



SINCE 1975

# THE RUNNER



CALIFORNIA STATE UNIVERSITY BAKERSFIELD

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October 22, 2008

## Car catches fire at CSUB parking lot

By Oscar Lozoya  
Staff Writer

At approximately 2:42 p.m. a call was made to 911 concerning a car engulfed in flames in front of the CSUB library. The campus police quickly responded attempting to extinguish the fire. The Bakersfield Fire Department arrived on the scene after being delayed by a car accident at Gosford and Stockdale.

The 1965 Pontiac GTO belonged to Brandon Duncan, a history grad student. Duncan came to school with intentions of returning an overdue library book. While looking for a parking spot he noticed flames erupting from his hood. Both Duncan and his son were inside the car when the fire began.

Duncan quickly secured his son in a safe nearby location with a friend walking by. He then went to the trunk of his car where he had an extinguisher but the fire was too large for him to put out alone. After calling 911, the campus police came to assist. They were able to contain the blaze until the Bakersfield Fire Department arrived.

"I was going to swing around and pull into the three minute parking and dump it in there, when just flames, I can see them coming out of the engine. So I pulled over quickly and got out and when I determined it wasn't going to explode completely I went to the back of my truck and pulled out my fire extinguisher."

Duncan believes that the fire could have started due to an improperly repaired fuel leak. The book that Duncan was attempting to return was caught in the fire and estimated to be worth \$92. Fortunately, nobody was injured or hurt. The Fire Department does not suspect any type of arson was involved.



Oscar Lozoya/The Runner

### Inside the Runner

#### Sports

The volleyball team played its first home match of the season, Page 6

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We're back on our trip around the world, but where? Page 3



Joe White/The Runner

Reza Aslan spoke to an excited crowd about the war on terror.

## Reza Aslan speaks on war

By Michelle Ramos  
Staff Writer

While many gathered around their televisions to watch the last presidential debate before the elections, author and noted expert on Islam and the Middle East, Reza Aslan, was speaking to a packed Doré Theatre about, "How to Win a Cosmic War: Why We Are Losing the War on Terror." President Horace Mitchell was there to introduce Christopher Meyers, Ph.D., Executive Director of the Kegley Institute of Ethics and Professor of Philosophy at CSUB., who was also there to introduce Aslan.

Aslan started his lecture with a story about a small village in northern Gaza whose sewage pipe burst and no one would come to their aid. He used this story to introduce us to the world where, "men, women and children living alongside one of the richest, most

well developed nations on the planet, can literally drown in shit. When we talk about the perception of the Arab world that's what we are talking about."

Many of us have asked ourselves "What in the world is this war on terror?" and "Are we winning this thing?" Aslan states that, "Terror is not a thing you can fight against. Terror is a tactic...the larger framework that is the umbrella ... we mean a particular type of terror ... 'Islamic entities' .... all of these movements represent a single enemy. By grouping these enemy groups together we have created an undifferentiated enemy ... an enemy we can't define."

Aslan went on to explain the differences in Islamism and Jihadism. The religion of Islam is rooted in tradition and in particular, the Quran. However, Jihadism has broken away from the ideals and goals of the Islamists. They have turned a "defense mechanism into

an offense mechanism," he said. "Jihadism is an individual duty, anyone, anywhere at anytime can declare Jihad." Where as in Islam, a member of the clergy can only declare Jihad.

Aslan transformed the audience into a more aware group. Many people have declared their ignorance of Islam and the Middle East after hearing what he has to say.

During the lecture, Aslan informed the audience that, "When we start thinking about people who actually attacked us on September 11 ... it wasn't Hamas, it wasn't Hezbollah, it was Jihadists, and these people have no concrete agenda. Their goal is global transformation. They realize these are impossible goals. This is why they rarely bring them up. I would say George Bush talks more about Jihadist goals than Jihadists talk about Jihadists goals." Aslan used significant quotes to back up his claims

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## Creating miracles – one student at a time

By Miguel Cuate  
Staff Writer

Miranda Bauer is a Liberal Studies student at CSUB. Outside of her academic career, Miranda works at the L.R.C., The Learning Resource Center, located 40 minutes away in Taft College. Balancing school with a job can be a daunting enough task for most students, but what if a third ingredient was added? Despite her demanding school and work schedule, Miranda finds the time and energy to volunteer for a local organization known as M.A.R.E.

M.A.R.E. (Mastering Abilities Riding Equines) is a non-profit organization that has served the community of Bakersfield since 1990. The M.A.R.E. organization is committed to assisting developmentally disabled and physically challenged people through equine experiences. Some of the equine experiences offered by M.A.R.E. include horseback riding, sport riding and vaulting (gymnastic moves performed on the back of a moving horse).

"I signed up for GST-207A at CSUB and one of the sites on the list was M.A.R.E." Miranda said. Miranda volunteers 3 out of 5 days of the week to help the students and staff at the M.A.R.E. site.

"I thought it would be a good place to volunteer and I figured working with children with special needs would help me to better understand all of my students," she explained.

According to the M.A.R.E. organization, "Research has shown that over 40 different

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## Advising Week

By Hillary Haenes  
Staff Writer

If you are having difficulty finding classes to take, you are not alone. Numerous students on campus are being put to the challenge of planning their schedules for upcoming quarters. Partly because of the budget cuts, faculty positions are not being filled for those who have retired or left. As a result of the reduced staff, minimal classes are being offered for certain majors.

Academic advising week encourages students to visit their advisors to help map out courses for future quarters. For those interested, perplexed or in need of guidance, academic advising for the Winter Quarter is October 20-31 and website <http://www.csub.edu/ssrc/> features the answers to various questions students may

have. There is a link to click if students are curious as to whom to contact for advising.

"You have to be smart about the classes you sign up for because it is very easy to get off track. Sometimes you will have to wait a year or more in order to take a class you may have missed," said junior Tim Adams.

