

DEPARTMENT OF MENTAL HYGIENE

CAMARILLO STATE HOSPITAL

BOX 'A'
CAMARILLO



August 2, 1967

Mrs. Daniel Tolmach
656 Douglas Avenue
Oxnard, California

Dear Jane:

Attached is a copy of the minutes of the meeting of the Board of Trustees held July 28, 1967.

Sincerely yours,

Jack
Jack W. Thompson
Recorder

JWT:FA

Enc.

MINUTES OF THE MEETING OF THE CAMARILLO STATE HOSPITAL BOARD OF TRUSTEES

JULY 28, 1967

The regular meeting of the Camarillo State Hospital Board of Trustees was called to order by the Chairman, Mrs. Jane Tolmach, at 1:00 P.M., July 28, 1967.

Those present, in addition to Mrs. Tolmach, were Mrs. Alfreda Teague, Mr. Louis Baptista, Mr. Jack Broome, Mr. Francis Hertel, Mr. Frank Bush, Dr. Louis R. Nash, Dr. John F. Sheel, and Mr. Jack Thompson. Guests making presentations to the Board were Mr. Al Vercoutere, Miss Ann Boles, Dr. R.D. McBurney, Dr. Jacqueline Montgomery, and Dr. Leonard Krasner, Director of Clinical Service, State University of New York, Long Island, New York.

The minutes of the meeting of May 17, 1967 were approved as read.

Dr. Nash expressed his appreciation to Mr. Hertel for accepting the Governor's appointment to the Board and the welcome was seconded by Mrs. Tolmach for the Board.

Dr. Nash introduced Mr. Frank Bush and described his work as administrative consultant to the hospital. Mr. Bush presented a general description of his work in meeting with department heads and studying philosophies and programs as they relate to the goal of the hospital. He indicated that he would present a full report to the Board on conclusion of his work.

An announcement was made to the Board concerning the television documentary recently completed at the hospital's Children's Treatment Center by NBC-TV. This is entitled, "They Are Not Expendable." The program will be shown on NBC Channel 4, at 7:00 P.M. on August 12, 1967.

Dr. Nash opened discussion of the hospital's new service for the mentally retarded which will serve 500 patients transferred from Pacific and Fairview State Hospitals. The first 250 patients will arrive beginning August 14, 1967 and the balance received in the spring of 1968. Reference was made to the physical plant, staffing, and programs available and to be developed for this service. In this connection, Dr. Nash introduced Drs. McBurney and Montgomery who will be active in the MR Service and who will develop the present Operant Conditioning Program for the specific needs of the MR patients.

Drs. McBurney and Montgomery described operant conditioning (token economy) as a program of training which encourages the patient to change behavior patterns and to take responsibility, for which he is rewarded with tokens exchangeable for items in the token-store on the unit. This general philosophy was discussed by the Board and, subsequently, with Dr. Leonard Krasner, one of the nation's leading proponents of operant conditioning. Mrs. Teague inquired about the ages of patients in the MR Service and it was indicated they would cover the full range over age 16. In response to a question by Mrs. Tolmach on staffing, Dr. Nash indicated that we had received a staffing pattern based on the Agnews program but adjustments would be made to fit our particular needs.

There followed a discussion of the Y.O.U. (Youth Opportunities Unlimited) program in which the hospital is engaged for the second year. Last year's program is being used by the E.Y.O.A. as a model program for other hospitals throughout the country. The 50 students were selected on the basis of financial and other needs from the Los Angeles area, and live and work at the hospital for a period of nine weeks. This employment experience is transferable to private industry in addition to providing the students with a knowledge of mental health. In response to a question on the students' ages by Mr. Hertel, it was indicated the students were between the ages of 17 and 23. It was reported that 24 students were working in Rehabilitation, four in the Adolescent School, one in Social Service, one in the Clinical Laboratory, two in the Beauty Shop, and 18 in Nursing Services. Mr. Bush inquired about the administrative supervision, and it was pointed out that the over-all program direction is provided by the Project Director with individual supervision given by the various departments in which the students are working. Mrs. Teague commented on the different kind of language used by young people and the need for a thorough understanding of this language if programs such as this are truly to be effective.

Dr. Nash announced the award of a two-year research grant from the Applied Research Division of the National Institute for Mental Health in the amount of \$72,942.00 for the first year. This grant was made for the purpose of evaluating the effect of closed-circuit television in psychiatric treatment programing.

Also announced was the hospital-wide celebration entitled, "A Day In The 21st Century," which will be held on Thursday, August 24, 1967, beginning at 9:30 A.M. The day-long activity will feature an art show, refreshments, dancing, floats, costumes, and a parade which will include the Point Mugu Marching Band and Drill Team. The members of the Board will receive a special invitation to this activity.

Mrs. Tolmach led a discussion on the role of the Board of Trustees based on the general description provided in the Welfare and Institutions Code. All members of the Board participated and there evolved five major points in addition to the general responsibility of Board Members to act in an advisory capacity to the Director of Mental Hygiene:

1. Board members in their capacity as civic leaders should respond to requests from the public, and in answering questions help to correct misinformation.
2. In order to meet the above responsibility, Board members should become thoroughly acquainted with the hospital and its facilities and programs.
3. In addition to the above, the hospital administration has an obligation to inform the Board of new trends or developments as they occur or are planned.
4. Orientation of the Board members should be directed toward management and programing, utilizing their individual backgrounds to study and improve hospital programs. In this connection, Mr. Hertel gave a

4. (Continued)

description of his recent activities in reviewing the hospital's contracts and rates for public ~~utilties~~ utilities.

5. As often as possible, members of the Board should continue to participate with the administrative staff in hospital rounds as a means of informing themselves of programs, and with the secondary benefit of stimulating employees through the demonstrated interest of the Board members.

In connection with hospital rounds, it was decided that the practice of holding quarterly meetings would be changed in favor of holding monthly meetings, prior to which the Board members would make rounds with the administrative staff during the morning hours. It was decided that the second Monday of each month would be a mutually agreeable time, and that we would begin this program of rounds followed by a regular Board meeting on the second Monday of August, the 14th, at 10 A.M.

At this point each Board member received a copy of an Information Release on the 1967-68 Department of Mental Hygiene Budget as well as a copy of the narrative description of the hospital's facilities and programs currently being distributed to the public.

There being no further business to come before the Board, the meeting of the Camarillo State Hospital Board of Trustees was adjourned by the Chairman, Mrs. Jane Tolmach, at 4:00 P.M.

JANE TOLMACH, Chairman



J. W. Thompson, Recorder