

# Inside Leisure Village

VOLUME 1 Number 4

PLEASANT VALLEY, CAMARILLO, CALIFORNIA

JUNE 28, 1979

## Highlights of LV Board Meeting

Changes, modifications, proposals, rules, improvements, maintenance, services, all were subjects discussed in the LVA Board Meeting on June 4th, 1979. Chairman Karl Joehnck presided as the first order of business was the reports by Committee Chairmen.

Martin Beckel, Education and Recreation Committee, reported that the Sub-Committee had been monitoring the classes of Oxnard College, that all phases had been satisfactory, and recommended that classes continue in the Fall. There will be meetings with Oxnard College and John Dodds this week to determine the curriculum to be offered.

Beckel recommended that we try John Dodds' suggestion for a one time only "Bring Your Own Bottle" social event, to test the desirability of maintaining the Village liquor license.

The Finance Committee, represented by Eric Lindmann, recommended the establishment of a reserve fund for future use in replacing and/or maintaining common property, equipment, roofs, etc. He suggested setting aside for this purpose 5% of the amount contributed each year. The fund will be considered in the budget next year. (This is about the average payment being made today, according to Tom O'Brien.)

Esther Malkin of the Building and Grounds Committee reported that an increased watering schedule is helping to make our common areas green again.

New Residents Information

## Marty Beckel Livens Candidates Night Meet

A rather routine Meet-Your-Candidate-Night broke into a lively question and answer session after the fourth speaker Marty Beckel asked a series of questions!

The meeting was opened by chairman Karl Joehnck at 7 p.m. Thursday, June 14. There were approximately 250 people to whom Karl explained the duties of the Board of Directors.

1. To function like a City Council, to enact rules and regulations.
2. To manage a non-profit organization.
3. To negotiate problems with the developer.

The order of the candidates was chosen by lot, Karl introduced the first speaker Donaldine Weed.

Donaldine sees L.V. as a community of active - not old - residents. In her judgment the ideas that will serve the majority of the residents should be enacted, regardless of how the minority may feel. No favors. Therefore, "NO" must be said many times. Her main object is to keep the Village the happy, lively place it has been up until now.

Ron Barlow, number two candidate, stated "We chose this way of life. The Board needs your help as a volunteer." Ron is a result-oriented person and said, "Let's resolve all problems with Leisure Technology - now - before they move on. Let's build a contingency fund and do the things that will help the greatest majority."

Next candidate, Hank Malkin, stated, "Since I have spent 50 years in a very competitive business I believe



The Father's Day picnic in full swing. Photo by Bob Clayton.

## L.V. Women's Club Hosts Fathers

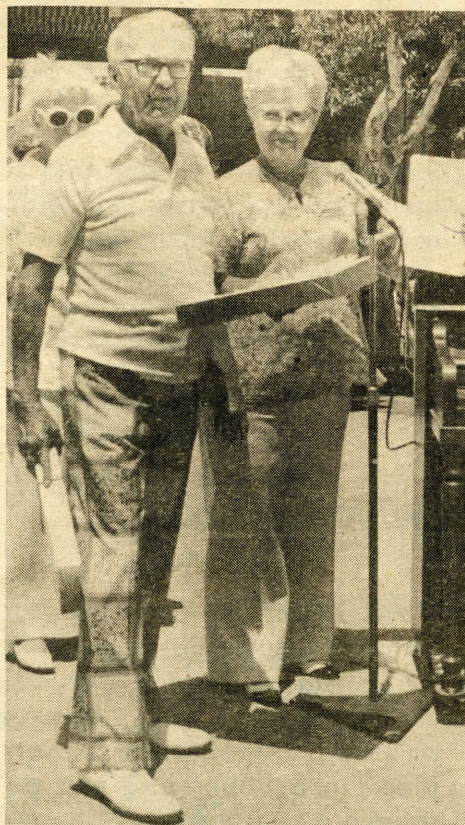
On the Saturday before Father's Day the LV Women's Club held its annual Father's

Day celebration. This time it was a barbeque, attended by about 275 members and their husbands.

Walt Whitaker and Nick DeSimone ably tended the meat. There were all the other good things that go along, of course, so the luncheon was a huge success.

Plaques were presented to Paul Wudke and Bob Fitch as Men of the Year. These men were chosen because they have been outstanding in their contributions for the good of the Village, and in their help toward the Women's Club Bazaar given each fall. Dorothy Fencel in presenting the plaques mentioned Paul's many hours spent in mending the carpeting in the Center, in building tables and other things for the bazaar. Bob has helped many times stuffing envelopes and building things for the bazaar. "These are only samples," she said.

Edith Ferrer and her Women Singers sang several numbers. Marian Tavano sang a solo, "My Dear Old Daddy."



Dorothy Fencel presents a plaque to Paul Wudke who along with Bob Fitch was named Outstanding Man of the Year. Photo by Bob Clayton.





# Inside Leisure Village

VOLUME 1, Number 3, 28 Pages

PLEASANT VALLEY, CALIFORNIA

May 24, 1979

## • O P I N I O N •

As we grew up, we were all repeatedly cautioned to read and understand everything we were asked to sign. And we so vowed. Yet probably very few of us read the LVA regulations (CC and Rs) before signing up and moving in.

We knew that rules were necessary for the operation of a large community, and it seemed likely that the proffered rules would be reasonable. But an exception slipped through.

"Article II 2.7 Commercial Use" is an odd-ball which slipped through. It prohibits any "industry, trade, occupation or profession of any kind, whether commercial or otherwise, designed for profit or otherwise." Banning virtually every human activity except eating, drinking and sleeping, it makes a farce of a needed regulation which should be clear, reasonable and practical.

Since it covers activities which are of continuing interest to many residents, and disputes over what is permitted founder on the present rule, it seems worthwhile to rewrite it.

Believing a solution to be readily available, we checked the Camarillo R-1 (Single Family Residential) Zoning. Making a few minor changes, it appears to be a good model for our use:

"Permitted Uses. Any occupation can be conducted by a resident incidental to the residential use, with no sign used; no display; no commodity sold or stored on the premises; no person employed other than a member of the resident family; no pedestrian or vehicular traffic generated beyond that incidental to residential use; no perceptible noises or fumes produced."

The foregoing is tossed out as a suggestion for a rewrite of the meaningless mish-mash written by Leisure Technology.

## Letters to the Editor

Dear Editor:

I should like to comment on your recent "Opinion" on "Fees for RVers." As you noted, under the provisions of the Homeowners Association I am entitled to a "space . . . to park an RV." I do not own an RV, but because I have not exercised that entitlement does not mean that I have abandoned it.

However, since many residents, like myself, do not use their RV space, these spaces are available and it is not unreasonable to make them available to those who want two or three spaces, as a few do. However, I also feel it is not unreasonable to charge a token rent for those spaces, say one dollar a month per extra space. This could be terminated by either party and would not establish a "possessory interest." Again there should be no fee charged for the original one space to which each resident is entitled.

As the RV Storage Area becomes filled, then those who

occupy three spaces should be the first to have to give up one space, then those who occupy two spaces should have to give up their extra space. Those who have held extra spaces the longest should be the first to have to give them up. This should be the most equitable distribution of time that could be made in a random, unpredictable situation such as this.

Donald P. Holmes  
6234 Village 6  
482-4979

## Salvage Those Aluminum Cans

According to Rudy Eis, the Camarillo Boys Club would like to collect aluminum cans to contribute to their salvage program. Flatten them (or not), place in a paper bag and put them out with the papers which they pick up weekly. After parties in the Recreation Area, collect the cans and place together in a bag beside the trash bin behind the center.

## Report of Service Committee

The Public Service Committee, chaired by Anthony Manzella, had the following report.

**ELECTRIC RATES** - if any one has not received his corrected Life Line allocation, contact Owen Vaughn.

**TELEPHONE SERVICE** - John Lauten is waiting for an answer from the Public Utilities Commission regarding extended telephone service. A telephone engineer in L.A. promised to check into the 40 mile limit from downtown L.A. regarding the Optional Residential Service; other areas exceed this 40 miles, so maybe we can.

He also spoke with Mr. Hester of G.T.E. who promised to study Optional Calling Measure. This would cost \$11.50 per month for each additional exchange you wish to call, with limited calling privileges between 8 a.m. and 8 p.m. and unlimited calls after 8 p.m.

Our local Chamber of Commerce would support our efforts to improve local telephone service.

**FLOOD CONTROL AND DRAINAGE** - Leisure Technology is bonded to maintain the Flood Control Channel until it is completely improved. Silt is still coming into the V5 and V7 drain from the Pardee property. Our Board of Directors has notified Pardee and the City of Camarillo by

letter that they will be held responsible in the event of any further drain clogging.

If we have what is known as a 50 year storm, water might back up to our homes, if greater than a 100 year storm, water could get into some homes. The freeway bridge over Conejo Creek is the constricting point for flooding. If water goes over the bridge, we would be flooded. When the freeway is improved we should insist that the bridge level be raised.

Our Board has approved the employment of engineers to check our drainage system.

**ACCESS ROAD** - Roland Rohde stated that the Adolfo Road extension consists of two stages. Lewis Rd. to Flynn, built first, then from Flynn Rd. to Mission Oaks Blvd. There is enough money for a grade level crossing of the R.R. tracks but to bridge Calleguas Creek would need Federal aid and might take 2 to 5 years to negotiate. It was suggested by Sandy Okum that our Board of Directors write a letter to Camarillo City Council opposing the dangerous on-grade R.R. crossing.

Ventura County Supervisor MacDonald's administrative assistant Ann Schlange visited during our entire meeting and was very impressed with our work. She promised to help in any way she could.

**All staff and interested persons are invited to the meeting Wednesday, July 11, 7:30 in the MCR.**

### INSIDE LEISURE VILLAGE STAFF

#### EDITORIAL STAFF

LEW SIMON  
FRANCES GOLD ROMAIN LAMBERT SANDY OKUM  
BETTY MURRAY VIRGINIA PREECE

#### NEWS STAFF

GENERAL NEWS: Lori Kaye, Harry Jacobson  
CLUB NEWS: Pat Jackler  
SPORT NEWS: Lillian Heimowitz, Teo Kamola  
VILLAGE NEWS & VITAL STATISTICS: (Volunteers are needed from each village).

#### FEATURES STAFF

HEALTH: Sandy Okum  
TRAVEL: Sylvia Altes  
LITERARY: Frances Gold  
INTERVIEWS: Millicent Hofmann  
SOCIAL: Ruth Hart

CONSUMER AFFAIRS: Alice Taylor  
SPECIAL FEATURES: Pat Jackler  
LETTERS TO THE EDITOR: Lew Simon  
CLASSIFIED ADS: Teo Kamola

#### PRODUCTION

ILLUSTRATIONS: Ruth Boyd, Stephanie Kamola, Aaron Gaines  
TYPING: Zita Wayne, Norma Gotzian, Irene Ferguson, Helen Strauch, Nancy Whitaker.  
PHOTOGRAPHY: Walt Whitaker



## Gem Opera Members Perform at Leisure Village

By Peter Hall

On Saturday, June 2nd, some 150 Villagers were treated to a rare and delightful experience.

