My overall experience in dealing with this pandemic has been challenging. When experiencing the Spring 2020 semester online and the difficulties I had adjusting to it, I knew the Fall semester was going to be just as challenging. Being a full-time online student at home and unemployed, I experienced one of my poorest performing semesters in my entire university career. It was my first time seeking out help from my teachers and counselors in order for me to not completely slip-up. Thankfully with the support of CAPS and the support of my understanding teachers I managed to get this far in my semester. As my last semester of being an undergraduate Public health student approaches, I now understand my importance as a future healthcare professional. The containment of COVID-19 has been a struggle the United States and if it weren't for healthcare workers spreading awareness through social media or educating the public, it would have been much worse than it was. When I am able to go into the workforce, I hope that I am able to use the experience I've gained from the pandemic and apply them to whatever field I work in.