

INSIDE LEISURE VILLAGE

WRITTEN AND EDITED BY AND FOR LEISURE VILLAGERS EXCLUSIVELY

Vol. 15 No. 10

Pleasant Valley, Camarillo, California

December 24, 1993



**Your
Neighbors
Care Group
Bulletin**

By Sonia Brink

Monday, January 3 at 7:30 p.m. in the AR Your Neighbors Care Group will bring you important information on Camarillo Health Care District and its services.

Graigh Le Breton is a representative of the district, a non-profit organization dedicated to provide quality health related services to meet the needs of all district residents.

He will inform the audience about Care-A-Van, Club Camarillo, Life Line, Senior Nutrition, and much more. Don't miss this opportunity to learn about all these services.

A happy and healthy New Year to all of you.

"Leisure Village Lifestyle" On Channel 12 In January



Cameraman Bob Vanderhaven shoots scene of Marty Ettinger working.

Photo by Novick

By Jack Whalen

A six-month labor-of-love video production featuring the many and varied activities of villagers will premier on Channel 12 Monday, January 3 at 5 and 7:00 p.m.

Cameraman Bob Vanderhaven, a noted documentary producer of nature films, truly captures our active lifestyle which includes sports, exercise, crafts, art, music, dance and drama. Nearly 40 club activities are shown in this fast-moving 25-minute production.

Opening scenes are at our main entrance and viewers are then taken into the recreation center. Jack Whalen gives a brief overview of our retirement village and from there on it is non-stop action until the closing comments in the

Channel 12 studio.

Production was under the direction of George Huddleston, with Art Kaufman lending his expertise with lighting effects.

Perhaps some residents wish to tape this show to send a copy to family and friends. Plans are being formulated for local real estate agents to secure a copy at minimal cost.

In addition to the January 3 play date, Channel 12 will repeat the show on Tuesday, January 18 at 7:30 p.m.

**EAST AND WEST
GATES WILL BE
CLOSED ALL DAY on
DEC 25 and JAN 1
Main gate will be
open 24 hours
as usual**

Newspaper Officials To Speak At Current Issues Forum Publisher, Editor To Appear

By Jim Holthouse

Camarillo and Leisure Village newspaper readers are about to be involved in two major changes. Sunday, December 26, is the final publication date for the Camarillo Daily News and on December 27, CDN will be replaced by the Camarillo Star-Free Press.

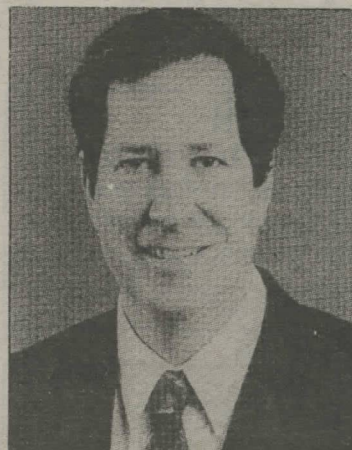
Such a major change in local community newspaper publishing raises countless questions and demands complete answers. A Current Issues Forum on Friday, January 7 at 7:30 p.m. in the Assembly Room will clear the air on this important community development.

The forum features a panel of Ventura County newspaper executives who will explain the transition from the Camarillo Daily News to the Camarillo Star-Free Press. On the panel are these

VCN executives: John P. Wilcox, publisher; Juliann Pratt, PR Manager for Camarillo area; Steve Smith, circulation manager; and David Smith, Editor Camarillo Star-Free Press.

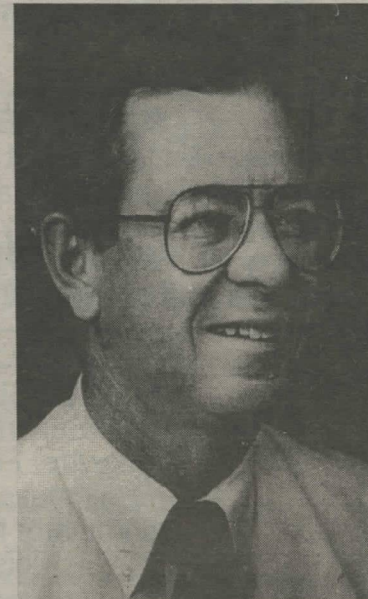
Current Issues Forum, under the leadership of Rube Davis and Sol Robin, has a long, impressive history of bringing vital community issues to LV for explanation and discussion. A high value has always been placed on the cooperative relationship between Leisure Village and the local Camarillo paper. Newspaper officials have been in the Current Issues spotlight previously.