Four members of the GEM Opera Co., two of them residents of Leisure Village, appeared in concert, presenting songs, arias and ensembles from Grand Opera to Musical Comedy.

It is difficult to single out any one performer or composition, but the warm applause and standing ovation at the end of the concert recognized some of the finest singers heard in this area and acknowledged the

vocal sparkles of Irene Cummings, the regal beauty, vocal and physical, of Evelyn Muser, the vocal versatility and showmanship of Gert Muser, and the profundity of Al Marra's bass.

The soloists, assembled for this concert, have delighted audiences all over the U.S.A. and Europe, their credits including Stage, Radio and TV.

IRENE CUMMINGS, a native of Ventura County, sang with the New York and San Francisco opera and the Tennessee Ernie Ford show.

See Gem C-4

### WHAT'S YOUR PLEASURE, READERS?

We have now published four issues and would like to learn your reactions and preferences.

1. How can the paper be improved?

A. \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_

2. The large type size was chosen to make it easier to read. A smaller size would allow more copy.

Which do you prefer?

A. Continue large type size ☐

B. Use smaller type size ☐

3. The LVA Board meetings are reported in detail. Is this long report of interest to you?

YES ☐ NO ☐

4. Would you care to make any general comments about the paper?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please place this completed questionnaire in the ILV box in the recreation building parking lot entrance below the club bulletin board. If the box is not yet there leave it at the recreation office.

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Camarillo



## LV Emergency Procedures

By Chief Gil Reimer

Leisure Village is a peaceful, happy place to live most of the time. Then someone is ill or injured, or there is a fire in a home. Then, we go to work. "We" are Security.

Let's take a "routine" emergency. John Villager, 12345 V.12, comes home after eating well, drinking moderately, and dancing a great deal. Suddenly he feels a constriction in his chest - pain radiates from his body into his arms - breathing becomes difficult. He gasps something to his wife who turns to the phone, noting the emergency number on the phone sticker provided by LVA.

In the Main Gate House the duty officer picks up the receiver as the phone rings. He notes the light is on the right hand side of the console - EMERGENCY! Routine chores are forgotten. "Security, this is Mrs. Villager. My husband seems ill!" "May I have your address, please. Someone will be right there!" The officer

reaches for his radio. "Unit 3, illness, possible heart attack. 12345, repeat, 12345, emergency!" As the radio message is finished, the officer presses a red button on the automatic phone dialer, which will dispatch Fire Department rescue and an ambulance in a matter of seconds.

Meanwhile, Patrol Officer Mike Gilyle has flicked on his red light and is calmly breaking every speed rule in the book. He leaves his vehicle in front of the residence, taking the ever present radio and a medium size green case inside. About 150 seconds after the phone call, the apparently unconscious Mr. V is receiving oxygen and the rhythmic pressures of CPR. Five or six minutes later a man from the Ventura County Fire Department is beside them, and shortly later ambulance attendants are there to load him, now breathing on his own, into the waiting ambulance for transport to PV Hospital.

This story is fictitious, but the

details are true. It has happened in this village many times. Your Security Department made the difference by arriving seven or eight minutes before the Fire Department, or Mr. V might have died.

A great deal of credit goes to Officer Mike Lyle, a resident of the Village, who has spent many hours training and retraining Security personnel in CPR techniques. Mike has, with the assistance of Your Neighbors Care Group and other village organizations, acquired the latest teaching materials, and also conducts classes for villagers.

We hope that none of our readers will ever have to have this kind of service from Security, but just in case, here is a short check list of things to have and to do:

1. Be sure your phone has the LVA emergency sticker attached. If you don't have one, the LVA office will give them to you.

See Procedures C-9

## Gem

Cont. from C-3

EVELYN MUSER, the star of many musicals and operas, was hailed by the Los Angeles Times, together with Irene Cummings, for their rendition of "Hansel and Gretel" as: "A gift straight from Heaven."

The powerful and beautiful bass voice of ALPHONSE MARRA promises instant recognition, as was attested in a recent performance of "Sarastro" in Mozart's "Magic Flute." He is also heard every Sunday as the host of KOVA's Operatic Highlights.

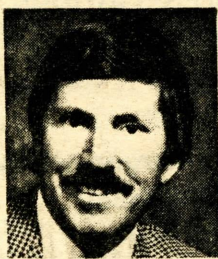
GERT MUSER has been applauded in most of the major opera houses of the world. Together with his wife Evelyn, they are frequently heard in this area in concerts and recitals. His expertise in vocal physiology results in invitations here and abroad.

If there is enough demand for a repeat performance, GEM Opera would be willing to consider a Sunday afternoon concert with reduced prices. Please write to your recreation office and state your request.

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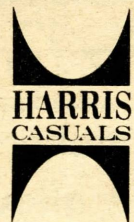
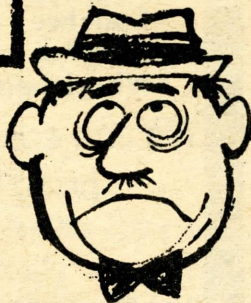
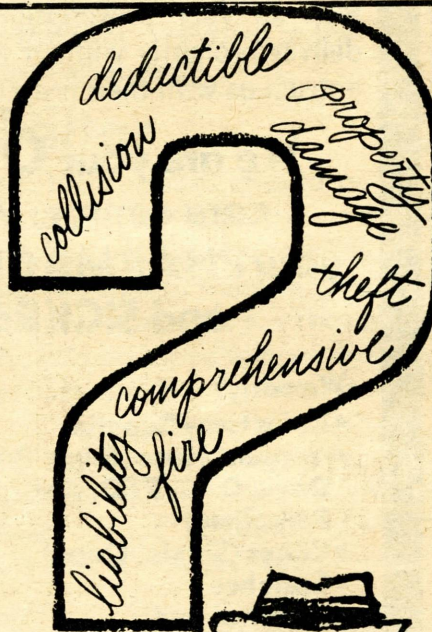
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## Ventura County Symphony Assoc.

By Margaret Wilson

A variety of exciting musical events, under auspices of Ventura County Symphony Association, are on tap for Village music lovers during summer months.

On Saturday, July 14, the public is invited to attend the final round in the annual Young Artist Awards competitions at 8 p.m. in Ventura College Theatre on Loma Vista Road. Six talented young pianists and singers from throughout California, chosen during an earlier preliminary judging, will compete for the top prize of \$150 in each category. There is no admission charge - and nothing to equal the drama and emotion of watching these young people, winners all, in performance.

If "pop" is your pleasure, a rousing pair of Pops Concerts are set for Saturday evening, July 28, in Oxnard Civic Auditorium, and Sunday afternoon, July 29, in Libbey Bowl, Ojai. A twin program of familiar favorites and light

classics will be played by the Ventura County Symphony Orchestra under the baton of Conductor Frank Salazar.

The Oxnard concert begins at 8:15 p.m. and will feature many surprises to add to the evening's fun. Sunday's event will get under way at 4 p.m. Plan to come early or stay late and enjoy a family picnic in the lovely Ojai setting. Snacks, desserts and beverages will be available. For tickets or information, call Margaret Wilson, 482-5036.

## City of Hope

By Sandy Okum

Y.N.C.G. will present An Evening with City of Hope, July 16, at 7:30 p.m. in the Assembly Room.

Jules Gordon, coordinator, will give us a slide and sound presentation of the City of Hope. This will be followed by a brief talk on the latest medical breakthroughs at the center, as well as some of the questions concerning the catastrophic illnesses the doctors are fighting at the City of Hope.

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Milton K. Eckerson  
Village 15

Philip Trubitt  
Village 1

Nathan Franklin  
Village 20

Milton Weintraub  
Village 20

George Karlin  
Village 20

W.E. "Nick" Wensley  
Village 5

### Shaping the Clay

Dedicated to Nancy  
By Ethel Elfenbein Goldberg

Sand, clay and water . . .  
Mix them, wedge them . . .  
Shapeless heap, formless  
mass...  
Mold it - shape it.  
Press here with fingers,  
Shove there with thumbs.  
Spin the wheel . . .  
Pull and stretch.

Little cups, round and firm.  
Bowls and pitchers,  
Saucers and plates.  
Heat in the flame, then cool.  
Behold beauty to be used.  
Hear the pleasant ring of it!

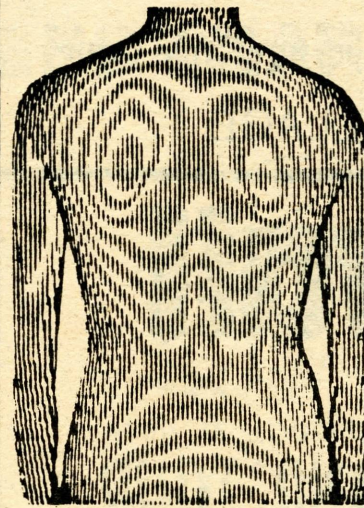
Potter, be happy!

Skin, flesh and bone . . .  
Warm, soft and helpless.  
Eating, sleeping,  
Growing, learning.  
Cuddle them, kiss them,  
Scold them, teach them.  
Little fingers, round and firm.  
Eyes alert and minds  
expanding.  
Taller, broader. Babies grow,  
Guided by love,  
Shaped by schooling, formed  
by work.

They reach for the future . . .  
For beauty . . . for  
usefulness!  
Their lives will be a pleasant  
song!

Mother, be happy!

## CONTOUR ANALYSIS



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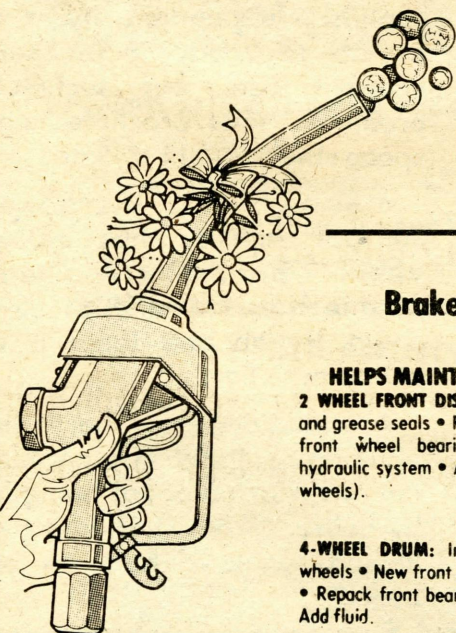
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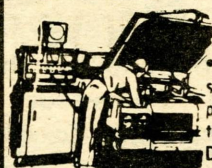
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## Skylab Falling

By Herbert K. Arnold

A recent newspaper headline caught my attention: "Skylab will soon be falling back to Earth." I just looked around the room at my framed Skylab Astronaut uniform patches and other memorabilia. Has it been six years already since we launched America's first space station? As a member of the NASA Quality Assurance Team we were responsible for monitoring the fabrication and testing of our new flying laboratory. We at NASA had just completed our Apollo Moon Exploration Program in 1971 and now we embarked on a new and challenging adventure. From a standpoint of reducing cost we used leftover Apollo hardware - even the Skylab living quarters was a converted Apollo-Saturn 3rd stage booster.

