

INSIDE LEISURE VILLAGE

VOL. 45 NO. 8

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

AUGUST 2, 2024

VILLAGER PROFILE

By Carol Nelson

The Long, Fun, Winding Road to the Village

■ Meet the Goldmans

Recently I had the pleasure of meeting Carol & David Goldman. David was born in North London in 1946, about a year after World War Two ended. A bomb had fallen a couple of hundred yards from the apartment where the Goldmans lived. Whenever they walked to catch the bus, they would pass by the war driven carnage left behind.

In sharp contrast, Carol was born in 1957 in a tiny town called Avenal in Kings County, California. There, Carol's father worked for Standard Oil, but when the company transferred him to Taft, he gave up being a roughneck on the oil rigs and moved the family to Bakersfield, his birthplace.

Carol left Bakersfield in 1978,

moving to Northridge in the San Fernando Valley to finish college at CSUN (California State College at Northridge). There she graduated with a Bachelor of Arts in Liberal Studies. Carol dreamed of being an architect, so, at age 30, she returned to CSUN to pursue an Art degree. Prior to this, she had been working in the event rental industry as an outside sales consultant for 4 years. Her employer had allowed her to take time off to attend classes, but then realized that he needed her full time. Therefore, he made her a very generous offer to abandon her dream of being an architect. It worked and she continued with the same company until she retired in 2022.

This was vastly different from David's path. He left school at 16 and almost joined Marks & Spencers, the big department and clothing store chain. Instead, United Artists offered him a job in their



Photo by JON

Carol and David Goldman in their Village 25 home.

contract department and he was put in charge of film contracts, one of

—Please see **PAGE 11**

Ballroom Dancing, Rhythm Counts

Congratulations to our Leisure Village Newbies who bravely took to the floor in May to take their first baby steps into ballroom dancing. After three months, they have learned the rhythms, counts and basic moves to seven dances and, in August, will graduate to the "Beginners' Class."

This class will presume you already "got rhythm" and "you got music," etc. etc., (as the song goes) and will now continue on in August to give you the self confidence you need to be comfortable on the floor at our own LV's second and fourth Saturdays' social dances. Joan, our fearless Village leader/organizer, will reserve a table for students and

help them to feel comfortable in this lovely dance environment.

The cost for the teacher, Cheryl Griffith, a teacher of many years from the famous Arthur Murray studio, is still only \$5.00 an hour and we meet in the Santa Rosa Room on Wednesdays at 7:30 pm. As we have several advanced followers who turn leaders, we have equal numbers in couples. If you find yourself a little lost, Joan will continue to give you great free help so you can catch up.

While this class is only for Villagers, we encourage you to bring a non-Villager friend along.

A few words from Joan: There are many elements that work to-



Villagers gliding on the dance floor learning Ballroom Dancing and recalling the elegance of a by-gone age.

gether to enhance our ability to navigate life's challenges. We need these attributes even more as we age just as we need to move and groove for JOY in our lives.

Joan hopes to see you in class (first August class will be on the

7th) and on the dance floor on Saturdays. Her contact information is: joandanceforlife@gmail.com and 818-951-1516.

Please register so your name will be at the door so you can be truly welcomed.

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08LV04S

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Richard Dean - Village 7
Lyn McGraw - Village 22
Faye Dolores Villa - Village 38

In Memoriam entries, please submit name and village number of the person who has passed to: insidelveditor@gmail.com ATTN: In Memoriam

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ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to insidelveditor@gmail.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

September 2024 Edition Deadlines

Club News, articles and letters: Thursday, August 15. August issue will be available Friday, September 6. Send news, articles & letters to insidelveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

VILLAGE NEWS

By Dennis Doolittle

Roofing Project – Roofing continues within the Village, now working in Village 25

Paint Project – The Paint project is delayed, in mid-August there will be a meeting to formalize the schedule

Concrete – Work on the Concrete Project started in mid-July. Villagers will be notified if the work affects their property. The Contractor is over half way done with the scheduled work.

Streets Project – This year the Streets Project will resurface two Villages, Village parking lots, and re-stripping on roadways. The start date is in late August.

In Ground Vaults – The removal of vaults in Village 14 is complete. All material was removed and replaced with soil overseeded by grass. Methods for removing the vaults were tested and cost/time data collected. The experience and information collected from the test area will be used to create a plan for removal of all vaults which will be presented to the Board for approval.

Finance – The Village’s fiscal year ended on March 31, 2024. End of year unaudited financial statements have been reviewed by the Finance Committee and submitted to the Board. The annual audit of the Village’s books is complete, revisions per the auditor’s instructions complete, and the year-end audited financial results mailed to all homeowners.

Administration Building Sewers – The Administration building is experiencing serious problems with its sewers and bathrooms which will require major repair. The plans for the repairs were submitted to the city, the city applied current code requirements against our plan, notably disability access requirements. The Village modified its plan and re-submitted. That plan has now been approved. Then, there was a major break in the sewer line causing flooding in the Administration

building causing additional damage. Repairs will be starting soon. We can expect that the Administration building will be closed for six to eight weeks. Staff will temporarily work out of the Sun Room in the Recreation Center.

Storm Drains – Basically no change, negotiations between the Village and the County continue over who is responsible for maintaining the various elements in the storm drain system.

Street Sweeping – I was in the Administration office this week when an upset woman came in complaining about a parking ticket she received. There were 24 parking tickets issued last month. A friendly reminder, there is no parking on the streets the first and third Wednesday of the month when the street sweeping machine is in your area.



Hard at Work Fixing Sidewalks

The concrete repair crew removing old, damaged sidewalk on Village 24 preparing to replace with new concrete.

Photo by JON

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08LV021

AROUND THE VILLAGE



Don Marquardt's Tree of the Month

■ The Silk or Mimosa Tree

Photos by DON MARQUARDT,
Landscape Architect

SILK TREE (*Albizia julibrissin*). Known as "mimosa" in the eastern U.S., it has a unique flat-topped shape that forms a true canopy for shade. Native to Asia, from Japan to Iran, this tree is covered with fuzzy pink blossoms during mid-summer. It can grow to 20 ft. tall with finely textured foliage which folds at night.

Above, closeup of the soft and fluffy fragrant bloom. Below, the silk tree or "mimosa", in full bloom.

There are many blooming along Mountain View Drive at Village 14, 17 and 18 as well as along Leisure Village Drive at Village 29, 33, 34, 40 and 42. Take a close look at the flowers and see how fluffy, puffy and colorful they are.



Village Veteran Photos Wanted

The Veterans Day team in the Women's Club is looking for photos of Villagers who served. These can be photos in uniform or "civies" but taken during time of service. Group shots, Buddy shots, selfies... all are welcome. Please help all Villagers remember your service or the service time of a loved one. You can contact Pam Almeida for information on getting these photos to the Women's Club: 314-283-8172 or email her at: psmith@toast.net.



