# Inside Leisure Vi

VOL. 42 NO. 1

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

**JANUARY 1, 2021** 

# VILLAGER PROFILE By Patty Ecker

# Our Veteran Villager's Lifetime Mission

as she shares her own complicated headline about her life. "The first 23 years were very tough. The next 73 were great." A resident of Leisure Village for 40 years – "We were the 163rd couple to move in here," she says – Lee is busy with friends here. She plays bridge. She has hosted the monthly Single Acwrites a column for this newspaper. At 97, she is happy and healthy. "I drop of Scotch before dinner every night," she laughs.

However, the focus of her life is a serious one. For decades, she has worked to ensure that the world never forgets the horrors of Lee met Jim, her husband-to-be, the Holocaust before and during World War II. It is a terror she experienced and survived. Her parents did not. Lee (She was Lina then.) was born in Frankfurt, Germany in 1923, and, what began as a happy childhood in a close-knit Jewish family, disintegrated ten years later. German laws restricted her from going to school; and she became a pariah among the non-Jewish friends she'd known all her life. Her father and her brother were taken to concentration camps. Her mother made the excruciating decision to place Lee in the Kindertransport, which brought more than 10,000 German Jewish children to England and linked them with British families. The youngsters were safe but separated from family. Lee was one of them. She never saw her parents again.

She was first matched with a couple who had a new baby. "They were nice. But it was very hard,"

Lee Edwards smiles a lot, even she recalls, "I helped around the home a lot. But I had no family. I had no education which I wanted desperately." A year later, she was moved to another couple who gave her typing and shorthand lessons. When the war ended, Lee was 22 years old. She had one goal: to find her family back in Germany.

In Frankfurt, she located her tive Seniors group for years and brother who had survived the concentration camps. Her father had not. And her mother? Lee eat a lot of chocolate and have a has never been able to learn what happened to her beyond one note that indicated she'd been deported to Poland. "She vanished into the East," Lee adds quietly.

> Post-war Frankfurt is where also a German Jewish refugee, who fought with the British Army. They married, moved to Canada, and, after a few years, relocated to Los Angeles, "where it was warm," Lee says. Her husband went to UCLA, they settled down and were happily married for 58 years. He died in 2005.

> Lee has never stopped sharing her story with young people. She speaks locally "whenever I'm asked," she says. "In Germany today, they teach about the Holocaust in schools, and I've gone back to do that several times." At the end of May, she hopes to return to Frankfurt for the unveiling of a Holocaust memorial. In 2019, the Ventura County Jewish Federation honored her as a "Woman of Valor." "I must speak out," Lee explains. "When my generation goes, the horror could disappear. It is very important to keep it alive."



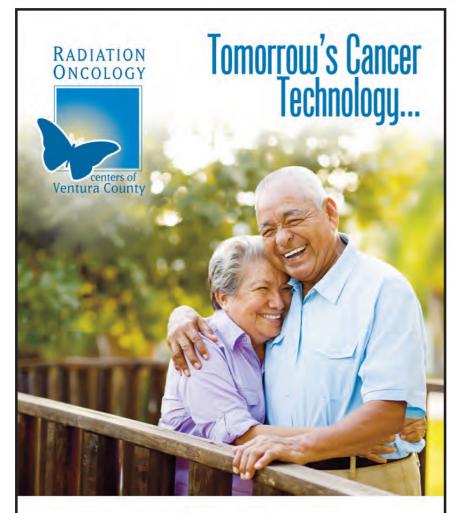
Photo by BUD BRADLEY

That smile is always with Villager Lee Edwards, as is the cherished necklace she wears. It is the only memento she has from her mother who disappeared from Germany in 1939.



Holocaust Remembrance Day is Wednesday, January 27th. Never Forget.

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Wednesday, January 27th will mark a solemn and significant day. The UN General Assembly has designated this day, based on the anniversary of the liberation of Auschwitz–Birkenau, as International Holocaust Remembrance Day. Six million Jewish victims have most likely touched a number of our lives directly. Patty Ecker has penned an article that celebrates the life of a Villager who was deeply affected by this horror but took charge of her pain and used it to keep the memory alive

within countless people. Lee celebrated her 97th birthday in December. We are blessed at ILV to receive a monthly article from her and to call her our neighbor. This issue of ILV is dedicated to Lee Edwards with the hope that all who read it will be inspired by her life story and will never forget one of history's greatest infamies, the Holocaust.

— Jon Niemann

# ABOUT INSIDE LEISURE VILLAGE

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### Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

# **February Edition Deadlines**

Club News, articles, letters and classified ads: Thursday, January 14. February issue will be available Friday, February 5. Send news, articles & letters to insidelyeditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

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# **PERSPECTIVES**

By Janey Rifkin

# We leave 2020 to Infamy - with newfound blessings

The infamous year 2020 has drawn to a close after altering our beloved traditions for thankfulness and our most cherished happy holiday festivities. The pandemic reigned with lockdowns, loneliness, economic woe, fear, death, and illness. Nevertheless, we proved our resilience, altered our very ways of living, and perhaps unexpectedly came away with a newfound appreciation for people who literally keep America running in the face of adversity.

