

# The Runner

February 2, 2011

California State University, Bakersfield

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## Students debate repeal of ‘Don’t Ask Don’t Tell’

By Sara Gunn  
Staff Writer

Students met in the Dining Commons to discuss the repeal of the U.S. Military’s Don’t Ask, Don’t Tell policy Thursday night.

DADT, which barred homosexuals from openly serving in the armed forces, was repealed in December 2010, pending military review.

Joey Williams, a graduate student in sociology and community assistant for social justice in CSUB’s housing department, organized the event. While he appreciates students’ contributions on the boards he had posted in the dorm lobbies prior, he was disappointed that so few people showed up for the discussion.

“We have all these com-

ments on these boards but people won’t show up to discuss it,” Williams said.

On Rohan’s board, someone asked why homosexuals’ openly serving was even an issue. Mathematics major Trent Thalman, junior, said regarding DADT, “[Most] people had every right to be married, to live in housing provided by the military and have a normal life when

they’re off duty; however, the gay people didn’t.”

Under DADT, anyone discovered to be a homosexual was most often dishonorably discharged, making him or her ineligible for military benefits and pensions. The repeal of this policy will allow gays and lesbians to serve openly without fear of retaliation.

While DADT may have

been enacted with the intent to protect homosexuals from being forcibly outed by their superiors, it has recently become a more oppressive policy, forcing some service members to keep aspects of their lives a secret.

Sociology grad student Hernan Hernandez believes that this is a positive step for the queer community.

“It was ridiculous when you

have individuals willing to serve their country and they can’t serve freely, especially today when we’re supposed to be more advanced in terms of rights,” he said.

Psychology major Yolanda Vargas, freshman, said that a person does not have to accept an alternative lifestyle in order to allow equality.

“You don’t have to be the [See REPEAL, Page 3]

## Buildings’ safety on shaky ground

By Rogelio Alvarado  
Staff Writer

CSUB currently has four buildings that do not meet earthquake policies, according to CSUB spokesman Rob Meszaros.

The CSU system has a policy in place to address building requirements on its 23 campuses. The CSU system found that buildings on many of its campuses are considered “seismically hazardous,” or potentially unsafe in the event of a major earthquake. Buildings are ranked on a seven-point scale to determine the strength of an earthquake. It is important to note that the CSU system uses higher standards in rating the safety of its buildings than the state does. As such, the four buildings on campus that do not meet state building codes here in campus are in the list for renovation. They do not pose an immediate risk, however, because they are as safe as any other building on campus that were built in the 1970s.

According to Rob Meszaros, director of public affairs and communications, “These four buildings are the Runners Café where numerous students go to eat, rest, and do homework; Doré Theatre; Faculty Towers,



Brady Cabe/The Runner  
The outside of the Dore Theatre, another CSUB building that is not up to earthquake code.

which have a delicate structure; and the old physical education gym.” These codes have been needed to be addressed since 2008. It takes time to plan and acquire funds from the state for repairs to take place considering that we are not the only system in the state. Repairs to the four buildings on campus are in the plans, but it is uncertain when funds will be avail-

able from the state.

Are students and faculty aware of this situation? Meszaros claimed, “The subject has been well documented in the news, ect. so the information has been out there. Local news channels have broadcast this story many times when the case of an earthquake happens in order to relate with the safety of the community and students. These specific questions might be better answered by a student or faculty member. Larry Wilkins, a sophomore, stated that, “I was not aware of the earthquake codes, I always eat at the runners café and have office hours for English in the faculty towers.” Each year the CSU, submits proposals for funding from the state. There are only a certain number of projects that can be founded every year so it will take time to fix this issue. Our geology department can help clarify this topic, they can help work in the earthquake angle, for example; how likely a major earthquake here that could potential compromise the four buildings question or certain classes cover this area of study. Meszaros affirmed, “I do not think anyone could say with much certainty that any building would be safe in the event of a major earthquake.”

## Counseling Center an oasis for students in need of help

By Zachary Gonzalez  
Staff Writer

On the south side of campus in the Student Health Center is a department of professionals whose goal is to provide counseling to students on campus. The Counseling Center, which is free to all undergraduate and graduate students provides short-term counseling to aid students through the ups and downs of collegiate life.

The Counseling Center’s purpose is to provide students a place where they can gain a sense of standing within the university, provide the skills needed to get over academic and personal obstacles, and gain from the educational opportunities provided on campus.

“The services are



Mark Nessia/The Runner  
Sally Robinson works in her office in the Counseling Center on campus. The center’s services are free to all students.

designed to help students in reaching their educational goals,” said counselor Janet Millar.

Millar, whose experience in counseling expands over 25 years, said that the center generally sees students with any kind of issue that may prevent them from being successful in their classes or completing their

academic goals. Such cases range from relationship problems, time management, issues with sexual orientation, test anxiety, family issues, abuse and other trauma, substance abuse issues, poor money management and eating disorders.

“Commonly, we see students who are experiencing

stress and reacting badly to it by using inefficient or ineffective coping mechanisms like drugs, alcohol, procrastination, and [excessive] spending,” she said. “Often these students become depressed or anxious with symptoms that prevent them from being successful or functional in their lives. We refer and work closely with the Student Health Center for students who are interested or may need medication to help them with the symptoms of depression or anxiety.”

According to state law, counselors are bound to a confidential agreement with their patients. This means everything communicated between patient and counselor cannot be

[See COUNSEL, Page 4]

### Campus Images



Brady Cabe/The Runner  
M.E.Ch.A sells wonderful, fresh tacos outside Dorothy Donahoe Hall. The Week in Photos, Page 7.

## Finding balance between school and work

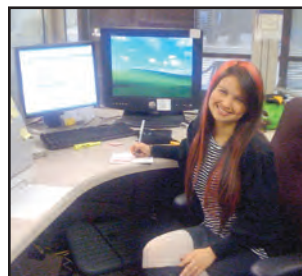
By Anne Stephens  
Staff Writer

Students are often faced with a vicious cycle. Due to increases in tuition many are now having to work more hours to pay for school, but also have to deal with the difficulties of balancing those two lives. Samantha Clifton, a junior anthropology major, has to deal with the difficulties of working full time off campus while also being a full-time student. Clifton has been working at Kern Medical

Center as a transporter for over a year.

“At one point I was working and going to school ... and for

about a month and a half I didn’t sleep for three days a week just because I would wake up and go to school,” said Clifton.



Anne Stephens/The Runner  
CSUB sophomore Elizabeth Arellano sits at her desk in the Financial Aid Office.

Clifton would go to school all day and then working through the night till

7:30 a.m.

