

# INSIDE LEISURE VILLAGE

VOL. 45 NO. 1

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

JANUARY 5, 2024

## VILLAGER PROFILE

### Lois Reinhart – Knitter, Reader, Cross Stitch, Family

■ Lois looks back at a “Good Life” and reflects on her 4 daughters, 17 grandchildren & 39 great grandchildren

If Jon Niemann hadn't suggested that I might like to write a profile on Lois Reinhart, I would never have had the pleasure of meeting her. How delightful & rewarding it has been. I hope you enjoy reading her profile as much as I have enjoyed writing it.

Lois was born in Lampson, Wisconsin in 1929. Together with her parents, her 2 sisters and a brother, she lived on a farm about 3 miles from the nearest town where about 1000 people resided. As was typical in that era, she and her siblings attended a one-room schoolhouse.

After finishing elementary school, but prior to marrying and starting a family, Lois's career was as a secretary. Bearing in mind where

she lived, it isn't surprising that one of her first jobs was at a milk-testing facility run by the Dairy Herd Improvement Association.

After this, she moved to Minneapolis, living in a girls' club with two friends from home whilst she worked as a secretary for the Montana-Dakota Utilities.

In 1948 when she was 19, Lois was hospitalized for a week because of a ruptured ovarian cyst. There she received a visit from a young man named Ken whom she had dated when she was 15. He proposed to her in her hospital room and 5 weeks later, they were married.

In 1944 and straight out of high school, Ken enlisted in the U.S. Navy where he remained until



Courtesy Photo from the Family Archive  
Lois in the center right, surrounded by her 17 grandchildren. They would go on to bring 39 great-grandchildren...and counting.

1946. In 1951 he got a job as an adjuster in an insurance company in St Paul, so the family settled comfortably there. In 1959 Ken got a promotion to branch manager, but unfortunately it wasn't in St Paul.

It was to the now infamous Fargo, North Dakota, where the average high temperature in January is 18 degrees & the average low is zero! There they stayed until 1971.

—Please see **PAGE 6**

## TECH AND THE VILLAGER By Louis Lapidés

### Have Emails Taken A Toll on Your Soul?

#### ■ Online Safety for Seniors

What percentage of the email you receive each day is essential? If you're like me, about 20% of my emails are significant and need to be answered.

Wall Street Journal readers were surveyed, “What proportion of the emails you receive at work are important to you?” 43% of respondents admitted that only 1/4 of their emails are important.

Are your email boxes filling up with written distractions?

If we can only persuade friends to stop sending recycled silly

jokes, warnings about computer viruses, or announcing they've been hacked again.

On top of the avalanche of personal emails, we must put up with incessant solicitations from mobile phone carriers and time-consuming surveys from every store where we shop. Help.

With snail mail, we receive a batch of bills, letters, and ads once a day. What if the mail carrier returned and filled your mailbox every 30 seconds? It sounds like email—only a little time to enjoy life.

All this emailing takes a toll on our souls. More and more emails

can depersonalize us.

When my father passed away fourteen years ago, I received three written sympathy cards and lots of condolence texts and emails. I sincerely appreciated all the sentiments in the correspondence, but there's something heartfelt about receiving a sympathy card with a postage stamp.

I must confess. I still check my emails 25 times a day. On the positive side, I write to more people than ever. I shorten my business transactions and correspondences because of emails. On the negative side, nothing can substitute for the sound of a human voice.

What can we do? Keep it simple. Take a week off from emailing. Stop filling up each other's inboxes with email “television.”

Resist the temptation to spend hours scouring unnecessary e-messages and obsessively deleting junk mail. Your email service should do that for you.

Read literature in a non-digital format. Visit the Leisure Village library and check out a book.

Allow yourself to be bathed in the beauty of an afternoon Sunday string quartet concert. Learn a musical instrument. Write. Be creative. And please do not check your email inbox!



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### December 2023 Sales

Bel Air	Village 22	\$577,500
Brentwood	Village 17	\$480,000
Brentwood	Village 34	\$505,000
Brentwood	Village 42	\$585,000
Coronado	Village 25	\$591,000
Holmby II	Village 44	\$645,000
Holmby II	Village 37	\$650,000
La Jolla	Village 42	\$750,000
La Jolla	Village 38	\$850,000
Newport	Village 5	\$510,000

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12LV06S

## IN MEMORIAM

**Howard Koehn – Village 23**

**Murray Levine – Village 20**

In Memoriam entries, please submit name and village number of the person who has passed to: [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com) ATTN: In Memoriam

## ABOUT INSIDE LEISURE VILLAGE

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## Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com). Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

## February 2024 Edition Deadlines

Club News, articles and letters: Friday, January 19. February issue will be available Friday, February 2. Send news, articles & letters to [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com).

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."



COMMUNITY NEWS

By Dennis Doolittle

Research and Advisory Committee (RAC) – Do not forget the Energy Town Hall meeting scheduled for January 17, 2024, 10am to noon in the Assembly Room (AR). Plans are underway to broadcast the event live on LVTv and to make a recording available on the web site and on LVTv.

Village 28 Storm Sewers – Work by the Village’s consultant has demonstrated that the drainage problems in Village 28 are the result of Conejo Creek backfilling the storm drains. The Village is working with the responsible government agencies to resolve the problem.

Paint Project – The original whole house stucco and trim paint project is underway in Villages 6, 8 and 17. Work is now progressing in Village 17. Villages 7, 9, 19 are in the next phase of the paint project. Work will start once Village 17 is completed.

Roofing – Work has begun on the next phase of the roofing project.

Work is underway addressing the most critical roofs, so they are moving around the Village. Once this is finished, work will begin in Village 4, then V25 and then V5. Individual homeowners will receive notification before work begins on their building.

