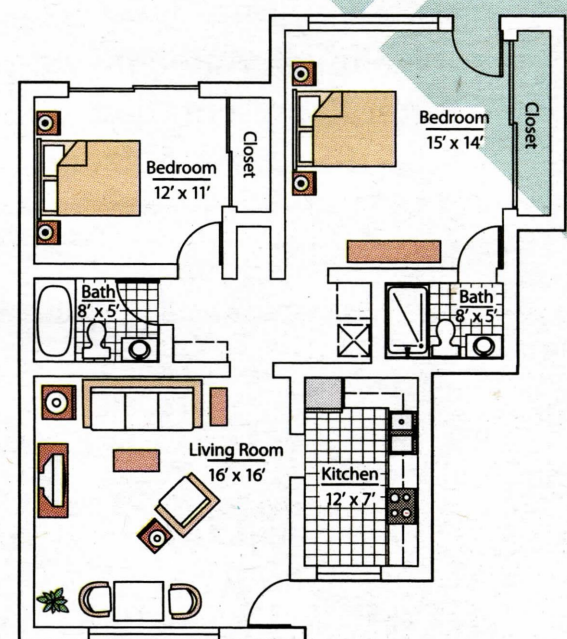


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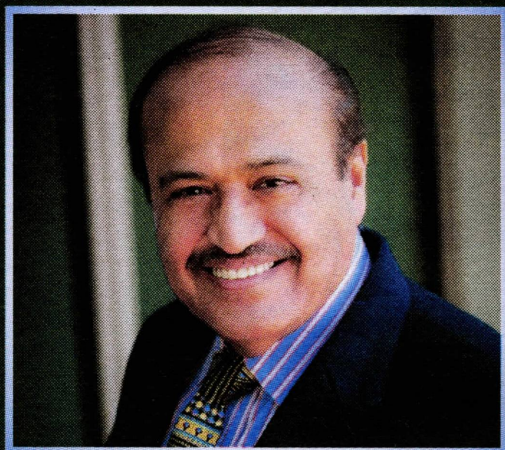
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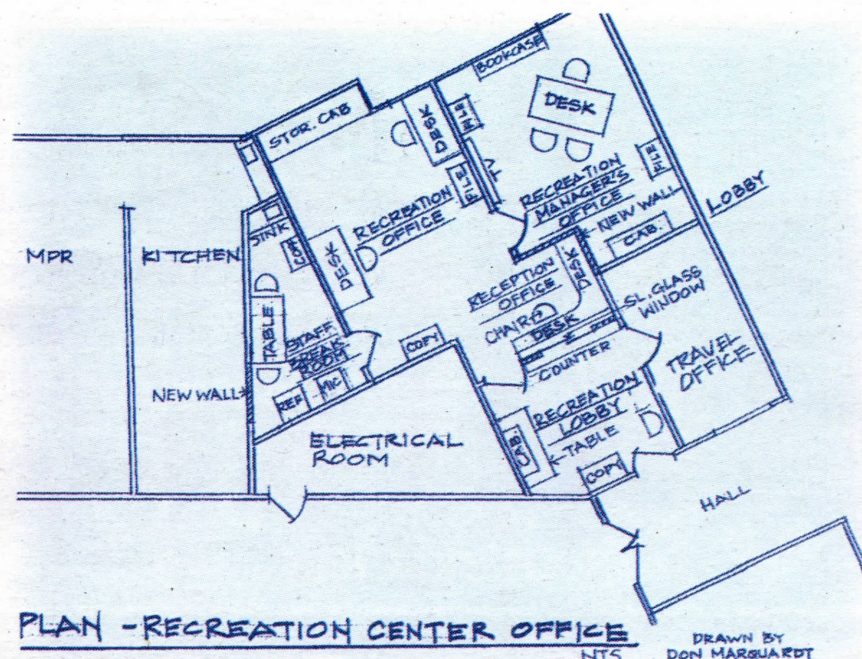
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The additional space for the employees break room comes from what was a storage closet at the end of the MPR.

## A NEW LOOK FOR THE RECREATION OFFICE

A holiday present to Village residents and staff is the larger, reconfigured space that used to be the tiny area of the Recreation Center called the Rec Office. The new Office will provide badly needed room for the dozens of daily transactions between Villagers and the Recreation team headed by Shelley Runge and, for the first time, contain a break room for LVA employees.

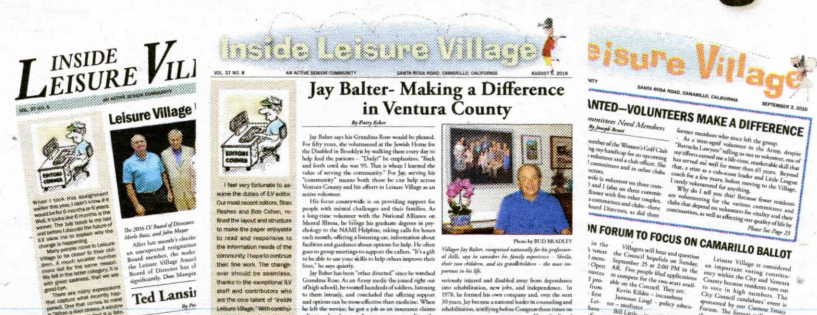
The remodeling work is being done primarily by Village staff. Only the electrical work will be installed by an outside company. As a result, the price tag for this improvement project is estimated at \$9700 (or less, according to the General Manager Bob Scheaffer).

A long modern counter for

customer service will replace the current peek-a-boo window. The employees' lunch room will contain the needed appliances and the space so Village workers have an alternative to eating lunch in their cars or at a desk in the back of the office.

It's a welcome change for Shelley Runge. "The staff refrigerator and microwave have always been in my office," she explains with a good-natured laugh, "which often meant we were stepping over each other." She estimates that between 50 to 60 residents come to the office daily to sign up for classes, get club information, buy tickets for events, pick up LVA forms, or just ask a question. Now the office can add comfortable customer service to that list.

## Inside Leisure Village



For Display Advertising contact  
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# VETERANS DAY

November 11 at 3:00 p.m.

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PHOTOGRAPHY BY JERRY SPECTOR

*Above, LV Veterans Club Color Guard members salute during national anthem. Left, 146<sup>th</sup> Airlift Base Honor Guard.*



*Above, Air National Guard Station band provided patriotic music. Left, USO sign provided by LV Woodshop.*



*Grateful Leisure Village residents packed the AR to show their appreciation for those who served in the Armed Forces.*



# Villager Reminds Us About Thank-You Notes and More

"We don't learn to tie our shoes on our own," explains author Ava Carroll-Brown with a smile, "Good manners must be taught, too." And that is the premise of her book, "Where IS Your Mother? A Simple and Suggestive Guide to Basic Proper Etiquette and Simple Grace," a handbook of stories and tips for gracious living in the 21st century.

After several decades as the leader of her successful event planning company, Ava came to realize that many people, young and old, never learned – or forgot what their mothers taught them – about what proper etiquette is and how important it is. "Good manners send a polished message of respect. First impressions take two seconds, yet last a long time, and can be as important as our performance or presentation," she explains.

Ava and her husband Nick – a former feature film editor – moved to

Leisure Village last spring from Lake Tahoe where they had planned to retire until a bear took up residence on their porch. "Also our family is here and I still do some charity and other event work, so we relocated," she says. "I love the Village; everyone seems warm and welcoming."