Pilot Brad Bradford posing by his plane.

VILLAGE ENTERTAINMENT

Get Up and Get Groovin' with Tony

Showtyme - Jennifer Stein

Showtyme Presents, A Summer Concert with Tony Odell Rogers. Join us for a fun Sunday evening of energetic entertainment with musical styling only Tony can perform. Let him wow you as he takes to the floor and gets everyone up and grooving. It's a celebration you don't want to miss.



Tony has credits as vocalist and actor. He performed in the Lou Diamond Phillips HBO film 'Dangerous Touch' where he sang the classic song "Little Bitty Pretty One". Tony is a native of St. Petersburg, Florida, and has lived in Southern California for the last 20+ years. After moving to Cali-

fornia, Tony was the lead singer for several rock & roll bands. He also performed at the Orange County Pavilion Theater in Santa Ana in a show called "50 years of Rock & Roll" that was produced by Bill Medley of the Righteous Brothers.

Tony is definitely a go see for an evening of great music. Come join the fun with family & friends on Sunday, August 11th @ 7:30pm. Doors open at 6:45pm in the AR. Raffle tickets for 50/50 will be available before the show. The drawing for 2 lucky members of the audience is at the end of the show. If you have 2024 membership there is no charge for admission. Non-membership is \$5.00 per person.

If you have any questions please contact Jennifer @ 805-383-1518.

Seminars & Shows

Village Theater - Roger Florio

On July 23, Village Theatre presented its first theatre seminar. The

initial workshop was conducted by veteran Actor, Director and Producer Tony Torrisi and focused on acting and auditioning tips. Village Theatre hopes to schedule more such seminars in the future, and encourages anyone who has an interest in participating in the joys of bringing a show to life, to reach out and get involved.

In other news, the cast has been selected for Village Theatre's first production, the Pulitzer prize-winning play *Crimes of the Heart*. The three eccentric Magrath sisters from Hazlehurst, Mississippi will be played by Nancy Hullihan (as Lenny, the responsible sister), Anne Marie Florio (as Meg, the "popular" sister) and Nalani Carson (as Babe, the sweet sister – could she really be guilty of attempted murder?).

The other members of the cast are Loretta Pisaniello (as the Sisters' "holier than thou" cousin), Roger Florio (as lawyer Barnette Lloyd, torn between an attractive client who needs his help and his own personal vendetta) and Larry Swartz (as Doc, torn between his

Yankee wife and old flame Meg.) Look for *Crimes of the Heart* to hit the Village Stage in October. In the meantime, Village Theatre is in the process of selecting its next production and plans to hold auditions in September.

British Invasion Village Style

LV Music Club - Marci Lapair

The Music Club proudly presents the 4 Lads from Liverpool paying tribute to the Beatles on Sunday, August 4th at 2:00pm in the AR. The Beatles changed the way we all listen to music. To pay homage to their craft and to ensure authenticity, the 4 Lads of Liverpool have spent a great deal of time researching the rich history of the Beatles, their music and the era they helped define. This is the first time they have appeared in Leisure Village.

The Concert in Our Park was a big success. The audience enjoyed the music performed by the

—Please see **PAGE 6**

Editorial Content

WANTED



Villager Veteran Photos

THE LV WOMEN'S CLUB IS LOOKING FOR PICTURES OF LV RESIDENTS IN MILITARY UNIFORM FOR THE WC VETERANS CELEBRATION ON NOVEMBER 14.

TO SUBMIT PHOTOS, CONTACT PAM ALMEIDA 314-283-8172 OR psmith@toast.net

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08LV011

THE HEALTHY VILLAGER

By Jeannie
Davis, PT, MPH

Epigenetics, Turn off the Bad Genes and Turn on the Good Ones

Epigenetics is an emerging area of research that shows how our environment influences the expression of our genes. The idea that genes are set in stone has now been disproven. When we studied science in school, we learned how we could inherit the color of our eyes and hair, and it seemed clear cut, and our eye and hair color don't change until we enter the later part of our lifespan. New research finds that our emotions and lifestyle can turn certain other gene expressions on or off. There are some gene expressions that are good and healthy and others that can be detrimental to our existence. We want to turn on the good genes and turn off those unhealthy genes through our lifestyle and attitude that includes our mental health and outlook on life.

Your epigenome is all your genes plus everything that regulates how those genes are used. The epig-

enome is dynamic and changes with time and that can be good or bad. Nutritious food, exercise and managing your stress can result in changes in the epigenetics that can promote health. Eating processed foods, smoking and too much stress can cause changes in your epigenetics that can harm your health. What we put into our bodies and how we interact with our daily lives can affect our epigenetics in a positive or negative way.

You can influence your epigenome by behavior and lifestyle changes. Eat real and nutritious food and plenty of plant-based foods with lean protein. Try to exercise daily on land or in water, limit alcohol and avoid tobacco products. Manage stress naturally by meditation, relaxation principles and exercise and other natural techniques. How we behave can alter our gene expression through

epigenetic mechanisms. For example, riding a bike or performing yoga, and endurance training might change the chemical marks on our DNA, having a positive impact on our health as a result. More research is needed to pinpoint how this happens, but growing evidence suggests a strong link between epigenetics and the choices we make in our lifestyle as well as the environment in which we live.

Living in Leisure Village can improve our lifestyle because we have beautiful weather and great paths for walking outside and being social and exercising with our dog(s) if we have one. We have access to a wonderful, heated pool and jacuzzi year-round to perform exercises

and/or swimming. We have access to Yoga, Tai Chi, Meditation and other classes to improve our health with socialization which is also important for our overall well being. And if we are able and so inclined we can play golf, tennis, pickle ball and/or paddle tennis for exercise which includes a social component. So, eat well, sleep enough and restfully and get outside in our beautiful Leisure Village community to enjoy our health.

Editor's Note: Jeannie Davis is an LV owner and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.

Music Club

Continued From **PAGE 5** —

Groovin' Easy Swing Band with their talented vocalist Erin McPherson. Leisure Village's own 93-year-old David Flood also sang two songs. Everyone enjoyed the home-made pineapple upside down cake baked by Marie Bowler and our club president Debbie Goodman.

On Monday, August 5, at 7:00pm in the AR, we will screen the movie 'Where the Crawdads Sing.' From the best-selling novel comes a captivating mystery. The movie tells the story of Kya, an abandoned girl who raised herself to adulthood in the dangerous marshlands of North Carolina. The movie, rated PG-13, is 2 hours and 5 minutes. The movie has closed captioning.