It is important to be open-minded when selecting classes and to take classes in sequence. This helps the deans so they know how many students took the first course and can plan to adjust the classes for students needing the next class in the sequence.

"You can't get every class you want, when you want it ... Students can get themselves into trouble by not following road maps ... Budgets are always a huge concern,

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Najiyah Baith/The Runner

Students who attended the Greek mixer.

## All Greek informational & mixer night

By Najiyah Baith  
Staff Writer

The All Greek Informational & Mixer Night was a success. It took place in the multi purpose room located in the Student Union. The event was organized by Keith Powell, Carla Young and Natasha Harris, to give information and meet members of historical fraternities and sororities on campus.

Representatives from each fraternity/sorority came up and gave some history on their organization and what it takes to be a part of each organization.

As soon as you walked into the mixer you heard subtle jazz music playing in the background which was accompanied by tasty treats, such as cookies and punch. Each table had pamphlets and information on each

organization. After speaking with Keith Powell about the overall goal of the mixer he said that "the mixer was put in place to get students involved in leadership roles in the community and fellowship" and "due to graduating students it's time again to recruit students for these fraternities and sororities." For the most part some of the requirements are 2.3 to

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Letters to the Editor are encouraged; however, they must be signed and verified to be considered for publication and should be no more than 300 words in length. All letters may be edited for clarity and length.

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## Reza Aslan speaks on war

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against George Bush and even threw in a comment about John McCain's take on the subject.

He explained that, "That's how terrorism works. The primary purpose of terrorism is not to bring about any kind of political change ... the purpose of terrorism is to provide the illusion of power. It makes you believe that what the terrorist wants that can actually happen but it can't." According to Aslan, even the terrorists themselves know we can't win the war we are fighting. Not just for America but for Jihadists as well.

Not only are Republicans guilty of ignorance, our nation, as a whole does not realize that no side can win this war. We have turned it into a "Cosmic War," a war between good and evil, bad and good. Aslan states that, "by transforming the war on terror into a cosmic war we have already lost. Religion, is today, a more powerful force than ever. The failure of secularism to fulfill its promise to create global peace ... [and] globalization is radically defining the way people are defining themselves. Our sense of the globe as a single space has changed and the demarcation of states is taken away. In a globalized world religion is politics, religion is culture, religion is identity." This is exactly what the Jihadists want.

Aslan informed the audience of the differences between Islamism and Jihadism. He states, "Islamism and Jihadism are two very different movements with very different ideas, vastly different goals and vastly different ideologies, Religious nationalism and Religious TRANS-nationalism. Jihadism wants to get rid of all nations all states and all borders," and "reorganize the entire globe as one world ruled by them," and,



Joe White/Runner

Reza Aslan signs books for students.

"Jihadism finds its audience in the educated and middle class kids living in London who read about it on the internet, they are the educated ... best and brightest of society."

It is pretty amazing how simple the goals and agendas of Jihad can be described. Aslan mentioned that during the first moments of the September 11 attacks, the world was already transforming, and the Jihadists accomplished what they had set out to do, which was to "awaken the west to their apocryphal reality," and get us to join this "cosmic war, and that is exactly what happened."

To conclude his lecture, Aslan told us how we could win a war on terror. He stated, "Cosmic wars can also be about political wars. Political wars can end. Cosmic wars, religious wars, are eternal wars without winners without losers. How do you win a cosmic war? It's simple, you refuse to fight in one." After the elections, Aslan believes that we will have to get back to arguing about the war on terror.

Visit <http://www.rezaaslan.com> for more information on this CBS News Middle East analyst and featured blogger on Anderson Cooper 360.

## All Greek mixer and info night

[Cont. from Page 1]

a 2.7 minimum GPA, letters of recommendations, community service just to name a few.

Powell said that some of the benefits of being in a chapter is "access to scholarships, education, leadership roles and great experi-

ences within the chapter."

Another positive note of the evening was the voter registration table. Everyone that came that was not registered to vote, registered at the mixer giving students that first hand involvement in the world of voting and making a difference.

There were also announcements and information given about Black History Month. From talking to several of the guest in attendance, the outcome was very positive and uplifting. Every student left with a better knowledge of voting, black history, what it stands for and historical fraternities and sororities.

Aaron McGhee was a student that attended the mixer and he said "he hopes to see more of these kind of informative and positive functions happening here at Cal State Bakersfield because even if you don't leave joining an organization, you definitely leave knowing more than you did walking in." and "it's a great opportunity to meet and fellowship with people on campus."

Stacy Miller another student who dropped by the mixer said, she is a junior and didn't know that there were sororities to join at CSUB. Needless to say the mixer gave her vital information as well and exposed her to a different world at CSUB that she didn't know about. Miller is not yet certain on who she will pledge, but she is interested in being a part of a sorority at CSUB.

When asked if there will be another mixer soon, Powell replied, "yes, and next time it might be a bowling night mixer or perhaps in a different setting."

However, if you were unable to attend and have questions or are interested in pledging for a fraternity or sorority, please contact Keith Powell at 654-6855 or Karla Young at 654-6855.



Najiyah Baith/Runner

Delta Sigma Theta members.

## RUNNER ON THE STREET

This Week, The Runner asked, "Recent budget cuts may reduce class availability, would this cause you to consider going to another university to finish your degree?"



**Leslie Gomez,**  
Freshman,  
Criminal Justice

"No, I like this university"



**Dashinika Poindexter,**  
Sophomore,  
Undeclared

"I would stay because I've already started here. I wouldn't want to go anywhere else"



**Anayeli Gomez,**  
Freshman,  
Sociology

"I think I would stay here and maybe change my major. It feels like a family here."



**Charlene Crepo,**  
Senior, Kinesiology

"I would consider it if I was a freshman, but since I'm a senior I probably wouldn't."



# Around the World with Kengo

\*Note this article is the second in a series on the International Student Community here at CSUB. This series will be continued throughout the rest of the quarter as one student is showcased each week.