Concrete – A consultant was hired to review the concrete work schedule. The consultant ranked the concrete issues by severity, 3 being the problems posing immediate danger and 2 being problems which needed repair but could possibly be fixed by grinding down concrete edges, to 1 which are problems that need to be watched in case they get worse. At the December meeting, the Board decided to authorize the repair of the category 3 and 2 problems. Note, fixes to “cosmetic” issues were not included in the authorization.

Water Usage – The usage of household water in the Village has been slowly increasing. We started at

64+ gallons of water per person per day (GPD). During the drought when restrictions were in place, we dropped to less than 54 GPD. We are now back up to over 59 GPD and climbing. We know that restrictions have been lifted, but water is paid for by the Village and is included in your HOA fees. The cost of this increase in water usage is coming right out of our pockets.

Garage Doors – The Village receives complaints about garage doors left open. A new garage door policy is under review (copy

is available on the [leisurevillage.org](http://leisurevillage.org) website). It is expected that the Board will address the new policy at its February Open Board meeting.

Garbage Bins – The Board has decided to start enforcing the rules for storage of garbage and recycling bins. Citations and fines will be issued.

Administration Building Sewers – The Admin building is experiencing serious problems with its sewers which will require major repair. Staff is in the process of obtaining proposals for the repair work.

Energy Town Hall to be Held in January

By Marlynn Block

The LV Research and Advisory Committee (RAC), formerly known as the Long Range Planning Committee, will sponsor a community-wide Town Hall on energy in the Assembly Room on January 17, 2024 from 10am to noon.

The focus of this Town Hall meeting will be energy concerns facing Villagers now and in the coming years. Topics covered will include the installation of Electric Vehicle (EV) chargers, Solar roof panels, EV power stations and energy saving appliances and equipment for homes.

— Please See **Page 9**



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## THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

# Staying Active in Cooler Weather

Even though we live in beautiful Camarillo and our weather is one of the best around, it still can get quite cool in the winter months. As we ease into a cooler season, sometimes we might lose the motivation to exercise and go outside because of the chilly temperatures we tend to get, especially in the mornings. There are many options to stay active in colder weather while living in Leisure Village.

Some suggestions to remain active are layer up the clothing and take a walk/play golf outside in the warmer part of the day, go to the Leisure Village gym, and take some classes such as line dancing, morning exercise in the Pavilion, bone builders' class and Tai Chi and Yoga. If you are up for a drive, you can walk inside at the Thousand Oaks Mall or the Mall in Ventura when it's raining and the weather outside isn't conducive to being outdoors (no shopping

allowed until your walk has been completed). Many Villagers put on their heavy terry robes and bravely venture into our wonderful, heated pool on cooler days.

In addition, there are many exercises that you can do inside your own home. Purchase 3–5-pound hand weights for upper body strengthening (be sure you know how to use them with correct form), use resistance bands to exercise your legs, perform push-ups against the kitchen counter and keep up your stretching when you are home. Holding onto the kitchen counter you can raise up on your toes, lift your leg out to the side slowly (without moving your body) or march in place with good posture. You can strengthen your legs by performing mini squats against the wall (hold 5–20 seconds without increasing knee pain) and going from sitting to standing (preferably without using your arms) from a kitchen chair against the wall (so it doesn't move) with increasing repetitions.

Sometimes, we feel we don't have enough energy to exercise, and mo-

tivation will come from will power and the power of our mind. As we experience the aging continuum, our muscles will get weaker unless we use them, and it is true that you have to use it or lose it for your muscles, heart and your brain.

We can get more complacent not moving and sitting too much as we go through the stages of life (hypokinesia = lack of movement), and most of us know we were more active in our younger years. It is important to keep active as our body is meant to move. Exercise boosts your immune system during the cold and flu season, and if your energy is lacking, move in shorter bouts of time more often with rest interspersed. Most people will agree that after we get out and exercise, we feel better, and many have increased energy.

*Editor's Note: Jeannie Davis is an LV owner and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.*

## Lunch & Learn

Understanding services offered to seniors.

Whether you're providing care for an elderly family member or have inquiries about your own well-being and aging process, you're cordially invited to join Sage Mountain for a complimentary lunch and learn session.

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## Wirtz Bench Now in Place

It finally arrived. A bench to commemorate the life of "Mayor" John Wirtz placed just outside the Pavillion. We gathered members of John's family including his wife, Kathy Wirtz, to photograph the fitting memorial to a man who left us a happy legacy.

The effort, led by Marian Flosi, brought in donations from many individuals and a number of LV Clubs including: LV Music Club, Mavericks, Mens Golf, Women's Golf, Billiards, Showtyme, Players Guild, LV Women's Club, Let's Dance and Saturday Night Dance. Stop by, pay a tribute to John and have a seat.



Photos by JON Family of John Wirtz gathered to welcome the Wirtz Memorial Bench outside the Pavilion. Standing: Frank DeSimone, Bob Foote and Dave Delahunt. Sitting: Geri DeSimone, Kathy Wirtz with Angel (who would not look up), Karen Foote, Linda Delahunt and Nikki Pires. The plaque on the John Wirtz memorial bench acknowledging his "Mayor" of LV moniker in perpetuity.



# VILLAGE ENTERTAINMENT

## Music & Movies

LV Music Club - Marci Lapair

The Music Club's December Open "Mic" Night was the largest crowd we have ever had. The entertainment was fantastic. The new Leisure Village Chorale Club directed by Dorene Blair and accompanied on the piano by Marlene Cooper performed for the first time anywhere. They sang *Blowing in the Wind* and *Let There be Peace on Earth*. Kathy Wien accompanied by Richard Weiss on the piano, beautifully sang in Hebrew an emotional and inspirational song *Sim Shalom* which translates in English to "Grant Us Peace."

