

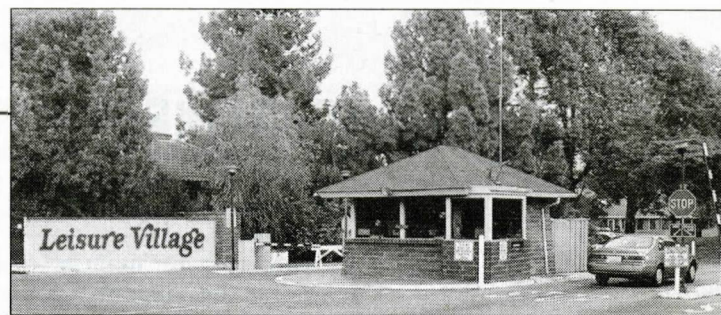
# INSIDE LEISURE VILLAGE

Vol. 27 No. 5

An Active Senior Community

Pleasant Valley Road, Camarillo, California

May 5, 2006



## 4 candidates vie for 2 board seats

Four candidates are vying for two seats on the Leisure Village Association Board of Directors.

"We are delighted that four candidates have been approved by the Nominating Committee," reports Chair Carol Sweeney-Zimmet. "All boast former business skills and are deeply involved with volunteer groups within our

Village."

In addition to the interviews published below, detailed accounts of each candidate can be found in the Rec Center Atrium.

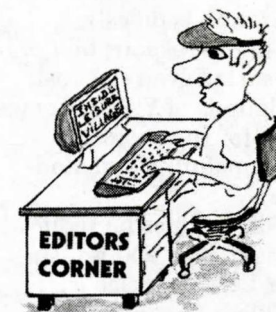
The candidates were introduced at the May Open Board meeting on Monday, Thursday, May 25, is Candidates Night in the AR, beginning at 7 p.m. It will be

telecast on Channel 25, but attending is recommended.

Voting will be on June 22. Election ballots will be mailed to every homeowner on May 25, and they may be deposited in the ballot boxes inside the front door of the Association Building or in the Rec Center, near the swinging doors that lead to the pool area.

If you fail to deposit your ballot before 5 p.m. on June 21, a different-type ballot will be available on Election Day from 8 to 10 a.m. This special ballot will be available in the MPR.

Please exercise your right to vote!



We have an important election coming up in June. Please familiarize yourself with the candidates.

To have a say in the affairs of the Village you must vote. It is your right, so exercise this right!

There is another very interesting article on earthquake preparedness by Joe Foraker on Page 11.

We are starting a new section on local restaurants by Bob Koster. Please see Page 8.

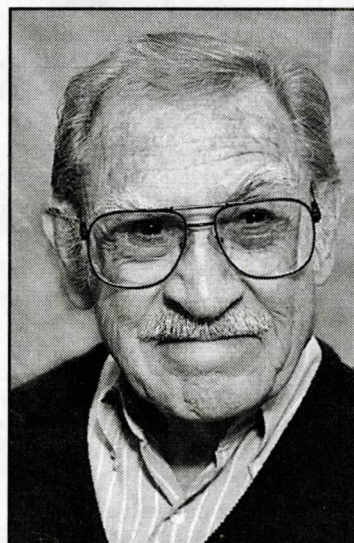
Memorial Day is at the end of the month. For a look at the history of this most-important day, see Page 32.

Don't miss the Annual Spring Cleaning Sale on May 13. Details are on Page 5.

Leisure Village will be holding its 2nd Annual Health Fair on May 19. Please see Page 4.

As usual, Bill Himstreet has provided us with another short motor trip. Take advantage of this delightful excursion to Santa Paula. See Page 7.

The Rhythmettes have rhythm again and have restarted. Do not miss their performances. See Page 2.



**Bob  
Bond**

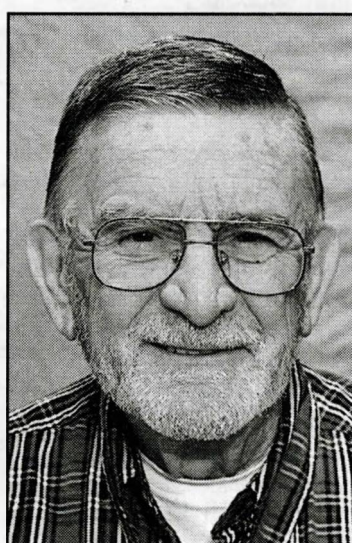
"As one who served as a volunteer on a number of committees in nearby Thousand Oaks, including the Tree and Landscape Board and the start of the Thousand Oaks Civic Arts Plaza, I fully believe I can serve faithfully and strongly as a Village Board member," states candidate Bob Bond.

Bond attended American College to become a Chartered Life Underwriter and took management courses at Purdue University.

**What are your priorities for the Village?**

"To continue current and

Please see **BOND** on 2

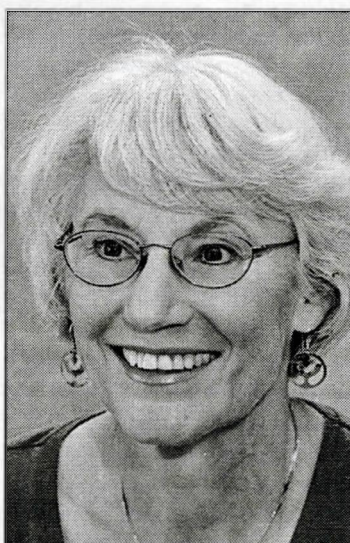


**Harold  
Goldwasser**

"I'm proud of the fact that although I've only been a Village resident for just three years, I've had the opportunity to serve as a member of the Board of Directors for two years and welcome the challenge to continue serving all Villagers," says a smiling Harold Goldwasser.

After entering the business world, Goldwasser truly made his mark as district manager of a ready-to-wear womens clothing organization. His area of responsibility covered some 20 states, and his vocation was a rewarding experience.

Please see **GOLDWASSER** on 2

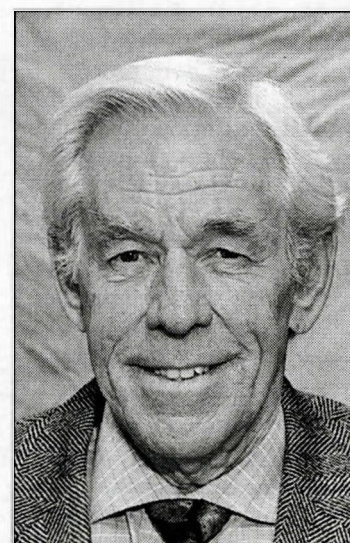


**Marge  
Lorraine**

"These last two years as an LVA Board member have been more rewarding and enjoyable than I had thought possible," says Marge Lorraine, currently Vice President of the Leisure Village Association Board. "I'm proud to have been on boards that made decisions in the best interest of the Village despite vigorous opposition at times."

Lorraine received an AA from Pierce Junior College, took classes at California State University, Northridge, and has attended many seminars on condominium

Please see **LORRAINE** on 2



**Bob  
McQuivey**

"I have been a regular visitor to Leisure Village since 1996, when my mother, Shirley, moved here," says Bob McQuivey. "I liked the lifestyle well enough to move here permanently two years ago."

McQuivey received a bachelor's degree in wildlife biology from Utah State University in Logan, Utah, and was engaged in four years of post-graduate work in population ecology. His 30-year career with the Nevada Department of Wildlife began with training and experience in law enforcement and

Please see **MCQUIVEY** on 2



**R**eviewing the changes to the CC&Rs on Page 8, Item 2.3, "Owner shall maintain and repair dwelling unit, including structure, walls, windows, glass, ceilings, floors, foundation and appliances, etc."

Does this mean that the Association is divesting itself of the responsibility of repairing even the basic foundations of Village homes except for the roofing, outside painting and landscape?

Will our dues be reduced likewise? How about insurance? Less coverage by the Village should reduce expenses.

Also, on Page 19, Item 4.6, Subsection ii regarding Paragraph 4.2(b), "Notwithstanding any provisions, etc., neither the Board's right nor obligation to levy a reconstruction assessment shall be subject to the approval, vote or written consent of the members of the Association."

The above is what a dictatorship is all about. I strongly object.

— Celia Tobey, V. 5

## LORRAINE

Continued from 1

management and interpersonal relations.

**What are your main priorities for the Village?**

"To continue work on the projects we've started: street maintenance, landscaping (lawns and tree work), reclaimed water and the restoration and beautification of our Recreation Center."

**Why are you running for the Board?**

"To improve communication in our Village and create a maintenance schedule for future boards. Any deviation from this schedule's guidelines should be explained to the homeowners. Since we can't predict the future, I am sure there will be valid deviations."

Marge Lorraine has been involved in our Village since moving here more than eight years ago. Before coming on the Board as vice president, she was co-chair of the Building and Grounds Committee and a member of the Education and Recreation and Insurance Committees. She is a member of the Players Guild and enjoys reading and playing bridge.



## Rhythmettes are back!

The Rhythmettes have been restarted, thanks to Judy Spector and Piff DeSimone.

The talented members are Piff DeSimone on sax, Debra Guill on clacker, Helen Judd on triangle, Ginny Naspo on trumpet, Irene Olsen on piano, Elise Perlmutter on tambourine, Judy Spector on tambourine, Jeanette Ventura on gazu, and Kathy Wirtz on washboard.

The Rhythmettes had their debut at Alma Via of Camarillo Assisted Living Facility on March 30, where

they performed a variety show, and were greatly received by the residents.

"It was so gratifying to perform for the residents and see them respond," said Judy Spector.

Piff DeSimone was in the original Rhythmettes for 22 years and served as president. The group dissolved about two years ago "and it is fun to be back again," she said.

The Rhythmettes have several future engagements lined up at various facilities in the Camarillo area. Watch out for the Rhythmettes!

## BOND

Continued from 1

recent good management and perhaps moderately increase generally good communication and interaction between the Board and general membership."

**What do you see as issues for the Village?**

"A segment of our membership still feels the Board is insufficiently frugal. I believe we should do more to counteract."

**Why are you running for the Board?**

"Friends and neighbors encouraged me, and I'm anxious to serve on the Board in most any capacity."

Bond, with his great knowledge of both landscape and building and grounds, as he has served on both committees here in Leisure Village, is very active in the Ad Hoc Corporate Government Committee. A four-year Village resident, he is a member of the Village Painters and, over the years, has made worthwhile proposals to the Board.

## GOLDWASSER

Continued from 1

**What are your priorities for the Village?**

"To see Leisure Village as the most desired and advanced retirement community in all of Southern California."

**What do you see as issues for the Village?**

"Keeping negativism out and only positive thinking in."

**Why are you running for the Board?**

"To keep our Village moving forward and to make sure its priorities are only first class."

Goldwasser's involvement within the Village is varied and extensive. He is currently serving as secretary of our Board and is liaison to Channel 25, Insurance and the Safety Committee.

He has been a member of the Farmers Club and has done acting as a Players Guild member.

## MCQUIVEY

Continued from 1

ended as a program division chief, with statewide responsibility for environmental matters.

**Why are you running for the Board?**

"By Leisure Village standards, I'm relatively young (63), plan to make the Village my home for a long time and am very interested in becoming directly involved in the decision-making process."

**What are your main pri-**

**orities for the Village?**

"Maintaining the high quality standard of living we currently enjoy and protecting the financial investment of all homeowners"

**What do you see as issues for the Village?**

"Potential increases in

monthly assessment fees and associated expenditure of all assessment funds."

Despite living here for just two years, he plays an active role in the Finance, Bingo and Welcoming Committees. He's also a member of the Racquet, Billiard and Farmers Clubs.

## About Inside Leisure Village

Editor: Gerry Schulman

Photos and cover photo illustration: Vic Fledge, Jerry Spector

Cartoons: Bob Browne

Staff: Jack Whalen, Bill Himstreet, Helene Halem, Sherman Garry, Doris Hoffman, Lois Keeler

Classified Ads: Doris Hoffman, Mary Barkemeyer

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Ventura County Star, Scripps Howard and The E.W. Scripps Company. The Ventura County Star is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the policy of ILV shall be to report and publicize sanctioned LV events and activities exclusively.

## Deadlines for next month

The Display Advertising deadline for the June 2006 issue will be Monday, May 8, at 5 p.m. Deadline for letters, club news, stories, photos and classified ads is Saturday, May 13, at 5 p.m. Publication is scheduled for June 2. Typed copy, double-spaced, should be deposited in the ILV box in the Recreation Center hallway. Handwritten material should be submitted early to allow for typing.

## Letters

ILV has obligated itself to publish letters that are not profane, inflammatory, or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address and telephone number. Please limit letters to 150 words. We reserve the right to edit and/or condense. Place in ILV box. Space permitting, whatever was not printed in this issue due to space limitations will be considered for the next issue.



## CLASSIC FILMS

# LV Classic Films a labor of love

By Bob Koster

Sarah and I will be in Europe in May, so there will be no classic movie showing for that month. Our next screening will be on the second Sunday in June, June 11, at 7 p.m. in the AR.

A few words of explanation. I began this series of screenings a few years back because it is all too seldom that one finds the opportunity to see old, classic, beloved films on the big screen any more. There are a few revival houses in Los Angeles. The Silent Movie Theatre on Fairfax just south of Melrose is one. There are also good movies at the Paseo Camarillo. They bring us high-quality foreign films as well as relatively little-known American films that deserve screening.

But I have been collecting films for a number of

years, films which I have always wanted to see on a big screen somewhere, and which are seldom if ever shown in theatres or on the TV screen. So these screenings are as much for my pleasure as yours. The popcorn and punch is just like frosting on the cake, and I am grateful to the Homeowner's Association for providing us with those vittles.