On Monday, August 19, at 7:00pm in the AR, we will show the classic movie 'The King and I.' This visual and musical masterpiece features Yul Brynner's Academy Award winning performance, an unforgettable Rodgers and Hammerstein score and brilliant choreography by Jerome Robbins. It tells the true story of an Englishwoman (Deborah Kerr) who comes to Siam

as a schoolteacher to the royal court in the 1860s. The movie, rated G, is 2 hours and 13 minutes. The movie has closed captioning.

No movie will be shown on Monday, September 2, due to the Labor Day holiday.


The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00 PM in the AR. Come and listen to their easy listening music. For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

Entertainment

Players Guild - Linda O'Neill

Thursday, August 15 at 7:30 pm marks the third, always popular "Soda Shop Romp" each of which have been directed and produced by Players Guild President, Joyce Belcher. Entertainers like Buster Hayslett, Linda O'Neill, Kathy Wien, Anne Marie Florio, Wayne King, Irv Feiles and more are strolling down a musical memory lane through the tunes of the late 50's and 60's. It's already been decided that Kathy Wien will sing 1931's "Dream a Little Dream" originally recorded

—Please see **PAGE 7**



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Players Guild

Continued From PAGE 6 —

in 1931 by bandleader Ozzie Nelson (yes, father of David and Ricky.) It achieved peak popularity in the 1960s, as sung by Mama Cass Elliott with the Mamas and Papas. Linda O'Neill is musing about Neil Seda-ka's 1960 hit "Where the Boys Are" as sung by Connie Francis. Wayne King is learning guitar and is hoping to accompany himself. Buster will dance and sing with Joyce Belcher, Rosanna Brown, Helen Hartman to Percy Mayfield's "Hit the Road, Jack" originally recorded by Ray Charles in 1961. It won a Grammy Award for Best Rhythm and Blues Recording. Just a hint of goings on as we are still a month plus out from performance and there may be additions or subtractions to our musical presentations and to our cast.

July's Players Guild workshop entitled "A Funny Thing Happened to Me on the Way to the Village" was amusing, often hilarious, oc-casionally shocking, good comedy. Clay Newman, professional stand-

up comedian and son of director Paul Newman, made his Players Guild debut accompanied by a few of our not "ready for prime time" Players' Guild workshop irregulars: Paul Newman, vocal and guitar, Linda O'Neill, Lynn Kremer, Mickey Kaufman, Barbara Mathis, Buster Hayslett, Irv Feiles, Wayne King, Irv Bergman and Judie McAskill.

Membership Chair Jani Kle-banow states Players' Guild is thrilled by the positive response of residents to excitement generated by our two most recent productions: the musical *Fiddler on the Roof* and the recent production of original playlet "Little Pharma" by resident actress and writer, Helene Cohen. She looks forward to seeing old and new members at the remaining monthly shows in 2024 which are always held on the third Thursday of the month at 7:30 pm in the AR. This is the current line up: August – popular music of late 50's and early 60's; September– Helene Cohen's Acting Class; October– Vivian Hollander's Halloween; November – Roseanna Bellino-Strickland presents the work of a famous composer.

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Model	Village	Price
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Amalfi	31	\$700,000
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El Dorado	16	\$750,000
El Dorado (detached)	5	\$899,000
Galaxy	16	\$630,000

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08LV05C

ART IN THE VILLAGE

By Nicole
D'Amore

Art In Its Many Forms

Puzzles and problem solving are favorite activities of Susan Helene Nack, whether it's a math problem she's teaching, figuring out how to shape a sculpture in clay or plot a storyline in one of her books. She starts her day solving Wordle, Connections and the crossword puzzle in the New York Times.

Nack taught math and computer science for 27 years at Fullerton College, but ironically, says math didn't come easy to her.

"That is why I liked it," she said. "I always liked puzzles and figuring out how things work."

In addition to a teaching career, she opened her own ceramic studio and had a book published.

Nack grew up in Long Island, New York, as the middle of three children in a somewhat chaotic household. She sometimes found pleasure and solace in reading books

on the roof outside her bedroom.

She left high school at 17 and began studying math at Queens College, City University of New York. She met her future husband, Myron Nack, at a freshman dance and they married when she was a sophomore. He was studying for his doctorate and after receiving her bachelor's degree, she started teaching fifth grade math and science.

Following her husband's career, they lived in Florida, Maryland and South Carolina. Along the way she had two daughters and worked in various jobs in education. They moved to Southern California in 1979 when her husband got a job as a software engineer at Hughes.

"That's when I went back to school," she said. She earned a second bachelor's degree in computer science, followed by a master's in math and computer science at Cal

State Long Beach and was hired part time in 1985 and full time in 1989 at Fullerton College, eventually becoming the computer science department coordinator.

She had first discovered ceramics as a 12-year-old but didn't have an opportunity to explore it until she took classes at Cypress and Fullerton community colleges about 20 years ago.

"I like the process," she said. "To me it's magical to take dirt and turn it into something that lasts for centuries. Sculpture is my strongest suit." She has some sculptures in her home, as well as other ceramic pieces.

"Realistic sculpture is more fun," she said. "When you get it and it does exactly what you want it to, there is a sense of accomplishment that is hard to beat."

When she was in a car accident

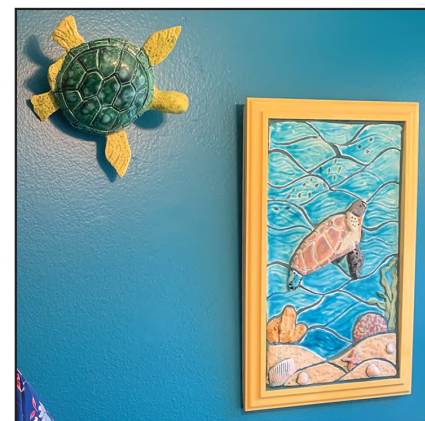


Photo by NICOLE D'AMORE
Two of the ceramic creations of Susan Nack.

and had to cut work hours, she saw it as an opportunity and opened a ceramic studio, Clay du Soleil, and sold on Etsy and at craft fairs.

When she moved to Leisure Village in 2021, she sold her kiln and gave many of her supplies to the ceramic studio here, but has a clay studio in her home.

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Art Forms

Continued From **PAGE 8** —

Lately her focus has turned to writing. She attended a writers workshop a few years ago on the suggestion of a friend and wrote a story, "Her Cup Runneth Over."

To her surprise, "They loved it," she said. Her sister invited her to a writer's workshop in New York and said to bring the story. The workshop leader told her, "You have a gift from God, you must share it with the world."

Back home in California, Nack pondered what to write about.

"What theme can I have? What do I know? Well, I know about women and I decided I would start writing stories," she said. "Some are based on things I have experienced, or other people have told me, others just came out of the air."

Writing as Susan Helene, she ended up with a book of 12 stories about women from five to 95.

