

**IntD 172A-B. Health Promotion and Wellness (3-3).** Prerequisite: upper-division status. An interdisciplinary approach to encourage individual responsibility toward achieving high level wellness with integration of body, mind, and spirit. To assist students in seeking balance with their natural and psychosocial environments. (2 hours lecture, 2 hours lab) IntD 172A is a prerequisite to IntD 172B and both *A* and *B* must be completed to receive CAPSTONE credit. (Former CapS 172A-B)

**IntD 176. San Joaquin Valley Dream (3).** An overview of the social, economic and cultural development of the San Joaquin Valley with special attention to ethnic minorities and the mass media. (Former CapS 176)

**IntD 180. Peace and Conflict (3).** Provides an overview of causes and types of conflict, issues related to war, peace and justice; historical and contemporary perspectives and responses to conflict resolution; uses an eclectic and interdisciplinary approach. (CT) (Former CapS 180)

**IntD 184. Family Communication (3).** The analysis and exploration of personal experience, family systems theory and the mass media to describe, evaluate and improve family communication patterns. Special topics include family conflict, sex roles, family types, sexual communication, parenting and intimacy.

**IntD 188. Principles of Self-Esteem in Education, Social Work and Mental Health (3).** Involves an empirical exploration of the development, enhancement, and diminishment of self-esteem through social experience and the relationship of self-esteem to a variety of social problems and concerns. The course focuses on the personal development of self-esteem and on specific applications of this theory domain to policy and practice in the fields of education, social work and mental health. (CT)

## CAPSTONE: Cluster Courses

### The Spiritual Quest

**Cluster Theme:** To explore in cross-cultural, theoretical, and philosophical perspectives the answers humans have discovered to ultimate questions.

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|-----------|-----------------------------------|
| Anth 150W | Anthropology of Religion (3) (CT) |
| Phil 130  | Philosophy of Religion (3) (CT)   |

### Energy and Society

**Cluster Theme:** To understand the role of energy in modern society and to provide an awareness of environmental problems associated with energy utilization from an economic, spatial, practical, and theoretical standpoint.

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| Econ 117  | Economics of Ecology (3) (CT)                              |
| Geog 134  | Geography of Energy (3) (CT)                               |
| I T 106   | Energy Conversion and Utilization (3)                      |
| P Sci 168 | Environmental Impact of Energy Demands by Society (3) (CT) |

### Ethnicity and Culture: Theories and Applications

**Cluster Theme:** To sharpen the focus on ethnic behavior by applying theories of inter-ethnic contact, boundary maintenance, and cultural change to the study of one major element, folklore, in the culture of a significant ethnic minority group in the United States today.

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| Anth 172 | Ethnic Relations and Cultures (3) (CT) |
| CLS 103  | Chicano Folklore (3) (CT)              |

### Christianity, History and Politics

**Cluster Theme:** To offer students an opportunity to reflect upon and integrate their General Education experience in the light of the tradition of Christian humanism. To offer a framework and a method for tying together the disparate bodies of information and insight garnered from formal courses in the humanities, the arts, and the natural and social sciences.

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| Hist 103A | History of Early Christianity (3)                 |
| PI Si 112 | Politics and Christianity (3) (Same as A Eth 104) |

### The Church and the Court

**Cluster Theme:** To explore the interdependence of art forms developed during the Middle Ages and the Renaissance in Western Europe.

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| Art H 122 | Northern Renaissance (3)                            |
| Engl 113  | World Literature: Medieval and Renaissance (4) (CT) |

### Mexico-U.S. Relations: Conflict and Change

**Cluster Theme:** To explore the constant conflicts and changes in Mexican/U.S. relations from the past to the present and to analyze the socio-cultural interaction among Mexicanos/Chicanos and Anglos.

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| CLS 114  | Mexico and the Southwest 1810-1910 (3) <b>or</b> |
| CLS 115  | Mexico-U.S. Relations Since 1910 (3)             |
|          | <b>and either</b>                                |
| Hist 165 | Modern Mexico (3) <b>or</b>                      |
| Hist 183 | The Hispanic Southwest (3)                       |

### The Greek World

**Cluster Theme:** To deal with the ancient, primarily Greek, world from its earliest beginnings to the classical period and beyond.

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| Engl 112 | World Literature: Ancient (4) (CT) <b>and either</b> |
| Hist 111 | Ancient Greece (3) <b>or</b>                         |
| Phil 101 | Ancient Philosophy (3) (CT)                          |

### Popular Culture and Society

**Cluster Theme:** To examine popular culture as an institution that is organized in distinctive ways; the relation between content and social structure; the importance of the content of popular culture in shaping society.

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| Engl 174  | Popular Fiction (3) <b>or</b>                   |
| Music 187 | Pop Music: Jazz and Rock (3) <b>and either</b>  |
| Soc 142   | Sociology of Popular Culture (3) (CT) <b>or</b> |
| TCOM 163  | Radio-TV as Popular Culture (3) (CT)            |

### Agriculture and Government Policy

**Cluster Theme:** To investigate the philosophical foundations, political formulation, and economic consequences of government agricultural policies and farm programs.

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| Ag Ec 150 | Agricultural Policy (3) (CT) <b>and either</b>    |
| Phil 125  | Issues in Political Philosophy (3) (CT) <b>or</b> |
| PI Si 150 | Public Policy Making (3)                          |

### The Soviet Union

**Cluster Theme:** To acquaint students with the geography, history, economy, institutions, and culture of the Soviet Union.

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| Geog 176  | Geography of the U.S.S.R. (3) |
| Hist 143  | The Soviet Union (3) (CT)     |
| PI Si 141 | Soviet Politics (3)           |