Most of all we have a strikingly deep gratitude for the people who work to keep the country functioning. Personnel on the front lines, for ten months now, striving to keep people alive, as the killer Covid-19 tears through our country and the world. The human spirit also drove our medical professionals to race against time for a vaccine. The human spirit has been everywhere.

Closer to home, in our little corner of the world; we feel safe as long as we observe the direly important regulations—don the face mask, heed social distancing and wash hands frequently. I watched the extraordinary generosity of friends and neighbors who helped people in desperate spiritual and financial despair because of the pandemic. It reminded me that Americans continue to be the most generous people in the world. This year I discovered how courageous people can be in times of grave personal danger.

We welcome the New Year with hopefulness, and a strong ray of light for the advent of new therapeutics and vaccines. A remarkable achievement is on the way; the introduction of two vaccines that have shown in trials to be highly effective at preventing symptomatic Covid—19 disease. Indeed, welcome 2021.

### **NEWS BITES** By Patty Ecker



Photo by BUD BRADLEY

Bringing holiday wishes plus dinner for these Camarillo Deputies are Villagers (I-r) Carolee Jones, Mira Fontes and Vonnay Brook, who can be spotted wearing the most festive masks.

# A delicious way to say Thank you for your service

As news reports last spring told wanted to send a different mesgood service to our city," she re- it's chicken. Sometimes it's pizza," they accepted.

Vonnay assembled a team of protests aimed at police depart- of Villagers who have hosted a ments around the nation, Villager monthly dinner for the deputies Vonnay Brook was troubled. "I on duty at the Camarillo Police Station for the past seven months. sage to Camarillo Police officers. The full meal is served during an I wanted to thank them for their evening shift change. "Sometimes calls. So, she picked up the phone she says. Everything from the main and asked them to dinner. And course to home-baked cookies and, —Please see PAGE 15

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# PINCH OF SALT

By Larry Swartz

# Madeline Kahn's Fried Chicken

When I first started thinking using celery, carrots, red peppers, about what to do for the January issue, the first thing that came to mind was the Mel Brooks movie, Blazing Saddles. Why, you ask? Madeline Kahn singing "I'm Tired." To paraphrase Mr. Brooks' lyrics just a little, and if you remember, you have to do it like Marlene Dietrich.

"I'm tired Sick and tired of cooking I've had my fill of cooking From below and above Tired, tired of being admired Tired of food, uninspired Let's face it I'm tired"

And I love to cook, so I imagine all of you must really be tired too... but now is not the time to give up. There's still work to do. We have to continue to eat our vegetables and fruits so I thought it would be apropos to give you some salad ideas. The only way I can justify eating a salad for dinner is if it has something really bad in it, salad with French fries?

romaine, tomatoes, cucumbers, chopped in small pieces (stays on the fork better.) To make the salad a complete meal, the possibilities are endless. I've made a taco salad by just adding some of Trader Joe's mini chicken tacos, or an old fashioned Chef's Salad is always good or how about a falafel salad with falafel from Mama Hummus. Have some frozen shrimp in the freezer? Hot shrimp salad can be very good, done Cajun style, but today it's gonna be spicy fried chicken salad.

This is very complicated. You take your chopped salad and add fried chicken...there, you've done it! Congratulations.

I had some leftover buttermilk from Thanksgiving (used it in the cornbread) so I soaked 4 boneless chicken thighs in ½ quart of buttermilk for 24 hours with a lot of black pepper. Then just mixed together flour, a little kosher salt, more ground black pepper, a few shakes of ground ginger and a few less shakes of cayenne. Mixed it I start with a good chopped salad well, rolled the thighs in it and



"Healthy" Chicken Salad

fried them in a pan. Somehow I justified frying them in shallow oil, was healthier than deep fat frying them. Who do I think I'm kidding?

I've been making a lot of white balsamic vinegar and olive oil dressing lately and I thought that would be perfect for this since there was already a lot of fat in the fried chicken. If you don't care how much fat you eat, you could also use Blue Cheese dressing.

Enjoy and let's all hope 2021 holds a lot more promise than 2020 did but we are all in this together so mask up, stay 6' away from everybody and remember to take your mask off before stuffing your face.

# Villagers celebrate with parades and Santa(s)

By Jon Niemann

December had two events to celebrate The 2020 Holiday Season and one event to celebrate a milestone for Villager Lee Edwards. These events included the creative use of vehicles to pay homage to a season that could use a bit of cheer, frivolity and celebration of life.

On Saturday, December 12, with a repeat command performance on December 19, a rag-tag group of Villagers, organized by Jim and Linda Gaffney, donned their bikes and decked their golf carts with seasonal decor to parade through the village celebrating the 2020 Holiday Season. Several Santas made appearances around the village. Santa Chuck Dolan was parading around on his golf cart with a very appealing elf.

One Santa was on a vintage fire truck. Another Santa who looked suspiciously like Villager Don Senior was spotted on LV Drive and a nightmarish Santa was spotted who was possibly off his meds.

On Sunday, December 13, Vil-

lagers, friends and family organized and participated in a drive-by birthday celebration for Lee by meeting in the east Rec Center parking lot and parading up to Village 31 past the driveway of the stunned and very appreciative 97 year old.



Photo by BUD BRADLEY

Lee Edwards greets each car and the well wishers in the parade. More photos of Lee's drive-by on page 13 and the Christmas parade on page 17.