It was interesting and exciting, checking out the flight crews. Subsequent to the launching in 1973 the big difference in the Space Station became apparent. Instead of the cramped interior of an Apollo capsule, they lived in an area as spacious as a two bedroom house. Menus were selected from a wide variety of frozen or dehydrated food - even delicacies such as chicken casserole and lobster Newburg were aboard. The compact library included Shakespeare plays, and taped music of the Tijuana Brass Band went aloft with the astronauts.

Smoke alarms which today are standard items in our new homes were invented for Skylab, to alert the crew in event of a problem. Miniature electronic devices such as a

cardiac pacemaker or a pocket-sized calculator are "spinoffs" from our requirement to minimize weight in space flights.

Aside from numerous experiments conducted by the three different crews, we were anxious to learn the effects of long periods of weightlessness on the human body - essential information in advance of any inter-planetary travel. The Solar Telescope gave us numerous photographs of activity on the sun's surface, the source of much of our energy, unhampered by Earth's atmospheric conditions. The camera, deployed through the Skylab windows, aided in surveying mineral resources, flood and erosion control, crop production, ocean technology, taking 20,000 photographs in all.

After the third crew returned safely to Earth, Skylab continued to speed around the globe, completing each orbit every 90 minutes, at an altitude of approximately 275 miles. It was planned that the new Space Shuttle Air Bus could replenish expendable items in Skylab to ready it for subsequent use, but technical problems have precluded any space shuttle flight to date.

Meanwhile, increased sunspot activity has raised upper atmospheric temperatures sufficiently to slow down Skylab and force it to plummet to Earth.

I still have my hard hat hanging out in the garage, but I am not worried about being hit by debris - I am confident that Skylab wouldn't hurt an old friend.

## Howard G. Bells

### Celebrate 50th Anniversary

On Sunday, June 17th, the children of Mr. and Mrs. Howard G. Bell gave a reception honoring their 50th wedding anniversary in the Woman's Club Room at our Recreation Center. About 75 of Howard's and Helen's friends and relatives attended.

Their son Howard, Jr. and his wife Marcia, and their

daughter Joyce and husband Sidney Eggleston, were co-hosts at the party.

The Bells have four grandchildren, Stacey and Sidney Eggleston and Stephen and Scott Bell, who were among those present.

We in the Village wish you many more such happy occasions, Howard and Helen.



## Procedures

Cont. from C-4

2. Even if you are trained for emergencies, call us first. You will need help.

3. When the officer arrives, stay calm. Be ready to assist in any way he might request.

4. Have a list available of all medicines the people in your home are taking. The doctors at the hospital will want to know.

5. Don't wait to call us! Call when first symptoms appear. We would rather make a "dry run" than be late when we are needed.

## CLASSIFIED ADS

In compliance with Leisure Village Regulations, only ads for the sale or rental of properties owned by the advertisers can be accepted. Ads should include the name, phone number and address of the advertiser. A contribution of one dollar is requested for each ad to be used to cover costs of stationery and film for paper. Enclose a dollar bill or a check made out to "Cash" with the ad and send to Classified Ad Editor, P.O. Box No. 3127, Camarillo, CA 93010. The deadline for ads is the 15th of each month.

**HAWAII CONDO RENTAL** overlooking the ocean. Fully furnished one bedroom, with TV, washer and dryer. North end of Oahu, 30 min. from Waikiki. \$250 per week, reservations in advance only. Call 482-5569 for information.

**FOR SALE:** New Valencia - Leisure Village. Beautiful mountain view. Available for occupancy now. Priced under market, by owner. 482-8388 or 484-9415, Pierce, 24103 Village 24, and 24101 Village 24.

## Deposit Boxes Approved

By Frances Gold

Since our last publication, the LVA Board has acted favorably to supply six locked boxes for the use of various groups, including Inside Leisure Village. They are to be located near the bulletin board by the parking lot entrance to the Recreation Building. Joe Gaynes is attempting to find suitable boxes and he hopes to have them in place by this paper's delivery date.

We are very grateful for this will be a convenience which is sure to make it easier for us to serve you better.

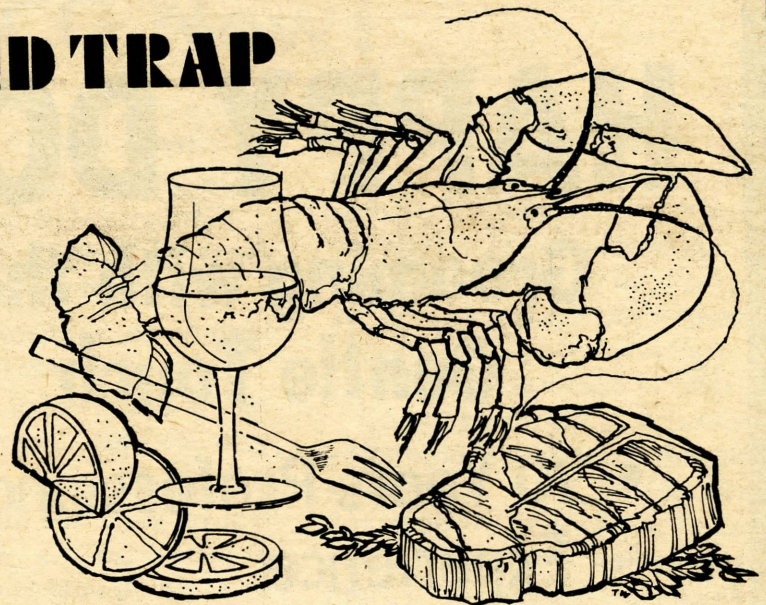
**FOR SALE OR RENT:** Leisure Village Capri. Double garage, covered patio and fence, plus all upgraded interior. By owner. B. Pierce, 482-8388, 24103 Village 24.

**FOR RENT:** An Eldorado, unfurnished, in Leisure Village. Drapes are installed. P. Schrier, 25329 Village 25, Phone 484-3318.

**FOR SALE:** 1979 Dodge Maxivan with CB radio, power steering and brakes, FM. Will have about 8,000 miles miles after I move my personal goods to Leisure Village in August. Charles Lang, 15001 Lake Shore Road, Kent, N.Y. 14477. Phone (716) 682-4635.

**WANTED** for Cardio Pulmonary Resuscitation Training. If you can type and use the phone we need you. Trained CPR rescuers needed to assist Instructor. Call Mike Lyles 484-8743.

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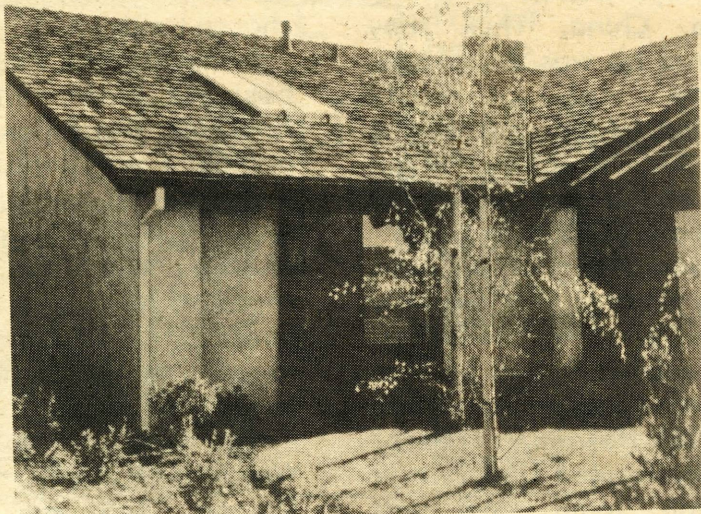
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## Profile - Gil Reimer

By Betty Murray

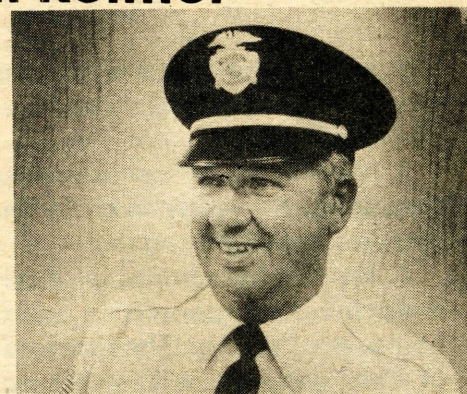
Most people call him "Chief," but he also has the title Brigadier General, U.S. Army, Retired. Gil Reimer's life sounds like a far-out adventure story, and, in fact, a biographer has prepared either a book or a movie script for early release. Author Frank Drdick has not yet chosen a title.

Despite the fact that the Chief wears a uniform, and a badge, and always has his ominous little black radio beside him ready for whatever call-to-action should come, he is far from tense about being our Security Officer in Leisure Village. He talks easily about his own family, his greater family in Canada, the ancestral Reimers traced back to 1540 in Germany, and his church - he is a Deacon in St. Luke's Lutheran Church in Woodland Hills.

Gil Reimer was a farm boy on a 2,000 acre wheat farm in Manitoba, Canada. Farm and family life were great, but the independent and spirited boy could not cope with the strictness of the Mennonite Church. At age eleven he ran away, roaming as far as Florida before he was returned home. He ran away again at age 13, and joined the U.S. Army when he was barely 14. A year later he was in a Cavalry Troop in Manchuria, protecting U.S. missionaries from Chinese bandits. He participated in the last full cavalry charge (including drawn sabers) of the U.S. Army: March 1940, in Tsingtao, China. Then they discovered he was under-age, and he was promptly discharged. After hitchhiking to Shanghai, he eventually got a job as stoker on a cattle boat coming back to San Francisco.

The youngster bought a train ticket to Chicago, but got only as far as Denver before he met a Navy recruiter, and he was off to boot camp in San Diego (almost 16). He volunteered for the newly formed Underwater Demolition team and was transferred to the Marines for this duty. Ultimately in WW II, he was in 28 engagements in the Pacific, Atlantic, Normandy, and Sicily. He was captured three times, but broke loose each occasion.

He remained in the active



**Gil Reimer**

army reserve after 1947, and was called up for the Korean War receiving a direct commission to Captain and then to Lt. Colonel. He was Colonel in the Vietnam War, for two years head of a Military Police unit in Saigon. He retired in 1967 after 28 years service, and in Oct. 1977 the U.S. Congress appointed him Brigadier General, U.S.A., Retired.

Education? Gil went to night school for a year after WW II, and received his high school diploma at age 25. It took 14 years to earn a Bachelor's Degree in Business Administration (UCLA), but then he earned two Masters Degrees in Political Science (USC), and Military Administration and Logistics (U.S. Army War College), and he taught field grade officers at the War College in Fort Leavenworth, Kansas.

Gil married his Dad's secretary in Chicago in 1945. Louise was also his childhood sweetheart from back home. They have two sons and a daughter, all doing well in their chosen fields.

In civilian life, Reimer was a business man in various financial institutions - vice-president of Equitable Savings and Loan Association, mortgage banker and appraiser - and he had a heart attack. He regained his health after open heart surgery, was too young to really retire, but needed less tension in his daily routine.

His wife Louise works at Westlake Hospital and knew Marsha Berman, our Administrator's wife, who arranged for Stan to meet Gil. As a consequence, Reimer was hired for L.V. Security. He has created the emergency response force for L.V., and now heads 20 guards and officers.