Clifton was able to balance school and work by doing her

[See BALANCE, Page 4]

### Basketball

Donovan Bragg goes up for a shot at Saturday’s home game against Cal Poly. Story on Page 7.

Brady Cabe/The Runner



Mark Nessia/The Runner

Biographer Robert C. Pavlik comes to CSUB. Story on Page 3.

### Inside This Issue:

Opinion .....Page 2  
News .....Page 3  
Features .....Page 4  
Photos .....Page 5  
Entertainment .....Page 6  
Sports .....Page 7, 8

Seven-day  
weather  
forecast  
According to  
weather.com



Wednesday  
Hi: 58  
Lo: 35  
Precip. 0%



Thursday  
Hi: 58  
Lo: 36  
Precip. 0%



Friday  
Hi: 63  
Lo: 40  
Precip. 0%



Saturday  
Hi: 64  
Lo: 42  
Precip. 0%



Sunday  
Hi: 64  
Lo: 45  
Precip. 0%



Monday  
Hi: 63  
Lo: 43  
Precip. 0%



Tuesday  
Hi: 61  
Lo: 43  
Precip. 0%



# RUNNER ON THE STREET

By Brady Cabe, Staff Photographer, and Derek Bato, Web & Opinions Editor

This week, The Runner asked, “What do you think about the campus having four buildings that don’t meet earthquake safety codes?”



**Emily Schnell**  
Sophomore,  
Nursing

“That’s not very good in California.”



**Alex Ortiz**  
Senior,  
Communications

“I did not know that; it’s a little scary.”



**Sa’vonye Martin**  
Junior, Psychology

“That can’t be too good because we’re close to the fault. None of my classes are in those buildings though.”



**Julian Aguayo**  
Freshman, Sociology

“I think of it as a very bad situation. We all need to be aware and prepared for an earthquake.”

## THE RUNNER

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Letters to the Editor are encouraged; however, they must be signed and verified to be considered for publication and should be no more than 300 words in length. All letters may be edited for clarity and length.

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## Bad drivers everywhere, even in your own car

By Baleria Aguirre  
Staff Writer

The person driving can be cautious, but they never know who is behind another wheel and the road conditions. Car accidents are caused by many reasons; drunk drivers, falling asleep on the road and people in a rush to get to their destination.

Bakersfield is a small city compared to cities like Los Angeles, Sacramento, Fresno and other bigger cities, but crazy drivers are found everywhere. People are always at risk of getting into an accident once they get in a car.

The more people have experience with the road, the more they learn that being behind the wheel is no joke. A driver has the responsibility to be clear-headed, but nowadays people do not care about the risks and go ahead and drink and drive anyway, causing accidents and ending innocent lives.

Bakersfield has some bad drivers, but one of the cities in the United States I have been to and have experience careless drivers has to be the city of Los Angeles. Every time I go, I see cars flipped over or car accidents along the highway.

Drivers in Los Angeles don’t signal

when changing lanes, don’t respect the speed limit and drive super fast. One of the most dangerous areas to drive in, especially for those who are beginners, is a Los Angeles freeway.

Even sitting in the passenger seat of a car in Los Angeles is scary. All the people I know from Los Angeles drive crazily; all they do is speed and don’t distance themselves from other cars.

But if we are talking of worst international driving, beware of Mexico. People over there don’t obey the traffic signals. They do not give the right of way to pedestrians. Pedestrians have to run across the street because

it seems as if cars won’t stop to let them cross.

In Mexico you can see young children driving around, and the police are corrupt if someone is stopped for a traffic violation they can just pay the officer. That’s why it is harder to find the suspects involved in a hit-and-run accident.

Many people lose their lives in car accidents some because they are driving under the influence, and others because people who are drunk hit them.

Anytime where you find yourself in a car, just make sure to wear your seatbelt.

## The Green Gazer #14 By Derek Bato & Victor Maldonado

Political correctness: Blacks, retards and policeMEN... oh my!



Where do you get off talking the way you do about millions of people in MY America?!

OOF!



Great illustration, dick, we all see where this is going.

Political correctness will be the death of free speech.

## ‘The Dispatch’

Recognizing Hate Crimes

By Justin Gildner  
Sergeant, CSUB  
Police Department

Hate crimes are the most dehumanizing and confusing because of its hard to recognize elements. In California, you are a victim of a hate crime if you have been specifically targeted because of your race, ethnicity, national origin, religion, gender, sexual orientation, or physical/mental disability. People belonging to these groups are referred to as “protected classes.”

It is important to know the difference between hate incidents and hate crimes.

A hate incident is an action or behavior that is motivated by hate but is protected by the First Amendment. Examples of hate incidents are name-

calling, and the display of hate-motivated material on someone’s private property.

The First Amendment allows hateful speech as long as it does not violate the civil rights of others. If this behavior escalates to threats or criminal activity against a person or property, then it becomes a hate crime.

A hate crime is a criminal act, or attempted criminal act committed against a person or his or her property because the person is – or is perceived to be – a member of one of the “protected classes.”

Please report hate crimes to University Police. If these crimes go unreported, the criminals will continue to aggressively act on their beliefs and pose a potential threat to our campus community. Be safe.

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# Biographer Robert Pavlik shares story of Norm Clyde with CSUB

By Emmanuel Price  
Staff Writer

On Friday, Jan. 28, the history forum invited biographer Robert C. Pavlik, who discussed and read a portion of his book “Norm Clyde: Legendary Mountaineer of California’s Sierra Nevada” which remembers the extreme mountaineer who is considered by many to be the best climber. Pavlik, who also is an environmental planner and historian with the California Department of Transportation, had CSUB’s Albertson Room filled. Many of the chairs were filled after the opening, as some the crowd members stood. History professor Douglas Dodd emceed the event, and was surprised to see the number of guests. With the high number of people it got a little noisy.

“The History Department was happy to see a big crowd for the talk. There were about 70 people present - both



Taylor Gombos/The Runner  
**Robert C. Pavlik speaks at the history forum Jan. 28 in the Albertson Room.**

from on campus and the community - which is very good attendance for the history forum,” said Dodd. Pavlik, who lives in California men-

tioned the “beautiful” view of the Sierra Nevada Mountains he observed accessing Highway 58. The biography took around five years to write, and Pavlik mentioned the fact that one of challenges to the writing of the book was the privacy of some of the existing diaries, and journals.

Norman Clyde is known for his 90-pound backpack and his assistance in rescue missions. “Norman Clyde was an important Californian, because was active in the exploration of the Sierra Nevada, and his participation in the development of mountain climbing/search-and-rescue methods,” said Dodd. The audience got a little noisy again after a slide that was shown of Norman Clyde on the edge of a rock shocked the viewers.