Be sure to mark Friday, January 7 on your calendar. You'll want to be in the AR that evening to learn what the Camarillo Star-Free Press means to you, the Village and the entire Camarillo community.



John Wilcox

**Be sure to attend the
Current Issues Forum
On January 7
7:30 in the AR**



Dave Smith

INSIDE LEISURE VILLAGE

• O P I N I O N •

The Future Of Inside Leisure Village

Many villagers are asking "What will happen to Inside Leisure Village under the new newspaper set up?"

When Ventura County Newspapers changes the Camarillo Daily News to the Camarillo Star Star Free Press the end of this month, Inside Leisure Village will continue as usual. It will be home delivered once a month to subscribers to the Camarillo Star Free Press, continuing our 15 year tradition without interruption. Additional copies of Inside Leisure Village will be available in the Recreation Center as always.

Actually, the change over for the Inside Leisure Village staff took place last July. Editorial copy is set and pages made up in Thousand Oaks, photos are developed and printed in Ventura, and the paper finally printed each month in Ventura. The system under the Ventura County Newspapers has been working well for six months already.

As part of the conversion to the Camarillo Star Free Press, officials of the newspaper are coming to the Village for the Current Issues Forum in the AR on Friday, January 7 at 7:30 p.m. Those coming to tell about the change and to answer questions include John Wilcox, publisher, and Dave Smith, editor. It should be an interesting evening.

We look forward to a long continued, positive relationship with the Ventura County newspapers and the Camarillo Star Free Press.



ILV

Is alive and well under the sponsorship of Ventura Co. Newspapers

ABOUT NEXT MONTH

Coordinator for the next month will be Betty Murray. Please follow guidelines and be as brief as you can. Deadline for the January 28 issue will be Monday January 10, 1994 at 5:00 p.m. To arrange for a photographer, call coordinator at least 3 days in advance.

INSIDE LEISURE VILLAGE

Editorial Staff

Lois Atz- Frances Gold

Jim Holthouse - Betty Murray

Coordinator for this month:

Lois Atz

Photographers Bob Novick and Max Klapperman
Reporters: Jack Whalen and Doris Achterkirchen

Merry Christmas

By Lillian Wallace

This year I tried to pick a tree
With branches full and green-
Its fragrance fills the house,
And yes, the nicest I have seen.

Each graceful arm outstretched will hold
Baubles, old and new.
Of course a star, perched on the top
For everyone to view.

Best of all, beneath the tree,
Arranged to tease the eye-
Gifts, all packed, not to be touched,
By anyone passing by.

Oh yes, this is a holiday
We celebrate to share
With joy of giving, joy of love
For people everywhere.

And as carolers sing their songs
And music fill the air,
Christmas, lovely Christmas,
Will bless people everywhere.

*The Editors
of ILV*

*Wish You Happy
Holidays*

*Lois
Betty
Jim
Frances*



LETTERS

ILV has obligated itself to publish most letters to the Editors that are not profane nor libelous. However views or statements expressed as facts are the beliefs of the writer and are not necessarily supported by the staff of ILV. We cannot accept unsigned letters.

I would like to thank all my thoughtful, kind firends and neighbors in LV for their cards, donations and support during my husband Edward's long illness. Thank you very much.

Georgette Schottland
V 26

Ed and I would like to express our most sincere thanks for your compassionate concern for my recovery from my traumatic surgery. Your many cards and telephone calls, flowers, prayers and food and goodies were a contributing factor in my recovery. We wish to thank you all for your concern and thoughtfulness.

Ilene and Ed Evans, V3

How does one protect the fruit on one's property? This a.m. a neighbor phoned me that a golfer (he plays at approximately 9:30 a.m. every morning) was taking tangerines off my tree. I dashed out and there he was, as bold as a real thief.

I've been watching the tangerines. They are not yellow and not ready to be picked. I told him he was stealing. His excuse was that most people let them fall to the ground and don't use them. Mine were all on the tree!

Please, people--that tree is mine and all mine. I have fed it, babied it and watched each little bud come out.

Knock on my door if you are that hungry.

Marian Tamkin, V 24

Ed's note: It is our understanding that unless a tree is in a fenced patio it is considered common Village property. However, most villagers do not pick fruit in others' red staked areas.

