

Welcome to the ‘Fast Food Nation’ – author speaks on campus

By Ellen Piris
Staff Writer

“It may seem hard to believe but fast food has not always been with us. Mankind somehow survived millennia without McNuggets,” Eric Shlosser, author of “Fast Food Nation” said to a packed Dore theater Feb. 7. “Fast Food Nation” was selected as this year’s book for One Book, One Bakersfield, One Kern, an organization that encourages the reading of novels and orchestrates activities that relate to the book. The Kegley Institute of Ethics hosted this event. It was the first event in a series of smaller ones to follow, including breakfast and discussion with Eric Shlosser the following morning at the Beale Library and a screening of the film, “Supersize Me” set to take place Feb. 8th at 7 p.m. also at the Beale Library.

Shlosser covered many topics discussed in his book, including a pretty detailed history of the inception of fast food and its gradual growth in popularity; the dangers of the meat packing industry, and the conditions the cows live under in factory farms.

Shlosser’s main focus, however, was the marketing of fast food directed at children. Ray Crock, the founder of McDonald’s knew Walt Disney. They served in World War I together. Crock learned to market to children to sell hamburgers the way Disney did with toys.

“A child who likes our television commercials and comes with their grandparents brings us two more customers,” Crock said. After researching further it was discovered that the average check size was larger when a child came to the restaurant because they have to come with at least one guardian, usually more, so this meant a larger profit margin. McDonald’s started trying to come up with many ways to target children. The first Ronald McDonald character emerged in the early 1960s in Washington D.C. The first actor was a little overweight and Crock fired him because he did not want people thinking that “fat” resembled McDonald’s.

Ronald McDonald is now the second most recognized fictional character by children, next to Santa Claus. McDonald’s then started incorporating the Playlands into the restaurant.

“Playlands bring in children, who bring in parents, who bring in money,” the manufacturers of Playlands said. When asked why McDonalds did not come up with more of a variety of commercials for children, the advertisers explained that the same commercial, when seen over and over again, would imprint better on a child’s mind. This is very close to the definition of brainwashing. The average child sees 20,000 advertisements a year for junk food, which averages out to about three hours a week.

McDonald’s distributes about a billion and a half toys each year in their Happy Meals, making it the world’s largest distributor of toys. One out of every three toys a child receives a year is from a fast food restaurant.

A technique that McDonald’s calls “Neuro-marketing” is one of the ways the corporation is researching how to best market to children. A child is put into an MRI machine so that their brain patterns can be studied while watching commercials. This is to find which part of the brain affects brand loyalty, so that way it can be easily targeted. The main age group that advertising targets is ages three to nine, but occasionally even children two and younger. In fact, often children can recognize brand logos before their own name. Both Burger King and McDonalds have used Teletubbies to market to “preverbal” children. 90 percent of children go to McDonalds at least once a month in the United States.

Leap year – an extra day in 2008

By Erin Patteson
Staff Writer

Most people know that 2008 is a leap year. But many don’t know why we have leap years in general.

A leap year in the Gregorian calendar (used by most modern countries) is simply a year with one extra day, Feb. 29. Generally, leap years occur every four years, but there are some exceptions.

