WRITTEN AND EDITED BY AND FOR LEISURE VILLAGE EXCLUSIVELY

Vol. 20 No. 7

Pleasant Valley, Camarillo, California

September 25, 1998

#### **Pros & Cons** On Sept. 25

Current Issues Forum presents Judge Steven Perin explaining the propositions to appear on the November ballot. Meeting is at 7:30 p.m. in the AR tonight, Friday, September 25.

#### **City Council Candidates Answers** Questions Oct. 23 By Jack Whalen

The Current Issues Fodates for Camarillo City Council including two incumbents, here on Friday, October 23 at 7:30 p.m. in the AR.

Seeking re-election are current Mayor Charlotte Craven and Councilman to you if you bring a valid Mike Morgan. Both have spoken in the Village on many occasions.

Charlotte Craven, a Camarillo resident since not possessing a Medicare 1975, has been a City Council member since 1986 and has served three terms as mayor.

Mexico State University, she is a former teacher and also coached track at July 1. Please sign up at Camarillo H.S. for five the clinic. years. Currently her City Council assignments include Chamber of Commerce Liaison, Finance, Utilities and Waste Management.

Councilman Mike Morgan, a popular figure here in the Village, graduated from Camarillo H.S., earned a bachelor's degree in psychology at Cal State University in Long Beach and a master's degree in public administration at USC. Mike's committee work includes City Finance and Investments, Camarillo See COUNCIL.....Pg 6

#### **YNCG Flu Shot** Clinic Set For October 8

By Sandy Okum

Y.N.C.G., in cooperation with Livingston Memorial Visiting Nurses Association, will sponsor the annual LV flu immunization pro-

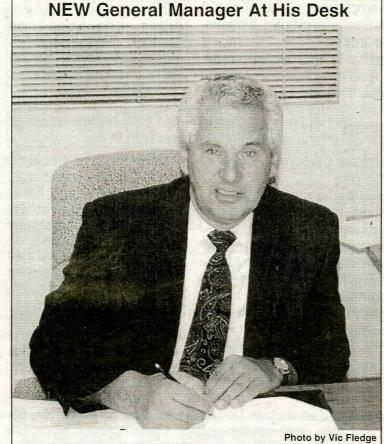
It will be held in the AR on Thursday, October 8 from 9 a.m. to noon.

To alleviate crowding rum will feature four candiand long waiting periods, please come according to these rules: if your last name begins O thru Z come at 8:45 a.m.; H thru Nat 9:45 a.m.; A thru G at 10:45 a.m.

> There will be no charge Medicare card. If you belong to an HMO and want your shot given here it will cost you \$10.00. All others card will also be charged

Please do not forget your Medicare card! Cash or A graduate of New check will be accepted.

Your Y.N.C.G. membership fee of \$1.00 was due



Village Arts & Crafts Show

### Set for Oct 18 By Ruth Miller A Village R

Randolph (Randy) Watkins

The Village Painters will be sponsoring the annual derful display of paintings Village Arts and Crafts show on a new date, October 18. As usual, the show will be held on a Sunday in the AR, from 10 a.m. to 4

In addition to the wonturned out by members of the Village Painters, there will be exhibits by other Village Clubs. Ceramics Plus,

See ARTS & CRAFTS.....Pg 6



Jan McDonald



Mike Morgan



**Charlotte Craven** 

Watkins Appointed New General Manger By Bill Himstreet

When the post of general manager was left vacant by the death of Jim Gembala, the Board immediately named Randolph "Randy" Watkins GM and on August 20 removed the "acting," thus making Randy the General Manager.

The Village was fortunate to have such a person on the staff and thus to avoid long executive searches that have hindered effectiveness in the past. When asked what his immediate priorities were, his comment was "Right now I'm trying to get a grasp of what the Village is all about; then we'll work on the priorities." This inter-view was conducted the week after his permanent appointment.

Randy is not quite a "home town boy" but close. He's a native of Lowell, Massachusetts where he attended Lowell Technical Institute. This 54 year old moved to Oxnard from Camarillo a year ago and may soon move back along with his wife, Sandra. They have four grown children — two boys and two girls and six grandchildren, all living in Camarillo.

Following a stint in the Navy in the 60's, Randy pursued his career in administration and information technology with a heavy emphasis on electronic counter measures (ECM). His resumé includes employment with some familiar names: Polaroid, Sambo's, and Howard Johnson. For the 14 years preceding his move to LVA on this June

See WATKINS.....Pg6

# INSIDE LEISURE VILLAGE OPINION •

#### Let's Talk

There are plans to require employees of the village to take classes on communicating with senior citizens. That's good, but isn't that too limited?

What about classes for seniors to improve communication skills? Some seniors also may need a class on anger management to address the topic of age related ailments. They are angry that control over their own health is slipping away from them. They may be civil to peers, but if they are stopped for a village traffic violation—watch out, they blow! "How dare you stop me! I pay your salary, so leave me alone."

Our LV Security Department earns many accolades for their quick response and calm help in medical emergencies. However, these same patrolmen may be cussed

out by the next resident they encounter.

What about a disagreeable neighbor or the bridge partner who trumps your trick? There are many irritations in our daily lives. Do we react to them with tact or ire? Too often it is with ire; that's bad for the blood pressure and bad for any relationship.

Let's look at the word "conversation." The definition is "a spoken exchange of opinions, thoughts and feelings." Note the word "exchange." Exchange is to take or give in return.

Conversation should have two parts: you talk, I listen.

Then I talk and you listen. There is no communication if only one talks and brushes aside the listener's turn to reply.

My family and I would like to thank everyone for being so nice to us in the passing

There is an exercise used in education and psychology classes where students pair off. One talks, then the partner must restate the first speaker's points BEFORE he is allowed to have his turn to speak.

Too many people are so busy framing their own next statements that they do not listen to others. Remember, conversation is a spoken EXCHANGE of opinions, thoughts and feelings.

Disclaimer: INSIDE LEISURE VILLAGE is written and edited by and for Leisure Village residents exclusively. It is independent of the L. V. Association and its Board of Directors. ILV's content is also independent of the Camarillo Star, Ventura County Star, Scripps Howard and The E. W. Scripps Company. The Camarillo Star is not responsible for the content of ILV and does not set or monitor its classified advertising (Services 'n Stuff) or editorial policies.

#### **INSIDE LEISURE VILLAGE**

Editorial Staff: Lois Atz and Betty Murray Coordinator for this month: Lois Atz

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Selma Lich, Gerry Levenfeld, Virginia McCollum, Joyce Turner,

#### Letters

ILV has obligated itself to publish letters to the editors that are not profane inflammatory, or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include signature, address, and telephone number. Please limit letters to 250 words. We reserve the right to edit and/ or condense. Place in ILV box or give to Coordinator of the month, as listed on page 2.

Henrietta and I had 59 wonderful years together, 23 of them in the Village. It was here that we acquired yet another group of friends and acquaintances who so thoughtfully expressed their sympathy to our son, our daughter, and me after she left us, just a few days before her 85th birthday. We thank each and everyone of you for the caring thoughts expressed in your cards and phone calls.

Karl M. Joehnck, V 13

My family and I would like to thank everyone for being so nice to us in the passing away of my beloved wife Doris after a long illness. We would like to extend our sincere gratitude to all of you who provided such loving care and support to Doris in recent months, and to express our appreciation for the condolences that we have received from so many of you.

Sam Wiegert, V. 24 and Family



early to allow for typing.

I wish to thank all of my friends for their caring and sharing with me during my difficult time. It is times like these that brings out the persons we really are.

Rose Weiner, V5

It is always good to live in Leisure Village, but I especially appreciated my good fortune after suffering a minor stroke in mid-August. Lee and I both extend our heartfelt thanks to the many friends who visited in the hospital, and at home and cheered me with their many phone calls, get well cards and presents from soup to cookies. Thanks to your loving care I am looking forward to a complete recovery

Jim Edwards, V 31

What a great party!

My warmest thanks to each and every member of the Water Aerobics class who honored me at the wonderful luncheon Aug. 17.

A very special thanks to Bernice Knebel, who worked so very hard putting this special event together. Thank you, Bernice!

The food, music and company were perfect. My thanks to you all for the most generous gift. See you in the pool.

Marie Hergenroeder, V. 6

When I fell recently, breaking my leg, the response of the emergency personnel was immediate, for which I was most grateful. While at Pleasant Valley Hospital, the cards, phone calls, visits and gifts I received were mind-boggling. Now that I am home, the loving concern of Village friends and neighbors is unbelievable.

For all of this, a big Thank You to you all. It's great to live in Leisure Village!