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# YOU'VE ALWAYS BEEN OUR PRIORITY, we're glad the CDC agrees



At The Reserve of Thousand Oaks, our residents' health, safety and well-being are our priority. Always have been. We're incredibly grateful that the CDC has prioritized our residents too by including them in the first phase of COVID-19 vaccine distribution.

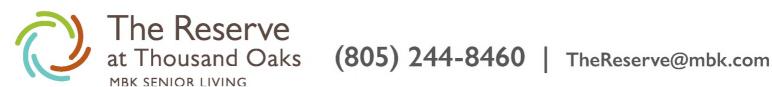
We've partnered with CVS and Walgreens as our preferred pharmacy providers to administer the COVID-19 vaccines on-site at our community to our residents. Making it easy and convenient for them. While there are undoubtedly many polarizing opinions on the vaccine, we trust the experts and the scientific data.

### Here's what we know:

- The COVID-19 vaccine is NOT using a live virus you cannot get the coronavirus from the shot.
- The vaccine is more effective than seasonal flu and chickenpox vaccines.
- In the trials conducted, side effects were mostly mild and short-term.

No vaccine can immediately eliminate a pandemic, but it's another tool (like face masks, social distancing, testing, and sanitizing practices) that can help us take a big step in a forward direction. It's not too late for you to be included in the first phase of vaccine distribution. If you've been considering a move to a senior living community, we encourage you to take the next step.

Contact us today for a virtual tour and learn how you too can have prioritized access to the COVID-19 vaccine.



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# ABOUT REAL ESTATE By Sharron Parker

# Housing Market Forecast: What's ahead in 2021?

While 2020 has faced its fair share of ups and downs, we know one thing to be true: the real estate market not only met expert predictions, it surpassed them, breaking records along the way. With that in mind, there's one big blaring question right now: Will the housing market in 2021 follow the same trajectory or are we facing a possible downturn?

### Interest rates are projected to stay low

One of the biggest drivers for this year's booming real estate market were record-low mortgage rates. Because of this, affordability reached one of the highest levels it has in the last 30 years. Naturally, eager buyers followed. The good news is, experts are predicting that mortgage rates will remain low for the foreseeable future. While home prices continue to appreciate across the country, the counter of the low mortgage rates have made purchasing a home increasingly affordable, especially for first-time homebuyers. This trend is expected to stick around in 2021, continuing to drive a very competitive market.

## Home sales are projected to grow by 7%

Experts are predicting a 7% increase in home sales compared to last year. This signifies one big piece of news: We will likely see an increase in inventory for 2021. Whether it's hesitant homeowners who waited out the pandemic or brand spanking new homes from builders, more inventory will be a welcome change from the last year.

### Home prices are projected to appreciate by 3-4%

It's a simple case of supply and demand. When high buyer demand meets low inventory, homes prices will appreciate. This year, however, we saw it at a faster-than-usual pace averaging about 7% nationwide. For 2021, experts project that we will continue to see appreciation, just at a slower pace that's reflective of a more balanced market. While some may be worried that the rapid acceleration of home values means we're heading for another bubble, remember that context is everything. With the end of the pandemic in sight, experts expect inventory levels to rise and home prices to appreciate at a more steady pace.

### Foreclosures should not lead to price declines

The massive wave of unemployment that came along with the pandemic led many homeowners across the country to enter mortgage forbearance. While unemployment is slowly but surely declining (and ahead of expectations), it will be a while before we reach the pre-COVID levels. Because of this, foreclosures are expected to rise. However, experts don't anticipate this will lead to a foreclosure crisis like we saw in 2008. They also don't expect it to lead to the major home value depreciation that followed.

Despite everything that happened this year, the real estate market not only survived but thrived, playing a big part in our economic recovery along the way. The next 12 months are just as promising, with interest rates expected to remain low, buyer traffic staying high and inventory.



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# A WORD ON WINE

# "Sacre-bleu! - C'est impossible!" ... overheard at the Judgement of Paris

Judgement of Paris will forever be remembered as the landmark event that transformed the wine industry. At this legendary contest – a blind tasting – a panel of top French wine experts shocked the industry by choosing unknown California wines over France's best. Steven Spurrier, a Paris wine merchant, organized the tasting to promote his shop and to introduce what he thought were intriguing California wines to a handful of notable French palates. Spurrier sold only French wine and believed that the California wines would not win. Only one journalist, George Taber of "Time," accepted his invitation to attend. Although the judges were all French, an American red and white both won - a 1973 Stag's Leap Cabernet Sauvignon and a 1973 Chateau Montelena Chardonnay. Taber had a story that turned into goal of producing wines that would

The Paris Tasting of 1976 or creased the influence of California Europe. He was the first vintner wines on the world stage.

> The wines tasted in Paris were produced by California brands not even 10 years old, yet they won against the centuries old French wine industry. How did this happen? Great wines always begin with great grapes, and Napa Valley has the perfect climate to produce greatness. Combine that with maritime influence, varied topography, alluvial soils and American ingenuity, and it was almost inevitable. Today, 90% of all US wines come from California, many are known around the world and they span the gamut of varietals.

