Spartans Speak on COVID-19

As a college student, in the midst of a worldwide pandemic, I have had interesting experiences, to say the least. Throughout self-quarantine I have been thoughtful about the difficult situations, which people may be living in. For instance, families could be dealing with financial hardships, sick family members, or loss of jobs. Taking the time to reflect back on the families who may be struggling has given me the opportunity to realize how much I have to be grateful for. During the pandemic, I have changed my whole mindset, allowing myself to have a positive outlook on every situation.

I play on the San Jose State women's basketball team, so COVID-19, unfortunately, put a halt to my team's season. This was saddening; however, we all knew that our health was more important than finishing out the season. On the other hand, when the University's classes were moved online, I had mixed emotions. As some time went on, I realized how much I disliked online learning; nothing compares to the luxuries of face-to-face education. Some of my Professors had a good grip on the whole Zoom aspect, while others did not. Again, I was trying to have a positive mindset, so I was thankful that we were even able to finish out the semester smoothly.

When self-quarantine policies were approaching, I decided it was time to move back to my parent's house and live with my family. Since Santa Clara County has been one of California's hardest hit areas, in terms of COVID-19, I knew it was in my best interest to get out of town. I knew it was gong to be challenging to continue to pay rent in San Jose, even without living there, but I was excited to be back at home with my siblings and parents. My family and I wanted to stay safe together. Moving back home has been quite the adjustment for me, because I have lived on my own for a few years now. My family and I have been experiencing quarantine together, and we are continuing to stay busy, exercising and starting projects around the house. It has been unusual because my family is always on-the-go, so we have had to learn how to lay low.

My family has been very fortunate, with both of my parents sustaining their jobs through the pandemic. I am so thankful for my brave mom, who has been working in the hospital as a Registered Nurse. I understand how tough it has been for our frontline workers, and I wish I could thank each of them individually. Overall, everyone is most likely coping with this worldwide pandemic in a unique way. Fortunately, my experiences have not been very grueling, but I feel for any person who may be struggling a bit more.