Ava's party planning career was international. She laughs as she describes one of the events she organized. It was a 70th birthday party in Austria for a German diplomat. The entertainment was a private performance by Cirque de Soleil. His gift was an airplane!

Her professional success strengthened her focus on the importance of proper etiquette. At her events, she saw people stumped by the silverware, confused by gratuities versus service charges, unsure when and how to write a thank-you note, and even how to dress. She contends that today's definition of casual



Photo by BUD BRADLEY

Author Ava Carroll-Brown and her granddaughters Karis and Caroline share her book to check on some questions of etiquette before a family get-together.

can mean an absence of etiquette. "Nowadays dressing up means wearing socks," she laughs.

Ava says, she wrote the book so readers can easily find the answers they need to accomplish that. Her children and grandchildren know that good manners "are noticed,"

which means they've learned how to sit at the table, feet on the floor, and enjoy a family dinner. Rumor has it that occasionally it's OK to eat fried chicken with your fingers when you are at Grandma's house.

Ava's book is available on Amazon.

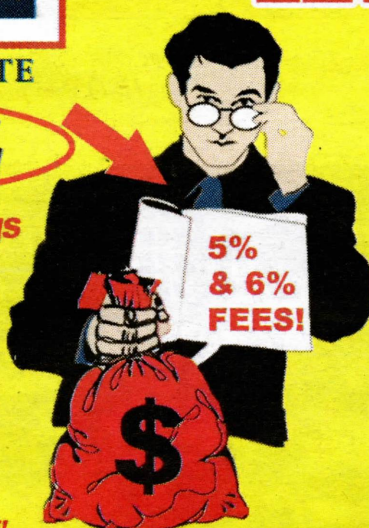


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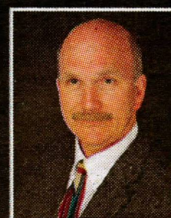
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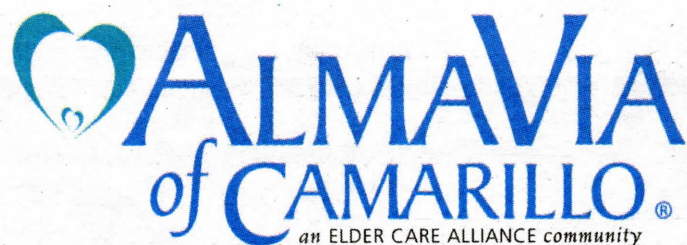


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## CLUB NEWS

### VILLAGE ARTS

By Patti Crichton

First of all, thank you to all of the clubs and creative artists who participated in the Village Arts Autumn Art Show on November 13. What a fine display of talent!

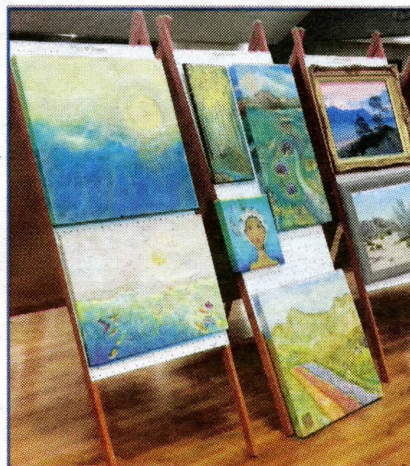
The Club's holiday luncheon will on December 7, 11:30 a.m. at Ottavio's. Please buy your tickets in advance. Call Patti Crichton at 482-6810.

Thank you to Lindy Stein for her



*A wide variety of artists show off their creations.*

Photos by RITA LINSEY & JERRY SPECTOR



November art display in the Library. Lee Truman's art will be in the Library during December.

Our artists meet in the Lanai Room on Monday, Tuesday, and Friday afternoons where individuals work on artwork of their choice.

Newcomers are welcome.

Village artist Kathy Whitesell will be doing a watercolor demonstration at our first 2017 meeting on January 4 and plans to offer a follow-up class later in the month.

Have a safe and happy holiday!

EST. 2014

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# CLUB NEWS

## SHOWTYME

*By Jerry Spector*

SHOWTYME presents "Just Us," Friday, December 9 in the AR. "Just Us" is a lively, entertaining, professional vocal group with a wide repertoire including jazz, Broadway

and swing, with a sprinkling of pop classics. They are going to perform an amazing variety of holiday classics and some surprises. Start your holiday season off with an enjoyable evening of wonderful music with Showtyme. Show starts 7:30 p.m. Doors open 6:45 p.m. Members - no charge; non-members - \$3.00 donation. Refreshments served; 50/50 with 2 winners.

*"Just Us" brings the sounds of the holiday season to the Village.*



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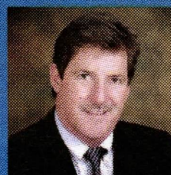
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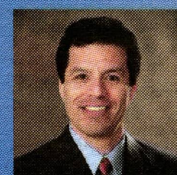
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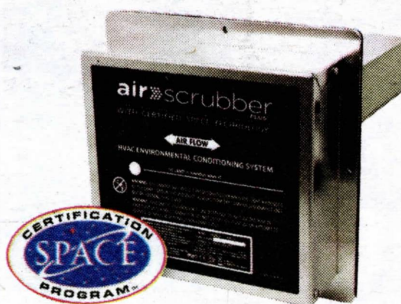
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## IN OTHER WORDS

*By Frank Seiden*

In December, In Other Words will meet on two Wednesdays, the 14th and 28th of the month, in the Lanai Room from 2:00 to 4:00 p.m. We listen to the flavors of the sounds of the writings. Do sounds have flavors? They do when the mind tastes the rhythms, moods and visions composed in the written words. Our discussions are about how rhythms, moods and visions are put into the writings. We know there will be stories of life's experiences; sometimes also fiction and often poetry. There is always a lesson to stimulate the thinking of those who choose to try new things.

At the meeting on December 14, we will vote on the slate of officers for 2017. We hope to have a good turnout. Visitors are always welcome to participate or just listen

## CLUB NEWS



### RACQUET CLUB

*By Leslie Fox*

Before we get to this month's news, there are a few things to acknowledge from November:

**Camera Club Winner,**

*Water Lily, by Verna Cryder*

Don Christy was the winner of the Racquet Club's Chili Cook Off and was awarded the trophy of "Senor Pepe' Bismol," which you really didn't need for Don's great chili! (See picture in last month's ILV.) The trophy was the ingenuity of Carla Molter and Larry Gries. Great job and a big thank you.

Our November 5 Paddle tournament was a fun success, thanks to the organizing skills of Trish Zakas and Sunshine Peterson. The winners were Gary Carroll, Merle Ruiz, Marq Petersen, and Leslie Fox, great playing. Trish awarded each with a 1st place trophy of a can of tennis balls!

Now for our December news! "Tis the Season"! For the Racquet Club that means a wine and cheese meeting December 14th at 7:00 p.m. in the MPR. This is Diane Carroll last official meeting and the turning over of the "gavel" to Merle Ruiz. Please attend to show your gratitude to both. Our season finale will be our New Year's Eve potluck, December 31st, in the Santa Rosa Room at 5:30 p.m. A great time to wish your fellow members a happy New Year and enjoy all the wonderful food!

