

## Theatre Arts - Drama and Dance

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### DANCE 20. Physical Theatre (3)

Incorporates the study of body awareness techniques, contact improvisation, commedia dell'arte, clown work, and other physical theatre traditions in an active exploration of actor training and expression.

### DANCE 70. Balance BodyMind (3)

Study of the alignment of the body and continuum between inner, cellular awareness of body through space. Promotes greater ease in movement; reduced emotional stress; knowledge of the body as process. Nondancers encouraged to enroll. G.E. Breadth E1.

### DANCE 115. University Dance Theatre (1; max total 9)

A student-organized course in which the experiential, experimental, and exploratory nature of dance can be accessed. Focuses on achieving excellence through the preparation, performance, and production needs of completed works that are performed at the end of the semester. Not available for *CR/NC* grading. FS

### DANCE 117A. Modern Dance Technique (1; max total 2)

Basic aspect of modern dance technique. Emphasis on importance of breath, body alignment, and rhythmic coordination; total movement awareness.

### DANCE 117B. Modern Dance Technique (1; max total 2)

Beginning-intermediate level study of movement fundamentals, locomotor activities, and expressive qualities; development of balance, strength, breath coordination, and technical ability.

### DANCE 117C. Modern Dance Technique (2; max total 6)

Intermediate level modern dance technique with emphasis on increasing skills in reading movement and expressing more complex patterns. Develops the core muscles to support greater ease in sequencing body flow from center practice to sweeping locomotor phrases.

### DANCE 117D. Modern Dance Technique (2; max total 12)

Advanced level modern dance technique with elements of alignment, embodiment, flexibility, strength, and energy flow. Stresses individual mastery as well as ensemble performance. Integrates techniques of Hawkins, Limon, and Graham as well as developmental theories of Bartenieff, Pilates, and Bainbridge-Cohen.

### DANCE 155A. Modern Jazz Dance (1)

An in-depth study of jazz dance using a modern dance foundation that emphasizes the fortification, stretching, and reshaping of mind and body to help produce a more accomplished dancer.

### DANCE 155B. Modern Jazz Technique (1)

An in-depth intermediate/advanced level of study of jazz dance using a modern dance foundation that emphasizes the fortification, stretching, and reshaping of mind and body to help produce a more accomplished dancer.

### DANCE 158A. Ballet Technique (1; max total 2)

Elementary ballet technique. Emphasizes alignment, control, and proper awareness of style and phrasing. Develops a foundation from which to build a dancer capable of a broad range of expression and demonstration to meet the demands placed on today's dancers.

### DANCE 158B. Ballet Technique (1; max total 2)

Intermediate study of elementary ballet technique combined with a more broad-based understanding of ballet as an art form through traditional exercises, with proper awareness of conditioning, style, and phrasing.

### DANCE 158C. Ballet Technique (2; max total 12)

An intermediate/advanced level ballet class with emphasis on technique, artistry, and conditioning. Builds well-placed dancers capable of a broad range of expression and demonstration with skills that can readily adapt to the demands placed on today's dancers.

### DANCE 158D. Ballet Technique (2; max total 12)

Study of preprofessional advanced ballet technique with emphasis on performance preparation. Builds well-placed dancers capable of a broad range of expression and demonstration with impressive technical skills that can readily adapt to the demands placed on today's dancers.