

CAMARILLO STATE HOSPITAL AND MENTALLY DISABLED PROGRAMS

THE FOLLOWING IS A CONCEPT SUGGESTING STATE HOSPITAL PROGRAMS THAT MAY
SERVE COMMUNITY NEEDS

I. INPATIENT SERVICES

Specialty Programs

A. Children's Services (ages 6 to 16)

Serves children with emotional disturbances by providing highly individualized psychiatric, pharmacologic, psychological, social, educational and rehabilitative treatment programs.

B. Adolescent Services (ages 13 -17)

In addition to acute psychiatric treatment, treatment focuses on educational needs, family conflict reduction, life skills training, and social and vocational training.

C. Adult Services (ages 18-59)

Interdisciplinary evaluation and assessment stabilizes and treats the client utilizing treatment modalities such as group and individual therapy, milieu therapy, chemotherapy, behavior modification techniques and teaching modules. Off unit day treatment centers provide intensive community oriented skills training focussing on development of effective social skills, medication management, independent living skills, and substance abuse training..

D. Geropsychiatry Services (Skilled Nursing Facility)

Serves adult and elderly clients exhibiting symptoms of psychiatric disturbances by providing rehabilitative, psychosocial and skilled nursing care to assist clients to return to a community setting.

E. Acute Medical/Surgical Unit

Provides clients with specialized medical and surgical care. Clients in need of specialized medical services are transferred to this treatment setting and returned to their home unit after the specific medical need is met.

F. Clinical Research Center

Research conducted at this center is under the joint sponsorship of Camarillo State Hospital and Developmental Center and the Neuropsychiatric Institute of the University of California, Los Angeles. UCLA research faculty and CSH/DC staff of the Clinical Research Unit conduct applied research on the treatment and rehabilitation of serious and persistent mental illnesses and developmental disabilities. The UCLA Clinical Research Center for Schizophrenia and Psychiatric Rehabilitation which as one of its performance sites at our facility, is one of ten centers in the United States funded by the National Institute of Mental Health for long term intensive study of major psychiatric problems. Research is conducted on neuropsychological, cognitive,

behavioral, and social factors in the course of schizophrenia and on developing and evaluating new forms of psychosocial and pharmacological therapies. Additionally, the Psychopharmacology and Behavioral Consultation teams of the Clinical Research Center provide assistance to treatment teams throughout our facility.

II. RESIDENTIAL CARE LIVING

(Step-up unit from institute for mental disease IMD) Clients not appropriate for IMD placement but require less care than ICF level of care. A sub ICF level of care is offered with evaluation, assessment and maintenance of chemotherapy with assignments to appropriate Adult Health Centers (DTAC's).

III. PARTIAL HOSPITALIZATION

For use by Tri-Counties and residential (board and care) units. Clients attend (day treatment) adult health centers which provide intensive community oriented skills training, focusing on development of effective social skills, daily living skills, to learn to live, learn, and work in the community with the least amount of intervention from those in the helping professions.

IV. COMMUNITY CARE LICENSURE FOR APARTMENT LIVING

Clients requiring protracted protected community services for an indefinite time live on grounds in apartment housing, and utilize facility DTAC's or various other facility services as needed.

V. TRANSITIONAL GROUP HOME LIVING ON GROUNDS. (PROTECTED COMMUNITY CONCEPT)

Clients requiring protected community services for a limited time as part of a transition to community placement, live on grounds in group homes and utilize facility DTAC's or various other facility services as needed.

VI. RESOURCE TRAINING SITE

Training in biopsychosocial modalities is offered at this facility in partnership with the Research Unit. The following validated techniques are taught:

- Effective broad spectrum methods for suicide prevention
- Independent grooming program for self-care skills
- Modules in the social and independent living skills program
 - Basic conversation skills Social problem solving
 - Recreation for leisure Community re-entry
 - Medication management Personal hygiene
 - Symptom Management Job finding skills
- Coping skills for hallucinations
- Management of psychogenic polydipsia and water intoxication
- Management of morbid obesity and hyperphagia in Prader-Willi Syndrome
- Management of aggression with behavioral learning methods

- Modules for community mental health centers
 - Personal effectiveness Parent training
 - Treatment evaluation Community living skills
 - Behavioral marital therapy Stress management
- Naltrexone and behavior therapy for narcotic addiction
- Treatment assessment, planning and evaluation system (TAPES)
- Cognitive remediation of schizophrenia: Training the brain
- Risperidone (antipsychotic medication)
- Benefit/risk dosage determination for antipsychotic drugs
- Expanded brief psychiatric rating scale
- Independent living skills survey
- Social learning techniques for the severely mentally ill
- Social skills training techniques
- Behavioral family management for schizophrenia