**ABOUT NEXT MONTH** 

you can. Deadline for the October 30, 1998 issue

will be Monday, October 12, 1998 at 5:00 p.m. To

arrange for a photographer, call coordinator at least

3 days in advance. Do not call photographer. Type

copy double space or submit hand written material

Coordinator for the next month will be Betty Murray. Please follow guidelines and be as brief as

Eleanor Armistead, V. 5

#### Calendar

Sept. 25 Proposition Pros and Cons 7:30 AR

Oct. 8 Flu Shot Clinic 9:00 a.m. to noon AR

Oct. 18 Arts & Crafts Show 10-4 in AR

Oct. 23 City Council Candidates 7:30 AR

With all my heart, I thank the dear people of Leisure Village for the many cards and telephone calls received in memory of my beloved husband, Irwin Porges, who passed away on August 10. A special thank you to the Keyboard Club, its officers and members who reciprocated the devotion that Irwin had for each and every member. If his piano playing pleased the audience, that was one of the greatest joys to him. For my loving and gentle Irwin, and myself, I again say "thanks."

Cele Porges, V. 13

The family of John D. Rosenblatt wants to thank our many friends and acquaintances in the Village for the cards, letters, flowers, and contributions to several organizations in John's memory. John was very happy in the Village for the nine peaceful years of his life spent here. We also want to thank those who visited and called. We are grateful for all the love and care expressed to us. We will miss him very much.

Lillian Doran Rosenblatt, V.25 and family

It is wonderful to live amongst such caring people! Your cards and phone calls after my surgery gave me a "spring board" start on my road to recovery.

Thank you for your good wishes. I surely do appreciate them.

Phil Caris, V33



By Eileen Cohen

What is the Leisure **Village Library**?

The Leisure Village Library consists of a constantly changing assortment of the following: 6000 Books (both hard and soft cover), 150 Periodicals, 100 Jigsaw Puzzles, Assorted records, tapes, videos and games, 1 Visual Aid instrument, 30 dedicated volunteers who try to keep all this in order.

Most of the items are donated, so the Library exists on a very small budget. Enjoy this fine Leisure Village asset.

#### Y.N.C.G.

Free Blood Pressure Clinic Monday October 19 7:00-8:00 p.m. in AR.

LOOKING AT CHANNEL 12

By Jack Whalen

This month this column will talk about a long-time volunteer for Channel 12, Sharon Green, who has served a dozen or so years to date. The great thing about Channel 12 is that once they get you, you are more than 10 years.

that Charles Lindbergh interviews dropped her from his plane auspicious beginning?

gymnastics and did radio cember. plays. Then she want on to

Brooklyn College where she majored in home economics and performed on the stage.

She met husband Al in college and they married soon after. Al became an engineer and prior to moving to Leisure Village, they made 13 career moves.

Here in LV, Sharon also worked on Building & Grounds committee for two years, but Channel 12 was theirs for life. The average her favorite. For a number member has been a volun- of years she narrated the teer with Channel 12 for Voice of the Village program for the vision-im-Sharon was born in paired. These days she Hackensack, N.J. and for helps in programming and years her mother told her stands ready as a fill-in for

Once a square dancer, as he flew to Paris the day these days she round (May 21) she was born. dances, also does line How can one top such an dancing and plays golf. She and Al have three children, Later, the family moved 5 grandchildren and will to Brooklyn where Sharon celebrate their 50th Wedexcelled in high school ding Anniversary this De-

#### **Emergency** Services Organization

By Duane Waln, chair

Village Chief Coordinator Cy Boynton of the **Emergency Services Or**ganization again oversaw an efficient distribution of this year's Leisure Village phone books at the first of the month. Aside from the initial rush on the first day when everyone was pretty busy, these three day periods have not only provided a valuable service, they have turned out to be convivial times of fellowship for the volunteers who have assisted Cy. Our sincere thanks are extended to them all!!

At the Board's request, the ESO, with help from its Village Coordinators, has assumed the responsibilities of distributing the small "Vial of Life" canisters. Intended for vital medical information, they are to be placed in one's refrigerator for easy access by

emergency personnel, LV Security folk or paramedics. Those of you who have missed receiving one can get the vials - or new forms for updating old records - at the Rec of-

Work on our DPX Information Video is not quite concluded! Worry that it was becoming too long has turned out to be unfounded with recent editing, and may even require more filming, according to consultant Art Kaufman of Channel 12. We want to get it right; so keep tuned!

The Emergency Services Committee's formal request for the date of our next Disaster Preparedness Exercise at the end of October has been submitted to the Board. It will be a different kind of exercise, addressing a toxic spill scenario. The main difference to the average Villager is that the traditional "White Flag" will NOT figure in this exercise. More details will be forthcoming,



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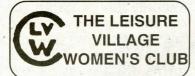
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By Eileen Cohen

The Women's Club Fashion Show on Thursday, September 3 was a success. The turnout was excellent and the show outstanding.

First Vice President Gertie Dorward arranged the show with Carlota's Fashions of Santa Rosa Plaza. Gertie also rounded up a great assortment of

door prizes that were given out during the meeting. Carlota's experienced hand was in evidence throughout the show.

Blanche Follen narrated. Bill Himstreet and Gil Weitz, in matching natty, navy blue jackets, assisted the models down the stairs. Backstage, the dressers were Carlota's daughter Melissa and villagers Dorothee Blumenau and Ruth Weiss.

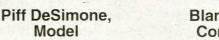
The graceful Women's Club members who modeled Carlota's Fashions were Piff De Simone, Edith 1:30 p.m. in the AR.

Dowsing, Linda Goodnick, Evelyn Lacy, Helene Sanchez, Eileen Weitz and Sally Yale. Well-deserved 'thanks" to all participants.

Keep the big Bazaar of November 7 in mind and bring small items, kitchen gadgets and saleable trinkets to the Workshop in the MPR any Tuesday Morning.

At the October 1 meeting, Bob Vanderhaven will present one of his enthralling nature shows. If you've ever seen one, you know this is a "Don't miss". That's





Blanche Follen, Commentator

Photos by Vic Fledge

#### **Models Line Up For Curtain Call**



Models for the fashion show wearing Carlota's clothes were Linda Goodnik, Edith Dowsing, Sally Yale, Piff DeSimone, Helene Sanchez, Eileen Weitz, and Evie Lacy.

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**Watch Batteries** 

Short News Items From LV Open Board Meeting

#### Sign Up Now For October Classes

Braille Institute Class To Repeat in Village

By Lillian Hawthorne

The Education/Recreation Committee has arranged for the Braille Instiits two-part course-on "Understanding and Coping with Vision Problems" for Leisure Village residents mon in aging, and will prowho were unable to attend the first time.

These sessions will be held in October, on two consecutive Thursday mornings, October 1 and 8, living skills and will explain

from 10 a.m. till noon, in the different ways to adjust the Sun Room. The course will be taught by specially trained instructors from the tute to present a repeat of Braille Institute, and there not just for those already is no fee for attending

> The first session will deal with vision problems comvide information about community resources that can offer help in these situations. The second session

home environment to meet

This course is designed suffering from vision problems, but also for anyone concerned about possible future needs. In addition, it will be helpful for partners, spouses or caretakers of those with vision problems.

Be sure to sign up for this will deal with independent course in the Recreation

#### special vision needs.

rectories were distributed September 9-11 at the Rec Center. Cy Boynton was in charge of the ESO crews who dispensed the directories. Residents who missed these dates must go to the Association office and sign for their copies.

By The ILV Staff New Village phone di-

Barbara Simons is new chairman of the Meet Your Neighbor subcommittee. She will begin her new ideas with the November meeting.

New, recently purchased, riding lawn mowers will collect the grass clippings as they mow, not drop them. (Cheers!)

Minutes of Board meeting minutes are being

Library files. These are Association records, not to be removed from the Library. Individual residents may

filched from the permanent

contribute to the Defibrillator Fund by sending their checks to the Association office. Make checks out to the LV Association "For the Defibrillator Fund" and send to Randy Watkins, General Manager.

Automatic deposit of monthly assessment fees by Bank of America checking account customers can be arranged for by obtaining the necessary forms from the Association office.

Vials of Life, for medical information, are available in the Recreation office.





#### "The Caring Community"

By Milt Mankoff

traumatic events. To assist in the Garden Room. This friends and family in provid- class is sponsored by the ing more effective support Education and Recreation to those confronted with tragedy and misfortune, Lillian Mankoff, a Licensed and to increase under- Clinical Social Worker, who standing about their behav- has had many years of pro-

ior, a two-session class fessional experience in this We live in a caring, compassionate community that is confronted daily with again on October 14 and 23 Committee and is led by

This class was given a few months ago and is being repeated to accommodate the many requests by those who could not attend at that time. Registration sheets are available in the Recreation Center Office. Prompt reservation is suggested.