By **Emily Shapiro**  
Features Editor

Last week we traveled the globe with Kasper Madsen a student from Denmark. This week’s story focuses on a student from a country that is east of Denmark and west of the United States. So pack up your bags and get ready to head to Japan! Kengo Tanaka is a bright and eager student from Kobe, Japan, who is attending CSUB to study psychology. Unlike many other international students, Tanaka is not here at CSUB on an official exchange program like the IREX program, but is an exchange student, “In Japan I am an exchange student. I am not here on a program, my college and CSUB has no connec-

**Facts about Japan**

- \* 127,288,416 people (July 2008)
- \* Five major political parties
- \* Exports \$678.1 billion (2007)
- \* 176 airports
- \* Traditional founding in 660 B.C. by Emperor JIMMU
- \* Is slightly smaller than California (land wise)
- \* Is a constitutional monarchy with a parliamentary government

All facts and figures courtesy of CIA-The world Factbook-  
<https://www.cia.gov/library/publications/the-world-factbook/geos/ja.html>

tion,” said Tanaka. Although CSUB offers many opportunities, Tanaka came here because, “I wanted to go to California, and because I wanted to come for a quarter college. In Japan my school has semester systems, but here I can study more,” said Tanaka. Studying psychology, according to Tanaka, will help him to become a counselor, “I want to be a counselor for JICA, a company that helps poverty countries,” said Tanaka. The cultural differences between Japan and the United States are many and varied as Tanaka pointed out. Some things are very technical, such as the difference in cars, “In Japan, the driver is on the right side. Even now in the United States I try to sit on the left side,” said Tanaka. Other differences are more culturally ingrained, “In Japan the things people know is not spoken,” said Tanaka. Political and civil issues also differ greatly. According to Tanaka, the subject of homosexuality is not addressed, “In Japan gays are not accepted, but here in the United States there are people who try to understand them. In Japan the lesbians and gays stay in a very specific place. In Japan I know what gay and lesbian is, but I didn’t think about it,” said Tanaka. One major difference that immediately came to

Tanaka’s mind was the subject of religion. “Christianity here, in the United States, is very important for this country, so I am now getting steps to become a Christian. I am using Christianity as a way to help people. In Japan, Christianity is not accepted. Japan is a non religious country, it’s kind of weird,” said Tanaka. Adjusting to American life was a bit more difficult for Tanaka.

He used the term culture shock to define his experience so far, “Here in the United States when people meet on the street they have eye contact and say hi. In Japan, if I did that people think I’m weird. Also America is very open, while Japan is closed,” said Tanaka. The differences however did not just stop there. The educational system is also very distinct, “In Japan some of the classes have 300-400 students, and the professor gives only a lecture and the students never speak up. Here, at CSUB, the students naturally speak up,” said Tanaka.

According to Tanaka, the class meeting times also vary. For example in Japan one class meets one time a week, while at CSUB one class meets two to three times a week.



Emily Shapiro/ The Runner  
**Kengo Tanaka is an exchange student from Kobe, Japan.**

The one subject that Tanaka is most eager to learn cannot be found in books, however, “I’m trying to figure out slang. Before I came here I thought I could learn slang, but they don’t know it. I am researching it on web-sites. My hobby is slang,” said Tanaka. As for his host city, Tanaka had this to say, “Bakersfield is a pretty nice place. Before I came here I researched Bakersfield. I thought it would be boring, just mountains or fields no place to hang out, but I love this place. Here I can concentrate,” said Tanaka.

## Sasaki named new interim dean

By **Lavinia Sfetcu**  
Staff Writer

On September 11, 2008, California State University, Bakersfield’s President Horace Mitchell announced Edwin Sasaki as the new interim Dean of the School of Humanities and Social Sciences. Edwin Sasaki arrived at CSUB in 1972, just two years after the university was established. Receiving a PH.D. in Psychology, Sasaki had become one of the first faculty members to form the Psychology program in the Fall of 1972 here at CSUB. In 2006, Sasaki entered the faculty Early Retirement Program, serving as an assistant to the Provost.

At the end of August 2008, former Dean of Humanities and Social Sciences, Marla Iyasere, stepped down from the position and Edwin Sasaki was then chosen to succeed Iyasere. “The faculty, I was told, overwhelmingly voted to call me back from retirement,” Sasaki said. Being dean of a large department such as Humanities and Social Sciences, one might imagine the responsibility that comes with the job title. Sasaki is responsible for the overall operations, programs and grant projects of the department. Sasaki also evaluates and hires faculty.



Lavinia Sfetcu  
**Dean Edwin Sasaki hard at work in his new office.**

Alongside having a busy schedule, Sasaki still has goals that he wants to accomplish at CSUB.

“As I am concerned,” Sasaki said, “the university has not hired many faculty due to the budget situation,

but I really want to plan for the long-range. [I want the] faculty to think about where they would hire and really start making proposals to the provost. I want to build back all of our instructional capacity. At the same time, I want the faculty to be involved in the scholarship and grant processes.” In 1972, coming from Stanford University and knowing the quality of students that attend Stanford; many were skeptical at how Sasaki would feel about the students at CSUB. “I love the students,” said Sasaki. “There are many stu-

dents here who are as bright as students at Stanford. [CSUB] probably, in terms of academic preparation, skill and knowledge, has a wide range of students. That is the challenge of the faculty member. That is the kind of challenge that I think I am being very good at.” So, when Sasaki isn’t running the whole department of Humanities and Social Sciences, he says he likes to spend time with his wife and enjoys theatre and operas. “We are season ticket holders!” said Sasaki. For more information about the School of Humanities and Social Sciences, visit [www.csub.edu/hss](http://www.csub.edu/hss).