Also, the great work by the wonderful people in the office, Michele, Shelly and Susan, helps to keep us on schedule. Not to forget Ray, who usually makes the popcorn for us, and Ron, who handles the hearing aids. My dear wife, Sarah, has also contributed by managing the popcorn when she can. And I am grateful to the homeowners for continuing to come and support these rare showings.

I am also delighted that your taste in films matches my own almost exactly, and that you continue to enjoy this unusual form of entertainment.

The next few showings will be of even more rare films. Some very early Disney classics will probably be our next offering, films that are never even shown on any Disney channel. We also have just obtained a whole collection of Busby Berkeley dance classics, and they will be shown soon.

As time goes on, more and more interesting films become available. I assure you that we will try to keep you amused and entertained, and sometimes astounded by the facility of the early directors and stars, not to mention the craftsmen who work so hard to give you good picture and sound, and great editing.

## The Golden Years

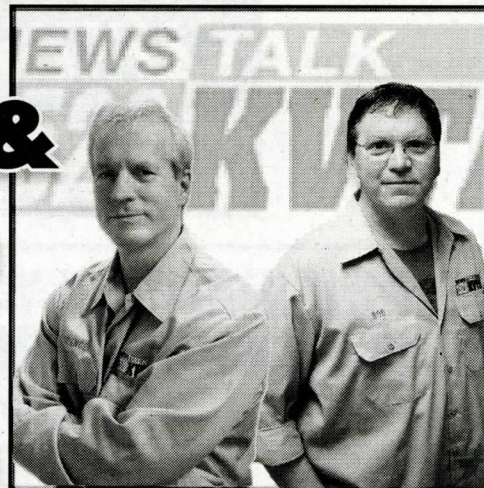


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## MEMORIAMS AND ACKNOWLEDGEMENTS

### Memoriams

Edward W. Berry, V. 5  
 Rosalie Feyer, V. 17  
 Jane Warneke, V. 40  
 Leonard Carmel, V. 40  
 Norbert Kohen, formerly V. 5,  
 Jean Gillis, V. 16  
 Morris Katz, V. 11  
 Adele Strauss, formerly V. 42

For memoriams, call Helene Halem, 389-0387.

**M**y father, Lou Dektor, was truly the "Ace of Spades" and a "King of Hearts."

I want to thank all his friends in the bridge groups, Square Dancing, Round Dancing and Ballroom Dancing Clubs and everyone else who knew and cared for him for their support and prayers during his illness and their support of me since his passing.

Thank you.

— Dalya Dektor, V. 39  
 & V. 33

### 55 Alive is May 18, 19

**By Naomi Balfour**

Licensed drivers who are Village residents may register now for the next 55 Alive Safe Driving class, which will be taught in the Multi-Purpose Room from 1 to 5 p.m. on May 18 and 19.

Everyone who takes the class will receive a discount on automobile insurance for three years, according to California law. Check with your insurance company for

the exact amount. It does vary.

If you are 70 or older when you need to renew your California driver's license, you will be required to pass a written test. The class will also be helpful to prepare for that.

The cost to register is \$10 by check. To pay and register or to get more information, call Naomi Balfour at 987-9851 or Ruth Miller at 987-8162.

### Annual Health Fair, Expo is May 19

**By Ernie Ohmstedt**

Leisure Village's Annual Health Fair & Volunteer Expo, in cooperation with Your Neighborhood Care Group, will take place on Friday, May 19, from 9:30 a.m. to 2:30 p.m. in the Assembly Room.

The Camarillo Health Care District is coordinating the recruitment of up to 25 healthcare providers and exhibitors that our senior residents will find of great interest and health benefit.

Additionally, Oxnard RSVP (Retired & Senior Volunteer Program) will be presenting more than 200 community service opportunities with up to 20 local Camarillo-area agencies present to visit with. RSVP Volunteer benefits include life insurance, automobile insurance, mileage reimbursement and lots of thank-you parties.

A complimentary continental breakfast will be available from 9:30 to 11 a.m., and an afternoon des-


sert special will be available from 1 to 2:30 p.m.

A special feature will be a drawing for a \$50 Sam's Shopping Spree for those who register at the RSVP volunteer booth and visit the Volunteer Expo.

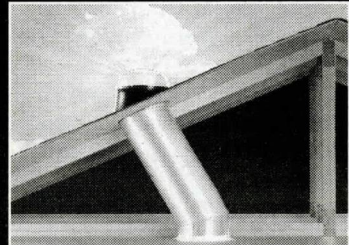
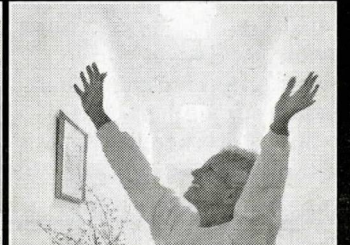
Lots of giveaways and door prizes will be featured throughout the day for all attendees.

Keep an eye on the May issue for details and watch your local TV channel for updates.

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### High school hosts dance for LV seniors

**By Walter Greenberg**

Please join us on Friday, May 12, for a delightful free dance and listening pleasure for seniors of Leisure Village and Camarillo.

Musicians will perform ballroom music throughout the evening at Adolfo Camarillo High School from 7 to 10 p.m., Friday, May 12. Refreshments will be provided by the associated student body of Adolfo Camarillo High School.

For more information, call 987-4410.



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THE GOLDEN YEARS



## Annual Spring Cleaning Sale is May 13

By Gertie Dorward

The Annual Spring Cleaning Sale is coming up!

This greatly anticipated shopper's bargain sale will be held on Saturday, May 13, in the Pavilion area from 9 a.m. to 2 p.m. The sellers who have rented a table will be able to set up their wonderful bargains at 8 a.m.

to be ready for the buyers at 9 a.m.

As usual, the breakfast treats and luncheon hot dogs will be served to all. Please check with the Recreation Office or Gertie Dorward at 484-5509 for the availability of tables.

All the monies from the sales are the seller's and are

kept by the sellers. The Salvation Army truck will again be available for leftovers if the seller desires.

This terrific sale will be held on Saturday the day before Mother's Day. Please bring your family and friends and enjoy all the fun. Find and buy the treasures you cannot live without.

## What makes seniors tick? Find out on May 12

Seniors: What makes them tick?

Sponsored by the Education and Recreation Committee, Lillian F. Mankoff, Licensed Clinical Social Worker, discusses this vital topic.

Brought back by the many requests, this popular

speaker brings many years of clinical experience to her audience.

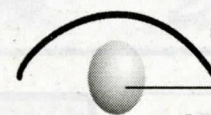
Learning more about ourselves helps us to understand and deal with everyday life. It can serve to alleviate the fears associated with growing older and help us to better understand our

friends and family.

This interesting lecture-discussion takes place on Friday, May 12, from 1:30 to 3:30 p.m. in the Multi-Purpose Room. Register now with the Recreation Center Office and bring a friend.

Admission is free. All residents are welcome.

**Paul J. Dougherty, M.D.**  
Cataract Surgeon



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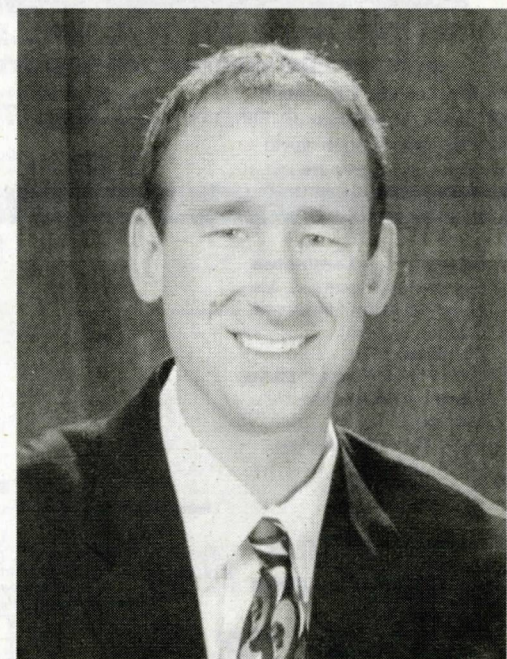
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Paul J. Dougherty, M.D.



## Recipe of the month: Sloppy Joe's

Heat in a skillet:

2 tablespoons of butter  
Add and sauté:  
½ cup minced onions  
½ cup of chopped celery  
½ cup chopped green pepper, seeds and membrane removed

When these are limp, add:

1 ½ lb. ground beef  
Cook and stir until meat is lightly browned. Add:  
½ cup chopped mushrooms  
4 tablespoons chili sauce  
½ cup water  
Season to taste

Simmer uncovered over low heat about 15 minutes until thickened enough to spoon onto 8 slightly toasted sandwich buns.



## Better Breathing classes can make spring easier

By Lorraine Comer

Allergy season is upon us, and now is the time to tackle breathing problems that come with spring.

With spring come pollens and many more triggers to irritate normal breathing. Let's get together and discuss how to avoid getting into trouble as all the wonderful plants and trees around Leisure Village start to bloom.

As you know, we discuss improving our breathing patterns so that shortness of breath does not become a problem. Let's get together to practice good breathing techniques so that daily chores become easier to accomplish, leaving more time for fun.

This message is to all those with and without breathing problems. During each of the Better Breathing sessions, we discuss how to conserve energy when doing daily activities, which will allow us to perform many of the things that make life here in Leisure Village so good. Proper breathing techniques will give us the added benefit of making tasks and/or fun times easier to participate in during the day.

We discuss any special problem you might have, either with all of those in attendance or privately at the end of the session.

Hope to see all of you looking to improve your everyday life the second Wednesday of the month at 10 a.m. in the Sun Room.

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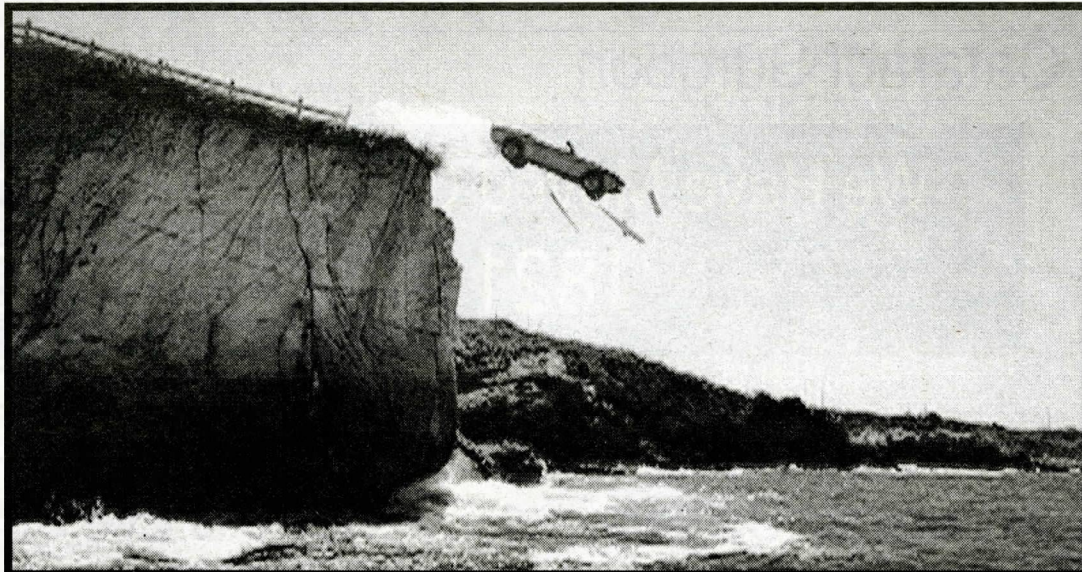
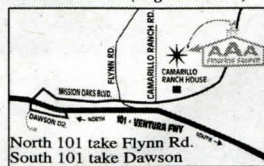
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**Mike Brennan, AAI**

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## OUT AND ABOUT

# Santa Paula can be real eye-opener

By Bill Himstreet

The community of Santa Paula has been around for a long time and lies east of Ventura a few miles on Highway 126. Its population of about 30,000 is almost two-thirds Latino. The town features neighborhoods composed of delightful cottages and homes of architectural styles dating back to the 1920s and '30s.

Downtown Santa Paula seems to reflect the same architecture as the homes. Exceptions are a couple of new retail outlets such as Kmart on the west end of town.

