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The Pleasant Valley VILLAGER

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May/June 1979 Leisure Village

VILLAGERS ATTEND AMERICAN YOUTH SYMPHONY CONCERT

The crystal chandeliers reflected the elegantly dressed music lovers as they sauntered to their seats. The chattering hum of voices transformed into a thunderous applaud as the conductor raised his baton and filled the room with celestial harmony.

On February 11, 1979, over one hundred Leisure Village residents boarded the three buses provided by Leisure Technology Corp., and journeyed to the Los Angeles Music Center.

Set in the magnificent Dorothy Chandler Pavilion, all had the pleasure of experiencing the exciting tenth anniversary benefit concert of the American Youth Symphony.

The American Youth Symphony consists of one hundred members between the ages of seventeen and twenty-five. This organization has been providing vital symphonic orchestral training and important performance opportunities for talented young instrumentalists for the last twenty years. The size and proficiency of this orchestra

enables it to present the great symphonic masterpieces. Under the direction of internationally renowned Music Director, Mehli Mehta, the orchestra has been acknowledged as the most outstanding youth orchestra in our country.

"We're extremely proud of the musical legacy the American Youth Symphony provides young musicians", commented Jacqui Tenzer, president of the American Youth Symphony Affiliates.

In addition to the benefit concert, the American Youth Symphony performs seven free community concerts annually.

"It is not simply the orchestra members themselves who benefit from the superb training received under the tutelage of Mehli Mehta. The entire community benefits through the orchestra's free concerts, each of which features a soloist of international repute. These concerts make the performance of classical music available to those it too often fails to reach, the young people and the senior

citizens", stated Mrs. Tenzer.

Each year the benefit concert is organized by the American Youth Symphony Affiliates, a most enthusiastic and effective association. The Affiliates, comprised of 48 dedicated women, are interested in the endowment of great classical music for the youth of today and future generations. It is through the work of the Affiliates, that the essential monetary support needed for the continuation of one of the nation's finest youth orchestras, is made possible.

At this year's benefit concert, father and son, Mehli and Zubin Mehta, appeared in concert together for the first time. Also performing that evening was piano virtuoso, Daniel Barenboim.

Mehli Mehta, former Director of the Orchestra Department at U.C.L.A., serves as Music Director and Conductor of the American Youth Symphony, and was instrumental in the orchestra's growth and development.

Zubin Mehta, acted as Music

Director of the Los Angeles Philharmonic Orchestra from 1962 through 1978. In 1962, Mehta became, at the age of 26, the youngest Music Director of two major North American orchestras. He is now the Music Director of the New York Philharmonic, perhaps the most challenging conducting positions in the world today.

The concert included performances of Dvorak's Symphony No.: 8 in G Major, OP. 88; Wagner's Prelude to "Die Meistersinger von Nurnberg"; and Beethoven's Concerto No.: 5 in E Flat Major, OP. 73.

The performance, flawlessly delivered, proved to be a most enjoyable experience for those in attendance. The concert also allowed us the opportunity to become acquainted with Jacqui Tenzer, a delightful and elegant woman. We thank Mr. and Mrs. Michael L. Tenzer for providing the invitation and transportation to the memorable American Youth Symphony anniversary concert.



Participants in the American Youth Symphony Benefit Concert, from left to right, Daniel Barenboim, Zubin Mehta, Mrs. Tenzer, President of the American Youth Symphony Affiliates, and Music Director-Conductor, Mehli Mehta.



The Chatterbox

by Millicent Hofmann

HI NEIGHBORS! In February, three bus loads of music lovers travelled to L.A.'s MUSIC CENTER to attend the American Youth Symphony concert conducted by world famous maestro, Zubin Mehta. Thank you, Mr. and Mrs. Michael Tenzer, for arranging this marvelous experience for us!

MUSIC, MUSIC, MUSIC—everyone yearns for the sound of music! The fame of our own performers reaches beyond our Village. Ailsa Muldoon, director-producer of the Village Players Workshop, and a talented actress, singer, harpist, was recently invited by the P.T.A. of Las Posas Elementary School to sing and demonstrate her Irish Harp for their first and second grades. Ailsa found the reaction of these children very rewarding. They fingered her harp curiously and wanted to know all about Leprechauns! She sings and plays her harp with such obvious joy, that her pleasure is contagious!

Rhythmette chanteuse, Ruth Hart, joined the growing roster of Village soloists (along with Lucille Matson and Joan Woodenscheck), who have been invited to sing at Dr. Wales Smith's First Christian Church in Santa Paula. We hear that Ruth sang "Amazing Grace" with her usual "amazing grace" and clarity.

Jessica Crosby is another lovely voice to be remembered! Jessica studied music back East. She had her own radio show in New Jersey and was a paid professional choir singer. You've heard her in Rhythmette Reviews and other Village functions.

The husband-wife team of singers, Toby and Sol Berger, have also delighted us in the past, and we look forward to more of the same in the near future. How nice to have two fine singers in one family!

Our Ecumenical Worship Service in celebration of the World Day of Prayer, sponsored by the Spiritual Growth Group of Leisure Village, was opened with a beautiful organ prelude by Lee Herzoff, and was then highlighted by the rich, lustrous voice of V. 13's Tillie Boyd, and the shimmering, silvery tones of V. 11's Lucille Matson. Tillie generously shares her gift of song on festive Village occasions, and Rhythmette, Lucille, provides a lovely vocal embellishment for all their Reviews. Edith Ferrer accompanied them. Guest speaker was Dr. James Standifort, son-in-law of Harvey and Vi Shirk of Village 9, prominent members of the L.V.'s Golf Clubs. Dr. Standifort is the pastor of St. Andrew United Methodist Church in Santa Monica, California. Other speakers lending reverence to the services were Theresa Ianaro, Bernice Jenkins and Ethel Goldfarb. The Recessional was played by Gordon Balch Nevin. Serving as greeters: Mildred Taylor, Alice Updegraff, Marcella Westerhout and Nancy Whitaker. As ushers: Herbert Arnold, Morris Dahlagher, Jim Dale, Larry Jenkins and Bill Rasmussen. Clara Smith arranged the lovely decorations.

The Camarillo group, "Fine Arts for Youth", sent a very effective representative to the February Women's Club meeting. Her presentation of the organization's objectives was so appealing that it earned a nice donation from this generous Club!

Talent is really rampant in Leisure Village! The recent Art Show unveiled examples of many mediums and subject matter, including Dr. Larry Obrey's, "The Memory of Boston and Cape Cod Fisherman", Fran Elliot's canvas of childhood reminiscences, Marion Jayne's interesting "Umbrellas", Ted Sizemore's prize winning "Camarillo House", and many more. As usual, Helen Nash was instrumental in making this show such a great success. It should have been extended so that more people could enjoy it!

I had the pleasure of viewing a "one man" show at the Fallick residence. Josh not only does excellent oils, but his photographic achievements are outstanding. His Hai Ku (Japanese poems) are delicately picturesque, and his philosophical and technical writings extremely well done. He is a man of many talents, plus a pleasant, winning personality!

Village 11's Frank Faulkner, recently completed a ten foot wing spread model plane (not a kit), that really flies. His hobby—model planes. His pride and joy—the beautifully preserved 1926 Ford which he drives around the Village on rare occasions!

And then there is Village 11's Reggie Dowsing, who wiles away his hours these days (when not on the golf course), doing leaded glass creations. Reggie, who a few years ago was selected as L.A.'s Inventor of the Year, is also an ardent "rock hound" and occasionally dabbles in wood-work projects. He and his lovely Edith, recently returned from a cruise to Mexico.

From another neck of our woods—Dorothy and Norman Daniels, authors of hundreds of Gothic "Who-Dun-Its". Dorothy (whose exquisite presence graces our Women's Club meetings when she can take time out from her writings), is a dedicated volunteer at the Ventura School, where Norman also contributes some of his valuable time.

Newlyweds, Jean and Morris Silverstein, recently hosted a Saturday night reception and dance open to all Villagers. The excellent music was provided by Morris's son, Herb Silver, and his band, "The Sounds Music", most appropriately named!

More night life around the Village: Cocktail party/dinner buffet chez Larry and Esther Sawyer. Good eatin', spirited conversation and even small community singing sessions.

Trudy and Andy Orsan acknowledging their 44th anniversary along with the simultaneous celebration of Trudy's dad's 82nd birthday, presented a typically wonderful party; Trudy's a very accomplished hostess!

Talented Rhythmette and Players' Workshop performer, Daisy Bien and her husband, Dr. George Bien, were "Happy Anniversary'd" at a recent Saturday Night Tap Dance. It's 24 years for them.

Village 11's Everett and Dorothy Fuller just celebrated their 50th anniversary cruising the Carribean.

More anniversaries!! Ethel and Frank Goldfarb—40 years. Ruth and Woody Hart—36 years. Sue and Ken MacKaig—44 years. Greetings and congratulations to y'all!

Flash!! Blessed event expected in Kathy and Harry Stone's family. Not too long ago, they served as attendants at the marriage of Bilbo Bagens and Misty. In case you're wondering, Bilbo, the prospective father, is their miniature Dachshund! We'll keep you posted!

CHAO FOR NOW!

The Pleasant Valley VILLAGER

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This 'N That

by Esther Robbins

In Spring, a young woman's fancy (like her male counterpart), turns to thoughts of love. Her mother, on the other hand, or any other woman fifty years old or older, views the season with alarm and recrimination. Being in the latter category, I say to myself, "If Spring is here, than Summer cannot be far behind", which leads me to glance at my own in consternation and turns my thinking to the "shape" of things to come. Spring is a time to look ahead to such activities as swimming and sunbathing and, naturally, to a new bathing suit. While we're on the subject, have you seen the new bathings suits for 1979? I shudder each time I picture myself trying to buy one. This year, as usual, they are geared strictly to the "jet set" and come in only two daring styles of assorted prints and colors: 1. The "new" bikini (an exaggerated G-string with a strapless bra two inches wide, guaranteed to cover only the most vital spots and applicable with double sided scotch tape, and 2. The tank suit, slashed to the naval, exposing to all and sundry what they hitherto had only imagined. You get what you see and they see what you've got. A suit with a skirt is practically non-existent and seldom found in anything under size forty-six or over. And the prices are phenomenal—nothing less than \$37.00 for practically nothing! Of course no one twists your arm to buy them, but then have you ever thought of swimming in pants and a blouse?