## Inside Japan and Beyond

By **Danica Asbridge**  
Staff Writer

Great food, awesome people, fun movies ... this may sound like what a normal Cal State Bakersfield student is looking for on the average Friday night. Little do they know that a school club offers all of this and more. The Japan and Beyond Club, or JAB for short, meets weekly on Thursdays at 8 p.m. At this time, this year’s president, Maiko Yoshioka, and her fellow officers, which includes vice president, Jordan Nelson, gather with their club to have a fun time and learn about the Japanese culture. “Our two goals for this year,” said Yoshioka “are for our members to learn about Japanese culture and to get involved with other clubs and around campus.” Watching Japanese movies, learning how to roll sushi and holding Japanese language lessons every week for free are just a few examples of events that this club helps put on. “Last year we focused a lot on food sales but this year we hope to have a lot more cultural events,”

said Yoshioka. The club consists of about 20 members and seems to be growing every week. Members helped think up ideas for cultural events. Those that have been brought up include Bondancing, origami and making takoyaki. Patrick Wang has been a member for about a year and a half and really enjoys what the club has to offer. “I joined the club so I could experience Japanese culture and get involved ... My favorite part is rolling sushi,” he said. Another member, Oliver Tan, has been a part of the club for two years. “I joined the club because the former president was really friendly and he invited me to join. Also, learning how to make food is fun. I was in charge of food sales last year,” he said.



Danica Asbridge/The Runner  
**JAB members during one of their weekly meetings.**

The benefits of joining this club are high in number but include many interesting experiences that can’t be had at other clubs. “Learning how to roll sushi and learning about the Japanese culture, if they are interested in that. Plus, if they want to get involved with school and the community, people should join the club,” Yoshioka said. The many food sales and fund raisers also help pay for fun end-of-

the-year trips. “We go on a lot of big trips. In the last couple years we went to Las Vegas and the Grand Canyon,” said Yoshioka. “People may not know that we hold cultural activities during the meeting. Also, we hold Japanese lessons every Tuesday at 4 p.m. in the Green room,” said Yoshioka. Shawn Harrison is new to the JAB club this year but seems to be enjoying it. “I’m a big Anime fan and I hope to travel to Japan someday. The club seems to have a strong sense of the Japanese culture,” he said. Another important addition to this year’s agenda is adding much more community service driven events. Dr. Clark had an idea of teaching Japanese culture to a group of Boy Scouts. JAB volunteered and will

be teaching sushi rolling and also giving a short presentation about culture. JAB seems to be more than just a club that gets together once a week, it seems that communication and forming friendships are also high on the list of important ideals. “I hope that everybody gets to know everybody and we all become comfortable with each other,” said Yoshioka, on her main goal for the year. As for people who may feel uncomfortable dropping by the club on Thursday night if they’re not Japanese, both the president and vice president have something to say. “One thing that some people may not know about this club is that only a few members are actually Japanese,” said Nelson. “Probably less than 20 percent - possibly even 10 percent - of the students in the club are Japanese,” adds Yoshioka. So, if there is anyone who is interested in learning about Japanese culture, or just want to make some fun new friends, JAB holds their meetings 8 p.m. every Thursday in DDH room 105G..



# Costume shops fill Bakersfield for Halloween

By Nicole Schorr  
Staff Writer

Ghosts, goblins and witches oh my!

It's going to be a scary Halloween season this year, but what might be scarier than the costumes roaming the city's streets is the state of economy. Despite your financial situation, there are plenty of choices around town that just might fit your costume budget.

**Fantasy Frocks** is the only Halloween store in Bakersfield that is open year round. Locally owned, Fantasy Frocks has been open for 28 years and offers Halloween-goers something other chain stores do not: personal service. The owner of the store is actively involved in helping customers find the right costume for them, without having an extra cost. Prices at Frocks are nothing outside of any college-student budget. A costume-in-a-bag can be purchased for under \$30. Custom hand-made costumes are available and can be altered to fit any body size. While Fantasy Frocks may not have the square footage as the large chain

stores, it definitely doesn't lack the variety. From a fat belly dancer to a bunny rabbit outfit, they have it all. They also carry all the needed accessories for any Halloween costume, make up, wigs, swords, and Victorian style to cowboy hats and even an American Idol microphone.

Just in time for the election, they even carry the political masks of Senators Barack Obama and John McCain. The presidential candidates may have taken the media by storm but it seems people don't want to mix politics and Halloween together.

According to owner of Fantasy Frocks, Jennifer Keller, the political costumes are selling at their lowest this year. Instead, people are going for something a little scarier like the Joker from the new Batman movie.

"This is the first year Johnny Depp hasn't controlled the market. It seems whenever there is a morbid story, people want it," said

Keller.

If buying a costume this Halloween is not in your budget, Fantasy Frocks also rents their costumes. With a \$10 minimum, the average price to rent is \$45



photo courtesy of  
facstaff.elon.edu



can soar as high as \$150. Fantasy Frocks is located at 1928 19th Street and is open Monday-Friday from 11-7 p.m., also open Saturday and Sunday from 11-5 p.m. It's extremely hard to miss, for it is a purple house.

**Spirit Halloween** stores are like the Costco of Halloween stores. They only hit Bakersfield once a year, but with them they bring an abundance of Halloween costumes and supplies.

The Spirit stores have the latest costumes to hit the shelves, hitting all age groups.

They have costumes for the young ones, the ones in the middle and even the

furry ones. There's no doubt the costumes are creative. From a plug and socket outfit for the perfect couple to a poo-poo platter for that one daring soul, Spirit has it all: Wigs, werewolf masks, fake limbs, wings, shoes and much more. Anything needed to finish off that perfect Halloween look without breaking the bank can be found at any Spirit store in many locations in Bakersfield.

**-Party City-**

It would be erroneous if a party supply store didn't have costumes for Halloween. And Bakersfield Party City has lived up to all the responsibility its name entitles it to. While a majority of the costumes are similar to the ones in other Halloween stores, like the wicked witch, the good witch, little red ridding hood, the Joker, Jack Sparrow, political masks, you can even go as a human-size whoopee cushion...etc. You name it, they have it. To top it all off, Party City also provides loads of candy; because Halloween just wouldn't be the same with out the candy corn, chocolate bars and chewy snacks.