The audience was excited by the return of brothers Andrew and Evan Sherbrooke. They have not performed at Open "Mic" Night for several months. They came to see their mother Rosalie Sherbrooke sing with the Chorale Club. They performed the song *Stray Cat Struts* along with their nephew Michael. To the delight of the audience Kermit the Frog joined in with them when they sang *Winter Wonderland*. The next Open "Mic" Night is Friday, February 2.

We are excited to announce the return of the Night Blooming Jazzmen on Sunday, January 21 at 2:00pm in the AR. This popular traditional Dixieland Jazz Band has not performed in Leisure Village since August of 2019. Their music is top-quality and they have a lot of fun with their audience and each other. Tickets are now on sale for \$10 per

person. They can be purchased at all Music Club activities. For more information about purchasing tickets call Frank Jimenez 805-890-8864. Don't miss this fun afternoon.

The movie to be shown on Monday, January 15 at 7:00pm in the AR is the classic "The Notebook" starring Ryan Gosling, Rachel McAdams, James Garner and Gene Rowlands. Based on the best-selling novel by Nicholas Sparks, "The Notebook" is at once heartwarming and heartbreaking and will capture you in its sweeping and emotional force. The movie is two hours long and is PG-13.

Please save the date of Tuesday, March 12, for our popular annual St. Patrick's Day Party. Ticket information will be announced in February.

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00pm in the AR. Come and listen to their easy listening music. For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

## Entertainers Night of Music

Players Guild - Linda O'Neill

Players Guild's 2024 season begins on Thursday night, January 18th when doors open at 7pm. President Joyce Belcher acts as director and producer for this annual show: "Entertainers Night." She presents some long-time regular performers and

also introduces new singers. Singers pick their song and write a paragraph about what that song means to them. Mrs. Belcher tells me the LV dancers are also in the line-up. What could they be up to? I have been wondering who will perform and I know of only one so far: Buster Hayslett. You know it will be fun!

Coming up later this year is our anxiously awaited "big play." I think most of you know our players will be performing *Fiddler on the Roof*. The show will be staged Wednesday, April 17 to Sunday, April 21. Tickets will cost \$15 each. As many of you know, *Fiddler* is the story of a small Jewish settlement in what was Russia: "Anatevka." There were many such shtetls in the Ukrainian area (called the breadbasket of Europe) in the Russia of 1905. The action focuses on the milkman, Teyve who is married to Golde, and raising five daughters. Richard Weiss will play Teyve and Vivian Hollander will play his wife, Golde. Their oldest three daughters are Tzeitzel (Linda O'Neill); Hodel (Anne Marie Flo-

rio) and Chava (Kathy Wien) and all three challenge the tradition of arranged marriage when finding love with Motel, the tailor (Irving Feiles); Perchik, the revolutionary (Henry Ettinger); and Fyedka, a gentile (Howard Wien). When the village is menaced by the growing threat of a pogrom, the crisis leads to the story's climax where we learn how tradition and family are critical to survival.

Players Guild ended its 2023 season with a delicious buffet dinner where attendees were seated at tables with unique centerpieces in a beautifully decorated AR—all planned by President Joyce Belcher. Richard Weiss produced a classy and entertaining holiday show featuring a visiting guest cellist, Whitney Raleigh. Mr. Weiss and Ms. Raleigh performed two duet sonatas for piano and cello, one by Mendelssohn and the other by Rachmaninoff. Kathy Wien, Anne Marie Florio, Lynn Kremer, Helene Cohen and Judy Hope performed 'Light' to celebrate

—Please see **PAGE 7**

**Happy New Year!**  
**Best Wishes for a great 2024!**

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# Lois Reinhart

Continued From **PAGE 1** —

For 17 years, Lois had been a stay at home mom to her 4 girls. Then she went back to work as a secretary for the Philosophy and German Departments at a Lutheran college. Clearly, her secretarial skills had not diminished during her long break from work as she was typing at 93 words a minute!

In 1971 her husband Ken suffered a heart attack and 10 years later had triple bypass surgery. This was followed in 1989 by a heart transplant at UCLA. A milder climate was recommended for Ken's health, so they moved to Oxnard where one of their daughters lived. Sadly, Ken passed away in 1997. Ten years later, Lois moved to Leisure Village.

Ken had been all but addicted to football. He would watch as many games on television as possible 4 nights a week, especially the Vikings and the Packers. Lois was an ardent Dodgers fan, but didn't care so much for football.

So she would sit with Ken while he watched the games and she would knit afghans. To date, she has knitted a total of 151 and has given one to each of her direct descendants when they graduated from high school. With every afghan came a poem that Lois had written. (See a copy of the poem in this issue.) It was very fortunate that she enjoyed her knitting hobby so much as she has 4 daughters, 17 grandchildren and 39 great grandchildren. Now she knits babies' booties & blankets for 2 local charities.

Speaking of poems, Lois has written one every Christmas since 1974. She keeps a copy of each one in an album. She can recite them from memory.

Lois's other needlecraft hobby is doing cross stitch on Christmas stockings. So far she has made 71, the last 10 with one of her daughters.

In addition to that, Lois learned to play bridge when she was 13 and still plays once a week. Reading is one of her passions, so she regularly borrows books from the LV library



Photo by JON  
The Lois knitted booties lined up and ready for the newborns in Ventura County.



Courtesy Photo from the Family Archive  
The four Reinhart daughters L to R: Peggy Heyse - 2 children, 6 grandchildren. Carolyn Church - 4 children, 3 grandchildren. Julie Westerheim - 2 children, 6 grandchildren. Beth Schuberg - 9 children, 24 grandchildren.

and has set herself a goal of reading at least 3 books a week.

There are many things that Lois loves about living here in LV, but especially her neighbors who are so very nice to know and who most willingly do things for one another. She looks reflective, a smile crosses her face and her eyes twinkle. "Life has been good to me," she exudes.