Peace, joy, good health and happiness to all!

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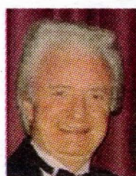


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## CLUB NEWS

### THE AMATEUR RADIO CLUB

By Jonathan Fox

At our last meeting, Bob Banfill gave a great presentation on IRLP which stands for the Internet Radio Linking Project. For a demonstration, we all gathered outside on the front lawn of the Rec Center and, with a small hand-held transceiver, we were able to make contact with Manitoba, Canada and Sacramento, CA. It was quite amazing.

On November 12, some of our members handled communications for the Red Cross at their "Ride for the Red". Ride for the Red was created by passionate, local volunteers eager to share the story and history of the Red Cross Service to the Armed Forces. All proceeds from the ride benefited the local Red Cross Service to the Armed Forces program.

For our upcoming meeting on

December 14 at 2:00 p.m. in the MPR, we will hold our annual Holiday Meeting. We compete for prize tickets by answering some questions taken from the subjects we learned about this past year. Extra tickets can also be earned by paying the upcoming year's dues. Everyone goes home with at least one prize.

For more information, contact Jonathan Fox at 805-377-3697 or KJ6LV@yahoo.com.

### WII BOWLING

By Ginny Bryce

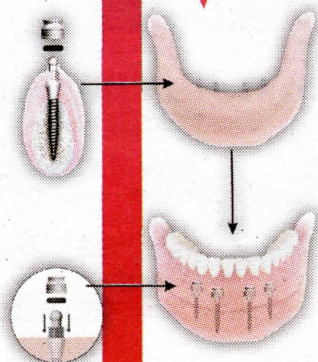
Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all: come join us! Occasionally, tournaments are held for those interested, both in-house and with other senior communities. Please call for information: call Joan Levy at 805-482-6871, or Barbara Bell at 805-388-2264.

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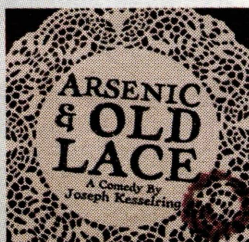
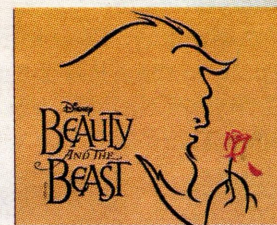
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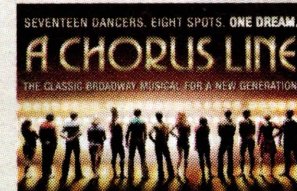


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## CLUB NEWS

### PET CLUB

By Ruth Stubba

The Pet Club is very excited about fulfilling and expanding its mission. At the November annual business meeting, the members voted unanimously to donate proceeds from previous fund raisers, totaling \$1550, to three animal causes - the Camarillo Shelter, Moorpark Exotic Animal Teaching Zoo, and Pets for Vets. They also selected Camarillo Shelter and Moorpark Teaching Zoo as the primary focus of their 2017 fund raising campaign. The club will continue to make individual event donations to pet related non-profits (such as Pets for Vets and K-9 Search and Rescue) that participate at club functions, and will continue to promote healthy, well behaved pets and responsible pet ownership through their Speaker Series.

On Monday, December 5 at 5:30 p.m. in the AR is the final Pet Club event of the year, our annual Holiday Dinner Party with entertainment by Priority Male, a wonderful 'a cappella' quartet, featuring LV resident Bill Crome. Please bring a can or bag of pet food to the dinner for donation to Camarillo Shelter. There will not be a meeting on December 12. Our next meeting is Monday, January 9, 2017 at 7:00 p.m. in the MPR. Happy Holidays to all!

*Waiting patiently.*



Photos by RITA LINSEY

*Ventura County Animal Services providing vaccinations.*



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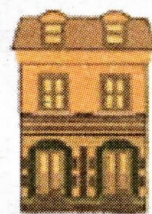
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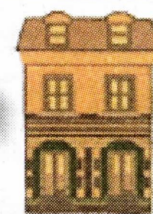
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# CLUB NEWS

## MEN'S GOLF

By Joseph Benti

This year's Men's Golf Club Champions are John Santos of the Eighteen Hole golfers, with Ross Edmonds leading the "B" Flight and Jack Miller leading the "C" Flight. John Palmer is the Nine Hole Champion, followed by Carl Gregory and Dan Connelly.

At the November meeting of the Men's Golf Club, in honor of Gary Bunch's third hole-in-one on our course, his daughter Michelle baked up a choice to replace the customary store-bought cake - members could "hook" on to a home-made golf ball cupcake or take a "slice" of fairway cake.

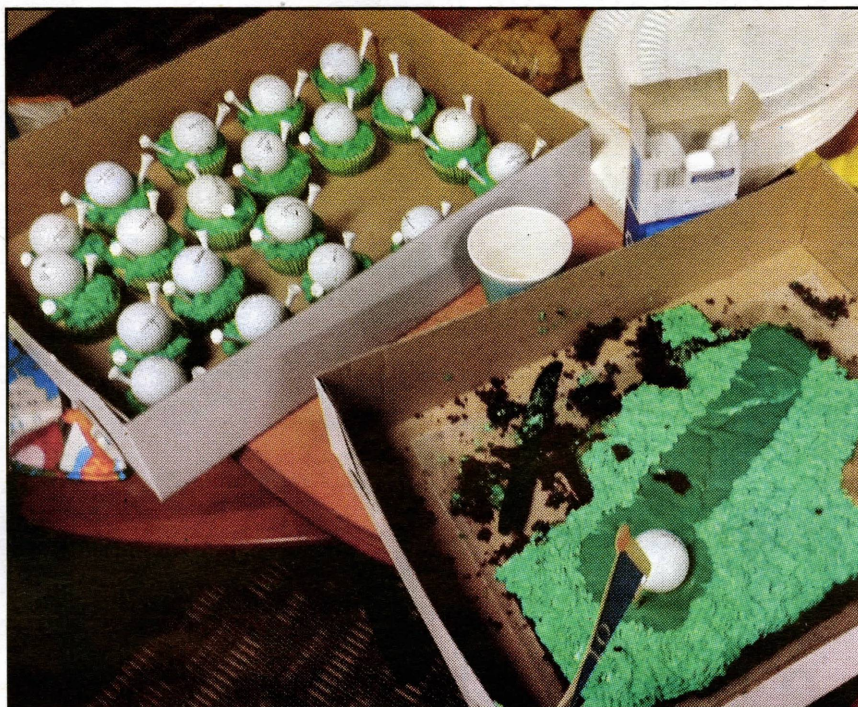


Photo by JOSEPH BENTI

For the customary "Hole-in-One" cake, Gary Bunch's daughter Michelle made golf ball cupcakes and a fairway cake to mark her dad's third hole-in-one on our course.

## WOMEN'S GOLF

By Patti Crichton

Happy Holidays to all! Our Club Holiday luncheon will be at Ottavio's Italian Restaurant on Wednesday, December 14 at 1:00 p.m. Buy your tickets.

Come to a special round of golf on the morning of December 14 at 8:30 a.m. to start the festivities. Gift exchange is optional at the lunch. Wear your ugly, tacky, fun holiday sweater!

The President's Cup wrapped up in November. Results are not yet available. The Harvest Dinner Dance was a blast!