All this brings me back to "shapes" and things. Winter, to most women, seems to bring with it a few additional pounds. Maybe it is inactivity or possibly nature's way of protecting the "weaker" sex with an added layer of insulation against the cold and biting winds. Be that as it may, every Spring finds me trying to shed five unwanted and unneeded pounds. Since dinner without dessert is somehow a total loss to me, this becomes somewhat of a monumental task. Heretofore these five additional pounds, evenly distributed over the length and breadth of me, were not too terribly noticeable, but this year there has been a not-too-subtle but very insidious change. Instead of the even distribution of former years, all of the weight went directly to my posterior. That was bad enough, but when it started to slide down, I really became disturbed! I know exactly when it happened. I can place the time to the very minute. It was on November 8, 1978, at precisely 8:15 A.M. My sixty-third birthday! I should have known the day itself was ominously portentous. I got out of bed facing my mirrored closet doors, when suddenly, I felt a strange quivering. There, before my horrified gaze, that extra five pounds divided itself equally into two 2½ lb. lumps and slid down unceremoniously to my thighs forming two permanent extensions on either side of me! I was a total disaster—In a matter of moments, I became aware of a sad truth. "Middle-age spread" had finally caught up with me. My slim, trim, teenage shape was a thing of the past. No longer would I be wearing size five pants. No more would men whistle at me. To be sure it had been only from the back for a good many years, but even to elicit a whistle from the back is nothing to sneeze at for me these days. So here I am, confronted with a dilemma. Where can I get a suit with a skirt to cover the lumps? If only the extra pounds could have gone up where I would have welcomed them, instead of down. I must resign myself. This is life. I start to rationalize. I talk to myself. "Esther", I say to myself, "face up to it. You are sixty-three years old. What's so important? And

anyway, think about it, do you have much choice? Either you get old and lumpy or you don't get old and lumpy. It's as simple as that. Do you get what I mean?" I get what I mean. As bad as it may seem, I'd sooner get old and lumpy than not get old and lumpy. At least this way I'm still in the swim. So be it. I've decided to accept old age gracefully, if albeit a bit unevenly, and as for the rest of you women, well in case you've got any other ideas, let me tell it to you like it is—You're simply going to have to accept it the same as I have. Nature doesn't play favorites. That's just about the "size" of it.

TO OUR CHILDREN ON MOTHER'S DAY

by

Arthur H. Brown, 1959

*There's someone close who stands apart
Who loves you deeply with all her heart.
Who holds you warmly to her breast
And cherishes you above the rest.*

*Long years ago in quiet prayer
She spoke to God who's always there,
And asked Him whether He could spare
Three little souls for her to share.*

*God in his all-encompassing grace
Plucked three stars from outer space,
And answering your mother's plea
Put three little life seeds on her tree.*

*Your mother's heart was replete with joy
When God filled her womb with two girls and a boy.
She'll ever rejoice in this gift so rare
And she'll thank God forever in humble prayer.*

*All through the years she's answered your cries
She's caressed you and soothed you when tears filled your eyes.
She's nurtured her loved ones through crises and strife
She's selflessly given you most of her life.*

*So cherish your mother while still you may,
And tell her you love her everyday
And hold your mother in high regard
For mother's love comes straight from God.*

Johnny Carbunkle, T.V. late night show host, says:

*I used to use a Sofa King on my show.
But the guests kept falling asleep.*



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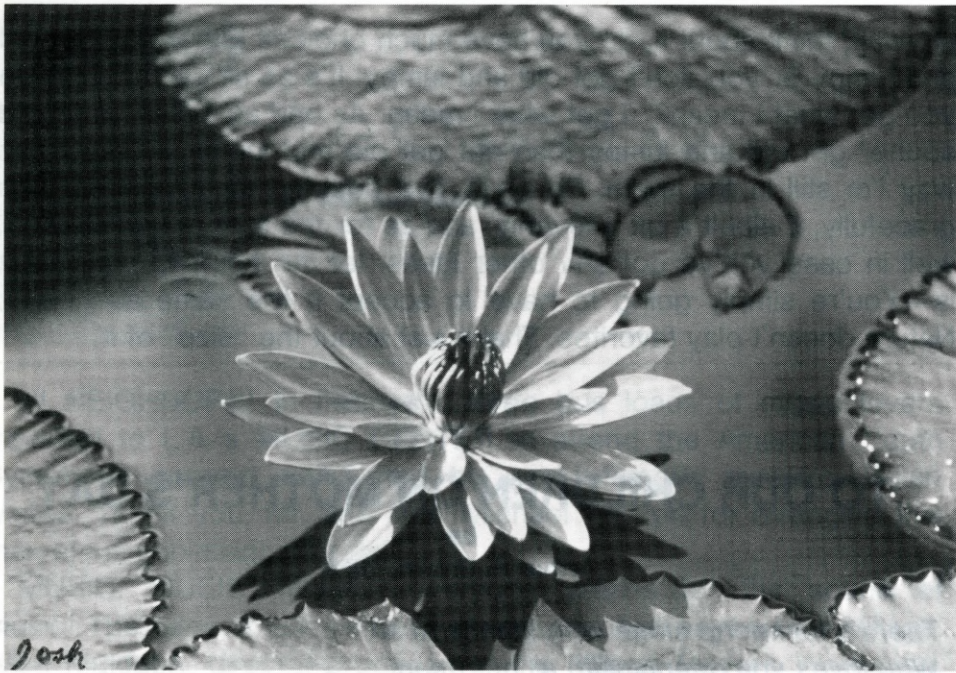
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Spring brings flowering
Lilly rains 'oer padded ponds
Nature's bounty blooms
Josh Fallick

SPRING

by
Esther Robbins

*You never need a calendar to tell you that it's Spring.
You somehow feel it in the air, still cold and brisk,
But with a hint of warmth, and a kind of promise
Of things to come. You see it in the trees, barren still,
And leafless, yet pregnant with hard brown buds aching
To burst into bloom, when that special signal comes.
You hear it in the mating call of the birds, far into the night,
And in the early hours of the morn. First harsh and shrill,
Then suddenly so soft, and filled with such an urgent longing,
It almost hurts to hear. And if you're lucky enough
To come upon them courting in the day, stand quietly,
And you will see a choreography created by a Master,
That should be set to song. "Two steps forward, two steps back,
Spread your tail, and turn about". It's a sight you cannot forget,
And if you listen carefully you will almost hear
The rhythmic music of their ancient ritual.
And then this feeling within yourself; a wonderful exhilaration,
And zest for life one moment, and an unexplicable sadness
Engulfing you the next. The intense desire to do a big,
And lasting thing. To write a poem, perhaps to paint, or maybe
To compose a symphony, if you are the artistic type.
And if you are "average", . . . well, you may go out and buy
An utterly ridiculous hat, knowing well within your heart,
It wasn't "you", right from the start. If not as daring as all that,
(you'll never wear that silly hat), you might dream up and then
concoct*

*A strange and rare exotic dish, savory with herbs you never tried,
Flavored recklessly with wine, knowing that your family will find
Your "treat" a real surprise, but no delight . . . And you will end
By warming last night's stew. No, no one has to tell you that
it's Spring.*

*Spring . . . The word intrigues one so. From where did it "spring"?
What is its actual derivation? Is it just a word? A name?
Or does it really mean all that it implies? Spring . . . a fountain,
Gushing out of the earth. A well of hope. A renewal of faith.
Spring . . . to burst forth from the ground. A resurrection
Of things long dead. It means so many different things
to each of us.*

*In the young, it manifests itself in restlessness. In a driving need
To "conquer all the world". In desires strange and strong,
Rising from the very depths of their loins. And with it all,
A sort of sad, sweet melancholy, that tempers their power,
And makes them gentle and wise. In the middle-aged, it is
A renewal of youth. A temptation to throw off the shackles
Of humdrum living. To resist the acceptance of drab existence.
To feel again the ecstasies of youth that once they knew,
Passion, ambition, anger, and love. For them, it is, somehow,
A second "Spring". And to the very aged, it is a time of comfort.
A promise that soon the sun will shine again, and once more,
On park benches, they will gather in groups and find together
Companionship, compassion, and live again the glories of their pasts.
Sometimes they exaggerate, we think. They make it sound
More wonderful than it had been. Or maybe time endowed it*

*With a grace, and eyes now faded by the years, see it
In a different kind of light. Out of their past, they too,
Look forward to Spring, and to them, as to us, it is a season
Of goodness and of warmth. Spring . . . a time of beauty,
And a joy forever — how apt the phrase. But so much more
Than just a lovely thought. It is a promise to remember
In the bitter winter of life. That soon, the cold will pass
And the sun must shine again, as day follows night,
For always, in the human breast, Spring is eternal.*



Bookmark

Book Corner

by Frank Heron

What an interesting month! Not only from the viewpoint of all the terrific books that have arrived here at BOOKMARK THOUSAND OAKS, but from unexpected visits. Let me start with a book of more than passing interest. It's called A STREAK OF LUCK, the best work ever written on that fascinating man, Thomas Alva Edison. The author is Robert Conot and last Saturday, as I was sitting reading it in the store, a gentleman walked in. I put down the book and asked if I could help him find anything. He introduced himself as Robert Conot. Turned out he was too, and Dorothy and I spent a very pleasant time chatting with him. On top of that, he was kind enough to sign some copies of his book and I have them in limited number for those of you who are collectors.

Another visitor who drew a crowd as he stood about telling some marvelous stories of his life in pictures was that wonderful actor, Joel McCrea. Now there's a fellow who should write about his days in the movie business. He knew and worked with the biggest and the best during the great days of the motion picture. His stories entertained our staff and a group of customers who just happened by. Mr. McCrea . . . write a book!

This month saw some of the really big books arrive, both in hardcover and in paperback. Hardcover entries include the new Len Deighton book, SS GB. Terrific idea, and a well written story. Come in and I'll tell you about it. Better yet, come in and pick it up. A new one with a strange title, THE BOOK OF THE DUN COW, is here. If you liked WATERSHIP DOWN and ANIMAL FARM, chances are this one's for you. Robert Ludlum has a new one titled THE MATARESE CIRCLE. I've not had a chance to read it, but several of my regular customers have and they report back that it is his best so far. That'll get me.

Finally, the long awaited novel from that fine writer who thrilled us years ago with THE CRUEL

SEA . . . Nicholas Monsarrat has produced THE MASTER MARINER: Running Proud. I have a limited number of copies with more on backorder. I know this is going to be one of the big events of this book year.

Before I get to new paperbacks, a quick "bargain buy" note . . . the 1979 PDR (that's Physicians' Desk Reference, Doc.) is out and we have a number of the 1978 ones left over. We've reduced the price from \$15.95 to \$10.00, so if this medical reference book is one you might want to add to your library, come on in. By the way, BOOKMARK THOUSAND OAKS is the bookstore right beside SAVE ON at Moorpark and Janss. It's the largest and oldest family owned bookstore in the Conejo. If you're new to this area, we'd be pleased to have you make this YOUR book headquarters.