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# VILLAGE ENTERTAINMENT

## Players Guild

Continued From **PAGE 5** —

Hanukkah, after which Mrs. Wien sang Sim Shalom (Hebrew for “Grant Peace”). Judy Hope’s musical skills were on full display as she harmonized twice: once with the ‘Light’ quintet and also a duet to Silver Bells. Linda O’Neill wished the audience to ‘Have Yourself a Merry Little Christmas,’ the ever-popular holiday song which was written in 1943 for the 1944 movie “Meet Me in St. Louis.” Not to be denied, the “boys”- Buster Hayslett, Bill Crome, Julius Hirsch and Irv Feiles intoned a medley of Silent Night, Jingle Bells and The Christmas Song. Buster went country Elvis and soloed a Blue Christmas. Denise Pepper sang a touching O Holy Night in a lovely lyric soprano. Ah,...the spirit of the season was definitely in our collective hearts.

## Lil Bit of Country, Carmine

Showtyme - Jennifer Stein

Happy New Year from Showtyme. Let’s kick off 2024 with our favorite country Western entertainer, Carmine. He’s a

whole lot country as he celebrates some of the best country western performers. The evening will be filled with popular songs from Kenny Rogers, Merle Haggard, Tim McGraw & the great Johnny Cash. Do you like The Golden Oldies from the 70’s 80’s & 90’s or our newer songs at the top of the charts? Either way you can’t go wrong with a little bit of country.

So, grab your partner and put on your favorite boots & country wear and mosey on down to Showtyme.

It’s all happening on Friday, January 12th in the AR. The show starts at 7:30pm and doors open @ 6:45pm.

Annual 2024 membership is available before the show. If you signed up in Dec. there is no charge for admission. If not, a \$5.00 donation per person is admission for January’s show. Annual 2024 Membership is only \$20.00 per person, that’s less than 2 Starbucks & it’s for 9 shows....what a deal!

50/50 raffle is back for a little excitement for 2 lucky winners. All you cowboys & cowgirls don’t forget to put on your western wear. Bring a friend and show off your line dancing (dancing room will be available). If you have any questions please contact Jennifer @ 805 383-1518.

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New Residents and representatives from LV Clubs are invited to the Welcome Committee’s reception on Thursday, January 25, 2024 at 6:00 pm in the Assembly Room. The reception is a wonderful opportunity for new residents to meet representatives from many of our Clubs, the Board of Directors and Administrative staff. Please join us for this special event.

New Residents please RSVP and Clubs reserve a space (only one representative per Club).

Contact: Bobi Shmerling 805-389-1975 (home)

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# ART IN THE VILLAGE

By Nicole  
D'Amore

## Creating Award Winning Art With an iPhone

Chuck Herrera's photographs are often among award winners with the Leisure Village Camera Club. Lately he's been focusing on street photography, and people and buildings are among his favorite subjects. All of his photos are taken with his iPhone.

"I have always taken photos of our family and friends and when we traveled, and we have many, many photo albums," Herrera said, opening cabinet doors in his home, showing rows of albums.

His first experience of photography was taking pictures of his two daughters when they were young.

"I had a Kodak camera and I'd take a roll and hopefully I'd have five or six photos that were OK," he said. "In the beginning, I just wanted to have a history of the family growing up."

Now family photos often feature



Photo by NICOLE

Chuck next to a wall of family photos that he took.

his four grandchildren ranging in age from six to 30.

He and his wife Cathy have been married 52 years and enjoy traveling. Many of his photos feature

subjects from Tokyo, Cambodia, Laos and Vietnam, as well as Wales, Scotland and England.

Shortly after moving to Leisure Village about five years ago, Herrera joined the photo club.

"I was really interested in photography and thought maybe I should take this a little more seriously," he said. "The judges are professional photographers. To be honest, I really don't care if I place or not because I've really learned a lot about photography."

The club meets monthly. There are mobile, assigned and open categories. In the mobile category you can only use what your phone is capable of, he said.

"In the Open category, you can do basically anything you want, photoshop or other things that are out there," he said.

Many of the photos he has entered have been from trips.

"At a club meeting one of the members said, 'Boy, you're a good street photographer.' I had no idea what it was but I looked it up and got interested in that," he said. "There's really no theme to it, you're just catching someone in a moment of time. None of it is posed."

Looking back through his photos, he realized that is what he had

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—Please see **PAGE 10**



## ART IN THE VILLAGE

By Nicole  
D'AmoreLibrary Artist for January  
and February 2024

The artist exhibiting in the library for January and February is Beverly Goring. She is exhibiting a variety of contemporary paintings, both abstract and landscape, using water mixable oil paint.

Goring said her paintings are light and receptive with lots of things going on which she hopes encourages people to discover new things every time they look at them.

Goring moved to Leisure Village in July 2019, coming from Grantham, NH where she took up painting about 20 years ago.

"I've always been a visual person and have a good memory for color," she said. She started

painting after looking for something to do after retirement.

"I was driving my husband crazy, I was driving me crazy, so I enrolled in a painting class and thoroughly enjoyed it," she said.

She continues to study art, currently in Barbara Shannon's class at the Conejo Valley Adult School, an open studio concept. Students work on what they want and the teacher walks around and gives feedback, she said.

Goring was happy to find a house in Leisure Village with space for painting. She has an area set up off her kitchen.

"If I'm in there cooking, I'm in there painting," she said.



Photo by NICOLE

Beverly Goring next to one of her abstract paintings.

## Energy Meeting

Continued From PAGE 3 —

Several outside vendors and professionals will present helpful information on each of these topics. A panel of "resident experts" will discuss the steps they took to install these items in their own homes. This panel will include a few of our Vil-

lage neighbors, who can answer questions and share tips based on their own experiences.