"I called it 'Womenscape,' a landscape of women's lives. I shopped it through the Long Beach



Susan at a book signing for her book *Womenscape*: She writes under Susan Helene.

writers workshop, put it out to about 11 places and got a contract."

She started writing it in 2018 and got a contract in October 2020 from Unsolicited Press in Portland, OR. That same month she had two Covid-related stories published in literary publications. She continued writing, attending the Long Beach and California writers clubs and various work-

shops and conferences.

She has finished her second

book and is now working on a novella.

"Whenever I write a story I walk away from it. Something may come during the night," she said. Sometimes it helps to work in her clay studio. "About two weeks later I'll read through it again and then I might take it to a workshop. When I'm ready to submit something, it's been looked at five or six times. 'Womenscape' probably had 23 versions."

Here in Leisure Village she attends Pat's Literary Salon, a workshop for writers. She encourages other would-be writers.

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The Goldmans

Continued From **PAGE 1** —

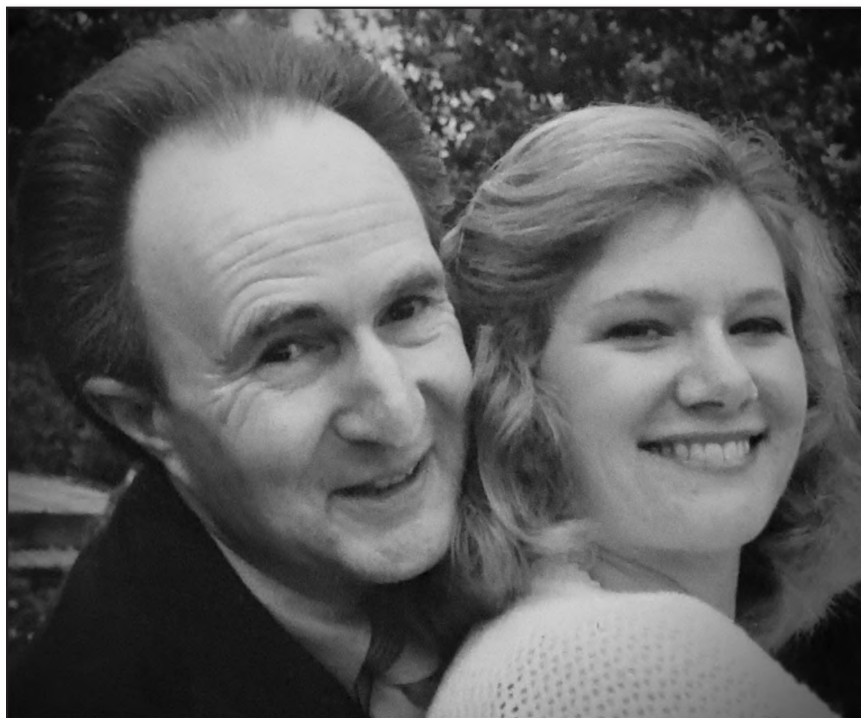
which was the Beatles' "A Hard Day's Night" movie. Paul McCartney and John Lennon came to the building with their manager, Brian Epstein. David saw them down the hall but was not permitted to speak to them. Fortunately for David, he had better luck with a celebrity in 1965 when he and a friend happened to pass by the Mayfair Hotel in London where Mohammed Ali [then Cassius Clay] was chatting to a crowd. Ali started to do his "Rope a Dope" moves and insisted that David and his friend join in. This ended up with the two men and the crowd in hysterics.

It had been a great job at UA, but the lure of the travel industry became irresistible. One of the reasons was that David's mother was an American and he wanted to meet his relatives here. Also the flight discounts were very attractive. Thus David's airline career began; it was with Pan Am.

David and his dad had emigrated to the U.S. in 1972, largely because David was an American citizen and he already had a brother living in Boston. His work in the travel industry enabled him to see much of the world and to experience different cultures. One of the highlights was visiting the Taj Mahal in Agra, but the most outstanding of all was arriving in Tel Aviv where he felt instantly at home. Saying a prayer at the Wailing Wall in Jerusalem was an incredible and humbling experience.

Meeting celebrities as they arrived at LAX was one aspect of David's professional duties. One of the celebrities he will never forget was Sir Lawrence Olivier who had come to meet his son, a known alcoholic. David escorted him to where passengers would exit Customs and waited there with him. At one point, Sir Lawrence turned to David and asked "What if he comes out drunk?" David replied, "Well, I guess we'll help him." He did come out drunk and David helped Sir Lawrence walk his son to his car.

David worked for Air New Zealand for 15 years in L.A. before



Family Photo

The Goldman's in Maryland circa 1992 shortly after their engagement which took place on Sadie Hawkins day. He asked...

starting his own training business for the travel & service industries. He retired in 2017, having worked for almost 54 years.

The Goldmans met on a blind date after a conversation Carol had with a friend about Carol's dating disasters. Her friend's husband worked with David and they were also friends. After a couple months of conflicting schedules, David and Carol finally met at a party in 1991. The attraction was immediate, strong and mutual. They married 9 months later.

It seems that "getting hitched" often comes with a "hitch" and so it was for Carol and David when they married in 1992 at the Gardens of the Cliffs at Palos Verdes. The rehearsal was scheduled for 1:30pm and the wedding for 3pm. However, the rabbi got lost and didn't arrive until 3, so they had no choice but to "wing it." By then, a very strong wind off the ocean had sprung up and it took 4 strong guests to hold up the Chuppah so it didn't blow away. Then during the reception, flames were visible across the bay and soon showered everyone at the wedding with fine ash.

David and Carol lived in Valencia for 22 years, but the very hot 5 months of summer finally became too much for David. They considered moving to San Luis

Obispo on the Central Coast; this would be half-way between their son in L.A. and their other two kids in northern California, but in the end, they decided on Ventura County. Initially, they looked for

single-family homes, but the lure of a 55+ community with all its amenities was too strong, so they moved into LV in August of 2023.

One of the best things about retirement is that it allows us all the time we need to pursue interests and hobbies that we couldn't adequately fit into our working years. David has become an enthusiastic member of the LV Writers' Club and thoroughly enjoys writing short stories.

Carol tries to keep her brain firing on all cylinders by doing puzzles, that is when she isn't researching family history. Having the benefit of the research her grandfather and great aunt had already done, numerous websites and DNA testing, she managed to trace her mother's lineage to Carol's 35th grandparents who were born in the 1770's. Carol's retirement project was compiling all the information she had found into a 267 page book for her children, brother, niece and nephew.

There are many things that the Goldmans love about living here.