Last, but never least, as we specialize in paperbacks . . . a quick look at some of the new ones during the past two weeks. IF LIFE IS A BOWL OF CHERRIES, WHAT AM I DOING IN THE PITS has finally made it to the paper stage after one of the longest hardcover runs I can remember. I mentioned COM-PROMISING POSITIONS at the end of the last column. It's by Susan Isaacs, a lady I had not heard of before, but sure hope to from now on. She has written a terrific murder mystery with a lead character and a sense of humor that is totally original. Also in this month are the long awaited THE WORLD ACCORDING TO GARP by John Irving, A STRANGER IS WATCHING by Mary Higgins Clark, YARGO by the late Jacqueline Susann, William Buckley's STAINED GLASS and Dr. George Sheehan's RUNNING AND BEING while not new is the leading running book in the paperback division.

Lots more too . . . but no more space for this time. Gee, I hate it when I run out with still more to tell you. I'll be back. Join me.

EAST IS EAST AND WEST IS WEST AND NOW THE TWAIN CAN MEET!

by Millicent Hofmann

Since the latest "IN" place to visit is China, Village tourists eager to head that way might find it interesting to learn about two neighbors who have recently returned from there.

First, a little background on our travelers, George and Bertha Moy of Village 1.

In 1881, Moy J., George's father, came to the United States from China by way of San Francisco. With an investment of \$500, he became a member of the firm, Wing Hing Wo, dealers in Chinese goods and other merchandise. Some time later, George's parents settled in Boston, Mass., where Mr. Moy found employment as New England Passenger Agent for the Northern Pacific Railroad. Eventually, son George was born.

George grew up in Boston, completing his education at Mass. Institute of Technology where he received a degree in Electrical Engineering. As jobs were scarce due to the Depression, George ventured to China, where he worked on engineering projects and bridge building.

On his return to the United States, George became employed by Burns and Roe, Inc. as Supervising Engineer where he worked until his retirement in 1975. For the next two years, the Moy's researched retirement areas all over the country—in Florida, New York, New Jersey and Arizona, and came to the conclusion that Leisure Village in Pleasant Valley was the best!

Now, a little about the distaff side of the family. Bertha was born in China and came to the United States when very young. She received her B.A. in Education at San Jose State and returned to China to teach after her graduation. On her first Saturday in Canton, she met George and they were married two years later. The Moy's son

was born in Canton and has followed in his father's footsteps by receiving his engineering degree at M.I.T.

When the Moy family returned to the United States, they settled on the East Coast where Bertha decided to pursue a profession involving Oriental Arts. She found employment at prestigious B. Altman's on New York City's Fifth Avenue, and stayed with the company until the Moy's decided to go West and settle in Leisure Village.

Some time ago, the Moy's arranged to journey to China with a special mission in mind. It seems that when George returned to China after graduating from M.I.T., his mother accompanied him to China and remained there until her death in 1949. It was her last wish that her ashes be brought back to America and buried alongside her husband. So, with this serving as motivation, the Moy's planned their trip. They had to surmount numerous difficulties, as China had not yet opened her doors to travelers. The Moy's had made three applications for visas and when their last one was granted, off they went!

After the flight from Los Angeles to Hong Kong, they boarded a train to Canton where they remained for several days. Their next stop was Peking, a city of special significance, for it was here that they had spent their honeymoon. During the 10-day stop-over, they visited all the tourist attractions including the Forbidden City, the Summer and Winter Palaces, the Ming Tombs and the famous Great Wall, which deserves special mention. The construction of this wall was started in the year 500 B.C. as a preventative measure to keep the barbarian hordes of the north from invading China. The Wall, about 2500 miles in length, is the only man-made creation



Mr. and Mrs. George Moy of Village 1

visible from outer space. Understandably, it is a source of great pride to the Chinese.

During their stay in China, George and Bertha sensed a strong curiosity among the people. The Chinese were eager to learn about the high level of luxury in the Western world and they expressed interest in the visitors attire. George commented that the economy appeared to be well balanced with both wages and expenses low. No beggars were visible and the natives looked quite happy, healthy and well fed. While the people displayed an avid interest in all that the Moy's represented, there was no indication of envy.

One of the highlights of the trip, was their evening at the Peking Duck Restaurant where they feasted on world famous "Peking Duck". They also enjoyed a royal feast at another restaurant whose chef had studied under the renowned chefs of the last emperor of China.

During their stay in Peking, the

Moys also managed to view native dances and ballet—a blending of East and West choreography.

Departing from Peking, they took an overnight train to Shanghai. Unlike the Shanghai of yesterday, it is no longer the lively, noisy, sin city capitol. The Moys found the environment to be staid and somber. George observed, "At one time, Shanghai was the busiest of all Chinese ports, but not so today. Shipping has declined to a very great degree."

From Shanghai our travelers took the train to Hangchow, considered one of the most beautiful scenic spots in China with its fabulous beauty of West Lake. After this stop, they returned to Canton, then on to Hong Kong.

With the mention of Hong Kong, the Moys relayed memories of their life there during the precarious days of World War II. On the morning of the Pearl Harbor disaster, they saw the Japanese planes attack the Hong Kong Kai Tak airport. Their first impression was that they were witnessing British training exercises, but the terrifying sight of fires springing up, brought with it the harsh reality. The Moys, at that time, were living in an apartment house in front of a hill on which the British had mounted cannons to be used in an artillery duel with the Japanese. A shell struck 20 feet from them, but for-

continued on page 6

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FOOD AND FITNESS SEMINAR

by Lucerne French, *Coordinator*

"Many things sweet to taste prove sour to digestion". Too many Americans know how true Shakespeare's statement is in today's society. With the annual per capita consumption of sugar on the rise (from 8.9 lbs. in 1822 to 128 lbs. in 1977), sugar is a common cause of fats in the bloodstream which can be significantly related to heart disease.

Over 250 Villagers learned how food and fitness are closely linked at a recent health seminar presented by Amy Sherrard, R.N., B.S.N.E., Director of Health Education at Simi Valley Adventist Hospital. Amy fascinated the group with simple rule-of-thumb lessons that lower cholesterol and blood pressure, slim the belt-line and lengthen life.

86% of the sugar we consume is not visible. This fact was graphically illustrated by a volunteer, who measured by teaspoons, the amount of sugar present in each food item found in the daily diet of a typical American. The audience was amazed to see a pint sized cup full to the brim with sugar after having accounted for the volunteer's daily menu.

The easiest diet to get in a supermarket is one of high sugar, high fat, and it is the surest road to malnutrition. Sugar consumption stands at 35 teaspoons per person per day, and nutritionists agree that 6 teaspoons per person per day is a desirable goal for a health maintenance program since the body has no need for refined sugar.



Lucerne French, Seminar Coordinator and Amy Sherrard, Seminar Director

The human body is a remarkably efficient system made up of over one trillion cells. One example of its unique effectiveness is its ability to recycle water. Were it not for this recycling ability, we would need to drink 2,500 gallons of water a day in order for the body to maintain itself!

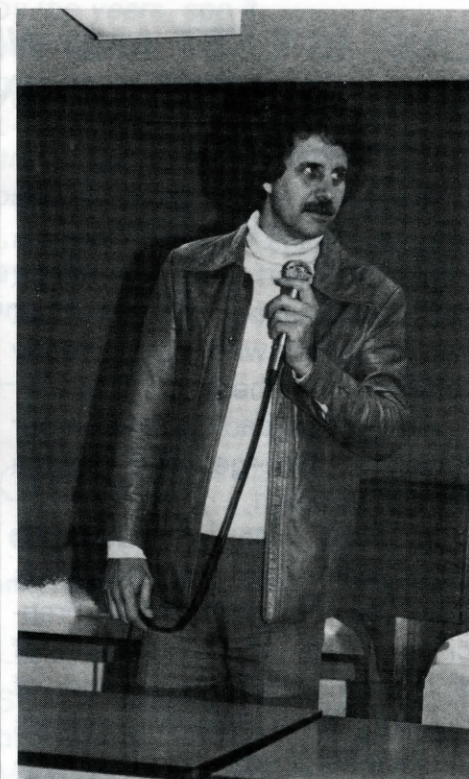
This was the third Food and Fitness Seminar that the Herbert Arnolds of Village 15 have attended. Mr. Arnold spoke to the audience telling them of his improved health, and incidentally, financial savings, after having followed the guidelines of Amy's seminars. According to the Arnolds, benefits are increased each time they attend because of the additional information gained.

To sum it all up:

1. Degenerative diseases in the United States are, to a large extent, caused by the kind of food we eat, and degenerative diseases account for two thirds of the early deaths in the U.S. In the primitive societies, death rates were nearly zero from degenerative diseases.

2. By simple rules of eating, e.g. whole grains, whole fruits and vegetables, etc., with regular hours for eating and sleeping, drinking water, cutting back on sweets and fats, eliminating harmful beverages and foods, years of real living can be added to our lives.

Our thanks to those Villagers assisting in the seminar—including Marcella Westerhout, Pat Lowe, Ruth Yaphe, Virginia Muff, and Walt Whitaker, photographer.



Tom Neslund, Glendale Health Educator, directing the 5-day Stop Smoking Clinic

5-DAY PLAN TO STOP SMOKING by Lucerne French

At a recent health seminar, 58 Villagers participated in the second annual 5-Day Plan to Stop Smoking. The 5-Day Plan is world-wide, and has been known to have one of the highest rates of success, as over 12 million people have been helped by this plan.

The seminar was presided over by George Hubert, M.D., Chief Cardiologist at Los Robles Hospital in Thousand Oaks, Tom Neslund, Glendale Health Department Director of the Southern California Conference of Seventh-day Adventists, and Amy Sherrard, R.N. of the Simi Valley Adventist Hospital.

The 5-Day Plan to Stop Smoking seminar consisted of five 90 minute sessions of lectures, movies and group encouragement. Villagers who assisted in the 5-Day Clinic were William Kobrin, photographer, and hostesses, Marcella Westerhout, Pat Lowe and Lucerne French.

Continued from page 5 — THE MOYS

unately did not explode. They feel very lucky to be alive to tell the tale.

The Moys remark that the journey to today's China proved to be a most enlightening and worthwhile experience. China anyone? Bertha and George warn that if you are on your own and not a member of a conducted tour, you will have a great deal of red tape with which to contend.

The Moys are a delightful couple, popular with all of their acquaintances. George is a

quiet, reserved gentleman, and Bertha, a lively, friendly lady, who honored me with a sampling of true Chinese hospitality by serving fragrant Jasmine tea, egg rolls and almond cookies. Asked about how they are spending their retirement, George confesses he spends many hours on the golf course. Bertha participates in the Women's Club activities and fulfills her mission in life: to keep house and cook for "her honorable", meaning George.