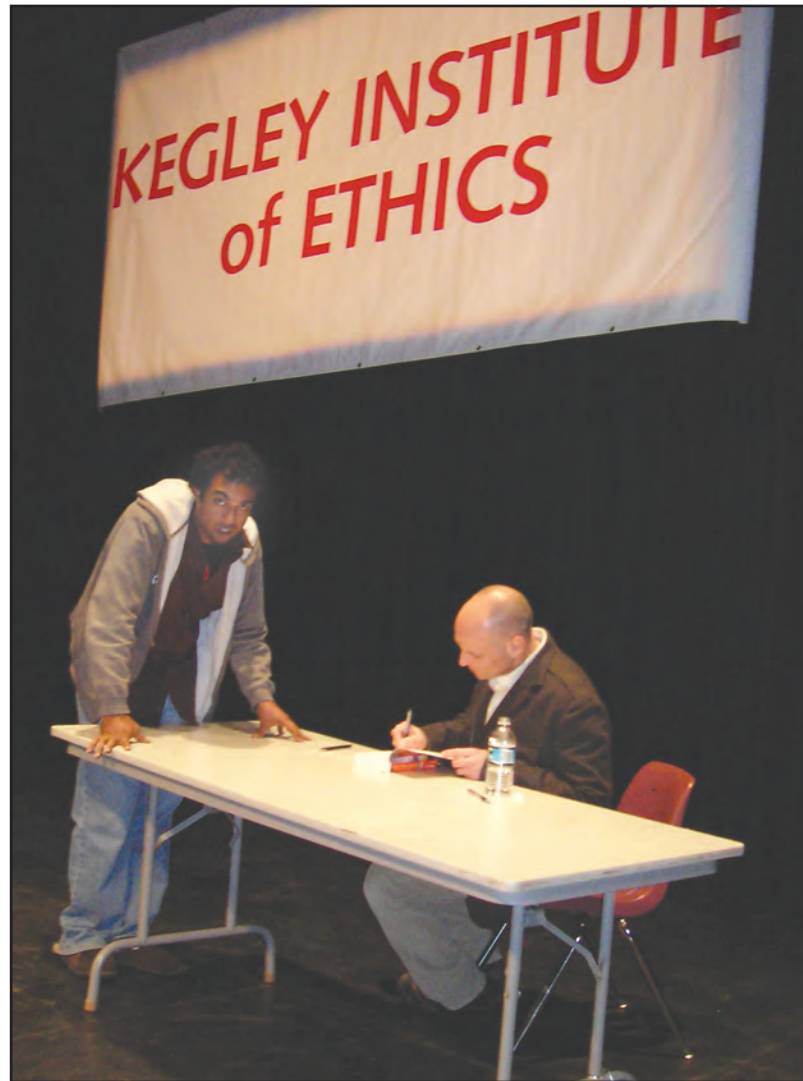
There are three rules for determining a leap year: Every year divisible by 4 is a leap year, every year divisible by 100 is not a leap year, unless the year is also divisible by 400, then it is still a leap year. For example, the year 1900 was not a leap year, but the year 2000 was.

All this information leads to the question, why are leap years needed in the first place?

According to www.timeanddate.com, the reason is so that the calendar is aligned with the earth’s motion around the sun, specifically, with the vernal equinox.

The vernal equinox is the period of the year when the sun is directly above the equator. The time between the vernal equinox in the spring and the autumnal equinox in the fall is approximately 365.2422 days long. Every month, the calendar is off by a few seconds, which adds up to six hours per year.

Six hours may not seem like much, but after 100 years, the calendar would be more than 24 days ahead of the seasons. By adding an extra



Eric Shlosser signs a copy of his book for a student while at the Kegley Institute of Ethics lecture.

“If all this time was being dedicated to making kids healthy and safe then maybe it would be justified,” Shlosser said. “But this is food that is ideal for making you unhealthy if you eat it a lot.” Soda consumption in the United States has doubled in the past 30 years thanks to the fast food industry. McDonald’s is the largest distributor of Coke in the world. There is a direct relation between the amount of soda a child drinks and obesity.

“A burger and fries only became the All-American meal because of fast food,” Shlosser said. Americans used to eat more pork than beef and baked or boiled potatoes. One out of five toddlers eats French fries everyday, Shlosser explained.

Eating is socialization because of culture due to mother’s diet while the child is in the womb. The child is born being more likely to want to eat the same things the mother ate while she was pregnant.

“The more education you have, the more income you have, the less likely you are to be obese,” Shlosser said. Obesity is the cause of heart disease, cancer, stroke and diabetes, which are four out of the top five causes of death in the United States. Children are constantly attacked with ads for foods that make you fat, as well as ads pressuring them to be thin. This becomes confusing for a child’s body image issues. The child depressed about their body image is equivalent to the depression of a child going through chemotherapy said Shlosser.