Regular golf will be played on December 7, then we will switch to Open Play for December 14, 21, and 28, which means optional attendance. Come and play if you can. Stay tuned for a new event on January 18th - The Edith Dowsing Tournament.

Enjoy the season!



Photos by PATTI CRICHTON

Women golfers had a scary good time on the golf course.

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## CLUB NEWS



Photo by BUD BRADLEY

### WOODSHOP

*By Chuck Russell*

We want to begin our news this month with a cheer for one of our own, Ron Quick. He made the bed in the picture; it is a gift for his grandson Kyle. And there's more: the headboard – totally a "Quick" creation – spells Kyle reading left to right or right to left. Amazing!!!!

The quality work done by our Woodshop elves explains why we are so busy. The number of projects we work keeps going up. Here are the totals for the year so far:

Residential projects: 241

LVA/ Club projects: 64

Quickies: 42

Residents with furniture that

*This bed was made in LV's Woodshop by Ron Quick for his grandson whose name is Kyle. Look closely at the headboard.*

needs repair can bring the piece to the Woodshop window on Tuesdays and Wednesdays between 10:00 a.m. and noon. There's no charge for our work. Donations for materials or supplies are always welcome.

Our door is open to residents who have experience with woodwork and with power tools and would like to join our group. Call Chuck Russell at 383-3043 to make an appointment with one of our members who can check you out on our equipment and answer questions about our group.

### COUNTRY WESTERN DANCE

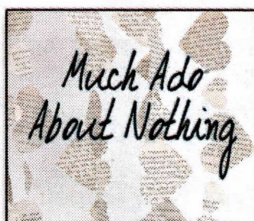
*By Sue-Ellen Colp*

Country and western dance is the second Saturday of the month. The next dance will be December 10, 7:00 to 10:00 p.m. DJ's Marshall and Teresa will be spinning the tunes. Come early and put your dance requests on the list. Coffee, punch and water will be served. Bring snacks to share and BYOB.

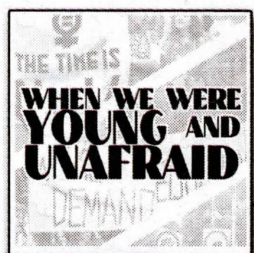
Last month we had wine, cheese and crackers and, of course, gift cards to Trader Joe's, along with the 50/50. On a sad note, Buster and Sue-Ellen will not be running the dances any more. After six and one half years, they have moved on to other things but they will continue to support the club. Sharon and Merle will continue running the club. We look forward to seeing you at the next dance.

For more information, call Sharon 805-910-9428. Hope to see you there!

#### CAMARILLO SKYWAY PLAYHOUSE Presents their 2017 Season



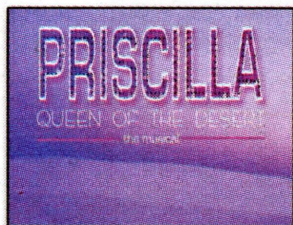
Shakespeare's classic, witty romantic comedy. Feb 3 - Mar 5



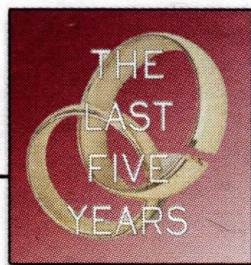
The touching new musical about an unlikely romance. Mar 31 - May 7



A refuge for women welcomes a troublesome newcomer. May 26 - Jun 25

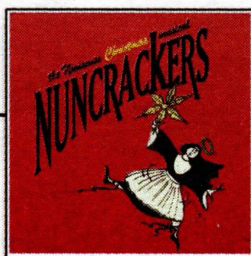


A beautiful musical follows a five year relationship. Aug 4 - Sep 10



A colorful trio of friends set off on a heartfelt musical adventure. Oct 6 - Nov 12

The Little Sisters of Hoboken find new adventures. Dec 8 - Dec 17



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## CLUB NEWS

### BILLIARDS CLUB

By Patrick Price

Billiards Club meeting is dark in December; see you in Janu-

ary. The popular Thursday night challenge continues. Be there at about 6:00 p.m. to sign-up. Left, center, right is back up and running for those not playing pool on Thursdays.

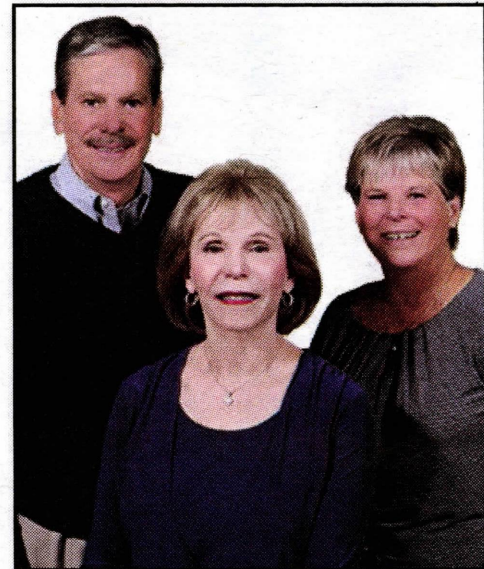
### Fun at Leisure Village



Photo by RITA LINSEY

Scary Halloween Volleyball players take over the Pool.

My Grandma Sells  
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Adjustable beds are simply a specially designed mattress on top of a motorized base. This base allows the user to elevate the head and foot sections of the bed. Generally, the head up position is for reflux and snoring. The foot area raises for better blood flow and circulation. When both the head and foot sections are raised, it is known as the Zero Gravity Position. This allows for no pressure on the lower lumbar spinal region.

**Are adjustable beds the same**

**as hospital beds?** Definitely not! Hospital beds are used for raising and lowering the patient's body out of the bed and have permanent retaining rails. In hospital beds, you can't sleep with with a partner, as they only come in twin size. On the other hand, adjustable beds come in ALL sizes, including a range of basic to deluxe models. They are designed to fit YOUR lifestyle. For example, some of today's modern adjustable beds come with massage units, programmed sleeping positions, iPhone compatibility, whisper quiet motors, and heaters. They are engineered to withstand thousands of adjustments and come in a variety of firmness levels. Another great feature is that you can even use your current furnishings.

**Buy American!** When choosing the correct adjustable bed, it's important to purchase American Made adjustable beds. Low price import brands can break down easily. Leggett and Platt is a highly respected and well-known manufacturer with 30 years in the industry. ([www.leggett.com](http://www.leggett.com))

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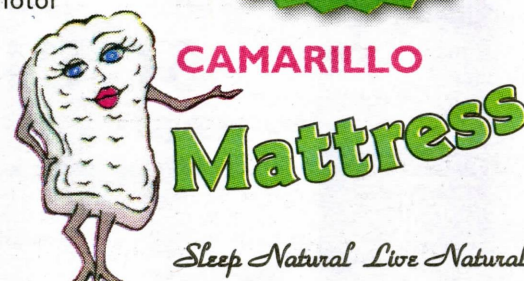
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## CLUB NEWS

### WOMEN'S CLUB

By Louise Romero

The LV Women's Club annual Holiday Bazaar, held on November 7 and 8, was a great success. Thank you to all villagers who shopped for beautiful hand-made items, vintage jewelry, unusual hand crafted holiday decorations and home baked goodies. A Silent Auction of a handmade wooden clock was held and will continue until the December 8 program when the winner will be announced.