**-Target & Wal-Mart-**

If Party City or Spirit Halloween is out of your daily routines, Target and Wal-Mart also provide costumes for your convenience.

So while you are wandering down the laundry soap aisle or looking for the kitchenware, you can also stroll by the costume aisle and kill two birds with one stone.

If this Halloween has you feeling a little hallow and you're looking to buy a costume that will last longer than just one night, there is a website that just might cure your Halloween blues. Costumestudio.com, by Good Society, has all the costumes you would expect to find in any of the stores above, but with a little twist. All of the profits go to help the children in Uganda. It was an idea that bloomed six months ago and just last week the website was launched. In just a week's time, they have already raised \$10,000 and expect 100 times that next year. For CEO Salil Jain, there has never been a better time for college students to buy a costume and save a life.

"We're hoping that college students realize the responsibility and the power that they have. As their spending dollars increase, they will have the choice of what message they want to send with their spending power. As they make these decisions, in many ways, they will shape America," said Jain.

## Campbell's Critique: Hawaiian Barbeque

Reviewed by  
Nathan Campbell  
Online Editor

When you're constantly on the run, eating fast food becomes an inevitability. Sure there are plenty of options around campus when it comes to fast food, but as the quarter drags on - it starts to seems like you've been everywhere a million times - it gets hard to decide where to go, because, "nothing sounds good."

This is why adding some variety into your lunchtime excursions is always a good choice - and Hawaiian BBQ offers just that.

Hawaiian BBQ is a locally owned restaurant in the Stockdale Village shopping center, which is located at Stockdale Highway and California Avenue. They offer a variety of Hawaiian dishes at pretty decent prices.

The dishes are mostly comprised of white rice, macaroni salad and veggies with your selection of meat. At my most recent foray to the Hawaiian BBQ, I had the katsu chicken. It's essentially breaded pieces of sliced chicken served with sauce. The sauce, I found, was essential, because the chicken is a bit bland without, but after the addition of the

sauce - it makes a great meal.

What I loved about Hawaiian BBQ is that they serve macaroni salad with white rice. It may seem like an odd coupling, but once you try it - you'll agree the two belong with each other.

The "mini" plate I got for a pretty affordable \$4.89 was enough to fill me up despite it serving as both my breakfast and lunch.

The restaurant itself isn't much to look at. The service isn't super fast, but for the price, location and food quality Hawaiian BBQ is definitely a go to place when you're in a fast food slump.

## Top 30 television shows that should have never existed

Compiled by Runner Staff  
Photo Courtesy of austinchronicle.com

1. The Hills
2. Paris Hilton's My New BFF
3. The Simple Life
4. The White Rapper Show
5. Rob and Big
6. Survivor
7. Tila Tequila
8. Flavor of Love
9. Rock of Love
10. The Bachelor
11. I love New York
12. My Super Sweet 16
13. Janice Dickenson's Modeling Agency
14. Deal or No Deal
15. Mind of Mencia
16. Pimp My Ride
17. Parental Control
18. Wife Swap
19. Next
20. The X Effect
21. Jerry Springer
22. Maury
23. Any soap opera
24. Spongebob Squarepants
25. Britney and Kevin: Chaotic
26. Baywatch
27. The Wayans Bros Show
28. The Jamie Foxx Show
29. Newlyweds: Nick and Jessica
30. The Ashlee Simpson Show



### Fall 2008 Flu Shots

Wednesday October 22  
Student Health Center Conference Room  
9:00-11:00 AM  
1:00-4:00 PM

Cost is \$20.00 for students, staff, and faculty.

Questions call Erika at 654-3453



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# CSU budget cuts affecting how students choose classes

[Cont. from Page 1]

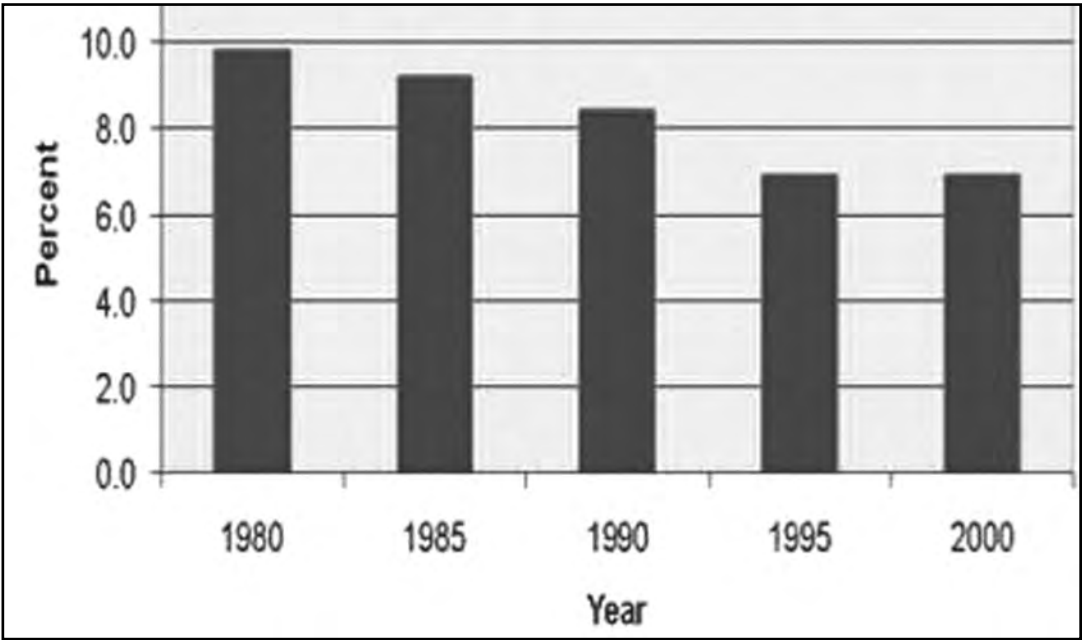
but we have juggled things so far,” explained Dean of Business, Dr. John Emery.