Robert Mondavi is largely responsible for enabling a wide spectrum of California wine in both quality and price. In 1966, he founded the Robert Mondavi Winery in the Napa Valley with the a sensation and inadvertently in- compete with the finest wines from

to label his wines by varietal grape rather than local region or style. In 1968, he made a dry oak-aged Sauvignon Blanc, an unpopular variety in California at the time, and labeled it "Fumé Blanc." The wine was a success, and, in time, Fumé Blanc would become a synonym for Sauvignon Blanc. I remember having it on a date in New York in the 1970 and being so enamored that I soaked the label off to bring home. Mondavi premium Napa Valley wines quickly earned the respect of connoisseurs and vintners alike. In 1979, he built the Mondavi Woodbridge Winery in Lodi, California, developing great inexpensive wines that quickly dominated the growing mass market.

When we toured the Robert Mondavi winery in Napa Valley, it was a warm autumn afternoon and grapes were wheeled to the stemmer-crusher, and the resulting juice pumped into stainless steel tanks for fermentation. Winery workers in rubber boots kept the process moving, washing the driveway, emptying bins and wrestling hoses. We tasted sauvignon blanc from one of those tanks after just three days of fermentation. It was cloudy

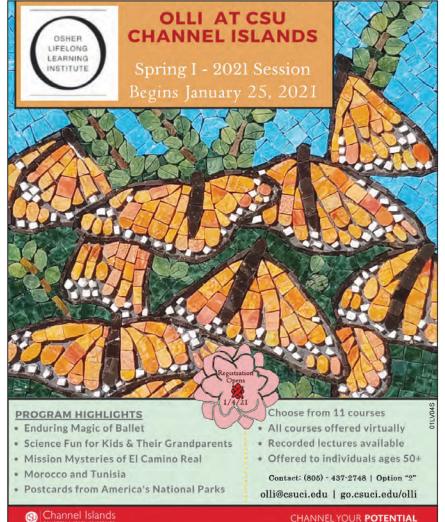


File Photo

The Judgement in progress.

and soooo sweet, a far cry from what it would become.

We've also visited Woodbridge harvest was in full swing. Bins of in Lodi and were very impressed with the high quality wines widely available at such a good price, an homage to a man who was the California wine industry's greatest marketeer and a remarkable visionary. Mondavi was dedicated to spreading the word. He said, "Wine to me is passion. It's family and friends. It's warmth of heart and generosity of spirit."





For Display Advertising contact

Stacey Janson | 805-484-1949 x303

# HISTORIC REFLECTION By Max Copenhagen

# The Golden Triangl

A Gore is defined as a taper-tura Blvd. (45,000 acres). It is no ing or triangular piece (of cloth or land). The "Gore" discussed here is the "Golden Triangle" of rich land between three old land grants that became Camarillo.

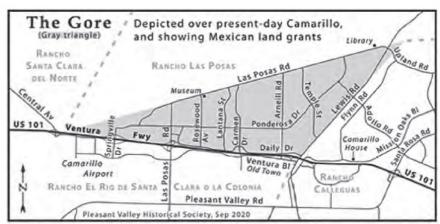
After Mexican independence from Spain in 1821, grants of land were given to soldiers to encourage settlement. Mexico issued 270 land grants in California between 1833 and 1846. These grants were recognized by the United States in the peace treaty ending the Mexican War. A grant of 98,000 acres near Bakersfield became the Tejon Ranch and is still intact today.

The area we now call Camarillo was surrounded by three grants: Rancho Las Posas to the north of Las Posas Road (27,000 acres), Rancho Calleguas to the east of Somis/Lewis Road (10,000 acres), and Rancho El Rio de Santa Clara O'la Colonia to the south of Vencoincidence that these roads and the railroad are located on the land grant boundaries.

However, as you can see on the map, these three grants do not perfectly coincide. A triangular gap remains between them. Apparently, an error was made in surveying or recording the land titles and 2903 acres of land between the grants, "the gore," was not included in any title deed.

When Ventura became a county, claims were made in this area under the Homestead Act. A deed issued to John Crinklaw was signed by President Grant in 1874. Other land was claimed by people whose names you may see on local streets - Davenport, Saviers, Wooley. The land was later subdivided and sold to other pioneer farmers such as Daily, Flynn and Arneill.

The community of Springville grew at the western corner of the



gore. By 1878 it had a general store, 1870s gave Camarillo a slightly difchurch, blacksmith, hotel and Butterfield stagecoach stop. With the munities. So, if you think Camarillo coming of the railroad in 1901, the is special, it is! It has great weather,

This sudden surge of settlers in the due to this mapping irregularity.

ferent culture than other nearby comtown shifted east to where it is today. friendly people and a special history

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-Samuel Johnson



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# Grandma Sells Leisure Village





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# We Wish You a Very Happy & Healthy New Year!

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Have you noticed your face changing shape since you lost some, or all, of your teeth? Are you looking "old" before your time?

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Whether you've lost some. or all, of your teeth, you may turn to bridges, or dentures, to make your mouth 'whole' again. But unfortunately, over time, your face can start to look, and feel different..

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The bones in your jaw need the stimulation they get from tooth roots in order to remain strong, dense and healthy.

Without stimulation from the root of each tooth, the bone in your jaw starts to change...and not in a good way.