The book that uses only Clyde’s words and memoirs of those very familiar with the climber sold well. Russo’s books came out to support the venue and had the book for sale.

# ‘Don’t Ask Don’t Tell’ a hot topic among students

**[REPEAL, from Page 1]** most open-minded person, but you can’t deny what [these soldiers] do for this country,” Vargas said. “The straight community has these stereotypes of gay people. We never portray them as just people. They have to be this type of character.

“I think once we see that we’re all just people, we’ll become more open minded,” she said.

Alternate sexual lifestyles have become more accepted in recent years, partly due to an increasing number of people - from a variety of ethnic and religious backgrounds - feeling comfortable expressing themselves

openly to close friends and family.

Williams said having a close family member come out as a homosexual was a positive influence on his feelings toward the community: “When it starts to hit your home, I think that’s when the bridges start to build.

“It’s not just a stereotype but somebody who’s a person, a loved one, a member of your family.”

Williams encourages students to be aware of social injustices such as this, and to watch the bulletin boards in the housing department for future discussions of these topics.

# FACT open house features various birds of prey

By Parker Camargo  
Staff Writer

FACT stands for Facility for Animal Care and Treatment and is located in the Environmental Studies area on the south east side of the CSUB campus. There will be free admission and free parking for this event that is this Saturday.

The open house is conducted a few times during the year, so this is something that should not be missed especially if you have not visited FACT before. Staff and CSUB students will be guiding tours and demonstrations of birds of prey at this event. FACT is a non-profit wildlife rescue and education program, so there will be gifts and souvenirs available for purchase to raise funds for the program.

There will be a variety of different animals to check out that include the following: kestrel, golden eagle, and other animals for display. FACT will also have red-tailed hawks and a variety of owls for display at this event.

Along with the animals being on display, there will be educational information at this event regarding birds, and FACT’s animal rescue and bird foster parent program for visitors to check out.

The purpose of FACT may not be well known to students when it comes to how important the program is to the campus and to the community it surrounds. FACT cares for injured and orphaned raptors and carnivores. They are licensed with the U.S. Fish and Wildlife Service and the California Department of Fish and Game as a reha-

bilitation and educational facility according to Marlene Hensley-Benton, Coordinator for FACT.

“Our main goal is to strive for rehabilitation for the animals that we rescue and care for to get those same animals back to their homes in the wildlife”, she said.

One of the longest animals that are at the facility that FACT has rescued and cared for the golden eagle, Holly. Holly has been in the care of the facility since the spring of 1995 making her 16 years old. According to Mrs. Hensley-Benton, golden eagles can live up to 30-years. Eagles in captivity can possibly live beyond that time frame in captivity due to environmental factors such as protection and medical care that the animals receive there.

FACT is hoping to draw more and

more visitors to raise awareness for their cause and to inform the public about wildlife. This open house is one of a few that are done throughout the year and is encourage to not be missed. These events lead to their annual fundraiser that is held every October.

Albert Ramirez, sophomore psychology major, has never visited the FACT facility before.

“I have heard about how we have a type of animal shelter on campus but I have never been to it because I wasn’t sure where it was located, but I am definitely interested in checking out the open house,” he said.

Please be sure to check out this event this Saturday. Also, to obtain further information regarding FACT, check out their facebook page by searching Facility for Animal Care and Treatment.

## WHERE’S ROWDY?



YOU have a chance to **WIN** weekly prizes!

- Week 2: Togo s Gift Certificate or Movie Tickets
- Week 3: Runner Bookstore Certificate or Movie Tickets
- Week 4: Peet s Gift Certificate or Movie Tickets

Weekly winners will have a chance to **WIN**  
**Grand Prize \$100**

What do **YOU** have to do for your chance to WIN?

Become a fan on **CSUB Division of Student Affairs's** Facebook page and guess where Rowdy is that week. Clues will be posted weekly on Facebook and are taken from the Division of Student Affairs Newsletter.

There will be laptop stations set-up at the following places to help you become a **FAN!**

- |                                       |                                    |
|---------------------------------------|------------------------------------|
| Student Union, Mondays at 11:00 AM    | Runner Café, Tuesdays at 12:00 PM  |
| Dining Commons, Wednesdays at 1:00 PM | DDH Building, Thursdays at 2:00 PM |

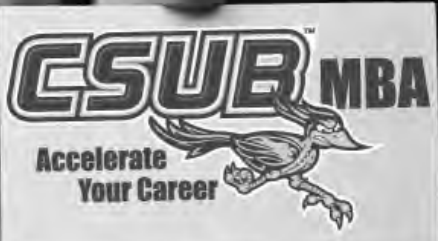
Or stop by the Vice President for Student Affairs Office.



Complete rules posted on [csub.edu/studentaffairs](http://csub.edu/studentaffairs).  
Contest starts Monday, January 31 runs through Monday, February 28

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**CSU Bakersfield**  
School of Business and Public Administration



# Foosball tournament comes to Student Union

By Jesus Cardenas  
Staff Writer

Hot foosball action can now be seen at the Student Union lounge. The first ever foosball tournament started on Jan. 24 and is still in progress. The tournament consists of open singles and open doubles, and is open to all CSUB students, faculty and staff.

All skill levels are invited, whether you are a seasoned foosball master or just a beginner wanting to know the basic rules of the game. There is no money involved in these tournaments the winner will simply earn bragging rights.

Antonio Frutos, CSUB faculty member and foosball coordinator, said, "All matches, singles and doubles, will be best out of three games. First player or team to five points wins a game."

These are all double elimination-tournaments, so even if you lose your first match you still have a



Brady Cabe/The Runner

Students compete in CSUB's first foosball tournament.

chance to win the tournament event through the loser's bracket.

Hector Romero, CSUB freshman

and business major, said, "I consider foosball a sport; I love every minute from it. Every night my

dreams are always about foosball."

The tournament's progress is recorded under Netfoos.com,

where players are able to view who their upcoming opponent or opponents are in the tournament chart. All foosball players must comply by the foosball abridged rules of play.

The top three rules are as follows; spinning the rod more than 360 degrees before or advancing the rules is illegal, any jarring, lifting, or sliding the table is illegal, and players must switch sides after each game.

Jason Guevara, CSUB freshman and biology major, said, "I was not good at anything but now I am an unstoppable foosball player. I own a foosball table and I practice for many hours; I should start focusing more on school than thinking about foosball."

If you want to see or take part in the tournament be sure to stop by the Student Union lounge or contact Frutos and be prepared to show off your foosball skills.

# Counseling center supports students

[COUNSEL, from Page 1]

repeated or used on a student's academic record.