Time before the holidays is getting short, so don't forget the additional Boutique days are Tuesday, December

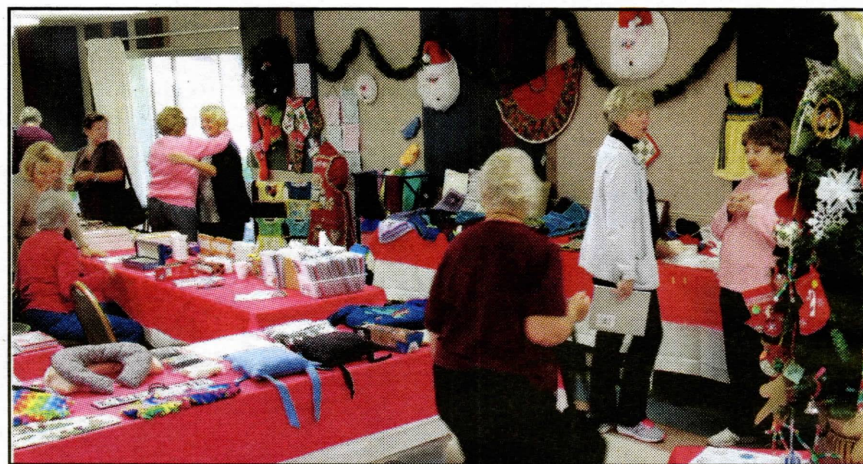


Photo by JACKIE NELSON

Annual Women's Club  
Boutique sale.

13 and 20 from 9:00 a.m. to 11:00 p.m. in the MPR and Wednesday, December 21, from 4:30 p.m. to 6:30 p.m. in the lobby. There are many items available for those last minute gifts or an item to own, so do stop by and shop. As always, there will be coffee, tea and goodies offered. We look forward to seeing you there!

Our Thursday, December 8, program will be preceded by the Annual Bake Sale, Boutique and See's Candy sale at 1:00 p.m. in the AR. The Gener-

al Meeting will begin at 1:30 p.m. and The First Baptist Church of Camarillo Choir will perform at 2:00 p.m. with a holiday program. Don't forget your canned goods for Food Share.

The LV Women's Club is in need of a Program Manager. If you are interested please call Shearon Millar at (805)603-2773.



*Hi Leisure Village  
Neighbors,*

*For the month of December, we  
are collecting items for the Rain  
Project, which is a transition  
house for Homeless Families.  
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please drop off any of these  
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## CLUB NEWS

### THE MAVERICKS

*By Margo Secia*

Due to the upcoming Christmas holiday, we will be dark on our regular fourth Friday in December.

The Mavericks' Board is still busy working out the plans for our annual "Winter Ball Dinner/Dance" on Friday, January 27, 2017 in the AR. The dinner will be catered and a band will be playing for your listening and dancing pleasure. All pertinent information regarding the time, cost of tickets and dinner choices, along with a complete menu, will be in the January, 2017 "ILV" issue and in eNews. Tickets will be available for purchase the beginning of January. Please calendar the date for this dinner/dance and come enjoy our very special party we have every January. Start the New Year off right with great food, friends and entertainment! If you have any questions or comments,

please feel free to contact President John Wirtz at 384-8508 or Vice-President Ruth Stubba at 496-7188.

### SATURDAY NIGHT BALLROOM DANCE

*By Ardrea Moran*

The holiday season is upon us with all the bells and decorations. There are many parties to attend, but we hope you will join us on Saturday nights. We have two dances this month; our black and white on December 3, with Tropic Starr, and a Special Event on December 17, the Lenny La Croix Trio, a new group to Leisure Village. This is a holiday dance, so wear your best dancing shoes and prepare to have a good time. It will be from 7:30 to 10:00 p.m. in A.R. The admission is \$7.00 per person, including refreshments.

May everyone be blessed with health and happiness for the coming year. See you at the party!

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## CLUB NEWS



### WRITERS CLUB

By Harvey Brosler

Writers Club: Write, Present, Participate, Enjoy, Learn. December combines presentations along with the annual holiday luncheon and the election of Officers for 2017.

On December 5 the suggested topic is "Holiday Traditions with Family and Friends". On December 12 our Annual Holiday Luncheon will be highlighted by a local writer who will discuss his style of writing. In addition, he will briefly discuss his full length fiction novel that chronicles a young idealist's first year on the Los Angeles Police Department. There will be plenty of time for questions, answers and socializing. Spouses, significant others and friends are invited.

On December 19, election of Officers for 2017 will be held and Committee Chairs will be appointed as required. Suggested topics for 2017 will be handed out at that time, if not earlier. This will mark the end of another successful year of fantastic presentations. On December 26, there will be no meeting. "Stories of the Month" for November are displayed just inside the entrance to the Village library.

Contacts: Harvey Brosler 465-0006, hsbros@roadrunner.com or Larry Kalisher 465-0042, larry.kalisher@gmail.com"

### Camera Club Winner,

*Out of the Depths, by Jean Kohut*

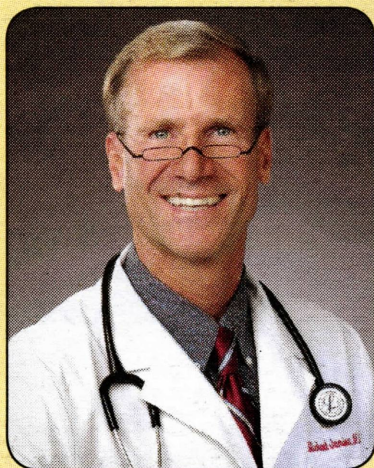
### LV RV CLUB

By Mary Beil

It is a very sad time for the Leisure Village RV Club; we lost two members in the past couple of weeks. On October 31, our President, John Kingsley, passed away at home after his battle with cancer. Next, we were shocked to learn that Darryl Sobleman passed away on November 10.

The club's next meeting is our RV Club Holiday Party. This will be held on Tuesday, December 13th at Jessica's Café 5:30 pm. We will be having a fun evening getting to know our new Board Members for 2017. This is a 'Members only' dinner and tickets are \$10/per person. Contact Pam Ronge 805-551-9240 / Mary Beil 805-987-7901

Our Pismo campout had a great turnout at the Pismo Sands RV park with 19 members attending including new members Mike and Roxy Gross. Next month's ILV will have more details. Regular meetings are on the second Tuesday of the month, held in the Santa Rosa Room, unless otherwise announced.



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# CLUB NEWS



Photo by JERRY SPECTOR

Early bird Villagers began lining up at 6:30 am on Election Day. As a community, the Leisure Village turnout of 74% (1992 voters) exceeded the county's 65%. Of LV's 2694 registered voters, 1395 voted by mail, 597 cast ballots in person. In the Presidential election, 1059 residents voted for Hilary Clinton; 796 voted for Donald Trump.

## LV BOWLING

By Vivian Hurst

We're up and running again and glad to be back. We had a great brunch last month; plenty of wonderful food! We have started the ladder tournament this month, and it is going to be another fun time. We're still looking for bowlers; come over and have a great time on Fridays at 9:30 a.m.