The Center for Disease Control and Prevention estimates that one out of every three children born in the year 2000 will develop diabetes,

day every four years, the difference between the calendar and the seasons is hardly noticeable.

Almost all calendars used throughout the world incorporate leap years. In the Chinese lunar calendar, there is an extra month rather than an extra day. The Hebrew calendar, also lunar, also adds an extra month called Adar Alef. However, the Hebrew leap year is done seven times every nineteen years, and it is done so that Yom Kippur does not fall on a Friday or Sunday.

There are several folk traditions and myths associated with leap years. Supposedly in medieval times, women were only allowed to make marriage proposals during leap years. In Greece, it is believed that getting married during a leap year is bad luck for the couple. There was a myth that a person could balance an egg on its point only on Feb. 29, but that is not true; an egg can be balanced on its point on any day.

The Islamic calendar, which is also lunar, does not incorporate leap years, so the holiday Ramadan can fall during any season of the year.

If a person is born during a leap year on Feb. 29, they can celebrate their birthday either on Feb. 28 or March 1 of any other year. Some countries vary on when a person’s legal birthday is if they are born on Feb. 29. In Taiwan for example, a person born on February 29 has a legal birthday of Feb. 28.

Therefore, leap years are simply years with an extra day so the calendar lines up with the seasons.

which can result in blindness, the loss of limbs and eventually death. This number increases to one out of two for the poor and people of color.

“When you look at the rise in obesity in the world it fits very neatly with the rise in fast food,” said Shlosser.

Fast food restaurants use the same marketing patterns of the tobacco companies. When tobacco was proved to be deadly, the companies began marketing to the poor, people of color and countries overseas for future growth. Fast food corporations have done the same. Within five years, obesity in Chinese children has risen by a horrifying 50 percent.

Shlosser said that society’s fundamental role should be to raise healthy children and protect them from harm. He discussed three types of responsibility that we should have. First is our personal responsibility.

“All of you need to educate yourselves and take care of yourselves,” he said. The second responsibility is parental. Its the job of parents to know exactly what they are feeding their children and the effects this food will have on the child’s future. The final responsibility he discussed was corporate responsibility. Shlosser argues that marketing fast food to children should be banned just like the marketing for alcohol and cigarettes.

“If you are selling things to children, you should be assuring that what you’re selling is not going to harm them,” said Shlosser. He suggests legislative changes to support this, such as federally subsidized physical education programs. Shlosser was met with encouraging murmurs of “yes” and “mmhmm” by the crowd, much like the common responses in most churches.

“Americans were the tallest, healthiest people in the industrialized world. We are no longer,” said Shlosser disappointedly.

Shlosser ended his speech with, “The moral of the story is: Fast, cheap food is much too expensive and we should not let our children pay the ultimate price for it.” The crowd gave an enthusiastic standing ovation.

Coming events at CSUB

Project Runway comes to CSUB

By Eman Shurbaji
Features Editor

Project Runway and CSUB – an unlikely event at a university, but a winner at CSUB.

The event will be held by the Career Development Center on campus, and is an effort to get students more acquainted with proper business attire and dress in work-like or interview settings.

The competition will consist of three categories: business formal, business casual and what-not-to-wear. Teams of three people, each dressed in accordance with a category, will compete for first, second and third place prizes. The prizes will be gift certificates.

The event is on a volunteer basis, and students must come dressed for the competition in their own clothing.

The panel of judges will be local employers.

Registration forms are available at the CDC and students may register online at Runnerlink. Students are encouraged to register with their groups as soon as possible. The deadline for submissions has been extended to Feb. 18. The event will take place Feb. 21 from 5-6 p.m. in the Stockdale Room and cafeteria. All students, faculty and staff are encouraged to drop by to watch. There will be free food and music playing in the background. Evidently, it will be both a competition and socializing opportunity.