"Confidentiality is a legal requirement for counselors," said Millar. "In addition, confidentiality is a main ingredient to building trust in a therapeutic relationship; the student must feel confident and know that the counselor will protect what is said in the session. A counselor may not talk to anyone or say anything about a student without the student's written permission."

Although counselors are bound to secrecy, there are ethical guidelines that must be followed if a patient is suspected of being harmful to him or herself.

"State law and university policy do require that health and mental health professionals take reasonable steps to protect students and/or others should a student report suspicion of child, elder or dependent adult abuse, or the threat of serious danger to self and/or others," said Millar.

There are several steps students can take if they believe they or another student may benefit from the counseling provided on campus. Millar said the first step is getting over the fear of calling or visiting the center.

"While it can be intimidating to make that first step of contacting us, it is an important step in being successful at the university," she said. "Sometimes, a friend or professor has walked over students to make an appointment. The important part is to remember that we understand how difficult it can be to decide or admit that 'you' need help. Therefore, we are nonjudgmental, welcoming and sensitive to this aspect."

Along with providing one on one sessions with students (walk-ins and appointments) the Counseling Center also provides a series of workshops and general studies courses aimed in counseling and student assistance.

Wellness Wednesdays, which are workshops designed to examine a person's well being and healthy lifestyle, meets from 11 a.m. to 12:30 p.m. in either the Student Union Blue Room or the Health

Center Conference Room. The workshops started on Jan. 12 and will continue to run for the rest of the quarter.

Along with Wellness Wednesday,

counselors teach 1- to 2-unit general studies courses. Examples of courses provided are Stress Management, Academic Fitness, Personal Relationships, Anger Management and Assertiveness Skills Training.

The center also offers the Ombuds Services. The Ombudsperson, who acts as a mediator between a student and the school, is available to meet with any student who has a concern or complaint about the university.

"Meeting with the Ombuds Officer is the first step in resolving an concern or conflict a student might have including any grievance proceeding," said Millar.

Something Millar wants students to know first and foremost is you do not need to be "crazy" to see a counselor. She said it is normal,

and smart, to seek the assistance provided as a student of this campus.

"Counselors are specialists in communication, stress management, and relationships," said Millar. "Counseling is an experience that students can have while attending the university that will help them be the best they can be. When a student gets help for things that are in their way of their academic success, they are actually developing personal success."

CSUB junior Wendy Hale said she was initially unaware of the Counseling Center, and was surprised to know that services are provided.

"It's cool to know that there are people on campus who care about the students' well being," she said. "Everyone should be aware that the services are something they have access to and can benefit from."

The Counseling Center can be reached at 661-654-3366, or by visiting the Student Health Center. A crisis and walk-in time is available to accommodate students who might find themselves with an urgent need to speak with a counselor.



Taylor Gombos/ The Runner

The Counseling Center is located inside the Student Health Center.

the center will be hosting a Survivor's Group which starts Feb. 3 and will be held in Counseling Center Room 2.

The Survivor Group is aimed at helping victims of sexual assault and abuse, and will build the survivors' strength.

In addition, each quarter the

# Health Center offers basic care for students

By Alexander Helland  
Staff Writer

When a student falls ill or an emergency occurs, the Student Health Center is there to help. Open from 8 a.m. to 5 p.m., they can answer any questions and assist you with your medical needs. For a general check-up, the price is nil: Your quarterly registration with the school includes health center benefits such as medication, contraception, family planning, X-rays; services such as medications and summer visits, may cost the student some money.

However, the Health Center asserts that the cost is still far lower than what would be encountered in off campus medical facilities. Most meetings with a doctor can take place on a walk-in basis, but more serious problems may require making an appointment before hand. And for continuing students, the health center is even open over summer and winter breaks.

When after-hours or emergency care is required, the health center cannot help. In this case, students must go to a personal physician or emergency room. While they can't provide emergency or hospitalized care, their website says the facility "is equipped with examining and treatment rooms, minor procedure rooms, X-ray, and clinical laboratory and pharmacy services."

The health center's website lists the services they do have for cheap or free, which include "Medical evaluation and counseling for individual health problems, laboratory tests needed to evaluate many acute problems, x-rays needed for skeletal injuries, contraception and family planning counseling, programs in health education, anonymous or confidential HIV testing, and emergency first aid for injuries on campus."

But what do the doctors have to say? According to Erika Delamar, who hold the M.P.H. degree, one of the

most popular reasons for appointments were "the flu vaccine and the whooping cough vaccine." Other than that, there was nothing going around to worry about.

Besides vaccines, most student appointments deal with sinus complaints and respiratory issues. The next most popular reason for going to the Health Center was for reproductive concerns, such as birth control prescriptions. The remaining appointments were mostly for physicals, which are required of athletes and nursing majors.

Delamar also had some advice about how to keep students healthy and out of the Health Center in the first place: "Eating right, making sure you're getting enough food and sleep. Really simple things like that." She all added that exercise can boost the immune system, and is another good measure all students can take.

To contact the Health Center with questions or comments, call them at 654-2394.

# Students struggle to balance lives

[BALANCE, from Page 1]

homework while on the job. But trying to do both at the same time wasn't always easy.

"It's kind of hard sometimes to study at work because they give me a patient and I have to go do it so it kind of breaks up what I'm doing, so it's really hard," Clifton said.

Clifton, who has not always been a resident in Bakersfield, explained why she has to work so many hours.

"In order to live here I have to be able to pay my bills, pay for my food and my gas," said Clifton.

Clifton explained that in order to pay for school, she has to work a certain amount of hours. Meanwhile working so many hours has caused her classwork suffered greatly.

"If I do cut my hours down

I'm not going to be making as much money to be able to go do a whole lot of other stuff other than just work and school," said Clifton."

Some students are able to get grants, which allow them to work on campus. Elizabeth Arellano, a sophomore who is studying communicative disorders and also a member of Gamma Phi Beta, works on campus in the Financial Aid office.

"I'm lucky that my job works around my schedule, cause it's an on campus job, so my boss always makes sure that she doesn't schedule me during classes so that's really the upside about working on campus," Arellano said.

Arellano describes her classes as not being too difficult, which makes balancing homework and a job not as stressful.

"My nursing classes are the

only ones that require a lot of time, but my general education classes aren't very hard. But I think when I become a junior or senior it will get a little harder. For my sorority most my events are on the weekend and the office is closed on the weekends so it just kind of works for me."

Arellano gave some helpful tips for students who may be interested in getting a job while going to school.

"Get an agenda, because I have an agenda and I even color code it. I write my homework in different colors; I make sure I know what I'm doing every hour of the day if I know it's going to be a busy day. So get an agenda and make sure that you don't come into doing two things at once. So you're not like, 'Oh I have class but I signed up for this too.'"