—Please see **PAGE 13**



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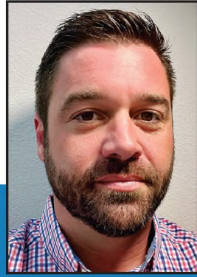
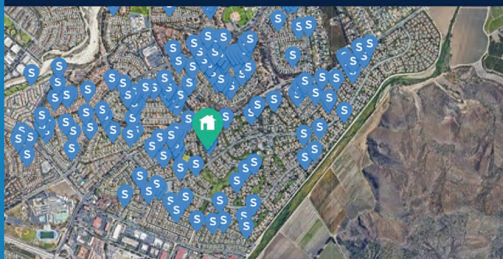
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Cheers for the Red, White & Blue!



Above, patriotic golf cart with very large flag. Left, golf carts lined up in the East lot getting ready to start the parade.

Right, parade proceeding west along the route on LV Drive. Below, a few classic cars and a local firetruck joined in the festivities on Thursday, July 4.



Photos by
MERYLL
RUSSELL



Villagers in golf carts and on bicycles meeting with cheers from Villagers who came out along the route to celebrate.

A WORD ON WINE

By Barbara Senior

Chenin Blanc Is Making a Comeback

It's hard to name a west coast wine whose demise is so nearly complete as Chenin Blanc. With its roots in France's Loire Valley and an important outpost in South Africa (where it's often called Steen), it can be a complex, aromatic white. But demand in the US has plummeted: In 1982 there were some 45,000 acres of Chenin Blanc planted in California; by 2021 there were fewer than 4,200 acres.

Of course, the Chenin of the '80s was largely uninteresting. The bulk came from California's Central Valley, where the vines were allowed to crop many tons per acre. Most of it was funneled into cheap white blends - remember all those jugs of Chablis? The wines were generally simple with a fair amount of residual sugar.

At the same time, the rising dominance of Chardonnay drove the next-to-last nail into the coffin for Chenin Blanc. Then in the late '70s, a Napa Valley vintner attempted to make a dry "white Zinfandel," but the fermentation

stuck before all the sugar was gone. The wine was bottled anyway, launching the craze for sweet white Zinfandel, along the way pilfering similarly sweet Chenin Blanc fans.

Despite the trends, Chappellet in the Napa Valley has, famously, always made a Chenin Blanc, and it has a cult-like following. The original vines were already producing when Donn and Molly Chappellet

purchased their property in the late 1960s. Rather than pull them out, they decided to see what the wine would be like. They were amazed at the complexity and depth of what seemed to be a very simple grape, and it has been a flagship wine ever since.

Recently, some west coast vintners are using pockets of old Chenin vines to create wines that are delicate and vibrant; and fantastically undervalued. An example is Kiona Vineyards in the Yakima Valley, producing great Chenin Blanc from a vineyard planted in 1976, selling for a mere \$19. It might be the best wine 19 bucks can buy in the States.



CLUB NEWS



Photo by PATTI CRICHTON

Kathryn Robens and Shirley Forsyth enjoy the view on the 18th hole at their Wednesday morning game.

WOMEN'S GOLF

By Patti Crichton

The Summer Eclectic Tournament was played in July. See results on the bulletin board. Weekly winners are also posted there.

Women's Golf is hosting the Tee Timers on August 21st. It will be a mixed tournament with

Men and Women's Golf participating. Lunch will be provided by Establos taco truck after golfing, followed by awards. Be sure to buy your tickets!

New members are always welcome to Women's Golf. Our next monthly meeting is Wednesday, August 11th in the Garden Room. Come at 1:30 for fun and snacks. The meeting begins at 2pm.

LV MUSIC CLUB

By Marci Lapair

The Music Club is supported through our \$10 annual membership dues. All our members receive email reminders and advance notice of upcoming club events. The Music Club has 7 monthly activities for the enjoyment of the Village residents. Our monthly

activities include Open "Mic" Night, movies twice a month and the 17-piece Groovin' Easy Swing Band every Tuesday evening.

Your membership dues help cover the cost of the complimentary refreshments that we serve at all of our events. You can join or renew your membership at all Music Club activities. We would appreciate your support. For more information call Marci Lapair 818-399-0843.

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04LV14I

The Goldmans

Continued From PAGE 11 —

They have a wonderful group of friends that they meet up with (sometimes for an "English tea")

and they thoroughly enjoy the excellent amenities, including the Fitness Center, the Putting Green, table tennis and the library. So I offer you yet another couple "living the life". Cheers to that!

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CLUB NEWS

LET'S DANCE CLUB

By Patrick Price

The next musicians for your dancing pleasure at Let's Dance are TripleTime for the August dance. The August dance, which is the third Saturday of the month, is on August 17 from 7:30-10pm.

Admission to Let's Dance is just \$10 per person. For that low price coffee, water and punch will be provided as well as dancing the night away. It's BYOB for anything else.

Let's Dance wants to thank all the great volunteers that are caring for us; more are always welcome. Contact Sue Lind at 559-304-1650 if you would like to help the others. The dancers and spectators make Let's Dance successful and are appreciated. See you there!!

WII BOWLING

By Lois O'Connor

On Saturday, July 13, the Wii Bowling group held its semi-annual meeting. After the meeting a delicious potluck and social interaction was enjoyed. Prior to the meeting and during social time, raffle tickets were drawn for twelve delightful surprise gifts.

Following the variety of food delicacies and the raffle, the Red, White and Blue bowling tournament was conducted. Twenty-four players signed up to participate in the tournament. Sylvia Edmonds created six teams from the twenty-

four participants. She used averages to determine each teams' membership. Thus, teams were created with similar bowling talents. Thank you Sylvia for all of your effort!

Winners of the tournament were: Matt Varav with a score of 233; Sharon Lubracki with a score of 166; Sandy Rosenthal with a score of 177; Larry Toops with a score of 161. Total team pins were 737; handicap was 34. Pins plus handicap was 771.

Each winner on the team was presented with a labeled coffee mug. The label 'LV Wii Bowling Club Red, White, and Blue Winning Team' identified the above four people as winners!

The club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Clubhouse Ventura Room. If interested in participating in our fun filled club contact the club's president, Debra Pettit at 805-504-6774.

TAI CHI

By Chuck Morrow

The Spring/Summer Tai Chi Moving for Better Balance Beginners' and Chair classes are nearly over and time for the Fall classes to begin. The Fall classes start on September 4th and extend until early December. Typically, these Tai Chi classes fill up with new and returning students and September is only a month away. These classes meet twice per week, the

Beginners' class is for 1.5 hours and Chair Tai Chi for 1 hour.

For more information contact or to sign up for email cmorrow@hotmail.com.

LV WRITERS CLUB

By Debbie Glass

"Start writing, no matter what. The water does not flow until the faucet is turned on." - *Louis L'Amour*

Come hear what your friends and neighbors have to say. Each week, as we share our stories and insights, we learn more about each other. Check out our display in the library to see some of our work.

