

# INSIDE LEISURE VILLAGE

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AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

MARCH 1, 2024

## VILLAGER PROFILE

By Carol Nelson

### A Photographer, A Journalist, A World Traveler

■ David Lustig shares an interesting and adventurous life with us

As a writer of profiles of our Villagers, I never cease to be surprised at the number of us who have lived very interesting lives, but who, all too often, hide their light under a bushel. David Lustig is one such person.

He was born in Manhattan, then his family moved to Levittown on Long Island, NY where they lived until David was 7 years old. His father was a music editor & composer in the motion picture industry, so it was not surprising when his family moved to southern California. David grew up in Van Nuys when there were no freeways & many walnut groves.

After completing high school, David attended CSUN to study

for a Bachelor of Arts degree in Journalism & History. However, he grew bored after a few months and decided to quit. Next up was a 4 year stint in the Air Force where he worked as a radar operator. Among other things, this job entailed directing fighter planes to their targets. After his service, the GI Bill offered ex-service personnel \$160 a month if they were enrolled students in an approved institution. David had been working as a box boy in the grocery business, so returning to his studies at CSUN (and being paid for it) was quite attractive. To augment that \$160 per month, he wrote freelance articles for business & electronics magazines.

David's work as a journalist & photographer has allowed him to see what everyone else does for a living. He has done ride-alongs with law enforcement personnel, interviews and photographs with parolees in their orange outfits cleaning up the sides of freeways & observing a burns doctor tending to a patient. One of the highlights for David was two nights spent in the San Diego area on the flight deck of an aircraft carrier, watching jets take off and land.

Most likely, the highlight of David's career was the year (1977-1978) that he spent working as Nelson A. Rockefeller's personal photographer, staying on Rockefeller's estate in upstate New York



David Lustig, the journalist/photographer in a pensive moment.

and also traveling to many of the latter's many homes, both in the U.S. and overseas.

Over the years, Rockefeller had acquired over 42,000 works of art, antiques and furniture. David's

—Please see **PAGE 8**

## A WORD ON WINE

By Barbara Senior

### A Wine Renaissance on Cruise Ships

We just returned from a 17-day cruise, and I can report that the wine experience on board has undergone a renaissance. Some years ago, the so-called wine stewards could only offer limited advice about particular wines. We even had one who didn't drink wine!! Similarly, the ship wine lists consisted of a lot of wines that we considered everyday drinkers in California, but at greatly inflated prices.

Eventually, the wine steward position was eliminated as a cost saving measure. Holland America is our go-to cruise line, and they have reinstated the position of wine steward, now calling them wine sommeliers. And, our sommelier

was very good at presenting the wines, including how they would taste, and how to pair them. Being Californians, it is always refreshing to see a wine list with a lot of variety and wines from many world regions. The wine lists also offered a broad selection of wines by the glass.

Another refreshing change was the number of wine-oriented events offered throughout the cruise. In addition to larger guided tastings of regional wines, the sommelier held a small tasting event every day at 5pm. On sea days it was a guided tasting of five wines for just \$9, and on port days, it was a self-serve format with ten wines and hors d'oeuvres, also for just \$9. What a

brilliant idea!

We could work our way slowly through the wine list, tasting premium wines, wines of different styles and wines from all over the world.

However, there is one caveat: beware the list of Rosé wines. I discovered this at the beginning of our cruise, ordering a glass of Rosé at our favorite pre-dinner bar without looking at the list. When it arrived, I could tell by the color and the taste that it was (Oh-No!) a White Zinfandel. Now I have nothing against Blush wines, but, IMO, they are definitely not in the Rosé category, and they are a little too sweet for my taste. Lesson learned - there were several other Rosés to



choose from, so I ordered by brand going forward.

I salute the cruise line for expanding their on board offerings with better wine lists, knowledgeable sommeliers and a variety of wine-oriented events at a good price.

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In Memoriam entries, please submit name and village number of the person who has passed to: [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com) ATTN: In Memoriam

## ABOUT INSIDE LEISURE VILLAGE

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## April 2024 Edition Deadlines

Club News, articles and letters: Friday, March 15. April issue will be available Friday, April 5. Send news, articles & letters to [insidelveditor@gmail.com](mailto:insidelveditor@gmail.com).

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."



# VILLAGE NEWS

By Dennis Doolittle

Leisure Village Board of Directors – President of the Board Chuck Kiskaden resigned from the Board for personal reasons. Richard Loomis has assumed the position of President, Ruth Stubba as Vice President, and Merle Ruiz has been appointed to the Board of Directors.

At the same meeting, the Board approved the FY 24/25 budget with a 3.975% increase in HOA fees.

Village 28 Storm Drains – The Board approved work on the Village 28 storm lines is complete and the “flapper gate” is operational. We continue to have drainage problems with the storm line. Discussions with the County are underway.

With the incoming rainstorms, the Village has rented pump equipment to ensure that the flooding problems are addressed.

Camrosa Water Lines Inventory – The water lines Inventory is now complete.

Paint Project – The rain has slowed

down progress on the paint project. The paint project is near completion in Village 17, and will then be moving on to Villages 7, 9 and 19 which are the next phase of the paint project.

Roofing – Work has begun on the next phase of the roofing project, work is underway in Village 7.

Concrete – At the December meeting, the Board decided to authorize the repair of the category 3 and 2 concrete problems. There are anticipated delays in the start of the Concrete project.

In Ground Garbage Vaults – Staff has been investigating how the in-ground vaults can be removed. This has occurred around the Village. No project to remove all vaults has been proposed/approved. At this time staff is trying to investigate what will be required.

Garage Doors – The Board reviewed the garage door policy and, with the input from several Villagers, sent the policy back to

staff and the Attorney for more clarification. There is a new version now available on the Leisure Village web site.