Watch the newest humorous Public Service Announcements promoting the Town Hall ("Town Hall Energy Info") online at [www.leisurevillage.org](http://www.leisurevillage.org) under the LVTv tab and also in rotation on LVTv, channel 1390 to find out more!

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# Chuck

Continued From PAGE 8 —

been doing without being aware of it.

“You usually have only one shot at it. Whenever we’re traveling I always have my iPhone in my hand. You never know when you’ll find that one shot. I have to give credit to my wife. She’ll tap me on the shoulder and say, ‘stop and turn around and look over this way.’”

That turned into an interesting shot of old trolley car cables over modern downtown Toronto that won a first place in Nov. 2021.

His first award was “Mr. Blue Eyes,” a photo of a cat emerging from a window, in 2020.

He has picked up good tips from the judges. One judge talked about the rule of thirds or balancing the photo, another of determining the actor, supporting cast and background in a photo. One thing he learned is that foliage must be healthy. He submitted a photo of fallen leaves that had a lot of color

but the judge dismissed it saying, “These leaves are dead,” he said.

He also belongs to two online photo groups, one in Oxnard and one, which focuses on street photography, in England. He has submitted photos to both and has gotten some recognition.

Recently he went on a photo trip through the Goebel Senior Adult Center in Thousand Oaks, which included a professional photographer and focused on street photography in Los Angeles. They stopped at Union Station, City Hall and Chinatown.

“He kept emphasizing you only have one shot. That’s my goal right now,” Herrera said.

Some photos happen by accident, others require more work. Outside a campsite in Arizona, he noticed clouds overhead that looked like ghosts and got the shot.

“A few minutes and it would be gone,” he said. Another time, at a WNBA game, he had to exercise patience in getting a shot of Las Vegas Aces coach Becky Hammon instructing her team. That effort



“Looking for Nature” - Chuck’s granddaughter looking through a knothole on a covered bridge in Yosemite.



“Mr. Blue Eyes” - a photo that took first place in its category and was the first winning photo he had submitted to the LV Photo Club in 2020.

“Watching The Little Mermaid” - children in Cambodia watching the movie on an iPhone during a school lunch break.



Photos by  
CHUCK HERRERA

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earned him a first place award.

Herrera was recently given a Canon camera and photo equipment by a LV resident who had to give up photography. He wants to move beyond the iPhone and learn to use that, but also spends time doing literacy tutoring twice a week through the Camarillo Library and is part of an English conversation

group with students from an ESL class. He’s done that for four years in Camarillo and 11 years before that in Thousand Oaks.

But he’s always looking for a good shot.

“Overall I think I’m pretty proud of what I’ve been able to do,” he said “I’ve learned a lot and I’m still learning.”

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## A WORD ON WINE

By Barbara  
Senior

# Good Wine in the Santa Rita Neighborhood

Recently we were at a neighbor's house to taste five single vineyard Pinot Noirs from the Santa Rita Hills AVA, about an hour north of Santa Barbara. The wines were from two wineries located less than two miles from each other: Sanford and D'Alfonso-Curran.

Richard Sanford is justly celebrated as a California Pinot Noir pioneer and Santa Rita Hills AVA founder. His 1970s plantings of Pinot Noir showed the area to be superlative for wines in the classic Burgundian style of Northeastern France. Bruno D'Alfonso would become the wine-maker at Sanford, crafting beautiful wines there for several decades. Eventually their partnership ended, but both remained in the area, each setting up wineries just down the road from each other.

The Santa Rita Hills AVA is

in the unique position of having the Pacific Ocean about 15 miles away, both to the south and to the west. It is cooler than just about all its northern neighbors: cooler than Napa and Sonoma, even cooler than Washington State. Throughout the rest of North America, mountain ranges run north-south, parallel to the coastline, creating a barrier between the ocean and the other side of the mountains where it's drier and warmer.

Unique to the Santa Rita Hills AVA, the mountains lie east-west, funneling the ocean's moist, cool air inland to the rich valley surrounding Lompoc. The result is moderate temperatures without heat spikes in summer and little worries of freezing in the winter. The AVA enjoys North America's longest growing season, usually 125 days. Cooler temperatures, plenty of sunshine



and a long growing season mean the grapes will almost always ripen fully. It's the perfect climate for producing rich Pinot Noir.

The five Pinot Noirs at our tasting were a three-year vertical tasting from Sanford: 2018-2019 & 2020 and two separate single vineyard wines from D'Alfonso-Curran. Coming from vineyards growing almost next to each other, the wines still showed a distinctive character, reflective of the winemakers' hand. Bruno's wines had more body, a

bit more tannin and were made in the classic Burgundian style, often benefiting from some years of age. Sanford's wines were more in the California style, drinkable now and more fruit forward. The vertical vintages differed mainly due to climate variations of each growing season.

At the end, the wines were paired with mushroom pate, goat cheese with pomegranate seeds and a flatbread pizza. It was a very special evening enjoyed with fellow LV wine lovers.

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# Successful Mavericks Christmas Parade



Photos by PATTI CRIGHTON  
Photo spread on 2 pages showing some of the parade entries, including some beautiful classic cars.



## Bad News About Bone Loss

Have you noticed your face changing shape since you lost some, or all, of your teeth?  
Are you looking "old" before your time?

There is a reason—AND a solution.

Whether you've lost some, or all, of your teeth, you may turn to bridges, or dentures, to make your mouth 'whole' again. But unfortunately, over time, your face can start to look and feel different...

...and here's why:

The bones in your jaw need the stimulation they get from tooth roots in order to remain strong, dense and healthy.

Without stimulation from the root of each tooth, the bone in your jaw starts to change...and not in a good way.