Defensive Driving Class Set For January

By Naomi Balfour

The Education and Recreation Committee will again sponsor a class of defensive driving for the convenience of LV residents at 1:00 p.m. on January 20 and 21. This class is promoted and taught by AARP.

Everyone who takes the class will receive a discount on auto insurance and be a safer driver. Check with your insurance company for the amount of the discount.

Since registration is limited to 30, you must be pre-registered. The cost is \$8.00. For more information and registration call Naomi Balfour 987-9851 or Viola Emmerson 388-2524.

Haiku For The Seasons 1994

By Sonia Brink

Spring.

Long green blades announce
The Freesias sensuous perfume
Now spring has come.

Summer.

Even the flowers
Want to sleep in this noon heat
Longing for sundown.

Autumn.

Winds are cooler now
Leaves change colours; they show us
Great beauty in death.

Winter.

These cold winter storms
Endure, there is the promise
Of spring's renewal.

Memoriam

~~Robert A. Denell~~
V.29

~~Carl R. Carlson~~
V.4

~~Edward Schottland~~
V.26

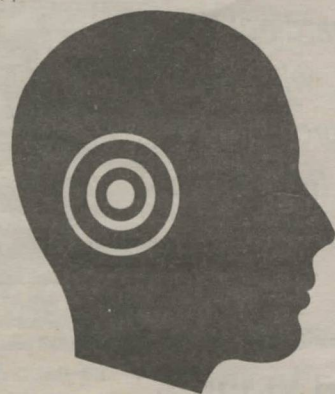
~~Robert L. Borwick~~
V.17

~~Irwin Steinhart~~
V.5

~~Stewart D. Marsden~~
V.15

~~Abraham "Babe" Shanman~~
V.13

~~Ruth Eis~~
(formerly of V.11)



THE HEARING CENTER

During the Holiday Season more than ever,
our thoughts turn most gratefully to
those **Leisure Villagers** who have
made our progress possible.
In this spirit, we sincerely say:

Thank You and Best Wishes
for the Holiday Season
and a Happy New Year

5800 Santa Rosa Road,
Santa Rosa Plaza #123

Conveniently Located at
SANTA ROSA PLAZA
Within Walking Distance of
LEISURE VILLAGE

482-9821

Monday thru Friday 9:00 a.m. to 5:00 p.m.



Michael W. Marion, M.S., CCC-A
Laurel Marrion, M.S., CCC-A
Licensed and Certified Audiologists and
Hearing Instrument Dispensers

Thanksgiving - Chanukah - Christmas Programs Held

CHANUKAH - CHRISTMAS PROGRAM HELD IN AR

The Chanukah-Christmas program was held Friday, December 17 in the AR. It is traditional to have a joint program, part Jewish and part Christian.

Both holidays occur in December and each is celebrated by religious ceremonies and enhanced by gift giving. Traditionally even though both groups worship the same God, Jehovah, their histories have been troubled. Therefore it is a time to be thankful and proud that not only in Leisure Village, but in many other places as well, the two factions can come together to worship in friendship, prayers for peace, and social enjoyment with each other. Even small beginnings are hopeful signs for the world.

In the Jewish part of the program, Cantor Sidney Bloom gave the welcoming message and the Chanukah blessing. Lighting of the candles was done by Irving Dubin, Pauline Davis, Ed Pol-laine, Anita Mandel, Jane Selber, Liliy Malchicoff, George Goldfarb and Jean Aird. Then the audience sang Chanukah songs from the songsheet provided.

The Christian part opened with Paul Kelwin giving the welcoming message and Trudy Orsan reading the Christmas story. Carols followed, sung by the audience, and led by Jack Myers, Gil Weiss and Paul Kelwin, with piano accompaniment by Trudy Orsan.

The large audience united in singing "Let There Be Peace on Earth" as a fitting finale to the evening.

INTERFAITH THANKSGIVING WORSHIP SERVICE

By Ed Holly

On Thanksgiving eve approximately 200 residents and visitors attended the eighteenth interfaith Thanksgiving Worship Service. The AR had been decorated with flowers and greenery provided by Coast Federal Bank and Baron Brothers Nursery. Following the tradition of annual rotation of the program between Catholic, Jewish, and Protestant Faiths, the services this year were arranged by LV Catholics

The LV Chorale, under the direction of Marcene Jardine, gave beautiful renditions of traditional Thanksgiving hymns. A benediction hymn was accompanied by Bill Marvel at the organ and Lily Baker at the piano. The closing hymn was "Let There Be Peace On Earth."