We meet on most Mondays in the Sun Room from 1:00 to 3:00 pm.

Our August schedule is:
8/5 "If I Could Spend 24 Hours Inside Any Painting, I Would Choose"

8/12 "If I Could Teach the Entire World One Concept It Would Be"

8/19 "My Favorite Time of Year"

8/26 "If I Could Go Back in Time and Give My Younger Self One Piece of Advice, It Would Be..."

All LV residents who love to write and share their stories are invited to participate. For questions about the Writers' Club, please contact Debbie Glass at debglass412@gmail.com. Enter Writers Club in the subject line.

RACQUET CLUB

By Sharon Wilson

Happy sizzling summer! Hope you all are managing to keep cool and hydrated while playing. President Gary is working closely with general manager Christi Moore on purchasing new and improved shade sails soon.

The Racquet Club summer picnic is August 10th from noon to 4:00. Sign up sheets are circulating courtside through August 4th. Be sure to secure your spot for \$5.00. Select your choice of hot dog, veggie burger or beef burger. Please bring a small side dish with serving utensils.

Our courtside happy hours continue on the 3rd Friday each

—Please see **PAGE 18**

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CLUB NEWS

Racquet Club

Continued From **PAGE 14** —

month at 4:30 pm through October. Bring an appetizer to share, BYOB. Come play, eat, watch on Friday August 16th.

Upcoming tournaments are paddle ball on September 21st, pickleball on September 28th, pickleball again November 9th and paddle ball November 16th.

Find sign up sheets on the bulletin board as the dates get closer. A Super Clinic for tennis, pickleball and paddle ball will be held on October 12th from 10:00 a.m. to noon.

Coach Gary Carroll is teaching skills and running drills using the ball machines. Members only.

Check the club website for more info, photos, and events. <https://sites.google.com/view/leisurevillageracquetclub/home>

See you at the courts. Coach's Corner: Racquet position for Tennis, Paddle and Pickle... After all baseline and volley strokes, return to the Ready Position which is both hands on the racquet/paddle held chest high waiting for the return....You lose seconds when the racquet/paddle is below the waist. Have fun, Take a lesson - Coach Gary

GRAPES R US WINE CLUB

By Jan Bender

It was a red, white and blue evening held in the pavilion for the club's July tasting event. Guests were greeted with a sparkling blue wine made in France, and as they were seated, they had a chance to try a trivia quiz with their table mates. The evening's theme was a recognition of both the American and French Revolutions, which both occurred in the last quarter of the 18th century, and are both commemorated in July each year.

Members were invited to bring appetizers to share with their table and the tasting really got started once the 2022 French white

Bordeaux was served. This was followed by two American wines from California, a 2021 Conundrum red blend from the Wagner family and a Wilson Creek white cabernet sauvignon.

The club's August tasting will be hosted by Jon Niemann on August 16th with what promises to be a stellar collection of wines from California.

Do you have an idea for a wine tasting theme? It can be very simple. It could be just the wines you like. Contact Barbara Senior with your idea and one of the board members can help you bring it to a tasting event.

If you wish to join our monthly wine tasting sessions, call Barbara Senior at 805-303-1518, or send an email to grapesruslvwineclub@gmail.com. Either email or phone call will get you on our mailing list, and there is no membership fee. You can then sign up for each tasting session, which is \$15 per person, and bring 2 wine glasses and some water. We look forward to seeing you.

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hi Villagers. Summer is here and what better way to stay cool than come to our Assembly Room for the Saturday Night Dance Party. Our wood floors are perfect for dancing.

August 10, new band, Pier 101. Let's welcome them. Teacher, Janet, Lesson Rumba. August 24, Eric Ekstrand Trio, Western Theme. Teacher, Steve, lesson, Cowboy Cha Cha.

If you are a first time attendee at our dance, you will receive a complimentary ticket. Admission of \$10.00 per person includes the dance lesson. 6:30 to 7:15 lesson, 7:30 to 10:00 dancing. Please contact Jackie if you wish to volunteer, 805-340-9513.

So cowboys and cowgirls put on your boots and kick up your heels for a fun Saturday Night.

VILLAGE ARTS

By Patti Crichton

I hope everyone had a relaxing and creative July. We did not have a meeting, but Kathy Whitesell taught her popular watercolor classes and Barb Mathis led her innovative collage class.

Our August 7th monthly meeting features local pastel artist, Pamela Salem. Be sure to attend her demonstration on Wednesday, August 7th in the MPR at 1pm.

In September we will have an Art Walk in the Gazebo Garden instead of a regular meeting.

Members, be sure to sign up for A Frames to display your work on September 4th from 1-3pm. All Villagers are invited to walk about the lovely



Photo by PATTI CRICHTON
Zbig and Maria Zielina concentrate on their artwork at Kathy Whitesell's July watercolor class.

garden and enjoy a variety of paintings done by Village Arts members. It is always a popular event.

LV PHOTO CLUB

By Chuck Morrow

The Leisure Village Photo Club held the monthly meeting on July 11th due to the holiday, at 6:30 pm in the MPR. Three new officers were confirmed at this meeting and they are: Bill Margulies, Treasurer; Richard Boghosian, Vice President; Tom Pizza, Secretary. The club wishes to thank them for stepping up and filling the vacant positions. The judge for the meeting was Ivy Hyve, a professional photographer with the Oxnard Photography Group.

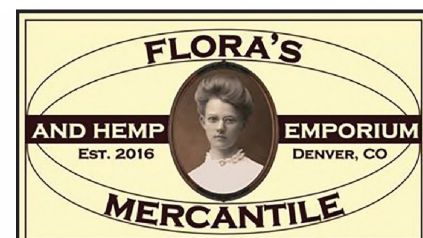
The Assigned theme for July was Flowers. The winners for July were:

Assigned Category – Silvia Orr – “Spring Bouquet”
Open Category – Richard Boghosian – “Angels Above”
Mobile Category – Jeanne Davis – “Selling Beans”

Members are reminded the club meets the first and third Thursday of each month in the MPR at 6:30 pm. The first Thursday is the competition meeting and photos submitted by the members are judged, the August theme is “Water.” The third Thursday meeting is an educational meeting with some topic for improving photography

skills and member interaction. There are no charges for Leisure Village residents to attend.

For further information regarding the Photo Club please contact Roya Parsay at 831-869-7698.



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CLUB NEWS

WORKSHOP FOR WRITERS

By Mark Sconce

Serious writers, those who work to achieve clarity and concision, gathered again this month in Pat's Literary Salon on the 26th. That such a meeting takes place at all is, in large part, the result of successful salons through the ages. They have provided, and still do, a forum wherein members' writings can stand up to peer-review together with a mature appreciation for the editorial advice honestly expressed by fellow writers. It is worth repeating that in doing so they identify and unite with a long tradition of literary efforts that take advantage of techniques and strate-

gies developed over eons in every culture that values clarity and grace in both poetry and prose.