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LEISURE TECHNOLOGY REPORTS
SHARPLY IMPROVED THIRD QUARTER,
NINE MONTH RESULTS

Lakewood, New Jersey—Leisure Technology Corp. (ASE-LVX) reports sharply higher revenues and income for the third quarter and nine months ended December 31, 1978.

Quarterly revenues for the national housing producer and developer of adult and retirement communities established a new record for any quarter increasing to \$21,926,000, up 31 percent from the \$16,762,000 in the third quarter of fiscal 1978.

Net income for the quarter totaled \$1,059,000, equal to \$.28 per share, representing a 34 percent increase compared with income of \$791,000, equal to \$.22 per share in the comparable period last year. In the third quarter of fiscal 1978, an extraordinary credit from a Federal income tax loss carry forward of \$.20 per share brought total net income to \$.42 per share.

For the quarter, housing revenues rose to a record \$20,190,000, compared with \$12,265,000, an increase of 65 percent. Revenue from land sales decreased to \$327,000 from \$3,023,000 in the third quarter of last year. Profit and land sales in the quarter was \$233,000, compared with \$972,000 in a comparable period of the prior year.

During the quarter just completed, certain assets on which interest had been capitalized in prior quarters reached their estimated market values. Accordingly, interest was not capitalized to these assets. This had the effect of reducing third quarter pre-tax income by \$350,000.

For the nine months ended December 31, 1978, revenues increased to a record \$62,914,000, compared with \$48,335,000 in the comparable period of the prior year, an increase of 30 percent.

Net income was \$3,196,000 equal to \$.85 per share for the nine months, up 56 percent over the \$2,051,000 or \$.56 per share, income earned in the first nine months of fiscal 1978. During the first nine months of fiscal 1978, an extraordinary credit from a Federal income tax loss carry forward of \$.52 per share brought net income to \$1.08 per share.

Michael L. Tenzer, President and Chief Executive Officer, said today, "higher interest rates for home mortgages have not been a serious deterrent to our home buyers in most markets. There is an apparent consumer attitude that higher interest rates are preferable to deferring the purchase and paying higher prices resulting from inflation. However, it is not possible to predict whether this attitude will continue," stated Tenzer. "In two markets, New York and New Jersey, unrealistic interest rate ceilings exist, which may impair our future operations as a result of mortgage availability," Tenzer continued.

Backlog of undelivered homes booked for future delivery as of December 31, 1978 stood at \$26,994,000.

"The Company has recently obtained options to acquire 260 acres of property near its existing Leisure Village in Pleasant Valley, Camarillo, California. Exercise of the options will be dependent on obtaining the necessary government approvals required to develop the property," Tenzer added.

"The Company has just introduced 'Sunflower', a new mid-rise condominium program, at its Leisure Village at Seven Lakes community in Fort Meyers, Florida, in addition to The Gardens, a patio home program. Actual deliveries at 'Sunflower' will not occur until the next fiscal year," Tenzer concluded.

Leisure Technology's manufactured housing division, Fabricon, produces panelized housing components for the Company's New Jersey operations as well as to other builders throughout the mid-Atlantic states. Now in its 21st year, the Company has 10 master planned communities under development in New Jersey, New York, Illinois, Pennsylvania, Florida and California.

" . . . IN THE EYES OF THE BEHOLDER"

by Josh Fallick

It happened Friday, January 26, 1979 between the hours of 11 A.M. and 4 P.M. Without fanfare or a great deal of publicity, this day became a significant one in the cultural history of Leisure Village.

It was called an Art Exhibit. Professional, amateur and aspiring artists in our midst, poured out their souls in a blaze of beauty. With just 20 A-frames and a bunch of tables together with easels supplied by several of the artists, our Recreation staff, Mary Murphy and Nancy McCulley, organized the display area in a masterful manner. They also made certain that a list of the artists and their works was printed and distributed throughout the day. And, once again, Helen Nash was the initiator and motivator behind the scenes. Helen, a long-time resident, has been instrumental in promoting art, craft and cultural exhibits for our Village. When she phoned to remind me of the upcoming show, I realized that assistance was needed, and was immediately recruited to the cause. But for her consistent dedication, this may not have been the successful show that it was. Many thanks to Helen, Mary, Nancy and all who helped.

More than 50 artists and craftsmen displayed approximately 150 pieces of work. They ran the gamut of the media, ranging from acrylics, brass-rubbings, calligraphy, collages, decoupage and enamel, to needlepoint, oils, pencil sketches, photography, sculpture and watercolor. As for subject-matter, you name it; it probably was there.

A common opinion shared by those gathered, was the desire to have such an event more than once a year. Those of us who exhibited work, had a most enjoyable day. Those of us who were viewers, came away with our souls enriched from having shared in the talent and beauty displayed, and all anxiously await the next Art Exhibit.



Helen Nash, Coordinator of the January Art Exhibit



A needlework cheetah by Nola Salzer

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what-

it's how you do it
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Come in and see for yourself — our interior designer is ready to give you a helping hand in achieving the home fashion look you're seeking — remember — it's how you do it that counts . . .

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CLUBNEWS

Leisure Village Stamp & Coin Club

by Morris Katz

The Leisure Village Stamp and Coin Club is now offering a limited membership in this unique club. Our members enjoy programs of many varied activities including guest speakers, presentations, slide shows, swap sessions, auctions, round table discussions and the recently popular stamp bingo.

In addition to auctions on domestic and foreign materials, upcoming meetings will include a presentation of Mr. John Weigle, columnist for the Star-Free Press, who will be discussing the Philatelic History of Ventura, and a return visit from Mr. Tolman, International Champion in Philatelics.

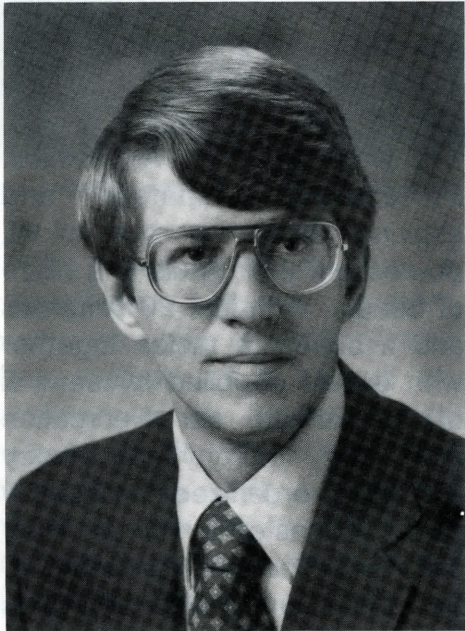
New residents are welcomed to join the Leisure Village Stamp and Coin Club. Meetings are held on the first and third Tuesday of each month at 7:30 P.M. in the Men's Club Room.

Creative Writing Workshop

by Lori Kaye

The Creative Writing Workshop continues to meet each Wednesday morning submitting writings for helpful constructive criticism. The support and assistance received from our peers is priceless. Frances Gold writes, to our delight, of the children she has taught for many years; Virginia Preece of the experiences she enjoyed on her grandparents' farm; Millicent Hoffman of her memories and the charm of New York City; Josh Fallick on well composed philosophy; Lewis Simon writes comments and criticism of the metric system that is being submitted to a leading magazine for publication; and Rose Drell enchants us with her poetry.

The Creative Writing Workshop is open to all Villagers. It is not a class and there are no dues nor membership required. We welcome all who are interested in writing.



Mr. Ted Kollar, Vice President of Pardee Construction Co. is featured speaker at the March 19th High Twelve meeting

The High Twelve Club

by Ken Mac Kaig

At the February 19th, Monday morning meeting, Mr. Dave White, Co-Author of the History of Camarillo, spoke at length of the history of this area. Mr. White, a Camarillo resident of 25 years and newspaper businessman, is well versed in the history of Camarillo and its people. It was especially interesting to learn that the descendants of the early day farm families who founded the communities are still active in the area. Leisure Village was a dairy farm years ago and among the interesting old photos that Mr. White brought with him, was one of the road between the grove of trees that was then dirt and is now the 101 Freeway.

Also at the February meeting, the High Twelve members voted unanimously to implement a college scholarship fund for deserving and qualified students in California. These scholarships are interest-free loans and there has never been an instance where the loan was not repaid. A contribution will be made upon the death of any Leisure Village High Twelve member as a continuing memorial to our brothers.

The March 19th speaker was Ted Kollar, Vice-President of Pardee Construction Company and General Manager of Mission Oaks. Ted was recently President of the Camarillo Chamber of Commerce. He spoke on "Mission Oaks—Past, Present and Future". As a licensed civil engineer in California holding an

engineering degree from Mudd College in Pomona, a Masters in Business Administration and with eight years experience with the Pardee Corporation, Mr. Kollar spoke with authority on the future of the areas surrounding Leisure Village.

A decision was made at a recent meeting to continue the practice of inviting all Leisure Village men to the Monday morning meetings regardless of membership in High Twelve. All are welcomed and no restrictions are placed upon attendance.

Saturday Night Ballroom Dance

by Ginny Dunnion

How lucky we are that, when our Village was new, a small group of Villagers decided to get together and organize the Saturday Night Dances. They made tapes of famous bands and invited all Villagers to attend the dances for a modest fifty cents. Now there are committees to handle refreshments, to make new tapes, and to act as hosts for the dances. We have a new sound system installed by experts in our Village to make the music sound even better, and many more Villagers enjoying the pleasant evenings dancing, meeting neighbors, and chatting with friends.

On some occasions, the dances have a special theme as February's "Unbirthday Party", where everyone celebrated, whatever the date. Astrological posters adorned the walls with space for each to sign under his birthday sign. We found there were more of those outgoing Leo's than any other sign. No wonder it was such a lively evening!

In May, the Cinco de Mayo will provide the theme for the dance with tapes of Mariachi music in addition to the usual tapes. Charlotte and Joe Romero will perform some specialty dances and help us learn a variety of Mexican dances.

Cupid has played a part in recent Saturday night dances. In January, Mr. and Mrs. Morris Silverstein provided a dance band and refreshments at a Saturday night dance to celebrate their recent wedding.



Recent newlyweds, Jean and Morris Silverstein

At another dance, Betty Goss and Henry Hebert who had met at one of the Saturday night dances, announced their engagement!

We wish to thank all members of the committees who have worked to make the dances so successful and would also like to encourage all Villagers to come to the dances and join in on the fun.