Check out our website, updated weekly at:

[www.csub.edu/runner](http://www.csub.edu/runner)

# The Week in Pictures



Grace Vega/The Runner

A leaf shaped as a heart outside of DDH.



Do you have a photo or photos that you feel would be worthy of being published in The Runner? If you do, then send your name, first and last along with your contact information to [runner@csub.edu](mailto:runner@csub.edu)

Mark Nessia/The Runner

Toddlers from the CSUB Children's Center march across the campus for a day of fun activities Feb. 1.



Brady Cabe/The Runner

Hansel and Gretel are discovering the delicious gingerbread house during An Evening of Opera in the Dore Theatre Jan. 28.

# Mutt in motion

Brady Cabe/The Runner

A Queensland Heeler from Mutts in Motion chases a ball at halftime of the men's basketball game Jan. 29.



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# CSUB opera singers rock the Doré Theatre

By Rhianna Taylor  
Staff Writer

CSUB students and alumni showed off some powerful voices during “An Evening of Opera and Musical Theatre Scenes” at the Doré Theatre last Friday.

With professor Soo-Yeon Chang at the piano (and occasionally harp-sichord), singers with various experience levels performed choice acts from various plays, including the classic “Hansel and Gretel” by Engelbert Humperdinck and the boisterous comedy “Daughter of the Regiment” by Gaetano Donizetti.

The opera differs from standard plays and musicals because the performers sing almost the entire time – in dialogue, soliloquy, etc. All productions were written in or translated to English.

Although they had to hold wide-ranged notes at volumes that filled the room, the singers made it easy to follow the story by being articulate and expressive.

Josh Shin, who played the title character in “Don Giovanni,” has been singing since he was a child, but it was usually in choirs or other groups; this quarter was his first attempt at opera.

“I saw a performance of Opera Scenes by the CSUB Music



Sara Hurley and Adrianna Medel play Hansel and Gretel on Friday, Jan. 28 at An Evening of Opera and Musical Theatre Scenes.

Department last spring, while I was at BC, and loved what I saw,” he said.

Regarding Friday’s performance, he said, “It was a lot of fun. It was cool to see all the work we had done come together. For me personally, the audience added a whole new dimension to the per-

formance; their reactions and feedback added a kick of energy I hadn’t experienced in our rehearsals.”

Director Peggy Sears introduced each play to a nearly packed house by explaining the plot and sometimes joking about their use minimal, makeshift or recycled sets due to budget cuts. Indeed, the

actor/singers managed to bring the story of “Hansel and Gretel” to life despite only having half of a gingerbread house and a few cross-welded bars (Hansel’s prison) to work with.

Before the second act, as workers were pushing out a mock-fountain, Sears got a chuckle from the audi-

ence by saying, “I know you’ve all seen this before.” Apparently, this set piece had been used in previous productions and was used several more times in later scenes.

During the intermission, Sears explained her familiarity with the audience, “[We have built] a crowd; over the years, people know what they like.”

Contrary to popular belief, operas don’t have to be directed toward an age-specific crowd; a handful of young children were present in the audience without complaint. Julie Haney, a violin instructor for the Music Department, brought her 5-year-old son, Isaac, for the second year in a row. During the intermission he said he “liked everything” and that he couldn’t wait for the second half to start.

Irma Duran watched her daughter, Almalinda, play Adina in scenes from the romantic comedy “The Elixir of Love” by Donizetti. She said Almalinda has been doing opera since her freshman or sophomore year, and her mother never misses a show.

“It was so beautiful,” she said after the show, “She is a blessing in my life.”

To see more about Friday’s show and CSUB singers, visit [www.facebook.com/CSUBsingers](http://www.facebook.com/CSUBsingers).

# Anthony Hopkins stars in an exorcist thriller done ‘Rite’

By Christina Ramos  
Staff Writer

“The Exorcist” of 1973 scared the life out of most people then, and now “The Rite” will attempt to do the same to audiences of this generation.

This movie has all the aspects that a horror/suspense/thriller movie lover is looking for.

This movie is made for both people of faith and for thrill seekers looking for a good scare. “The battle against the Devil, which is the principal task of Saint Michael the Archangel, is still being fought today, because the Devil is still alive and active in the world,” according to a quote by Pope John Paul II in the movie.

“The Rite” is directed by Mikael Hafstrom (“1408,” “Derailed”) and stars Oscar-winning actor Anthony Hopkins (“Silence of the Lambs,” “Hannibal”) and also debuts actor Colin O’Donoghue. O’Donoghue plays the skeptical student Michael Kovak who just can’t really seem to find his niche

anywhere. He helps his father run a mortuary but realizes he doesn’t want to do that the rest of his life, especially with a father who seems aloof and distant from him. So what does he do? He tries to become a priest, but when that doesn’t seem to be his calling either he is advised to join exorcism school. Reluctantly he travels to one of the holiest places on earth, Rome. There Kovak meets and apprentices Father Lucas (Hopkins) who in the eyes of his peers is considered unorthodox and lives in a secluded part of Rome alone, but Kovak is assured by his superior that Father Lucas “knows his stuff.” Kovak is led by Father Lucas into the darker side of catholic faith where he witnesses some of the most terrifying acts of demonic possession. He becomes involved in a particular case involving a pregnant 16-year-old girl who is plagued by a powerful demon that causes Kovak to question everything he believes in. One of the key pieces of advice Father Lucas gives to Kovak is that “Choosing not to believe in the Devil won’t

protect you from him.”

The fact that real priests said that this film is the most accurate in portraying what an exorcism is like is what scared me the most. While I was watching the movie I kept in mind that someone could be suffering from a possession the same way the young girl

in the movie was. Anthony Hopkins always manages to lure me in with a false sense of security, because he makes me believe he’s the “good guy” and when I least expect it he turns on me. He just gets under my skin in this movie because I always felt there was something a little off

about him. I haven’t seen a good exorcism movie in a long time and this one was an intense thrill ride for me. The scare tactics in the movie are refreshing because the director isn’t trying to scare the crap out of you every ten seconds, he creates a buildup of tension and keeps you guess-

ing.

I’m pretty hard to scare because I know what signs to look for in horror movies and am usually prepared for the “jump,” but this one got me a few times. I highly recommend this movie for horror fans and ask yourself what you believe in after you see it.