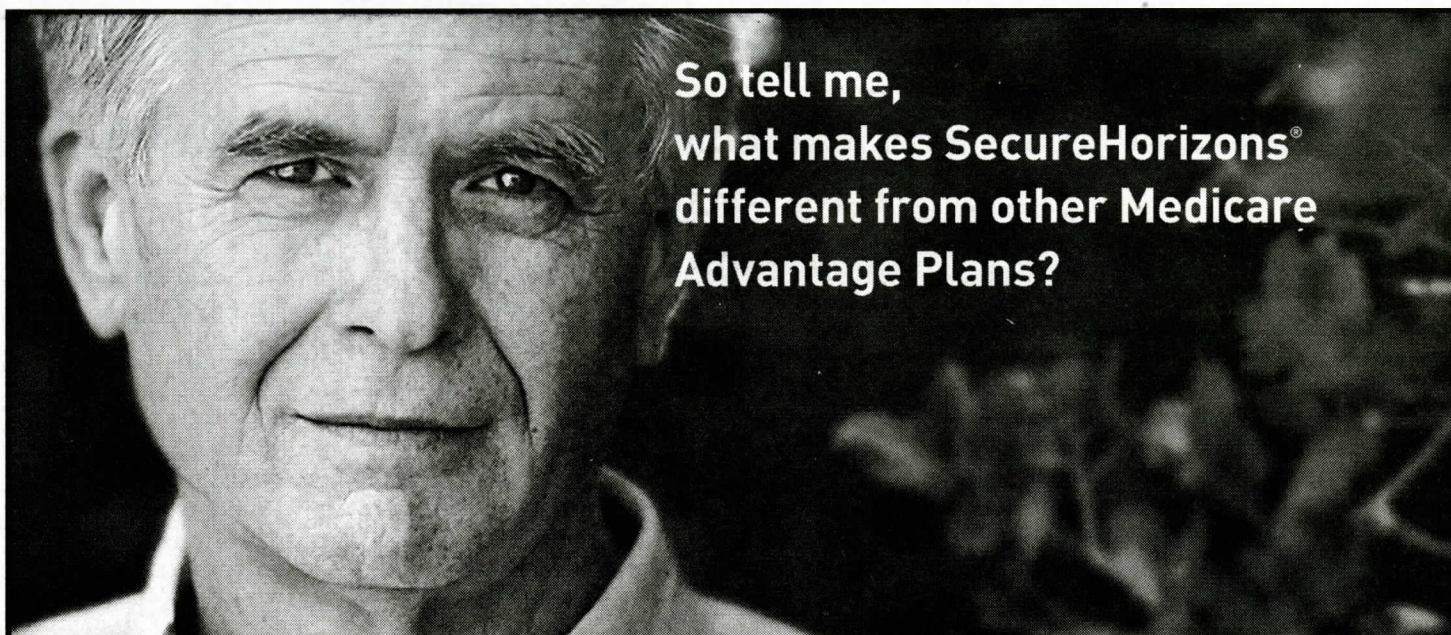
To get to Santa Paula from Leisure Village, simply drive to Somis, take a left onto Highway 118 and follow it to Los Angeles Avenue, then turn right and follow Los Angeles until you pass through Saticoy. Turn right on Highway 126 and proceed about five miles or so until you see the Kmart structure on the left. A short distance or so takes you to a turnoff to the left for Highway 150. You are now in downtown Santa Paula.

You'll see a tall three-story building that contains the Oil History Museum. Nearby is the train depot, the scene of many an oater movie set.

Take your time and drive slowly westward through downtown and note the architectural style of the small shops that line the street. Then turn right and enter the residential area, where you'll get a further look at the classic styles. You might spot the high school and other modern structures.

The St. Thomas Aquinas College, just north of town on Highway 150 to Ojai, is well known as a school of liberal arts.

A visit to Santa Paula can be an eye-opener. One eye opener is the sight of a mother and child returning home from having attended elementary school together!



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# Camareateries: Places to dine outside the Village

**By Bob Koster**

We begin a series of articles on the restaurants in and around Camarillo, from gourmet to fast food, from exquisite epicure dining to a quickie breakfast before beginning a busy day.

Food is a big part of our lives — and that's an understatement. Good restaurants concentrate on not only the preparation and service of food, but also the atmosphere, ambience, if you will, in which the food is served. The décor, the music, the attentiveness of the waiting staff, the courtesy of the maitre d', all add to the experience of dining.

I do not pretend to be an epicure. Nor am I an oenologist. I do know what tastes good to me and what is satisfying. It might not strike you the same way. Different people react differently to the food and service in one restaurant. In dining, one size does not fit all.

But we can see some trends, and we can share experiences, and maybe open a few doors for those of you who love the adventure of eating. Good food, new restaurants and well-established old ones are always a pleasure to contemplate.

When my father moved here in 1980, Giovanni Tromba owned a restaurant up the hill in the Mission Oaks center called Giovanni's. The food was legendary in this part of Camarillo, and people came from far and near to sample its menu. Eventually Giovanni moved away, and the restaurant was taken over by Denis Rion, a French chef of great local renown. He renamed the place Nou-Nou's. Again, it featured gourmet food and a pianist in the bar area. We used to say, "There's no news like Nou-Nou's."

Eventually Denis Rion moved out and his place was taken by Petrucci's, which had moved over from Old Town. Mr. Petrucci had his restaurant for several years

and then became very ill. He sold it to a new group, which rapidly went out of business.

The place was vacant for about a month before it was leased by the same folks who own Aloha Steakhouse in Ventura. They renamed it again, this time to Mo's Café. (Get it? MO = Mission Oaks) Mo's is open only for breakfast and lunch as yet, but they plan to have dinners there in a few months after they have refurbished their inner dining room.

The food is excellent, the waiting staff very friendly and eager. On a recent Sunday morning, there was a long line standing outside the front door waiting to get in, and rightly so. Their omelets are all made to order, and their wraps are also excellent. They have an

extensive take-out menu. Their prices are reasonable, and one of the owners is usually there to make sure that you are being treated properly.

**MO's Café, 5227 Mission Oaks Blvd., 482-1022.**

In the meantime, Giovanni Tromba moved down to Pardee Plaza, where for many years he has owned and managed Pastabilities.

This fine continental restaurant is just outside the front door of the Marriott Courtyard on Verdugo Road. They are open during the week for lunch and every evening for dinner. Mr. Tromba himself usually greets you at the door and sees that you are properly served.

The food and wine list


tend toward the Italian in flavor. The pasta is fresh, the salads delightful, especially with the house dressing, and the selection is fine for meat and fish lovers alike. Their pasta is not to be denied. There are evening specials which must be sampled to appreciate. Don't forget to leave room for their exquisite desserts!

Mr. Tromba also opened

a second restaurant in Ventura, Table 13. More about this fine place in a future column. But suffice it to say that it is so popular that he has renamed Pastabilities, Bistro 13. There is some talk of weekend live music there, too.

**Bistro 13, 4910 Verdugo Way, 383-3388.**

Please see **EATERIES** on 10



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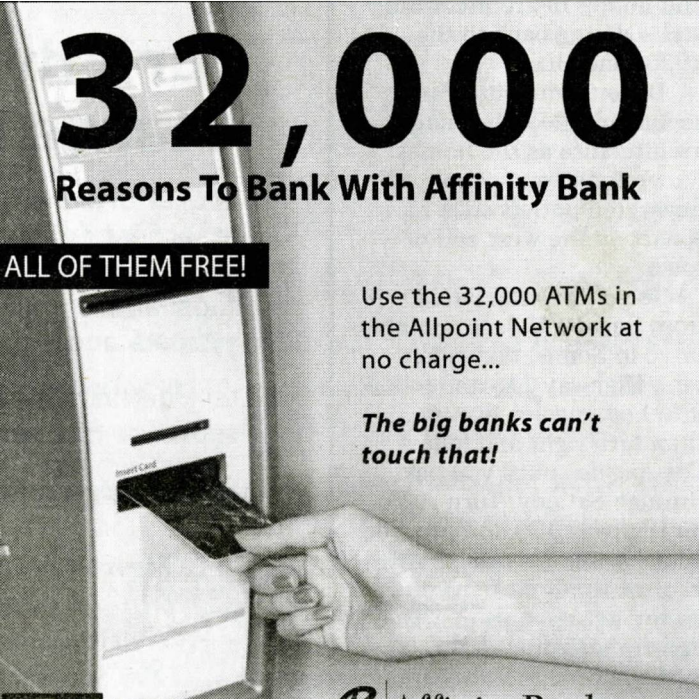
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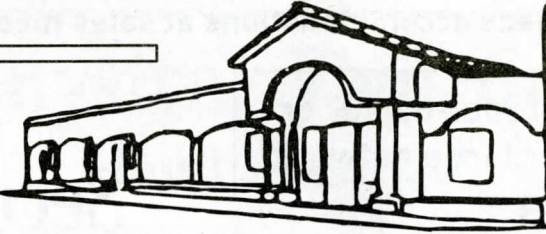
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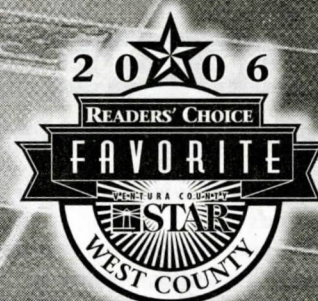
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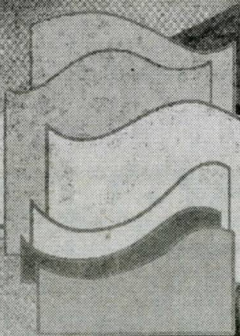
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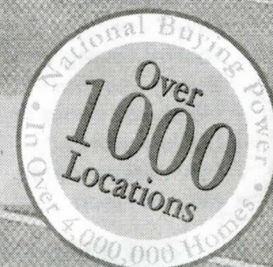
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## OUT AND ABOUT

### EATERIES

Continued from 8

Across from Bistro 13 is a Subway sandwich shop, which is good for a quick snack. I sometimes get a sandwich there before going out for an evening meeting. The sandwiches are as big as you wish to make them, and the ingredients are all fresh.

In the same storefront is a Coldstone ice cream parlor, where they will gladly custom-make a sundae, on a Monday or Tuesday, if you wish. They will combine any flavors of ice cream and toppings right there on their stone counter, which is cold. Hmm. A cold stone counter. I bet I know where the name of the place came from.

Subway and Coldstone, 4986 Verdugo Way, 987-5380.

Practically next door is the New York Bagel and Deli Shop — or is it the Deli and Bagel Shop? They are open only from early morning to mid-afternoon, and they specialize in breakfasts and lunches. Their lox and cream cheese bagels are delicious. And they have a fine collection of breakfast foods, eggs, sausages, ham, etc., all prepared to order. It's good for take-out, too.

Their bread, rolls, bagels, humentosh, are all baked fresh every day, and they have a small but very effective selection of thoroughly sinful pastries. It's become kind of a gathering place for the in crowd for a leisurely coffee and pastry at all hours of the morning or afternoon.

New York Bagel and Deli Shop, 4972 Verdugo Way, 383-0772

Just around the corner from the deli is the Saint Francis Barbeque. If shredded pork or beef is your thing, this is the place. The chef cooks outdoors in the back on a big old barbecue stove and makes the food to order there. You can find almost any kind of barbecued food there. You can also order food to go. Everything has a scrumptious barbecue flavor, and the salads are excellent too.

Saint Francis Barbeque, 4852 Verdugo Way, 388-9555.

Well, that's all for this time. We plan to cover all the major restaurants in Camarillo, and then perhaps branch out to Oxnard and Ventura for your dining pleasure. In the meantime, as the two chiropractors said to each other, "Bone Appetit."

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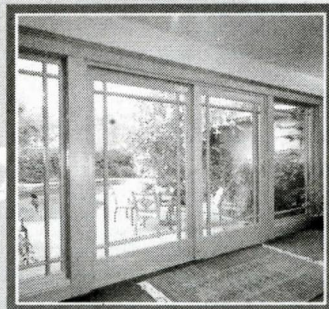
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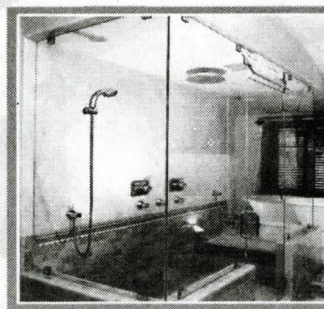
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# Earthquake planning can save your life

By Joe Foraker

The \$30 billion loss caused by the January 17, 1994, Northridge Earthquake is the most costly earthquake in U.S. history. Everyone is hopeful that the record will stand for all time; however, it is unlikely that a great earthquake spawned by the San Andreas Fault will be less costly. Leading seismologists and earth scientists believe there is a 90 percent probability of a great earthquake within the next 25 years.

A positive outcome from the Northridge Quake is overwhelming proof that being prepared for an earthquake can save lives, reduce injuries, and reduce or eliminate many hardships. Careful planning includes acquiring knowledge about what to do before, during, and after an earthquake.

Families in the stricken areas who were able to take care of their immediate needs had an earthquake plan that included a seven-day supply of food and water, first aid kits and other emergency provisions.

Planning includes knowing what to do when an earthquake strikes, no matter what you are doing or where you are. People who stay calm and rational during an earthquake will benefit themselves and those close to them.

Watching this disaster unfold on television has been a powerful planning motivator for people living in earthquake areas.

More than half of the thousands seeking assistance at hospitals after the Northridge Quake suffered what one emergency room physician described as "negligent injuries." These victims included those who didn't protect their feet while rushing from a darkened room littered with shattered glass from broken windows and mirrors. Any emergency that occurs in

total darkness will be significantly reduced if a light source is immediately available. Fully-charged emergency lights that automatically turn on when the electricity fails are available at most hardware stores. These lights or a reliable flashlight would have helped countless parents as they rushed to assist their children.

Serious injuries and even deaths were attributed to heavy unanchored objects on shelves or walls, such as television sets, microwave ovens and model train sets.

Hundreds of people in the most seriously damaged areas are alive and well today because of the earthquake's timing. Had it been rush hour, how many cars would have fallen through the gaps in the broken freeways or been involved in multiple vehicle collisions caused by severe shaking?

A few weeks earlier, baseball fans had occupied the seats below the giant scoreboard at the Angels' Anaheim Stadium to see Nolan Ryan pitch. Most of the fans must have felt a chill when they saw the collapsed scoreboard on television. Nearly a thousand mangled seats were under 17 tons of debris. Would the intense shaking and crash of the scoreboard have created mass panic among the 60,000 people packed in the stadium?

Extensive efforts to provide brief earthquake awareness information at all functions that attract large crowds have been rejected. Brief instructions to crowds via loudspeakers, or a few paragraphs in a printed event program could be effective and provide at least a few hours of "earthquake awareness."

Airlines routinely prepare passengers for "the unlikely event of cabin pressure failure or other emergency." The briefing

Please see **QUAKE** on 12

## Important News For Seniors!

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That's why you're urged to get your policy appraised. It's quick and easy. There's no risk or obligation.

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The National Association of Insurance Commissioners estimates that in 1996 nearly \$1.5 trillion face amount of life insurance policies expired, lapsed or was cancelled by policyholders\*.

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\*Feb '06 issue of California Broker, "The Life Settlement Broker: An Integral Player in the Life Settlement Supply Chain."



