LEISURE VILLAGE



Vol. 34 No. 12

An Active Senior Community

Santa Rosa Road, Camarillo, California

December 6, 2013

AST CONTRACTOR OF THE PARTY OF

Photo by Jerry Spector Susan J. Speer shows how to make a spinach smoothie.

Nutritionist: Eat to beat cancer? It can be done

By Marion Green

What a concept! Eat to Beat Cancer.

On Tuesday, Nov. 5, at 11 a.m., 40 Leisure Village residents received a gift in the form of Susan J. Speer. She came wrapped in a green apron and a checkered shirt with sleeves rolled up and ready to go.

Along with Steve Lehman, manager of the SCAN Senior Resource Center, Susan had come to give our residents a presentation called "Eat to

Please see FOOD on 9

Annex gets head-to-toe remodel

By Patty Ecker

For years, The Annex seemed to be a mysterious building. Was it just for golfers? Which side was the front? Why so few windows? No name on the walls? What happens inside? By the end of 2013, we should have the answers — and new ones, at that.

That nondescript rectangular building located between the first tee of the golf course and the backside of the swimming pool and pavilion is fast becoming a remodeled activity center for Villagers. The 4,000-square-foot structure has been reconfigured, reroofed and repainted.

"The whole idea of the remodel is to make it more useful and welcoming," explains General Manager Bob Scheaffer.

The centerpiece of the new

Please see ANNEX on 8



Photo by Jerry Spector

Susan Rockwell and Shelly Runge from LV's Recreation Office try out the new party room furniture and check out the pendant lights that will hang in the remodeled Annex.



Photo courtesy Sylvia Edmonds

The parish church of St. Peter and St. Clare, dating back to 1085, figures in Sylvia Edmonds' ancestry.

Researching ancestry is rewarding

By Sylvia Edmonds

I have been researching my roots for about 10 years. The furthest I have gotten back to on one branch of my mother's family is 1550 in Yorkshire, England. This person would be my 11th great-grandfather. Another branch of her family I traced back to 1688, to my sixth great-grandfather. I have

Please see RESEARCH on 8



The staff of Inside Leisure Village hopes everyone enjoyed Thanksgiving and wishes all residents and their families and friends the best of the upcoming holidays and a very happy new year!



Photo by Ann Rogers
Joann Thatcher dresses
up for the Women's
Golf Club's Halloween
Scramble. See Page
25. Masquerade Ball
coverage, Page 17.

Kudos to those who respect flag

would like to commend those responsible for properly displaying the U.S. flag on the flagpole at the Recreation Center on Patriot's Day, Sept. 11.

Just like on Memorial Day, the U.S. flag needs to be flown at half staff on 9/11.

As I drove around the Village on Sept. 11, I observed only a few flags that were properly displayed.

According to the United States Flag Code, the American flag is not to be flown after sunset without it being properly illuminated. Solar lights are available for this purpose.

Also, according to the United States Flag Code, Section 8, Paragraph K: "The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning."

If you have a flag that needs to be properly retired, I will be happy to pick it up from you and take care of it for free. Call me at 889-5599.

- Paul Bramson, V. 5



LVTV PROGRAM SCHEDULE DECEMBER 2013

Channel 96 - Direct Connect; Channel 995 - Digital Box

LVTV email address: lvtvcommittee@gmail.com



DAY	DEC	TIME	PROGRAM *Note: OTR = Old Time Radio		
Mon Wed Fri Sat	All Month	Viva the Village! *9:15 am; 3:15 pm; 7:15 pm	Host, John Baillie Veteran's Club Chair, Kent Kellegrew Upcoming events, Christmas and New Year's Eve, Shelly Runge Thanksgiving Dinner, Susan Rockwell		
Tue Thu Fri Sat	All Month	Villagers On The Town 8:30 am; 12:30 pm; 4:30 pm	*On Sat. Larry's cooking show will follow the 9:15 am show Host, John Baillie Camarillo Area Transportation (CAT), Roc Pulido Camarillo High Athletic Director, Mary Perez		
Daily	1000	Calendar Diva	Debra Guill & John Baillie – 8:00 am; 2:00; 5:00; 7:00 pm		
Mon	2	10 am	LVA OPEN BOARD MEETING - LIVE		
Tue	3	10 am & 8 pm	LVA OPEN BOARD MEETING - TAPED		
Wed	4	10 am & 8 pm	What Was My Line - Joan Levy, Bob Rody, John Stalberg (54 min)		
Thu	5	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows		
Fri	6	10 am & 8 pm	LVA OPEN BOARD MEETING - TAPED		
Mon	9	10 am & 8 pm	Players Guild – Awards Show 2008 (74 min)		
Tue	10	10 am & 8 pm	Current Movie Review with Lin Grant and Larry Swartz		
Wed	11	10 am & 8 pm	Cooking - Larry Swartz - Cutting Down the Carbs (25 min)		
Thu	12	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows		
Fri	13	10 am & 8 pm	Leisure Village Art Show – 2009 (50 min)		
Mon	16	10 am & 8 pm	Tree Trim - 2009 (67 min)		
Tue	17	10 am & 8 pm	Current Movie Review with Lin Grant and Larry Swartz		
Wed	18	10 am & 8 pm	Women's Club – Richard Weiss 2011 (44 min)		
Thu	19	10 & 8 *OTR 7	Thursday Showcase – See LVTV Message Board for Shows		
Fri	20	10 am & 8 pm	Pacifica High School Dancers – 2011 (27 min)		
Mon	23	10 am & 8 pm	Interfaith – 2006 (50 min)		
Tue	24	10 am & 8 pm	Players Guild - Comedy Tonight 2010 (20 min)		
Wed	25	10 am & 8 pm	Women's Club - Holiday Show 2007 (36 min)		
Thu	26	10 & 8 *OTR 7	Thursday Showcase - See LVTV Message Board for Shows		
Fri	27	10 am & 8 pm	Shared Experience – Art Kaufman (42 min)		
Mon	30	10 am & 8 pm	Veterans History Project: Bob Vanderhaven (55 min)		
Tue	31	10 am & 8 pm	What Was My Line - Rick Deeley, Margaret Petersen, Patty Crithton (2013)		

Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address and telephone number. Please limit letters to 150 words. We reserve the right to edit and/or condense. Place in ILV box. Space permitting, whatever was not printed in this issue due to space limitations will be considered for the next issue.

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Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Ventura County Star, Scripps Howard and the E.W. Scripps Company. The Ventura County Star is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the policy of ILV shall be to report and publicize LV events and activities.

January deadlines

Deadline for letters, club news, stories, photos and classified ads for the January 2014 issue is Thursday, Dec. 19, at 5 p.m. The Display Advertising deadline will be Friday, Dec. 20, at 5 p.m. Publication is scheduled for Friday, Jan. 3. Please e-mail stories and photos to editorilv@yahoo.com. Typed copy, double-spaced, should be deposited in the ILV box in the Recreation Center hallway. Handwritten material should be submitted early to allow for typing.

By Lin Grant

The Booster Club's Veterans Day Canteen was once again a huge success.

This free event began with the Color Guard from Naval Base Ventura County, Port Hueneme, being accompanied by four of LV's own veterans: Kent Pettigrew, Frank Seiden, Irv Bergman and Frank Katz.

Then Pam Rossi's Dance Ten provided lively and youthful entertainment, followed by many patriotic moments.

Veterans and guests munched on donuts and cookies while celebrating our Armed Forces.