Administration Building Sewers – The Admin building is experiencing serious problems with its sewers which will require major repair. The Board approved the repair contract for the sewer and restoration of the women's and men's bathrooms in the Admin Building. Work has started on this project.

Frontsteps – Frontsteps is the new software system to be used to automate many functions of the Village administration. It is a database based system where office functions and resident access to infor-

mation will be provided. Over time it will be launched in phases to provide resident financial information, a continuously updated resident directory, on-line green sheet (and other forms) submission with tracking, integration of Frontsteps with the current website, license plate readers to support Village gate access, improved means to communicate with residents and owners, and many other features. Staff is working with the Communications Committee to provide information and training materials to support the roll-out. Villagers will be required to create a username and password to access both Frontsteps and the Village website.

## Do you wish to volunteer your time helping community theater

Conejo Players Theatre in Thousand Oaks could use your help! If you wish to volunteer with our front of house staff to usher or take tickets, please contact [vicepresident@conejoplayers.org](mailto:vicepresident@conejoplayers.org)

Must be willing to stand for 30 minutes at a time.

If you have a knack for building sets or general carpentry, contact [rick@conejoplayers.org](mailto:rick@conejoplayers.org).



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# VILLAGE ENTERTAINMENT

## Celebrations Irish Style

LV Music Club - Marci Lapair

Our annual St. Patrick's Party will be on Tuesday, March 12 from 7:00 to 9:00 pm in the AR. Come listen or dance to music performed by our own 17-piece Groovin' Easy Swing Band featuring their talented vocalist, Erin McPherson. Back by popular demand the intermission entertainment will be provided by the Irish Step-Dance Troupe. Refreshments including wine, coffee and a complimentary "Irish Cream" will be served. Tickets are \$10 per person and are now on sale. For more information about purchasing tickets call Frank Jimenez 805-836-2498.

The audience who attended our February Open "Mic" were entertained by talented Leisure Village residents. Richard Weiss opened the evening playing "God

Bless America" as the audience stood and sang with him. To the delight of everyone, Roger Florio performed two of his own compositions, "That's All She Wrote" and "High on the Hog." Denise Pepper beautifully sang "Almost Like Being in Love" from the play *Brigadoon*. The audience cheered requesting she sing another song. David Flood sang some love songs about the weather. David's family, who were visiting from New York and Maryland, were in the audience cheering him on. Bob Bueling and Pat Cronin sang some "anti-Valentine" songs. Bob shared that he named his bass "Ernestine Esmeralda from Kalamazoo, MI."

The next Open "Mic" nights are tonight, Friday, March 1 and Friday, April 5 at 7:00pm in the AR. Open "Mic" Night is open to all Villagers at no charge. We serve complimentary wine and snacks.

On Monday, March 4 at 7:00pm in the AR, we will screen the musi-

cal Gigi. The winner of nine academy awards including Best Picture and Best Director, the movie stars Leslie Caron, Maurice Chevalier and Louis Jourdan. Come and enjoy this delightful movie that has beautiful cinematography and several famous songs by Lerner and Loewe. The movie is rated PG and is 2 hours long.

The movie to be shown on Monday, March 18 will be "The Jazz Singer." Neil Diamond made his motion picture debut as a talented New York City cantor who defies the traditions of his religious father played by the legendary Laurence Olivier. The movie features Neil Diamond's multi-platinum Grammy nominated soundtrack that includes the classic hits "Love on the Rocks," "America" and "Hello Again." The movie is rated PG and is 2 hours long.

On Monday, April 1 we will show the movie Brooklyn. Oscar nominee Saoirse Ronan lights up the screen as a young Irish immigrant navigating through 1950s

Brooklyn. Lured by the promise of America, she departs Ireland for New York City. Her homesickness quickly diminishes as she finds love. Soon her past disrupts her new life and she must choose between two countries and two men on opposite sides of the world. The movie is rated PG-13 and is 1 hour and 51 minutes long.

The Groovin' Easy Swing Band rehearses Tuesday evenings between 7:00 and 9:00pm in the AR. Come and listen to their easy listening music.

For more information about the LV Music Club, call Marci Lapair 818-399-0843 or Debbie Goodman 818-523-0731.

### Klezmer Kabaret in the AR March 21st

Players Guild - Linda O'Neill

On Thursday, March 21 at 7:30pm in the AR, Director Richard Weiss will present a "Klezmer

—Please see **PAGE 5**

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## VILLAGE ENTERTAINMENT

### Players Guild

Continued From **PAGE 4** —

Kabaret.” In the spirit of the “instrumental musical tradition of the Ashkenazi Jews of Central and Eastern Europe,” a Klezmer band may include, but is not limited to, a flute, a guitar, an accordion, a trumpet, a clarinet, keyboard and drums. Klezmer music began its post-World War II revival in the United States in the 1970s and is often played at social events and weddings. According to Wikipedia, since the 1980s, musicians have experimented with traditional Klezmer, creating other forms of the genre, including jazz and punk.

Per Mr. Weiss, this will be in the classical Klezmer vein. The multi-talented Mr. Weiss also assures me he will sing “Yiddishe Mama.” The Band will also present “Hava Nagila,” “Bei Mir Bistu Shein,” “Misirlou,” “Tumbalalyka,” “Yossel,” “Those Were the Days” and “The Expectation Waltz.” In addition, Actor Richard Weiss who is playing the lead, Tevye, in our upcoming production of *Fiddler on the Roof*, may sing a song or two from that wonderful show. The AR will be set up in dinner theater style with tables surrounding the dance floor should anyone care to dance. The charge will be \$10 unless you already have a Players Guild membership for 2024. Get there early; this promises to “sell out.”