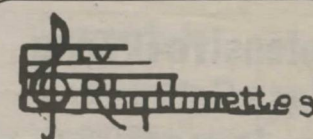
The members of the clergy delivered inspirational messages stressing the importance of being thankful. Also emphasized was for the remembrance of those less fortunate and to maintain a sense of thanksgiving all year. Reverend David A. Trops of Peace Lutheran Church delivered the invocation and Rabbi Stuart Lasher delivered the benediction.

Father Liam Kidney of Padre Serra Parish gave a most inspirational sermon pointing out the similarity of the teachings of all of the faiths. As usual Father Kidney had many interesting examples to reinforce his main theme.

The program coordinator, Ed Holly, was ably assisted by Richard Mathes, Deborah McAdams, the LV recreation office, and a total of 32 villagers.



Father Liam Kidney



By Margaret Hines

The Rhythmettes enjoyed taking part in the Village Tree Trim, playing Christmas - Chanukah music December 6. Ethel Belanger was the versatile and ever-ready accompanist at the piano. Trudy Orsan accompanied two beautiful numbers at the organ. Lucille Matson sang the cute and playful "Mistletoe Kiss". Ruth Hart performed "I'll Be Home For Christmas."

The tree was sparkling with ornaments, the punch and cookies were enjoyed.

The Rhythmettes are taking off from after the tree trim to Jan. 4, when practice begins at 1:00 in AR. The special date for Rhythmettes in January will be lunch or dinner at The Fresh Choice Restaurant, Jan. 11 (time to be set).

Your Leisure Village Specialists



HAROLD MICHAEL
Sales Associate
484-8828

Your confidence in us is rewarding! We continue to enjoy working with new Leisure Village buyers & promise to earn the respect & trust of the sellers who have decided to make a move.



ELAINE MILLER
Broker Associate
482-3726

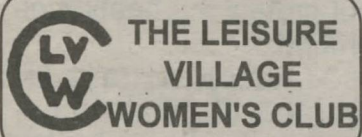
This is a list of properties we have **SOLD** or participated in the **SALE** of this year, to this date

33228 Village 33	Bel Air	20219 Village 20	Bel Air
20323 Village 20	Holmby	22228 Village 22	Brentwood
25343 Village 25	Coronada	9163 Village 9.....	Balboa
24126 Village 24	El Dorado	9169 Village 09.....	Camarillo
35206 Village 35	Valencia	15317 Village 15	Newport
25315 Village 25	Coronada	15122 Village 25	Coronada
44103 Village 44	Capri	18215 Village #18 ..	PENDING.. Bel Air
4224 Village #4 PENDING	Monterey Model	25120 Village 25 JUST CLOSED	Monterey
18130 Village #18 PENDING	Valencia		

The Prudential
California Realty



1821 Daily Dr.
484-8828
482-3726



By Jannette Andresen

The Leisure Village Women's Club had a regular meeting on December 2, with a holiday theme. This is our season for giving, and three of the recipients came to accept their gifts.

Sandy Okun of Your Neighbors Care Group and Leisure Village Food Share program accepted a gift of \$300.00 and food items collected at the meeting.

Dee Press from the Camarillo State Hospital was very grateful to receive a multi-media computer to be used in the children's unit for their school classes.

George Huddleston from Channel 12 accepted a check for \$1,845.20 for the purchase of a VCR and



Rawza Kramer and Vi Cohen entertain



Performers Doris Siegel, Mimi Kaufman, Helen Gold and Dorothy Karlin

Photos by Klapperman



Rauza Kramer, Vi Cohen, Dorothy Karlin, Kay Whitaker, Shirley Law, Doris Siegel and Ida Zeller perform at Women's Club meeting.

monitor. He said that our picture will be much improved.

December is the month for the election of officers for 1994. Kay LaPrell chairperson of the nominating committee introduced the candidates: parl, Kay LaPrell; corr sec, Velma Hughes; rec sec, Alice Hinig; treas, Sylvia Mopper; 2nd VP, Ways & Means, Dorothy FencI; 1st VP, Programs, Aileen Chuck; and pres, Renee Green. There were no fur-

ther nominations from the floor so a unanimous ballot was cast for the nominees.