# Medicare keeps close tabs on cash settlements

By Lan Lievense

Healthcare benefits just seem to become more and more complex.

Did you know that there's a Medicare mandate which begins at age 62 and a half? Usually, that's a full 30 months before we can even apply for Medicare. However, Medicare payments for some treatments could be denied starting at age 65 if you fail to open a bank account as required when you're injured by a third party.

It's called the Medicare "set-aside" program and is part of the Medicare Secondary Payor (MSP) system. This program applies to injuries received in auto accidents, workers compensation injuries, personal liability cases and a few others.

When you receive a cash settlement for future treatment of accident-related injuries, Medicare expects you to put that money into an interest-bearing account and use it to pay for treatment of those injuries.

Medicare will not pay for treatment of those injuries. If payment is made in error, the hospital or doctor will be required to make a refund

and bill the patient. Medicare also requires that you file a disclosure statement each year on the status of the settlement account.

Suppose you're hurt in an auto accident where the other driver is at fault and you receive a cash payment (settlement) for treatment of those injuries in the future. Medicare needs to know about that payment if you're age 62.5 or older. Medicare won't pay for treatment of those injuries until that settlement money is fully spent.

Medicare says that you must put that cash settlement into an interest-bearing account and use it for the costs of treating the accident-related injuries. You must also file an annual report to Medicare stating how much of the account has been used each year.

The setup and reporting requirements became even more complicated beginning January 1, 2006, because of the Medicare Part D (drug) plan. A separate report is now required of pharmacy expenses paid by your "set-aside" account for accident-related injuries.

Remember, this is required, even though you

may be years from applying for Medicare.

With more and more folks continuing to drive and work during senior years, there is an increased probability that the Medicare Set-Aside requirement will become more common.

Set-aside requirements are not well-known among medical providers and other professional advisers. Clerks

in medical offices tend to just "accept Medicare" and fail to ask about the existence of MSP and "set-aside" accounts.

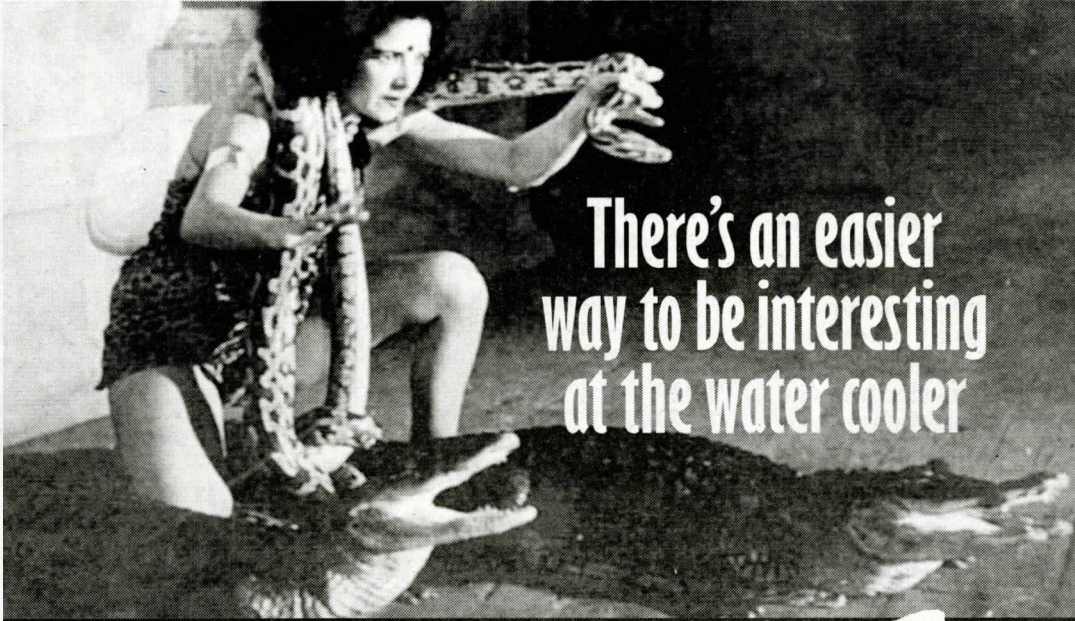
Some seniors have been advised by financial advisers and counselors to spend the settlement money. Then, when Medicare denies payment, the bill is due and payable by the patient. Remember, Medi-gap policies

won't pay unless Medicare is liable.

Payment is also unlikely from a group health or retirement policy or from a Medicare Advantage HMO because those plans generally pay secondary to third party settlements.

There are a few appeal paths available for partial payment and non-payment

Please see **MEDICARE** on 13



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## QUAKE

Continued from 11

includes directions for using a seat cushion as a flotation device without describing a wheels-up landing in the ocean. The delivery of these instructions is mandated by federal law.

Federal, state and local government officials must allow emergency planners to add new and effective techniques that will assist residents in preparing for disasters. Emergency planners must continue to anticipate worst-case scenarios and prepare strategies that will keep injuries and deaths to a minimum.



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# Nothing wrong with using headsets in AR

By Ida Kubica

Although the Assembly Room in the Recreation Center has an excellent sound system, occasionally there is a need to utilize the hearing headsets for more detailed hearing, even if one has hearing aids. They are not being used enough at this point in time.

Have you ever said to

yourself, "I should have gotten a hearing headset before this performance. I would have enjoyed the show a whole lot more."

Now, what held you back from doing just that — pride, embarrassment or indifference? Does that make sense?

Young people today have all kinds of things in and around their ears and think

nothing of it. In fact, they pride themselves on having all that technology at their disposal.

Hearing aids, if you have them, have their limitations. The hearing headsets are far superior. In fact, you have to remove your hearing aids to use the headsets. Don't worry, the hearing headsets are cleaned with alcohol after each use. I see to that.

I also make sure the batteries are at top performance before you use them. Now, if they should fail later, you can always have them replaced by the person who loaned it out to you.

The only requirement to obtain the use of a hearing head set is having a drivers license or major credit card in exchange for the headset until you return it, for secu-

rity reasons.

So, what are you waiting for? Either I or someone else is sitting in the back of the auditorium ready to help you enjoy the performance at its maximum. Even if you have doubts about the need for one, it's better to have one than miss out.

See you at the next performance!

## MEDICARE

Continued from 12

by seniors. It's clearly better to plan in advance and avoid that stress and preparation expense.

There is some good news here. Medicare will begin to cover treatment of accident-related injuries after you report that all the settlement money has been spent

on treating the injuries. It's important to emphasize that the settlement money must be spent only on treatment and drugs for those accident-related injuries.

Keep copies of all checks, medical bills, bank statements and related papers because the burden of proof falls on you. You must open the bank account and then prove to Medicare that all

the settlement money was spent on treatment of those specific injuries.

Sure, it's complex, and you may need professional advice. You don't want to spend that settlement money and then, perhaps years later, have Medicare deny payment to the doctor and/or hospital who will then bill you for full amounts.

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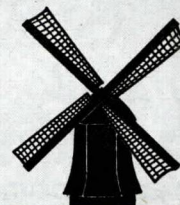
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# Here's one whale of a story

If you had read the front-page story of the San Francisco Chronicle on Thursday, Dec. 14, 2005, you would have read about a female humpback whale who had become entangled in a spider web of crab traps and lines. She was weighted down by hundreds of pounds of traps that caused her to struggle to stay afloat. She also had hundreds of yards of line rope wrapped around her body — her tail, her torso, a line tugging in her mouth.

A fisherman spotted her just east of the Farrallon Islands outside the Golden Gate and radioed an environmental group for help. Within a few hours, the

rescue team arrived and determined that she was so bad off, the only way to save her was to dive in and untangle her — a very dangerous proposition. One slap of the tail could kill a rescuer. They worked for hours with curved knives and eventually freed her.

When she was free, the divers say she swam in what seemed like joyous circles. She then came back to each and every diver, one at a time, and nudged them, pushing them gently around. She thanked them! Some said it was the most incredibly beautiful experience of their lives. The guy who cut the rope out of her mouth says her eye was

following him the whole time, and he will never, ever be the same.

The person who started sending this news item around attached the following little homily to it as well. It seems appropriate, in view of the story and how meaningful it was to those involved, to leave it attached.

May you, and all those you love, be so blessed and fortunate to be surrounded by people who will help you get untangled from the things in life that are binding you. And, may you always know the joy of giving and receiving gratitude.

I pass this on to you in the same spirit.



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# Red Car made the trip to the city easy and fun

By Lois Keeler

Well, here we go again. I just finished reading the book on Bob's Big Boy by Christian Hansen, a fellow Villager. It's very interesting and informative. Beginning in 1936, Bob Wian bought a small lunch stand from two little ladies in Glendale which was named The Pantry. He kept the name, borrowed some tips from several places to make his first "Big Boy," and the rest is history. In 1967, Bob's and Marriot merged, and the rest of that story is "big business" history.

I promised some more on the Red Car. I'm sure most of you read Stan Resher's letter in the March issue about his experiences with the Red Car — and thank you, Stan, for the kind

words. Just about everyone in Los Angeles and the Valley took the Red Car. Every Saturday, my cousin and I took it to Los Angeles or Hollywood to shop, eat and see a movie.

We'd shop at The Broadway, Mandels Shoe Store or Sporty Knit, eat lunch at the Tick Tock, Clifton's or Pig and Whistle, see a movie and finishing up with a sundae at C.C. Browns. We then took the Red Car back home, arriving around midnight and walking home about six blocks and never gave a thought to our safety because it wasn't necessary. Those were the good old days.

The Red Car reached its peak in the '20s, and the last car was retired from service in 1961. Mention the Red Car today and any old-time

## The Golden Years



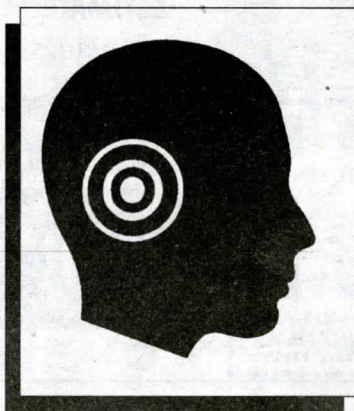
Angeleno will tell you stories about a wonderful connection between Los Angeles, Orange, Ventura and San Bernardino counties. Almost everyone went to the beach

from everywhere on the Red Car. You can still see some of the trolley cars at Travel Town's Transportation Museum in Griffith Park.

You will all recall Angel's

Flight, the blocklong cable system that took passengers up and down Bunker Hill, connecting Hill and Olive. It started in 1901 and ran until 1969. The ride lasted one minute and cost one cent. The fee was raised in 1914 to five cents. It was dismantled in 1969 and moved and rededicated in 1996. I could not find any information as to why it was moved a half a block away. It now runs daily from 6 a.m. to 10 p.m. and costs 25 cents. That's still quite a bargain.

This column really gets away from me. There is so much to cover. Next month we'll explore Olvera Street, Farmer's Market and Clifton's Cafeterias. There will also be more on C.C. Brown, Pig and Whistle, Tick Tock Tea Room and more on early theaters.

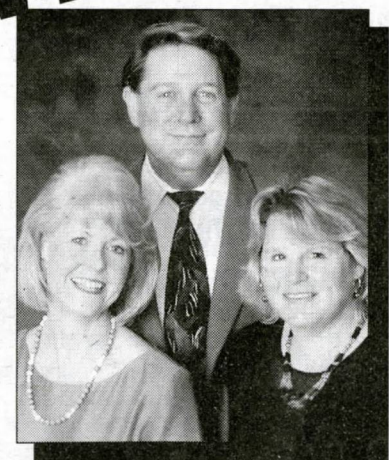


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# Could you pass eighth grade in 1895?

Remember when grandparents and great-grandparents stated that they only had an eighth-grade education? Well, check this out. Could any of us have passed the eighth grade in 1895?

This is the eighth-grade final exam from 1895 in Salina, Kansas. It was taken from the original document on file at the Smokey Valley Genealogical Society and Library in Salina and reprinted by the Salina Journal.

## Grammar (Time, one hour)

1. Give nine rules for the use of capital letters.

2. Name the parts of speech and define those that have no modifications.

3. Define verse, stanza and paragraph.

4. What are the principal parts of a verb? Give principal parts of "lie," "play" and "run."

5. Define case; illustrate each case.

6. What is punctuation? Give rules for principal marks of punctuation.

7 - 10. Write a composition of about 150 words and show therein that you understand the practical use of the rules of grammar.

## Arithmetic (Time, 1.25 hours)

1. Name and define the Fundamental Rules of Arithmetic.

2. A wagon box is 2 feet deep, 10 feet long and 3 feet wide. How many bushels of wheat will it hold?

3. If a load of wheat weighs 3,942 pounds, what is it worth at 50 cents a bushel, deducting 1,050 pounds for tare?

4. District No. 33 has a valuation of \$35,000. What is the necessary levy to carry on a school seven months at \$50 per month, and have \$104 for incidentals?

5. Find the cost of 6,720 pounds of coal at \$6.00 per ton.

6. Find the interest of \$512.60 for 8 months and 18 days at 7 percent.

7. What is the cost of 40 boards 12 inches wide

and 16 feet long at \$20 per metre?

8. Find bank discount on \$300 for 90 days (no grace) at 10 percent.

9. What is the cost of a square farm at \$15 per acre, the distance of which is 640 rods?

10. Write a bank check, a promissory note and a receipt.

## U.S. History (Time, 45 minutes)

1. Give the epochs into which U.S. History is divided.

2. Give an account of the discovery of America by Columbus.

3. Relate the causes and results of the Revolutionary War.

4. Show the territorial growth of the United States.

5. Tell what you can of the history of Kansas.

6. Describe three of the most prominent battles of the Rebellion.

7. Who were the following: Morse, Whitney, Fulton, Bell, Lincoln, Penn and Howe?

8. Name events connected with the following dates: 1607, 1620, 1800, 1849, 1865.

## Orthography (Time, one hour)

(Editor's note: Do we even know what this is?)