Registration forms are available at the CDC and students may register online at Runnerlink. For more information, call the CDC at 654-3033.

International student dinner – Feb. 29

By Lawrence Lyons
Staff Writer

On Feb. 29th the International Student Club on campus will be having its international student dinner.

This dinner is to take place in the Runner Café at 6 p.m. There will be many different foods represented from all over the world. The cuisine served will be native foods of many countries such as Mali, Brazil,

France, Turkmenistan, China, Taiwan, Japan, Mexico, Philippines, Canada and many others.

The cost of the event is \$12 beforehand, and \$15 at the door. This price covers food, entertainment and a fashion show, showing the diverse culture of the world in the field of fashion.

So come support the international club’s dinner. And the diversity represented at CSUB.

Casino Night – Feb. 15

Casino night comes to CSUB again for the annual auction. This year’s theme is Casino Night and Auction in the Islands. The event will be held Friday, Feb. 15, from 6 - 11 p.m. at the CSUB Icardo Center. Student tickets are available at \$30 with a valid

student ID. Purchase tickets at the CSUB Athletic offices until noon Feb. 15.

Dinner for the event is provided by Outback Steakhouse, with a chance to bid on over 400 items including a chance to win a 2008 Toyota Camry.

THE RUNNER

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ABOUT

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Letters to the Editor are encouraged; however, they must be signed and verified to be considered for publication and should be no more than 300 words in length. All letters may be edited for clarity and length.

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Crime Beat

Compiled by Erica Juarez
Staff Writer

02/04/2008

6:15 pm Skateboarders or Illegal Vehicles on Campus
Occurred at Pete's Coffee.. Subjects left the area.

8:31 pm Suspicious Circumstances
Officer initiated activity at Parking Lot F. Subjects attempting to assist subject getting into a vehicle. No action was taken.

02/05/2008

1:39 am Vandalism
Occurred at Dorm Area. second hand info. Was contacted by a friend regarding a possible vandalism occurring at the dorm laundry room. Unable to Locate Suspects or damage.

2:56 am Petty Theft Report
Occurred at BDC Classroom Building. Taken: Brown wallet. Credit cards being used off campus. Investigation is continuing.

8:11 pm Traffic Collision (Hit and Run)
Occurred at Parking Lot L. The reporting party called from the emergency phone in the SW section of Lot L. She stated that a white BMW bumped into her vehicle as she was driving to campus on Kroll Way. The vehicle then tried to swerve and bump her again. Then the vehicle turned into the Edgewater apartments.
Disposition: Determined that no crime occurred.

02/6/08

11:17 am Found Property
Occurred at BDC Classroom Building. Pink cell phone. The property was seized for safekeeping.

11:17 am Found Property
Occurred at Education Building. Reading glasses. The property was seized for Safekeeping

4:50 pm Found Property
Occurred at Science Building. Toyota key on purple lanyard. The property was seized for safekeeping.

6:54 pm Suspicious Circumstances
Occurred at Walter Stiern Library. Juveniles left unattended in library. Parent located.

9:55pm Suspicious Vehicle
Officer initiated activity at Parking Lot A. No criminal activity.

02/7/08

9:01 am Suspicious Circumstances
Unknown suspects entered the observatory without permission.

1:23 pm Petty Theft Report
Occurred at Dining Commons. Book taken. Investigation is continuing.

2:42 pm Found Property Report
Occurred at Education Building. Conducting baton and a silver earring. The property was seized for safekeeping.

10:12 pm Disabled Vehicle
Occurred at Facilities Management. Reporting a vehicle stalled in the roadway. Appears the battery is dead. No Further Action Required. Vehicle was moved.

CSUB turning point for McCausland

By Eman Shurbaji
Features Editor

Michael McCausland can easily be spotted from half way across campus. A diligent student and insightful middle aged man, his walk is marked by his steady footsteps and use of a cane. His cane has a story behind it, and he has plenty of stories to tell.