The LV Booster Club would like to thank all who donated the beautiful wreaths and those who came to purchase them at our World of Wreaths fundraiser, which benefited our Veterans Day celebration.



Photo by Jerry Rosen
Lin Grant addresses the crowd at
the Booster Club's Veterans Day
Canteen.

Temple hosts holiday dinner Dec. 25

In these very tough times, a proper holiday dinner with all the trimmings shouldn't be something anybody has to give up.

If you need a place to spend Dec. 25 with good food, music, laughter and a chance to make new friends, we have the perfect place for you. It's completely free, and you're already invited.

The dinner is sponsored by Temple Adat Elohim. It's Wednesday,

Dec. 25, from 11:30 a.m. to 2:30 p.m. at Thousand Oaks High School, 2323 N. Moorpark Road, Thousand Oaks. Bus transportation will be available if we have at least 10 people sign up.

Although not an LV Association event, you may sign up at the travel office in the Rec Center by Dec.15.

For further information, contact Leisure Village resident Sheldon Tilles at 437-6619.

Looking Back: 750 trees planted

By Marilyn Holthouse Village historian

- December 1973, 40 years ago: 750 trees were planted on the golf course.
- December 1978, 35 years ago: The units along Mountain View Drive were being completed.
- December 1983, 30 years ago: Plantings along the perimeter of

bougainvillea and Carissa were paid for by the Garden Club.

- December 1988, 25 years ago: The Organ Club presented a Holiday Harmonies program.
- December 1993, 20 years ago: New carpet was approved for the corridors of the Recreation Center.
- December 1998, 15 years ago: A tragic fire occurred in Village 40.

Read this newspaper at home. Instead of in the waiting room.

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Conejo Players Theatre: "Monty Python's Spamalot," through Dec. 14. 351 S. Moorpark Road, Thousand Oaks, 495-3715.

Elite Theatre Company: "A Christmas Carol," musical, through Dec. 22. 31 Victoria Blvd., Oxnard, 483-5118.

High Street Arts Center: "Christmas Magic," through Dec. 15. 45 E. High St., Moorpark, 529-8700.

Rubicon Theater: "A Rubicon Family Xmas," through Dec. 8. "Little Miss Scrooge," Dec. 18 through Dec. 23. 1006 E. Main St., Ventura, 667-2900.

Simi Valley Cultural Art Center: "Plaid Tidings," Dec. 7 through Dec. 22. 3050 E. Los Angeles Ave., Simi Valley, 583-7900.

Santa Paula Theater Center: "At Long Last Leo," through Dec. 22, 125 S. 7th St., Santa Paula, 525-4645.

Ojai ACT: "Miracle on 34th Street," through Dec. 22. 113 S. Montgomery St., Ojai, 640-8797.

BIBLE STUDY

By Carol Cannell

The Leisure Village Bible Study group is taking December off, during which time we will have our annual Christmas Luncheon.

We begin again on Tuesday, Jan. 7. The new year is a great time to start learning more of what the Bible has to say. There is no homework or workbook involved, just come and listen to one of four local pastors

who rotate teaching each Tuesday morning.

We meet at Emeritus, just outside the Leisure Village main gate. Come around 9:50 a.m. and be greeted by Carol. Our study goes from 10 until 11:15 a.m. We'd love to have you give us a try. We are a very warm, inviting group of women.

For more information, call Carol at





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What you need to know when hiring a caregiver

By Sue-Ellen Colp

The three main goals that we need to focus on when considering care options for the older adult are: keeping the aging loved one at home and independent for as long as possible, safety, and keeping everyone's quality of life as good as it can be.

Professional caregivers can be grouped into three different categories: independent caregivers, agency employees and independent contractor with a registry.

• Independent caregivers are responsible for marketing themselves and finding their own clients. They may have a criminal background and reference checks at the expense of the consumer, which is the older adult. The older adult becomes the employer and is responsible for hiring. scheduling, handling performance issues and paying federal and state payroll taxes. The older adult assumes the risk as the employer,

since the independent contractor will not be covered by liability and bond insurance and workers' compensation. The independent caregiver does not receive support. training and continuing education, nor is a replacement caregiver available if the independent caregiver calls out sick.

- · Agency employees are screened, trained, bonded and insured. They are employees of the individual company for whom they work. The agency handles all taxes and other employment obligations, such as workers' compensation, liability coverage and addressing performance issues. The agency also provides additional support between the family. caregiver and client.
- Independent contractors with a registry are recruited, screened and referred to the consumer. who is the older adult. The older adult becomes the employer and is responsible for hiring, scheduling,

handling performance issues and paying federal and state payroll taxes. The older adult assumes the risk as the employer, since the independent contractor will not be covered by workers' compensation, liability and bond insurance. While the contractor may have had a criminal background check and reference checks, it is likely they are not receiving support, training and continuing education, nor is a replacement caregiver available should the contractor be sick.

Final word of advice: Shop around. Remember you get what you pay for. Look for the best value rather than the best price. Try to determine what your family needs and which agency will best support you.

- Leisure Village resident Sue-Ellen Colp is a consultant working for Home Instead/Sharing Seniors. She can be reached at 805-312-1991 or via email at busnme@gmail.com.

Hebrew classes being taught in Sewing Room

Hebrew classes will be held on Tuesdays at noon in the Sewing Room of the Recreation Center.

A beginners Conversational Hebrew class will be conducted between noon and 1 p.m. From 1 to 2 p.m., a class in learning how to read Hebrew will given. The only requirement is attending regularly and an interest in learning. A minimal amount of outside study will be required. No prior knowledge or training is needed. Everyone is welcome to attend.

For further information, contact Ben Racowsky at 805-445-8284.



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Kevin Sharim

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Your Family Care Team

L-R: Marc Wright, D.O., Urgent Care/Family Practice; David Lyons, M.D., Internal Medicine; Sara Whatley, D.O., Family Practice; Brian Santini, M.D., Internal Medicine; Tajinder Kaur, M.D., OB/GYN; Todd Anderson, M.D., Orthopaedic Surgery; Patricia Luckeroth, M.D., General Surgery; Brigitte Lovell, D.M.D., Headache, TMJ & Sleep Apnea; Scott Changchien, M.D., OB/GYN; Jill Hall, M.D., Urogynecology & Pelvic Reconstructive Medicine; Tammy Cheng, M.D., Rheumatology; Joel Siegel, M.D., Dermatology

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Research yields finds

Continued from 1

a picture of the farm and home where they lived - still standing two years ago, but in total disrepair - taken by another newfound relative who lives in the area and took a special trip there to get pictures of the family homestead for me.

I have found the graves and headstones of my paternal third greatgrandparents in a little hamlet in England and sat in the same church, and pub. where my ancestors would have sat so many years ago. This was the thrill of my lifetime.

On my first visit to the new Tech Lab I discovered

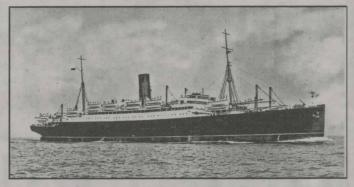


Photo courtesy Silvia Edmonds

Through ancestral research Silvia Edmonds was able to locate a photo of the ship that brought her mother from Scotland to Canada in 1928, the Andania 2.

the ship on which my mother emigrated from Scotland to Canada, the address of the sister whom she was going to live with, and the fact that she only had 15 pounds (currency) to her name when she got on that ship. She was 21 vears old.