An installation luncheon will be enjoyed by the members on January 6. Call Betty Walker 482-2183, for information.

Renee Green, program chairperson, introduced a lively, fun-filled holiday program. It was nostalgia time for those of us who have lived here awhile, because this show with some changes had been

performed in 1983. Renee dedicated the program to the memory of four original performers who have passed away, Silvia Altes, Roie Beck, Daisy Bien, and Annie Fosdick. The program was written by Lorraine Friedman and

Dorothy Karlin. Helen Gold was choreographer and dance director and the musical director and accompanist was Dorothy Weiss. We thank all the performers, singers and dancers who gave us so much holiday spirit.

CASTLE HILL RETIREMENT VILLAGE

SPOTLIGHTS



Birdie Morrison -

A Conejo Valley resident for 55 years.
"I like everything about life at Castle Hill. I love my birds, my flowers and all my friends here."

Choose Castle Hill For The Same Reasons You Choose The Perfect Vacation Place; Beautiful Surroundings, Comfortable Accommodations, Charming People. And Castle Hill Has So Much More. A Sky-lighted Dining Room, Cozy Library And Recreation Areas, Housekeeper And Laundry Services, Chauffeured Transportation And Specially Arranged Cultural Events.



NO ACCOMMODATION FEE
MONTH TO MONTH RENTAL ONLY

CASTLE HILL RETIREMENT VILLAGE

"Where Every Day Is A Special Occasion"
3575 North Moorpark Rd, Thousand Oaks
(805) 492-2471

Lic. # 561703527



Renee Green



PLAYERS GUILD

By Jim Holthouse

On November 14 the Players Guild smash comedy, *Lend Me A Tenor*, ended its successful 5-day run on the highest notes possible. Following the Sunday matinee, a traditional party enabled the entire cast and production staff to bask in the glow of a job well done. Kudos and high five's for everyone involved.

Four days later, back to reality. On November 18 first auditions for *Fiddler On The Roof*, followed by more auditions and call-backs on November 20 and 21. Such is life in the Players Guild -- there's never much time to rest on laurels.

Director Joan Johnson has cast *Fiddler On The Roof* and music rehearsals are well underway. However, a stage

production in the scope of *Fiddler* requires many people on stage and back stage at all times. The show provides numerous opportunities to be involved in one of the greatest musicals in Broadway history.

Fiddler On The Roof will have its 5-day run on the AR stage April 13 to 17. You have plenty of time to get in the act. Obey that urge to be on stage, and call Joan Johnson at 484-8600 or producer Jackie Solway at 987-2586.

On December 16 about 150 Players Guild members enjoyed the Holiday Party in the AR. A combination of good food, excellent entertainment, and dancing in a friendly atmosphere guaranteed a pleasant evening. Players Guild officers for 1994 were installed at the party. They are: Pres. Lorraine Kaplan; Exe VP Don Pearlman; 1st VP Milt Mankoff; 2nd VP Jim Holt-

house; rec sec Ida Zeller; corr sec Dor Karlin; treas. Mimi Kaufman; parl. Jackie Solway.

Looking ahead to 1994, the first workshop meeting is slated for January 20. On stage will be a vaudeville show featuring a pot-pourri of talented villagers and Players Guild members.

Happy Chanukah and Merry Christmas!

LIBRARY NOTES

The Library Committee says thank you to -- *Chairman Maxine Himstreet for eliminating the December committee meeting so we can prepare for the holiday season. The next Library committee meeting will be Wednesday, January 19, at 3:00 p.m. in the Lanai Room. All those interested in the Library are welcome.

Vacation Check List To Prevent Water Damage

When leaving home for any period of time, you are urged to take a few precautions that may well prevent your home from having extensive water damage. Our homes are now from 12 to 20 years of age and many original water pipes and fittings are failing at an increasing rate.

Here are a few recommendations

1. Turn off the main water valve.

2. The WH (water heater) double switch in your outside breaker (electrical) box should be turned to the left, the "off" position. You not only save energy

but protect the heating elements.

3. We often take for granted the water connections leading to the toilet tanks, the hot and cold connections to both wash basins and the hot-cold under the kitchen sink. Once a year or so you might turn these connections off, then turn them back on. If there's any sign of water leakage it will show at that time. Performing that task will help prevent build-up of deposits, making the handles difficult to turn

4. The hot and cold water connection to your washer should always be turned off once the machine has completed the operation.