President Mitchell’s Monthly Campus Update explained that the 2008-2009 budget leaves CSU schools with a \$215 million deficit. The budget not only affects CSU faculty jobs being cut, but also a vast majority of community college campuses, such as Bakersfield College.

One USC graduate student from Bakersfield has had difficulty getting into physiology, anatomy and microbiology. Jennifer Boyich looked into taking prerequisite courses for medical school at CSUB this fall, but when she was unable to register for the classes she needed, she looked for other schools where these science courses were not impacted. Boyich currently drives to B.C. and to Valencia’s College of the Canyons for those courses that she was unable to take at CSUB.

“The commuting to Valencia definitely affects my school work. It take two and a half hours out of my day to drive to Valencia, which is two hours less to do homework or study. It also makes it extremely difficult for me to attend any office hours or open lab hours. Because of living so far away, study groups are not really an option for me either,” said Boyich.

The budget is interfering with the supplies that campuses provide for the students. Due to the loss of money, many professors are having students print off syllabi, lecture notes and worksheets at their own expense. “Budget cuts affect classes for everyone. In



Funding to higher education has been decreasing over the years

courtesy of freemoneyfiance.com

my anatomy and physiology courses, we are dissecting animals that were already dissected by previous semesters due to the school not having money to buy new ones,” explained Boyich.

This sensitive subject is being handled tremendously well by department chairs, professors and faculty. Every department is facing challenges, but is performing their best to assist students in planning their courses to graduate on time.

The Criminal Justice Department has sent letters to fellow criminal justice majors and minors notifying them that certain classes have been dropped and are no longer a requirement due to budgeting.

“I am happy because it is one less class to take, but at the same time I could be missing out on valuable information and education,”

said junior Brian Ayala.

It is the department chairs job to work with our budget and try their hardest to plan what classes are to be offered two years in advance. This was once an easy task for the Psychology Department. However, over the last couple of years there have been fewer faculty to teach classes. The department now only has information regarding classes a quarter or two in advance. Budget cuts have also caused this department, among others, to offer a smaller selection of electives than previous years. The main focus of all departments is to offer courses that will allow students to graduate on time.

“Working with an advisor helps students create a plan that gets them to graduation efficiently and with as little grief as possible,” said Psychology Department Chair and

Professor, Dr. Steve Bacon.

All of the departments offer a concentration outline for each specific major. This helps students and their advisor visually see what classes the student has already taken and then map out what the students intend to take in the future. The advisors will notify students of what classes are being offered and when they need to take them. Students are recommended to visit every quarter to revise their outline if necessary.

The students that work and engage in other extracurricular activities should realize that they may need to lighten their load in order to compensate time to take classes they need. For those students that are employed full time, have families or other activities, CSUB has considered alternative solutions to help.

“We have talked about different things including courses that might be offered on weekends like some of the private universities do, online courses, hybrid courses, so you don’t have to come as often. We are trying all these things,” said Dean of Humanities and Social Sciences, Dr. Stanley Clark.

Students, go take advantage this week of visiting with your advisor to plan your future. This is what the department chairs and professors are there for and will be more than happy to meet with you to answer any problems, questions or concerns.

“Realize that we are all in this together so stay focused and optimistic, work with your faculty advisor, ask lots of questions, and try to be as flexible as you can reasonably be,” offered Bacon.

# Creating miracles one student at a time

[Cont. from Page 1]

conditions benefit from therapeutic horseback riding. Benefits have been documented in a number of areas: Social, Cognitive, Physical, Psychological, Language Development and Communication.”

“They will put the child on the horse and take them around to do different obstacles,” Miranda explained.

“This is something that the child would enjoy doing but at the same time this lesson helps progress their skills and abilities,” she added.

One such student is 5 year old, Jacob Galagan. Jacob has been a student of the M.A.R.E. organization for over 2 months. Jacob’s father, Peter Galagan, appreciates the benefits the M.A.R.E. organization provides for himself and his developmentally disabled son.

“I think this helps him calm down and focus on the task at hand,” Peter explained.

“If I were take him to Disneyland he could not wait in the line. He would have a meltdown and tantrums. Here he learns to be patient and that carries over into other areas of his life,” he added.

“I am glad it is here and that once a week my child can benefit from it.”



courtesy of mareridingcenter.com

Madison Freisen one of the children who benefit from MARE.

The M.A.R.E. organization uses specific games or activities to help stimulate the minds of its students. These activities target specific areas in which the child might sharpen or learn new skills and abilities.

“He has learned to interact really well,” Peter said.

“They will do things like play games with him by hiding something and having him find it. They will have him command the

horse himself,” Peter added.

A more common activity is “sidewalking,” Miranda explained.

“Sidewalking is when the student is on the horse and one trainer or volunteer is on each side walking with the student,” she added.

Although this volunteer work might cut into Miranda’s free time, she seems to value more the service she is doing to her community and the work she is doing with the special needs students.

“I really like working with the kids and seeing how they progress each time,” Miranda said.

“Some of the students who originally could not hold themselves up on the horse can now ride around the whole arena holding themselves up. They do a pretty cool job here,” she added.

If you would like to volunteer or know more about the M.A.R.E. organization, you can visit their website at [www.mareriding-center.com](http://www.mareriding-center.com).

# Community service Red Bear Circle Gathering

The Community Service Cooperative, a California State University, Bakersfield student organization, along with the Associated Students, Inc., will be hosting the inaugural Community Service Awareness Week on Monday, Oct. 27.

"Our mission as an organization is to raise awareness among the CSUB student body of the need for community volunteers; to increase participation through coordination of events, and motivation of students and student organizations," said Mike Butler, student and CSC president.

The Community Service Awareness Week activities are as follows:

**Monday, Oct. 27,**

10 a.m. to 3 p.m., Runner Park

A student awareness and information day that includes free food and service awareness information.