This information has

opened the door for me to find additional information about my aunts and uncles that was unknown to me

Having Ancestry. com available for LV researchers is a great boon, and I thank everyone involved who made this possible.

Annex is getting a face lift

Continued from 1

Annex is a sort of AR II, a smaller version of the Rec Center's Assembly Room, but large enough for dances, parties, yoga and exercise classes.

"It's larger than the MPR and not as expansive as the AR," says Scheaffer. "This new area will provide plenty of space without the work and expense needed for the AR."

Round tables and chairs, donated by the Saturday Night Dance group, along with pendant lights above and carpet beneath will be permanent fixtures, as will the new dance floor, too.

The Annex redesign is stem to

The Ping Pong Palace has new Sport Court flooring, a cushioned surface that is non-skid for players' safety.

The Wii Bowling Room will

have tables for those who want to watch and cheer the competitors in comfort.

The old, tired furniture, artificial plants and TV set in the Social Room - home to many Village card games and chess matches - will be replaced eventually, and new carpet will be installed.

And one section of the building will be home to the sets and the set building needed for LV theatrical productions.

A new roof has been installed, followed by an updated air conditioning system; and the entire place has been repainted. The cost of the remodel was approximately \$100,000.

A grand-opening ceremony will be held, probably before the end of 2013. There's talk about renaming the new facility. Suggestions are welcome. Anyone vote for The Clubhouse?

Goodbye to Your Knee-Pain, Without Surgery

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Recover your life now!

Have you considered surgery?

People who suffer from knee pain take supplements or pain killers before seeking advice from a doctor. When the pain continues, many think that surgery is the only option. Before you face this situation and have to pay

Facts to consider before surgery

	Treatment with Dr. Nia	Surgery	
Cost	Covered by most health insurance companies, including Medicare	Deductible, Co-pay, Medicines, Time-off from work	
Risk	No side effect	Complications, addiction to pain-killers	
Pain	None	Could be acute for months	
Recovery	Immediate	Months/Years	

"The first time I visited Dr. Englanoff, I had pain on both of my knees; it was difficult to walk or take the stairs. After my treatment, I started walking and taking the stairs without pain".

Francis K



What is available to treat knee pain?

After a careful study and several tests, the FDA approved a new treatment aimed to people with knee pain.

This new treatment is a high technology answer to those who think that surgery, diet supplements, and prescribed medicine are an option to eliminate the pain.

The ultrasound technology allows doctors to identify the problem area, with great accuracy

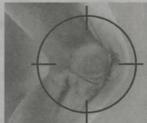
A viscosupplement injection is given. This injection is a natural component that lubricates joints, reduces pain and inflammation. This procedure is as easy as given a vaccine shot.

When will I feel the changes?

Most of the people experience improvement within weeks and can start enjoying their everyday activities

Who is a good candidate for this treatment?

- Do you wake up with knee pain?
- · Does your knee pain doesn't let you carry out
- · Have you been told that you need a knee
- · Are you active and suffer knee pain?
- . Do you take knee pain killers?
- . Do you have difficulty taking the stairs due to knee pain?
- · Have you thought of surgery?
- · Have you unsuccessfully tried everything to



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Food can help protect your health

Continued from 1

Beat Cancer." As part of the Ventura County community outreach to seniors, the SCAN Senior Resource Center had teamed up with the Cancer Center at St. John's Hospital to bring us this informative session.

The flyer promoting this event states, "The secret to reducing your risk of cancer is right in your kitchen. Eating a variety of fruits, vegetables, whole grains and beans can protect your health, improve your energy, and help manage your weight, all at the same time."

That got our attention. Attendees were ready to hear what Susan had to say.

Susan J. Speer is a certified specialist in oncology nutrition with a master's degree in human nutrition. She is an expert in medical nutrition therapy and a

skilled nutrition counselor.

If we thought healthy foods didn't taste good, we were in for a surprise. Susan had wheeled in two covered plastic tubs held together with bungee cords. As she unloaded, there were bowls of tomatoes, oranges, cut-up chicken, grapes and more.

Three large stainless steel salad bowls were at the center of her worktable as she began her demonstration. All the while prepping and informing us that red grapes are better for us than green grapes, she made us laugh as she did her magic. Everyone was provided with a copy of the recipes she had planned to demonstrate.

First up was a Quinoa (pronounced KeenWa) and Black Bean Salad, a colorful dish with a balance between vegetables and protein, several textures and seasonings. The room was beginning to have a savory smell.

That done and set aside, she began to create a Curried Chicken Salad with Grapes. Is your mouth beginning to salivate like ours were?

To satisfy those "men" who think they need to eat more than just fruit and veggies, Susan said she usually likes to demo a salad with chicken.

She followed that dish with a Crunchy Peanut Slaw and a Green and Citrus Salad. Helpful hint: Cabbage is one of the most nutritious vegetables. Studies suggest that it, as well as other cruciferous vegetables, may reduce the risk of some cancers.

Her two helpers were busy plating these four dishes on 40 plates. While distributing those salads, Susan was demonstrating a Blueberry Banana Spinach Smoothie. Yes, you read it right:



Photo by Jerry Spector

Susan J. Speer's talk draws a crowd at Leisure Village.

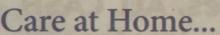
a Spinach Smoothie. Susan suggested adding blueberries to cover the green color and fool the grandkids.

Susan's objectives were indeed met. She had created dishes packed with natural cancer-fighting abilities and served them to her eager audience. She answered questions about foods that would be anti-inflammatory for those dealing with arthritis and others with gluten allergies. By the end of her demo she had shown us how to make four

super nutritious and delicious salads and a tasty and healthy smoothie.

As her satisfied attendees got up to leave — some reluctantly — she was met with grateful words, warm hugs and statements like, "That was just wonderful," "That food was delicious" and "You really inspired me, and thank you so much."

Note: The handout with recommendations for cancer prevention and the recipes is available in the Rec Office.



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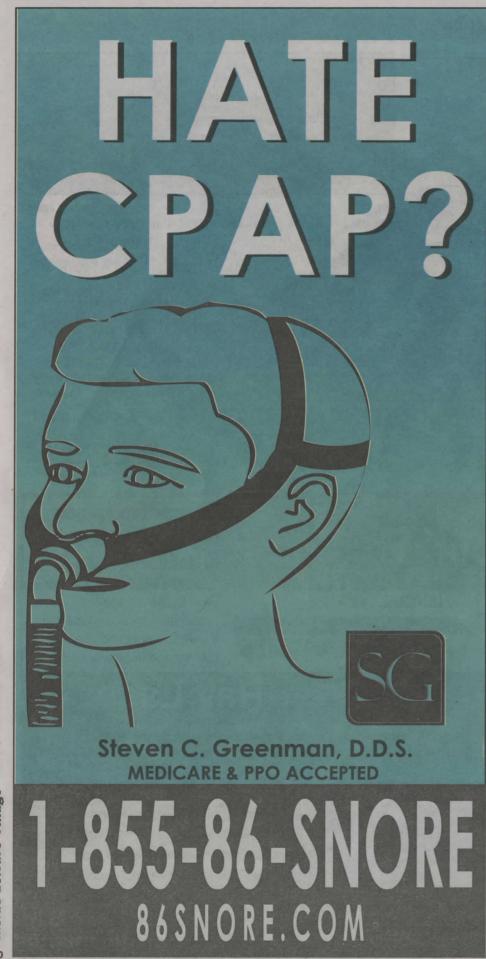
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Inside Leisure Village

Friday, December

6, 2013



CLUB NEWS

LV Woodshop

By Chuck Russell

(Editor's Note: This article was originally submitted for the October issue. Unfortunately, it got lost in cyberspace. Our apologies.)