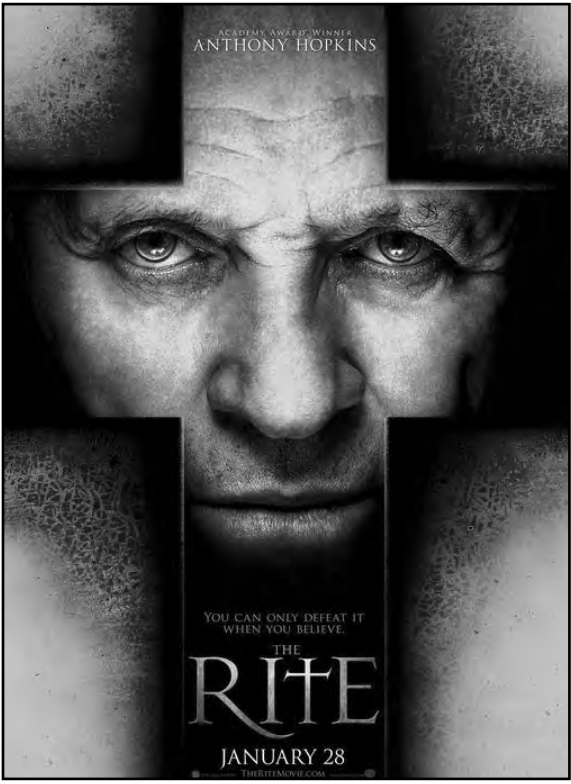


Photo courtesy of [blogspot.com](http://blogspot.com)  
Mikael Hafstrom’s “The Rite” can make even horror movie enthusiasts jump.

## What’s your sign, again?

By Parker Camargo  
Staff Writer

Many times people check up on their horoscope for fun and to forecast the kind of day, week or month they will be having. Astrology is a nice pastime for those curious as to what the future has in store for them based on their sign.

Katie Phillips, a junior working toward a criminal justice degree, said: “I usually check my horoscope about once a week. I find it fun to read and see how well it matches up to what is going on in my day. I am a Virgo, and reading up on what my sign says about my characteristics is interesting because the majority matches fairly well.”

People enjoy the hunt for meaning in their horoscope, even if they do not consider themselves true believers in astrology. Horoscopes often encourage individuals to look for and embrace the positive in their lives. After all, these readings themselves are most often filled with uplifting predictions.

Jonathan Ramos, senior psychology major said: “Horoscopes are something people hope are true, like a dream that you are going to win the lottery. Who wouldn’t love to know every day what was going to happen?”

Well anyone who took an interest in astrology and horoscopes had a rude awakening recently when word got around that their signs could have possibly changed. There was quite an uproar from many people and there was a lot of conflicting information out there.

Some articles discussed how the sign affect would change everyone’s sign by moving your sign month up ahead a month.

This would ultimately change the majority of everyone’s sign. For example, if you were an Aries then you are now a Pisces.

Then there were articles about a new elusive sign that would be added into the zodiac, Ophiuchus, which popped out of the blue sky. This new sign would be between Scorpio and Sagittarius.

All this fuss started from recent research findings were reported by the Minnesota Planetarium Society. They found that there was a shift in the earth’s gravitational pull. Therefore, the alignment of stars had changed drastically which is why the zodiac is different.

The bombardment of articles all over can leave anyone confused as to what is going on and whether their sign has changed or not.

According to an online article from Time.com, much has been cleared up regarding the zodiac fiasco. Leading astrologists report that people do not need to worry about their signs changing because as a Western society, we follow a particular zodiac.

There are two types of zodiacs. The Western zodiac is referred to as the “tropical zodiac” which is fixed to seasons. Then there is the Eastern “sidereal zodiac” that is based on constellations that is the one that would be changing.

Depending on which zodiac you do follow than you could possibly have a new sign or not. For the most part people in the United States follows the tropical zodiac, which is the 12 signs.

Hopefully, now people can check their horoscopes with excitement instead of confusion as to what they are.

## WHAT’S HAPPENING THIS WEEK

FEB 2. WED	FEB 3 THURS	FEB 4. FRI	FEB 5. SAT	FEB 6. SUN	FEB 7. MON	FEB 8. TUES
<b>M.E.Ch.A Taco Sale</b> 11:00 am - 2:00 p.m. Location: DDH East Side	<b>Wellness Workshop – “Sleep from A to Zzzz...”</b> 7:30 p.m. Location: SRC – Solario de Fortaleza	<b>ASI Programming Committee</b> Weekly Meetings 1:00 p.m. - 2:00 p.m. Location: DDH K104	<b>GWAR Exam</b> 7:30 a.m. - 11:00 a.m. Location: BDC 153, 154, 155, 156, 165, WSL Main, 14, 16	<b>Super Bowl!!!</b> Packers vs. Steelers 3:30 p.m.	<b>Kaibigan Valentines Fundraiser - Drawing</b> 9:00 am - 2:00 p.m. Location: DDH Hallway	<b>Kaibigan Valentines Fundraiser - Drawing</b> 9:00 a.m. - 2:00 p.m. Location: DDH Hallway
<b>Muslim Students Association Meetings</b> 1:00 p.m. - 3:00 p.m. Location: DDH E107		<b>Kaibigan Meetings</b> 3:00 p.m. - 4:00 p.m. Location: DDH GJ102	<b>TEAS Testing - Nursing Department</b> 8:00 a.m. - 12:00 p.m. Location: SCI III Rm 239		<b>Judo Club Valentine's Day Fundraiser - "Capture the Moment"</b> 10:00 a.m. - 4:00 p.m. Location: DDH East Side	<b>Judo Club Valentine's Day Fundraiser - "Capture the Moment"</b> 10:00 a.m. - 4:00 p.m. Location: DDH East Side
<b>Education Recruitment Fair</b> 3:00 p.m. - 6:00 p.m. Location: Student Union MPR			<b>FACT Open House</b> 1:00 p.m. - 4:00 p.m. Location: CSUB Environmental Studies Area		<b>Greek Council Meetings</b> 1:30 p.m. - 2:30 p.m. Location: EDUC 121	<b>Women's Softball vs. Utah State</b> 3:00 p.m. - 5:00 p.m. Location: Roadrunner Softball Complex

# 'Runners can't overcome Mustangs' stampede



Mark Nessia/The Runner



Brady Cabe/The Runner



Brady Cabe/The Runner

**Right: Donovan Bragg drives past a Cal Poly San Luis Obispo defender.**  
**Center: De'Aundray Robinson (1) and Reynaul Baker (24) both go up for a rebound in CSUB's 77-61 loss to Cal Poly.**  
**Left: Stephon Carter drives against a Cal Poly defender Jan. 29 at Rabobank Arena.**

**By Steven Gaede**  
**Staff Writer**

The CSUB men's basketball team fell short 77-61 against the Cal Poly Mustangs Jan. 29, at the Rabobank Arena. Saturday night's lose puts the Runners at 10-12 for the season, while Cal Poly's win improves their record to 10-11. The 'Runners held a decisive lead 14 minutes into the game where they led 25-17. Cal Poly's freshman guard Maliik Love capped off a 14-4 run with a jumper as time expired the first half. With 6:00 minutes left in the half, Cal Poly was able to recapture the lead along with the momentum. CSUB started the night off by winning the opening tip, whereupon junior center Donald Johnson laid in the first basket of the game giving the Runners an early 2-0 lead. The best way to describe the first ten minutes of the game would be "back and forth."