Thank you to the Players Guild cast for a charming Valentine’s show on February 15th. “Love is in the Air” began with Richard Weiss seducing the piano into playing the enticing “Theme from The Apartment.” No emcee so next up was Irv Feiles who sang Nat King Cole’s 1951 version of the touching “Unforgettable” to his lovely wife, Sandy Curran. Then our resident Blues artist Debra Guill sang the 1943 Harold Arlen-Johnny Mercer cocktail lounge favorite, “One for My Baby (And One More for the Road).” Julius Hirsch sat across the table from Rosanna Bellino-Strickland and sang a meaningful “The Way You Look Tonight” from

The Great American Songbook. Richard Weiss and Denise Pepper made a duet of “On the Street Where You Live” from 1956 *My Fair Lady*.

Tap, Tap, Tapping to the 1929 jazz-swing, long-time favorite “Ain’t Misbehavin’” came these Leisure Village Dancers: Rosanna Brown, Nalani Carson, Jane Campbell, Sue Lind and Valerie Watterson wearing their heart-imprinted shirts. (Adding a mea culpa here as the LV Dancers names were inadvertently omitted from our article on January’s “Entertainment Night.”) Those nimble hoofers were Rosanna Brown, Janet Burkett, Chi Chun, Jane Campbell, Sue Lind, Judy Rosander, Sue Vidanovic and Valerie Watterson.

Next and, by the way, given the cast award for originality, were the six-year-old versions of Kathy and Howard Wien sitting on a bench, sharing lunch, sing-acting a sweet “Kindergarten Love Song” (by Drew Gasparini and Kasie Gasparini from the Musicnotes Song Spotlight). Then, Bill Crome’s unique bass asserted “I Don’t Know Why I Love You Like I Do.” We think he really does. From 2003’s *Wicked*, Rosanna Bellino-Strickland sang to a studio portrait of an imaginary former love, a wistful “I’m Not That Girl.” Roger Florio performed Randy Newman’s “Potholes.” Linda O’Neill sang Ray Charles’ compelling “Hallelujah, I Just Love Him So.” For the finale, the entire cast came out singing “Love Makes the World Go Round” from the musical, *Carnival*. Kudos to Players Guild President for putting this show together and to Richard Weiss for his amazing accompaniment.

### Stand Up Comedy

Showtyme Presents – Jennifer Stein

Friday, March 8th two very funny ladies are going to entertain you. Our headliner is Charisse Savarin who brought laughter to our troops in the Middle East.

—Please see **PAGE 7**



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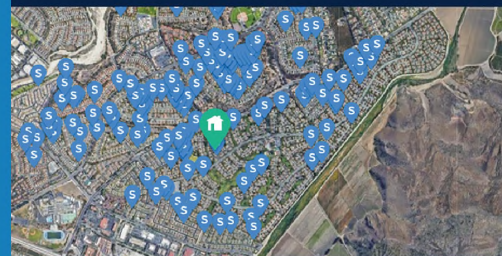
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## AROUND THE VILLAGE

### Don Marquardt's Tree of the Month

The Evergreen Pear Tree (Pyrus Kawakamii) presents two spectacular shows. The first show is in December when leaves turn bright red and then drop soon after; and then in January it produces massive clusters of white flowers in contrast

with its dark trunk and bark. Fallen blossoms cover the ground like a winter snowfall. The tree's blossoms attract birds, butterflies and bees.

The trees are 15-30 feet tall with bright green, glossy leaves. They are native to China and Taiwan. They can easily be observed along Leisure Village Drive, scattered among the golf course, and throughout the Village.



Photo by DON MARQUARDT  
The Evergreen Pear tree on display during February around the Village.

### Annual Golf Club Chili Bowl

By Tim Palmer

In February, the Leisure Village Men's Golf Association (LVMGA) sponsored the annual golf Chili Bowl. The sponsorship of this event alternates between the LVMGA and the Leisure Village Women's Golf Association (LVWGA) and this year the weather broke for the men to hold a very successful tournament. 67 Leisure Village golfers took part in the Saturday, February 3rd event, with both women and men participating in a mixed scramble format. The golf was followed by a chili cookoff in the AR where participants and social members tasted 11 different chili recipes and voted on their favorite.

The Chili Bowl tournament saw some great winning scores. While par for 18 holes on the LV golf course is 54 and 27 is par for nine holes, the teams scored significantly below these totals. The winning team for 18 holes was Max Chopra, Walter Wilson and Jim Murchie



Photos by JON

1, Linda and Jim Gaffney with Gary and Sheila Bunch. 2, Patricia and Dan Turner. 3, Marge Sarno and Marian Flosi with the Chili entries behind them. 4, Mary Marks and Tim Palmer.



with a great 43.17 net score. The winning team for nine holes was Don Nicksay, Glen Noorda, Rosie Calderon and Shirley Forsyth with a net score of 20.5. And, to cap off the day, Gary Bunch scored a hole-in-one on hole #3, one of the more difficult holes. Patty Crichton and John Dietz won closest to the pin on hole 16. As for the chili cook off itself, Chuck Dolan's chili recipe was the winner!

LVMGA President Jon Hall

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was particularly appreciative of First Vice President Scott Harrison and his wife Ellen for spearheading the event and, as well, was thankful for the many LVWGA members who pitched in. A great day in Leisure Village!



# AROUND THE VILLAGE

## Flood Prevention During the El Niño

By Jon Niemann

After years of drought, culminating in hitting the “this is really serious” stage, Southern California has been hit by El Niño and Atmospheric River driven rains. Lots of rains. The system designed for getting the excess water out of sections of Leisure Village had not been tested very often with rains of this magnitude. While the system did not exactly fail, the amount of water that lingered during certain downpours rattled Villager’s nerves.

In response to the potential for some rather severe flooding during February rains, the LV Administration, under the leadership of Christi Moore, worked with a company



that specializes in removing excess rain water to more appropriate storm drains and Camarillo Creek. LV employees, in cooperation with Ventura County Flood Control, worked hard to make sure the drains were as clear as possible to mitigate the flooding that would happen due to backflow from the overburdened Conejo Creek.