In the absence of root-deep stimulus, your jawbone actually begins to atrophy, or shrink. As the bone in your jaw continually withers away, the corners of your mouth droop...and your facial muscles start to shift out of position, adding wrinkles before it's "time," and changing what you're used to seeing when you look in the mirror.

If you have a friend who might be interested in this article/offer, please feel free to pass it along.

In the end, your continually deteriorating jawbone and loss of jaw height in the back causes your nose to point down, and your chin to point up – giving you a witch-like appearance.

And, unfortunately, there's more...Even if you're perfectly content with your dentures or bridges, you may have

trouble with the way they fit down the road, as your jawbone continues to deteriorate.

Over time, there will be less muscle, and less bone, to hold your dentures in place. Nerves come closer to the surface as your gums wear down...and it's possible to end up experiencing agony every time you take a bite.

The GOOD News Is:

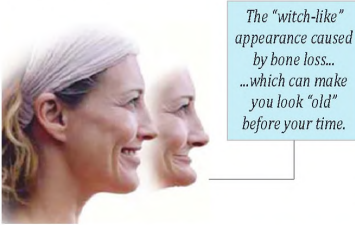
There is a way to stop bone loss. As soon as you get dental implants in your jaw, you can stop losing bone in that area.

Your body can recognize the need to maintain bone levels around the implant, as it it were a natural tooth root!

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The "witch-like" appearance caused by bone loss...which can make you look "old" before your time.



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Photos by PATTI CRIGHTON

More photos from the parade entries.



# Giving Back to the Community



LtoR: Roberto Martinez, CEO of Boys and Girls Club Camarillo; Linda Nutall; Barbara Crome, Inside Leisure Village Classifieds manager and treasurer; Jon Niemann, ILV Editor, presenting a check to support the programs available to Camarillo Youth.

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## CLUB NEWS

### LV WOMEN'S CLUB

By Barbara Cogert

Happy New Year to all! After an exciting end to 2023 (our holiday party was oversold and well received) we are now busy planning our 2024 Calendar. Thank you to all who donated to Food Share, donated and purchased items from our Boutique, and your "Change for Change," all of which benefit our local charities.

Our next meeting will be held on Thursday, January 11th at 1:30. Doors will open at 1:00 pm. This is the first meeting with our newly elected board members, come and meet them. We will be Playing Games! Bring your favorite Board games, or play with ours (Domino's, Mexican Train, Rummy Q, etc) Puzzles, too! If you would like to be in charge of a table, contact Pam at 314-283-8172 to reserve a table and bring your group. Come meet new friends, visit with old ones (no pun intended). Refreshments will be served.

It is time for Membership Renewal. Membership renewal is \$10.00. Please remember to bring your donations and "Change for Change." Thank you! We look forward to seeing you there!

inator is Connie Davis and Thursday coordinator is Lois O'Connor. Raffle prize tickets were drawn for delightful surprise gifts.

After the meeting closed, delicious potluck dishes were enjoyed. Following the delicious food a bowling tournament was conducted. Twenty-four players participated and non-players observed the challenge. Winners of the tournament were: Larry Troops with a total score of 343, Rosi Ross with a total score of 304, David Kiefer with a total score of 290. The socializing was enjoyed by all.

The officers for 2024 are: Debra Petit - President, Sylvia Edmonds - Vice-President, Barbara Cranfill - Treasurer, Denise Torrence - Secretary. The coordinators for the bowling sessions remain the same. Lois O'Connor is Publicity Chairman.

Wii Bowling 2024 season starts in January. New averages and handicaps will be established. Those interested may join in the fun anytime during the year. The club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii bowling room is in the Village Clubhouse Ventura Room. If interested in participating, contact club president, Debra Petit at 805-504-6774.

### WII BOWLING

By Lois O'Connor

Wii Bowling 2023 season has come to an end. The Holiday Season Potluck on December 9 was also a celebration for the fun filled year. Before enjoying the potluck the semi-annual meeting was held. This provided an opportunity to thank Sylvia Edmonds for all the tasks she does to make Wii Bowling successful. Trophies were awarded to the five members who bowled 300 games. At this time, those bowlers who converted splits received certificates recognizing their accomplishments. The coordinators of the four bowling sessions were introduced: Tuesday coordinator is Sylvia Edmonds, Wednesday coor-

### WOMEN'S GOLF

By Patti Crichton

Welcome to January 2024! December celebrations included a fabulous holiday luncheon at Bistro 13 and award presentations. Many thanks to the organizers and their helpers!

The President Cup winners were Leslie Hall for the 18's and Patti Crichton for the 9's, after several close Match Play games. Most Improved golfers were Deb Dolan for the 18's and Janna Cohen for the 9's. Our President, Sharon Price, scored a Hole in One on #10!

Carol Dietz flew away with the most birdies for the year. Congratulations to all!

—Please see **PAGE 15**



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# CLUB NEWS

## Women's Golf

Continued From **PAGE 14** —

January play will include the annual Memorial Cup tournament. This year there will be an award for both the 18's and the 9's, in memory of members who have passed away but are not forgotten.

Our monthly meeting is Wednesday, January 10th in the Garden Room. Come at 1:30 to chat and snack. The meeting begins at 2pm. New members of all levels are welcome. Come to the meeting and join for \$10/year. We are on the LV Course every Wednesday morning.

## YE OLE WOODCHIPPERS

By Bud Bradley

Happy New Year to All.

November's totals were as follows. 14 jobs completed for Village residents, and a combination of

6 quick fixes and Village repairs for the Village management and maintenance crew. Just when we thought we had seen it all, someone brings in a new challenge. There are some things we just cannot fix, due to the type of material used to build the item or it is too far gone to be restructured. Lately we have been making new items to replace the old items, made of what we like to call, "Faux Wood." Nevertheless, our crew got caught up with the backlog.