**Tuesday, Oct. 28,**

11:30 a.m. to 2 p.m., Café Quad

Over 20 service organizations will be on campus to meet with students and provide information about volunteer opportunities.

**Wednesday, Oct. 29,**

11 a.m., 12:45 p.m. and 2 p.m., Student Union multipurpose room

Three showings of the film "American Idealist: The Story of Sargent Shriver" will be presented with free refreshments.

While events are student-oriented, the public is invited to attend. For details, contact Butler at (661) 654-2176.

Courtesy of CSUB Public Information

The California State University, Bakersfield Indigenous Native American Club will host the "Red Bear Circle Native Gathering" in Runner Park on Saturday, Nov. 8, from 9 a.m. to 5 p.m.

The Indigenous Native American Club seeks to enroll more Native American students in college, support these students through graduation, and raise an awareness of indigenous culture. The club would also like to establish a Native American culture center on campus.

The gathering will consist of informal activities throughout the day, including traditional dancing and singing as well as Native American cuisine and cultural demonstrations. There will also be a booth dedicated to providing financial aid

information for prospective students.

This free event will welcome people from many tribes in the Bakersfield area.

The CSUB Indigenous Native American Club started in February 2007 and has about 50 members from the community.

Four hundred people are expected to attend the event. Admission is free. Parking will be free in Lots A, K and L. Participants are encouraged to bring their own canopy and chairs. Refreshments will be available.

For additional information, please contact David "Laughing Horse" Robinson at (661) 654-3098 or log onto <http://horse.robinson.googlepages.com/> Courtesy of CSUB Public information



# Alumni Swim Meet

By Korisha Hamblet  
Staff Writer

The alumnus returned to race against the CSUB current varsity swim team in full numbers. Some came back from years as far back as 1993. They all seemed excited and very positive about the races that were ahead of them.

There were many people meeting with one another. All the new and old faces came in and got acquainted.

Pat Skehan, coach of the women's swim team, said that "This is a social event, we don't care to know the names of winners, only that our past and present players enjoy one another." Skehan said that this is an event that they look forward to not only for the racing aspect but just to "Allow the alumni to come out and encourage our 2008-2009 team."

Although they did report the lanes that came in first place, the actual names were not read and the event went by very quickly. They did, however, state whether an alumni came in first, which was rare but nice to see. In the women's 50-yard butterfly two alumnae shared the race and were able to come in first place, swimming in lane 8. Another team effort came from alumnae in lane 5, in the Women's 50-yard freestyle.

Everyone cheered hard for both their alumni team and the 2008-2009 varsity swim team.



Oscar Lozoya/The Runner  
Taylor Kasha serving in the Runners sweep over Bucknell.

## Runners return home from month long road trip to sweep Bucknell

By Oscar Lozoya  
Staff Writer

CSUB's volleyball team swept the Bucknell Bison coming off the road after losing to Utah Valley University almost two weeks prior. The Bison gave the Runners a scare in the first two sets but the Runners were able to pull through with a 25-18 victory on both and controlled the last set winning 25-14.

Coach John Price attributed the win to the girls' consistency and persistence. "Against a team like that you have to stay patient. When we settled down, that's when we pulled away at the end of the first two games then we

came out strong in game three and really did a nice job in finishing that game off."

The first two sets were close throughout the match. At one point in the first, Bucknell pulled within three points. Misty McNaughton's cover off a block got the women "fired up" as the team went on a 7-3 run to seal the deal.

The second set was tied midway through at 13-13. McNaughton was once again a driving factor getting an ace shortly after the game was tied. This gave some breathing room and allowed her team to take a 2-0 set lead. "We knew we weren't

playing the best we could play so we had to step up our energy and get our groove going," said McNaughton.

The Runners from the beginning dominated the third set. Within the first six minutes, they already had a six point lead with a kill by Sarah Warner from Barbie Thistle making the score 10-4. Bucknell took a time out to try and slow down the Runners but CSUB continued to be aggressive never letting Bucknell gain the lead, adding another win to the volleyball team's record.

The Lady Runner's next home game will be against the University of the Pacific on October 22, 7 p.m. at the Icardo Center.

## CSUB cross country meet

By Jena Lopez  
Staff Writer

Friday afternoon, the men's and women's cross country teams competed. The men's cross country started at 4:30 and the Women's started at 5:10. These men and women practice hard, running comes easy because many of them have been running most of their lives.

The course is long. The runners start out at the CSUB track and make their way around and down Camino Media. They then proceed to go towards the dorms, around them, back down Camino Media and end up exactly where they started, the CSUB track. For most fans or observers going out there to watch, it's actually hard. You really only see the runners when they begin and end. There were rarely any fans out there to watch, but for those who were, they saw the men and women at their best.

Most of the runners before the race warmed up with their iPod's in ears. They stretch and run some more to prepare for their big event.

"When preparing for a race, most of it is mental. Usually preparations, for me, start two days before. Sleep and nutrition are very important along with staying hydrated. The most important night of sleep is not the night before, it's the night before the night before. Eating substantial foods like carbohydrates and protein are very important during these two days before the race. The mental side of preparation is also important being relaxed and calm is crucial. If your mind is clear, you can make clear decisions. If your mind is a mess it could throw you off during a race, being distracted is never good. You should definitely maintain focused as best as possible." Ashley Nolasco, a CSUB women's runner, explains.

These races are not easy but they always somehow make them look like a piece of cake. To keep track of these runners, check out [www.csub.edu](http://www.csub.edu) under athletics or to support these dedicated athletes, you can purchase a 2009 calendar from any of the cross country team members.

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## CSUB Baseball Inaugural Schedule Released

Courtesy of Sports Information

The inaugural schedule for the CSUB baseball team, released Monday, features an array of opponents, none bigger than the defending NCAA Division I National Champions, and Valley rival, Fresno State, whom the Roadrunners will take on during a five-game series in early April. Perhaps the most anticipated series of the season will take place Apr. 3-8 with the first three games being played in Fresno and the final two match-ups taking place in Bakersfield on Apr. 7 and 8.