1. What is meant by the following: Alphabet, phonetic, orthography, etymology, syllabication.

2. What are elementary sounds? How classified?

3. What are the following, and give examples of each: Trigraph, subvocals, diphthong, cognate letters, linguals.

4. Give four substitutes for caret "u."

5. Give two rules for spelling words with final "e." Name two exceptions under each rule.

6. Give two uses of silent letters in spelling. Illustrate each.


7. Define the following prefixes and use in connection with a word: bi, dis, mis, pre, semi, post, non, inter, mono, sup.

8. Mark diacritically and divide into syllables the following, and name the sign that indicates the sound: card, ball, mercy, sir, odd, cell, rise, blood, fare, last.

9. Use the following correctly in sentences: cite, site, sight, fane, fain, feign, vane, vain, vein, raze, raise,

Please see 1895 on 17

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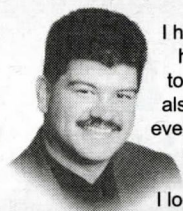
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I have had so many opportunities to meet new people, I had the privilege to represent new home Buyers and also to demonstrate my experience with Sellers who felt it necessary to be in good hands before hiring a Realtor to sell their home. I like to assist my friends who are also Realtors. These experiences can be priceless. I know because I work in the trenches everyday with everyone from the Clients to the Realtors to the Professional services we choose in all our transactions.

I look forward to meeting you. I look forward to satisfying your real estate needs. I look forward to hearing you say thank you!

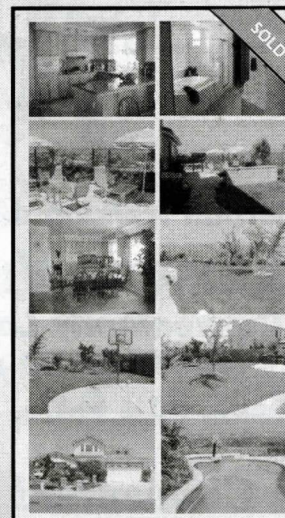


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-Ron Garcia



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## ON THE LIGHTER SIDE

# It's time to enjoy the luxury of time

By Maxine Fritz

Time! What a remarkable word, especially when one reflects upon its infinite meanings. Sometimes precious, sometimes boring.

Sad time, moments that can never be repeated except in memory.

Active time, when one is so busy, it is forever escaping, passing faster than the mind can comprehend, constantly running short.

Lonely time, long, often

painful.

Family time, the best! A mixture of happy, sad, active, lonely and boring, all fulfilling, often frustrating, blended to make a lifetime.

Now, I have feelings of being old, unneeded, unproductive. Haunted with, "What have I forgotten?" or "Have I missed a deadline?"

Then I discovered the luxury of taking time, using and enjoying it. It was not easy to find because it

was hidden under guilt and frustration. Like a butterfly, it emerged. I discovered the pure enjoyment of every second left to me. Time to reminisce, see the beauty in everything. Time to worship, strengthen my faith, enrich my education, play games, help a friend, walk, write, paint, quilt, love. Cook, and clean as an adventure, not as a chore.

A joyous moment of discovery!

## 1895

Continued from 16 rays.

10. Write 10 words frequently mispronounced and indicate pronunciation by use of diacritical marks and by syllabication.

Geography (Time, one hour)

1. What is climate? Upon what does climate depend?

2. How do you account for the extremes of climate in Kansas?

3. Of what use are rivers? Of what use is the ocean?

4. Describe the mountains of North America.

5. Name and describe the following: Monrovia, Odessa, Denver, Manitoba, Hecla, Yukon, St. Helena, Juan Fernandez, Aspinwall and Orinoco.

6. Name and locate the principal trade centers of the U.S.

7. Name all the republics of Europe and give the capital of each.

8. Why is the Atlantic Coast colder than the Pacific

in the same latitude?

9. Describe the process by which the water of the ocean returns to the sources of rivers.

10. Describe the movements of the earth. Give the inclination of the earth.

Notice that the exam took five hours to complete.

It gives the saying, "He only had an eighth-grade education" a whole new meaning, doesn't it? Also, it shows you how poor our education system has become — and, no, we don't have the answers.

## SOMETHING WORTH SHARING

We're proud of the news coverage we've received and hope to build upon those accomplishments. We know that our success is your success. Thank You.

### Read All About It

#### FORTUNE, January 2006

For the seventh year, Edward Jones was named one of the "100 Best Companies to Work For" by FORTUNE magazine in its annual listing. The firm took the No. 16 spot overall and was named to the No. 4 spot for large companies. The seven FORTUNE rankings include top 10 finishes for five years and consecutive number one rankings in 2002 and 2003.

#### Registered Representative, December 2005

For the 13th consecutive year, Edward Jones took the No. 1 overall for client statements according to an evaluation by the DALBAR 2005 Trends and Best Practices in Investor Statements. DALBAR develops standards for and provides research, ratings and rankings of intangible factors to the financial-services industry.

#### DALBAR Client Statement Ranking, November 2005

Edward Jones Ranked No. 1 overall for client statements according to an evaluation by the DALBAR 2005 Trends and Best Practices in Investor Statements. DALBAR develops standards for and provides research, ratings and rankings of intangible factors to the financial-services industry.

#### SmartMoney, August 2005

Edward Jones ranked No. 1 in the annual SmartMoney full-service broker survey. Edward Jones Placed ahead of seven other firms and scored the highest possible ranking in the four categories surveyed: customer statements, stock picking, customer satisfaction and a trust survey.

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Model \_\_\_\_\_

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Email Address \_\_\_\_\_

\*Drawing includes sign and full installation. If you have a lighted sign already, fill out the form for a friend that lives in Leisure Village. Enter every month to increase your chances.

## Things To Do

Check all filters & replace if necessary

Register for lighted sign drawing

Call The Fox Team for Home Value

Have dryer vent to outside cleaned

Check with Southern California Edison  
about the refrigerator recycling program.

For ways to assist you in making a difference that gets your home sold, call The Fox Team of Al, Cindy & Nancy and their Team Mates – Peggy, Paul, Edith, Todd, Kathy, Susan & Jerry. Our Broker's assistant, Leeta is also available to help you with a variety of needs.

## PHONE LIST!

**AL FOX'S OFFICE . . . . . 987-4369**

**Cindy Fox . . . . . Extension 31**

**Nancy Stepp . . . . . Extension 33**

**Leeta Rice . . . . . Extension 21**

**Peggy Marcketta . . . . . Extension 26**

**Paul Marcketta . . . . . Extension 26**

**Edith Anderson . . . . . Extension 27**

**Todd Hooker . . . . . Extension 28**

**Kathy Frownfelter . . . . . Extension 29**

**Susan Eggert . . . . . Extension 24**

**Jerry Goldsmith . . . . . 805-405-1655**

**805-987-4369 FOX OFFICE**

## MEMO

TO: Our Friends and Neighbors  
FROM: Al Fox, The Fox Real Estate Team  
SUBJECT: Leisure Village Home Sales

As you may, or may not, be aware, including Leisure Village has been extra busy. In the past several weeks we have seen the market sale, in Leisure Village climb to 55. The history of homes we have seen on the market since resells began. We have also observed rising prices occurring over the last few

These two factors indicate to us that the market is back and waiting to make a commitment. The market will turn towards their favor. It is clear that homes in other areas are not selling, and many people interested in Leisure Village.

The Fox Real Estate Team will continue to work the market to areas that have the potential for buyers for our area. We are also available to help you with things that may help your home sales.

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# Bulletin Board

Team

homes sales in our area, in-  
tremely sluggish. In the  
inventory, of homes for  
this is the largest inven-  
market in Leisure Village  
served reductions in list-  
weeks.

Buyers may be holding  
hoping that the mar-  
also may mean that  
therefore not allowing  
to relocate.

ue to research and mar-  
to produce new home  
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EL DORADO . .	13203 V-13 . . .	\$464,000
EL DORADO . .	13214 V-13 . . .	\$479,000
EL DORADO . .	23120 V-23 . . .	\$485,000
EL DORADO . .	5207 V-5 . . . .	\$490,000
GALAXY . . . .	14109 V-14 . . .	\$450,000
NEWPORT . . .	1121 V-1 . . . .	\$338,000
VALENCIA . . .	20313 V-20 . . .	\$619,000

Call Cindy Fox for more information, ext. 31

## Shopping List



Get ingredients for Green Corn Chowder

1/3 cup canned or cooked tomatillos

Sour cream for garnish

Lime

1/2 onion (diced)

2 tablespoons minced garlic

3 cups chicken stock

2 cups roasted corn kernels (approx 3 cobs)

1 - 4oz can Ortega chilies

1 cup frozen peas

2 large romaine lettuce leaves

In a blender, puree tomatillos. Sauté onion and garlic until soft. Pour in tomatillos and cook on high for 3 minutes. Puree stock, corn, chilies, peas and lettuce until smooth. Add to tomatillo mixture. Simmer 20 minutes. Salt to taste. Serve with a squeeze of lime and drizzle with sour cream. Serves 6.

## HOMES FOR RENT

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If you have a home you would like us to rent out for you,  
please call our office at 987-4369.

Call Leeta, ext. 21, for more information.





## CLUB NEWS

### Showtyme

By Phil Kamens

The Showtyme meeting on Monday, May 15, will be Bonnie Bowden, soprano. She has a wonderful voice and will be entertaining us with all the songs we know and grew up with: Broadway tunes of the '40s to '80s. So please mark your calendars and don't miss her performance. She is another one that will get a standing ovation — of this I am sure. See all of you at the meeting.

Everyone is welcome, but please consider becoming a member. It is just \$5 a year, and for that you get nine free shows a year and also cookies or cake and coffee.

Also, as a member, the three big shows a year are just \$15; they're \$18 for non-members.

Support your club so that we can continue to bring in top entertainment for your enjoyment. It is membership dues that pay for the monthly shows.

Our last Showtyme meeting, on Monday, March 20, was a huge success. Thanks to our wonderful entertainer, Etalya Ferro, who sang, acted and gave a marvelous performance. She was accompanied by a great pianist, John Rodby, who also sang and filled in as master of ceremonies. They were just great, and everyone enjoyed them. Due to the rain, we only had about 200 people. If you are one of the group that missed it, I am sorry because you missed a great show. Ask anyone who came.

first-place winner was Ken Hendrickson. Following in second place was Don Treadwell, with Vic Fledge earning third place. The Honorable Mentions were by Shirley Williams and Jerry Spector.

In the Open category, first place was awarded to Vic Fledge, with second place going to Don Treadwell, and Jack Caldwell took third place. The Honorable Mentions were by Jerry Cohen and Frank DeSimone.

The Creative Division, formerly called Digitally Modified, had Vic Fledge again a winner! Second-place honor went to Jerry Spector, and third place was earned by Frank DeSimone. Honorable Mentions were by Bill Robinson and Jerry Cohen.

Everyone is invited to attend the competitions on the first Wednesday of each month and the always-interesting programs on the third Wednesday of each month. Many great field trips are coming up each month, as well. Meetings start at 7 p.m. in the MPR, with refreshments following. Come join us!

### Players Guild

By Stan Reshes

The Players Guild is presenting a workshop production being put on by members of the famed "Red Hat Society" on Thursday evening, May 18, at 7:30 p.m. in the AR. Directed by Irene Olson, the show will feature pop and country western songs by the "Red Hot Chili Peppers." This all takes place in the "Red Hatter Night Club." Singing, dancing, and those dazzling ladies in their purple and red attire promise a fun-filled evening of music and laughs. All this, and refreshments, too! See you at the show!

### Women's Club

By Eldora Barton and JoAnn Burens

Come one, come all to see the California State Old Time Fiddlers perform for us on June 1. Don't miss this gathering for old-time fiddling and classic country

music in the AR at 1:30 p.m. Social time and refreshments follow.

On May 4, we were treated to the latest styles from Drapers & Damon's and also from Expressions. We had a chance to see what we would like to add to our wardrobes.

April was a busy month, with the Workshop showing their great handmade needlework and jewelry at

the Spring Fling Sale. Then came our general meeting with featured entertainment by Leisure Village's own Leisuraires with a special line dancing number.

Visit the Workshop any Tuesday between 9 and 11 a.m., have a cup of coffee or tea and see what we are up to.

Please see **CLUB NEWS** on 21

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### Camera Club

By Jerry Cohen

Our rapidly growing club had 91 entries for the April competition.

Judge for the evening was Gary Salstrom, owner of Camarillo Camera Shop. The Assigned category for the competition was Birds and Animals, and

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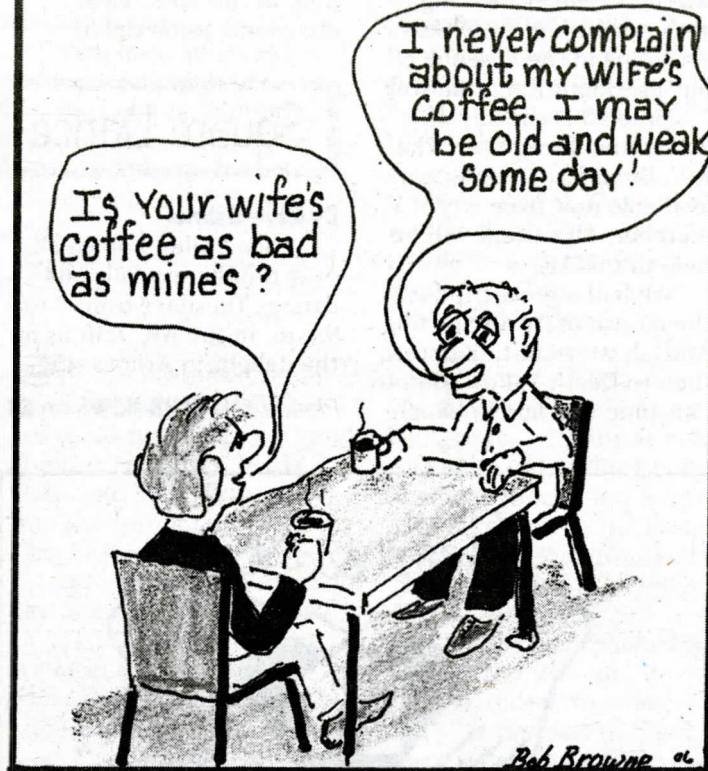
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THE GOLDEN YEARS



Continued from 20

LV Travel

By Eugene Foxman

New residents in Leisure Village may not know our policy regarding making reservations for our trips.