Johnson, led CSUB's offensive charge the first half by shooting a perfect 3-for-3 from the field; he scored eight points that consisted of two three-pointers along with the game's opening layup. Johnson's impressive first half, how-

ever, did not translate over to the second half, when he fizzled out by shooting 0-for-4 from the field.

Freshman forward Reynaul Baker also contributed to CSUB's attack the first half. Baker came off of the bench and tallied six points the opening half; he did this by converting his only 3-point attempt of the game and by sinking his only free throw of the game-it resulted in a three-point play.

With less than 10 minutes to go in the first half, CSUB went on a five-point run which resulted in their largest lead (eight) of the game. This lead did not last the rest of the half. With 01:40 left to go in the first half, Cal Poly took a two-point lead. The Runners went into the half managing only to be down two points after shooting a measly 37.9 percent from the field compared to Cal Poly's 52.2 percent.

"I thought it was a good first half; we established tempo and rhythm offensively and I thought we had good tempo defensively. We didn't have a very good response to not making shots and making plays." Coach Keith Brown said.

Junior forward David Hanson opened up the scoring of the second half with an open 3-pointer adding to Cal Poly's lead. Hanson went 6-for-9 from 3-point range over the course of

his 35minute night. Hanson finished the night with 29 total points and eight defensive rebounds; he clearly emerged as the MVP of the game.

CSUB found itself only down by five points with 05:44 left in the game, but this was as close as the Runners would get to reducing Cal's lead. Since the Runners could not make a major dent in Cal Poly's lead, they were forced to foul. Fouling ended up only increasing Cal's lead, ruining the only chance the Runners had at pulling out a win. Cal Poly's senior guard, Shawn Lewis, added insult to injury by throwing down the only dunk of the game with 18 seconds left. CSUB fought hard the first half, but the lackadaisical effort that was shown by the Runners the second half is what did them in.

"We had a bunch of breakdowns with accountability," said junior center Donovan Bragg.

The Runners will now go on a two-game road trip where they will play Southern Utah Feb. 2 and Fresno State Feb. 7. CSUB's next home game will be on Feb. 16 against Fresno State.

# 'Runners get record win, snap losing streak vs. Fullerton

**By Chris Davis**  
**Staff Writer**

The CSUB Roadrunners defeated Fullerton 77-75 last Tuesday to get their ninth win of the 2010-11 season. To give you a little background on how long it has been since CSUB defeated Fullerton in men's basketball, Richard Nixon was accepting blame for Watergate. Marlon Brando got the Oscar for Best Actor for his role in The Godfather, the population of Bakersfield was 343,000 (current population is 503,800 according to the city of Bakersfield's website). CSUB was in the Winter quarter for the eighth time, and the men's basketball team was in its second season of existence. The year in question – 1973.

To say it has been awhile since the Titans had lost to the 'Runners would be an understatement. Of course, the two teams only played against each other once between 1976 and 2008 (1986, At Fullerton).

But the current CSUB (9-11) team snapped the streak with a game that they have been involved with too much lately as they won, when Fullerton's buzzer beater rimmed out.

Alex Johnson was back leading the team with 20 points on 4 of 10 shooting, this just three days after going 0-4 at San Diego. All four of Johnson's makes was

from behind the arc. Leading the Titans (8-13) was Devon Peltier who had a game-high 23 points. Joining Alex Johnson in double-figures was Donald Johnson with 16 points off the bench and Donovan Bragg with 15.

"It felt very good to snap it," Donald Johnson said after the game on defeating Fullerton. "We have not beaten them in the division one process even though we came close in recent games."

"It's a great feeling and a sense of accomplishment," Alex Johnson said after the game. "Through all this losing that we were able to pull together and snap that losing streak. It's hard when you're losing games especially to teams that you know you can beat so it was great to be focused and stay poised."

The game started out like a 3-point shooting contest with Alex Johnson and Perry Webster from Fullerton going toe to toe. Alex won the series when he sank a second trey to give the 'Runners a 6-3 lead early.

Stephon Carter had seven points in the victory, but showed that he is indeed a playmaker even without shooting the ball well. Carter and fellow 'Runner Bragg tied for the game-high with seven assists each. "We got good contribution from our role players," Carter said after the game.

Alex Johnson echoed those



Mark Nessia/The Runner

**Junior guard Alex Johnson goes up for a shot against Cal Poly Jan. 29 at the Rabobank Arena. Johnson scored 20 points, including four 3-pointers, in Tuesday's win against Fullerton.**

statements: "It can't be just three guys we need all 12 of our guys to fight hard. Reynaul (Baker) stepped up, Donald Johnson stepped up, Rashaad (Savage) again on the boards."

CSUB came out with a sense of urgency, something they had not shown in a while as the team was getting

days."

The rebounds propelled the 'Runner attack as they raced out to a 20-7 lead with 12 minutes left in the first half. That would be the largest lead the 'Runners would have all night. Fullerton would not give up early however as a Peltier three started a 12-2 Fullerton over the next 4:25 to give Fullerton their only lead of the night at 22-20. Savage scored on a short jumper from the lane as he was fouled. He completed the three-point play by hitting the free throw to retake the lead at 23-22.

A key moment in the first half happened just over two minutes later as Johnson was fouled on a 3-pointer that did not go in. Due to that, he had three free throws. Being a 72 percent free throw shooter, Johnson stepped to the line with confidence and sank all three shots to give the 'Runners a six point lead at 32-26. That was the springboard the team used to go on a 13-5 run over the final four minutes to take a 42-31 lead to the break.

In the second half, it was back and forth early as Fullerton got to within eight points on three consecutive possessions before the first media timeout of the second half.

The 'Runners went cold from the field as between a 3-pointer from Donald Johnson at 9:14 and a short jumper by Johnson at 2:12 -

a 7:02 span – the only points the 'Runners got was from the free throw line. During that stretch Fullerton outscored CSUB by a 15-6 to even the score at 69. The teams traded baskets again to tie the score at 71 with 2:03 left. CSUB went to the line six times in the final two minutes to ice the game. Fullerton did have a shot to tie the game, but it rimmed out with Stephon Carter getting the rebound with a second left on the clock.