We are losing one of our key members for the next three months. Phil Drain is going off to help build youth facilities for folks less fortunate and in need. Also, the call for hose bib covers has increased lately, and we are starting to get backed up. Get your orders in early.

The rest is old hat. The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main

woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com. The Woodshop is open from 10am until noon every Wednesday and Thursday, to accept your repair requests. During those hours, the Woodshop will be operated by Woodshop Committee members only. There will be no charge for these services unless special materials are needed to complete the



Photo by BUD BRADLEY

Disassembled chair getting the complete treatment by Ye Ole Woodchippers member Bob Sears.

repair. Finally, we gratefully accept donations for these services to help keep supplies and equipment up to date. Keyholders are asked not to work on their own projects during these hours.

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## CLUB NEWS

### GRAPES R US WINE CLUB

By Jan Bender

Grapes R Us holds monthly tasting sessions to discover wines of different varietals and to explore wine regions around the world. The festive December tasting included charcuterie trays and the featured wines were a Roederer Sparkling, Cambria Pinot Noir and Winterlandschaft Gluhwein.

Our January tasting will feature 5 wines from central Europe – Croatia in particular. Croatians have been growing grapes and producing wines for over 2000 years, so they have some expertise. We will test it out.

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person. Reservations are highly recom-

mended. To get our monthly email invitation, drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

### RACQUET CLUB

By Sharon Wilson

It never rains in southern California? Our Turkey Trot pickleball tournament was postponed until December 3rd. The winners were Rosie Calderon & Hector Sepulveda, Sunshine Peterson & Ron Bruns, Sue Easterlin & Ken Hector, Christine Reinhardt & Roger Florio.

The Wine and Cheese party was delightful. What a spread! It should be called the wine and cheese and crackers and meat and sushi and cookies and pie and nuts and hummus and pita bread party. Many thanks to our hospitality committee of Lynne Aune, Dirk Feild, and all the others who planned and set up this event.

Chuck Russell of "Ye Ole Wood

Chippers" LV Woodshop was commissioned to build a new first aid box for the courts. Chuck did a great job. The supplies will stay dry and organized.

Check out our web site <https://sites.google.com/view/leisurevillageacquetclub/home?authuser=0>

See you at the courts.

### LV MUSIC CLUB

By Marci Lapair

It's that time of year to renew your Music Club membership. You can renew your membership at all our monthly Music Club activities. This \$10 annual membership fee allows us to continue to provide 7 monthly activities at no charge for the enjoyment of all the Village residents.

All our members receive email reminders and advance notice of upcoming Music Club activities. Membership dues help cover the cost of the complimentary snacks that we serve at all our activities.

For more information on the LV Music Club call Marci Lapair 818-399-0843.

tavio's in December.

Our first meeting of the year was January 3rd. Kathy Whitesell shared watercolor techniques with our group. Memberships (\$10) for 2024 are due. New members are always welcome. Come to a meeting, or call President David Kiefer to join at 805-419-4688.

The December watercolor class paintings are on display in the glass case of the Rec. Center courtyard.

January watercolor classes are Monday, January 15th at 1pm and Friday, January 19th at 1pm and 2:30pm. Text Patti Crichton at 805-760-7673 to sign up.

The classes are taught by Kathy Whitesell for Village Arts members, materials included, \$10/class.

### LV BOWLING

By Gene Kinsey

Here we are at the Holiday season and our Leisure Village bowlers are all set to celebrate. We take two weeks off for the holidays and a few seem to forget how to bowl each year but that problem is short-lived. We still have room to squeeze in a few subs if you are interested. Annual dues are \$20 and weekly bowling every Friday morning 9-noon is \$14. If your New Year's Resolution is to get involved in something fun and worthwhile, check in with Bobi Shmerling at 805-389-1975 for more info. Or, come on down to Harley's Camarillo Bowl and watch how much laughter we generate.

Top bowlers for the past month were for the ladies: Bobi Shmerling 166, Clancy Martel 134, Georgette Kinsey 119 and Kristine Jones 177. For the men: Dick Fisher 178, Art Titan 193, Myron Jones 213 and Bruce Anderson 183.

### BINGO!

By Bobi Shmerling

Everyone can play Bingo. Come enjoy an evening with friends and take a chance on winning cash prizes. Bingo is held on Wednesday evenings at the Recreation Center in the Assembly Room.

—Please see **PAGE 17**

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### LET'S DANCE CLUB

By Patrick Price

It's a Happy New Year. The "Let's Dance!" band in January is Bad Chemistry. Dances are on the third Saturday of the month, from 7:30 to 10:00pm. This month's "Let's Dance" will be on Saturday, January 20 in the AR. Admission to "Let's Dance" is just \$10 per person. For that low price coffee, water and punch will be provided as well as dancing the night away. It's BYOB for anything else. We also have a 50/50 give away.

'Let's Dance' has some great volunteers but more are always welcome. Contact Sue Lind at 559-304-1650 if you would like to help the others.

### VILLAGE ARTS

By Patti Crichton

Happy New Year!

Village Arts members enjoyed a festive Holiday luncheon at Ot-



# CLUB NEWS

## Bingo

Continued From **PAGE 16** —

Minimum buy-in is \$13 for 18 games with payouts ranging from \$40 to \$300 plus. Doors open at 4:45 pm and close at 5:45 pm. Play begins at 6:00 and ends shortly after 9:00 pm. Contact John Herrera 805-419-4195.

## PLAYERS GUILD

By Linda O'Neill

It's time to renew our Players Guild memberships! According to Jani Klebanow, Players Guild Membership Vice President, \$10 per year entitles the member to nine highly creative shows staged by local talent: directing, acting, singing, dancing and including story origination, set design and construction and technical support for lights and sound.