The Village Swingers Square Dance Club

by Romaine Lambert

Thanks to the very creative Activities Committee in the persons of Phyl and Bill Bilharz, the current board of the Village Swingers Square Dance Club has been able to achieve its goal of offering a variety of programs.

Although Phyl has had an in-again-out-again stint in the hospital since October, programs have continued. Under the direction of Lucy Coke and Mae Gregerson, the events have gone right along.

The Valentine Recycling Dance evoked much enthusiasm from members and guests alike—we hosted the beginner's class which is sponsored by the Ripsnorters of Camarillo. The new dancers performed beauti-

CLUB NEWS

fully, just like old-pros. After their graduation on April 8th, their instructor and our caller, Wyane Simpson, held a transition workshop beginning on April 16th. We look forward to Village beginners joining and dancing with the Village Swingers.

At the February General Meeting and Social, we had a very special toast to Everett and Dorothea Fuller on the occasion of their 50th Wedding Anniversary. The Fullers had just returned from a wonderful Caribbean cruise, an anniversary gift from their children. Everett said he wouldn't promise another 50 years but would try for 25, at least. Congratulations, Fullers; we love you.

Our Spring Fling on March 18th was called by Mort Simpson from Sierra Madre, who is well known in this area as well as in his own. On March 25th, we traveled by bus to Glendale Civic Auditorium for an ACAMPAR BENEFIT DANCE. This, a charity event to help disabled children attend camp, was sponsored by the Stemwinders. The club paid our transportation, but each of us contributed to the worthwhile cause. The dance was followed by a delicious dinner at Pike's Verdugo. As last year, it was a singing (not a swinging), crowd on the bus coming home.

Speaking of good deeds, at our January meeting, our club unanimously voted to contribute a \$200 donation to Your Neighbors Care Group—our first contribution to the Village. As our club continues to grow and flourish, we hope to help where it counts.

Recently, we were pleased and excited to welcome back Bert and Fran Gunningham. Bert had a rough stay in the hospital and was sorely missed. Welcome back, Bert and Fran, and may you soon be swinging again!

Phyl Bilharz is back, too, and dancing just as if she had never been away. Now that you have the kinks out, Phyl, I am afraid you will have to start working full time on the Activities Committee.

By taking "two-steps-at-a-time" the rest of the quarter, your board may just accomplish all the goals it has set out for itself. We know that we can do it, thanks to the help and cooperation of all the Village Swingers.

Village Players Workshop

by Ailsa Muldoon

It continues to amaze me how much talent comes to light at our meetings every other Thursday evening. For example, prior to our on-stage performance of "Mrs. O'Leary's Cow", an entirely different cast read the play, and suddenly we were transposed deep in Shamrock country with brogues flourishing astonishingly.

In our on-stage presentation of "Mrs. O'Leary" on March 16th, one would have thought that those participating had lately stepped off the green swards of the old country. The well-done readings were performed by Ethel Goldfarb as Mrs. O'Leary; Rosalie Beck as mischievous Betsy; Piff DeSimone as Mrs. Bridget Donohue; Daisy Bien, Lida Noonan; Phil Aaronson, Emmet O'Leary; Ginny Cordell, Eileen Noonan; and Larry Sawyer as Professor P.D. Farnum. All showed remarkable talent in giving us fine characterizations . . . not just readings. The Irish evening also showed the musical talents of some of our group. Our members wear many hats!

Step Dancers from the Tara School of Irish Dancers, our own Chorale (now conducted weekly by Lois Bello of our Village) and Miriam Dubowsky at the piano, added greatly to the success of our Irish evening.

The Players' Reading Committee is fast closing in on the "right" play for the fall production. In the meantime, we continue to have instructional and entertaining meetings . . . all with the avowed purpose of entering into and enjoying the world of theater.



The Tara School of Irish Dancers performing "The Irish Washerwoman"



Rosalie Beck, Ethel Goldfarb and Phil Aaronson in "Mrs. O'Leary's Cow"



Ailsa Muldoon on Irish harp —
Photographer — Jeff Loreno



Art Kates on sax

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CLUB NEWS

Leisure Village Racquet Club

by Leo Gardarian

The Leisure Village Racquet Club invites all residents who are interested in paddle tennis or tennis, to become members. Club membership dues are \$2.50 per year and this fee entitles members to free lessons, participation in challenge ladder play, tournament play, and a club insignia patch.

Members of this Club can participate in singles, women's doubles, men's doubles and mixed doubles challenge ladders. Individuals or teams may challenge anyone above them on the ladder with one set determining the winner.

Paddle tennis lessons will be continued on Mondays at 1:30 P.M. Tennis lessons will continue to take place on Tuesdays at 1:30 P.M.

Monthly meetings are scheduled for the second Wednesday at 7:30 P.M. An agenda for the meetings is posted on the bulletin board prior to the meeting. The bulletin board, located between the courts, posts the latest Club news and the ladder standings.

Shuffleboard Club

by Howard Bell

Men's, Women's and Mixed Singles Tournament play will begin in May followed by Team Tournaments in June with Richard Behrman acting as Team Tournament chairman. Regular play will be held as the tournaments progress. Turnout for regular games has been excellent and we wish to encourage all Leisure Villagers to participate. Beginner's lessons are held Mondays at 9:00 A.M.

The Club recently received permission to install six lights that will aid in night play.

A reminder: The May barbecue is scheduled for May 24th to be followed by an afternoon of shuffleboard, so keep the date open!

The Village Chorale

by Millie Silberman



Lois Bello, Director of the Village Chorale

Hello again, friends and members, and a big welcome to all of our new ones! We've grown so fast and are delighted with the enthusiastic response received.

We are fortunate in having a new member, Lois Bello, whom we welcome both as director and as a new resident of our Village. Lois, with her fabulous choral and musical background, is directing us on the paths of musical variety as well as guiding us in techniques of voice development and expression.

With popular, spiritual and classical songs in our repertoire, we are looking forward to presenting a concert of these songs for all of you toward the end of this semester. We're working hard gaining knowledge and pleasure and look forward to sharing the fruits of our labor with you.

Watch for our announcements, or better yet, saunter down to the Assembly Room some Friday evening and listen to our bell-like tones. We're emoting and hope you'll be enjoying!

Leisure Village Women's Club

by Dorothy Fencel

The installation of new officers was recently held at the Hungry Tiger in Thousand Oaks with 275 members and guests in attendance. An impressive installation was conducted by Isabel Torchia.

The new Board consists of: Mrs. Dorothy Fencel, President; Margaret Grayson, first Vice-President; Ethel Beyer, second Vice-President; Mary Kay Franey, Recording Secretary; Elouise Wilson, Corresponding Secretary; Rae Sohr, Treasurer; and Louise Young, Parliamentarian. Committee Chairmen named were: Rosalie Beck, Membership; Edith Ferrer, Telephone; Eleanor Evans, Hospitality; Molly Zoller and Esther English, Decorations; Sylvia Feldman and Rosamond Kohen, Hostesses; Minnie Gorelnik and Margret Grayson, Bazaar; Annette Cline and Virginia Schafer, Trading Post; Mitzi Ellmore, Historian.

The purpose of the Women's Club is to promote philanthropic projects and to provide social activities. The annual Club Bazaar held in September, yields the funds for contributions to various Ventura County charities. Some of the recipients of the profits are the Senior Citizens Service Fund, Camarillo Hot Line, The Development Center for Handicapped Children, Camarillo State Hospital, The Assistance League—Child Development, Ventura School of Correction, Pleasant Valley Hospital and others.

The Club meets on the first Thursday of each month and promises interesting speakers, entertainment, and the chance for residents to get acquainted with one another.

At the March meeting, Mrs. Annette Okamura presented a most enlightening talk about the "Fine Arts for Youth". This Camarillo organization's goal is to bring art education to children on a continuing basis and to provide quality performances for students.

We invite all ladies of the Village to come join us at our next meeting.



Mrs. Dorothy Fencel, Women's Club President.

Rhythmettes

by Lillian I. Skellenger

The Rhythmettes have grown! In order to reduce a waiting list of long standing, the group voted to change the by-laws to increase the membership from sixty to seventy.

The show is ended but the memory lingers on. Rather than a review, this time we thought it might be interesting for you to spend a little time backstage watching the production of "Raz-zle Dazzle" take form from its inception to the final curtain.

The show date was chosen six months prior to presentation. In December, the show committee appointed by Edith Ferrer, consisted of Lucille Matson, Millicent Hofmann, Ethel Belanger, Sylvia Feldman and Lillian Skellenger. The theme was selected and then broken down into acts and segments with appropriate music designated. Open auditions were then held and casting was completed. After the skits were written, music duplicated and assignments handed out, rehearsals were scheduled.

The skits and musical numbers were under the direction of Edith Ferrer. The dance routines were choreographed and directed by Marguerite Abdelnour with the exception of the Tapsters and the Rockettes, who worked independently. All routines required many hours of practice. The regular Tuesday meetings were used for rehearsal of full membership numbers.

With everyone busy doing their own "particular thing", the business aspect of the show needed attention. Tickets had to be ordered and sales representatives appointed. The program had to be designed, typed and made ready, and naturally, the cast party with buffet and taped music had to be planned.

Now at the end of February, Edith's dream was beginning to come alive!

On with the show . . .

Open with a rockin' good time and a nostalgic "Rock and Roll Waltz". The Rockettes, —6—7—8—kick, kick. Remember Music City? No, not Wallichs!

Many residents will remember Eddystone Light and the lighthouse keeper's daughter act from our 1976 production, "Gay Nineties", back by popular demand.

CLUBNEWS

A rose, is a rose, is a rose?
Not so when you're speaking of
our sweet sounding Santa Rosa
Roses.

Razzle Dazzle names sure
sound familiar. There is Nothing
Like A Name?? Of course not!!

"Second Hand Rose", a
special treat with our new sister
act.

"He Touched Me", a beautiful
song, beautifully performed.

Delightful chimney sweeps in
"Chim, Chim, Cheree". What a
happy tune!

"No Two People", or three or
four either.

Move over Gleason, here we
come. Burlesque is back and
Leisure Village has it. Wow, dig
those outfits!

Intermission—thank heavens
we don't have to rehearse that!
However, it does give me the
opportunity to explain, that due
to limited time and space, we
cannot show you each individual
act. But we applaud the effort
and accomplishment of all, both
onstage and off.

Act II

Go-Go Disco. Hooray for the
eight beat kids—sure they're
kids (at heart).

Remember our very own Tippy
Toes?

With our smooth vocals and
our great looking Tapsters, who
needs Fred Astair?

"Ho-Hum", maybe we should
have called it "Gee-Haw", with
so much talent from the right and
left. Laughter, solos and a ho-
down, what more could we
want?