McCausland is not a Bakersfield native. In fact, he identifies himself as a resident of northern California and the Bay Area. Nor is he a traditional student. McCausland is anything but traditional from more than one standpoint.

A fourth generation Californian, he is of Irish and Scottish ancestry; his family arrived in California in the 1840s. His mother and father raised him along with three other children. As long-time residents of the Bay Area, he was raised in a family of average earnings in a neighborhood with people making above average salaries. Life in the Bay Area was as interesting as it was expensive.

After graduating from high school, McCausland decided to pursue a culinary career at the California Culinary Academy in San Francisco. He waited tables and studied for two years to get himself through school. However, he later realized that a trip to Switzerland would be needed as in to further his career in the culinary arts.

“All the chefs at the time were Swiss. Switzerland is famous for its pastries and fine cooking because it is bordered by France, Italy and Germany,” he said. He later concluded that he would move away from the cooking scene after witnessing the personalities of some of his chef-instructors.

“Chef Eddie was Fidel Castro’s Chef. Yes, the real one. And then there was Chef Plaz who despised women and would throw chickens at them,” said McCausland.

Despite being a top culinary school -- students flocked from all over the world- McCausland claims that if you wanted to cook in the East Bay, “all you needed to do was show up with a can opener.”

McCausland catered in Contra Costa County for two years after his stint in culinary school.

At 23 years of age, he decided to later go back to school, and he enrolled in a community college, only to be introduced to his future wife. While in school, his wife convinced him to pursue a career in medicine.

And so he did. He transferred to Mission Valley College and became a licensed psychiatric tech. He worked for four years with the severely disabled as he once again went back to school to be a nurse.

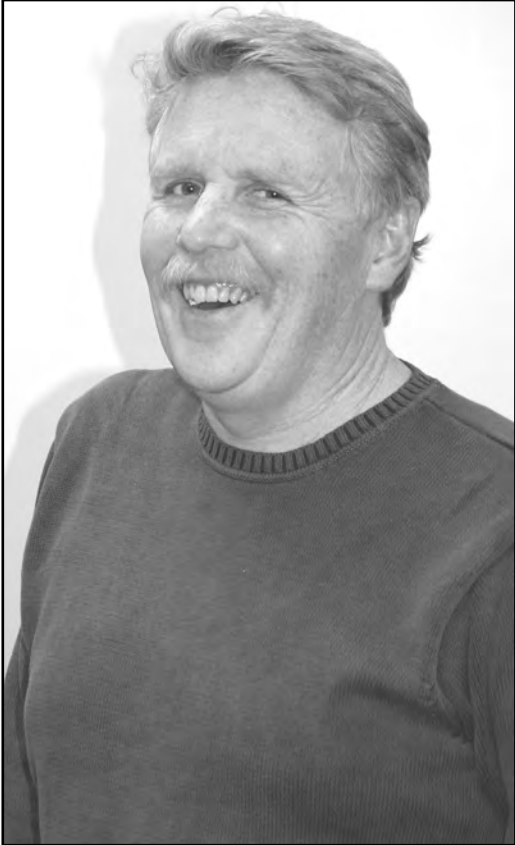
“It was an experience to work with those kinds of people, but I was able to buy a house at 25 and I had my wife,” he said.

He was able to complete his studies in oncology, and he had daughter, Mikaela. Five years later his son Ian was born.

Unfortunately, after the birth of his son, McCausland’s relationship with his wife deteriorated.

“I was Mr. Mom. I cooked, cleaned and drove the kids everywhere. I loved my kids,” he said.

To make matters worse, a colleague at work was horsing around and trying to show him a move that caused him back-pain. He had to undergo 14 hours of



Runner staff photo
Michael McCausland

reconstructive surgery, and rods were placed in his lower back.

With his injury and a pending divorce -- the divorce occurred in ‘97 -- McCausland suddenly saw life differently.

“She broke my heart, but she remarried right after the divorce,” he said.

But McCausland would have to feel physical pain once more. “It was broad

daylight and I was at the ATM machine, and I was hit with a pipe that put my face in my chest,” said McCausland.