Photos by JON

The pump with a hose in the storm drain scooping out the excess water and sending it across the cul de sac in Village 20. The water is drained into the Conejo Creek that skirts the southeast side of Lesisure Village.

The pumps, placed in East Village 20 and Village 28 would spring into action automatically when the drains would reach a certain level of runoff water. They worked. There was no serious flooding in East Village 20, Village 26 and Village 28 that had some flooding during the August “hurriquake” event.. Other areas of concern on the “Lower West Side” also benefited from the attention and hard work from Leisure Village employees to clear them.

## Showtyme

Continued From PAGE 5 —

Her credits include The Laff Factory, The Comedy Store and The Rick Dees Show along with Bravo’s Comic Relief. Charisse was chosen as “Best of the Fest” at the Burbank Comedy festival. Her voice will definitely make you smile. She’s a natural.

The opening comedian is Karen Knotts, daughter of famed television actor Don Knotts. She’s all tied up in Knotts talking about her dad. Friday evening at Showtyme sounds like a lot of fun. Mark your

calendar for Friday, March 8th at 7:30 pm in the AR. Admission is free to Showtyme members. Non-Members a donation of \$5.00 per person.

2024 Annual membership is \$20.00 per person, available before the show in the lobby (that’s 10 shows, we take a month’s break & our Fab Friday Big Show is \$10 per person.) That’s less than Starbucks. We can always let a little humor in our lives, it sure can’t hurt. 50/50 Raffle will be available with 2 lucky winners. Share the laughter with your family & friends. Any questions please contact Jennifer @ 805-383-1518.

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## THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

# Hip Hip Hooray for Health

Many of us have had challenges with one or more hips in our lives, including myself as I was born with congenitally deformed hip joints. There are many causes of hip and thigh discomfort, but there is much information on how we can manage and take better care of our hips and thighs. The hip joint is a ball and socket joint connecting your leg to your pelvis. The socket of the hip joint is deep and rarely dislocated unlike the shoulder joint which has a shallow socket. We can move our hip in 6 directions, enabling us to weight bear and walk and manipulate our legs and be mobile.

While there are many possible causes of hip and thigh pain, the most common include arthritis, bursitis, tendinitis, and sciatica (which is a pinched nerve from your low back). Discomfort can occur in

the hip joint which usually expresses itself with groin pain during movement. We can also feel tenderness in our outer thigh, which is usually due to soft tissue pain, and not the hip joint itself. Outer thigh distress can be from bursitis at the upper outer thigh or iliotibial band (IT band) dysfunction. The IT band is a large area of soft tissue that runs from the hip to the knee on the outside of your leg. When it is inflamed and/or tight, it can cause an aching sensation on the outside of your thigh and/or knee.

What can we do to decrease hip and thigh pain? Apply moist heat or cold pack to the affected area for 20 minutes to decrease discomfort and promote the natural healing process. Have at least one hour in between heat and cold applications. Obtain guidance

on stretching and strengthening exercises without increasing any symptoms, and don't sit for long periods of time without getting up and walking around. Use a cane or other assistive device if walking increases your pain but be sure to use the cane on the opposite side of the body from the leg that is bothering you.

Visit your physician for an accurate diagnosis if you are concerned about your hip or thigh pain. Please note if your hip Xray is negative or positive, take the results with a grain of salt as many people who have severe arthritis on Xray may not feel severe pain, as soft tissue can cause pain in addition to joint pain. See a skilled Physical Therapist for evaluation and treatment of your hip and thigh pain to receive therapeutic exercises, natural treatments, education and guided feedback regarding how you walk, especially if you limp.

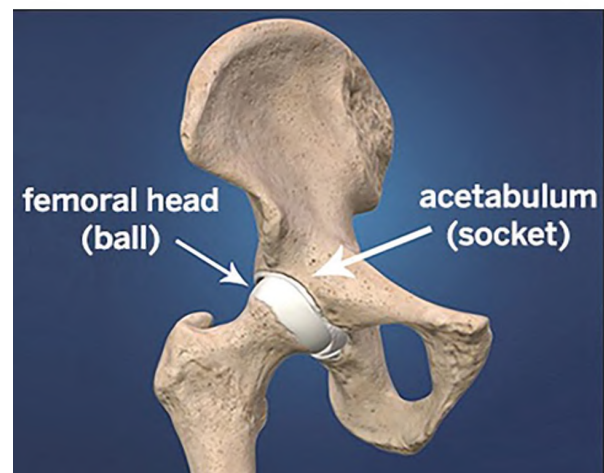


Photo of the hip joint and the workings of movement attributed to this important part of our anatomy for mobility.

If you do have a limp, it is recommended to use a cane to protect your low back and other joints, as limping changes the normal pattern of walking and may place undue stress on your other joints.

Our hips are made for walking, so wear top of the line running shoes when you walk that are comfortable. Taking care of our hips is paramount to our health and activities.

*Editor's Note: Jeannie Davis is an LV owner and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.*

## NOW WHAT?

You love the home you have created but you are lonely and need more care.

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12LV10S

## David Lustig

Continued From **PAGE 1** —

monumental task was to photograph and catalog all of them.

David's work has been published in various newspapers and magazines, including the L.A. Daily News, People Magazine and the L.A. Times. One interesting article that was printed in the L.A. Times was written in 1989 about a now-defunct small airline company called National Parks Airways. It was owned & operated by a Japanese American family that specialized in flying Japanese tourists from Burbank to the Grand Canyon, returning

the same day.

David has been a frequent contributor to the L.A. Times Valley View: Travels and Experiences. His range of subjects has been wide. One that caught my attention was titled "Favorite Toys of Years Gone By." I feel sure that you will appreciate his style of prose and his careful research.

Currently, David's focus of interest is the Sierra Railroad which leases its facilities for movies, TV shows and commercials. (If you are a railroad buff or work in film production, you might like to go to their website [Movierailroad.com](http://Movierailroad.com).)