After opening the meeting, President Sconce asked for a minute of silence in memory of our fallen warrior/poet, Allen Jacoby, who passed away June 13th. WFW officers sat shiva with Allen's wife, Pia, shortly thereafter, they being past President Frank Seiden, current President Mark Sconce and Vice-President Pat Lagerstrom. Heads bowed.

MEN'S GOLF

By Tim Palmer

The LVMGA Summer Match Play tournament is commencing, pitting 24 of our players in a head-

to-head, hole-by-hole competition. Each hole is a separate competition and whoever wins the most holes in each match moves on to face another winner until all but two golfers are remaining. To make things fair, 80 percent of the player's handicaps are used, so in each match the individual with the lower handicap must give the player with the higher handicap strokes on the most difficult holes, as indicated on the scorecard, to compensate for different skill levels. The winner of the final two Competitor's Match wins the tournament. It is a fun tournament!

Some excellent golf was played at Olivas Links golf course during the LVMGA Regulation Tournament on June 28. Jack Bozajian scored an impressive 79 to win the A Flight. Walter Wilson won the low net and the perennial money winner, Bruce Hochstadter, won second low net. Max Chopra scored his third consecutive Regulation Tournament B Flight win, with Jim Murchie recording the low net score. Some great golf on a beautiful day!

LV WOMEN'S CLUB

By Barbara Cogert

Please join us for our 1st annual Women's Club Picnic, Thursday, August 8th from 12:30-3 pm. We will offer "Mean Dawgs, Nice Buns" with all the sides and trimmings including watermelon and ice cream! Located in the LV picnic area, Dave Winstone, Guitarist will entertain in addition to a photo booth, shuffleboard, horseshoes and raffle prizes. Tickets are required.

This event will also feature a Cookie Bake-Off, please contact Maureen at 213-910-8922 for availability and instructions. We are looking for 10 contestants.

Admission is \$5.00 for Members and \$10.00 for non-members but do remember tickets will be required for this event. Looking forward to seeing you at this tasty and fun event. If you miss ticket sales at various events, contact Maureen ASAP.

Deadline August 5th.



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CLUB NEWS

BILLIARD CLUB

By Patrick Price

Everyone had a great time at the annual Picnic in the Park and the bake off was a hit too. Our 3 taster judges, Gerry Sarno, John Hall and Patrick Price came to the conclusion that the ‘Better Than Sex’ cake, baked by Susan Hongsermeier, was the winner. Really, all the bakers were winners. Everything tasted great.

Our next event is the Ice Cream Social which is scheduled for Sunday, August 18 at noon in the AR. Tickets went on sale July 29.

The Wednesday League (10 am Wednesdays) and the Thursday night Social Round Robin at 6:30 (be there by 6 to get your name on the list) continue. Contact Kathy Wirtz at 818-445-1057 for membership.



Photos by PATRICK PRICE
Clockwise, the winning cake; Grill Meisters Coleen and Joe, Bake-off judges Patrick Price, Gerry Sarno and John Hall; the cake baker herself, Susan Hongsermeier.



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Wayward Sprinkler

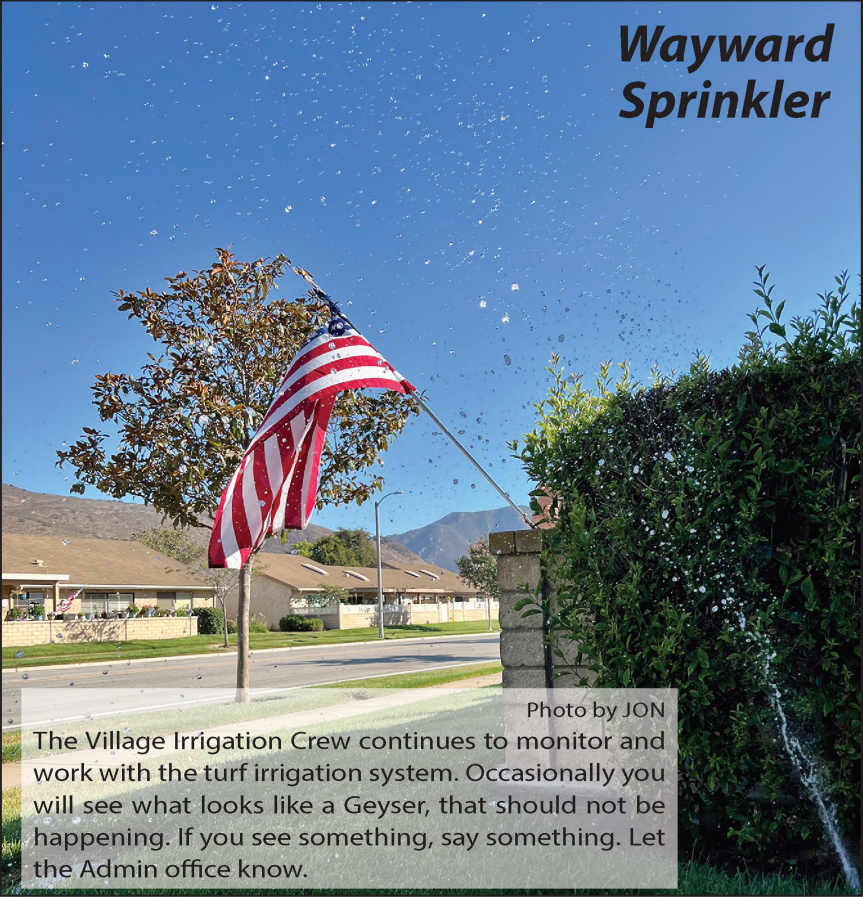


Photo by JON

The Village Irrigation Crew continues to monitor and work with the turf irrigation system. Occasionally you will see what looks like a Geyser, that should not be happening. If you see something, say something. Let the Admin office know.

Regularly Scheduled Club Meetings and Activities

Bingo: Wednesday 6pm in AR (doors open 4:45.) Contact: John Herrera 805-419-4195.

Bone Builders: Monday and Wednesday at 8:15 and 9:30am, and on Tuesday and Thursday at 6:00pm in Santa Rosa Room. For 8:15 class, call Mamata 805-558-9360, for the 9:30 class, call Alice 805-437-6169, for the 6:00 class, call MaryAnn 805-390-1909.

Duplicate Bridge: Monday and Wednesday evenings at 6:45pm in the Garden room. Vonnay Brook 805-586-7155 or cell 909-225-6100.