In the absence of root-deep stimulus, your jawbone actually begins to atrophy, or shrink. As the bone in your jaw continually withers away, the corners of your mouth droop...and your facial muscles start to shift out of position, adding wrinkles before it's "time." and changing what you're used to seeing when you look in the mirror.

If you have a friend who might be interested in this article/offer, please feel free to pass it along.

In the end, your continually deteriorating jawbone and loss of jaw height in the back causes your nose to point down, and your chin to point up - giving you a witch-like

appearance. And, unfortunately, there's more...Even if with your dentures or agony every time you bridges, you may have take a bite

trouble with the way they fit down the road, as your jawbone continues to deteriorate. Over time, there will be less muscle, and less

bone, to hold your dentures in place. Nerves come closer to the surface as your gums wear down...and it's possible you're perfectly content to end up experiencing

> The "witch-like" by bone loss.. you look "old"

### The GOOD News Is:

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# **CLUB NEWS**

# PLAYERS GUILD

By Stan Reshes

As my final article for Inside Leisure Village, I close 14 years as Publicity Chairperson for Players Guild with a continuation of introducing members of our PG Board of Directors. It is with a mix of emotions that I finally listened to my mind and body that have said to me, "You're tired, it's time to pass the baton." And it couldn't be passed to a more qualified person than my successor, Linda O'Neill. Her multi-talents as performer, director, writer, etc. were so evident that when she described her productions for me to put into print, I did nothing more than reprint her article with her byline as author.

And now to my final introduction of Board Member, Barbara Stone. Barbara joined PG in 1994 when husband Gerry had a small part in a play. For 9 years Gerry acted and helped with the building of sets. When Gerry retired, Barbara became Ticket Chairperson for PG's annual "Big Show." A final farewell from "yours truly".... It's been a great ride, and I will always treasure these memories.

Editor's note: This article was submitted to be published in the December 2020 issue and was erroneously excluded. We decided to publish it this month concurrent to the submission by new Player's Guild Publicity Chair, Linda O'Neill. See below. - Jon

# PLAYERS GUILD

By Linda O'Neill

Don't recognize the name? That's because this is my first month as publicity chairperson for Player's Guild. I am replacing Stan Reshes (not that anyone can) who you may remember was editor Learning about our pets—improvof Inside Leisure Village for eight years, in addition to his 14-year gig on the Player's Guild board, serving as its Publicity Chairman.

for him, Stan wrote, directed, and

performed in many of the Player's Guild monthly shows. (I'll never forget our funny duet for "Santa Baby.") Thanks for the memories.

Whole lotta shakin' going on? No, that was our November 2020 virtual show: "The Lockdown Musical Jamboree." Socially distanced in the making and presented by LVTV 1390. Singers just gotta sing. Big Thanksgiving thank you to Mark Smith for technical assistance.

I hope you caught our December show when we presented A 2020 Players' Guild Holiday. All socially-distanced, it featured Joyce Belcher as the Zoom meister. Doreen and Lewis Blair opened with "Baby, It's Cold Outside" and I ended the show wishing that you "Have Yourself a Merry Little Christmas." Mark Smith, I hope Santa brings you everything you want; you deserve it.

While we're showing our gratitude, Player's Guild wishes to thank Vivian Hollander for her donation of jewelry. In the past, Vivian has also donated costumes and purses. As you may or may not know, Player's Guild does not charge for our monthly shows so our fundraising activities have increased importance.

We're making resolutions and looking forward to 2021. As proof, we have two shows in the pipeline: our pandemic-delayed annual BIG show "Carnival", directed by Richard Weiss; and a monthly show of beautiful Broadway melodies.

# PET CLUB

By Cathy Michaels

We look forward to gathering again as the LV Pet Club! As a Pet Club member, we hope you continue as members! Not a member but have a pet? Consider joining us! Our goal? ing their care, understanding their behavior. Also, learning about local wildlife, like California condors.

Before COVID 19, we held If that weren't enough activity monthly programs. In January

—Please see PAGE 11

# **CLUB NEWS**

# Pet club

From Page 10 -

2020, we heard from veterinarian Andy Miller, listened to the Ventura County Animal Shelter's success as a non-kill shelter, and noted how to protect our pets from LV coyotes. No longer able to meet, we launched a successful fundraiser for Melissa Blackwell's pandemic-challenged small business, Beach Dog Fun. Between now and when we do meet in person, we will feature our activities and special events in Club News, as well as introduce you to Pet Club members and their pets.

# WOMEN'S GOLF

By Patti Crichton

Happy New Year!

President Kathy Whitesell has advised Women's Golf members to start keeping score of our golf games again in January. We need to update handicaps and prepare for Club Championships and tournaments.

There will be no formal groups or scheduling. You can play sometime on Wednesday morning with at least one other club member and record your scores.

Please have two members sign the card. Take a photo of it and send it to Cherie Webb.

If you know somebody who would like to join, this would be a good time to introduce them to the game and they can get a handicap.

May the fairways be kind to you in 2021.