Having broken his vertebrate, he immediately underwent emergency surgery.

One morning, he felt intense pain in his neck and he was rushed to the hospital. Despite having a fractured vertebrate and neck, an x-ray of his neck had not been taken.

“I was hours from becoming a quadrapalegic,” said McCausland.

This time McCausland found himself in a wheel chair for two and a half years, so he was unable to practice nursing.

“I got on disability and this changed everything,” he said.

He was later introduced to a woman who lived in Bakersfield through a mutual friend. He came to discover that she was older and was taking care of her parents.

Soon, he found himself moving in with her and into town. Not only did he find a partner, but the cost of living in Bakersfield is cheaper than up north.

“My wife took \$850,000 worth of our house through the equity line and I haven’t seen my son in five years,” he said.

Still, he insists he was humbled by the experience.

“I still call her my wife,” he says.

For McCausland, being in Bakersfield has been a journey unto itself. For one thing, he came here with the intention of staying six months. Now he has been here for a few years.

He entered the university as a communications major, but later switched to history. He always had an interest in history, even before going into nursing. He plans on teaching history to adolescents and earning an advanced degree in history in the future.

When asked about his views toward people, and outlook on life due to his past experiences, his response is simple.

“Treat people like you would treat God. I am serious,” he said.

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RUNNERO

RunnerO is The Runner’s online magazine, featuring videos from around campus and around town produced by Runner staff members.

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RUNNER ON THE STREET

By Samantha Telles, Staff Writer

This Week, The Runner asked, “How do you feel about Valentine’s Day?”



“I’ve never had a Valentine, so it’s kind of sucky and lonely.”

Virginia Warren,
Psychology
Freshman



“It’s a day to appreciate your loved ones by doing something special for them.”

Jasmine Tyler,
Criminal Justice,
Freshman



“Oooh Valentine’s Day? That’s not a good subject for me. Actually, I’ve never celebrated it.”

Jose Cazarez
Nursing
Freshman



“It’s a special day between two people.”

Daniel Bravo
Criminal Justice
Junior



Valentine's Day!



Compiled by Wendy Hernandez and Emily Shapiro

Out of Ideas?

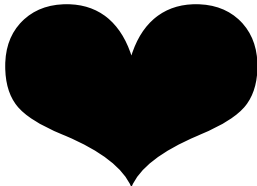
Thursday February 14th

Harlem Globetrotters
Time: 7 p.m.
Location: Rabobank Arena
Adult Price: \$15 - \$103
If you love seeing amazing and funny basketball tricks then you'll love seeing the Harlem Globetrotters.

Tehachapi's Valentine's Day Wine & Chocolate Tasting
Time: 6 - 8 p.m.
Location: Downtown Tehachapi, Tehachapi Blvd. & Green Street
Adult Price: \$20 per person in advance and \$25 on day of the event.
How about a walk that takes you downtown Tehachapi to taste a variety of fine wines and chocolates?
It's a great way to spend an evening with those you care about.

Sweetheart Valentine's PJ Brunch
Time: 8:30 a.m. - noon
Location: Fitzgerald Residence
Adult Price: \$50 per person
How about starting your Valentine's Day enjoying a fabulous brunch and spirits, guaranteed to make your Valentine's Day special.

Valentines Day “Massacre”
Time: 9 a.m.
Location: The Metro Gallery
Price: \$15 at the door
Team Ballin Entertainment is “killing the competition” with a party in the downtown Metro Gallery. There will be prizes, photo services, a complimentary bar for 21+ and music provided by DJ Mike.



Friday February 15th

Night in the Islands
Time: 6 - 11 p.m.
Location: CSUB Icardo Center
Adult Price: \$30
All High Rollers can keep celebrating this Valentines Day weekend by enjoying a night of fun and prizes, starting with a gourmet dinner, auctions and lady luck at the tables.