You must make your reservations in person at the Travel Office, and payment must be by check. We can't handle cash or credit cards.

And be sure to sign up early to avoid being put on standby.

You can sign up now for these trips:

- Reagan Library, May 11.
- Laughlin Flamingo, May 22-24.
- "The King and I" at the Glendale Theatre, June 17.
- San Diego Overnighter, June 24-25.
- Reno and Lake Tahoe, July 16-19.

- Hawaiian Islands Cruise, Oct. 7-14.

Highlights of these trips can be seen on Channel 25. Also, drop by the Travel Office and pick up the latest travel bulletin. You can also find the itineraries of the trips being sold currently.

The Travel Office is open Tuesday, Wednesday and Thursday from 9 to 11:45 a.m. The phone number is 482-8062.

Village Painters

By Aurelie Zachary

On Wednesday, April 5, our carpooled trip to the Phyllis Doyon Art Gallery on Flynn Road was highly successful. Phyllis was a most gracious hostess. We all appreciated her watercolor demonstrations of a landscape and a flower. She will hold a workshop for those who are interested.

There was a drawing for some of her artwork. Rea won a landscape, Gwen picked her choice of a painting from a group of pictures and Sylvia won three hand-painted cards. Refreshments were supplied by members of the Village Painters.

During the month of May, for Earth Day, the glass case in the atrium will feature artwork by those members who attend the Monday afternoon workshop in the Lanai room. Paintings in the library will be by a member of the Village Painters.

L.V. New York Club

By Gerry Schulman

The video tape of Johnny Carson at the April meeting brought back many fond memories. Thank you, Phil.

The two-night trip to

Please see CLUB NEWS on 22

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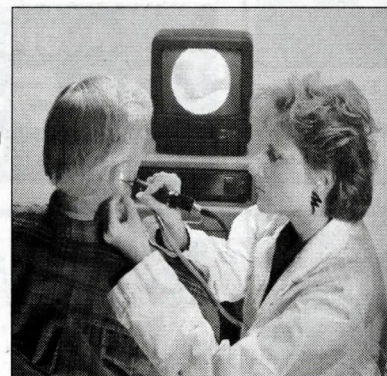
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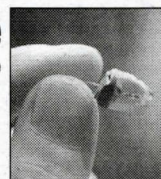
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Friday, May 5, 2006

Inside Leisure Village

21



## CLUB NEWS

Continued from 21

Primm was a huge success, as usual. Thank you, Travel Committee, for all of your work.

"The Big Apple Dinner Dance" is quickly approaching. Do not miss this fabulous evening. It will be held on Thursday, June 4, at 6 p.m. There will be hot and cold appetizers. The dinner will be served at the table, so there will be no waiting in line. The menu consists of a choice of Prime Rib, Chicken or Fresh Salmon. The dinner will be topped off with Apple Crisp with Ice Cream.

Music will be provided by The Jerry Dokken Quartet.

Tickets can be purchased by calling Rose Abbate at 482-0642 or Florence Sklarz at 482-5001. The price is \$20 for members and \$23 for non-members. Tables can be reserved by paying for 10 tickets at the same time.

Tickets are limited; do not be shut out.

Volunteers are needed to make the dance a big success. Please call Manny Abbate at 482-0642.

If you haven't paid your club dues, please do so. They are only \$5 for the period January 1 to December 31. Your dues help the club to put on these wonderful programs.

### L.V. Mens Golf Association

By Mannie Abbate

The next monthly meetings of the Leisure Village Mens Golf Association will be Tuesday, May 8, at 2 p.m. with social time starting at 1:30 p.m. Come to the First Tee about 7:30 and have continental breakfast with us. We will have a chipping or putting contest with money prizes before the regular LV tournament that starts at 8:30 a.m.

The slate of officers elected at the April meeting was as follows: President, Rick Secia; 1st VP, Don Obal; 2nd VP, Joe Smith; Secretary, Bob Hinkel; and Treasurer, John Wirtz. The

new board will be installed at the June 21 meeting. They will serve from July 1, 2006, to June 30, 2007.

The Super Senior tournament on the Village course was postponed because of rain on April 11. It was rescheduled for April 24th.

The Tee Timers Tournament with the Ladies Club was held on Tuesday, April 18.

On May 2 and May 9, we will have the Presidents Cup, as well as the weekly tournaments. The best way to keep up with these developments is to come to the monthly meetings and to check the bulletin board where all these things are posted.

The Tournament of Champions will be held at Buenaventura Golf Course on May 11. We will play Regulation Golf at Camarillo Springs on June 1 and at River Ridge Golf Course on June 29.

The LVMGA year ends

at the end of June. We will have the Installation of Officers and Awards Luncheon on June 21. At this luncheon Jerry Johnson will present prizes to those deserving of recognition throughout the 2005-2006 year. This luncheon is always a success and gives everyone the opportunity to say thank you to the outgoing Board of Officers.

The best way to keep up with the various events available to club members is to come to the monthly meeting, check the bulletin boards at the course and to watch Channel 25.

### RV Club

By Bill Gardner

We had a very successful Dine-Out April 4 at Country Kitchen in Newbury Park with Marjorie and Don Rohwer as the hosts. The next event scheduled was for May

2 at the Golden Gate Café with Grace and Johnnie Beach as hosts.

The meeting of May 16 will be a regular meeting with our 1st V.P., Fred Sass, presiding in the absence of our President Katy Caldwell.

June 10 is the day of our annual fundraiser, The R.V. Breakfast. Tickets are available now from any R.V. member. This event will be held in the AR.

We had a great trip for the month of April. Starting April 2, we went to Barstow, then to Death Valley, then to Pahrump and last to Laugh-

lin and then home. The trip was for eight days.

Our next meeting is Tuesday, May 16, at 7:30 p.m. in the MPR. Please come and enjoy the fun.

### Square Dance

By Raye Gabriel

Arlen Miller, known all over the States, calls our dances Tuesdays from 7 to 9 p.m. in the AR. Join us for the delight in Arlen's sing-

Please see **CLUB NEWS** on 23



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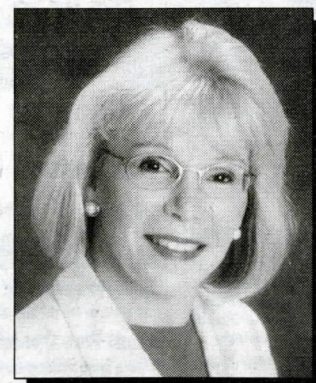
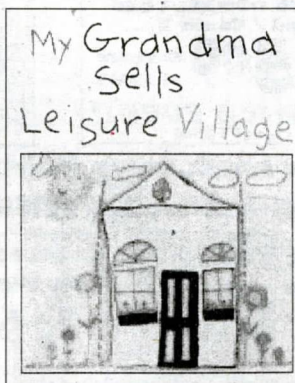
#### I Participated in These Sales:

4107 Village 4 \$555,000 **SOLD**  
Free-standing El Dorado on Golf Course  
29103 Village 29 \$373,000 **SOLD**  
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### Recent Listings & Sales

6128 Village 6	\$485,000	<b>SOLD</b>
El Dorado on golf course		Represented Buyer
30029 Village 30	\$512,000	<b>SOLD</b>
Amalfi with room addition		Represented Buyer
34114 Village 34	\$359,000	<b>AVAILABLE</b>
Capri with mountain view		Representing Seller
1316 Village 1	\$379,000	<b>AVAILABLE</b>
Coronado		Representing Buyer

*Thank You,  
Leisure Village!*



## CLUB NEWS

Continued from 22

ing, and have fun exercising to music with others in like spirits. What a great way to spend the evening!

Refreshments are served. Call 484-9928 or 987-5674 for more information.

### International Folk Dancing

**By Raye Gabriel**

Val starts classes at 12:30 p.m. to help beginners with the extra time. We dance Mondays until 2:30 p.m. in the AR.

What a way to spend an afternoon with the pleasure of dancing to ethnic music from all over the world.

You are welcome to join us, and we'll appreciate your efforts. Call 484-0936 for more information.

### L.V. Chorale

**By Elise Perlmutter**

It's time to spring forward and rejoice in uplifting songs with the LV Chorale. We definitely need your presence, not to mention your voices, male and female. So don't be shy, please give us a try. You don't have to read music, and there are no auditions.

We are under the direction of Cee Cee Mills, and our accompanist is Irene Olson.

We are preparing now for a concert to be given in June. There will be more information to follow.

The Chorale meets every Monday in the MPR from 12:45 to 2:45 p.m., so we hope to see you there.

If you need any more

information, please call 484-2492.

### L.V. Womens Golf Association

**By Roberta Dearmore**

May starts a very busy month for our women golfers.

We finished up our Club Championship Tournament, which started April 25, on May 3.

Remember, your \$8 dues are due by May 10. Contact Eleanor Wilson at 844-3044 for information. Dues must be paid in order to have your name listed on the 2006-2007 roster.

Officers have been named and elected. They are: President, Jane Burke; 1st VP, Donna Duke; 2nd VP, Ruth Hamilton; 3rd VP, Meriam Laird; Secretary, Dora Webster; Treasurer, Darleen

Anderson; and Corresponding Secretary, Rosemary Woody. Thank you to all who will serve.

May continues with our Appreciation Lunch on May 10. The menu will be salad, vegetable lasagna, garlic bread and dessert — all for only \$1. Members only, please! Tickets will be sold every Wednesday from 7:30 to 8 a.m. before golf, or you can call Meriam Laird at 484-0777.

There will be no board or general meeting the day of the Appreciation Lunch.

Weekly tournaments will resume May 17 and 24.

May 28 will be Open Play. There will be no 19th Hole Party. May 31, a holiday, will also be Open Play.

Regulation Golf will be May 18 at Buenaventura Golf Course. Cost is \$34.50. It's low gross, two flights, putts, chip-ins and birds. Start time is 9:42 a.m.

### Single Active Seniors

**By Zelda Greentree**

Please hurry to make your reservation for the Tuesday, May 9, Pizza Party. This is a paid-up members-only party, and in addition to pizza, we will serve salad, drinks and dessert. Also, we have wonderful entertainment lined up, and we will be awarding great prizes! Remember, the party is

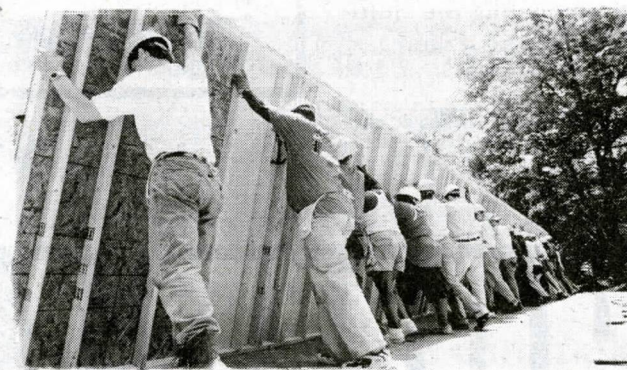
May 9, Tuesday, at 6 p.m. in the MPR. Call Sharon at 389-6834. Reservations are limited to 50 people, so good luck!

Our movie on May 16 in the Annex at 7 p.m. will be another blockbuster, "The Thing About My Folks," starring Peter Falk, Paul Reiser and Olympia Dukakis.

Cards and games will be played on May 23 — Victoria Day, for those of you from Canada — in the Annex at 7 p.m.

Please see **CLUB NEWS** on 24

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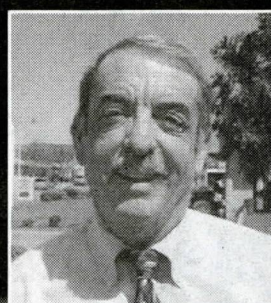
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## CLUB NEWS

Continued from 23

And News & Views will take place on June 6 in the MPR at 7 p.m.

Dues for 2006 are now payable. Call 389-9694 for further information.

### Woodshop

By Martin Alfred

The Woodshop Committee now needs to have all those persons with keys to the shop to come in on a Tuesday or Wednesday morning to be checked out for knowledge and safe operation of all the new and old equipment. If these times are not convenient, call Sid Alweiss at 482-5341 for an appointment.

A big thank you to Roger Williams and Frank DeSimone for all their work remodeling the Multi-Purpose Room kitchen.