## LV PHOTO CLUB

By Chuck Morrow

Well, another year is behind us. We have not been as able to share time with family and friends this year but we still have holiday photos we may wish to share. You or call her at 805-910-9526.

can share your photos by forwarding them to Gregg Gillmar at gsgillmar@outlook.com. Gregg will upload your photos to https:// leisurevillage.smugmug.com/ and you can direct friends and family to view them there.

The judge for the December Photo Club competition was Steve Friedman and the club wishes to thank him for his time and excellent work in evaluating all the photos submitted. The winner in the Assigned Category of "Trees" was Gregg Gillmar. The Open Category was won by Bev Davis and the winner of the Mobile Category was Doug Demers. Frank DeSimone submitted the winning photo in the Creative Category. This month's theme will be "People."

If you are interested in joining the Photo Club or have questions contact: Ken Lauchner at 805-491-2432 or ken.lauchner@roadrunner.com.

# **GRAPES R US** WINE CLUB

By Barbara Senior

Grapes R Us, the Leisure Village wine club is all about wine; Tasting, enjoying, learning and discussing. We have been meeting virtually through Zoom with themed tastings and have been able to stay in touch with the club members and share a little wine, conversation and spirited discussion. Our December tasting was a unique one, we had a sparkling tour of the world, tasting a California Sparkling Wine, a French Champagne, an Italian Prosecco and a Spanish Cava.

We are welcoming new members to the club. Join us and take part in the virtual tastings, learn a little and enjoy the wine experience. Drop a line to Janis at grapesruslvwineclub@gmail.com

# Insi**d**e Leisure Village

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# PHOTO CLUB WINNER – ASSIGNED CATEGORY



■ 1st — Gregg Gillmar / Tired Youngster



ILV Issue01 - 11.indd 1 12/28/2020 11:10:01 AM

# UB NEWS

# **MENS GOLF**

By Joseph Benti

Like most activities, our rounds are shadowed by the COVID Virus. But every now and then it, too, has little rays of promise. One such event occurred a couple of weeks ago on the back Nine. A threesome, Nick Schellong (Club 1st V.P), along with Don Marquardt and Joe Quackenbush were at the 17th—here's how Nick describes it: "Joe steps up, pulls his 6 iron out and shoots a hole-inone. Very exciting."

A week later, while with Marv Kassen to tee up on the 8th, I spotted the same threesome on its way to the green on #3. Surprising Marv, I put down my club, ran across the gully to the three and got a great shot—then I ran back but as I was adjusting my mask, the ear strap broke...out of breath, I picked up my club and



Photo by JOSEPH BENTI

(I-r) Joe Quackenbush (briefly unmasked for this photo) who hit his first ever hole-in-one on the 17th, witnessed by Dan Marquadt (mask in hand) and Nick Schellong (behind the mask.)

(the wind had forced Marv and me to remove our hearing aids). Sure enough, JoAnne Bonetto beckoned from her patio, "Would you like a Christmas mask for you and your wife?" She asked, not knowing my mask was unusable. In a matter of minutes, I had experienced yet another "Village Moment," Of thought I heard a woman's voice course, none of it helped my game.

Stay Home

By Lee Edwards

a little about my friend Kay Bell.

She and her late husband Robert were the original owners of their house in Village 40. Kay still lives there but now only with a cat for company. Kay has three children, seven grandchildren and two greatgrandchildren. Her daughter Dorothy comes to visit every week. I've known Kay for many years. We've played Bridge in the Village Garden room until all activities came to a "screeching" halt due to the virus. Here is hoping we can resume our normal pastimes in the next year.

# **WORKSHOP FOR** WRITERS

By Pat Lagerstrom

It is such a pleasure to write Janu-This month I want to tell you ary 2021; I confess to shivers. Then —Please see PAGE 13

# PHOTO CLUB WINNER – CREATIVE CATEGORY



■ 1st — Frank DeSimone / The End of the Wine Tour



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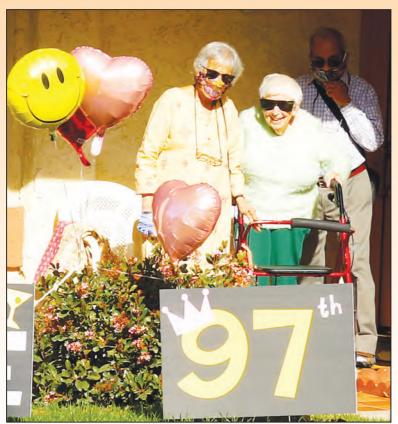
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# Drive-by for a birthday



Above, residents and friends of Lee Edwards line up to drive by her home and wish her happy 97th birthday. Below, Lee stands, waiting to greet and wave to her well-wishers.



Photos by BUD BRADLEY

# Writer workshop

From Page 12 —

my cell phone rang an emergency notice telling us to stay in because the virus is spreading yet again. When is this craziness going to stop? Enough of that subject. I hope instead that you are doing well and creating new ways to live your life. We call it survival and we can do it. I have a mask in my car, one in my purse, and one in my pocket each morning along with my pen and tablet. I must have these items because, as a writer, I have to be able to write.