#### Philip Auswacks

**Associate Broker/Realtor** 

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On Saturday 9-6, a staff editor from the L. A. Times interviewed Philip Auswacks regarding his opinion on how to tell if a neighborhood will be a friendly one. Phil Auswacks, an associate real estate broker of Century 21 Ability in Camarillo, has developed and sold real estate for 43 years. The interview appears on the front page of the Real Estate section. Here is a sampling of some of his quotes:

"The chemistry of a neighborhood is very important. Generally, a community with a central gathering area is more likely to be friendly because it promotes good chemistry. For seniors especially, it is important that a community offer an extensive schedule of activities - from Sunday brunches to classes in french. Volunteering becomes a labor of love for activists in these types of places." Mr. Auswacks has chosen Leisure Village, a retirement community as his own place of residence.

COUNCIL.....from Pg 1 Airport Authority, Park Recreation and Schools and Streets and Highways.

He has been a City Council member since 1980 and has served as mayor on two occasions. After almost 30 years as a Ventura County probation officer and then a United States probation and pretrial services agency official, he has retired and will spend even more time in public service and community volunteer activities.

Candidate Jan McDonald enters the City Council race with strong credentials. She's a lifelong resident of Ventura County and has lived in Camarillo for 21

years.

In public service she is currently President of the Pleasant Valley School Board, has served as clerk of the Board and chairperson of the District's Budget and Facilities Committee. She is also a member of the California School Boards Association and the Ventura County School Board Association.

As a community volunteer she is co-president of the Camarillo Arts Council. A leader and committee member of the Boy Scouts of America for 12 years, her involvement in school and youth programs spans even more years. Just re-

WATKINS.....from Pg1 1, he was with All Star Inns, the motel chain.

As manager of the accounting department for LVA, he was abruptly moved to the general manager post where he can draw on his many years in somewhat similar environments. For the time being however, he may have to sacrifice one of his favorite pastimes -soccer. For several years, like many other dads, he was involved in youth soccer in Camarillo. He also played men's soccer and currently runs a men's soccer team.

From this background and observation of him during his brief tenure, he seems to be pleasant and congenial, well organized. and a person who commands respect. It is hoped that the time spent as accounting manager prior to assuming the general manager's role provided him with a sound introduction to the Village, its several constituencies, and its goals.

Welcome, Randy, from all of us!

cently she was appointed to the Camarillo City's California State University Channel Islands Advisory Committee.

The fourth candidate, Gary Harber, an indepenARTS & CRAFTS.....from Pg1 Ceramic Molds, Sawdusters, Gem and Mineral, and Camera Club will be

press themselves in art media.

hand-made greeting cards on display and for sale. The proceeds from the sale of cards will be donated to local charities as usual. Although none of the Art or Craft works will be for sale, individual artists can be contacted for special arrangements.

Be sure to save the day Sunday, October 18, 10 a.m. to 4 p.m., and look forward to being truly inspired by the many gifted artists and craftspersons who are our neighbors in Leisure Village

dent computer consultant, has announced his candidacy, but at press time neither a photo nor biography was available.

There are three seats open on the City Council.

among the contributors.

Those who have attended past Arts and Crafts Shows in the Village are aware of the high quality of the works displayed. We are indeed fortunate to have many talented residents who continue to challenge themselves and subsequently give inspiration to others who want to ex-

There will also be

Friends Of The Library Open To Public October 3-4 By Chris Burkhart

The Friends of the Camarillo Library are busy preparing for their Fall book sale. Just look for the big, white tent located in the Las Posas Shopping Plaza on the corner of Daily Drive and Las Posas Road. The fun begins with a special "members only" preview on Friday, October 2 from 3:00 p.m. to 6:00 p.m. The sale is open to the general public on Saturday and Sunday, October 3 and 4 from 9:00 a.m. to 4:00 p.m.

The money raised from the Friends book sale is used to purchase books and materials for the Camarillo Library.



John Rosenblatt, V 25

Ruth Swartz, V 38

Louise Berg, V 29

Esther Sanborn, V 18

Schuyler Sanborn, V 18

Edward Winston, V 16

Doris Wiegert, V 24

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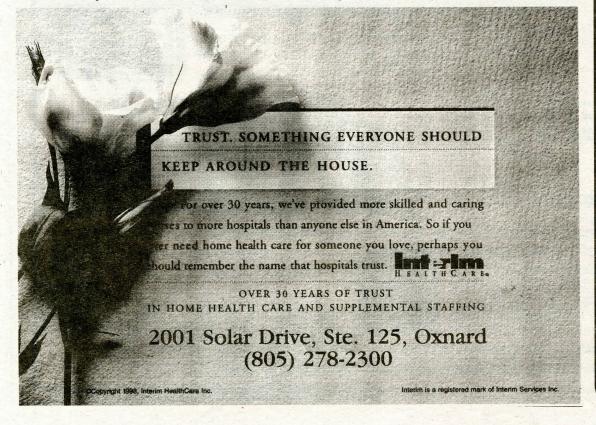
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**Checks Start Off Defibrillator Fund** 



Photo by Vic Fledge

Pictured are Max Heller, Board treasurer, accepting checks for the Defibrillator Fund from Sandy Okum,

group donated a whopping \$5366 and Inside Leisure Village contributed \$300. Individual homeowners have



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checks for over \$1400. The goal is to equip the Village with three defibrillators, with about \$15,000 needed. Other residents and groups are urged to contribute. The Saturday Night Ballroom Dance group gave a check for \$1000. Have you or your club or group made a donation yet? The fund drive is halfway to its goal in mid September

INSIDE LEISURE VILLAGE - The Camarillo Star, September 25, 1998-page 7

#### 55 Alive Class By Naomi Balfour

The mature driving class, 55 Alive, will be held on October 15 and 16 at 1:00 p.m., both days in the MPR. The American Association of Retired Persons sends an instructor to Leisure Village.

The course is designed to meet the needs of senior drivers 55 years and over who are facing age related physical changes or who

want a refresher course on rules of the road, changes in driving laws or license renewal requirements.

All drivers who complete the course will receive a discount from their insurance companies.

The class is limited to 30 people each time so you must be registered and prepaid. The cost is \$8.00 per person.

Call Naomi Balfour at 987-9851.

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#### ILV Salutes Two Sisters Ages 95 & 92



Norma Haynes Smith, 92 and sister Aila Haynes Hover, 95

#### By Jack Whalen

Two sisters who lived separate lives for some 70 years came together in Leisure Village three years ago and are truly "The Toast Of The Town" in Village 4.

All who know them marvel at how well they get along with visiting, playing cards, church every Sunday and often taking care of neighbors' dogs.

The sisters spent their early years in Port Angeles, Washington and had a wonderful childhood made very special with their own donkey that they'd hitch to a doctor's buggy in the summer and to a sleigh in the winter. Their home seemed to be a gathering place for young friends and

and taffy pulls. Both girls of time reading and during graduated from Washington State College in Pullman, Aila in 1923 and Nona in 1925.

Aila married Jack Howser in 1928 and they took a honeymoon flight to Vancouver, B.C. It was her second flight, the first one to two spunky ladies. being in 1926 in a small two-seater. "Have to admit I was scared, the first time," she says with a smile.

Jack was a pharmacist and they moved to L.A. in 1938. They eventually owned and operated three drug stores.

"We moved here in 1976," says Aila, "we had a friend here and thought money-wise it was a good deal plus great security."

Jack passed away three they enjoyed many picnics years ago, after 67 years of

marriage. They have two sons, two grandsons and two great grandsons.

Nona, after graduating from college, went on to a teachers' college and taught first grade for 11 years. She married Stanley Smith, an insurance agent in 1942. Over the next 40 or so years they took many cruises and often played golf. Nona lost Stanley some years ago.

The shelves in their shared Village 4 home display many figurines from long-ago trips plus rare china and books galore.

Aila spends a good deal our conversation, perhaps one question was asked a little softly because she asked, "Would you repeat that? Seems I had good hearing till I was 94 but I'm slipping a little now."

It's time to drink a toast



#### **Recreation Center Annex Building Conversion To Start**

#### By Phil Belsky

Planning for conversion of the 5000 sq. ft. Annex Building adjacent to the shuffleboard courts from a storage structure to a social and recreation facility is under way. Fire code violations in the existing building must be remedied according to the Ventura County Fire Department and certain handicap requirements must be accommodated.

Preliminary construction drawings have been prepared allocating the floor space as follows: 1. Computer Club Room 2. Genroom 4. Table tennis area.

The existing men's golf club office and space being utilized by the Player's

Guild for stage set construction will remain. The Social room will provide a comfortable space for residents to meet, visit, and relax when they wish.