Back Exercises

By Sonia Brink

Y.N.C.G. previously presented a lecture by Daniel Capen, M.D. about back problems. At that time we did not have enough copies of instructions for exercises. We now have a limited number available. Call Sonia Brink 484-2387.

the original

Mr. Miniblind

GOING ON 5 YEARS OF SERVICE TO THE CAMARILLO COMMUNITY!

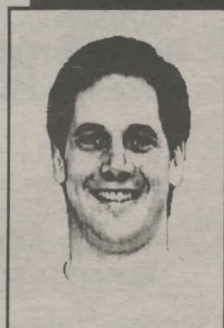
- *Verticals*
- *Wood Blinds*
- *Duettes*
- *Pleated Shades*
- *Shutters*
- *Miniblinds*

FREE IN HOME ESIMATES
FREE INSTALLATION
FREE MEASURING

HOLIDAY SALE

Financing Available!
90 day same as cash!

Made in the U.S.A.
Name Brand Products Only!



Matt Westlake
Owner

**Product for product
service for service**



no one beats us...EVER!!



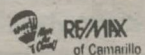
CALL 484-1187 CALL

THE FOX REAL ESTATE TEAM



NANCY FOX-STAPP,
CINDY AND AL FOX

CALL US



Your Professionals in
• **BUYING**
• **SELLING**
• **LEASING or RENTING**

Over 80 Registered
L.V. Buyers & Renters
AVAILABLE
YOUR MODEL MAY BE
THE ONE THEY NEED..

987-4-FOX

(987-4369)

"OUR LOCATION HELPS US HELP YOU GET BUYERS"

LOCATED IN SANTA ROSA PLAZA
BY THE L.V. MAIN GATE

Profile: Frank and Marian Van der Maten

By Doris Achterkirchen

Frank and Marian Van der Maten of V.34 have been making beautiful music together since they met at Morningside College in Sioux City, Iowa, where both majored in music.

Frank was in the service from 1942 to 1946, and served in England, France, Belgium and Germany. Then he was shipped to the Philippines in the Pacific Theater and was on the first convoy sent to Japan.

After the war Frank resumed teaching music in Sioux City, but having had a taste of California during the war, he decided to move here. He taught in Bakersfield and led the Bakersfield Symphony Orchestra as well as the Kern County Philharmonic. His career was devoted to teaching music and

leading orchestras and chamber groups. He was the conductor, and Marian the concert master. Later they moved to Sierra Madre and Marian played with the Pasadena Symphony and the San Gabriel Symphony.

Frank retired from teaching in 1965, but wanted to keep his hand in, so he learned to repair violins. He went to workshops and clinics in Texas, New York and Utah. He also attended the Utah School of Violin Making which is patterned after the one in Mittenwald, Germany. He spent 12 years repairing violins in the school district.

Frank belongs to the Violin Makers of Southern California Association. He read a book about violin making and someone suggested he make one. So he attended violin makers workshop in Tucson, Arizona. These craftsmen are specialized woodworkers and it is dif-

ficult to get the proper wood. Some comes from Washington State and other woods are imported from Europe.

He has made two beautiful instruments, a violin and a viola, which were one year in the making. The neck, scroll, and back of the violin are maple. The top is spruce because it resonates better. The design is based on a chart used by the old masters.

Frank entered his two instruments in a nationwide competition sponsored by the Arizona Violin Makers Association in Tucson from October 12-15. The judging is based on three attributes: workmanship, tone, and artistic appearance. Marian played the viola which has a beautiful, mellow tone for us. We wish him well in the competition.

Addendum to Van der Maten profile: His viola won a second place trophy for tone in the competition.