The holidays are fast approaching, and we need to be careful. My 805-586-4485

family has decided to drive for short outdoor visits only. Masks are de rigueur, six feet apart and no indoor sardine gatherings. At least we will be able to greet each other. I hope all of you will be able to enjoy a happy, safe gathering this season. Our writers are writing, and when we meet again there will be plenty of interesting stories. Please write your stories and bring them to our grand opening after the virus is conquered. Every 2nd and 4th Wednesdays at 2pm in the Lanai Room. For more information please call Mark Sconce 805-586-4485 or Frank Seiden

# Nicole Oakes-Wilson 805-277-7761

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# **CLUB NEWS**

# WOODSHOP

By Bud Bradley

Happy New Year to all. THE WOODSHOP IS OPEN!! although on a limited basis. New Hours of operation: 8:30 AM until 4:45 PM, Monday thru Friday only, to facilitate staff checking and locking before clocking out. The Annex is still not yet available. We are not able to perform repairs

for Villagers at this time. Notifications will be sent out when this rule changes.

If you are around the shop, most any morning, come by and meet "Pirate." There are sign-up sheets posted on the door and current key holders will be able to sign up for as much as a 2 hour shift. Rules of operation are posted there also. One can sign up for as little as a half hour shift, but no more than 2 hours per day.

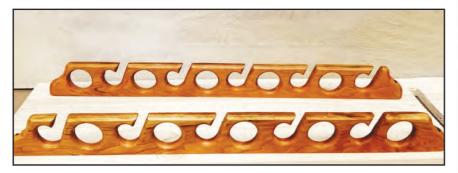


Photo by BUD BRADLEY

This month's photo is of a set of fishing pole holders crafted by our own Woodshop Manager Bruce 'Pirate' Anderson.

# Thank You for your business in 2020. We look forward to serving you in 2021!

If you know of someone who is looking to buy or sell in Leisure Village give us a call.

Guidance during COVID-19 in-person showings and listings We strive to protect the health and well-being of our clients

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# PHOTO CLUB WINNER – OPEN CATEGORY



■ 1st — Bev Davis / Lighthouse View



Photo by JOHN H MAYER

Dramatic winter sunset over the village.

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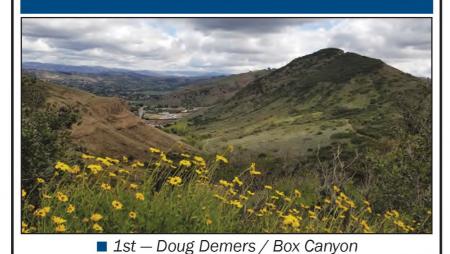
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# PHOTO CLUB WINNER - MOBILE CATEGORY



# **CLUB NEWS**

# **VILLAGE ARTS**

By Patti Crichton

Wishing you a happy new year and all the best in 2021!

Hopefully, we will be able to get together in the Lanai Room later this year to paint and visit.

President David Kiefer will keep us in the loop with any new developments, by email.

We have some lovely new additions of artwork on our FaceBook page.

Thank you for your contributions.

# SHOWTYME

By Jennifer Stein

Showtyme rings in 2021 with an entertainer whose talent takes his audience from Country Western to Broadway tunes, the fantastic Rick Jarrett. This show is a 2018 New

Years Black Tie Event, and the audience dressed up to keep the theme alive. The history of Showtyme goes back 25+ years with one main objective.



tive in mind, to entertain LV's residents with the cream of the crop, from local talent to global enter-

tainers. We as a team worked very hard to have our dream come true. And each 2nd Friday of the month, through rain or shine we committed our club to open our doors with the anticipation and wonder of having lasting memories of that Friday evening, at least until the next month's entertainer performs on our stage.

The year 2020 put a halt to all that and our club was able to showcase Showtyme's uniqueness in person but our memories of them will take us through this dark time. 2021 brings us new hope for our doors to open wide again with familiar entertainers along with brand new talent and wonderful surprises and that all the LV club activities will be able to provide opportunities for residents to enjoy and partake in.

So, for now mark the date on your calendar for a 2018 Showtyme New Year's Celebration on January 15th, 16th & 17th, that's Friday, Saturday & Sunday at 10am, 3pm

& 8pm each night on LV's channel 1390. If you liked it once you can watch it a few more times, just to set in the memories.

If you have any questions please contact Jennifer @ 805-383-1518.

able to provide opportunities for idents to enjoy and partake in. So, for now mark the date on ar calendar for a 2018 Showtyme \*\* In the tradition of Showtyme. Repeat 2x's...What Time is it? It's Showtyme... I didn't hear you...Again!!

Let's raise our glasses and say a toast...Happy New Year to all, stay safe and healthy.

# **Delicious**

From Page 3 -

last month, holiday cards for everyone – is provided and paid for by the Village volunteers. As word of this "police appreciation" got around, more Villagers joined the project. The Deputies weren't the only beneficiaries. The Villagers realized that the dinner orders could also benefit local restaurants hard hit by COVID restrictions. So each month they ordered the meals from a different eatery.

The officers "seem to love it,"

Vonnay explains. "We serve them in the briefing room, so it's a quiet way for us to show them how much we appreciate what they do. We don't want attention. We want them to know simply that we support and applaud them."