Let's catch up on some wonderful bowling. To round out Week Two, our side pot winners were: Betty Herrman and John Hitchcock. Dennis Duran had a great day of bowling with a 213, 205 and 207! Week Three side pot winners were: Joyce St. Johns, Earl Weissman, Vi Guzman, Joe Quackenbush, Fred Diehl, Claudia Roberts and Linda Neth. Week Four side pot winners were: Wilma Hutson, Art Titan, Leslie Fox, Al Feldman, John Albany and Vi Guzman. Art Titan was our only 200 game with a 214.

I hope all of you had a great Thanksgiving and wish you Happy Holidays this month!

## SINGLE ACTIVE SENIORS (SAS)

By Zelda Greentree

Just a reminder- if I can be lured into falling for "This is your grandson and I am in jail in Malibu. Please send me \$1500; I will call to let you know where to send it". In reality, I do have a grandson attending school in another state. It's a good thing my daughter had just come into my house and yelled "IT'S a SCAM!. HANG UP!" And it was and I did!!!

Now for this month's business: as all of you Singles know by now, we meet for dinner @ Ottavio's Italian Restaurant at 5:00 p.m. on the 2nd Tuesday of every month. We always have a delicious Italian meal and you will enjoy getting together with people you already know or some you will meet for the first time. It's important to call Lee Edwards @ 484-3289 for your reservation. We will meet on December 12, at 5:00 p.m. at the restaurant. We will be happy to see you and have dinner together.

## SHUFFLEBOARD

By Diane Hawrylo

High scores submitted for an eight frame game in November 2016 were: October 19, Milt Krapes, 160; October 26, Milt Krapes, 186; November 2, Milt Krapes, 166; and November 12, Cela Foster, 96.

Everyone is doing very well and enjoying shuffleboard at the same time. There is a lot of enthusiasm and interest in shuffleboard. Come on by and enjoy the fun. We regularly play shuffleboard on Wednesdays at 9:30 a.m. All Villagers are invited to join. We will teach you if you don't know how. There are no dues. You can practice at any time. Come and join the fun.

A safety note: Because of uneven surfaces, wear only flat shoes, and walk only between the lanes; never walk across the lanes.

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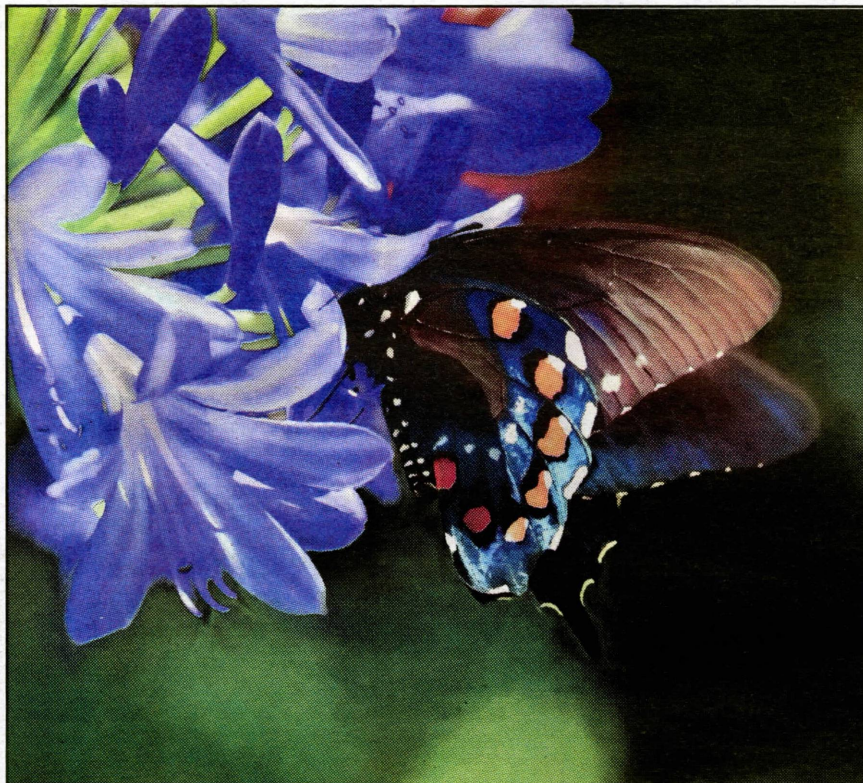
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## CLUB NEWS



**Camera Club Winner,**  
*Blue Beauty, by Jean Kohut*

## CHRISTMAS DAY DINNER PLANNED

*By Sheldon Tilles*

For the 22nd year in a row, Temple Adat Elohim of Thousand Oaks is hosting a Christmas Day Dinner on Sunday, December 25. It will be held at Temple Adat Elohim located at 2420 E. Hillcrest Drive in Thousand Oaks from 11:30 a.m. to 2:00 p.m. Residents of Leisure Village are invited to attend as guests. As in the past, bus transportation will be provided, compliments of Durham School Services. This year, they will provide a bus that can transport four wheelchairs.

Please reserve a place on the bus by signing up at the Recreation Office located in the Recreation Center by Friday, December 16, 2016. For further information, contact Leisure Village resident Sheldon Tilles at 437-6619. The bus will arrive at 11:00 a.m. and will be located by the Bank of America building outside the Village.

## CHANUKAH PARTY FOR SENIORS

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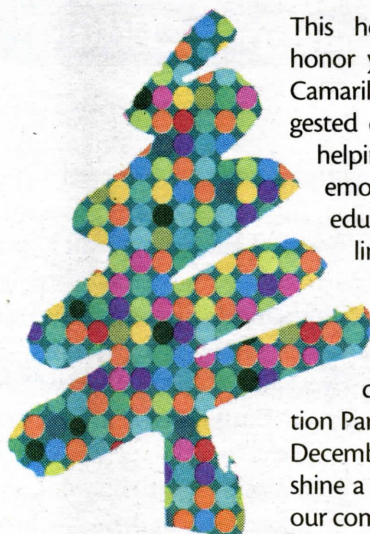
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This holiday season, we invite you to honor your loved ones with lights on the Camarillo Hospice Tree of Life. For a suggested donation of \$25 per light, you'll be helping us fund the free practical and emotional support, counseling and education we provide to those facing life-limiting illness (including caregivers), grieving the death of a loved one, or considering end-of-life issues.

This year's Tree of Life will be lit during a special ceremony in Constitution Park, Camarillo at 4:30 PM on Saturday, December 3, 2016. Please join us and help shine a beacon of love and remembrance in our community throughout the holidays.

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## COOKING WITH LARRY

# My Kitchen is My Laboratory

By Larry Swartz

When Joy Babcock said "My kitchen is my laboratory" during our conversation last week, I knew I had a great title for this article. Born in Dalian in Northeast China, Joy now lives with her American husband in Village 20 and they are very happy for many reasons. Joy is happy because she loves to cook, experimenting with healthy foods and Gary loves to be her guinea pig. That's because her experiments always turn out great. Joy remembers being in the kitchen when she was around five years old. Both her parents worked, and she and her siblings would be given a list of things to do to prep for dinner.

Now, years later in Camarillo, she loves to experiment. I've been professionally involved with food for over 40 years and she has things in her kitchen I have never even seen before, much less cooked with, like roasted, blanched, halved apricot seeds. Even though she loves to experiment, Joy still loves basic simple dishes that taste great.