The Woodshop Committee mourns the passing of its chairman, Sid Alweiss.

Sid, the "Admiral" (obvious by his ever-present white hat), became the chairman of the Woodshop Committee shortly after arriving in Leisure Village. He remained chairman until his passing and was responsible for the relocation of the woodshop to its present location and for the popular repair service that is provided to residents by the Woodshop Committee members. His service to Leisure Village will be remembered by all who knew him.

Thanks to Sid Alweiss's concern that residents could use help with repairs of household items, the Woodshop Committee members continue to offer repair service Tuesday and Wednesday mornings between 10 a.m. and noon. There is no guarantee that all damaged items can be fixed, only that the volunteers will try to restore them to the best of their ability. There is no charge for this service. Donations are accepted for materials and supplies. For more information, contact Chuck Russell at 383-3043.

The woodshop is available to Leisure Village residents with woodworking experience, provided they can demonstrate the ability to operate power equipment safely. Those interested in having key access to the shop should contact Chuck Russell to arrange an appointment to be checked out on the equipment.

The Woodshop is another of the great recreation facilities in Leisure Village and is a popular place. Many key holders have used the shop this year. Ten committee members, with occasional help by a few key holders,

Please see CLUB NEWS on 11



volunteered their expertise and time to repair items for residents and do projects for the Village.

Showtyme

By Elva Levine

On Dec. 8, Showtyme proudly presents "Wonderful Life" starring John Farmanes-Bocca.

This "Wonderful Life" delivers the story in the mode of a modern-day public radio station on the verge of collapse after a fundraising drive fails badly to meet its mark. It is Christmas Eve and the station's weary owner, John Rand (Farmanesh-Bocca) complains over the phone to his mother that the actors who were to perform a live radio-theater broadcast of "It's a Wonderful Life" have been snowed out, and because of the underwhelming public support, he's ready to scrap the final performance and close up shop for good.



Al Sarnelle took first place in the Open category during the Camera Club's monthly competition for November with "Hummingbird Drinking."

His mother insists that he can't do that, he owes it to his listeners. In

deference, he agrees to play all the parts by himself. The show must go

on. This show is a great take-off of the very famous holiday movie, "It's a Wonderful Life" which starred Jimmy Stewart. This is a must-see event.

Tickets are \$10 for members and \$13 for non-members. If you are not a Showtyme member, get your 2014 membership and save \$3 for this show. The show is at 2 p.m., and doors open at 1:30. As always, parking is free. Tickets will be sold in the Lobby Monday and Friday, 9 to 11 a.m., and Wednesday 1 to 3 p.m. If you have any questions please call The Ticket Lady, Roz Feldman, at 383-6566.

International Folk Dance

By Michelle Malkin

International Folk Dance meets Monday from 1 to 2:30 p.m. in the Sun Room. Valerie Daley is our leader. We do dances from Middle Eastern

Please see CLUB NEWS on 12

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Continued from 11

countries and Japan. No experience is necessary, just come and dance with us and have fun. Any questions, call Michele at 383-9996.

Friday Night County Western Dance

By Sue-Ellen Colp

The next dance will be Dec. 6 from 7 to 10 p.m. in the AR.

I can't believe how fast the year has gone by and how much fun we have been having. Thanks to Marshall, who taught last month, and to all the instructors who have volunteered to teach this year. We will end the year with a Christmas dance, which should be easy and fun for all. Cost is \$5. Punch, water and coffee will be provided, and, of course, there will be snacks to share. I want to thank everyone who has been bringing snacks. They are all so yummy!

Tap Class

By Sue-Ellen Colp

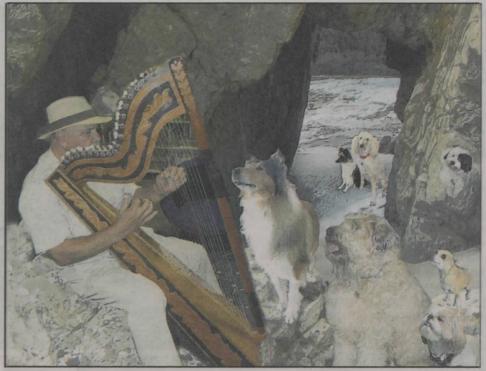
A new tap class will meet every Monday night on the stage in the AR from 5:30 to 6:30 p.m. Linda will be teaching this class. She is very qualified. The cost is \$3 a class. If you have tap shoes, bring them; if not, bring hard-soled shoes. It is a fun class with good friends to meet and great exercise. For more information call Sue-Ellen at 312-1991.

Better Breathers

By Lorraine Comer

Welcome to all new and returning Better Breathers. Tuesday, Jan. 7, will be our next Better Breathing class, which will be held in the MPR at 1:30 p.m.

Please see CLUB NEWS on 13



Rita Linsey took first place in the Creative category for "Soothing Dogs' Souls" during the Leisure Village Camera Club's monthly competition for November.



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The recent winds and warm weather did most of our breathing no good. Allergies, dust and heat kept us from getting outside and exercising

During class, we will discuss how to increase exercise time with better breathing techniques. Again, we will discuss exercise, medications and, of course, we will make the chairs lose weight. Bring lots of questions, ideas and whatever you need to discuss. I will stay around after class is over if needed. Hope to see all returning folks and all the new folks that need or want better breathing.

Saturday Nite Dance

By Andrea Moran

We hope you all enjoyed Phil Birdsell, D.J. This was his first time for the Saturday Nite Dance Party. He sang to the music and was quite pleasing to watch. Hope he will be

back next year.

The holidays are upon us and we have a short schedule for December: Dec. 7, Tropic Starr (black and white attire); Dec. 14, Dick Parent (holiday dance).

We at the Saturday Nite Dance Party wish everyone a wonderful holiday and to count our many blessings, especially living in Leisure Village. See you all next year.

Beginners Line Dance

By Tina Nunnally

Come and join us on Tuesdays in the AR from 3 to 4 p.m. Sharon O'Connor is the dance instructor, and she teaches various styles of dances. You will have fun dancing for the mind, body and spirit. Regular attendance is recommended in order to learn the basic steps and dances. Extra help is available from 2:30 to 3 p.m. This is a great way to feel good and meet new people.

Please see CLUB NEWS on 14

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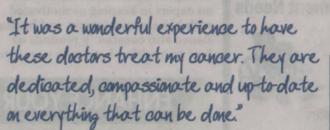
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CLUB NEWS

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If you have any questions, please contact Sharon O'Connor at 910-9428. Looking forward to seeing you.

Music and Motion

By Barbara Yago

Are you looking to energize your mind, body and spirit? Then this is an open invitation to try Music and Motion. It is a fun hour of easy dance steps combined with exercises to enhance your balance, strengthen your muscles, maintain your bone density, burn calories and relieve stress — all choreographed for our age group.

Our instructor, Renee, has more than 20 years teaching experience and is certified by The American College of Sports Medicine. She is an expert in keeping us motivated with her encouragement and humor. Renee also constantly reminds us how to modify what we do to suit any

restrictions we may have, and she always emphasizes safety.

So, come check us out any Monday, Wednesday and Friday at 9 a.m. in the AR for a fun, healthy hour.

This is a reminder for those of you who attend class that we are having a pot luck brunch Wednesday, Dec. 11, right after class.