Classy Brass—the big band
sound? Well, we're sure trying!

Diamonds huh? Some friend-
some girl!!

Beautiful, beautiful, don't you
wish you could play a violin like
that? Can't imagine her in the
"Devil's Garden"; sounds great,
no matter where.

O.K. let's wind it up with our
wish for you, "Happy Daze".

Well, that was the show
presented to our friends and
neighbors on March 30th and
31st. Enjoyed bringing it to you.
Until next time, break a leg!

**Next issue — RAZZLE DAZZLE
REVIEW & PHOTOS**

Travel News

by Sylvia Altos

Travel is ever popular for
those Villagers who like to get
away occasionally. A few
highlights from recent excursions
are:

The U.C.L.A. Tour—the
Japanese Gardens, The Franklin
D. Murphy Sculpture Garden, an
art exhibit in the Wight Art
Gallery, and a tour of the campus
with lunch at one of the dor-
mitories, provided a full and
enlightening day.

The Camarillo Seminary
Tour—St. John's Seminary, two
chapels, the museum and library,
plus a visit to Oxnard Shores
Shopping Center and a visit to
the Channel Islands Monument,
allowed us to get acquainted
with local points of interest.

A trip to Pasadena included
the Wrigley Rose Tournament
House with its colorful gardens,
and a tour of the St. Sophia
Greek Orthodox Church in Los
Angeles.

In May a group of us will be
enjoying another performance of
the beautifully romantic Indian
play, "Ramona", in Hemet, Cali-
fornia. We do look forward to
fair weather so that we can fully
appreciate this magnificent out-
door spectacle.

The six day trip through the
Grand Canyon, Bryce, Zion and
Arizona is again scheduled. This
very popular tour also will include
a stop in Las Vegas. From past
experience, this is definitely a
worthwhile experience.

And so, until we meet again,
keep traveling you-all!

Leisure Village Women's Golf Association

by Marjorie Long

Even the rain has not "dam-
pened" the many activities of the
Ladies' Golf Club. The group has
decided to distribute "rain
checks" for those who have
been unable to play on wet Wed-
nesdays.

During the recent Medal Play
Tournament conducted by Vice-
President, Lil Heimowitz and her
committee, Marie Bremberg and
Blanche Follen, the following
ladies were victors:

Flight "A": Chris East—first
place; Nikki Goodman—second
place; Dorothy Caster—third
place. Flight "B": Katie An-
derson—first place; Virginia
Moon—second place; Jane Gif-
ford—third. Flight "C": Della
Gageby—first place; Maria
Meyers—second place; Emma
Norvig—third. 9-Hole winners
were Vicki Scheck in first place,
Iris Simmonds in second, and
Nancy Alongi in third.

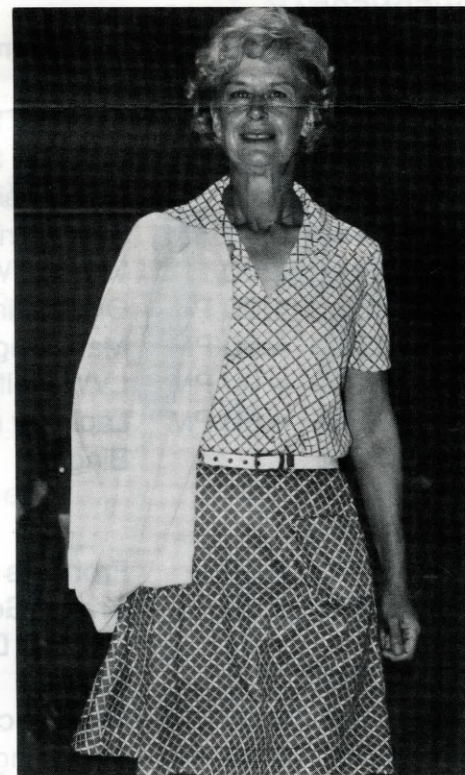
Another hole-in-one winner
was recently proclaimed. Virginia
Moon accomplished this feat on
hole #4, and went home with
not only the honor, but also quite
a bit of cash. She, for one, is cer-
tainly in favor of the hole-in-one
club.

Our 19th Hole Parties are
always fun and interesting. We
have had so much talent
displayed by our members. Our
March-19th Hole Party was a
special treat with club members
modeling golf attire from Los
Robles Pro Shop. The Easter
theme was appropriately set by
the charming Spring decor.
Elaine Sopko, chairman of the
event, successfully coordinated
models John and Jen Wesley,
Tom and Bea O'Brien, Harvey
Shirt, Marie Bremberg, Elaine
and Paul Sopko, and Nancy and
Vince Alongi. Delightful ac-
companiment was provided by
Edith Ferrer as pianist and Tillie
Boyd as soloist.

Until next issue, enjoy Spring
golfing!



Resident, Bea O'Brien in golf attire from
the Los Robles Pro Shop



Blanche Follen at the March Golf
Fashion Show



Marie Bremberg modeling at the 19th
Hole Party — Photographer—Jeff Loreno

GOLF	MUSIC	HOTELS
TENNIS	AIRLINES	CRUISES
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Calendar of Events



From Your Homeowners' Association

by Stan Berman

MONDAY

9:00 AM-12:00	Creative Writing	MCR
9:00 AM-12:00	Crafts (3-D Decoupage)	MPR
9:00 AM-12:00	Sewing	
9:30 AM-10:30 AM	Slim & Trim (Women's)	Pool
12:30 PM	ACBL Dup. Bridge	WCR
1:00 PM- 4:00 PM	Art Appreciation	AR
1:00 PM- 4:00 PM	Sewing	
1:00 PM- 4:30 PM	Sup. Contract Bridge	MCR
1:00 PM- 4:00 PM	Crafts (3-D Decoupage)	MPR
1:00 PM	Dup. Bridge	WCR
7:00 PM	Cards	MCR
7:00 PM	Dup. Bridge	WCR

TUESDAY

9:00 AM-12:00	Music Appreciation	WCR
9:00 AM-12:00	Sewing	
9:00 AM-12:00	Yoga	AR
9:30 AM-11:30 AM	L.V.W.C. Workshop	MPR
1:00 PM- 3:30 PM	Rhythmettes	AR
1:00 PM	Non-Smokers Bridge	WCR
1:00 PM	Men's Bridge	MCR
1:00 PM	Chess	MPR
1:00 PM- 4:00 PM	Sewing	
1:00 PM- 4:00 PM	Ceramics	
7:20 PM	Party Bridge	MCR
7:00 PM- 8:00 PM	Round Dance	AR
8:00 PM-10:30 PM	Square Dance	AR
7:00-10:00 PM	Sewing	

WEDNESDAY

8:00 AM- 1:00 PM	L.V. Women's Golf	
9:00 AM-12:00	Spanish	AR
9:00 AM-12:00	Lapidary (Beginning)	
9:00 AM-12:00	Creative Stitchery	WCR
9:00 AM-12:00	China Painting Workshop	MPR
9:30 AM-10:30 AM	Slim & Trim (Women's)	Pool
10:00 AM-12:00	Writers' Workshop	WCR
1:00 PM- 4:00 PM	Oil Painting	MPR
1:00 PM- 4:00 PM	Mah Jongg	MCR
1:30 PM- 4:00 PM	LVW Golf Bridge	WCR
1:00 PM- 4:00 PM	Lapidary (Inter/Advanced)	
7:30 PM	Bingo	AR

THURSDAY

9:00 AM-12:00	Frontiers of Thought	MCR
9:00 AM-12:00	Crafts (General Crafts & 3-D Decoupage)	MPR
9:00 AM-12:00	Sewing	AR
10:00 AM-12:00	Tap Dancing	
1:00 PM- 4:00 PM	Beginning Ceramics	MCR
1:00 PM	Dup. Bridge	MPR
1:00 PM- 4:00 PM	General Crafts	WCR
1:30 PM	Party Bridge	

FRIDAY

9:00 AM-11:00 AM	Personal Finance/Income Tax	MPR
9:00 AM-12:00	Sewing	
9:30 AM-10:30 AM	Slim & Trim (Women's)	Pool
9:30 AM	Needlers	WCR
1:00 PM- 4:00 PM	Sewing	(MCR last Fri. of each Month)
1:00 PM	Bowling	Wagon Wheel
1:00 PM- 4:00 PM	Drawing	MPR
1:00 PM- 4:00 PM	Interior Decorating	AR
2:00 PM- 5:00 PM	Canasta (1st & 3rd Fri.)	WCR
7:00 PM-10:00 PM	Choir	AR

On March 15, 1979, a Town Hall Meeting was held to inform all Leisure Village Homeowners of the coming fiscal year budget for 4/1/79 thru 3/31/80.

This meeting is held each year, about this time, to keep all abreast of what the Association budget will consist of for the coming fiscal year. The Board of Directors for Leisure Village Association, Inc. makes the budget presentation at this meeting.

Your present Board consists of all Leisure Village Homeowners: Karl Joehnck, President; Tom O'Brien, First Vice President; Joe Gaynes, Second Vice President; Henry Malkin, Treasurer; and Donaldine Weed, Secretary.

The Board spent considerable time reviewing the budget prior to the Town Hall Meeting. Their efforts are represented in the final cost results.

We feel all who attended this Town Hall Meeting are better informed on the Association financial operations.

Lapidary

Bill Skellenger of Village 15, an accomplished lapidary, offers some advice to the amateur gemcutter. A sample of Mr. Skellenger's work can now be seen on display in the Sales Information Center.

How To In Gemcutting

by Bill Skellenger

One of many innovations available to the amateur gemcutter is the process by which one can create a cat's eye or star effect to gemstones. This technique is possible on such stones as amethyst, optical quartz, smokey quartz, citrine or synthetic ruby, synthetic sapphire, synthetic spinel or the more expensive tourmaline, topaz or beryl.

The steps to create the cat's eye—star effect image, are as follows:

Cut a stone which has no inclusions or cracks into either a 10x8, 11x9 or 12x10 millimeter circumference and dome the stone. Make certain the dome is in perfect condition with no flats, peaks, cracks or valleys. Completely polish the entire cab, including the bottom, which should be flat.

Place your gem, dome side down, on your work bench. Place the lense, engraved side up, on your bench. Mix a small amount of epoxy and allow it to rest for a minute or two so that bubbles will not be present. Place one drop of epoxy in the bottom center of the gem and allow it to spread out for a short time. Push out any air bubbles with a toothpick. With the gem in your fingers, pick up the lense by gently touching the epoxy on the gem.

Now, place the stone, dome side down, on your table and adjust the lense if necessary, so that the lense is in the center.

When the epoxy starts to set up, push the lense against the gem allowing the excess epoxy to escape. When the epoxy has set, scrape off the excess.