The building will be provided with air conditioning and heating. Meeting rooms will have full height walls and ceilings with flush lighting fixtures. Floors in the rooms will be carpeted.

Conversion costs will be presented to the Leisure Village Board. Construction will begin when the project is approved and funds made available.

Milan Weiss, V.38, voleral meeting room 3. Social unteered to be the LVA Project Coordinator, and was approved by the

#### Keith A. Schulner Attorney at Law

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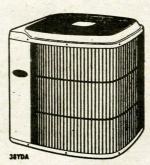
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#### **SHOW ME**

By Esther Robbins Maltun, V. 11

I don't come from Missouri But I buy what I can "see". "Pigs-in-pokes" don't tempt me, That stuff's just not for me. I don't go chasing rainbows To find a pot of gold And I don't believe in Santa Claus, I guess I'm just too old ...

I don't trust everyone I meet Or fall for every deal. I have to see it, black-on-white, And know that it's for real. Don't con me with your "lotteries" Or schemes to make me rich. Don't waste your breath in "selling" me, Just save your "salesman's pitch.

Some people like to daydream And hitch wagons to a star, But I'm a hard-core realist Who sees things as they are. So don't try to entice me With "fortune" or with "fame" I'm just a "show-me" person And you'll play a losing game.

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**UCLA Research Study** 

**Wants Male Volunteers** For Study

#### By Sandy Okum, Pres. Your Neighbors Care Group

UCLA is presently recruiting men to participate in a study. Please consider participating if you: (1) Are age 60 years or older; (2) Are in general good health; (3) Do not have serious impairment of vision or hearing; (4) Never have had a serious head injury, stroke, brain-tumor, Parkinson's disease, or other neurological disorders, and (5) Never have been hospitalized for psychiatric treatment

INSIDE LEISURE VILLAGE - The Camarillo Star, September 25, 1998-page 9 of neuro-psychological test cedures include an interranging in age from 20 to 90. The data will allow us to better understand typical changes in cognitive function (e.g., attention and memory) across the age span in healthy normal ag-

This knowledge will greatly help neuro-psychologists and associated health care professionals, who assess and treat older patients and will also be particularly helpful to researchers who study age-related diseases such Parkinson's as Alzheimer's disease.

Participants will be seen The purpose of the study individually in their homes is to compile a complete set for 60-90 minutes. The pro-

data from healthy people view, completing brief questionnaires covering health, social, educational, and occupational history. and taking a series of tests of attention, memory and general mental function. Participation is on a purely volunteer basis, with \$5 compensation. In addition participants will receive feedback on their individual test performance or a summary sent to their physician

Village men can arrange appointments in their own homes for the 90-minute procedure. To arrange to' be in the study, men should call villagers Sonia Brink at 484-2387 or Sandy Okum at 482-8125 to volunteer.

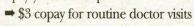
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Attend one of the FREE community meetings listed below.

Tuesday, October 6th at 10:00 a.m. Camarillo Senior Center 1605 E. Burnley St. Camarillo

Wednesday, October 7th at 9:30 a.m. Marie Callenders 1295 South Victoria Ave. Ventura

Tuesday, October 13th at 9:30 a.m. Marie Callenders 3635 Thousand Oaks Blvd. Westlake

Thursday, October 15th at 9:30 a.m. Marie Callenders 185 E. Daily Dr. Camarillo

Thursday, October 22nd at 9:30 a.m. Home Town Buffet 1901 Lockwood St. Oxnard

\*United for Seniors is available to persons entitled to Medicare Parts A & B, or Part B only, by age or disability. You must continue to pay your Medicare Part B premium. If you have Medicare Part B only, there is an additional premium for your Medicare Part A hospital benefits. Some limitations, restrictions and/or copayments may apply. United for Seniors is a product of United HealthCare of California, an HMO with a Medicare contract. United HealthCare of California, 180 E. Ocean Blvd., Long Beach, CA 90802. © 1998 United HealthCare Corporation



By Arnold Rich

The Village Swingers Square Dance Club held their general membership meeting on the second Tuesday of September. President Mary Kovach was away visiting relatives in Ohio so the meeting was chaired by VP Hal Hudson.

The Swingers wished a Happy Birthday to Jerrie Wrobel, George Nolte, and Floyd Cook. Geri Nolte brought a cake to help celebrate her husband's birthday. Elaine and Sig Jaffe celebrated their 52 Anniversary in August and were congratulated by the club. On August 15 Eleanor Odenberg and Ken Wilson were married. Many happy and healthy years to them.

The August fourth dance was a He He She She dance. The men danced the women's part and the women danced the men's part. The men wore full petticoats but didn't look feminine enough. Fun was had by all.

On August 18 the Swingers added some line dances to their normal selection of square dances. Bill Kramer, caller, taught the club contra dancing.

September 13 the Swingers had their annual picnic in the recreation room. Minna and Hal Hudson prepared the food. They always do a tremendous job.

The Swingers dance every Tuesday evening from 7:00 to 10:00 p.m. in the AR. Bill Kramer is the caller and refreshments are served.

serveu.



LV ROUND DANCE

By Bob Vanicek

Last month the Club came "out on top" with double winners Cam-a-lot's monthly dance at Camarillo's Senior Citizens Center. Kay and Betty Murray, and Bob and Edith Vanicek were first and second winners. To be honest, the cash prizes had nothing to do with dancing but both couples, being proud residents of grand Leisure Village agreed that it was an unusual coincidence worth noting

Chances of this happen-

ing again are mathematically very slim; nevertheless both couples would like to duplicate the same situation in the future since other members have, and will continue to visit the Cam-a-lot's monthly dances.

In the meanwhile the dancers enjoy good round dance music here in the AR each Sunday morning from 10 a.m. to noon and especially extend an open invitation to the many newcomers to Leisure Village. Even if you don't dance, come in to enjoy popular melodies from the big bands of the 30s and 40s – there are even comfortable chairs provided.

SWING DANCE GROUP

By Paul Kelwin

Last month a bit of the Saturday nights social dance history here in Leisure Village was given.

If Swing Dance is to continue, there has to be more volunteers coming forward. There is a terrific music

master, Ted Byles, who is doing a great job providing danceable music. And with only a few other volunteers, the group is barely keeping going.

But, with occasional vacation and other Saturday night commitments, more volunteers are desperately needed. Please speak to one of the group to see where **YOU** can help!



SATURDAY NIGHT BALLROOM DANCE

By Anne Janoff

Tomorrow night, September 26, The Saturday Night Ballroom Dance ushers in its fall schedule, with lots of good dance music recorded on tape. The next dance will be October 10, followed by the Halloween dance on October 24. To add to the fun those who are still young at heart will find this the evening and place for costume, spooks, spoofs or guess who?

The friendly atmosphere that prevails at these dances makes pleasant socializing with other villagers and friends easy. All are welcome including visiting guests. Regular dancing is from 8-10:30 p.m. in the A.R., donation, 50c per person. Refreshments, coffee, tea, punch and ice is available. BYOB.

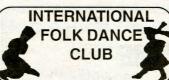
Watch Channel 12 for schedule details. Mark your calendar and join those of us who attend regularly. Hosting our dances can be fun too. Just call Ginny Dunnion 484-1238 for information.



By Dorothy Karlin

The Happy Hoofers have spent a lazy summer doing anything to beat the heat. We practiced old routines and went out to lunch. We stayed near air conditioners and went to cool eateries for lunch. We celebrated birthdays by going out to lunch. We are now ready to start our fall season by dancing and not by eating. We've got to KEEP ON DANCIN'!

Material for ILV should be typed double spaced. hand written copy should be submitted EARLY to allow for typing.



By Marilyn Goodman

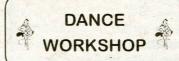
On Monday, October 12, Columbus Day, the International Folk Dance Club will hold its annual luncheon and dance in the AR at 12:30 p.m. It will be a pizza and wine affair; spouses and guests are invited to come. This is always an

enjoyable way to spend an afternoon, so join the fun.

Regular dance times: Monday, 1 to 2:30 p.m.; 2:30 to 3:00 p.m. for real beginners only, with Mae Sheff; Wednesday and Friday 9 to 10:30 a.m., Virginia Calahan instructing.

The dance club welcomes all who enjoy dancing. It is wonderful exercise, great for the mind and body. All dancing is in the

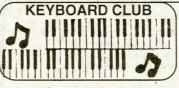
AR.



By Ann Kushner

LV Dance Workshop meets every Tuesday in the AR at 3:00 p.m. New dances are taught and old ones reviewed. It is good exercise and a place to make new friends. New dancers are welcome, both men and women.