When asked how the team plans on turning the win into a winning streak Donald Johnson said, "For us to keep winning we must play as we did tonight – aggressive, confident and tough."

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# Johnson overcomes injury to light up the scoreboards

By D’anna Stewart  
Staff Writer

CSUB’s point guard Alex Johnson is back on the court and working harder than before. Johnson, a junior, has recently recovered from an injury that left him out of the game for a whole year. He has been working extremely hard to get back on his game plan and has been successful at it.

Johnson has been playing since the age of 4. Johnson said growing up basketball was a big part of his community. He then went on to talk about choosing between either basketball or hockey. “My mom told me hockey was getting too expensive and put the basketball in my hand.”

On September 2009, Johnson tore his ACL while working out with a former player. He explained how he got the injury: when he drove to the basket and tried to plant his foot, his knee popped in and out. After the injury Johnson was out from playing and working out for a whole year. The first two months were really difficult for him having to sit out and miss being at the gym taking shots. It was difficult for him having to watch his teammates continue to play, as he had to watch.

Sitting out of the game has definitely changed and helped him in a good way. Being off the court gave him a better perspective and made him see a lot of new things in the game. He explained how sitting out and watching from the coaches view changed his outlook on game play. He said, “I’m not right where I want to be, but I’m getting there.” His family and coaches are all still pushing him to be his best.

Johnson enjoys playing with his teammates. He said it’s been a pleasure playing with all of them and they have been a great asset getting him the ball and finishing plays. Johnson said that on game day he and teammate Stephon Carter wake up at 7:30 a.m. and go to Denny’s to have their ritual breakfast.

Coach Keith Brown appointed three captains with Johnson



Stephanie Mahinan/The Runner  
**Junior guard Alex Johnson currently ranks ninth in the country in 3-pointers per game. Johnson missed last season with a knee injury.**

being one of them. He explained how being a leader brings on big responsibility, especially being someone the guys look up too. “It’s not always glamour; you have to be with it through the hard times. It’s an everyday job.”

Freshman basketball player Ivan Matip plays the same position as Johnson and looks up to him and his leadership. He said Johnson helps him on the court by giving him tips on

what to do and how to behave, and helps him adjust to life at CSUB.

“AJ is a good guy. I am an international student and he is also far away from home,”said Matip.

Matip said one of the first things Johnson told him is how he reminded him so much of himself. Being away from home and not knowing people can be tough. He said Johnson was the one to guide him in the beginning and gave him the mentorship he needed.

Freshman Gregg Jones, who is the forward/center, said Johnson was the first person he met on the team and was the one to give him a tour on his official visit because he is also an international student.

“He took me around Bakersfield, took good care of me and made sure I was taken care of. That’s one of the reasons I wanted to come to Bakersfield.”

Brown explained how working with the players is a mutual exchange. There are things he doesn’t see that they do and vice versa. Brown said after the injury he’s really taken it to the next step.

“Alex has always been a leader in terms of his competitive spirit and ability to run a team. Johnson is very good at taking direction and is self-corrected especially in terms of getting through his injury which shows what kind of perseverance he has and has always puts in the time - not just the prerequisite but beyond the call time - and has always been the guy to stay beyond practice and its no accident that he’s been successful because he works at it and take pride in it.”

Alex plans on going as far as his opportunities will take him, whether it’s overseas or coaching. He said, “Win or lose, I want God to have all the praise.”

Johnson plans to continue being very competitive and is trying to put CSUB on the map. He was asked why he loves basketball and what makes him play, and he answered, “the love and passion for the game. It’s the time and effort you put into it and then watching it all come together.

## Riley Orozco: Small-town kid, big accomplishments



Stephanie Mahinan/The Runner  
**Riley Orozco, center, practices with teammates.**

By Eloy Vieyra  
Staff Writer

Many high school students plan to move out of town so they can attend college, especially if they are from a small town. Most don’t think about the other factors, such as adapting to a new community or being away from family and friends.

This is what Riley Orozco experienced when he moved from Nevada to sunny California.

Riley’s hometown is Fallon, Nevada, a primarily agricultural community.

Riley was a very talented wrestler in high school. At Churchill County High School, he won a state title as a senior. His high school record was 108-27.

After high school, he decided to bring his talents to CSUB. There, Riley became the first freshman since 2002 to earn a trip to the NCAA Championships. He earned his third consecutive trip to the NCAA Championships in 2010.

When President Horace Mitchell announced that wrestling was being cut, Riley received many calls from other schools hoping to add him to the roster.

These accomplishments represent the successful career Riley has had in high school and now in Division 1 competition. There is more to Riley and his journey he has made coming from out of state.

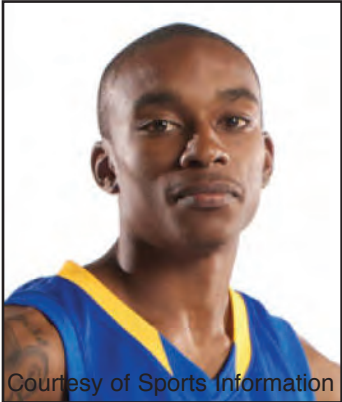
“Bakersfield was a good fit for me. Coming from a small town, Bakersfield gave me the same feeling once I got here. I don’t see why people complain about this town. I came from a small town where the high school only has about 800 kids,” said Riley about his initial reaction to moving to a bigger city.

Riley enjoys hunting and fishing whenever he is not wrestling or attending class. This comes to no surprise, considering that his background and hometown. He has already begun looking forward to his after-graduation plans.

He is majoring in criminal justice, but his passion is in wrestling. He plans on coaching after school and hopes that he has the privilege of doing so CSUB.

The wrestling team’s recent success was beating Arizona State 27-17 in Tempe, Arizona. They will face a tough challenge when they travel to Idaho to square off against Boise State on Feb. 2.

### Male Athlete of the Week



Courtesy of Sports Information

Junior guard Alex Johnson recorded a 20-point performance against Cal State Fullerton, Jan. 25, and a 16-point game against Cal Poly Jan. 29. Johnson was 4 of 10 from 3-point range against Fullerton and 3 of 10 against Cal Poly. Johnson currently ranks ninth in the country in 3-pointers per game.

### Female Athlete of the Week



Courtesy of Sports Information

Sophomore Jessica Browning helped the women’s water polo team split four games in the UC Santa Barbara Invitational over the weekend. Browning lead the team with seven goals in the four games of the Invitational. The ’Runners will be heading to UC San Diego for a weekend tournament starting Sat, Feb 12.

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at (661) 654-6618 or vchampion@csub.edu