Bocce Club

By Jan Tamburro

Bocce Club held its semi-annual pot luck dinner on Thursday, Oct. 31, in the AR with approximately 60 members and friends attending.

The home-cooked dishes were delicious and plentiful. We also had quite a variety of fabulous desserts. We are so lucky that the best cooks in Leisure Village love to play bocce. We can thank our president, Diane Fleisher, who works very hard to keep our club active and always encourages other people to join our club.

prizes for tickets purchased earlier in the evening. The winners were Gwen Lyon and Susan Rockwell.

Bocce is an easy game to learn and a lot of fun. If you would like to enroll in the Bocce Club, come to the bocce court on Monday or Thursday mornings before 10 a.m. Our president, Diane, is now accepting the low, yearly membership fee of only \$5, which has not increased over the past few years. Come join us!

Travel Committee

By Kathleen Wirtz

- Palm Springs Follies, The Last Hurrah, is sold out.
- Lion King: Wednesday, Jan. 8. Price is \$110. Pantages Theatre with orchestra seats for a matinee performance. Price includes deluxe motor coach transportation. Meet at 10:45 a.m., return at 5:30 p.m.
 - Cirque Du Soleil and Santa

Please see CLUB NEWS on 18





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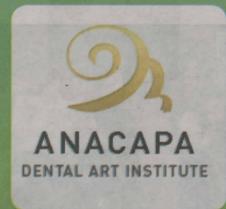
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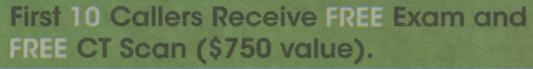


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Rainbow of Arts show draws 350

By Patty Ecker

With exhibits in oil paint or ceramics, bronze sculpture or bright quilts, pastels or sparkling jewelry, Leisure Village residents shared their artistic talents at the "Rainbow of Arts" Show last month. Nearly 50 men and women displayed their original works in the Rec Center on Nov. 17 in the 34th annual presentation sponsored by the Village Arts Club. Also, original arts and crafts from the Stoners, the Lapidary Club, and the Ceramics Club were on sale in nearby rooms.

More than 350 people visited the show, enjoying the local creativity while sipping wine and lemonade and nibbling hors d'oeuvres.

The AR featured artwork from experienced artists and newcomers. Harvey Brosler represents the latter group; he decided to try painting this year for the first time under the watchful eye of teacher Aurelie Zacharv.

"I wanted to do something different," he explained. "I started my first canvas and thought 'This is awful." Then Aurelie picked up his work, walked three feet away, and asked Harvey to look at it again. She said, "See? Your frog turned into a prince!" Harvey has been painting ever since.

The coziest corner of the AR was the display of quilts made by the 16 members of the Quilting Club, who admitted they were asked over and over if any were for sale. They weren't.

Wood workers entertained with the intricate handcrafted games and boxes they built.

Villager Bill Owen showed his bronze sculptures for the first time – a premiere of sorts – after decades of keeping his artwork at home.

Ceramics Club Vice President Carol Moody was busy talking to visitors about the dozens of clay creations by members.

"This is a good way to show people what they can learn," she said. "We already have a waiting list for our next beginners class."

The family of George Sakadjian
— his wife and four children — made
a party out of the Art Show. George
started painting more than 30 years



Photo by Bud Bradley
Maxine Mennen, left, and Patti
Crichton conduct a raffle during the
Nov. 17 Rainbow of Arts show.

ago after he "lost everything in a revolution" when he lived in Ethiopia. He and his wife moved to Leisure Village this year to be closer to family, just in time to share his original canvases at this show.

The chairs of the event, Maxine Mennen and Patti Crichton, praised the dozens of volunteers who made the event successful.

Special appreciation goes to pianist Irene Olson, who played non-stop for four hours, adding another delightful layer of creativity to the afternoon.

Sales of raffle tickets will benefit Casa Pacifica and the LV Street Trees Project.



Photo by Jerry Spector

George Sajadjian and his wife show George's original paintings.



Photo by Bud Bradley

From left, Jo Anne Bonetto, Judy Thompson, Dorothy Smith and Maxine Fritz staff the Quilters Circle display.



Photo by Bud Bradley

The crowd meanders through the original works of nearly 50 Leisure Village residents during the Rainbow of Arts.

Viking Queen, Pumpkin Head attend LV's Masquerade Ball

By Jeanne White

The Mavericks held a festive party on Oct. 25 in the AR, and the maskueraders had a ball!

Well over 100 partiers attended the Masquerade Ball, and the crowd was very creative, showing just how "unrecognizable" they could be when enticed with prizes, fancy hors d'oeuvres, flowing champagne and decadent desserts.

With 11 contestants vying for the honor, The Most Unrecognizable \$50 first-place prize was bestowed upon The Cigar Woman, Attila the Hun, which, on any other day, you would recognize as Mira Fontes, V.19. She was so happy to be the crowd favorite, she shook her "booty" for them!

Coming in a close second, and taking home a \$30 Lure's restaurant gift card, was The Viking Queen, aka Rita Linsey, V.13.

After a couple of raucous rounds of cheers from the crowd; Peppermint Patty, Snoopy's pal Linda Gaffney, V. 20, grabbed the third prize: \$20 in Regal Theatre tickets.

But the competition wasn't over vet, and the mask-uerader audience was ready for more cheering: The \$50 prize for Best Costume was waiting to be awarded.

Would it be Bloodfaced Skeleton (Ron Loney, V.23), one of The Pumpkin Heads (Julie and John Kingsley, V. 20), Darth Vader (Dan Turner, V. 30), Feather Face (Sue Hongsermeier, V. 23), The Turkey (Rick Keller, V. 25), Lady Pirate (Lyn Bennett, V. 22), or Red Beard the Pirate (Gary McGraw, V. 22)?

The winner was "hatted," after many healthy GRRRs for the crowd, to Red Beard the Pirate. A hearty Yoho-ho!

With the festivities in full "swing," DJ Art Akkerman (V. 33) queued up many of our favorite tunes while donning many of his favorite hats, and the party-goers couldn't resist a turn on the dance floor.

Marie Antoinette (Mavericks President Jeanne White, V.25) and her noble escort (Sam Kay, V. 40) handed out prizes to nine lucky ticket holders.

Congratulations to all the winners. It's never too early to start planning your costume for next year!



Gary McGraw of Village 22, who came dressed as Red Beard the Pirate, wins the contest for Best Costume and is "hatted" by Jeanne White.

More than 100 stop by event hosted by Mavericks



Photos by Bud Bradley

Costumed characters dance at the Oct. 25 Masquerade Ball in the AR.



Dressed up for the Masquerade Ball are, from left, John Kingsley as Pumpkin Head, Linda Gaffney as Peppermint Patty and Jim Gaffney as Charlie Brown.

Jeanne White and Sam Kay pose for the cameras.

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CLUB NEWS

Continued from 14

Monica: Wait list only.

• Golden Nugget, Laughlin, Nev.: Jan. 21-23. Join us on the first casino trip of the new year. Price is \$138 double, \$168 single. Included is deluxe motor transportation, hotel accommodations at the Golden Nugget for two nights, bellman services and a "Fun Book." See flyer, in office, for details. Reserve your spot early. Cancel date: Dec. 15. Meet at 8:30 a.m. Tuesday, return 6:30 p.m. Thursday.