Concert with Keith Calmes and CSUB Guitar Ensemble
Time: 8 - 9:30 p.m.
Location: CSUB Music Building, Room 127
Adult Price: \$10 General \$6 Students/Seniors
Celebrate Valentine's Day by listening to Keith Calmes and CSUB Guitar Ensemble in concert.

Dancing with Our Stars
Time: 6:30 p.m.
Location: Grand Ballroom of Golden State Mall
Adult Price: \$15 per person or \$25 per couple
If you love to dance, then why not go celebrate this weekend by dancing the night away? This event features dancing to a live big band along with free ballroom dancing lessons.



Saturday February 16th

Katt Williams: American Hustle Tour
Time: 7 p.m.
Location: Fox Theater Box Office
Tickets are \$54, \$44 & \$39
If you enjoy laughing, then you'll enjoy Katt Williams' performance. What better way to spend the night than laughing the night away.

Valentine's Super Love Jam
Time: 8 p.m.
Location: Rabobank Theater
Adult Price: \$25 - \$35
If your loved one loves listening to love songs and oldies then you'll love seeing their eyes light at the Valentine's Super Love Jam.

Annual “Love Luncheon”
Time: 11 a.m. - 1:30 p.m.
Location: Stockdale Country Club
Adult Price: \$35 each ticket
Why just celebrate Valentine’s Day? Why not celebrate the achievements of 15 local high school seniors? The proceeds benefit scholarship fund.

Concert Romantic and Contemporary Pieces
Time: 8 - 9:30 p.m.
Location: CSUB Dore Theatre
Go enjoy a variety of Romantic and Contemporary Pieces and other beautiful favorites with your loved one.

Black Young Stars Valentine's Day Dance
Time: TBA
Location: Multi-purpose room
Price: TBA

Great and Cheap ideas for Valentine's Day

Low on money: Instead of going out to a real nice dinner like every other year, make a fine dinner at home for half the price. This is especially nice when eating at home is not common. Food made by a loved one tastes so much better than food from a restaurant, especially if it has a special meaning behind it like on Valentine's Day.

Tired of the usual: How about writing how you really feel and want to say instead of buying a card? You can buy your own construction paper and decorate it with memories. There is so much more meaning behind a personalized card made at home with your own hands.

Theme dinner: On this special day, celebrated and recognized with hearts, flowers and candy, why not make a red and pink dinner? Wouldn't it be lovely to get served a meal with red mashed potatoes, red macaroni and cheese, pink bread, pink jell-o, pink cookies and red wine?



Some Valentine's Day history

Think Valentine's Day is just a commercial holiday to sell products? Think again! Valentine's Day is a real, genuine declared holiday. Only recently has America started to mass-produce products to gain more revenue. Here are a few facts on the history of this most special day.

Pope Gelasius declared February 14 St. Valentine's Day around 498 A.D.

There are three St Valentines, or Valentinus. They all lived in Roman times and were martyred for helping people.

The remains of one of the St. Valentines can be viewed on this day, every year at the Whitefriar Street Church in Dublin, Ireland.

Valentine greetings were popular as far back as the Middle Ages (written valentines didn't begin to appear until after 1400).

The oldest known valentine still in existence today was a poem written by Charles, Duke of Orleans to his wife while he was imprisoned in the Tower of London following his capture at the Battle of Agincourt. It is on display in the British Museum.

According to the Greeting Card Association, an estimated one billion valentine cards are sent each year, making Valentine's Day the second largest card-sending holiday of the year

Approximately 85 percent of all valentines are purchased by women.

In addition to the United States, Valentine's Day is celebrated in Canada, Mexico, the United Kingdom, France, and Australia.

CASINO NIGHT & AUCTION

IN THE ISLANDS

FRIDAY, FEBRUARY 15TH

6-11PM

CSUB ICARDO CENTER

dinner provided by

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1410 KERN NEWS TALK

Runners fall to UCR while raising awareness for Breast Cancer

By Phillip Barnett
Sports Editor

Junior guard, Kelly Tarver lead all Roadrunners with 13 points as the women's basketball team fell to the two-time defending Big West champions, UC Riverside.