Thank you, David, for allowing me to write your Profile and share it with the rest of the Villagers.



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03LV121



ART IN THE VILLAGE

By Jon Niemann



■ “Lincoln Looking at Jellyfish” – Assigned Category

# Jeannie’s Photographic Triumph

■ ILV’s own Jeannie Davis clearly “has the eye”

In a recent monthly photo contest held by the Leisure Village Photo Club, Inside Leisure Village writer Jeannie Davis garnered 1st place in all three categories at the January meeting. She had joined the club in December of 2023. January would be the first time she submitted photos for judging and her triumph did not go unnoticed by seasoned club members.

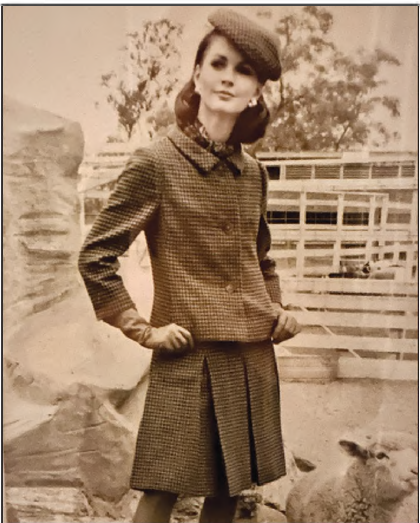
Jeannie, a native of New York City had followed the celebrated photographic career of her Mother, Jane Drukker. Jane would be the primary photographer for Saks Fifth Avenue and a prominent New York based retailer of private label high-fashion women’s wear, Peck & Peck. Jane’s signature black and white photos graced fashion magazines from the era including Vogue and Bazaar. Jane’s father was a photographer as well and Jeannie would join them in a dark room and learned the art of developing photos from negatives on “Papa’s” enlarger.

Jeannie would join her mother during “shooting sessions.” She loved to meet the models, designers and play dress up with her sister, utilizing the high-fashion clothing and accessories that were



Photos by Jane Drukker, courtesy of Jeannie Davis

Jeannie’s mother Jane Drukker photographed fashion during the mid-century for famous designers and retailers in New York City.



—Please see **PAGE 11**

## We Sell Leisure Village



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03LV06S



Art in Village

Continued From PAGE 10 —

scattered about Jane’s studio. Famous models who were photographed by Jane included Cheryl Tiegs, Lauren Hutton, Ali McGraw and Brooke Shields. Prints of these photos are hanging in the hallways of Jeannie’s LV home. I thought they were Richard Avedon photos. They were all stunning and captured an elegant expression of mid-century good taste.

Jeannie caught “the bug” and has a natural eye for composing an artful image and, most importantly, reading the light. She took photography classes in junior high school and was a school photographer in high school. This interest in photography would carry through her life and her talent, both learned and natural, is clearly visible in recent camera work during her world travels.

In the last 10 years, Jeannie’s travels had her in too many locations to list but I can tell you that she has been on every continent with the exception of Antarctica (I



■ “New Zealand Beauty” – Mobile Category



■ “Victoria Falls” – Open Category



Photo by Jane Drucker, courtesy of Jeannie Davis  
Jeannie’s mother Jane Drucker photographed fashion during the mid-century for famous designers and retailers in New York City.

will not be surprised when I hear she is heading off there). There are some exotic, some less so but in all the locations she has captured the spirit and feel through her lens. People, nature, shapes and shadows all captured and presented with a cultured and learned eye. The images are inspiring and catch the emotion and beauty of a particular moment; a characteristic all photographers expire to.  
Jeannie Davis writes our very popular “Healthy Villager” column.

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## ART IN THE VILLAGE

By Nicole  
D'Amore

### Art on Display at LV Library

Bonnie Dawson is exhibiting her oil paintings in the Leisure Village library during March and April.

Although her current medium is oil paint, she has explored many other media through the years, including pastel and sculpture, her first interest. She retired four years ago from a 55-year career as a hairdresser which she describes as live sculpting.

Dawson grew up in Oxnard and moved to Leisure Village about 13 years ago from Camarillo.

Always interested in art, she says if she finished her schoolwork early the teacher would give her paint, a brush and easel, but she became more serious about art her senior year of high school.

She began studying hairdressing at 15 and graduated from beauty culture school at the same

time she graduated from high school.

After that, she took many years of art classes at Ventura College and other places and visited Monet's house in France.

"I couldn't go to Paris and not go to Monet's house," she said.

Currently she is taking an open studio art workshop with Barbara Shannon at Conejo Valley Adult School.

"I'm trying to paint a little looser, trying to lighten up," she said. Lately she has been focusing on portraits, especially of animals and recently painted one of a lion, she said. The lion was at the Santa Barbara Zoo, taking a nap right in front of the viewing window. It was an opportunity too good to pass up.

"I love playing with art," she said.



Photo by NICOLE

Photo of Bonnie Dawson with some of her paintings. For library exhibit during March and April.

## AROUND THE TOWN

### OLLI at CSUCI Announces New Spring Catalog

The Osher Lifelong Learning Institute (OLLI) at CSU Channel Islands is offering exciting new classes for Spring II, 2024. This session, you can explore the works of California's prominent architects, learn about the diversity of invertebrates, discover the cultural jewels of the Stuart Dynasty...and much more! We have a wide range of exciting courses to offer!

Classes begin March 25, 2024.

Registration opens March 4, 2024. Classes are offered throughout Ventura County in-person and on Zoom.

To learn more visit: [go.csuci.edu/OLLI](http://go.csuci.edu/OLLI), 805-347-2748 or email [OLLI@CSUCI.edu](mailto:OLLI@CSUCI.edu). Stay connected with OLLI! Follow us on Facebook and subscribe to our YouTube Channel to receive the latest updates!

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All the Presidents' Wine



Photo by JON

125 Grapes R Us members and guests were in the A/R sampling California Wines that had been poured in the White House for the "All the Presidents Wine" themed February tasting.