You will now have a beautiful six ray star or cat's eye in your gem.

I have made star gems from optical quartz, smokey quartz, citrine, amethyst, synthetic ruby, synthetic sapphire and synthetic spinel, all of which I am proud to own.

Recently, I had the good fortune to purchase a rough star garnet stone, which when finished, produced a rare six ray star. The rough cost me \$3.00. The finished gem is estimated to be worth \$250.00.

I would suggest, that before attempting to star gems, one should learn to cut and polish a fine cabochon. Once the technique is mastered, the pleasure and satisfaction will be most rewarding.



From the Sales Manager

by Jim McBride

A subtle thing has happened here in our Village. Leisure Technology planned to build a community that would offer a variety of things to do for people who have the time to do them, without the cares and concerns that usually accompany owning a home. But, to our delight, the residents have provided a plus that no community developer could plan; an atmosphere of understanding, compassion, and concern for one another. What a bonus this is!

Some time ago, a woman living in Los Angeles called for information regarding our community. We talked about how Leisure Village was organized, what the homes were like, how the Association was structured and operated, and the many other details covered with prospects at the first contact. I agreed to mail a brochure to help familiarize her with Leisure Village prior to her future visit.

The following weekend, our receptionist called me to say there was a couple asking for me at the front desk. When I went out to meet them, I was greeted by a fine looking young man and his attractive wife, who was obviously very pregnant.

In my office, they related a situation familiar to all the counselors; namely, mother was back East, the kids had migrated to the West coast, and now mother was ready to join them. The home they all had loved, was becoming more of a burden to keep up with each passing year. It was time to bring grandmother-to-be closer to the rest of the family.

After touring the recreation center and model complex, the couple returned elated and enthused at what they had seen and what it would mean in the way of a fuller, more active and carefree life for their mother. We discussed at length which home would best suit their mother's needs in regards to space requirements as well as financial limitations. That very day, arrangements were made for her to fly out and see for herself what the children were so excited about.

As is usually the case, when she arrived, the children showed her around and did most of whatever selling was required to convince her that this was the place for her! Once again in my office, we went over the facts regarding the costs to live and maintain a home in Leisure Village. We discovered that she would be able to live here for less than it was costing her to manage the big house back East. We then selected a home for delivery three months later.

As fate would have it, the day the furniture arrived, so did the baby! Being the independent person she is, the new grandmother hopped on a bus in Los Angeles and made her way to Leisure Village to meet and supervise the movers. Late that day, after the movers had gone, our newest resident realized that she was without a car. Stranded in a strange place, without food or telephone, she trudged up to the Sales office to explain her plight. I was prepared to take her into town myself on a shopping spree, when one of the office girls suggested that we call the Your Neighbors Care Group. Concerned residents of Leisure Village had anticipated such problems and organized a group to deal with such emergencies. A call was placed to one of the Y.N.C.G. telephone volunteers, and within minutes, a car appeared at the Sales Office door and took our hungry, tired, new resident into Camarillo for provisions.

Well, I will admit that this little anecdote is not what you'd classify as "spine-tingling", "action-packed", or "emotion-filled drama", but rather it more accurately does depict "what life is all about". It does illustrate a difference in attitude of our residents; a difference that we are proud to mention!

Calendar of Events

continued from page 12

SATURDAY

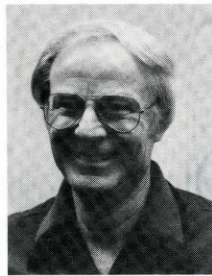
9:00 AM-Noon Woodworking
2:00 PM- 3:30 PM Dance Workshop

AR

SUNDAY

7:30 PM-10:00 PM Cards

MCR



Recreation Center

by John Dodds

The butterfly in his cocoon reached the time in life where his growing wings pressed against the confining walls. He called out to his Maker, "I have the urge to become the free and beautiful creature I was born to be. What shall I do?" His Maker said, "You deserve to shed the threads of stress, the binding rules of the past. You are ready to fly but that cocoon must go."

The butterfly shed the cocoon and flew into a new life of light and freedom. To me, this symbolizes the place in life of our Villagers. It will give me great joy to share this new found freedom. Being part of the cocoon shedding process by providing recreation services will surely enhance my life.

As "the new kid on the block", I welcome this chance to say, "Hi!" I am excited about working with the warm hearted, fun people of the Village.


It is my desire to plan the things you most enjoy. Please let me know what you want, and how I can improve what we already have. I will emphasize effective scheduling of facilities, so that all of us can enjoy the greatest benefit of the beautiful buildings and grounds of the Recreation Center.

In the months ahead, we can reach out together for new ways to fly and new fields to fly in.

spring—
it's in the air!
it's everywhere!

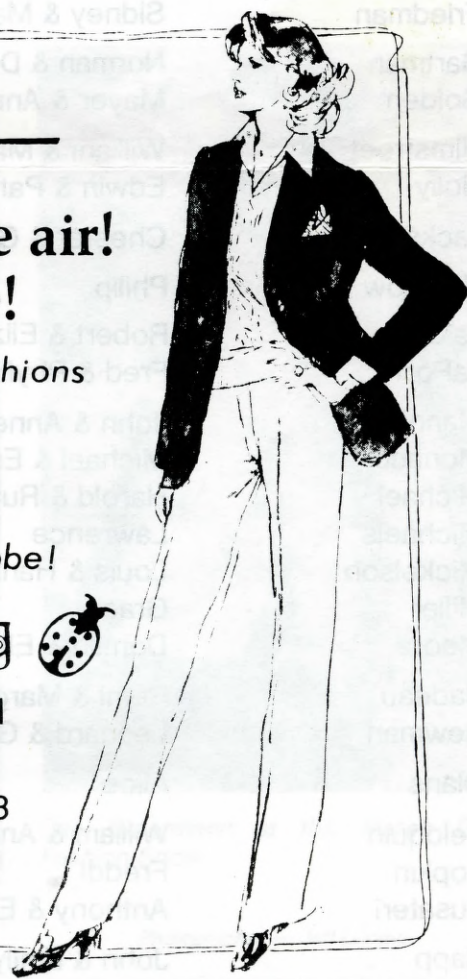
And our new Spring Fashions
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Welcome to Our New Neighbors



Leisure Fair

by Donna Andreen

Agoado	Jake & Anita	Sherman Oaks
Baker	Robert & Norma	Culver City
Barnes	Robert & Jean	New York City, N.Y.
Benson	Kenneth & Pearl	Torrance
Blumberg	Milton & Nell	Laguna
Bois-Smith	Murray & Adeline	Encino
Boyd	Fern	Sepulveda
Calkins	Bruce & Florence	Arleta
Campbell	Churchill & Alma	Bakersfield
Campbell	Robert & Barbara	Arcadia
De Muro	Gerald & Rose	North Hollywood
Dietch	Oscar & Laura	Culver City
Dubin	Sidney & Ruth	San Leandro
Edwards	Arnold & Linda	Northridge
Edwards	Edward & Gertrude	Los Angeles
Erikson	Roy & Anne	Solana Beach
Fingold	Max & Florence	Los Angeles
Friedman	Sidney & Margie	Canoga Park
Gartman	Norman & Doris	Los Angeles
Golden	Mayer & Anne	Santa Monica
Himstreet	William & Maxine	Los Angeles
Holly	Edwin & Patricia	Santa Monica
Jackson	Chester & Gloria	Culver City
Kopelow	Philip	Sherman Oaks
Laidlaw	Robert & Elizabeth	Inglewood
LaPorte	Fred & Phyllis	Westlake Village
Manning	John & Anne	Oakland
Monaco	Michael & Estelle	Culver City
Michael	Harold & Ruth	Culver City
Michaels	Lawrence	Torrance
Mickelson	Louis & Hannah	Los Angeles
Miller	Grace	Santa Monica
Moore	Donald & Ellen	Studio City
Nadeau	Remi & Marguerite	Santa Monica
Newman	Leonard & Grace	Westlake Village
Olans	Alice	Canoga Park
Peloquin	William & Annabelle	Los Angeles
Popkin	Freddi	Los Angeles
Pusateri	Anthony & Elsie	Sun Valley
Rapp	John & Emily	Newbury Park
Rosin	Louis & Irene	Los Angeles
Satterfield	Robert & Rouene	Salem, Oregon
Savran	Louis & Beatrice	Van Nuys
Scheidenberger	Frank & Margaret	Studio City
Schlam	Joseph & Rose	Los Angeles
Scully	John & Virginia	Sun Valley
Selber	Joseph & Jane	Sherman Oaks
Stier	Irwin	Pacific Palisades
Stockwell	Walter & Clara	Covina
Vaughan	Barney & Rebecca	Wickenburg, Arizona
Wallace	George & Lura	Crystal Bay, Nevada
Waller	George & Fay	Buffalo Grove, Ill.
Waxman	Louis & Clara	Culver City
Werthheimer	Kurt & Phyllis	Laguna Hills
Winderbau	Howard	Playa Del Rey
Winderbaum	Nathan & Sylvia	Los Angeles
Zwiebel	Bernard & Edith	W. Milford, N.J.

As I am writing this, the birds are chirping outside. It rained yesterday, however, Spring is not far away. That means it is time to start thinking about spring cleaning.

Look around your house. Do the draperies look a little tired and worn? Would you like to change that wallpaper in your kitchen or bedroom? This would be a good time to change the appearance of that den. How about shutters? They do make a room take on a completely different look. Our shutters are custom-made and do take a while to make-up, so now is a good time to order. While you are waiting for the arrival of your new window treatment, you can repaint the walls or wallpaper. Remember, shutters are now 25% off!

Look around your home, then come into Leisure Fair and let us help you "Spring decorate".

The Micro-Wave cooking demonstration held in February was a most enjoyable and informative experience. We had a tremendous turnout and I hope we can repeat it again in the Summer.

If you are interested in purchasing a G.E. countertop micro-wave oven, stop in Leisure Fair and inquire. We have four units used in the demonstration available for purchase as well as others.

RETIREMENT: THE FREEDOM YEARS

On March 24th, a Leisure Technology sponsored seminar explored the topic, "Retirement: The Freedom Years". The program included presentations on the physical, psychological, financial, legal and political needs of retired persons. Approximately 425 senior citizens were caught up in the enthusiasm of the day's events hosted by Leisure Village of Seven Lakes, Florida.

Nationally known television personality and host of the "Over Easy" T.V. program, Hugh Downs, presented a keynote speech on the topic. Mr. Downs stated:

"It has been said that the problems of aging in America are more sociological than physiological. When we wake up to the fact that all of us are aging all the time, and that advanced age need not be a time of uselessness and misery, our attitudes will change, and we will be moving toward a better community to get old in."