## To All Women

The American Cancer Society has a volunteer service called "Reach to Recovery." Every volunteer is a former mastectomy patient, who is trained to help any woman who is either facing a mastectomy or has had one. They will make a visit at home or in the hospital and demonstrate the necessary post-mastectomy exercises. The volunteer will give moral support that is so badly needed and supply the patient with a kit that contains an informative booklet, a temporary breastform, a list of shops who sell and fit permanent breastforms, plus other helpful hints. We have 2 volunteers right here in our village. If you need help or know of someone who does, please call one of these numbers: 484-2387, 484-4930.

This service is free, and we want to help. The R.T.R. volunteers are anxious to contact all who need them. Don't hesitate to call us.

July is the month for previous members to renew, or new members to join the Your Neighbors Care Group.

Y.N.C.G. is perhaps the most active and helpful group in the Village. A list of its benefits is indeed impressive. They include these free services:

Conducting a monthly blood pressure clinic for more than 2½ years.

Distributing over 2500 Senior Citizen Discount Cards.

Distributing 1400 Vials of Life.

## Join YNCG Now!

Conducting a yearly glaucoma and hearing test.

Providing an informative guest speaker every month.

Providing needed transportation to visit doctors.

Loaning hospital equipment (beds, wheel chairs, etc.).

Providing information about available doctors, dentists, etc.

Although these things are free to all who ask, they do cost money. The easiest way to support this organization is to become a member. To join, simply cut out the membership

form which appears on this page, fill in the blanks, and enclose in an envelope along with \$1.00 contribution for each member of your household.

If the mail box by the Parking Lot Entrance is not yet in place, please take your envelope to the Recreation Office window.

Do not be afraid to volunteer your help for any of the services listed. Y.N.C.G. promises not to abuse your offer. Usually you will not be called upon more than once or twice a year. Remember, Your Neighbors Care Group REALLY CARES.

### YOUR NEIGHBORS CARE GROUP MEMBERSHIP FORM

Name \_\_\_\_\_ Address \_\_\_\_\_ V. \_\_\_\_\_ Telephone \_\_\_\_\_

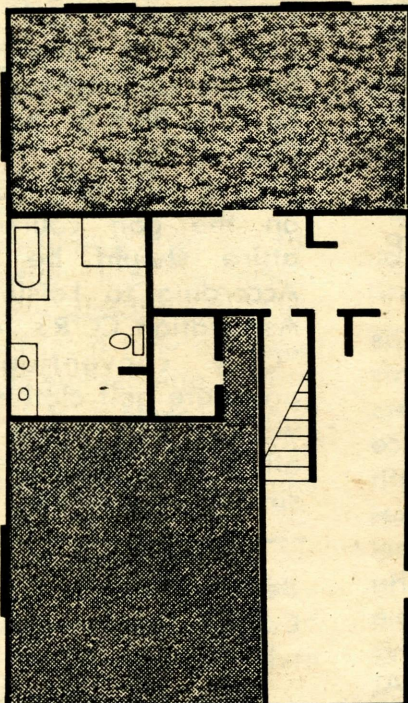
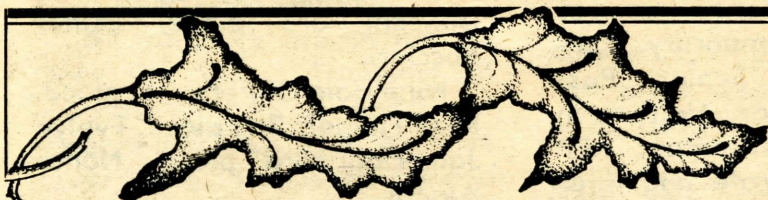
Days & Hours preferred to work \_\_\_\_\_

TYPE OF SERVICES YOU CAN VOLUNTEER FOR (Please check ✓) (A) Transportation \_\_\_\_\_

(B) Household \_\_\_\_\_ (C) Errands \_\_\_\_\_ (D) Companionship \_\_\_\_\_

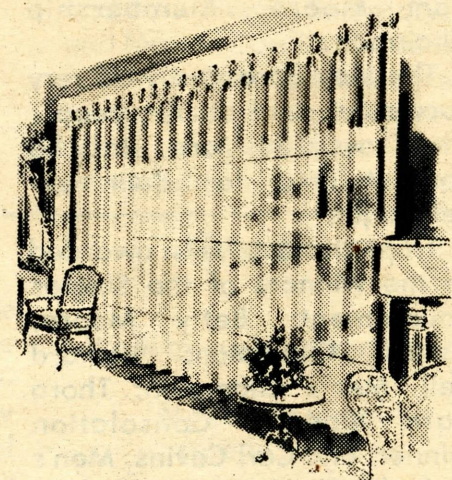
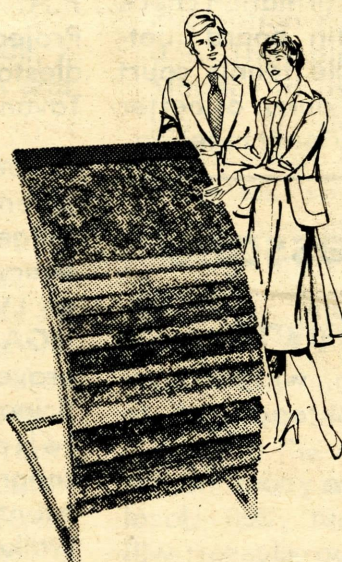
(E) Prepare meals \_\_\_\_\_ (F) Village Helper \_\_\_\_\_ or MORAL SUPPORT \_\_\_\_\_

Date Paid (\$1.00) \_\_\_\_\_ Your signature \_\_\_\_\_



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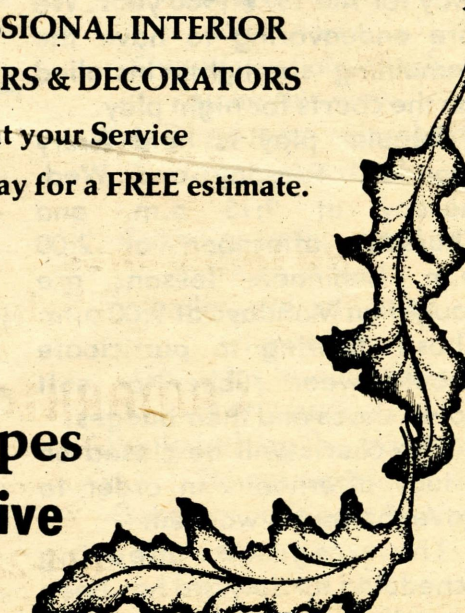
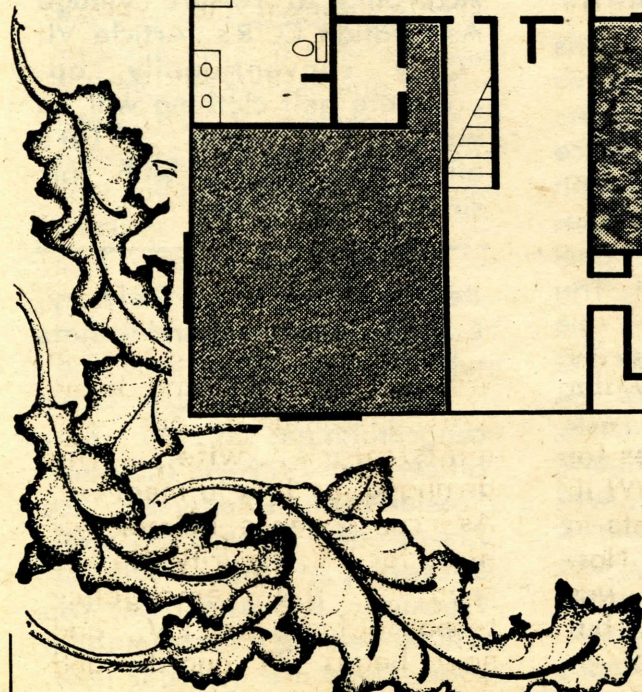
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Left to right: Harold Crosby, Will Schriber, Alex Adams, Al Lohman, Howard Bolten, Thora Carr. Walt Whitaker, photographer.

## Shuffleboard

By Howard Bell

The new officers elected to serve during the 1979-1980 year include Orpha Hughes, President; Floyd Fulton, 1st Vice President; George McCormick, 2nd Vice President; Louise Colbert, Recording Secretary; Elsie Smith, Corresponding Secretary; Gladys Gray, Treasurer; and Tom Moore, Membership Chairman.

The May Barbecue was very successful, and all the people that assisted are to be congratulated for their excellent job.

Trophies have been awarded to the winners of the Singles Tournament: Betty Moore, Ladies' Champion; Howard Bell, Men's Champion; Thora Carr, Ladies' Consolation winner; and Carl Cavins, Men's Consolation winner.

A membership drive is under way for the 1979-1980 year. We are endeavoring to have the remaining six lights installed on the courts for night play.

Regular play is held every Monday, Tuesday and Wednesday at 9:15 a.m. and Thursday afternoon at 2:00 p.m. Beginners lessons are taught on Mondays at 9:00 a.m. Those desiring to participate should wear rubber or soft soled shoes and their badges.

The courts will be closed on Friday afternoons in order to have the courts washed.

The regular meeting scheduled for July 3rd has been cancelled.

## Racquet Club

By Virginia Hawes

The Leisure Village Racquet Club is fast expanding - we now have 142 members.

The Club meets the second Wednesday of every month in the Women's Club Room.

At the last meeting a committee, chaired by Jerry Banchik, was set up to make plans for our first party. Suggestions by members are welcome.

Paddle tennis and tennis enthusiasts are invited to join. The membership fee is only \$2.50 per year, and this includes a club emblem. Additional emblems may be purchased by members for \$2.00 each.

For further information check the club bulletin board (between the paddle tennis court and the tennis court); or better still, come to our next meeting.

## Golf Lessons

Gerson Okum, Golf Instructor at W.L.A. College, Adult Education, will be back this summer to teach golf to L.V. residents.

In the past two years, he has instructed about 300 local residents. Group classes will begin Friday, July 13, for beginners and advanced beginners. Five 1-hour group lessons, one per week, for \$15.00. Meet at nearby Encanto Park.

Call Sandy Okum, 484-3348, for sign up.

## Men Golfers Install Officers

By Walt Smuske

Walt Smuske, outgoing Men's Golf Association President, thanks all the 350 members, the Officers and Chairmen, for their assistance during 1978-79. The fiscal year (July 1, 1978, through June 30, 1979) is about to close. The outgoing MGA officers are: Walt Smuske - President; Dick Schafer - Vice President; Pat Maher - Secretary; Fran Doyle - Treasurer. The other members of this Executive Board were the following six chairmen: Art J. Wilson, Handicaps; Bud Coffin, Membership; Walt Whitaker, Long Golf; Jack East, Bar and Special Events; George Huddleston, Greens; Al Podewils, Budget; and Ex-Oficio was Dan Guterman, PP.