The Roadrunners' first official contests of the opening season will take place Feb. 20-21, 2009, in a three-game series on the CSUB campus against Atlantic 10 member St. Louis University. The Billikens will be the first of nine teams to visit Bakersfield during the 2009 season that features 19 home contests on its 51-game schedule.

"We tried to design a schedule as nationally competitive and difficult as possible," said CSUB Head Coach Bill Kernen. "We want this first team to develop in the environment that they'll need to

succeed in. Even if we're not successful in terms of wins and losses (this year), we want them to understand that this is what the deep end of

UC Davis.

The 'Runners will hit the road to take on San Jose State on Mar. 27-29, while a three-game series at the University of Nevada is scheduled for Apr. 24-26 in Reno. The Wolfpack advanced to the title game of the Western Athletic Conference Tournament Championship game in 2008, falling to Fresno State.

The month of May features a single game at Pac-10 member UCLA, which was recently listed as having the seventh-best recruiting class in the nation, according to Baseball America, followed by a visit to Lincoln, Neb., for a three-game series against University of Nebraska, and a three-game series in Columbia, Mo., for three games against University of Missouri. Both Big 12 schools advanced to the NCAA Lincoln Regional Tournament in 2008.

CSUB's final home game, on May 19, will feature a match-up against Cal State Northridge. The 'Runners then close out the season on May 22-24 in a three-game series at the University of the Pacific in Stockton.



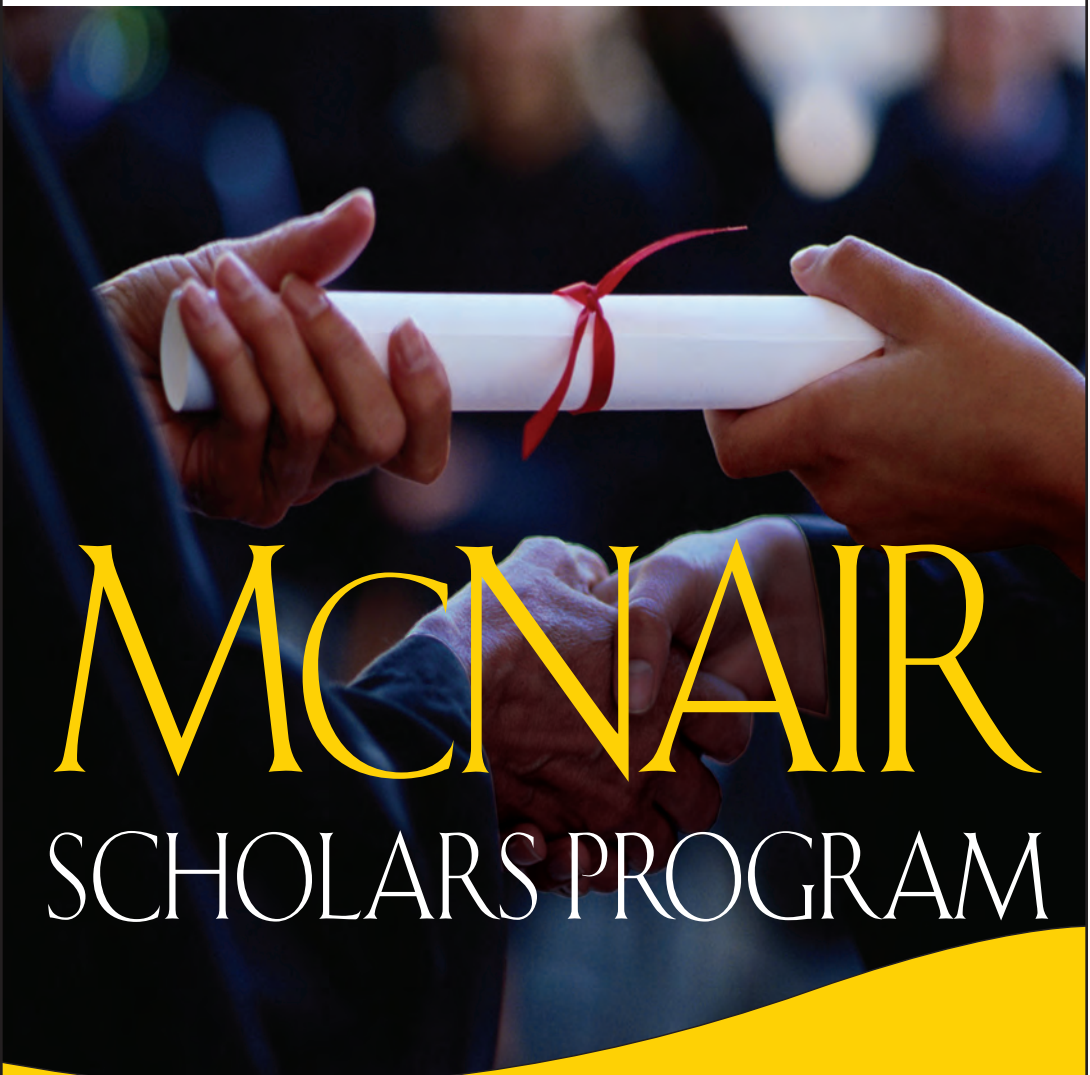
photo courtesy of sports information  
Head Coach Bill Kernen talks with his team to begin a fall training session.

the pool is like to be in."

Following the series against St. Louis, Bakersfield will host Big West member UC Santa Barbara on Feb. 22, the University of Utah in a four-game series from Feb. 27-Mar. 1 and a two-game homestand against Cal Poly is scheduled for Mar. 22-23.

In all, the 'Runners will face six of the nine Big West member institutions including UC Santa Barbara, Cal Poly, UC Riverside, Cal State Northridge, Pacific and

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For more information, contact Victoria Champion at (661) 654-6618 or [vcampion@csub.edu](mailto:vcampion@csub.edu)

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