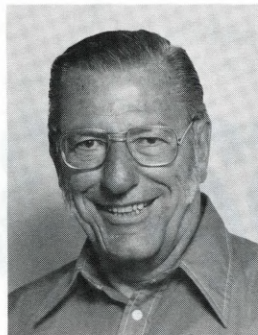
Dr. Arthur Ulene, NBC's "Today" show health consultant and creator of "Feeling Fine", a program which promotes better health through viewer participation, lectured on the maintenance of good health in the later years. He stressed the "holistic approach" to medicine

which seeks to eliminate behavior, causing or aiding illness such as improper diet, smoking and inactivity.

United States Senator Lowell Weicker, well known in the State of Connecticut for his Senior Citizens intern program, received an enthusiastic response from his presentation. He commented, "We cannot turn our backs on the goals we've established as a nation to provide all America with the standard of dignity which makes the characterization "Freedom Years" a reality."

Other speakers of the day included moderator, Michael L. Tenzer, President and Chief Executive Officer of Leisure Technology, Paul Myers, Vice President National Director for Personal Financial Planning for Payne Weber, Professor Colin Gillis, Senior Professor of Law at the New England School of Law in Massachusetts, and Glenn W. Cardoso, Vice President of Marketing and Environmental Design for Leisure Technology Corp.

The seminar proved to be a most enlightening and educational experience for all involved and did indeed provide a valuable guide for the freedom years.



Sports Stuff

by Al Podewils

Most adult communities feature a great number of activities designed for the senior citizen. Sometimes they seem to think they must be activities that fit the needs of only the very old, or at best the very sedentary. At Leisure Village, however, it is a different story. Oh, sure, we have all those games that you can play sitting down. We have six pool tables, pocket and billiard, on which we can display the results of our misspent youth. We have a swarm of shuffleboard lanes and the experts to use them. The best bocce courts in the country and an amazing number of people who can make the big ball end up next to the little one, are frequently the center of attention. Golf can be leisurely or demanding, as you please. So can biking. Or running. Or swimming.

The difference here at Leisure Village is that some of the active sports are as popular as any, and are becoming more so. For instance, the four tennis courts, two paddle and two regular, are almost constantly busy, and not just with gentle patty-pat games. The sounds that come from them resemble—well maybe not Wimbledon—but those of vigorous battle. The Racquet Club, headed by Leo Gardarian, is growing fast. A few years ago, the tennis courts were comparatively quiet even though many of the present players already lived here. Could it be that we are all getting younger the longer we live in Leisure Village? Of course it could be!

The Bocce Club is planning a dinner dance on May 12th. They also recently arranged tournament play that started on March 15th. Play included both men and women and was supervised by a tournament committee made up of Herb Newman, Ray Fencel, and Zo Simmons.

Men's long golf excursions have become so popular that the courses visited are being taken over for two hours or more. Walt Whitaker has his hands full making the arrangements and keeping the handicaps. He says that he enjoys it. Good. Maybe he'll do it forever!

Hurray for television. How else would we have known that Arnie Palmer hit two in the water on one hole, or that Jack Nicklaus took two to get out of a trap?

That Mark Hayes four putted from six feet, or Mark Roth missed an easy spare and then lost to a 180 score! Don't we all feel better now?!

Men's Golf Association

by Walt Smuske

The response to our planned events has been great! We have doubled the number of tournaments on our Leisure Village golf course to allow greater participation for our constantly increasing number of golfers. Many golf balls, trophies, plaques and cash prizes have been awarded to qualified members and we look forward to the new 9 hole golf course soon to open for the chance to accommodate more golfers.

The Men's Golf Association fiscal year began July 1, 1978. To date the membership totals 330. The \$5 fee per year entitles a member to take part in some 60 events throughout the year including various tournaments, picnics, lunches, dinner & dancing, long golf and other mixed golf and social events with the Women's Golf Association.

Once each month the men play Long-Golf at surrounding towns. At Mountain View Golf Course in Santa Paula on March 14th, the number of players increased to 92; a new high for us! On April 11th, it was off to Camarillo Springs and on May 3rd, Elkins Ranch in Fillmore will host.

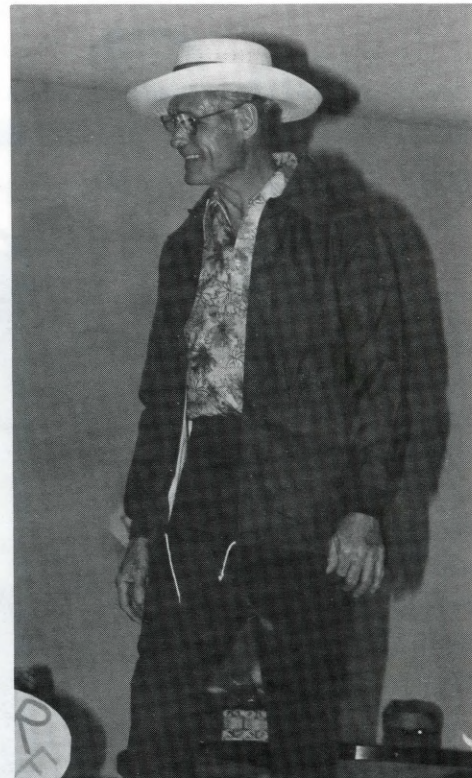
Our ever popular mixed tournaments (men and women), are scheduled every other month. The two day affair includes a choice of 18 holes of golf on either a Tuesday or Wednesday, followed by a picnic or a luncheon on Wednesday afternoon. The next mixed golf 'n social event will be Tuesday and Wednesday, April 17th and 18th with the Men's Golf Association hosting.

The M.G.A.-W.G.A. 19th Hole Party held on the last Sunday of each month is always a fun affair. There we have refreshments (mild & strong), golf awards, announcements and entertainment. March's 19 Hole Party was indeed a gala event featuring a

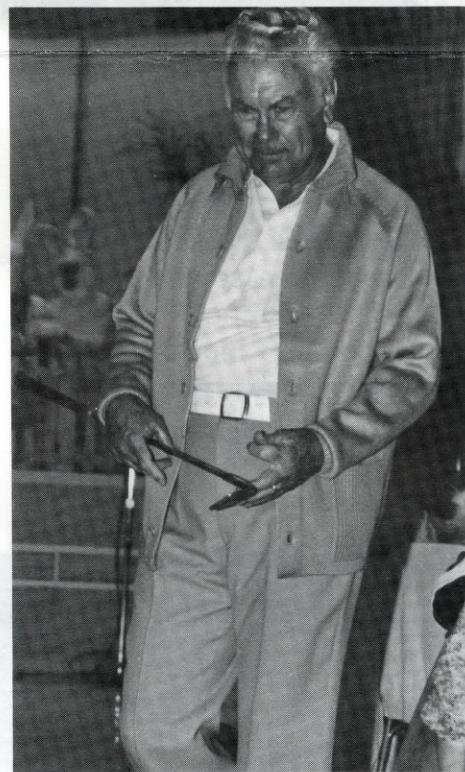
Fashion Show with golf association members acting as models.

Our upcoming happenings promise to be equally as exciting. In May, a "special" event is being considered; more on this later. In June, the Installation of Officers will be held at a nearby restaurant. It will be another first for the Men's Golf Association and is sure to be a fine affair.

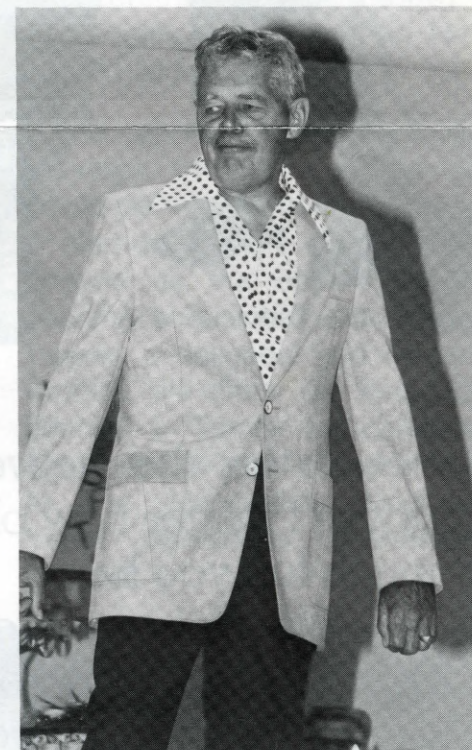
Over 80 men have taken an active part running the above programs. I am grateful for the help of the Officers, Committee Chairmen and all those who have carried out their assignments so well. I thank all members and all the ladies who have participated in our scheduled events. Your co-operation and support is what makes the Golf Association a success. Enjoy your membership!



Tom O'Brien in golf attire from the Los Robles Pro Shop



Walt Whitaker modeling at the 19th Hole Party



Dan Gutermann at the March Golf Fashion Show

Photographer — Jeff Loreno

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At Leisure Village, fun begins at 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100



Residents of Leisure Village at Pleasant Valley

In this vital, active community, it doesn't matter how old you are, only how much fun you have.

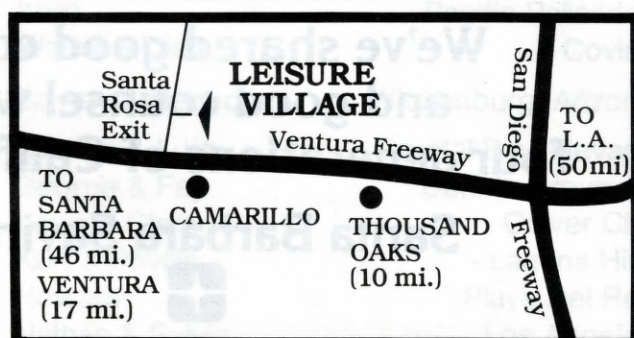
We offer plenty of fun with a beautiful golf course, tennis courts, a regency size pool, shuffleboard, bocce, biking, billiards and a whole lot more.

A truly remarkable recreation center is available with a kitchen, library, clubrooms, craft studios, and a large assembly hall. Because complete grounds and exterior building maintenance is provided, you'll have plenty of time to have some fun.

And if you're concerned about security, you can relax with plenty of peace of mind. Ours is a totally secure community with a 24-hour manned gatehouse and security patrols to help protect your property whether you're home or away.

Why not drive out for a look today? We'd like to introduce you to the most rewarding new lifestyle you could ever imagine.

If you're at least 52, it doesn't matter how old you are. Because at Leisure Village, fun begins at 52, 53, 54, 55, 56, 57, 58, 59, 60, 61...



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For information call (213) 889-6774 or
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