There were several other members appointed to important positions, or as chairmen of temporary committees. Our Senior Past President George Holtfrerich was parliamentarian; PP Harvey Shirk wrote and later revised the MGA Constitution as it was amended. Don Jackson was rules chairman; Al Podewils, Publicity; Charles Bellanti, Nominations; Pearle Johnson, Auditor; Mike Fazio, P.A. System; Eric Ward, Projectionist; George Huddleston, Trophies; and F. Tavano, Refreshments.

Special recognition was given to Bob Anderson for his diligence on Sign-up Sheets every week, for his assistance at LV golf tournaments both MGA and WGA and for improvements to greater participation. Thanks, Bob! The following are to be congratulated for conducting events like picnics by Al Walker, Don Grant, Estabrook, Huddleston, Lewis, Howell, and BBQs by DeSimone and Whitaker, the Championship & President's Cup Golf by Leo Gesseck. Those monthly Captains such as Boyd, Shirk, Haley, Moy, Sopko, Ojeda, Spurlock, Norvig, O'Neill,

## Women's Golf

The last of the Mixed Couples Scotch Twosomes and picnic for 1978/79 was held on June 19 and 20. Ginny Cordell stated, "Everyone had plenty of goodies. I feel it was a huge success."

Marie Story is still accepting memberships. Dues are \$5.00 a year. If you want to be listed in the Leisure Village Women's Golf Association Directory, the deadline for payment is June 25th.

Results of the President's Cup Tournament, completed on June 13th, were announced by Lil Heimowitz, Tournament Chairman. Winners for 18-hole golfers were:

"A" Flight - 1st place, Edie Sena; 2nd place, Nita Parentice; 3rd place, Shirley Johnston.

"B" Flight - 1st place, Wini Moffitt; 2nd place, Millie Pederson; 3rd place, Corky Milman.

"C" Flight - 1st place, Maria Meyers; 2nd place, Ethel Duncan; 3rd place, Esther Buccieri.

Nine Hole Golfers - 1st place, Rose Fleiner; 2nd place, Evelyn Jamerino; 3rd place, Nancy Alongi.

Marge Long, President of L.V. Women's Golf, says, "We are looking forward to our installation luncheon to be held on June 26th at the Las Posas Country Club."

As a point of good etiquette on the golf course: Proper attire should be observed. According to Leisure Village Association CC's, Article VI: "Only conventionally appropriate golf clothing will be worn on golf course . . ." Let's all try to comply with this simple requirement.

Bellante, Gary, Gaffney, Cordell, Hayword and others who volunteered.

Good luck! And congratulations to the new officers for 1979-80. They are: President, Neils Pedersen; Vice President, Abe Milman; Secretary, Bill Wiegel; Treasurer, Bob Anderson. You will be hearing a lot from them soon. Dues are in order now. Thank you.



## Solo Club Dinner

On Friday, June 15, about sixty-five single men and women who belong to the Solo Club met for their regular bimonthly pot luck dinner, which was a huge success. People who live alone really do appreciate cooking when the product is to be shared.

There was good entertainment, too. Eight members of the Thursday morning tap dancing class performed. Daisy Bien, Trudy Orson, Mimi Kaufman, Miriam Hassen, Eldred Silva, May Quinn, Ginny Cardell, and Piff DeSimone say that they welcomed this chance as a kind of dress rehearsal for them before a coming recital by all the classes of teacher Judy Erickson in Thousand Oaks. If that was a rehearsal, the recital has to be good.

Afterward the group played Bingo. The next dinner to be given by the group will be a catered one on August 17. All singles in the Village are invited.

## World Traveler's Club

By Rhonda Smithkin

All villagers are invited to join the World Travelers of Leisure Village at \$5.00 per couple or \$2.50 single. We have over 200 paid up members and we're growing. You must be a member in order to take advantage of the trips we now offer and the many trips we plan in the future. Contact our Membership Chairman, Ben Robbins, at 484-5998.

We have some exciting trips planned including 2 groups for the Mazatlan trip for which there is now standby only. Our Hawaiian trip, a new offering, will include sightseeing on four islands, all transportation and transfers, and many meals. The cost will be \$739 for two weeks starting around October 30. Call Hank Raiton, 482-7089, for reservations, a \$100 deposit is required. A colored detailed brochure with full itinerary is available.

Be sure to attend the next meeting on Thursday, July 12, at 7:30 p.m. in the Assembly Room. There will be a beautiful program on the Hawaiian Islands.

For further information call Joe Ellenbogen, President, at 484-5868.

## Bingo

By Marian Tavano, Coordinator  
Hooray! We've reached our goal! We have accomplished what we once thought would be impossible!

Many thanks to you, our devoted weekly players who donated so generously, couldn't have done it without you. Also a big thank you to the Woman's Club, Rhythmettes, Y.N.C.G., Village Players, Bocce and High Twelve Clubs: Your support is greatly appreciated.

We've already ordered our new Bingo set-up and expect it sometime this coming week. We'll set it up as soon as possible. When we do, come help us celebrate this new addition to Leisure Village, for your pleasure and enjoyment.

## Thursday

### Afternoon Bridge

By Paul M. Wudke

May 17th: 1st prize, Isadore Zindler; 2nd prize, Dick Van Horn; 3rd prize, Kea Curry

May 24th: 1st prize, Kea Curry; 2nd prize, Fran Herman; 3rd prize, Hazel Rhein

May 31st: 1st prize, Emil Farkas; 2nd prize, Walter Hall; 3rd prize, Charles Bley

June 7th: 1st prize, John Simmons; 2nd prize, Allen Spero; 3rd prize, Harold Peet

Grand slam bid and made, 7 no trump, Miriam Norman and Lee Hauf.

## Bocce Picnic

By Ruth Resnik

The 1979 Summer Picnic of the popular Bocce Club will be held July 18th at 12:30, at the beautiful tree filled picnic area of Leisure Village. Members and friends are in for a treat! Free beer and delicious home-baked cakes (by our lady Bocce players) will be included in the price. Tickets are on sale Monday, Wednesday and Friday from 1 to 3 p.m. at the Bocce office. Cut off date is July 13th. Price of tickets - \$3.00.

All members, both ladies and men, are urged to sign up for a tournament to be held July 9th.



Village Swingers - Outstanding Officers. From left to right: Gene and Lucy Coke, Bob and Joan Guhl, Romaine and Tom Lambert, Art and Mae Gregerson. Photo by Fred Detmers.

## Village Swingers

On June 5th the Village Swingers Square Dance Club held a pot-luck dinner in the Assembly Room, and at the meeting which followed, praised the outgoing Board for their enthusiasm and work. Everett Fuller, on behalf of the Club, presented Bob Guhl, President, with a handsome Western style belt buckle made by Ray Chryst. To the President's Lady, Joan, he gave a lovely pair of matching earrings. Outgoing officers besides the Guhls were Gene and Lucy Coke, Vice President; Tom and Romaine Lambert, Secretary; Art and Mae

Gregerson, Treasurer. Committees were Bill and Phyl Bilharz, Activities; Glen and Frances Rominger, Historian; Vern and Elsie Weetz, Hospitality; Fred Detmers, Photographer.

The Guhls were reelected for a second term, and the following were installed as new officers: Art and Marilyn Duerrstein, Vice President; Al and Ruth Siegal, Secretary; Les and Marian Cornils, Treasurer.

The Club is looking forward to another successful year and offers congratulations to the new leadership.

## Bicycle Group

On Monday, June 25, bicycle enthusiasts met at the Recreation Parking Lot at 8:30 a.m. They plan to meet every Monday at the same time and place. It does not matter whether you have two or three wheelers - small or large, come along and meet, then wheel through our Village.

## Rhythmettes

The Rhythmettes will present a program of spirited patriotic music at the 4th of July picnic. Come and Sing-a-Long!

On July 10, the group will install their new officers at a luncheon at the Hitching Post Restaurant. The new slate is:

President - Virginia Schafer  
Vice President - Beatrice Price  
Secretary - Lillian Anderson  
Treasurer - Florence Friedman

## Gazanias

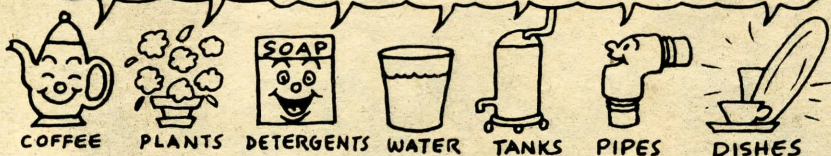
Walk by my house sometime  
and see  
My carpet of gold,  
spread regally -  
Gazanias, awakened by  
noon-day sun,  
Falling asleep ere  
day is done.  
Should you come back  
along this way  
You'll find them refreshed,  
in proud array.

Gazanias, a thousand or  
more en masse -  
Smiling warmly at all  
who pass.  
Gazanias tossing their  
pretty heads,  
While fluffing the fragrant  
flower beds!  
Gazanias, a-bloom by the  
grace of Heaven -  
To carpet a lawn  
in Village Eleven!



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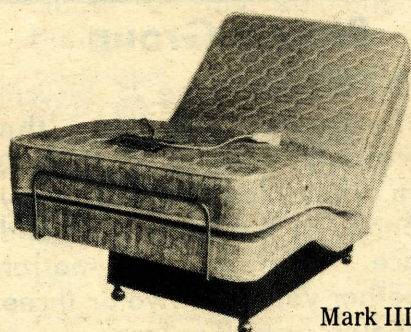
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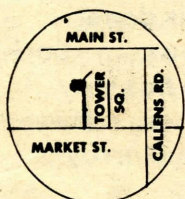
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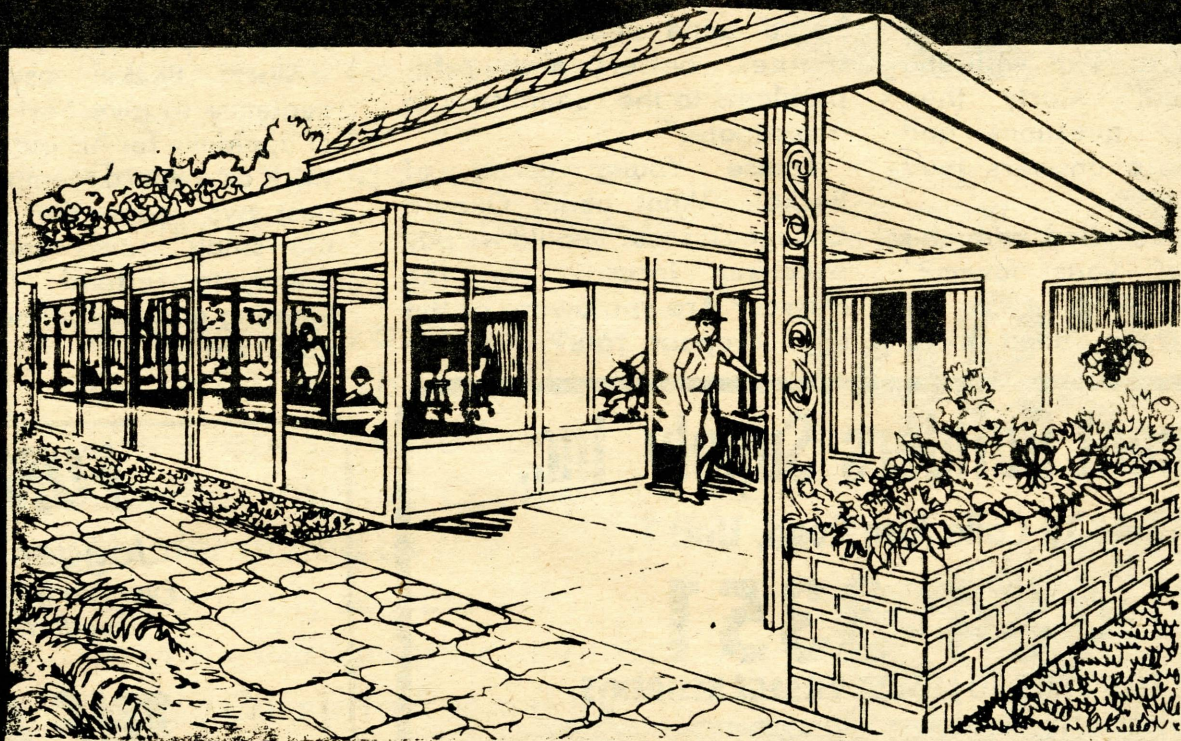
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## Beckel

Cont. from C-1

the budget is the most important item with which the Board has to deal. I believe in a lean budget, and an open governing body. The committees are the eyes and ears of L.V. There is no 'free lunch' - you get what you pay for."