• Santa Anita Park: Feb. 20. Price is \$65. The thrills of thoroughbred horse racing and all its color and pageantry are showcased at historic Santa Anita Park, known worldwide for classic sport and the beauty of its gardens. architecture and spectacular view of the San Gabriel Mountains. Cancel date: Jan. 23. Meet at 9:45 a.m., return

• Me and My Girl: Glendale Theater, Feb. 22. Price is \$87. We will stop for lunch at Tam O'Shanter. Choices: Roasted Chicken, "Toad in the Hole" or Wild King Salmon along with a salad, English Truffle for dessert, coffee, tea or iced tea. Cancel date: Jan. 22. Meet at 10:30 a.m., return at 7 p.m.

The Booster Club

By Lin Grant

The Booster Club's Veterans Day Canteen was once again a huge success. Please see the separate story on this annual event elsewhere in this edition of ILV.

The club will not meet in December, but please join us the third Monday of every month at 7 p.m. in the MPR. We are in the planning stages for our first fundraiser of the year. We need your ideas and support for our 2014 events. Call Marilyn Riveles at 383-5706 for information. Please come; we need you!

Players Guild

By Joyce Belcher

On Dec. 19, the Players Guild will be hosting its Holiday Dinner Dance.

Please see CLUB NEWS on 19

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Choices for dinner will be Prime Rib, Chicken Piccata or Tilapia. Art Akkerman will play soft dinner music and after dinner the "Bluesmen" will play for your listening and dancing pleasure. Tickets are \$23 for members and \$26 for guests. You can purchase tickets from Barbara Stone (388-8867) up until Dec. 14.

We are also holding auditions for our April play, "The Dixie Swim Club," by Jessie Jones, Nicholas Hope and Jamie Wooten, on Monday, Dec. 9, at 7 p.m. in the Sun Room. It is a wonderful, funny and sweet all-women play about five women who were on a swim team in college and who meet every year at a beach cottage. The play will be directed by Diane Carroll.

SAS

By Zelda Greentree

Our monthly "Dinners Out" are

still going strong! So far we have been enjoying the company of around 30 people on each second Tuesday of the month. I'm happy to add Jean Corwin, Barbara Hurwitz and Mike Moss to our list of diners.

We will be having the last meeting of 2013 on Dec. 10 at 5 p.m. at Ottavio's Italian Restaurant. There is still room for more people. All you need to do is call Lee Edwards at 484-3289 for your reservation. If you like Italian food and would like to meet some really nice Villagers, take the plunge and call Lee.

New York Club

By Florence Sklarz

At our November meeting, we were entertained by a group called Deja Vu. They are our contemporaries and did a great job. We were also presented with the slate of officers for the coming year. It was voted upon and passed. Installation will be at our February meeting.

Our December meeting was a fun night with surprise refreshments and entertainment by Jerry Weisbecker.

We will be dark in January. The Village has the use of the AR on our meeting night. See you Feb. 6 in the AR at 7:30 p.m.

LV Bowling

By Bob Cohen

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This month got off to a slow start with — can you believe it — no 200 games in the week. However, the pace quickly returned to normal as 21 200-plus games were bowled by six different players.

Danny Coleman once again led the parade with nine games, followed by Dennis Durand with six, Alan Singer two, Art Matter two and Bob McQuivey one. An impressive list to say the least.

Side pot winners for Week 6 were Betty Herrmann, Mary Ahearn and Vi Guzman for the ladies, and Jerry Schneider, Al Feldman and Phil Kamens for the men.

Side pot winners for Week 7 were Vi Guzman, Ellen Neally and Betty Herrmann for the ladies, and Bob McQuivey, Fred Diehl and Alan Singer for the men.

Side pot winners for Week 8 were Cathy Friedman, Sandy Rosenthal and Karen Levitt for the ladies, and Don Christy, Danny Coleman and Jerry Schneider for the men.

Side pot winners for Week 9 were Mary Ahearn, Nancy Owens and Sandy Rosenthal for the ladies, and Bob McQuivey, Dennis Durand and Jerry Schneider for the men.

Side pot winners for Week 10 were Sandy Rosenthal, Susan Kusak and Karen Levitt for the ladies, and Art Matter, Art Titan and Dennis Durand for the men.

Our first half ladder tournament has just completed —and the winners are: Flite A Tash Guzman; Flite B Meriam Laird; Flite C Susan Kusak; and Flite D Claudia Roberts. Congratulations to all!

Please see CLUB NEWS on 20

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CLUB NEWS

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Racquet Club

By Trish Zakas

Racquet Club members: Bring your festive spirit to the club's holiday wine and cheese party, Wednesday, Dec. 11, at 7 p.m. in the MPR. The club is supplying all refreshments for the party. Also, please bring your \$7 dues for 2014 to give to Sunshine, our membership chairman. Sunshine requests cash, not checks.

Jan. 8 is the deadline to sign up for the 2014 winter paddle tennis leagues. The seven-week leagues start the week of Jan. 13 and end Feb. 28. Registration forms will be at the holiday party and on the court bulletin board. Leagues are for Racquet Club members only, so be sure to pay your \$7 dues to Sunshine. Questions? Call Trish at 991-6374.

Effective Jan. 1, Diane Knopf will take over the writing duties for the Racquet Club column for *Inside*

Leisure Village and also for eNews. If you have any information you would like disseminated, you can contact Diane at 482-8666 or e-mail her at dianesenia@yahoo.com.

Want to see a photo recap of our 2013 events? Gregg Gillmar has established a web site with pictures from the Casta Del Sol matches, our annual picnic, the exhibition and clinic put on by the pros from Venice, and several other activities. To register for the web site, go to https://lvpaddletennis.shutterfly.com. The password is LV93012.

A great big thank you to Pat Brown and her wonderful food committee. They did a great job making sure all the participants who attended the Racquet Club's recent paddle tennis clinic were well fed. The delicious lunch the committee provided delighted both Racquet Club members and guests.

Are you free on Mondays, Wednesdays and Fridays from 11 a.m. to noon? If so, please come to the AR

Please see CLUB NEWS on 21

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CLUB NEWS



Laura Greffly took first place in the Assigned category for "Passionate in Purple" during the monthly Camera Club competition for November.

Continued from 20

for an awesome cross-training aerobics class geared to developing muscles that will help you avoid injuries as you play racquet sports. Participants say this is one of the best exercise classes around. For more info, call Diane Knopf at 482-8666.or dianesenia@yahoo.com.

Ping Pong matches continue Monday and Wednesday mornings at 8:30 a.m. and Friday mornings at 9 a.m. at the Paddle Palace in the Annex. Both men and women are invited to play. Additionally, lessons and open play are scheduled every Monday at 3 p.m. Want info on the

classes? Call John Peterson at 388-1230.

Women's Club

By Chi Chun

The annual Women's Club Bake Sale will be Thursday, Dec. 12, at 1 p.m. in the AR. It will feature homemade goodies beautifully packaged or plated for your holiday needs, to use as gifts or for a special treat for yourself. Come early to the AR before the General Meeting to

Please see CLUB NEWS on 22

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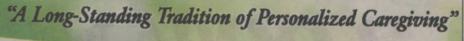


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CLUB NEWS

Continued from 21

make your selections, look through the special boutique gift items also for sale or buy your holiday See's Candy.

The entertainment for the festive Holiday Show is the popular showman Justin Ramos and his friends with their variety of musical talents.

This time of year, please remember Food Share with extra donations that will warm someone else's heart and even vour own.

The December meeting will be the day to vote for new officers for programs, workshop and secretary. It is also time for renewing memberships, still only \$5 for women and \$4 for men. Renew early so you're in the book. Contact Betty Dean at 383-3647.