Please see CLUB NEWS on 26

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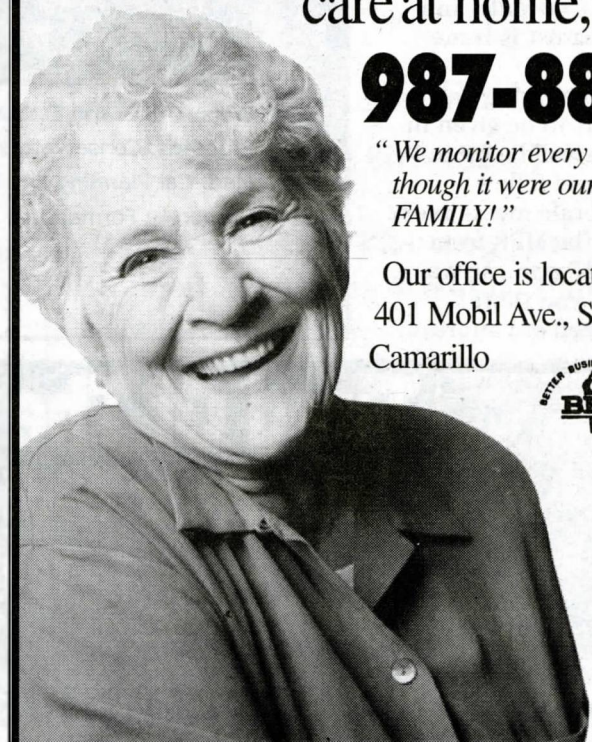
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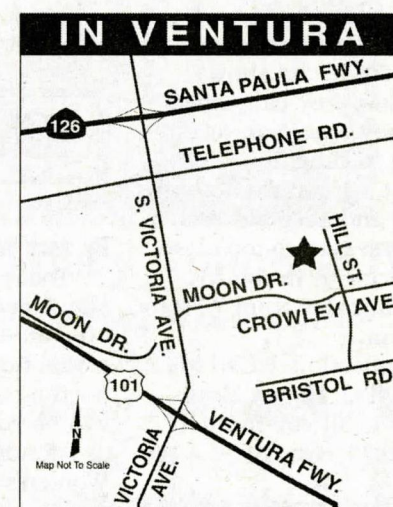
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## CLUB NEWS

Continued from 24

### Keyboard Club

By Anne Shane

The Keyboard Club invites all residents of Leisure Village to come and enjoy popular and classical music at its next meeting on Friday, May 26, at 1:30 p.m. in the AR. Live performances will be given by talented musicians. For more information, call Anne Shane at 484-3977.

### Happy Hoofers

By Ida Zeller

With Mother's Day fast approaching, who of us ladies doesn't want to be a role model for our grandchildren and great-grandchildren? We can show them what they can expect when they reach our age by dancing to keep fit.

What a great way to burn calories and keep old Father Time from getting too close.

Look for us in the AR every Thursday from 9:30 to 10:30 a.m.

Got questions? Call Ida at 484-9882. Happy Mother's Day to all you mothers out there!

### Solo Club

By Cleo Cooney

The Solo Club May Dine-Out will be at the Sportsman Restaurant at 5 p.m. on Thursday, May 11. There will be a choice of entree: chicken, fish or beef. The price is \$14. Please send a check to Doris Walton, 25308 Village 25, by May 9. Indicate your choice of entree on your check.

The May Brown Bag meeting will be held in the Village Room in the Annex on Thursday, May 18. Bring your lunch to eat at 12:30 p.m. The business meeting will be held at 1 p.m. Please come to this meeting if you can. We are making some

changes in our club and would like to have as many members as possible take part in the decision-making process.

### Veterans Club

By Martin Alfred

The Veterans Club meets Thursday, May 25, at 7:30 p.m. in the MPR. Kenney Nelson will continue to tell us about his experiences in the Army Intelligence during World War II and later as a navigator instructor on B-29s. His story was highly interesting in the first chapter at our April meeting, and we look forward to hearing the rest of his story. Everyone is invited. Look for refreshments and friendship.

For more information, call Marty at 389-1610.

### Channel 25

By Jack Whalen

Today, Friday, May 5, the May Open Board meeting, at 10 a.m. only, will feature introductions of those running for the two Board seats that will be voted on June 22.

Monday, May 8, is the Women's Club's "Two For the Show," running 47 minutes, while Wednesday at 10 a.m. only is "Teahouse of the August Moon," running 2 hours, 2 minutes.

Friday, May 12, is the

30-minute "Law Talk," while Monday, May 15, we feature Lillian Hawthorne's "Book Review."

Tuesday at 10 a.m. only is a repeat of the LVA Working Board meeting.

Wednesday is the documentary, "Leisure Village Lifestyle," running 25 minutes.

The Hospice "Gift of Life" plays Friday and runs 17 minutes, 30 seconds.

Monday, May 22, is the 1-hour, 48-minute "Nonsense," while Wednesday is Showyme's "The Andrews Sisters," running 49 minutes.

Thursday, May 25, is Candidates Night. It starts at

Please see **CLUB NEWS** on 27

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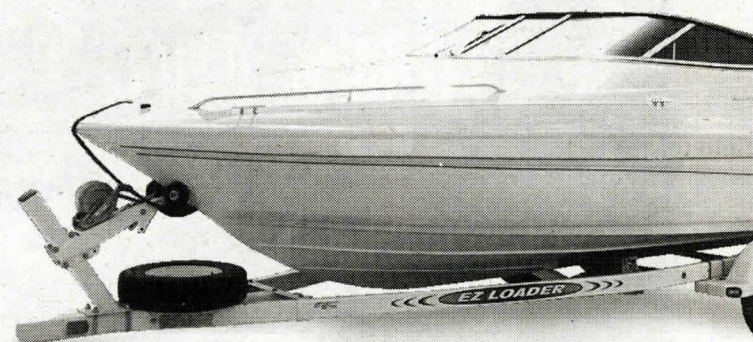
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## CLUB NEWS

Continued from 26

7 p.m., and while it will be televised, we strongly urge all who can to attend it live. It will truly show your interest in our Village and will inspire our candidates.

The Milt Mankoff & Co. "What Was My Line?" plays Friday, and Monday, May 29, is a 2-hour airplane feature with ancient planes, combat aircraft and lots more. We recommend it to all who love flight.

We end the month on Wednesday with "The King and I," a 2-hour, 10-minute show playing at 10 a.m. only.

### L.V. Exercise Group

By Milt Mankoff

The Leisure Village Exercise Group will provide a free breakfast to paid-up members on May 26. Bagels, cream cheese, muffins, coffee and tea are served to all those who have paid the \$4 annual dues. The membership drive continues during April and May. Bring check or cash to morning exercises.

The Gala Picnic Dinner is slated for June 23. Shiprah Maller and her committee are busy planning the event. This very popular picnic features a number of sports contests as well as many valuable door prizes. Combined with the delicious catered dinner, this makes for a completely enjoyable occasion. Tables of 10 may be reserved in advance. Seating is limited, and early reservations are a must.

Recent studies, as reported by the American College of Sports Medicine, show that easy bending and stretching exercises, done on a regular basis, promote flexibility and good balance. This is so very important for our senior adults. The old saying, "Use it or lose it," is still true. Those who are new to the program should take it easy and build up slowly. Muscles and joints begin to respond and loosen,

and facing each new day becomes a lot easier emotionally too.

Exercises are held Monday through Friday from 8:30 to 9 a.m. at the Pool Pavilion.

The Leisure Village Exercise Group welcomes all residents to attend and become members. New residents will find this a wonderful way to make new friends.

"Start Your Day The Exercise Way."

### L.V. Bowling League

By Lucy Fiore

The league will soon complete this season. We will be having our Luncheon on May 12, and at that time we will distribute the prizes.

Results of Week 26 are as follows. 200-plus games was Al Schuster. Side Pot winners were Shirley Heller, Ernie Slabotsky, Claudia Roberts, Jerry Schneider, Joyce Belcher and Al Schus-

ter.

Week 27 we had the results of the tournament. Winners were Walter Bell, Ruth Levine, Lucy Fiore, Claudia Roberts, Ray Martinez and Leonard Belcher. Bowling 200-plus games were Bill Kirkpatrick and Les Galvin. Side Pot winners were Louise Coddington, Gerald Rosen, Josie Newman, Bo Humphrey and Barbara Humphrey and Mary Ahern (tied), and Bob Freedman.

Week 28 200-plus games were made by Bob McQuiv-

ey, Al Schuster, Leonard Belcher and Stan Feldman. Side Pot winners were Esther Knoff, Bob McQuivey, Kathy Wirtz, Marty Hasen, Leonard Belcher, and a tie for Claudia Roberts and Shirley Heller.

Week 29 the 200-plus bowlers were Al Schuster, Les Galvin and Stan Feldman. Side Pot winners Sonia Hughes, Al Schuster, Kathy Wirtz, Mike Shapiro, Les Galvin and Josie Newman.

Please see **CLUB NEWS** on 28

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## CLUB NEWS

Continued from 27

### Bocce Ball

By Fran Cohen

On Friday, May 26, the Bocce Club will have its Spring Pot Luck Dinner at 6 p.m. in the AR. If you have not already done so, please call Fran Cohen at 383-0483 and let her know what food item you will be bringing.

New members are always welcome. We are on the bocce courts on Monday and Thursday mornings at 10 a.m., weather permitting, enjoying good company, fresh air and having fun. It is easy to learn how to play bocce, and there is always someone happy to teach you. So come and join us.

### Saturday Night Dance

By Milan Weiss

April was really an explosive growth month for the Saturday Night Dance Party. There were more Leisure Villagers in attendance than ever before and an unusual amount of Villager guests. They were

all there to dance or party. Whether they were moving from table to table or burning up the dance floor, their feet were flyin'!

A few of the dancing "stars" were Walter and Carole Greenberg, SNDP "regulars," traversing the dance floor like pros. It was nice to see this couple, who really are wonderful dancers, enjoying the evening of dancing, talking with friends, and enjoying the dance music.

Also, another couple of "regulars," Max Brownstein and Elvia Jaurequi, do all the dances beautifully and use the music well for their outstanding dance routines. They look good! And, Elvia has been seen really enjoying the line dances!

Here is the Dance Party schedule for May: May 6, Jerry Dokken Quartet; May 13, Music by Choice; May 20, Moore Music Trio; May 27, Wyatt Haupt. This last scheduled dance of the month is the Saturday before Memorial Day Monday, and the SNDP is celebrating this holiday, in advance, on this dance night. So come wearing your red, white and blue or whatever you feel is fun,

appropriate and patriotic.

All dances are \$5 per person. All dates are Saturday nights. The dancing begins at 7:30 p.m.

The Saturday Night Dance Party here means "good times." All you have to do is walk out your front door, get to the AR, settle down at one of the tables, and you've done it right. As the saying goes in that wonderful song, "Celebration," "Let's have a good time!"

### Sing-a-long Group

By Jules Nayfack

Hey there! Want to have some fun? Want to meet some of the Village's nicest people? Like to laugh? Enjoy music?

You don't have to sing if you don't want to, but if you do, it doesn't matter how good you are. Fun and laughter is the main thing. Bring your family, friends and guests. Come join us Monday nights, May 8 and May 29, in the AR. Music and socializing starts at 7 p.m., and singing and fun start at 7:30. Wear your I.D. badge you got at the administration office.

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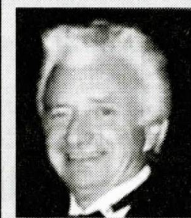


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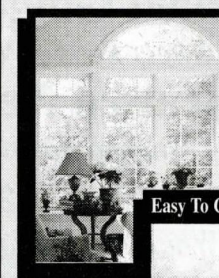
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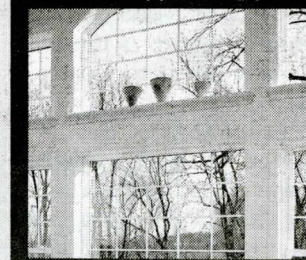


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# Denka Nelson's life of adventure in exotic places

By Lois Keeler

Many of you know Denka Nelson from golf, swimming or one of her many activities in Leisure Village, but her interesting and different lifestyle may come as a surprise to many of you.

Denka was born in Detroit and moved to California at the age of six. She married Kit Nelson in 1944. Kit was an attorney who later became district attorney of Kern County. They had four children, as many of us did, but that is where the story becomes so different.

In 1958, while attending a boat show they got the bug. They bought a 14-footer, which they called Kit'n I. For five years they trailered the boat to races and many boating vacations.

In 1963, Denka and

Kit graduated to a 33-foot Islander named Kit'n II. This larger boat offered them longer trips and slept six. It was kept at Marina del Rey, and the family enjoyed trips to Catalina Island, Mexico and most of the Channel Islands.

In 1971, they took the two younger children out of school and traveled for six months. They flew to the Caribbean, St. Vincent's Island, Windward Island and Jamaica. The family had purchased an automobile in Sweden and had it sent to England. The family then flew from Panama, picked up the car and traveled for three months. Their philosophy for this trip was small, not heavy and not breakable, but they returned with many artifacts that fill Denka's house today — carvings from New Guinea,

Africa, the Solomon Islands and Guadalcanal, to name a few.

Some of their destinations were intriguing. They saw bullfights and the running of the bulls in Pamplona, Spain. They stayed in paradors in Spain, which could be monasteries, estates, castles or large homes run for private citizens.

While in France, they arrived in Paris just before Bastille Day and could find no lodgings. They finally gave up close to Versailles and had to sleep in the car for two nights.

Needless to say, the whole trip was a real education for their two boys.

In 1975, they purchased a Cal 11-46 named Pacifica, which slept eight. At this time, Kit retired, and they

Please see **DENKA** on 33

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## Foreign films worth effort

By Stan Reshes

Although movie reviews are not usually a part of Inside Leisure Village, and I bow to Bob Koster as the reigning expert on this subject, my wife and I recently attended the Palm Springs International Film Festival and, among the 13 films we saw, was "Fateless," a riveting story about a teenager's experience during the Holocaust.

These independent and international films don't always get wide distribution, but "Fateless" has been released in Southern California and is getting rave reviews.

It is unlike other recent movies on this subject — "Schindler's List," for example. I'm hopeful that one of our local theaters will show it. The acting and production values are superb, but be forewarned: This is very strong stuff.