She loves to cook with Tofu and she says "I use different textures for different dishes. Soft tofu is good for soups but not for stir fry." Even though the word "tofu" is Japanese, most food historians accredit the invention of "bean curd," to the Chinese, and it is made by curdling soymilk. I don't have to tell you the benefits of tofu, but I will: it is a good source of protein and contains all eight essential amino acids. It is also an excellent source of iron, calcium, manganese, selenium and phosphorous and tofu is great at absorbing the flavors surrounding it. For those who don't eat grains or are on a gluten free diet, use tofu to stuff a Holiday Turkey. There are plenty of recipes online.



Photo by BOB KAPLAN

Joy Babcock says, "Experiment, experiment, experiment."

### Basic Tofu Stir-fry: (Serves 2)

INGREDIENTS: ½ Package (7oz) firm tofu cut into ¾" squares  
½ cup (shelled) cooked edamame

Two (2) medium carrots diced & blanched till barely soft  
2 garlic cloves finely diced  
Two (2) ¼ slices of red onion cut into 8 pie wedges  
Olive Oil  
Chicken Broth – preferably homemade or Better than Bullion (if you don't have time to make fresh broth)  
Low Sodium soy sauce (according to taste)

**Directions:** Sauté garlic on low heat till golden, do not allow to brown or burn. Add onion, edamame, carrots and tofu. Add a small additional amount of oil as required. Raise heat to medium; stir fry for approximately five to six minutes or until golden brown and the onion is translucent. Add a few drops of toasted Sesame oil if desired, ¾ cup chicken broth and stir. Taste for seasonings. Add soy sauce if desired. Serve with vegetable, rice or noodles.

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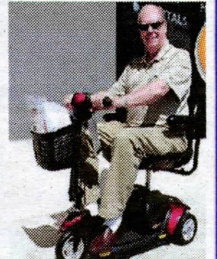
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## ASK CLIFF

# When the Lights go Out —Don't Blow a Fuse

By Cliff Kearsley

I've hesitated a bit longer than necessary in writing about this next topic — ELECTRICAL. I've put it in caps, because there should be more than a little caution when approaching this topic. There is some risk in an inexperienced attempt to deal with electrical problems, so we won't get

too technical or suggest that you try to deal with anything that might be risky.

Let's say that you plug in an appliance — perhaps a vacuum that hasn't been plugged into that specific outlet before. You switch it on and it immediately quits and some lights go out entirely. What happened? You've just overloaded a

circuit and tripped a breaker — we used to say that you “blew a fuse.” Before going further, unplug the offending appliance and switch off some, but not all, of the lights that went out. Not to panic! And not yet time to call a handy man or electrician. Some investigation is called for first.

On an outside wall of your house — the one furthest from your “roof-mate” — there is a breaker panel. Open the door — no risk here. As you look at all of the breakers, one should stand out. The toggle switches for all but one of your breakers are pointing in the same direction. The switch on one of them is pointing directly at you. That's the one that you have tripped. You need to switch it from the middle, or tripped position to the “off” position. Why not just push it back to the “on” position like all of the other breakers? Because most of today's breakers have to be switched “off” before they can be switched all the way back to the “on” position.

You can easily accomplish this with your fingers, but if you are hesitant to involve one of your digits in an invasion of enemy (electrical)

territory, then use a non-conductive, non-metallic “stick” of some sort. A wooden broom handle or some other piece of wood is ideal. As you reset the breaker, first all the way to the “off” position (usually to the left, but certainly to a position opposite to the direction that all of the other breakers are facing) — you'll probably hear or feel a “click”. Push it to the “on” position. It probably will not “click” as it passes in the middle (tripped) position, but will reseat with a snap to the “on” position.

Close the breaker panel cover and go inside to check the lights that you didn't switch off earlier. They should be on. If so, pat yourself on the back for having solved an electrical problem. If not, now's the time to call a handy-man. Most can handle simple electrical problems. If they can't, they'll tell you and then you can call an electrician.



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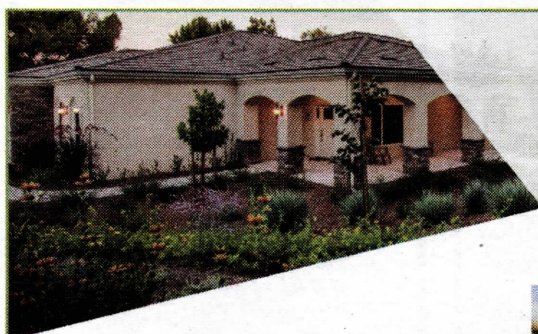
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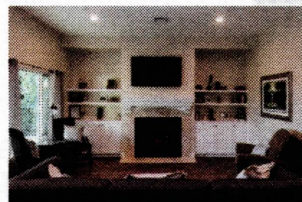
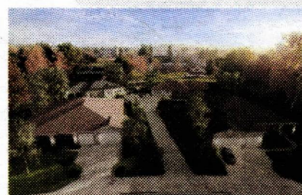
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## LV TRAVEL CORNER

By Carol Moody

As promised, our 2017 tours are beginning to be on sale with many more trips in the planning stage. Continue to watch LVTV, channel 1390, read eNews and/or stop by the LV Travel window in the Rec Center from upcoming tour information. Here is a list of a few of our current offerings:

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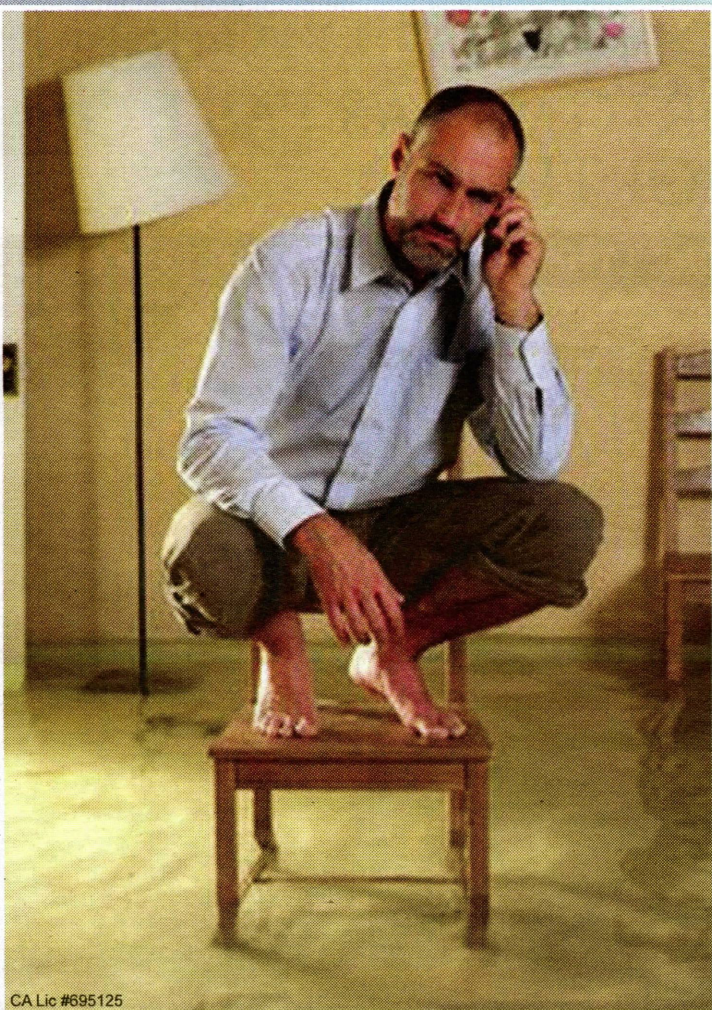
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LV resident Handyman-Plumbing, electrical, assembly, faucets, garage door openers, toilets, light fixtures, garbage disposers, etc. No job too small. No service call fee. Al 987-8419