Tee Time!

Photo by PATTI CRICHTON  
Nellie Uichanco, Kathryn Robens, and Shirley Forsyth get ready to tee up for the first round of the Winter Eclectic Tournament.





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## CLUB NEWS

### BILLIARDS CLUB

By Patrick Price

The 1&15 tournament, with 31 participants for the Billiard Club, completed on February 8. In the 'B' group Maureen Hall was first, Marian Flosi finished second and Jan Bender was third. For the 'A2' category John Dietz finished first, Tom Nordquist came in second and Clancy Martel was third. First in the 'A1' group was Jonathan Fox, second went to Ray Flores and Max Chopra came in third. In the 'SA' category Gerry Sarno was first with second going to Gary Bunch and third to Paul Kirkwood. Spectators filled the room every afternoon and evening during the competition supporting the participants.

A Billiard Club membership meeting was held on February 27, where the 1&15 Tournament awards were presented. Vera Erskine, Billiard Club president and tournament organizer, would like to thank all the

volunteers who helped, especially the referees, bracket updates and hospitality. The next tournament, 8-ball, will start April 1. Sign-up sheets will be up the first week of March. Contact Kathy Wirtz 818-445-1057 for membership.

### VILLAGE ARTS

By Patti Crichton

Our March 6th monthly meeting will feature a demonstration by local artist, Joanne Grimm. Joanne will show us how to paint a mandala on stone. Joanne participates in many craft fairs and also offers classes. Come and see how she creates her art! Wednesday, March 6, MPR, 1pm.

In April, Village Arts members are invited to display their paintings at the Camarillo Art Center for the month. If you would like to participate, you must sign up at the March meeting, so the gallery knows how many artists and paintings to expect.

Watercolor classes with Kathy Whitesell are Monday, March 11th at 1pm and Friday, March 15th at 1pm and 2:30pm. Text Patti to sign up 805-760-7673.

The LV Library will be showing the work of member Bonnie Dawson, for March and April. Be sure to stop in and enjoy!

Heads up that the LV Spring Art Show hosted by The Stoners will take place on May 5th at the Recreation Center. Members, please sign up at the March meeting if you want an A Frame and/or table to display your art.

### WII BOWLING

By Lois O'Connor

As of this writing the 2024 Wii Bowling season started six weeks ago. The participants' averages range from 114 to 269. Weekly, if a bowler bowls a 200+ game his/her name is posted on the 200+ white board. Each week a new list is created under a header that indicates the day, date and time bowled. So far this year forty-two players have been listed. Bowlers

are continually striving to achieve 100+, 150+ or 200+ games. Each of us would like to bowl the perfect 12 strike game of 300. Dennis Potter joined the 300 Club at the 9:30 bowling session on Tuesday, February 13. Several bowlers have bowled more than one 200+ game in a session.

More than one 200+ game sometimes totals to a 700+ series. The bowlers who have accomplished a 700+ series are: Barry Chass (751), Connie Davis (705), Sylvia Edmonds (838), Rosie Ross (703), Judy Spector (708), Edith Walsh (782) and Barbara Wright (750).

The winners of the February Valentine's Sweet Bowling for Dollars Tournament are:

GROUP A: 1. Varav, Matt 813, 2. Spector, Judy 812, 3. Rosenthal, Sandy 800.

GROUP B: 1. Lucio, Ron 886, 2. Fench, Kay 871, 3. Seltzer, Ann 869.

GROUP C: 1. Baker, John 850, 2. Cressman, Joan 831, 3. Searcy, Donna 811.

The club has four bowling sessions. Each session may have up to sixteen bowling participants. The Wii

—Please see **PAGE 15**

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# CLUB NEWS

## Wii Bowling

Continued From **PAGE 14** —  
bowling room is in the Village Club-house Ventura Room. If interested in participating, contact club president, Debra Pettit at 805-504-6774.

## YE OLE WOODCHIPPERS

By Bud Bradley

January's totals were a little less than usual, with 14 Jobs completed for Village residents, and a combination of 5 quick fixes and Village repairs for the Village management and maintenance crew. We are still running with a skeleton crew of repair volunteers, so we are a little backed up. As we go to press, we are ahead of January's pace. We are also now up to snuff on lights and power sources, thanks to some upgrades, courtesy of the front office. We expect to be reinforced with our core group within the next few months and are looking

for more active volunteers. If any keyholders are interested, please contact Pirate, Bud, Chris or Chuck. There is always someone at the shop every Wednesday and Thursday between 10:00 and 12:00 noon. Many times, a little earlier and later.

The rest is old hat. The Woodshop is open from 10am until noon every Wednesday and Thursday to accept your repair requests. During those hours, the Woodshop will be operated by Woodshop Committee members only. There will be no charge for these services unless special materials are needed to complete the repair. Finally, we gratefully accept donations for these services to help keep supplies and equipment up to date. Keyholders are asked not to work on their own projects during these hours.

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to become a

keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com.

## LV PHOTO CLUB

By Chuck Morrow

The Photo Club held the February Competition meeting on February 1st in the MPR at 6:30 pm. The theme for the Assigned Category for the month was Macro/Up Close. The photo judge for the meeting was Laura Ise, a photographer from Toluca Lake.

The winners for the month, which can be found hanging in the hallway in the Rec Center were:  
Assigned Category - Catherine Boutell - "Sunflower"  
Open Category - Frank DeSimone - "Time to Reflect"  
Mobile Category - Barb Corey - "Tranquility"

The Photo Club wishes to thank

a couple of long-time members for their assistance and participation in making the club a great place to display photos. Penni Nusbaum the outgoing Secretary and Bev Davis, the photo organizer, processor and SmugMug wrangler.