Number four, Marty Beckel, stated, "The Board works long and hard. You hear some problems once a month at board meeting, but there are many more that are discussed in executive meeting every Monday. The Board should question and expect answers from our department heads on many problems including landscaping, security, L.T., etc. The Board should depend more on committee judgment and allow them to help with the Board's load." Marty then asked these questions and received these answers loud and clear.

"Are you satisfied with the condition of your lawns?" "NO!"

"Do you have dead trees

around your home?" "YES!"

"Is security all that it should be?" "NO!"

"Why wasn't the T.V. tower situation settled a long time ago?"

"WHY NOT!"

The meeting was opened for questions from the floor. Gene Markley asked Beckel, "You asked a lot of questions, but what are the answers?" Marty said it would take longer than five minutes, but he would demand proper answers to the problems from the persons in charge or those involved with the situations. Ben Drasin asked Marty, "Should the committees have more power?" His answer, "The board could utilize the committees better and refer problems to the committees to investigate."

Louise Young asked of Beckel, "What about Oxnard College classes? Should we pay expenses incurred by the classes? Are you aware of the high dropout rate? Are we

going to continue the classes?" Marty answered that a sub-committee had studied the entire situation and had recommended the continuance of the classes, however with a smaller program. The conclusion was that the classes were of a high caliber and a majority of the residents wanted them.

Karl Joehnck was asked if indeed we would have a T.V. tower license before the deadline of June 19th. He stated that Mr. Guinelli showed him documents indicating that Prudential Insurance Co. had given their okay, however some wording was to be changed the following day to satisfy all parties involved.

Marty Beckel asked the audience to give Karl a round of applause for his outstanding work as a Board Member these past two years. Karl thanked the small crowd and urged them to attend Townhall Meeting and contact neighbors about voting.

## Walking Acclaimed As Best Exercise

By Lil Heimowitz

Not taking anything away from the bicyclers or joggers, it is becoming clearer every day that walking is the safest and healthiest form of exercise. It can be another way of losing weight, getting your blood pressure down, strengthening your heart and lungs and can even relieve those tension headaches.

More books are being published on walking. According to the Los Angeles Times, seven books have lately hit the market. And there are numerous articles being written in newspapers and magazines.

What is so appealing is that there is no special equipment required or proper clothing needed to perform this casual exercise. All that is required is the incentive to get up off your couch and begin to walk. There is no special time of the day or evening you need to walk.

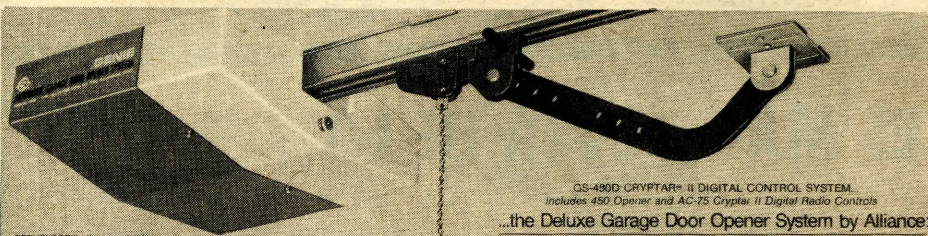
See Walking C-21

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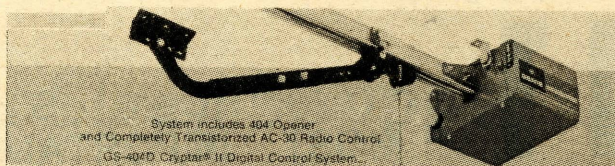
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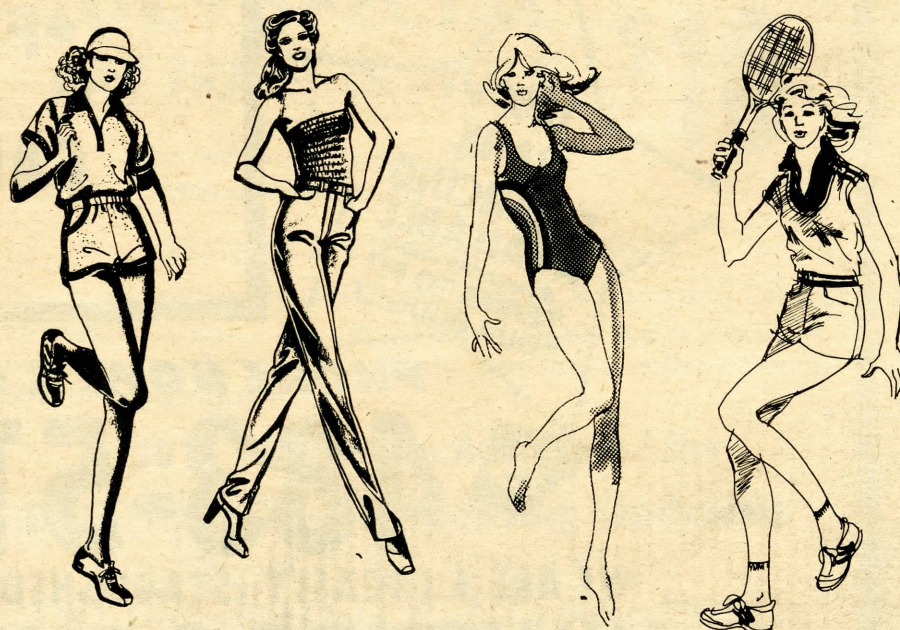
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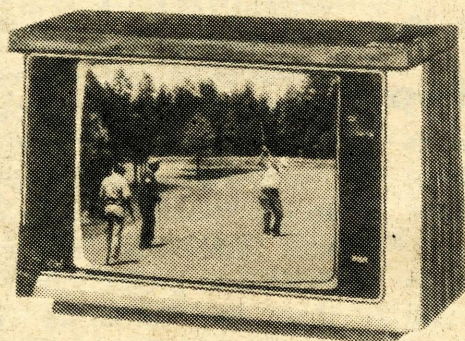
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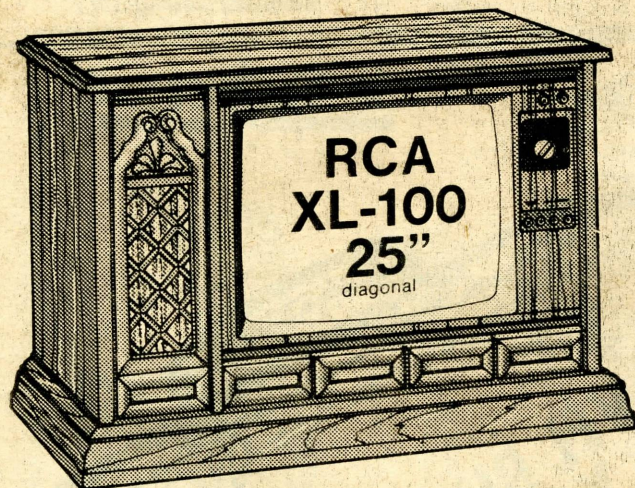


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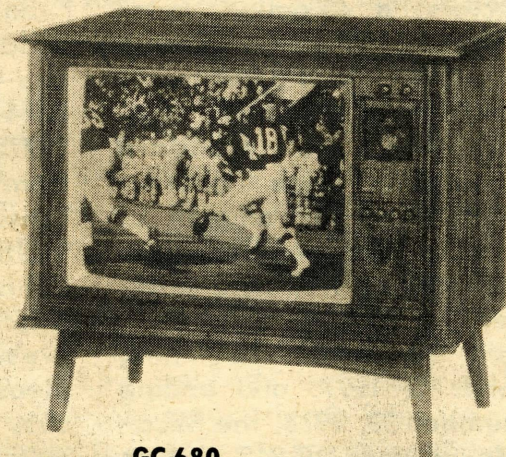
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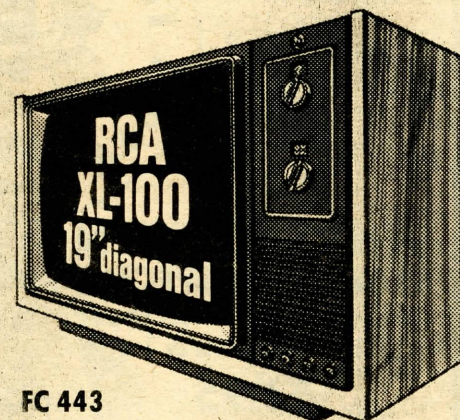
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## Group hears about Solar Water Heating

By Harry Becker

Solar energy is providing him with hot water and significantly lower electric bills - so reported Leonard Micon of Village 6 in a talk to the Current Events Discussion Group on Tuesday, June 12th.

About 60 Villagers heard him describe the solar hot water heating system installed in his house in April 1976 - an experimental project financed by the Federal government. The system consists of two collectors, a 40-gallon water tank and a 52-gallon reserve tank, with a 1/4 h.p. motor to provide circulation. Supplementing the standard electric meter, there is another one metering the amount of electricity required to heat water only, as well as a water meter.

For the year beginning October 1, 1977, and ending September 30, 1978, the Micon residence used 10,963 gallons of water. The amount of electricity used in heating water was 1656 KWH, for an annual cost of \$69.55. Micon

rightly felt that the sun did most of the work. He has invited Villagers to inspect his solar system at 6316 Village 6.

Preceding the discussion a film entitled "Sun on Tap," distributed by the California Energy Commission, visually described various solar water heating systems, which, incidentally, came to California as early as 1895. By 1897, 30 percent of the homes in Pasadena had solar water heaters.

Solar energy contractor Rick Suddes, owner of the Ojai firm, Sun Control, described a solar hot water system he installs for \$1775 and took many questions from an inquisitive and cost-conscious audience.