The picnic was held in the MPR on Tuesday, September 1. It was a great success and everyone had a good time. At 3:00 p.m. the group went into the AR for regular dancing.



By Gudi Amerikaner

The month of August was again a busy one for the Keyboard Club. The regular meeting took place on August 21 with a short business meeting at which President Jules Nayfack gave a heartfelt eulogy to Irwin Porges whose presence and musical contributions to the club will be sorely missed.

The afternoon then proceeded with musical renditions by Guy Moshier (organ), Harry Anders (piano), Ruth Acker (organ), Joyce Turner (piano) followed by Don Borzagi (piano), Bill

Marvel (keyboard and piano) and finally Jules Nayfack at the organ. The entire group sang a spirited "Happy Birthday" to Ronnie Steigerwald and then enjoyed tasty refreshments.

The special concert of the "Four Ladies plus One" on August 28 was obviously a great success

The regular Keyboard Club meetings will take place on the third Friday of each month at 1:30 p.m. in the AR. All timely announcements will be on Channel 12.

We always welcome new members, especially those with musical ability on the organ, piano, or the electronic keyboard to share their talents with the most appreciative group.

Sing-A-Long By Jules Nayfack

The Sing-A-Long group was started by a talented man with a good voice, Jack Myers.

This group, which started out small and met once a month on a Monday night in the M.P.R, has now grown to 160 strong, and continues to get larger every month. It is made up of the warmest and most congenial, fun-lovingest people

in the village. There are no stars. There some really good singers, most are average, and some who can't sing a note, but as for fun and laughter, there are tons of it.

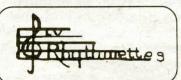
Come join the group for a fun-filled hour and a half, the second and last Monday of every month, at 7:30 p.m., in the A.R. Our notice on channel 12 will remind you of the date of each gettogether.



By Virginia Shine

The Shuffleboard Club met on September 1. They had a fun evening of games, and everyone enjoyed themselves. There was no regular business meeting this month.

The next regular meeting will be October 6, at 7:30 p.m. in the MPR. Please plan to attend. The Shuffleboard Club meets for regular play on Monday morning at 9:30 a.m. and Tuesday at 9:45 a.m. Everyone is invited to join.



**By Jeanette Ventura** 

The Rhythmette Club members are back together after a long summer vacation. The members and guests who attended the Annual Picnic in the Pavilion now have wonderful memories of good food and great entertainment. "Thank you" goes out to all who helped to make it such a successful affair. Special thanks to Linda and Irv Goodnick for leading the group in songs and their wonderful rendition of "Are You Lonesome Tonight." It was a great performance by everyone.

A long time member, Sandra Weisbrot, bid us goodbye and we all hope she will be happy in her new home near the senior

center.

The Rhythmettes are scheduled for another trip to the Camarillo Convalescent Hospital in October. The members meet every Tuesday at 1:00 to 2:30 p.m. for the musical practice sessions for the coming months. New members are welcome to come and join us in the AR.



#### The Mirror

By Marge Kelly, V.7

The mirror again, my God the pain, The sun, the wind, the winter rain. Those awful lines there etched across my face, My forehead, cheeks, I've lost time's race.

I do not care, 'twas all worth while, The sun, the green, the sand a pile. Oh golf, indeed, you took your toll Of youthful beauty once, you played a role.

To walk, to climb, to putt to drive, Such fun and joy, it was alive. Blood pressure down, it is so healthy, I guess this is what is meant by wealthy.

Only God can see the inner soul, So nourished, fed, life in control. So lines across the forehead go And etch their way down and around, Through contentment, peace I've found.



#### L.V. RACQUET CLUB

By B. J. Kumler

Past President Ben Miller presided at the August meeting of the Racquet Club. Pres. Si Ross was recovering from surgery

Results of the tournament of Village against Village came out a tie. The picnic was great but cost the club. There were 70 people who paid \$2 each but the expenses were \$158.

The next big event for the Club is the annual Dinner Dance to be held Friday, October 16. Tickets will be \$20 each. Ed Simpson's Live Band will perform and there will be a choice of entrees.

There still may be a Paddle Tennis Tournament in Las Vegas, tentatively between October 5-9. Jerry Doctrow brought the two new-styled racquets to the meeting and urged everyone to get out on the courts and try them. There is less vibration and shock and might really make one's game less stressful to parts of the body. If there are those who haven't tried them yet, call Jerry about doing so. They were sent from Las Vegas for just this purpose.

Meeting adjourned for refreshments furnished by the Solomons, Marsha Churchill and the

Wechslers.



By Sally Yale

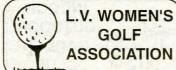
It's not too late to join the LV Chorale musical group. Rehearsals are every Monday at 12:30 p.m. in the MPR. Preparations are starting for a very exciting holiday show to be given in December.

All voices are needed Sally at 482-2554.

and you will be with a great group of singers. Auditions are given for soloists and it is a pleasure to work with the very talented conductor, Marcine Jardine and the musical know how of the wonderful piano accompanist, Dorothy Weiss.

Join us any Monday at 12:30 p.m. in the MPR. It is hard not to be happy when you're singing.

For more information call



By Betty Bruce

The LV Women's Golf Association tournament on August 12 for the 18ers was won by Donna Duke in A flight with 56 low gross. B flight winner was lolene Beach with 74. For the 9ers on the front 9, Shirley Heller won low gross in A flight with 38. A tie in B flight with 42 was Elise Eymann and Louise Coddington.

The Scotch twosome Tournament on August 19 had 40 golfers. The winners in the best ball of the foursome were Edna McCormick, Marge Linden, Merle Rue and a blind draw, with a score of 32.25. The luncheon in the AR was catered; Nettie Baum was the hostess, with many dedicated helpers.

Regulation golf on August 20 was played at Camarillo Springs. The game was called IF, throw out one bad hole and count your full handicap. In A flight it was a tie between Pat Holly and Carol Schneider with a net score of 66. B flight winner was Billie Stimac with a net of 57. Low putts, A flight, Donna, 32, B flight Eilleen King 33. Chip-ins won by

Donna, Aida Kroll and Kate Ward.

The month end tournament on August 26, Flight A first low net won by Irene Cunningham, with 49, second low net won by Carol Schneider, with 52. Flight B, Rosemary Hanson and Billie Stimac tied for first low net with 53. For the 9ers on the front nine, Carol Vaught had 25 for first low net. Shirley Heller was sceond low net with 28. In B flight Judy Hamilton won first low net with 27, Virginia Shine won second low net with 31. The highlight of the day was a hole-in-one, on #10 by Carol Schneider.

The mixed tournament on August 30 had flight A low gross winner Donna Duke with 57, and B flight low gross winner lolene Beach with 74. Low nets in Flight A, first Fran Mead, tied for second Adeline Littenberg, and Cynthia Maier, third Mary Giesler. In B Flight Low nets were first Shirley Heller, second tie between Denka Nelson and Violet Bonney, third Betty Morgan. The 19th hole party after golf featured Bingo.

Low nets of the month: 18ers Marge Linden with 69-24=45. The 9ers had a tie for the back 9, Dorothy Praeger with 26-5=21 and Elise Eyman with 34-

13=21.



By Dick Hof

Camarillo Springs was the site for regulation golf play on September 3. Syl Horwald, golfer extraordinaire, grossed 86 to take the crown in A Flight. Willis Sanders and Joe Kremer netted 66 and 72, respectively in winning first and second low net.

B Flight's Charlie Basile took low gross at 95, and Wayne Wisehart first low net 74. Stu McGuire made second low net with 75.

Bruce Calkins captured low gross in C Flight by carding 103. First low net, Vern Tyler at 76, and John Lauten had an 81 for second low net.

Plans are underway for the annual holiday party on December 10. Watch the bulletin board and Channel 12 later on.

Mike-"I'm going to stop at the clubhouse and pick up a fifth."

Jack-"Don't you mean a fourth?"

Mike-"No. I meant a fifth. I've played with you before "

Next ILV deadline is Monday, October 12 by 5 p.m.

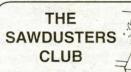
Please submit hand written copy early to allow for typing.



By Selma Lich

After a September hiatus, renewed, refreshed and with well-oiled vocal chords, the Liedeleers singing group resumes its regular schedule on Tuesday, October 13.

The members will continue to meet on the second and fourth Tuesdays of each month at 10:00 a.m. in the Lanai Room. All who are interested in mornings of song and fun are welcome to visit and/or to sing. For information please call Selma Lich at 484-8129.



By Martin Alfred

The Sawduster members have gotten in gear to produce some useful household items for the Women's Club Bazaar. Anyone interested in participating just come to our meetings on the third Thursday of the month at 10 a.m. in the Lanai Room or in the MPR

Les Merchant, one of our very talented villagers, was guest speaker at the August meeting and displayed some of his many pictures and sculptures carved out of wood. "Washington Crossing The Delaware" was an outstanding example of his work. Thanks Les; we all enjoyed it.