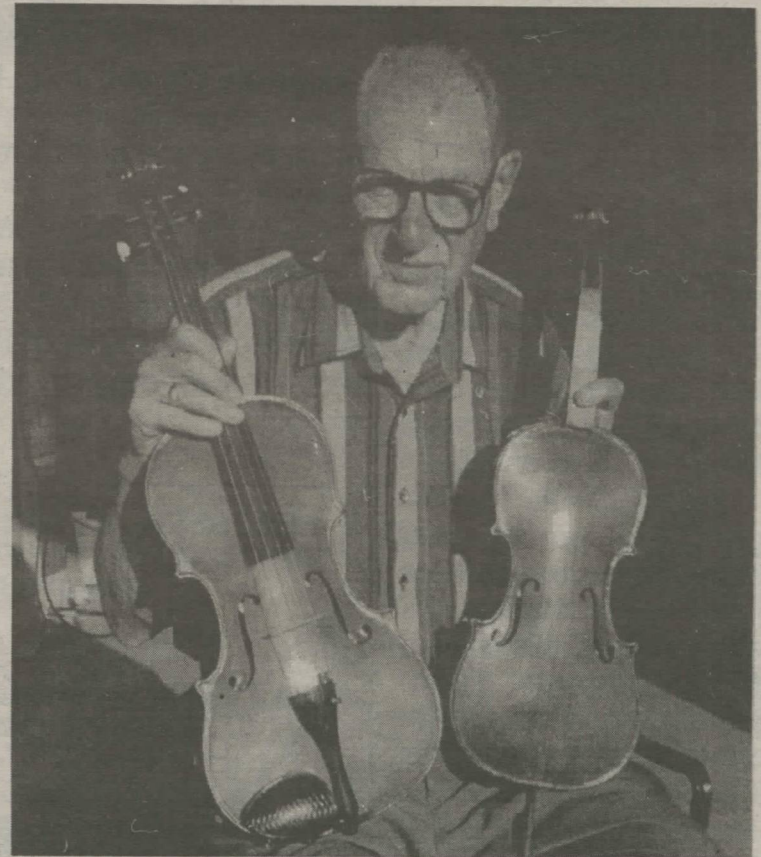
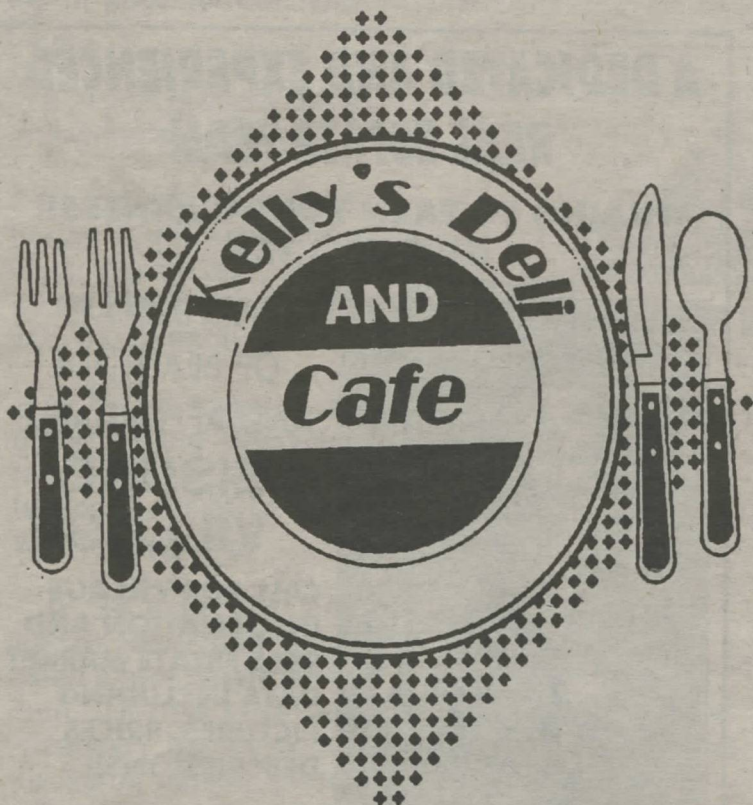


Photo by Klapperman

Frank Van der Maten displays his work



Mondays & Tuesdays **Seniors**

Take **15%** off Total Dining Bill
2 pm - Closing

WE ARE PROUD TO
ANNOUNCE WE ARE

EXPANDING

NOW SERVING **BREAKFAST**
7 DAYS A WEEK

M - F 9 - 12 NOON SAT. & SUN. 8 - 2 pm

ALSO

FREE DELIVERY 12 - 7pm 7 Days a Week

Choose from our entire selection of homemade American, Mexican or

Italian foods **DELIVERED FRESH** to your door*

*\$10⁰⁰ min. purchase within a 5 mile radius • FREE Delivery starts Jan. 1st, 1994

OPEN CHRISTMAS DAY 8AM - 6PM

5800 Santa Rosa Rd. 383-DELI

HEARING IMPAIRED SUPPORT GROUP

By Gabriel Barkley

The Hearing Support Group will meet on January 2 at 1:00 p.m. in the MPR. The guest speaker will be Professor Peter Ivory from the Department Of Audiology at Cal State University in Northridge.