Literature furnished by the California Energy Commission was distributed, and Villagers present were particularly pleased to learn details of the 55% tax credit allowed on installation costs.

The Discussion Group, organized less than two months ago, is currently pursuing the energy problem, having begun

with a spirited critique of the gasoline shortages. Herb Swartz, secretary, announced that Mission Federal Savings & Loan agreed to provide the group with free bumper stickers bearing the slogan, "55 MPH SAVES LIVES AND ENERGY."

All residents in Leisure Village are invited to participate in the twice-monthly discussions, held the 2nd and 4th Tuesdays at 7:30 p.m. in the Men's Club Room. Topics are chosen by the members in "brainstorming" sessions.

## Meals on Wheels-Help

Meals on Wheels needs volunteers to deliver 2 or 3 hot meals to people in Leisure Village or nearby.

If you are shopping in town any morning of the week, you could come home by way of Pleasant Valley Hospital to pick up the meals, any time between 11:45 and 12 noon. Your help would be appreciated, even if you can only do this one day per week. Helping Meals on Wheels is helping someone in LV. Call Barbara Brownell at 482-8416 and say Sandy Okum sent you. Thanks!

## Board Meeting

Cont. from C-

Committee, Ardith Chism stated that there seems to be a lack of communication with newcomers, as many new residents are not getting their information packets from the office, as well as their name tags, TV cords, etc.

Architectural Committee Chairman Bill Rasmussen said there was nothing to report, but Tom O'Brien gave credit to the committee for working with various contractors in insisting that damage to common areas, green belts, etc., be repaired, or they would not be permitted to work in L.V. A clarification: The \$10.00 fee which is payable to the Association for changes and additions to homes is limited to projects that require City of Camarillo building permits. Fences and concrete slab extensions are not in this category.

Further items discussed by the Board:

T.V. Tower: Gene Giannulli reportedly had an agreement in hand from Prudential, owner of the land on which the T.V. tower rests providing con-

See Board Meeting C-22



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<p>New York Steak-Char-Broiled \$7.95 Brochette of Beef with Rice Pilaf \$6.50 Chopped Beef Steak Topped with wine &amp; mushroom sauce \$5.25</p>	<p>Breast Wellington \$6.95 Beer Batter Shrimp \$6.95 Broasted Chicken \$6.25 Deep Fried Fish Fillet \$6.25</p>
--	---



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## ALL HART

By Ruth Hart

By Ruth Hart

Heard nothing but good comments about our Chorale Group Concert - quite a success for our first effort - thanks to all for your support - kind of nice to entertain and be entertained right here in our own village, isn't it?

Looking forward now to our 4th of July picnic - Rhythmettes cooking up a few surprises.

Turned out to be a fantastic month weatherwise - great to see so many faces or should I say, bodies poolside.

Our own poor dear lifeguard, Marie, was run over by a bicycle - aw, come on Marie - happy to say she is mending ever so well. Incidentally it happened in Thousand Oaks - our riders here in the village are more gracious. The weather has brought out more walkers and joggers also - good to see Charles Sheff and Jerry Robbins back among them again.

Congratulations to An-



niversary Celebrants this past month - the Howard Bells, V.4, 50th - Joe Scherreis, V.4, 54th - Wow!! - and the Burt Stevensons, V.6, 46th. Chatted by phone with Burt - he wants all his friends to know he's hanging in there and we're all pulling for him.

The Scherreis had a busy Sunday - Father's Day - 54th Anniversary - and daughter, Rita, received her Doctorate from U.C.L.A.

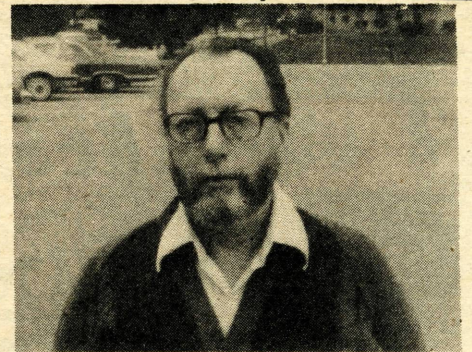
Shirley and Jack Heller back, after a fling in Vegas - also Rhoda and Ben Smithkin - Tahoe, too. Rhoda says, "great fun, but I enjoy it all here in the Village better." Funny, we all seem to feel that way.

My neighbors, the Burgners, took bus trip to San Diego and Tijuana, had a good time. Hurry up and retire, Woody - look at all we are missing. I did not knock him down as was rumored - the sling was for bursitis and tendonitis - so there.

The lucky Orsans, V.16 - heading to Germany in July; happy time, Trudy.

A warm welcome to the Sowders - newcomers to Village 4.

See ya round the Village - don't forget to stop and smell the roses - enjoy each other each day - next stop - Leisure Heaven - we hope.



Josh Fallick

## Josh Fallick

### Exhibits Work

"Moods and Moments" is the title of a photography exhibit by famed artist Josh Fallick, which will be on display at California State University Northridge, Sight & Sound Gallery at the Student Union. He calls it a "Return to Romanticism."

Josh's notable achievements throughout his 45-year career have included a spread in Life Magazine, a Presidential Citation and Commendation for his photo-lab techniques, exhibitions throughout the

country, and several awards in art contests for his photography and paintings. Many of his works are in private collections in the United States, Canada, and Israel.

Also known locally, Fallick is a regular award winner in the Toluca Lake Art Festival and Campo de Cahuenga, and has taught classes in photography at Pierce College.

Josh has been a resident of our Village almost two years, first in Village 24 and more recently in Village 4. He has many friends here who will be eager to see this exhibit, which will be on display from June 29 through July.

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## Walking

Cont from C-16

Anytime the mood strikes you, just put on comfortable shoes, comfortable clothing and you are ready.

If you are in ill health you check with your doctor about the pace you should maintain when you walk.

If your aim in walking is to strengthen your cardiovascular system or to expand your lungs' oxygen intake capacity, Pace Walking is the best exercise you can choose.

The Los Angeles Times "You" magazine states, "You can pace yourself with a watch that has a second-hand. If you take 90 steps a minute you will be travelling at about 2.25 miles an hour; 120 steps a minute, 3 miles an hour. The speed is greater if you have a larger-than-average stride."

"Good posture - standing straight, stomach and buttocks in, shoulders back, head erect - is worth working on," states the Consumer's Digest. "So is the development of a comfortable and natural rhythm, regarded by many veteran walkers as the most important

factor in building strength and endurance. Deep breathing is an excellent antidote to stress."

Yes, I have become a confirmed walker. My eyes have opened with pleasure and surprise to see how many of our residents have been walking. I have been meeting other walkers. There are many who are involved in this unorganized sport. Just think, you do not have to join a club, hence no meetings, no dues.

Our Village is not only a very safe place to walk but there is much to see. Colorful plants in full bloom atop fences. The variety of individual taste that our residents put into their homes and gardens and the friendliness of everyone you meet makes walking that much more enjoyable.

So come on you dawdlers, begin today. As the Executive Health Report so aptly says, "Not running, not jogging, but walking is your most efficient form of exercise and the only one you can safely follow all the years of your life."

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## Sunning

By Sandy Okum

Summer came upon us overnight recently. L.V. residents - in 90 degree plus temperatures - rushed to the pool or sat on their patios to sunbathe. The sun and that heat felt so, so good, after our long, cool spring.

For many at our age the sun's turn-out was NOT so, so good. I'm sorry to say that at our age, we just can't take it without PROTECTION. Yes, do put hats, cloths, lotions, creams, and lipsticks on before you expose yourselves. Your local pharmacist or doctor can recommend excellent sun screens that will either partially or totally block the burn rays out. At first, just stay out very short periods, then extend your stay gradually. Besides bad burns, sun allergies, etc., sun cancers can develop. Remember, the sun on overcast days can do as much damage as on sunny days. BEWARE - THE SUN!

## Board Meeting

tinued lease of land. Leisure Technology is to absorb costs, and further negotiations are needed to obtain perpetual rights to use the land.

**Garden Plots:** The land under consideration is the strip at the SE fence and RV lot. It needs fill with proper soil and grading to level. No firm commitment from Leisure Tech has been received yet.

**L.V. Bus Schedule:** The Security and Safety Committee, Elmer Eymann, Chairman, offered recommendations to provide the best service possible to Villagers in the most economical manner. Tom O'Brien described the changes: One round trip into Camarillo has been eliminated from the Wednesday, Friday, and Saturday schedules. Inside the Village, the bus will stop only at the entrance to each village to save gas, mileage, and to avoid the sharp turns which cause the axle problems in the new bus. Henceforth, the bus will begin its run at the Recreation Center, go east on L.V. Drive as far as construction permits, back to Mt. View Ave.

and around to L.V. Dr. West, back to the Rec. Cen. and out the Main Gate. On its return, it will enter the West Gate, and stop at village number signs to discharge passengers. This becomes effective as soon as publicized.

O'Brien continued by offering the proposal that our Thursday bus routes to Thousand Oaks and Oxnard be discontinued in order to tie our bus schedule in with the Ventura/Camarillo/Thousand Oaks Inter-City bus lines which have convenient trips 5 days a week. This motion was adopted, and will be effective as soon as publicity is released.

Chairman Joehnck reported: Oiling of motors on air conditioner fans and motors on furnaces in some homes has been called unnecessary, but newer units require servicing. Residents should read the instructions on the exterior of their appliance units for oiling procedures. L.V. Technicians can be requested to oil the motor on a cost basis, for \$6.00 per motor.

Tees on the golf course, where a lack of grass makes them rough and unsightly, and wear and tear by daily golfers makes it nearly impossible to repair, have come under much discussion. To replace the sod with a tougher grass would cost \$8,000 for the 8 holes and would take the areas out of action for 6-8 weeks. Concrete tees are still being recommended by landscape maintenance people.

Donaldine Weed announced that Bernice Holshouser and Tom Lambert are new members of the Architectural Committee.

The Education and Recreation Committee's report regarding the publication of "The Voice of the Village" was adopted. Changes in format effective July 1 are spelled out in the June 10 issue of the "Voice," paragraph 7. Clubs and organizations are encouraged to use the bulletin board which has been installed for that purpose for ticket sales information, details, promotional material, etc.