By Lois Atz

With summer officially over, can the holidays be far behind? The LV Garden Club members and their guests will hear about Easily Prepared Plant Gifts" at its Thursday, October 8 meeting the MPR. Bill Dewey from Green Thumb Nursery in Ventura will demonstrate gift making as his talk unfolds. He will be introduced by Claire Sortomme, program chair-

The brief business ses-

sion starts at 10 a.m. with Lucille White presiding. Social period opens at 9:30 a.m.

A culmination luncheon will be held Friday. November 6 for both the women's and couples' bridge marathon. Chairman Georgia Griswold announces that tickets are available at \$20 for the luncheon, award ceremony and an afternoon of bridge. The setting will be the Saticoy Country Club, starting at 11:30 a.m.

Ruth Smith at 462-3644 has tickets. Garden Club members may bring guests as bridge partners. Prizes will be awarded at the end of play.

Miller - 482-3471.

Wednesday, October 7. est in art would enjoy atand all invited to do so. linformation on Art Shows and exhibits and news of the Art World is given. Best of all, encouragement and inspiration for creative ex-



R.V.

CLUB

rate faster when not used. Engine parts need oil circulation, and tires need to be moved from resting on flat

spots.

Art also suggests that owners having maintenance problems bring them up at the meetings. Ed Vasquez is a great source for maintenance information and enjoys being of help

Nick Dahl reports that finishing of the new shed in the R.V. lot has been delayed because of a lack of

volunteer help. All of the jobs require at least two men working together for safety. With assistance, the job should be finished quickly.

The October 13 and 14 R.V. trip to the Yucaipa Apple Festival will be led by Mary Barkemeyer. For information, call Mary at

445-9963

A November R.V. outing is sponsored by Orvin and Lois Prellwitz to the Morro Dunes R.V. Park in Morro Bay, California. The trip will be four days and three nights, November 9 to 11. The facilities at the park are outstanding. The park is from separated beachfront by a narrow strip of sand dunes, through which a path is provided. For information call 484-8039.

The next R.V. Club meeting will be October 20, 7:30 p.m. in the MPR. Visitors are always welcome.



#### The Village **Painters**

By Ruth Miller

In preparation for the Annual Arts and Crafts show which will be held on October 18, the September meeting of the Village Painters enjoyed Marian Jayne giving her fine critique of paintings. Marian started by telling members of ways in which they might 'self-critique" their own

She also pointed out that this was to be a "critique," not a "criticism." For this element, club members were grateful for Marian's expertise and professionalism. The work shown in this critique session provided an exciting preview of what is to come at the Art Show.

The next meeting of the Village Painters will be on Everyone in the Village who has the slightest intertending some of the meetings of the Village Painters, pression are disseminated at every meeting under the capable leadership of President Sylvia Wachter.

The Village Painters continues to sponsor the Art Class, open to all Villagers, on Mondays at 1 p.m. in the Lanai Room. Use of pastels is taught, as well as composition and color and some techniques in watercolor and oil painting. Experienced artists as well as newcomers to the field are equally welcome. For information, call Ruth



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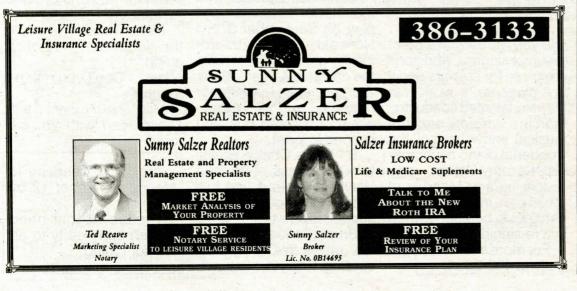
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**AMATEUR** RADIO CLUB

By Paul Kelwin

The speaker at the September meeting of the Amateur Radio Club was up there with the best speakers we've ever had. His topic was batteries...of all sizes and shapes and capacities.

I could not do justice to Williamson Bob WIL-POWR and his presentation. He held our rapt attention for over an hour. Bob has at least 26 years in battery sales, etc.

An audio recording was made and is available to those of you that were unable to be there. This goes for you "HAMS" or anyone who just wants to hear an interesting presentation of what could have been boring but certainly was not.

The Amateur Radio Club always meets on the first Tuesday of the month. The next time is October 6 at 10 a.m. in the Sun Room.



**GEM AND** MINERAL CLUB

By Don Holmes

The Gem and Mineral Club meeting was on Wednesday, September 23 at 7:30 in the MPR. Members told what they did on their summer vacation, just like back in school. In talking with others after the meeting, the consenus seemed to be: How can one take a vacation while retired? Perhaps only in Leisure Village is a vacation from retirement necessary.





By Phyl & Sid Yablun

The Billiard Club resumed meetings after the summer at the September 22 gathering. The nominating committee was named and nominees will be announced at the October meeting. The Tournafest was discussed and should be a lot of fun.

President Ernie Ohmstedt is doing great after hip replacement surgery and everyone is looking forward to his return. .

Committees are working very hard this year, so let's all make an effort to help them out!



GUILD

**By Anne Wolfson** 

On September 17 the Players Guild presented a workshop titled "A Tribute To Irving Berlin." It was produced by Milt Mankoff and Jackie Solway and choreographed by Joan Johnson, and featured a wonderful cast of singers and danc-

The singers, who really belted out the songs, were Miriam Hasen, Bob Freedman, Sally Yale, Ginny Naspo, Irv Goodnick, and Sylvia Genstil. They did wonderful renditions of favorite songs by Irving Berlin. The Chorus and Men's

Ensemble rounded out the singing and had the audience humming along with them.

Milt Mankoff was our M.C. and as always, did a super job. "Oh How I Hate To Get Up In The Morning" skit was performed by our "soldiers" Martin Alfred, Bill Fox, Bob Freedman, Irv Goodnick, Jack Myers, Mike Shapiro, Jack Silver and Bernie Solway. The setting was a tent with the guys slowly emerging to the bugle sound of "Rev-

One can't remember Irving Berlin without remembering his wonderful "Easter Parade." This was performed by the talented "Ziegfield Follies" ladies, Ginny Cordell, Piff De

Simone, Roz Feldman, Sylvia Genstil, Janet Gevinson, Lil Mankoff, Annie Robinson, and Clarice Shapiro.

Following the ladies Martin Alfred, Bill Fox, Irv Goodnick, Jack Myers and Mike Shapiro did their version of the "Ziegfield Girls" dressed in "drag." They were hilarious!

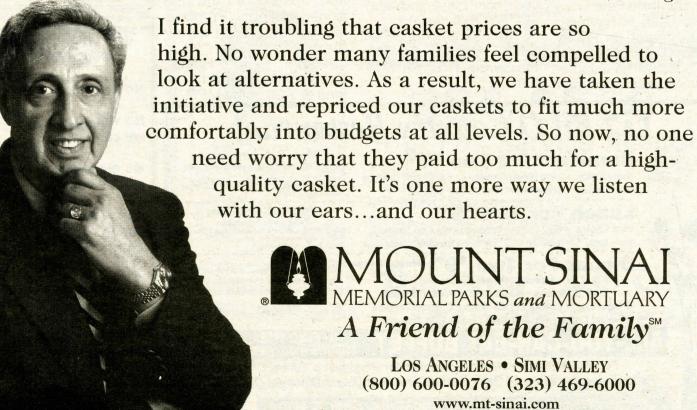
It was a delightful evening with the audience joining in "God Bless America" sung by Sylvia Genstil. The chorus ended the evening with "No Business Like Show Business."

The October Workshop titled "Who Killed Vaudeville?" will be performed on Thursday, October 17 at 7:30 p.m. in the AR

FD-1010

# "How to Buy a Casket Without Getting Carried Away."

Arnold Saltzman, General Manager



Dedicated to the entire Jewish Community as a service of Sinai Temple of Los Angeles.



**By Mildred Cherin** 

Hildi Taylor has resigned from the chairmanship of the Meet Your Neighbor Committee. At the opening of the late August meeting she was presented with a beautiful cake to mark her many years of faithful service. The ceremony was conducted by Susan Rockwell, Recreation Facilities Manager; Bo Humphrey, president of the Board of Directors, and Milt Mankoff, chairman of the Ed and Rec Committee.

Following this recognition, Hildi thanked her committee, and welcomed 15 newcomers to the Village, among the 37 in attendance.

Susan told of the TV set operating in the lobby, stressing preparation for the Fitness Center. She also mentioned several

computer clubs now orga-

nized and meeting. Milt spoke about how the Village operates, with Board elections each year.