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All types of interior & exterior work. Gutter cleaning. LV refs. Ron Needle 358-0693

Fall is here, time for gutters, roofs, windows & exterior of your palace to be maintained! Call to set an appointment with yours truly, Expert Cleaner. 298-2648 Viet Ngo

I would like to help you with errands, doctor appointments, shopping or anything else you might need. LV references. Linda 377-4601

Holiday Help Decorating wrapping, errands, Dr. appts, shopping, housecleaning, pet service. Call to book An appointment. Georgia Smith 302-8790

Need a little xtra help? 6 yr LV resident. Registered in CA as home care aide. Take you to appts, lite housework, help with errands. Dependable, honest, love animals. PT Call Ann 818-808-2839

Caregiver, companion-13 years exp. Flexible daytime hours. Prepare meals. Drive to airports, shopping, Dr. appts. Exc. Refs. LV res 15 years Joyce 889-5866

Victoria Sampson - 754-4753 / 482-0410. Caring, dependable, prepare nutritious meals, bathing assistance, running errands, light housekeeping, companionship

With experienced caregiver, reliable, hardworking, caring, a great companion, assist with basic needs and willing to help you do anything. Call Cherry 444-2379

Compassionate caregiver with lots of references from LV. Can drive your errands, prepare nutritious meals, PT/FT flexible schedule. Call Sherry 312-4561

Kind & cheerful caregiver: meals, bathing, lt. housekeeping, laundry pet care, driving, very dependable. Good refs. Dolly 807-2494

Experienced female caregiver aged 49 yrs. 13 yrs exp. with Alzheimer, dementia, special needs & general care. FT/PT to suit. References on request. Kerrie 987-1508

Caregiver 29 years experience in LV. Dependable. Call Elena 236-1154

Caregiver, PT/FT, live-in/out, caring responsible, help with everything, exper. LV references. No agency fee. Betty 302-7423

Night Time Live in Caregiver. Available now. Tim Gennette 402-7545 No out of pocket cost to you. References. Call for more information.

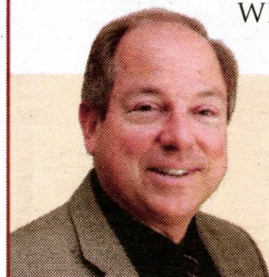
Companion/caregiver for male/female elderly. Drive to Dr. appts, pers. Care, laundry, meal prep, lt. housekeeping. All around help. Trustworthy, reliable, dep. 26 yrs. in LV. Excel. Refes. Zeny 377-6160

## CASH AVAILABLE FOR RESIDENTS OF LEISURE VILLAGE- USE A REVERSE MORTGAGE AS PART OF YOUR FINANCIAL PORTFOLIO

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BUY A CAR, USE THE FUNDS AS YOU CHOOSE

**FREE NO OBLIGATION CONSULTATION IN YOUR HOME WITH A PRINTOUT OF YOUR ELIGIBLE FUNDS AND ANSWERS TO YOUR QUESTIONS**  
YOU CAN ALSO PURCHASE A NEW HOME WITH A REVERSE MORTGAGE

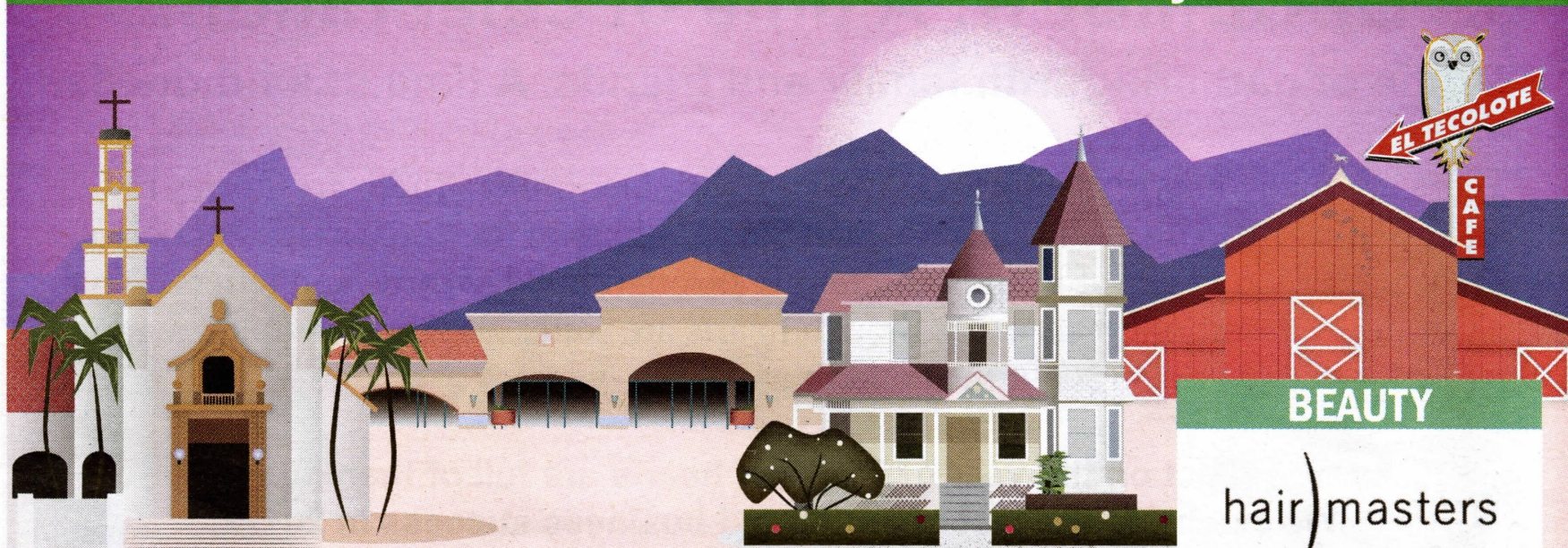


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# DECEMBER: A time of celebration.

**A time of gathering with family and friends. A time of kind deeds.**

There are many happy memories associated with December. There are stories to tell and catching up to do. Many visit the mail box with skip in their step as they anticipate the wonderful updates of friends and family through holiday cards and letters. What a wonderful tradition! It seems as though hearts are softer and most people are more patient. December brings out the good in us.

**As we reflect on the year of 2016 our hearts are full of thankfulness.**

**We celebrate the fact of continued business success in 2017.**

**THANK YOU for your support!!!**

*Celebrate with us this month by doing a kind deed each week. This can be a note, a visit to the sick or lonely, a baked good to a friend, etc. We would love to hear what you are doing.*

*Call Dave today and share with him your deed for the week.*



*Merry Christmas &  
Happy Holidays!!*



McKay — Alisa — Corrine — Dave  
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