TOYS  
GAMES
RECORDS  
BOOKS

# today's child TOY SALE

**Mego's  
2 XL  
Talking  
Robot**  
**\$53<sup>88</sup>**

**Little Tykes  
TOY BOXES**  
 Soccer - \$15<sup>44</sup>  
 Football - \$16<sup>44</sup>

**Little Tykes  
Playcubes** **\$9<sup>88</sup>**

**Fisher Price  
Assorted rattles  
and Tub Toys** **\$1<sup>66</sup>**

**10% OFF  
All Plush Toys**  
 (Musicals Included)

**Meco's  
Obsession \$6<sup>88</sup>  
Lakeside Trac 4 \$9<sup>88</sup>**

**Fisher Price  
Medical Kit - \$11<sup>44</sup>  
Tool Kit - \$14<sup>44</sup>**

**601 Mobil Avenue**  
**482-2300**

QUANTITIES  
ARE LIMITED
FREE GIFT WRAP
LAY-ALWAYS AVAILABLE  
MONDAY - SATURDAY  
10 AM - 5:30 PM

# The Best of the West

Bob's & Joey's

## Hitching Post

We are open for Lunch, Dinner  
and Cocktails

Fantastic Banquet Facilities

**DAILY LUNCHEON SPECIALS**

STEAKS  
RIBS  
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OPEN 7 days a week  
 1980 Ventura Rd.  
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★ LONGS DRUGS "WHERE EVERYBODY SAVES" ★

**OPEN DAILY**  
MONDAY thru SAT.  
9:30-9:30  
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10 A.M. to 7 P.M.  
PHARMACY OPEN  
SAME HOURS

# Longs Drugs

Where Everybody Saves

PRICES EFFECTIVE

NOW THRU  
SATURDAY  
JUNE 30

WE RESERVE THE  
RIGHT TO LIMIT  
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760 Arneill Rd.  
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**CAMARILLO**

Phone: 484-0442  
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## RED HOT Summer Savings

**LADY SCOTT  
OR  
SOFT WEAVE**

2  
PACK



**44¢**

BOTTLE OF  
200 TABLETS



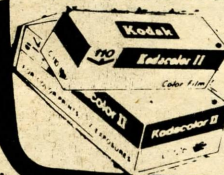
**TYLENOL**  
PAIN RELIEVER  
WITHOUT ASPIRIN

SAFE FAST  
PAIN RELIEF  
WITHOUT  
ASPIRIN

**\$2.49**

LONGS LOW PRICE

**KODAK**



C 110  
or C 126

**KODACOLOR  
COLOR FILM**

20  
EXPOSURE  
ROLL

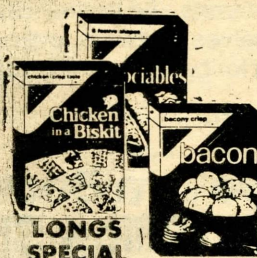
**1.49**



**BAN  
ROLL-ON  
ANTI-PERSPIRANT  
DEODORANT**

**1.39** 2.5  
OUNCE  
SIZE

YOUR  
CHOICE



**NABISCO  
SNACK CRACKERS**

CHOOSE FROM A COMPLETE  
ASSORTMENT INCLUDING TRISCUIT

LONGS  
LOW  
PRICE

8 OZ. TO  
10 OZS.

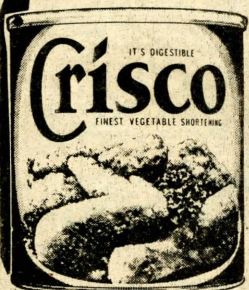
**69¢**

**Colgate**  
FLUORIDE TOOTHPASTE

**COLGATE  
TOOTHPASTE**

9 OUNCE  
TUBE

**1.13**

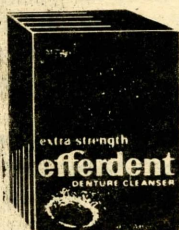


**CRISCO  
VEGETABLE  
SHORTENING**  
3-LB. CAN

LONGS  
LOW  
PRICE

**1.89**

FAMOUS



**EFFERDENT**

EXTRA STRENGTH  
DENTURE CLEANSER  
BOX OF 96 TABLETS

LONGS  
LOW  
PRICE

**\$1.99**

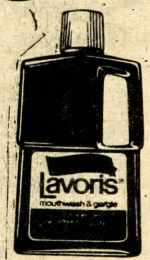
**Lavoris®**

**MOUTHWASH  
& GARGLE**

18 OUNCES  
plus 4 oz. FREE

TOTAL OF  
28 OZS.

**79¢**



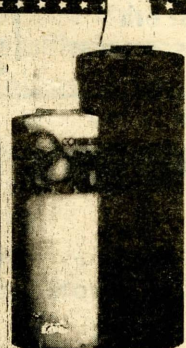
FAMOUS  
**CURITY CURAD  
BANDAGES**



80 Asst.  
SHEER or  
PLASTIC  
STRIPS

**59¢**

YOUR CHOICE



**PRO FORM**  
16 OUNCE BOTTLE

**SHAMPOO or  
CONDITIONER**

YOUR  
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NEW!  
FORMULATED BY  
HEAD SHAMPOO

**99¢**



**BERNSTEIN  
SALAD  
DRESSINGS**

• ITALIAN • 1000 ISLAND  
• VINAIGRETTE FRENCH

• ITALIAN  
WITH  
CHEESE

8 OUNCE  
BOTTLE

**49¢**

★ LONGS DRUGS "WHERE EVERYBODY SAVES" ★

★ LONGS DRUGS "WHERE EVERYBODY SAVES" ★

★ LONGS DRUGS ★

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★

LONGS DRUGS WHERE EVERYBODY SAVES LONGS DRUGS WHERE EVERYBODY SAVES

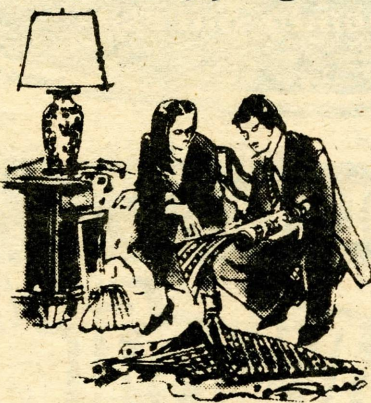


# Traister's Ethan Allen in Ventura is more than just a furniture store!

(One Stop Shopping....50 Rooms To Browse Through)

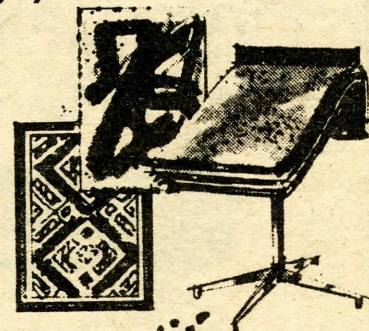
## We're a Design and Decorating Studio

And because we've got it all together, we offer as much or as little help as you need to get it all together. Our Interior Designers are competent, friendly people with creative ideas to share whether you're choosing a coffee table or planning an entire room. Free — including house calls.



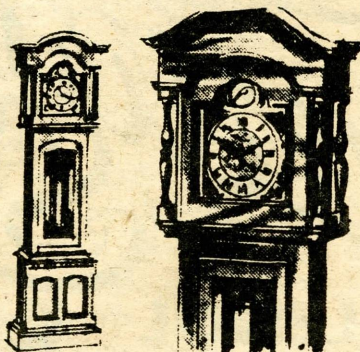
## We're a Rug and Carpet Store

With a wonderful selection of broadloom carpets in colors from A to Z. Hand-woven Orientals from the near East and China. Area rugs from traditional braids to Oriental designs to contemporary. All in our Home Fashion Center at prices to fit almost every budget.



## We're a Clock Shop

Choose from a great selection of handsome floor, mantle and wall clocks in rich cabinet woods and lustrous finishes. Many feature imported 8-day weight driven movements and melodious chimes. Each will be set up and balanced by a master horologist in your home.



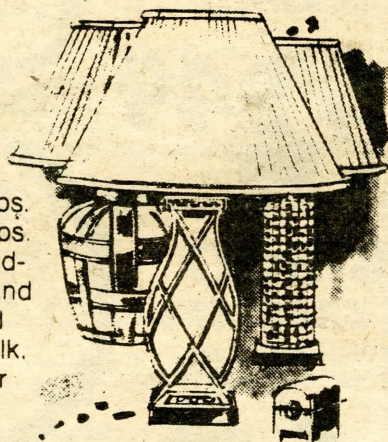
## We're a Gift and Accessory Boutique

With a sparkling array of decorative treasures from home and abroad. See reproductions from history in brass, wood and ceramics — candlesticks, statuary, trinket boxes, mini chests, lanterns, sconces and mirrors to mention a few. Great workmanship and quality — and prices are surprisingly reasonable.



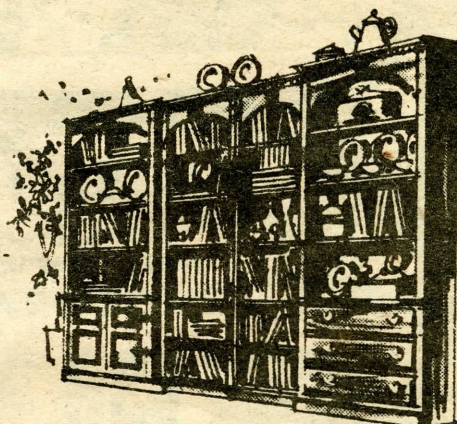
## We're a Lamp and Lighting Shop

Floor lamps, table lamps, mini lamps, candelabra, sconces and wall lamps. Choose from imported crystal, hand-glazed ceramics, gleaming brass and lustrous woods. Beautifully crafted shades include pleated, shirred, silk, parchment, muslin. To light up your life, see our Lamp Shop now.



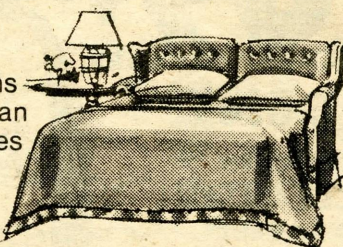
## We're a Wall Store

With hundreds of Ethan Allen wall units in beautiful woods and lustrous finishes. Units for casual or formal living. Book stacks, interchangeable cabinets and bases. Styles with shelves, drawers, even desks. See us for beautiful walls that work.



## We're a Sleep Shop

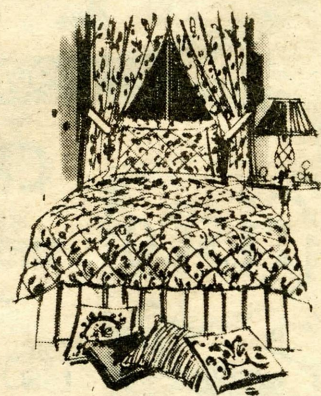
From Beautyrest Sleep Sets made especially for Ethan Allen by Simmons to a wide range of famous quality Ethan Allen sleeper sofas. Sleep sets in sizes and range of firmness to meet your specific personal needs. "In stock" sleeper sofas for fast delivery, or custom-covered in over 800 stunning fabrics at no extra cost.



## We're a Bedspread and Pillow Shop

Select a bedspread or coverlet from a variety of quilting patterns, in satins, velvets or prints. Most are available with a complete selection of coordinating draperies, dust ruffles, pillow shams, and canopies.

Choose throw pillows in a large variety of shapes and sizes for either casual or formal living.



**FREE: Three Part Decorating Seminar**

July 23rd  
"Planning a Room"

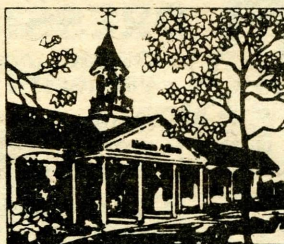
July 30th  
"Color"

Classes at 10:30 am or 7 pm

August 6th  
"How to Accessorize"

This Class will be limited so please call for reservation. 644-7301

- Complimentary Professional Designer Service in your Home
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**Ventura County's Exclusive Ethan Allen Gallery**

**OPEN  
SUNDAY  
NOON to 5**

OPEN DAILY 10-5:30  
MON. & FRI. 'til 9pm