Of course, dues also provide that one may simply enjoy audience participation (and the dessert treats after performance). Please note: All players must be members in good standing if they are involved on stage in a workshop or "the Big Play."

## LV PHOTO CLUB

By Chuck Morrow

The Photo Club held their final meeting for 2023 on Thursday, Dec 6th, in the MPR. The Assigned Category for the month was "Vintage Cars." Joining us as the judge for the month was Laura Ise, a photographer specializing in mood and realness from Toluca Lake. This was Laura's second time judging for the Photo Club this year. The winners for the month were:

Assigned Category – Doug Demurs "Souped up 1941 Willys"  
Open Category – Doug Demurs "Tractor Row"  
Mobile Category – Chuck Herrera "Lunchtime at the Getty."

If you wish to view all the photos submitted for the December Photo Club competition, please go to Lei-

sureVillage.org then to the Clubs Tab and select Photo Club. Next select LV Photo Club Pictures, then 2023 LV Photo Club Pictures and finally December 2023. The winners for the month will also be displayed in the Recreation Center Building hallway and in the MPR.

January will be a busy month for Photo Club, in addition to the regularly scheduled meeting on January 4th with the theme of "Lights." Members will be voting on the new slate of officers for 2024 as well as holding the "Best of 2023" meeting and dinner on January 18th in the MPR. Dues for 2024 for the members are currently due.

For more information regarding the Photo Club please contact Melody Zaida at h2obaby10@gmail.com.

## SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Happy New Year to everyone. Our most important issue is our health. We offer to all Villagers a first time complimentary ticket to our Saturday Night Dance Party. The music, dancing or listening is good for your health and soul. January 13 - Eric Ekstrand Trio, Tango; January 27 - Tropic Starr, West Coast Swing. \$10.00 admission per person includes dance lesson 6:30 - 7:15, followed by 7:30 - 10:00 dancing. Let's start off the New Year with a fun evening and a happy smile.

## MAVERICKS CLUB

By Dan Turner

We hope you all had a chance to participate in or watch the Mavericks' Christmas Parade which featured decorated golf carts, classic cars and even a fire truck from our local station! It was a great way of getting us into the Christmas spirit!

On January 26th beginning at 5:30pm with hors d'oeuvres, the Mavericks' popular Winter Blast

will take place in the AR. This semi-formal affair will feature a sumptuous sit-down dinner with several delicious courses presented by Command Performance. A choice of vintner's chicken, butternut squash ravioli and zinfandel braised beef short ribs will be on the menu.

A winter wonderland theme will decorate the AR while we dance to the music of Dave the Piano Man. Tickets are \$40. Seating is limited, so get your tickets early for this exciting event by contacting Vera Erskine at 805-987-4537. Tickets will not be sold at the door. So dress up a little and don't miss this magical evening of fine dining and dancing to your favorite music!

## MEN'S GOLF

By Tim Palmer

The Men's Golf Association held its annual Installation Luncheon on December 12 to hand out 39 cash awards for golf excellence during calendar year 2023. In addition, the Tournament of

Champions winner, Jerry Price, was awarded the Jay Balter Cup for his winning performance. Over 50 Senior Golfers attended the meeting to install the 2024 Leisure Village Men's Golf Association officers, who are: Jon Hall, President; Patrick Moore, First Vice President; Scott Harrison, Second Vice President; Dan Isenberg, Secretary and Max Chopra, Treasurer.

Eight LVMGA members passed during the year and a moment of silence was held to recognize their absence. Walter Wilson and Jack Bozajian were singled out for their exceptional contributions to the Association during the year.

At the most recent LVMGA Regulation Tournament, held at Olivas Golf Links, Gary Gascoigne won the A Flight with an exceptional 79 gross score and John Palmer was low net. The B Flight was won by Jeff Rach with Pirate Anderson recording the low net score. Six birdies were recorded during the event, with Jack Bozajian and Jeff Rach sinking the longest putts on holes 9 and 18.



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# CLUB NEWS

## LV APPLE COMPUTER CLUB

By Louis Lapidès

Did you know your iPhone can actually save your life? To find out, attend our next meeting of the LV Apple Computer Club on Wednesday January 24th at 1 pm in the Garden Room. We will also continue our discussion of iPhone Fundamentals.

No matter what your level of expertise, you will learn something new and useful about the operation of your iPhone.

For more information, call club president, Louis Lapidès, at 805-490-3127.

## BILLIARDS CLUB

By Patrick Price

It's 2024. Happy New Year. The first tournament of the year for the Billiard Club will be Monday, Tuesday and Thursday, January 29, 30 and February 1 for the first week and February 5, 6 and 8 for the second week championships.

Sign-up sheets will be posted on the Billiard Room bulletin board

the 1st week of January. The game will be 1 & 15, the original Leisure Village Billiard Club match. Also, membership dues are \$10 - and you must be a member to play in the tournament. We take cash or checks. So, join the Billiard Club for fun and friendships. Contact Kathy Wirtz 818-445-1057 for membership.

## LV WRITERS GROUPS

By Mark Sconce

Leisure Village is blessed to have two unique writers' groups. The first and oldest is the Writers Club whose motto is Write, Present, Listen, En-

joy, Learn. Its members read out loud their various writings over the years be it fiction, non-fiction, memoirs, sci-fi or poetry.

The second group is Workshop For Writers whose members read aloud their presentations and expect to receive friendly feedback on how to improve the piece. It's a workshop whose motto is: Easy Reading Is Hard Writing. These two clubs are distinct and exist to meet various needs and wants. Pick the one that best suits you, and plan to attend their next meeting.

Writer's Club: write President Debbie Glass at [debglass412@gmail.com](mailto:debglass412@gmail.com)

Workshop For Writers: Call President Mark Sconce – 805-586-4485

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**DEADLINE for the next publication is 5pm on Friday, January 19.**

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