Duane Waln, ESC chair, said each Village has a coordinator who has information on the Vial of Life and what to do in case of an emergency.

Shirley Fox spoke about the Fitness Center and the necessary regulations, including training and signed waivers, before using the equipment. It is located in the former Village Room, near the locker rooms and showers

LaVaughn Schachtsiek told the group about the Club. Garden Jules Navfack stressed the importance of getting involved in Village activities. Shirley also announced that the Cloggers will resume practice in September on Tues-

Meet Your Neighbor's next date to convene is September 25 at 1:30 p.m. in the Garden Room.

Adieu, Hildi. Thank you for a job well done.



By Jerry Cohen

For September's competition, the Leisure Village Camera Club was very fortunate to acquire as a judge Benson Smithkin. Ben is a widely respected and well known Village photographer.

The assigned category for competition was Travel, and first place was awarded to Betty Murray. Second place went to Mel Frank, and third was awarded to Imogene Gregory. Honorable mentions were by Ed Pollaine and Ben Smithkin.

The Open competition was won by Sam Weinstein, second place was the entry by Larry Coleman, third place was awarded to Barbara Simons, and honorable mentions went to Imogene Gregory and Betty Murray

September's program night was an interesting showing of the techniques of photo-journalism by Tom Roe, instructor of photography at Ventura College.

The competition for October 7 will feature Patterns and Textures as the assigned category. Program night on October 21 will be the slide show "New Zealand," by Mel Frank. Everyone is invited to attend at 7:30 in the MPR

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with any other discounts. One per coupon. Must pre
coupon. Expires 10/29/98

add'I per couple

(Sunday 4:30-7 PM)



By Howard Hintz

The Farmers Club annual picnic was held on August 13 in the pavilion. Thanks to the committee, the event was a success. Georgia Griswold, Chairwoman, did a wonderful job on a difficult assignment. Other committee members were Joe Dishlip, Marge Ramsey, Dave Sohr and Howard Hintz. Additional helpers were Ruth Smith, Jean Miles, Ida Zeller, Kay Gregg and Joe Kremer.

A business meeting was held on September 4. A discussion of one of our problems, that of pilfering (stealing) patch holders vegetables took up a large portion of our meeting. Several suggestions were made but because of the difficult and sensitive nature of this topic, none was adopted. It is agreed by our members that if someone needs the vegetables just ask and we will gladly give them to you.

A 30-minute video was shown on medical emergencies. It is a subject we should all be interested in. You never know when an emergency will arise.

Upon adjournment a social hour was held and refreshments were served, thanks again to Georgia Griswold.

The next regular meeting will be held on Friday, December 4 at 2 p.m. in the MPR.





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SOLO CLUB

By June Few

Solo Club is having a potluck dinner on Friday, October 9 at 6 p.m. in the AR. Those with last names beginning with A-G bring a p.m.

dessert, H-Q bring a salad and R-Z a main dish. A donation of 50c per person for supplies and \$3 for each quest is requested. Bring your own plate and utensils. BYOB if desired.

The next bag lunch will be on Friday, October 16 in the Garden Room at 12:30

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#### ADD: Soup or salad, coffee or hot \$5<sup>25</sup> tea & dessert of the day for \$3.00

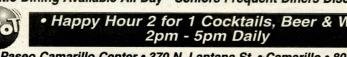
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#### Reflections

By Lou Perlman, V.26

Suppose you were told that today was your last And at that very moment you could view all your past That you had but this one day to smell every flower That the stroke of midnight would be your final hour

> What would you do Stop and think Gaze around you All gone in a wink

Whose hand would you hold to say that you care Knowing you have only moments to share Mixed up emotions of remorse and sorrow As quickly you realize there would be no tomorrow

Suddenly memories become painfully clear Things taken for granted, now so very dear A simple, "I love you," you've been meaning to say But more important things seemed to get in the way

A sunrise, a sunset, a beautiful rose The majestic tree as it stands in repose The fragrance of twilight with its long, long shadows A stroll in the moonlight through lush-filled meadows

"I need more time," you cry in despair "There's so much to do, it hardly seems fair But stop for a moment, I said, just suppose You still have time to caress that rose

You lift up your eyes, joy abounds in your heart Oh my God, my God, where do I start Just start with each moment and fill it with Love The shadows you cast will come from the Light above

#### **Single Active** Seniors By Zelda Greentree

It is hoped that none of you have missed the Single Active Senior meetings during the past month. As you know, the Village Room has been converted into the new Fitness Center and the group has been meeting in other rooms. So please remember that Tuesday is "our night" and if you don't see the group right away, keep looking!

Paul Kirschner gave a very interesting program in September and we came away with many ideas about where and how to use our life experiences to the best advantage in volunteering.

This coming month we will have a joke night, a professionally led chat night, the club's Muriel Ellis will be the facilitator: terrific movie night and game night to complete the month.

Watch Channel 12 for the listings. Suggestions for future programs are always welcome. Please call Zelda, 389-9694, with your ideas!

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THE CERAMIC **PLUS** CLUB

By Don Holmes

The Ceramics Plus Club meets at 10:30 in the MPR every fourth Thursday of each month. Visitors are always welcome; if you like, bring some of your work to show off.

The Club will have an exhibit at the Annual Arts and Crafts Show on October 18, and you can compare your work then. This show, is we understand, for all Village Arts and Craft groups. There will be no sales during the Show. The Club will also exhibit during

the Womens' Club Bazaar scheduled for November 2.

The Ceramic Plus Club has some new glazes and under-glazes, including a bright red that is very expensive; try it on your best

At the August meeting the Club watched a film on Pablo Picasso. He reminded this writer of something that Liberace once said about himself: "Not much talent but a lot of guts," which endeared Liberace to me. Picasso was weird but interesting. Wonder where Picasso's money came from? It would take a lot for that life-style.

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Page 16-INSIDE LEISURE VILLAGE - The Camarillo Star, September 25, 1998

### GUIDELINES FOR CONTRIBUTORS TO ILV

Reporters and publicity people submitting material to be used in Inside Leisure Village will help out the staff (and may enhance the reception of their material) if they will follow basic guidelines. These include:

1. Type all material, or we must take time to type it, a delay. If handwritten copy is absolutely necessary, submit it early.

2. Use full size 8" x 11" sheets of paper. Odd size sheets can get lost.

3. DO NOT TYPE IN ALL CAPS: stories in all caps must be retyped.

4. Put writer's name and phone number in upper left corner.

5. Leave 2" of space at top of page for our notations.

6. Type group's name and writer's byline.

7. Double space each line and indent each paragraph.

- 8. Put the name of your group into the FIRST sentence of your story. This makes it easier to match with the right logo, if you have one.
- 9. Be sure your copy can be easily read. Do you need a new typewriter ribbon? Do the keys need cleaning? No red ribbons, script type or Xerox copies, please. Clean copy prevents misunderstandings.

10. Submit your story on

time. Deadline is Monday at 5:00 p.m., usually the first Monday of the month. Deadlines for the next paper are listed on page 2 of each issue. Please check the ex-

sue. Please check the exact deadline and meet it. All material should be placed in the ILV mailbox in the east hall of the Rec Center.

11. If your story must be late, call the coordinator and tell her when you can get it in and why it must be late. Coordinator has the OPTION to accept or refuse the copy.

12. Call the coordinator to arrange in advance for a photographer to cover your event. Do not call the photographer directly; he works on assignment from the coordinator only. Planning for each issue, including pictures, starts the first week of each month, so if you want pictures, we need notice.

13. A news story is not minutes of your meeting. Reading about events two months old is dull. What is coming up for your group? Feature future events.

14. If ILV must cut your article because of space, the cutting generally starts at the end, so put your important information at the top, and then give the details.

There are about 70 items submitted to ILV for each issue. If writers used these standard rules, the job of the coordinator and the staff is made easier.

#### **Bus Expand Service for Village Shoppers**

By Margrate Gowder

A new shopping shuttle bus was started on September 1 by the Camarillo Area Transit (CAT) at the request of many villagers.

Every **Tuesday**, this CAT bus, which has been operated as a Dial-a-Ride service, will enter Leisure Village by way of the east gate at 11 a.m. and make the trip from Village 44 down Leisure Village Drive to Mountain View Drive and then left around to L. V. Drive and right to the Main Gate.

Destinations will include the United Artists theatre, across the freeway to the Camarillo Factory Stores, the Target Center, Hughes Market Shopping Center, with the last stop at K-mart.

The return trip will start at 1:00 p.m. from K-Mart, Camarillo Factory Stores, Target Center, Hughes Market, United Artists Theatre, and back to Leisure Village.