LV Musicians Club

By Anne Wolfson

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The LV Musicians are Villagers and guests who enjoy playing and singing

to entertain other Villagers.

In November, our performers were Richard Weiss on piano; Stan Vansant playing his clarinet and tenor sax and singing; Libby Pierce on piano; and guests Frank Burmann and his wife Mavis, who entertained us with special percussion instruments: Dick Guttman with lively pieces on the organ; Don Stevens accompanied by Stan Vansant; and Sam Arouesty playing his harmonica, with Dick Guttman accompanying on organ.

Our next meeting will be on Thursday, Dec. 12, in the AR from 7 to 9 p.m. We have wine and cookies and coffee to enjoy.

On Friday, Dec. 13, the British Brass Band will provide a Christmas concert from 7 to 9 p.m. in the AR. Tickets are only \$5 and will be on sale Monday. Wednesday and Friday each week until the event. The Village ticket booth will be selling on Tuesday and Thursday.

For more information, call Roy Badger at 388-9335 or Dick Guttman at 484-5806.

Please see CLUB NEWS on 23

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Camera Club

By Marion Green

Club members voted for the new Board of Directors for 2014. They are: Marlene Votion, president; Ken Laughner, vice president; Rebecca Maximovich, treasurer; and Florence Gillman, secretary. The new board will be installed at the club's competition meeting in December.

We welcomed back returning judge, Robert Fields. The Assigned category was Trees/Flowers. The winners were: first, Laura Greffley; second, Gregg Gillmar; and third, Rebecca Maximovich. Honorable Mentions were won by Verna Cryder and Margaret Peteresen.

In the Open category, Al Sarnelle won first; second was won by Jean Kohut: and third place went to Laura Greffley. Frank DeSimone and Verna Cryder won Honorable Mentions.

Due to a low number of entries in the Creative category, first place only was awarded to Rita Linsey.

The club members enjoyed a delicious carrot cake to honor the great job Judy Spector and her board performed this year. All residents are welcome as guests at either the first Wednesday (competition night) or the third Wednesday where tutorials and workshops are often presented. You don't need a camera to enjoy being a guest. Marlene Votion, new president of the club, can provide more information, 445-0063.

Groovin' Easy Band

By Anne Wolfson

The band will not be playing on Dec. 24 or Dec. 31 because of the holidays, but will be playing in the AR on Tuesdays, Dec. 3, 10, and 18, from 7 to 9 p.m.

We invite all Villagers, their neighbors and guests to come listen or dance to our 17 professional musicians. These musicians come from all parts of California to entertain us with beautiful music.

We have coffee and cookies at the break to enjoy and socialize. If you have any questions, call Roy Badger at 388-9335 or Dick Guttman at 484-5806.

Men's Golf Club

By Rob Sollett

Geoff Millar came close — yes, he did. However, John Palmer poured on the steam and took a two-stroke lead in the final round of the Club Championship to win the Nine Hole Golfers championship.

"I'm Top Dog, again," barked Palmer.

"Watch out for the fleas," someone growled.

leader Reuben Ruiz, of A Flight,

Please see CLUB NEWS on 24



Photo by Rob Sollett

Meanwhile in the land of the 18ers, Rueben Ruiz makes a successful putt during the final round of the Club Championship.



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CLUB NEWS

Continued from 23

admitted before the start of the final round: "It can go either way. A lot of good people are on my tail."

Bob Peterson, just three strokes behind stated: "I feel good."

After the bunker sand cleared, Ruiz won the Club Championship by two strokes.

Bob Amantia, of B Flight, shot a Gross 61 in the final round to win their top spot.

"I shot my best round ever," Amantia said proudly. Way to go, Bob.

Richard Woodward shot a total gross score of 140 to win by three strokes in the C Flight.

"I shot pretty good," Woodard said.

They laughed, they cried. With golf clubs ripping through the air sending balls spinning, members of the LVMGA came away with an experience worthy of a PGA pro.

Onward to Augusta, boys. Well, maybe Cam Springs.

Hole-in-one congrats to Norm Chapman, sinking his ace on #10 during the Nov. 5 opening round of the Club Championship.

Welcome to the club Mike Moss, Larry Zajak and Jack Miller. Good luck guys.

Dan Turner has joined to aid and assist Vice President Paul Coffman.

Thank you to all my faithful readers for your encouraging support. Happy Holidays to all.

Writers Club

By Harvey S. Brosler

The Writers Club meets on Mondays at 1 p.m. in the MPR.

The purpose of the club is to bring together residents to present stories or poems on any subject, real or fictitious, including thought-provoking topics. Many stories or poems relate to events in member's lives. The club provides an avenue for members to document meaningful aspects of childhood and adult memories, or

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family anecdotes that they may never have shared or had the opportunity to share with others or their own families.

Microphones are set up around the table for members to use so that everyone can hear. Some members read stories or poems while other members may just only come to listen, enjoy and learn. No special ability or prior experience is required. Everyone is welcome to attend. Members do not critique stories but may comment.

Stories Of The Month are located on the wall just inside the entrance to the Library. A library copy of previous Stories Of The Month for 2013 are located in a folder on the magazine

Suggested topics are furnished. The suggested topic for Dec. 2 is: "What Is Good About Growing Up?" For Dec. 23 it's "A Special New Year's," and for Dec. 30, it's "My New Year's Resolutions."

The annual club party will be held

in the MPR on Dec. 9 between 1 and 4 p.m. Election of officers for 2014 will take place on Dec. 16.

For further information about becoming a member and participating, contact Harvey S. Brosler, president, at hsbros@roadrunner.com or 805-465-0006.

LV Women's Golf

By Ann Rogers

The Halloween Scramble was a lot of fun. Luncheon was served at 11 a.m., after the game.

LV Women's Golf also just completed our President's Cup, a two-week tournament, just in time for a sigh of relief before prepping our turkey dinners.

At our General Meeting in November, members voted to start our weekly tournaments at 8:30 a.m. until May as 9 was just a bit later than most



Photo by Ann Rogers

The LV Women's Golf Club enjoys Halloween. Pictured are, back row from left, Linda Gaffney, Patricia Turner, Judy Hamilton, Betty Dean, Leslie Rawlings, Mary Ann Balcom, Jan Gerk and Wilma Hutson; center row from left, Chris Bodgon, Naomi Sklar, Gwen Zimring, Kathleen Craig and Sharon Please see CLUB NEWS on 26 Loney. The Big Bad Wolf at center is Bobbi Sampson.

December Events at The Bonaventure



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wanted to start a round. We also agreed to start the Niners at the same time as the Eighteeners, each group starting on opposite sides of the

In December, we will hold our Holiday Luncheon as a catered affair in the Recreation Center. Tickets should already be on sale by the time you read this. We women golfers wish everyone a happy holiday season.

LV Pet Club

By Susan Amerikaner

If you missed the "waggin' train" on Oct. 18, you can "paws" right now and look at the photos of our first Wag 'N' Walkathon. We are off to a great start! Twenty walkers raised over \$700 for future pet projects. Four-legged walkers received scarves made by Stacy Malta and goodie bags from Petropolis. Two-legged walkers chowed down on Bette Greene's

homemade cookies. Tails wagged in gratitude for all the Villagers who sent

Event Coordinator Diane Walcutt deserved a huge "paws up" for grabbing this enormous job by the tail and making it all work! The Pet Club also sent thanks to our community business sponsors: Bark Em Pet Supplies, Petropolis, The UPS Store, Somis Veterinary Hospital, Deborah Hammons Massage, National Helicopter Service, Kat Holden Stylist, Mission Oaks Veterinary Clinic and At Home Vet Care.