Line Dancing: Friday 2-3:30 for Beginners in the AR and Mondays 5:30-6:30 for Intermediate in Santa Rosa room. Contact Merle at merleruiz20@gmail.com.

Great Decisions: 4th Monday 9:30am in Sun Room

Music & Motion: Fridays, 9am to 10am in the AR. For info call Margie at 805-437-6100 or e-mail margiegrm@aol.com.

Needleworks: Garden Room on the 1st, 3rd and 5th Friday and on the 2nd and 4th in the Lanai Room always from 9:30-11:30am. Contact Nancy Baumgarten at 805-377-2805.

Pet Club: Does not hold regular meetings, but please contact Shawn Baker for information. 805-233-1725 or shawnbaker-homes@gmail.com.

Save Our Sight & Hearing: 1st & 3rd Thursday in Sun Room. For more info contact Terry Connor 805-482-7806.

Workshop for Writers: meets bi-monthly. Call Mark Sconce for further information 805-586-4485.

ORGANIZATION

ORGANIZING

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To Include Your Listing, Please Contact Mary at The Acorn Newspapers Today: 805.484.1949

CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

DEADLINE for the next publication is 5pm on Thursday, August 15.

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

MOBILE NOTARY: Offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

A MOBILE NOTARY: I come to you for all your "Notary Needs." Leisure Village resident. Call Chuck 805-419-3457

72-year-old retired female looking for room to rent with private bath in Leisure Village. I have been living in Village for 5 years. Toni 805-844-8377 email: toniderosa@aol.com

APPLE COMPUTER SPECIALIST/Macs Made Easy: Laptops, desktops, iPhones and iPads. Troubleshooting & tutorials. LV resident. Reduced rates. Reliable. Easy to understand. Patient. Louis Lapides 805-490-3127

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WE BUY all kinds of antiques & vintage items including art, gold, silver jewelry, watches, coins & much more! We also buy in bulk! Call text 805-727-7403

Pacific Coast Home Service – Window & blind cleaning, screens and frame repair, vehicle headlight restoration, gutter cleaning, TV antenna & cable install Joe M 805-703-9158

Lynn Lerz: Massage Therapist. "Let me rub you the right way to better health." In Village 36 years. Exp. Best refs 805-484-2308

INTEGRATIVE PHYSICAL THERAPY IN YOUR HOME: Specialist in chronic pain and mobility issues and lifestyle analysis; energy/holistic healer. Leisure Village homeowner Jeannie Davis PT, MPH 818-693-1002, JDD-physicaltherapy.com

CBD – Have you been searching for a company you can trust? One who uses organic ingredients and tests each batch? You found it! www.FloraMercantile.com 970-393-2186 Chris: LV resident

MOBILE CAR WASH and Detail. Many clients in the village. Appointments – Barney, text or call 805-844-2404

CAT SITTER dependable village resident. References Marlene Collins 818-419-2159

MOBILE DOG GROOMER – Petite Paws - specializing in pampering dogs 35 lbs and under. I come to you in my fully sanitized self-contained salon on wheels. Call Eydie 661-916-4583

DOG WALKER – Harry 303-601-2137 Leisure Village (15), available for all types and sizes of dogs. Reasonable rates, punctual & professional. Short or long term. Available for emergencies.

Need help with clutter or moving? Senior discounts, free consultation. Honest, caring, dependable. Mary 805-760-6272

PERSONAL ASSISTANT/DRIVER: Airport, shopping doctor's appointments. Friendly, courteous, non-smoker, non-drinker, full time or part time. Your car. References available. Art Silver 805-630-9125

Personal Assistant – professional driver for all appointments, airports, shopping, overnight pet care! Camarillo resident – references Christine 805-701-3250

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

FULL SERVICE MOBILE HAIR CARE: experienced and licensed stylist offering precision haircuts, color and styling for men and women in your home. Call Kimberlee 406-868-0819

Professional Carpet Cleaner – Jeff G with Global Green 888-774-2547. Services include carpets, area rugs, tile and upholstery cleaning. Serving LV for over 20 years. LV Referral Resia Ross 805-484-5570

WINDOW CLEANING – Serving Leisure Village since 1996. Sparkling clean windows, mirrors, screens & tracks. Woman owned business: Free estimates. Referrals available. **REVEAL WINDOW CLEANING** – Julie 805-258-6821

HANDYMAN/INSTALLATIONS – Electrical, Plumbing, appliances, rain gutters, cleaning windows, repair broken things, hanging shelves and pictures, painting, hauling, any help. Call Eric at Merchandise Assembly 805-210-0489

KERRY'S PAINTING – Careful and clean 310-970-2499

PAINTING – Raul Rodriguez 805-814-1652 English 805-290-8545 Spanish

HANDYMAN No job to small. Call Nathan 805-440-5536

Hugo's Garden Services: lawn and garden maintenance. Cleanup, tree pruning and removal, sod/seed installation. Over 23 years working in Leisure Village, LV references 805-482-0985 or 805-216-8835

Ease your stress! I provide safe & reliable transportation to all Doctor appointments, surgeries, airports, etc. Also overnight pet care. Camarillo resident Christine 805-701-3250

B. MARON Village resident. **CAREGIVER** you can count on with good medical background. Great experience (21 years) with **DEMENTIA/ALZHEIMER'S**. Please call or message 805-216-6072

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In need of certified in-home care or transportation? Experienced in dementia care and health care. Reliable, efficient and empathetic to my clients. Full or part time Eve 805-504-7236

Experienced caregiver with 20 years experience working with the elderly. Honest, hard working and reliable. When you are in need of quality caregiving please call Lyn L @ 805-402-8483

35 years experience worked in the village 30 years. Can help with your everyday needs and wants. Compassionate, caring, dependable, background cleared. Available all shifts. Theresa (Home with Heart) 805-402-6588

Parttime caregiver/driver with 30 years experience. Excellent references and a resident of the village. Toni 805-844-8377

I'm experienced caregiver available to assist with daily care, cooking, doctors appointments. Experience with dementia. Abby 949-899-7770



Do you know what is happening in Leisure Village Real Estate?

Call The Barlows for the SCOOP!

Do you know what a buyer will pay for
your home in today's market?

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Here's the SCOOP from Another Happy Client:

The Barlows worked behind the scenes and helped me in so many ways. They were there to encourage and support me with service people/businesses that Barlow Realty had vetted and were trustworthy. Everything from heating/air conditioning to plumbing, to painting, both inside and out, to termite inspection & repair, to the staging and photography, etc.

If I had any questions they got right back with me with my answers. They even went above and beyond with small repair work to helping me find sources to take care of last minute details like getting rid of old appliances and hazardous waste products.

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And because they're a caring family business I felt like I had several "agents" working with me. I would highly recommend Barlow Realty to anyone who is selling their house.

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~ Danette

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