The Photo Club invites all residents of Leisure Village to attend a meeting and see the judging of the month's photos by a professional judge to help learn more about the art of photography. Come learn how you can turn your 'Snapshot' into a 'Photograph'! The Photo Club meets the first Thursday of the month in the MPR at 6:30 pm - stop in.

For more information regarding the Photo Club and membership contact Roya Parsay at 831-869-7698.

## GRAPES R US WINE CLUB

By Jan Bender

Grapes R Us holds monthly tasting sessions to discover wines made from different grape varieties, and to explore wine regions

—Please see **PAGE 16**

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# CLUB NEWS

## Grapes R Us

Continued From **PAGE 15** —  
around the world.

In February, Jon Niemann presented "All the Presidents' Wine" to a packed gathering in the AR. Guests were greeted with a sparkling Chandon Napa Valley Blanc de Pinot Noir, as served by the Obama administration. This was followed by a Charles Krug Napa Valley Sauvignon Blanc which was originally given to the Kennedys by Robert Mondavi. The Clinton's continued to serve California wines from Talley vineyards in Edna Valley, and we tasted the 2021 Chardonnay. President Reagan promoted California wines during his presidency and served Boeger Vineyards El Dorado County Zinfandel. Our last wine of the evening was a Beaulieu Vineyards Napa Valley Cabernet Sauvignon, fit for White House visiting heads of state and celebs, as well as Grapes R Us guests!

In March we are "visiting" Portugal. We will be tasting wine from the great growing regions of Portugal,

including crisp Vinho Verde from the north, rich reds from the Setubal Peninsula and the Douro Valley. Did you know that there is such a thing as white port? We will be tasting that too. What an experience it will be!

Tasting sessions are on the 3rd Friday of the month at 7pm in the A/R. All LV residents and guests are welcome. Bring two glasses and water. Each session is \$15 per person. Reservations are highly recommended. To get our monthly email invitation, drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

## TAI CHI

By Chuck Morrow

Why should you practice Tai Chi? Here's one reason: A recent study published in the Journal of American Medical Association studied the benefits of Aerobic exercise and Tai Chi. The study was directed at prehypertensive people, meaning they were borderline of

needing medication to control high blood pressure. The Tai Chi group outperformed the Aerobic exercise group. Both groups participated in four hours per week over one year.

Here in Leisure Village, we offer Tai Chi for Better Balance, specifically designed for older students.

The Beginners class starts in early May. The class meets on Mondays and Wednesdays from 3:30 to 5 pm in the Santa Rosa Room for 14 weeks. Enrollment is limited. To add your name to the registration list and guarantee your enrollment, email Chuck at cmorrow@hotmail.com.

## RACQUET CLUB

By Sharon Wilson

Mark your calendars, it's tournament time! April 13th pickleball and April 20th paddle ball. Sign up sheets for members will be on the bulletin board soon. Come out and play or just watch. Always lots of fun and donuts.

Your help is needed. Please consider volunteering for our hospitality committee. We have quite a few functions during the year that require setup and cleanup. Please contact

Sharon at sharontelles@hotmail.com. Paddle and pickleball lessons will be scheduled soon. See sign up sheets on the bulletin board. See you at the courts.

Coaches Corner: Get out of "No Man's Land" (The area between the service line and the baseline) Either go back or go forward to the net for volleying...The team (in tennis, paddle, and pickle) that both play from the net will win....Oh sure you say, they will lob us...Not if you give them a good offensive volley...Learn to volley - Take a lesson.

## MAVERICKS CLUB

By Dan Turner

Our Cash in the Attic fundraiser was a huge success, thanks to the many donations brought by our members for the auction. Many thanks for everyone's efforts in making this a memorable event. Special thanks to our humorous auctioneer, Mr. Chuck Dolan and his able assistant, Mr. John Hall!

Proceeds from Cash in the Attic go to help support major events —Please see **PAGE 17**



### I Miss Tasting My Food!

Does this sound familiar?  
Want to TASTE your FOOD Again?



**You're Not Alone!**  
If you wear dentures, you've probably noticed that your food just doesn't taste the same anymore.

Granted your ability to taste will change as the years go by. But if you're wearing denture(s), that thick layer of plastic covering your entire palate doesn't improve the situation - and the strange taste of adhesives you're using to keep your denture 'up and in' doesn't help either!

Generally speaking, it's the upper denture that tends to prevent someone from truly tasting their food.

When the roof of your mouth is covered, your food can't touch it. This lack of contact robs you of the 'eating experience'...

...and when you add your dentures' sticky goop into the equation, your ability to taste doesn't stand much of a chance.

Many denture sufferers give up on taste. They simply move forward with the belief that tasting food is an experience that they've lost to their youth.

**But you CAN get it back!**  
It is possible to taste your food once again, and regain your 'long lost' enjoyment of eating.

**Implant-supported replacement teeth** don't cover the roof of your mouth with thick plastic in order to stay 'in' - and because implants are anchored in your jawbone, you can say goodbye to those nasty-tasting

gunks and glues as well!

Implant-supported 'teeth' are the closest thing to nature that you can get.

This means that you will be able to eat your favorite food again, with all the taste and texture you've been missing.

(You'll also be able to smile and laugh at dinner parties without worrying about your dentures poppin out and onto your plate!)

Wouldn't it be nice to enjoy a crunchy apple, sink your teeth into a nice steak, or eat corn right off the cob again?

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**VOTE BY MARCH 5TH, 2024**

**Ventura County Republican Central Committee**  
Paid for by: Candidate Dennis L. Mattock



## CLUB NEWS

### Mavericks Club

Continued From **PAGE 16** —

such as the Winter Blast which was a spectacular evening!

Mavericks' members will have an opportunity to demonstrate their bowling skills at our next event at the Camarillo Bowling lanes. Bowling night will take place on April 26th. More information will be available as we get closer to the event.

Anyone wishing to join our fun-filled activities is asked to contact Geri Desimone, our membership chair, at 805-402-1465. Membership dues are ten dollars for the year.