Cost for this special shuttle bus will be \$1 each way and no reservations are required. If you have any questions, call 9884CAT or 988-4228.

Also of interest to many a LV residents who ride the Camarillo bus is the fact that the city has changed the route for the trip which goes to the Community Center on Burnley. The bus now stops directly at the front door of the building, so passengers won't have to walk far. This will particularly appeal to those who go to the Braille meetings and classes.

Vista bus will take you to the Kaiser Hospital in Woodland Hills. Call 1-800-438-1112 for Vista information. Camarillo-Somis Tutoring Project

School has started, and volunteers to tutor children from grades first to fifth are needed!

If you enjoy children and can spare an hour or two a week, this is a very rewarding way to spend your time.

For more information call Beverly Wallace, 388-1963 or Lori Adler, 482-1964.

> Orchestra By Don Holmes

The Leisure Village Orchestra is a ghost of its former self, but still has "high hopes." If you play, and are a recent move-in and Don Holmes has not phoned you, just give him a call at 482-4979, any time.



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Dean Andal, Chair, Board of Equalization
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Former Mayor Roger Campbell
Former Mayor Ogen Compbell
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#### ABOUT OLD AGE

By Sonia Brink, V.15

Old age is really not so bad, there are some compensations too. Because you'll say that I am wrong, I have compiled a list for you to let you know what I felt all along.

When we forget, we are not blamed, 'cause everybody understands. We can say "no" and never be ashamed when we refuse requests we do not like.

We now have wisdom - we have paid the price. The others listen what we have to say and sometimes even ask advice. We need not buy the latest fashionwear and can succumb to comfort every day. It's easier to live when we don't care what others think of us or say.

I also like the SS check twelve times a year, and all the discounts we get here and there. Without these little goodies I do fear old age would be a bigger cross to bear.

#### What Is "Y.N.C.G"?

By Sandy Okum

for "Your Neighbors Care Group." It is an organization (not connected to the L.V. Association) formed in the Village over 23 years ago by resident volunteers, to help in any emergency. Its title implies caring for one's neighbor.

We are a great source of information in the health field — to find the right doctors, hospital, nursing and domestic care, support groups, Hospice, consulting, senior services, etc.

The third Monday of every month from 7:00 to 8:00 p.m. in the AR, Y.N.C.G has a free blood pressure clinic.

Every year in October, a flu vaccine clinic is held here, arranged by Y.N.C.G. Each February, at the Health Fair local doctors and technicians screen one from "head to foot", dermatologist, audiologist, optometrist, ophthalmologist, dentist, podiatrist, blood sugar

test, blood pressure read-

ing, etc.

Pleasant Valley Hospital Y.N.C.G. are the initials gives a 24 chemistry blood panel including cholesterol, HDL, triglycerides, and glucose for a nominal fee. All other screenings are free.

Also present are the health organizations for heart, lung, cancer, arthritis, hospice, etc., to make their literature available.

Y.N.C.G. also has a bank of hospital supplies available free of charge, again only on an emergency basis. Wheelchairs, walkers. crutches, canes, commodes, toilet risers, shower benches, etc., are loaned to you for up to four weeks

INSIDE LEISURE VILLAGE - The Camarillo Star, September 25, 1998-page 17 ood pressure read- only. If items are needed for a longer time or permanently, Medicare MAY buy them for you. We have a source that can assist in finding out if Medicare will

> The above items are available for you to pick up by calling the Recreation Office during business hours only, Monday through Friday. On weekends or evenings, one must call the main gate and RE-QUEST an appointment with a patrol officer to meet you in the Rec Center fover to open the hospital supply room. Follow all directions posted on the door. Please remember this: it is NOT a

See YNCG



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#### Model T Ford Story From Way Back When

By Jack Whalen

Guy Moshier, chair of Channel 12, has an unusual Model T Ford story that goes way back, 1925 to be exact.

His dad was a dairy inspector and from headquarters in Portland, Oregon he would travel the state checking dairy farms for cleanliness. Inspections included the cows, the barns and the grazing area.

During summer days, 8-year-old Guy occasionally went with his dad, in a Model T Ford.

On this one hot summer day Guy drifted back to the car and sat in the driver's seat

"Dad's car was pretty modern, you might say," he said. "It had a starter switch and battery."

As a prank, he turned on the starter switch and the "Tin Lizzy" jumped forward about 4 or 5 feet. He did it again with the same results. Thinking it fun, he continued with the car hip-hopping down the country read.

When his dad left the farm, his car was more than a block away, still going by short leaps.

His dad ran to catch the youthful driver and then and there Guy received quite a tongue-lashing.

"I thought that was it," Guy recalls, "but it was nothing compared to the spanking of my life I got when we arrived home."

Y.N.C.G......from Pg 17 duty of the patrol to perform this service for you. So thank him and be patient if he is late. You are responsible for returning a clean, workable item for the next resident.

Y.N.C.G. also sponsors a Foodshare program in L.V. If your income is no more than \$1000 a month for an individual or \$1400 for a couple, you are entitled to government surplus foods and other local surplus collected by Foodshare of Ventura County.

These items are sometimes supplemented by other groceries purchased with donations given by various clubs in L.V. Persons can enter the program by calling Ed Holly at 987-1782. All information is very confidential, so don't be ashamed to join if you qualify. We have it to give.

As president of Y.N.C.G. for 22 years, I can say that I have never known who is on the program, nor do I care to know. It's confidential! Food is distributed every Tuesday afternoon.

Over the years, Y.N.C.G. was instrumental in starting the following: Meet Your Neighbors Committee, Vial of Life program, our informative newspaper "Inside Leisure Village," 55 Alive classes, Low Vision Group, etc. So, join us. Membership is a token one-dollar a year per person, July to July.

In conclusion, you must realize that all these services and help available these past years have been **ILV Services 'n Stuff** 

ILV will accept ads from L.V. residents for properties which they own personally, or ads of a noncommercial nature which offer jobs or services to villagers. Limit ad to **15 words**, use a full-sized sheet of paper and place in the ILV box which is next to the Sewing Room door. Residents include one dollar, non-residents pay two dollars. No checks, please. Full name and a valid current address and telephone number of the **advertiser** must be included with each ad, but need not appear in the ad. Repeat ads must be resubmitted each month. Deadline is first Monday of the month.

WANTED CAT care for 2 cats. Will pay or swap services. New LV resident, Nancy Knebel. 383-9165.

WANTED HOUSE cleaner for small LV house every other week. References requested. Nancy Knebel, 383-9165.

WANTED FISHING rods, reels, lures, tackle boxes, etc. Will pay cash. John, 642-3664

LADIES: I buy your old purses, old china, glassware, also occasional furniture. Karen, 373-0605.

accomplished by volunteers — your neighbors. To continue this wonderful organization, we need your input, help and volunteerism, for without it we cannot survive.

There are about 3500 people in Leisure Village. If you just volunteer to do something for a fellow neighbor as little as twice a year we can succeed to be "Your Neighbors Care Group." - Y.N.C.G. (Please clip and save for future reference.)

WANTED, CAR for reliable transportation, low mileage. Young family could spend up to \$8,500. 987-8125.

MASSAGE THERAPIST: Let me rub you the right way. In LV for 15 yrs. Lic. #4285. Lynne, 484-2308. PET SIT, overnights OK. Bring in mail, water plants, drive, houseclean, people sit. 11 yrs exp. Pat, 484-0441.

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See ADS.....Pg 19

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CAREGIVER, companion, live in/out. Personal needs, dispense medication, drive, cook, reliable, caring. Rita, 987-5416.

HOME CARE AIDE: Companion, shopping, cook, house keep, CPR and First Aid trained. Refs. Maria, 486-5574.

CAREGIVER/companion, cheerful, kind. Shop, cook, laundry, bookkeeping, drive. LV refs. Jan, 388-8646.

FRENCH PROVINCIAL living room furniture: sofa, chair, lamps, tables, etc. Best offer. 484-5540.

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MEALS COOKED with love, special diets OK, good nutrition. Cleanup a & light duties, LV resident. Jo, 484-0253.

INSIDE LEISURE VILLAGE - The Camarillo Star, September 25, 1998-page 19

CAREGIVER will help with bath, laundry, shopping & meal preparation. LV refs. Sylvia, 388-4691, leave message.

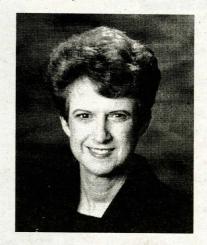
HOME CARE AID, friendly, dependable, LV refs., CPR, First Aid, Exp. Alzheimer's. min. Rosa, 2 hours 486-0501.

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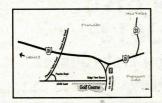
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