One comment on another foreign film getting wide attention is the French film, "Cache." The only comment I'm making on this is: If you see this film, do not leave before you sit through the credits scrolling at the end of the movie! Enough said.

## May

By Bill Fox

May is not just the name of a month. It is used with a wish or a prayer. So here are several Mays We'd like the world to share.

May we attain eternal peace.  
May there never be another war.  
May people always get along.  
May it be forever more.

May our lives be ever happy.  
May we have enough to eat.  
May we all have good health.  
May all of our dreams be sweet.

May there never be a tragedy,  
May there never be a crime.  
May we always have whatever we need,  
May we never need a dime.

And if all these things should happen,  
We'll all be happy and free  
To live all of our lives  
The way that it should be.

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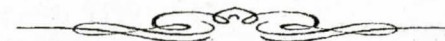
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## Why I like retirement

And they ask why I like retirement.

Question: How many days in a week?

Answer: Six Saturdays, one Sunday.

Question: When is a retiree's bedtime?

Answer: Three hours after he falls asleep on the couch.

Question: How many retirees does it take to change a light bulb?

Answer: Only one, but it might take all day.

Question: What's the biggest gripe of retirees?

Answer: There is not enough time to get everything done.

Question: Why don't retirees mind being called seniors?

Answer: The term comes with a 10 percent discount.

Question: Among retirees what is considered formal attire?

Answer: Tied shoes.

Question: Why do retirees count pennies?

Answer: They are the only ones who have the time.

Question: What is the common term for someone who enjoys work and refuses to retire?

Answer: Nuts!

Question: Why are retirees so slow to clean out the basement, attic or garage?

Answer: They know that as soon as they do, one of their adult kids will want to store stuff there.

Question: What do retirees call a long lunch?

Answer: Normal.

Question: What is the best way to describe retire-

## Mother's Day

By Bill Fox

Now what could be of interest  
In the month of May?  
I think somebody told me that  
There was a Mother's Day.

It must be very important  
To someone, you can bet.  
But we men need not worry,  
They won't let us forget.

Treat her nice, like a queen.  
Make her feel just grand.  
Give her all those little pleasures.  
Yes, even hold her hand.

So do the very best you can.  
Bring flowers, sing a tune.  
Let us men not forget,  
Father's Day comes in June.

## Try taking the world's easiest quiz

This is the easiest quiz in the world. Passing requires four correct answers (no peeking!)

1. How long did the Hundred Years War last?
  2. Which country makes Panama hats?
  3. From which animal do we get catgut?
  4. In which month do Russians celebrate the October Revolution?
  5. What is a camel's hair brush made of?
  6. The Canary Islands in the Pacific are named after what animal?
  7. What was King George VI's first name?
  8. What color is a Purple Finch?
  9. Where are Chinese gooseberries from?
  10. What is the color of the black box in a commercial airplane?
- All done? Check your answers on Page 32!



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Please see **RETIRE** on 32



## Answers to easiest quiz

These are the answers to the world's easiest quiz, printed on Page 31.

1. 116 years.
2. Ecuador.
3. Sheep and horses.
4. November.
5. Squirrel fur.
6. Dogs.
7. Albert.
8. Crimson.
9. New Zealand.
10. Orange, of course.

## RETIRE

Continued from 31

ment?

Answer: The never-ending coffee break.

Question: What's the biggest advantage of going back to school as a retiree?

Answer: If you cut classes, no one calls your parents.

Question: Why does a retiree often say he doesn't miss work but misses the people he used to work with?

Answer: He is too polite to tell the whole truth.

Share this one with all the retirees you know. I'm sure they can relate to some of them! And if you have not yet retired, look what you have to look forward to!



## Memorial Day important

Memorial Day is much more than a three-day weekend that marks the beginning of summer.

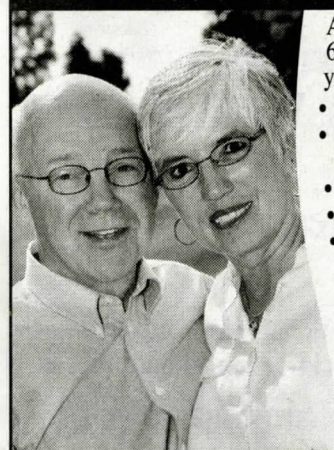
To many people, especially the nation's thousands of combat veterans, this day, which has a history stretching back all the way to the Civil War, is an important reminder of those who died in the service of their country.

Memorial Day was originally known as Decora-

tion Day because it was a time set aside to honor the nation's Civil War dead by decorating their graves. It was first widely observed on May 30, 1868, to commemorate the sacrifices of Civil War soldiers by proclamation of General John A. Logan of the Grand Army of the Republic, an organization of former sailors and soldiers.

By the late 1800s, many Please see **MEMORIAL** on 35

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# Stress getting to you? Here are relaxing thoughts

A lecturer, when explaining stress management to an audience, raised a glass of water and asked, "How heavy is this glass of water?"

Answers called out ranged from 20g to 500g.

The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it.

"If I hold it for a minute, that's not a problem.

"If I hold it for an hour, I'll have an ache in my right arm.

"If I hold it for a day, you'll have to call an ambulance.

"In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued, "And that's the way it is with stress management.

"If we carry our burdens

all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on.

"As with the glass of water, you have to put it down for a while and rest before holding it again.

"When we're refreshed, we can carry on with the burden.

"So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow.

"Whatever burdens you're carrying now, let them down for a moment if you can."

So, my friend, put down anything that may be a burden to you right now. Don't pick it up again until after you've rested a while.

Here are some great ways of dealing with the burdens

of life:

- Accept that some days you're the pigeon, and some days you're the statue.

- Always keep your words soft and sweet, just in case you have to eat them.

- Always read stuff that will make you look good if you die in the middle of it.

- Drive carefully. It's not only cars that can be recalled by their maker.

- If you can't be kind, at least have the decency to be vague.

- It may be that your sole purpose in life is simply be kind to others.

- Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.

- Nobody cares if you can't dance well. Just get up and dance.

- Since it's the early

worm that gets eaten by the bird, sleep late.

- The second mouse gets the cheese.

- When everything's coming your way, you're in the wrong lane.

- Birthdays are good for you. The more you have, the longer you live.

- You may be only one person in the world, but you may also be the world to one person.

- Some mistakes are too much fun to only make once.

- We could learn a lot from crayons. Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colors, but they all have to live in the same box.

- A truly happy person is one who can enjoy the scenery on a detour.



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## DENKA

Continued from 29

cruised for 17 years. Many adventures ensued. One involved an accident which demasted the ship. They went to Costa Rica for repairs, only to discover none could be done there. They sailed on to Panama and spent a year while some repairs were being made, then went on to Key West, Florida, to complete the work. It was two years before they left Florida.

Kit and Denka crossed the Atlantic in 1982, traveling to Gibraltar, Turkey, Italy and Majorca, Spain, and other countries too numerous to mention.

Kit died in 1991 in Venezuela doing what he liked best, but it was a difficult time for Denka, who had to make all the arrangements in a foreign land. Two of their grown children joined her, and between them, they carried on and managed to have the boat returned to the United States.

Quite a life, wouldn't you say?

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Notary Public. I live in LV, will gladly come to you. Have Durable Power of Attorney, other forms avail. Mary Ellen, 987-7920.

Notary Public, serving clients' needs. I come to you. Harold Goldwasser, 11222 V. 11, 445-2912.

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ILV will accept ads from LV residents for properties which they own personally, or ads of a non-commercial nature which offer jobs or services to Villagers. Use a full-sized sheet of paper and place in the ILV box, which is next to the Sewing Room door. One to five lines of 24 spaces each is \$4 a month. Each additional line is \$1 each. There is no charge for items or services offered free of charge. Full name and a valid current address and telephone number of the advertiser must be included with each ad, but need not appear in the ad. For deadline information, see Page 2. ILV does not investigate the ads and makes no endorsement of them.

Senior haircuts, \$12 at 601 Mobil Ave., next to CAT bus stop. Call Shawn at 482-6948.

Sliding glass patio door hard to open? I can install new rollers, will work like new. LV res., refs. 42 yrs exp. Barry, V7, 482-3086.

Ladies: Cleaning out? Buying now your old things: costume jewelry, pottery, art, purses, dolls, knick-knacks, items from 1920 thru 1960s. Refs. Karen, 373-0605.

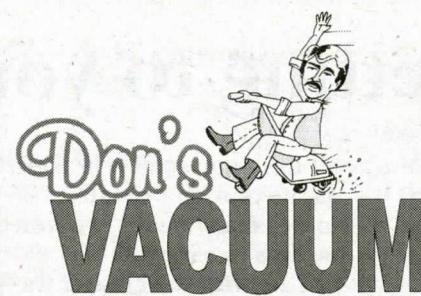
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Please see **CLASSIFIED** on 35



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If you are interested in making a move to Atria Hillcrest call us, and we will find out, at no charge to you, if you qualify for the VA Aid and Attendance Pension.

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## CLASSIFIED ADS

Continued from 34

Are you looking for a caregiver? Ace Pilapil is an experienced, certified nursing asst. & caregiver. 405-1001 or 405-5501.

Housecleaning husband/wife, Alicia & Oscar. Screens, windows. From Ventura to Woodland Hills. Free est., LV refs. Lv msg, 383-7853.

Wanted to buy: Danish modern furniture from the 1960s. One item or whole estate. Call Henry, 445-7778

Catering: Parties or gatherings inside or outside LV. 20 yrs. experience in LA as decorator, party consultant, manager, coordinator, server, bartender, chef. LV resident. Lynne, 384-0884.

Golf clubs. Make them or repair, shafts, grips, etc. 18 years experience. Bill, 484-1981.

Housekeeper-companion, English & French speaking. Honest & efficient. Lt. cooking. Ref. avail. Lv msg, 986-3955.

Caregiver. Certified CNA & Home health. 15 yrs exp. Loving, caring. Lite cooking, drive. Excel. refer. Lolita, 482-6859 or cell 458-1315.

Hugo's Gardening Service. Complete gardening: trim, clean-up, citrus trees, haul, plan, mntce. Free est. Excel. LV refs. 482-0985 or cell 216-8835.

Painting: interior, exterior, wallpaper removal, wall repair, texturing. Doug's Painting, 659-0476.

Security cameras installed, transfer film or photos of memories, family hist., etc. to DVDs, tape repair & help with ent. systems. Pick up/delivery. Larry, 487-7150

Caregiver CNA certified, 14 yrs. exp. w/excel. written refer. Call Tony, cell 562-293-5392.

Home Assistance. Driving, meds, meal prep, hskpg/ldry. 5 yrs exper., caring, depend. Refers. Leo, 509-3448

Nurse/Caregiver. Caring, dependable. Will assist with all needs. 16 yrs exp., 10 yrs in LV. LV refs. Nights & weekends. Theresa 208-0959 or 388-1559.

Hilda & Erick are highly experienced in assisting the residents of LV. Caregivers, housekeeping, driving, etc. 204-1637.

Are you looking for a caregiver? Pauline Casenillo has long exper. caring & responsible. Will help with everything. 405-5633.

Live out caregiver with long exper. Caring, responsible. Has car. Elsie, cell 807-0456.

Live-in caregiver available 4 days per week. Please contact Monica, 818-255-8841

Caregiver & driver available. Professionally trained, 5 yrs exper. Excel. driving record. Rodel, 271-8541 or 818-634-1834.

Need a caregiver? Exper., compassionate, trustwthy, loving, depndble & honest. Fine refers. Call Anita, 562-3707.

Male caregiver, very exper., honest, caring. Lt cooking, driving, 2 yrs plus in LV. Excel refs. Live-in pref. Fernando, 818-282-2793 collect

Patients Medical Claims Assistance. See Display Ad, Page 26. Free consultation. Mr. Lievense, 384-4456

I can help you with cleaning, shopping, etc. Excel refer., trustworthy. Laura, 750-0618 or 984-4308.

## MEMORIAL

Continued from 32

communities across the country had begun to celebrate Memorial Day, and after World War I, observances also began to honor those who had died in all of America's wars.

In 1971, Congress declared Memorial Day a national holiday to be celebrated the last Monday in May. (Veterans Day, a day set aside to honor all veterans living and dead is celebrated each year on November 11.)

It is customary for the president or vice president to give a speech at Arlington National Cemetery honoring the contributions of the dead. About 5,000 people attend the ceremony annually.

Let's remind Americans of the real purpose of Memorial Day and thank veterans and members of the Armed Forces for their service to our great country.

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## Do You Just Want It Listed... Or Do You Want It SOLD!!!

Several years ago when one of our clients made the statement—

“Wow Dave you don’t just list homes you list them and get them sold!” —out of that comes our saying  
**Do You Just Want It Listed... Or Do You Want It SOLD!!!**

As proof of that statment, please read the following chart. This chart illustrates who really understands how to get your Leisure Village home SOLD. The numbers show the listing agent on closed home sales since October 1, 2005 in Lesure Village only. These numbers are taken from the VCCAR MLS as of April 15, 2006.

Agent	4th Quarter 05	2006	In Escrow
<b>Dave Barlow</b>	<b>16</b>	<b>6</b>	<b>3</b>
Competitor #1	5	2	1
Competitor #2	2	0	0
Competitor #3	3	1	1

**These are the four main listing offices/persons in Leisure Village.**

When we say that we are “Focused on Your Success” we mean it! Thank you for your trust and confidence — June 1976 I entered the Real Estate business — I love it and it fulfills a huge inner desire I have to serve others.

You would have to be with me to experience the thrill it is to see the happiness and pleasure I receive as I am thanked for a job well done! It is a feeling that helps make me whole!

When you need help with any Real Estate needs or with questions, I and my group are here to serve you. Call today!

Happiness, Health & Blessings

Dave Barlow

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