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HS 165 Sec 01

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Spartan Speak on Covid-19

The day when I received the email that the shelter-in-place was mandated by the government I felt a bit at ease because my first thoughts were, no more stress on searching for a parking space in the morning's. However, I didn't realize that covid-19 will turn my life into a storm that feels as if it will last a lifetime.

As a single mother who is a full-time student, part-time worker, chef, nanny, teacher, comforter, and maid I didn't have a single clue how I was going to juggle all these responsibilities all day. I was already feeling stressed as a full-time student but at least I had the opportunity to remove myself from my hectic environment and enjoy being on campus. Now that opportunity is long gone and I am feeling as if my responsibilities have gone to another level. I feel depressed being at home all day. I feel as if I am a prisoner in my own home because the kids are here and they need constant attending to and I can't escape this environment. Since their school is closed it's my responsibility to make sure they are doing their homework assignments and attending zoom meetings for class attendance. This causes even more stress on me because I have to monitor a first and third grader zoom meetings on top of my class meetings as well. I oftentimes, just put my zoom meetings on silent while trying to juggle the kids meetings as well. I have created so many usernames and passwords so the kids can attend and that's even a stressor because I have to be the one to always log them in and enter all the proper digits and codes. I feel as if I am living in the upside down from "Stranger Things," a series on Netflix.

The shelter-in-place has been required now for over two months and I am feeling more anxiety and depression because education has been my outlet for many storms in my life and after graduation I won't have this outlet to look forward to anymore. Of course, I am still working but that's remotely as well so I am still stuck in this house. I am not sure where the future will hold because I am not able to truly work in my profession yet. I am not sure how the interviewing process is being conducted because of the stipulations with having to be six feet apart. I feel that covid-19 has managed to cause a domino effect in my life filled with sadness, hopelessness, and uncertainty. With that said, the only option for me is to take it one day at a time and hope that people follow government laws so this shelter-in-place can be lifted and we can return back to some type of normality.