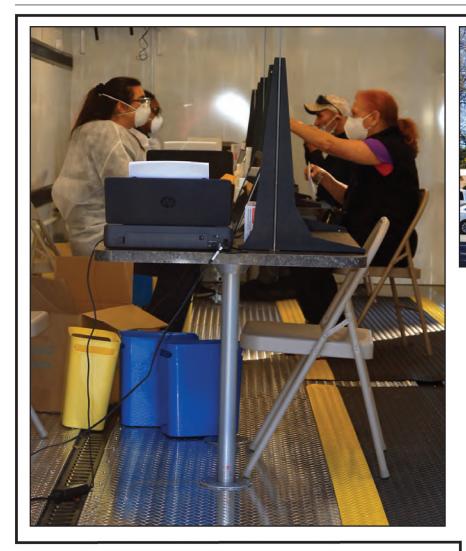
The local officers get the message. Commander Eric Tennessen, who heads up the local station, says, "It means the world to us to know that the community supports us. We are all amazed and humbled. It makes us feel very good." It makes the Leisure Village team feel good, too.





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PAGE 16 JANUARY 1, 2021 INSIDE LEISURE VILLAGE





# **COVID-19 Testing in the Village**

By Patty Ecker

For six hours on December they were escorted – at proper 18, Village residents received COVID-19 tests without leaving masks – inside the testing van, the Village. The Mobile Testing Unit from the Ventura County Health Department brought took about five minutes. Many professional equipment and staff Villagers laughed as they left to LV's East Parking Lot and the mobile unit saying, "That administered 261 tests on-site.

they approached the van. Then testing in the County.

social distance and all wearing which was sanitized after each appointment. The procedure was really easy." They were told Thanks to the commitment that results would be reported of Chair Carol Moody and the back to them within "one to Ed & Rec Committee, the test- five days." The head of the Van ing occurred via a reservation team said that his staff had been system, which enabled residents working 24 straight days to to stay safely in their cars until accommodate the demand for

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# VILLAGERS DECK THEIR VEHICLES TO SHARE SOME HOLIDAY CHEER

Photos by GREGG GILLMAR and BARBARA SENIOR





Leisure Village residents and families were treated to a parade of Holiday Cheer with golf carts, bicycles, a vintage fire truck and even a Model T during two parades on Saturday, December 12th and a repeat command performance on Saturday, December 19th. Jim and Linda Gaffney organized the well-received event.

Photos, clockwise from top left: Editor Jon's entry; the parade on LV Drive; Biker Jerry Price the Reindeer; "Deck the Halls" Chuck and Leslie Hall's Christmas cart; Santa Don Senior waves to Santa on a vintage fire truck; Gary & Sheila Bunch's cheerful Chrismas decorations.







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### **DEADLINE** for the next publication is Thursday, January 14.

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### CALVIN AND HOBBES







Turning the calendar and welcoming in a new year brings a feeling of a fresh start – something so many are desperately looking for right now after all that 2020 brought with it.

There were lots of things that were out of our control. It's time to assess what IS (or can be) in our control and empower ourselves to forge ahead. Make a 2021 plan and then break it down into bite-sized pieces. You know the saying... how do you eat an elephant?...one bite at a time!

Here are some ideas for areas to assess. Somewhere within each of these broad areas is something that you can take control of with a goal to improve.

<u>HABITS</u>: It's safe to say we all have bad habits we would like to quit, and good habits we wish we had. Whether breaking or making, they take time. During 2020, our normal habits were abruptly interrupted. Why not make 2021 the year you determine which ones you want to keep, ditch, or start? Don't know where to begin? Read a book on habits (like '7 Habits of Highly Successful People' or 'Atomic Habits').

### PHYSICAL: Some ideas include:

- Evaluate your fitness routine and kick it up a notch in 2021.
- Keep a food journal for at least 3 weeks and evaluate your nutrition. You can order a myriad of ready-to-go food journals online that make it easy.
- Drink more water. Most people go through life chronically dehydrated. There are many health issues and annoyances related to inadequate water intake. Start by tracking what you drink each day for 3 weeks to make sure you get a feel for being hydrated, and see if you notice any differences at the end.

### SPIRITUAL / EMOTIONAL: Some ideas include:

- Starting a gratitude journal (see our November Barlow's Got your Back section)
- Prayer and/or meditation
- Reading scriptures and other spiritual material
- Spend less time on social media. When you go to get on social media, pause and consider if there is something more substantive you could do for yourself emotionally/spiritually to nourish your soul.

**FAMILY**: Spend time with family and loved ones in the best way for you and your circumstances. Connect in a way that you can see each other live, like Zoom, Facetime or Google Duo. If you don't know how to use them, well...learning how to use them can become one of your 2021 goals.

Make family time quality time. Play games and do fun activities together to build memories. Put down the devices when you're together in person.

**EDUCATIONAL**: Pick a new topic or skill to learn or an educational degree to work towards. So many educational resources are online now! You can work on an educational degree, download an educational app for a topic of interest, and there are myriads of how-to videos posted online that you can watch to learn new skills. There's no excuse to not level up in whatever interests you.

<u>FINANCIAL</u>: Track spending for a couple months to see where your money is going. You may be surprised to see how many unused subscriptions you are paying for. This can also help you create a realistic budget. Leave room to contribute to your emergency fund...life happens!



The Barlow Group BRE #01945712

Remember to regularly check out our 'Barlows Got Your Back' section of our website to see links to helpful articles and info.

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