Riverside led much of the first half, but they were never able to put the game out of reach of the Runners. Riverside was able to extend their lead to 13 points late in the first, but freshman Nikki Leon hit two big shots and junior guard Krista Arase hit a three pointer to help the Runners end the half on a 7-0 run.

The second half was much of the same. Riverside controlled the game, but they were never able to put the game away. Riverside led by as many as nine points in the second half, but the Runners closed to within two points or less on six occasions.

"We had some chances to pull ahead and we couldn't do it," said head coach Tim La Kose. "They're a great defensive team. They made plays when they needed to.

The Runners, for the second game in a row, did not shoot well



Phillip Barnett/The Runner
Junior Guard Kelly Tarver wearing the 'Think Pink' jersey for breast cancer awareness.

points and 13 rebounds.

Along with Tarver's 13 points, center Naomi Johnson had 12 points, and freshman Ke'Airra Jones added nine.

During the game, the Runners wore pink jerseys as a part of a nationwide campaign to promote Breast Cancer Awareness.

CSUB was just one of 700 colleges and high schools across the nation that participated in the 'Think Pink' program.

'Think Pink' is a unified effort by the Women's Basketball Coaches

Association (WBCA) to assist in raising breast cancer on the court, across campuses, in communities and beyond. For more information on 'Think Pink', call 654-6226.

The Runners will travel to Big West leading Santa Barbara and Long Beach before returning home against Cal State Northridge on Thursday, February 21. The game will be at 7 p.m. in the Icardo Center.

Charleston tallies three PR's at Lee Adams

Provided by Sports
Information

Freshman David Charleston posted a trio of personal best marks and CSUB's track & field athletes earned eight total first place finishes Saturday at the 2008 Lee Adams Invitational at Bakersfield.

Charleston, a freshman from Bakersfield, won the men's high jump with a mark of 6-2, while winning the triple jump in a distance of 47-03.5. He also took the title in the men's long jump with a mark of 22 feet. All of those marks topped previous personal records Charleston set on Jan. 25 in Flagstaff, Ariz.

Also finding success on the men's side were Steve Trojanowski and Clayton Morovich in the 35-pound weight throw. Trojanowski placed second with a hurl of 55-01, while Morovich was third with a top throw of 52-09. Former Roadrunner Arnaldo Cueto won the event with a throw of 68-01.



Juan Torres/The Runner
Steve Trojanowski, shown here in the shotput competition, finished second in the 35-pound weight throw.

In the men's running events, freshman Ryan Nichols won the 55 meter dash in a time of 6.5 seconds, Daniel Hernandez was second in the 300 meter hurdles (41.2) and freshman Cameron Jost was second in the 300 meter

dash (35.3).

On the women's side, sophomore Connie King won the 500 meter dash in a time of 1:20.8, while senior Peace Nwosu and sophomore Sheena Cooper both earned times of 7.2 in the 55 meter dash. Distance runners Lina Nunez and Kate Patrick went two-three in the women's 1600 meter run with times of 5:37.8 and 5:39.8, respectively.

In the women's field events, sophomore Katinia Fruguglietti won the hammer throw with a mark of 155-01 while also hurling the 20-pound weight 52-07.

The 'Runners' return for a fourth and final time to Flagstaff, Ariz., competing in the Southwest Classic on Feb. 16. The outdoor season will then officially get under way on March 1 at the Cal State Fullerton Tri-Meet.

Lectures in Language and Linguistics

Presents

Some New Perspectives on Lexical and Functional Categories


Dr. Joseph Galasso

7:00 p.m., Wednesday, February 20th, 2008

Dezember Reading Room, Walter Stiern Library, California State University Bakersfield

Sponsored by Sigma Tau Delta, the International English Honor Society, Associated Students, Inc. (ASI), the Walter Stiern Library, and the Department of English


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pick up FREE student tickets at the Student Union Information Desk for the student section at floor level

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