Hear ye, hear ye, prick up your ears! LV Pet Club has a new slate of "top dogs" elected at our Nov. 11 meeting: Barbara Krohta, president: Stacy Malta, vice president; Bette Greene, secretary; Sharon Goren, treasurer. Big sloppy thank-you kisses to Mary Ann Robnett, who held the presidency for three years - and to Deborah Woodard, retiring vice president. Officers will be installed at the Holiday Party.

We know pets make people happier, so it should follow that pet



Photo by Bud Bradley

Anita Levine at the Wag 'N Walkathon with Conquita Vichi

people have the best parties! (There must be a study somewhere.) Our party starts at 5 p.m. on Monday, Dec. 16, in the AR. It's catered by Wood Ranch, and the guest speaker is Paul Kreiling, author of "Chronicles of a Yella Dog." The book gives life lessons learned from a vellow lab, as the author recovered from brain surgery. Kreiling will also sell and sign copies. Party tickets at \$20 per person are available through Dec. 10 at the LV Box Office in the lobby of the Rec Center on Tuesdays and Thursdays from 9 to 11 a.m. Make it a purr-fect holiday — love a pet!

RV Club

By Fred Sass

The RV Club will start December with our Holiday luncheon at Applebee's restaurant, where we will introduce our new board members. The new president is Mary Biel, vice president is Sharon Loney, secretary is Verna Cryder and treasurer is Julie Kingsley.

Please see CLUB NEWS on 27

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2013

6,

December

Friday,

The next meeting will be Tuesday, Jan. 20 at 6:30 p.m.

Village Arts

By Harvey S. Brosler

The general meeting of the Village Arts members is held on the first Wednesday of the month at 1 p.m. in the MPR. Members, guests of members and non-members who are interested in becoming members are welcome to attend. There will be no meeting in December.

Village Arts is comprised of members who paint using different mediums, such as acrylics, water color, oil, graphite, pastels and pen and ink. Some members make collages using these mediums. Experience can range from the beginner to the very knowledgeable.

The painting class meets on Monday and Tuesday in the Lanai Room from 1 to 3 p.m. The drawing class meets on Friday in the Lanai Room from 1 to 3 p.m. Basic instruction, assistance, and supplies are available. Membership is \$7 per year. Members have the opportunity to attend workshops and have finished products displayed in shows and exhibits. Lindy Stein will exhibit some of her paintings in the library through the month of December.

For more information, contact Gwen Zimring at 389-5469 or Pat McGregor at 822-7111.

Sing Along Group

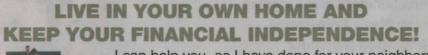
By Anne Wolfson

The Sing Along group will be meeting on Monday, Dec. 9, from 7 to 8:30 p.m. in the AR. Irene Olson will be playing the piano, while we sing our favorite songs.

All Villagers are invited to come and join in and have a fun evening. Because of the New Year holiday, we will not be singing on Dec. 30.







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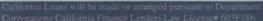
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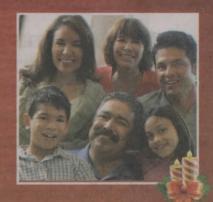
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Caregiver, companion. Flexible daytime hours. Light housework & prepare meals. Drive to airports, errands, shopping. Dr. appts. Refs. LV res 12 yrs. Joyce, 889-5866.

Loving, mature caregiver looking for work. All aspects of care giving. Excellent references. Reasonable rates. LV exp. Aileen, 616-3104.

Companion, caregiver. 23 years experience helping male or female elderly. Drive to doctor appts., light housekeeping. All-around help. Exc. references. Live in/out, Zeny, 377-6160.

Caregiver with years of experience. Companion for male or female elderly. Compassionate, trustworthy. Lt. housekeeping, shopping and can drive you. Dolores, 658-0993.

Experienced, caring caregiver: Good listener, communicate, creative, sociable, can help with depression. Certified in CPR and first aid. Stellar letters of recommendation. Jussara, 206-7534.

Caregiver, companion: bonded, experienced, warm hearted, mature. Ann Marie, h 485-6361, c 766-0227.

Need a caregiver with experience? Can work 8 hours, 12 hours or 24 hours. Carlos, 377-6648.

Caregiver, 18 years exp. P/T, dependable assist with all your daily needs. Respite care. Marge, 302-5307.

Leisure Village Business and Service Directory

HOME IMPROVEMENT

DARREL'S WALLCOVERING & PAINT

Installation/removal Painting-Drywall repair Small jobs welcome.

FREE ESTIMATES LIC. #745280

Darrell Root

805-388-4759 HANDYMAN & SON

Quality & Service since 1990 Plumbing, Electrical, Carpentry, Tile, Hauling and Dumping FREE ESTIMATES

805-384-1981 or 805-359-1621

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Quality Automotive Repairs for all Japanese Cars
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GARDEN DESIGNS, INSTALLATION, MAINTENANCE FREE ESTIMATES L.V. REFERRALS AVAILABLE LICENSED AND INSURED 805-300-1442

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Special Projects Working
over 20 yrs. in LV
Free Estimates

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ATTORNEYS

EDSALL LAW

Attorneys at Law
Probate • Wills • Living
Trusts • Power of Attorney
Medical • Directive
751 Daily Drive, Suite 325
484-9002

CREMATION

SMART CREMATION

Plan ahead to save loved ones this task during time of grief
Our Smart Plan is Simple & Dignified. To guarantee final expenses, lock in today's rates.
Free Planing Guide/ Veterans Kit Lic. FD2008 Call Pam Stringer
818-540-6166

PLUMBING

ALL PRO PLUMBING

Complete plumbing
maintenance and drain cleaning
Serving residents of Leisure Village
foe over 24 years. Free water
pressure check and free washing
machine hose Inspection
FREE ESTIMATES
ST LIC: #957261

805-200-9482

FLAGPOLE SERVICES

American Veterans Flagpole & Flag Co.

Complete flagpole installation & flag sales. Solar Flagpole Light, Flag Cases, Adjustable Brackets. City of Camarillo LIC: #036782 Call Paul "The Flag Man" 805-889-5599

PATIO CLEAN-UP

Paul's Outdoor Patio Clean Up Service

Complete patio clean-up.
Including Sweeping,
Vacuuming, Wash Down,
Take down & fill up Bird feeder
Call Paul a LV Resident





DECEMBER: A time of celebration.

A time of gathering with family and friends. A time of kind deeds.

There are many happy memories associated with December. There are stories to tell and catching up to do. Many visit the mail box with skip in their step as they anticipate the wonderful updates of friends and family through holiday cards and letters. What a wonderful tradition! It seems as though hearts are softer and most people are more patient. December brings out the good in us.

As we reflect on the year of 2013 our hearts are full of thankfulness. We celebrate the fact of continued business success in 2013.

THANK YOU for your support!!!

Celebrate with us this month by doing a kind deed each week. This can be a note, a visit to the sick or lonely, a baked good to a friend, etc. We would love to hear what you are doing.

Call Dave today and share with him your deed for the week.



Merry Christmas & Happy Holidays!!



McKay — Alisa — Corrine — Dave The Barlow Group

DRE #'s 00560593, 01198504, 01271399, 01431010

§ 987-5755



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