### LV WOMEN'S CLUB

By Barbara Cogert

Join us for a fun & informative afternoon on March 14th. Doors open at 12:30 and we will begin our program at 1:00. Wear GREEN to celebrate good health as we enter the SPRING season. We will be voting on our updated by-laws at this meeting. Refreshments will be served.

Camarillo Health Care District will help us learn about the many programs that they have for seniors. We'll watch some videos that will show us (1) Moving & Strengthening with BalanceFit, PowerFit & SmartFit, (2) Bingocize (bingo & exercise together), (3) Tai Chi (learn how it helps arthritis) and (4) What it's like to have Dementia.

We will have a live Virtual Reality demonstration with volunteers from our club that will "visit" Nature Treks & Ocean Rift.

Did you know that they offer —

(1) Speakers & Classes on various topics such as VA Benefits, Medicare, Financial Planning, Diabetes self-management, (2) One-on-one digital assistance including how to scrapbook online and help with social media, (3) Advocacy Services for financial & legal advice, nutrition counseling and even dental screenings, (4) Door-to-door transportation for medical appointments in their Care-a-Van which can accommodate wheelchairs and other mobility devices, (5) Senior support phone line when you need to talk with someone and (6) Autism Society office hours.

They will also have a few trivia questions from their presentation with PRIZES for the winning answers!

Please remember to bring food donations for FoodShare and the Lighthouse Women's Shelter. We look forward to seeing you there.

### LV BOWLING

By Gene Kinsey

We hope you had a wonderful Valentine's Day and are looking forward to a fun St. Patrick's Day. At bowling, we always have a great time with one another. There are good days and bad days but always fun days. Join us any Friday morning at Harley's Camarillo Bowl from 9-12. Dues are \$20/year and weekly bowling is \$14. Interested? Contact Bobi Shmerling at 805-389-1975 for more information.

Top bowlers this past month were for the women: Kristine Jones 195, Bobi Shmerling 163, Clancy Martel 154 and Nancy Owens 140. For the men: Norm Berezowsky 222, Myron Jones 215, Gene Kinsey 193 and Dick Fisher 172.

### LET'S DANCE CLUB

By Patrick Price

For your dancing and listening pleasure, Let's Dance has an old favorite providing the music. Dave the Piano Man will be playing for you. The March dance, which is the third Saturday of the month, is on March 16. Admission to Let's Dance is just \$10 per person. For that low price coffee, water and punch will be provided as well as dancing the night away. It's BYOB for anything else. We also have a 50/50 give away.

Let's Dance has some great volunteers but more are always welcome. Contact Sue Lind at 559-304-1650 if you would like to help the others. See you there!!

### WORKSHOP FOR WRITERS

By Mark Sconce

Workshop For Writers' President, Mark Sconce opened the second January meeting more or less on time in Pat's Literary Salon surrounded

by books, paintings and comfortable seating within easy reach of Pat's plate of warm scones and a California cuvée with Provençal pretensions.

Sconce noted the absence of Group Leader Frank Seiden, who was at home with a nasty cold but wanted members to know that he, Vice President Pat Lagerstrom, and Sconce agree that 2024 will be a year in which we graduate to a new level, one in which our writings are good enough to warrant publication or submission to prose and poetry contests, \$20 entrance fees notwithstanding. We haven't been polishing our word craft for nothing!

### WOMEN'S GOLF

By Patti Crichton

We played our Winter Eclectic Tournament for two weeks in February. This was a fun game where we could improve our score on each hole over the two weeks.

Our monthly meeting is Wednesday, March 13th at 2pm in the Garden Room. Come at 1:30 for snacks, chats and take a chance on the 50/50 draw.

—Please see **PAGE 18**



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# CLUB NEWS

## Women's Golf

Continued From **PAGE 17** —

Golf starts at 8:30am every Wednesday morning. Please arrive 8-8:20 to sign up and pay your \$2.

There is a golf clinic for members on Saturday, March 2nd at 8am. Meet on Hole 18 with your 7 iron for some helpful tips.

## PLAYERS GUILD

By Linda O'Neill

The Fiddler cast is hard at work with weekly music rehearsals and multiple weekly acting rehearsals. We

are memorizing lines and lyrics. We're also planning costumes, sets and stage design. We're checking out our microphones with the "stage mics." As promised, the two types of mics no longer interfere with each other! In other words, we are planning a first-class production.

Tickets for *Fiddler on the Roof* are \$15 and will go on sale every Monday, Wednesday and Friday from 9am - 11am, starting March 11 in the recreation lobby.

For Display Advertising  
contact

805-484-1949

## SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Hello to all Villagers. Winter is passing and it's time to get out and exercise. We offer a complimentary ticket for first time residents to our dance which includes lessons and dance. The floor is perfect and waiting for all the dancing shoes. March 9 - Eric Ekstrand. Lesson - Walk across Texas. March 23 - Ralph Mathis - Lesson salsa.

We hope you join the fun evening dancing or listening to live music. \$10.00 admission includes lesson & dance. 6:30 - 7:15, lesson - 7:30 - 10:00 dancing. See you there.

## BONE BUILDERS

By Fan

RSVP (Retired Senior Volunteer Program) sponsored Bone Builders Classes are held 8 times per week in the Santa Rosa Room. Exercises are specifically geared for seniors to improve balance and to increase bone density. Free 1 hour sessions are Monday and Wednesday at 8:15am, 9:30am and 5:30pm; Tuesday and Thursday at 6:00pm. These are not drop-in classes; registration is required. For the 8:15am class, call Mamata 805-558-9360, for the 9:30am class, call Fan 805-405-5018, for the 5:30pm class, call Mary-Ann 805-390-1909, for the 6:00pm class, call Marie 732-407-1816.

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# CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

**DEADLINE for the next publication is 5pm on Friday, March 15.**

**ESTATE SALES & LIQUIDATION** by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

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