Belle K. Smith, the Program Chairperson, has some interesting speakers lined up for the months ahead. Read this column for announcement of coming attractions. Also watch Sonia Brink's flashes on Channel 12. In addition, Sonia posts notices of these coming events on the bulletin board in the Atrium of the Recreation Center. So, bring your friends and neighbors and hear from qualified experts in the field of audiology and related sciences.

Belle goes to great lengths to get these speakers for you, so that you shall receive the support you need in coping with hearing problems. These knowledgeable and experienced professionals in their fields of audiology each have something worthwhile to offer in order that your lives may be made easier and your mental suffering or discomfort less.

Christmas - Chanukah Program

Jean Aird started the ball rolling on the combined Christmas - Chanukah program for the Village. It was held Friday, December 17 in the AR and was well attended.



Hugs

Hugs are not only nice, they're needed. Hugs can relieve pain and depression, make the healthy healthier, the happy happier and the most secure among us even more so.

Hugging feels good, overcomes fear, eases tension, provides stretching exercise if you're short and stooping exercise if you're tall. Hugging does not upset the environment, saves heat and requires no special equipment. It makes happy days happier and impossible days possible.

HEADSET AVAILABILITY FOR THE HEARING IMPAIRED FOR THE FOLLOWING JANUARY EVENTS IN THE AR

Date	Time	Events
1/3	10:00 a.m.	LV Board of Directors Meeting
1/4	7:30 p.m.	Y.N.C.G. Meeting
1/13	7:30 p.m.	Presentation of Budget
1/20	7:30 p.m.	Players Guild Meeting
1/21	1:30 p.m.	Keyboard Club Meeting
1/28	7:30 p.m.	Chorale Concert

New Residents Of Leisure Village

By Gabriel Barkley

To you the new residents of Leisure Village it is always our wish that you will find comfort, security and happiness in your life here. However, there may be a number of you who are missing out on many of the social activities in Leisure Village because you have lost your ability to hear normally. This means you are not enjoying life here as well as you might. To help relieve you of this distress, you are invited to attend the monthly meetings of the Hearing Impaired Support Group, a unique club organized two years ago that meets on the fourth Wednesday of

each month at 1:00 p.m. in the MPR in the Recreation Center.

At every meeting we have an interesting guest speaker from whom we receive ideas on how to improve our hearing ability and from whom we are given the spiritual strength to lead a happy life in spite of our hearing problems. Also, the social camaraderie at these meetings does much to act as a mental uplift to all of us.

We invite not only the hearing impaired to attend our meetings but also those blessed with normal hearing. Someday you may need this knowledge for your own benefit.

Support Our Advertisers

A DEDICATED AND EXPERIENCED REAL ESTATE TEAM

WILLING TO EARN YOUR BUSINESS!!
GIVE US A TRY



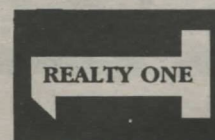
LENORE STERN & JIM HOFFMAN

SERVING ALL
OF BEAUTIFUL
AND AFFORDABLE
**LEISURE
VILLAGE**

CALL FOR VILLAGE
INFORMATION AND
REAL ESTATE MARKET
DATA INCLUDING
PICTURES, PRICES
DESCRIPTIONS!!

(805) 482-2983

24 HOUR DIRECT LINE



(805) 455-3333 OFFICE
SMOKETREE PLAZA
601 Daily Drive, Suite 129
Camarillo

Twilight Dining

Join us for Twilight Dining, daily 4:30 p.m. - 7:00 p.m.

Choice of entrees:

Chicken & Pasta Primavera • Teriyaki Top Sirloin
Sautéed Halibut • Stuffed Cornish Game Hen
\$8.95

Prime Rib au Jus • Catch of the Day
\$9.95

All dinners served with soup du jour or dinner salad, fresh
seasonal vegetables, potato or rice, ice cream and coffee or tea.

Reservations (805) 485-9666

Hilton

600 Esplanade Drive • Oxnard

Not valid with any other offer or discount program.

Sr. Legislature Selects 12 Bills To Sponsor

The California Senior Legislature convened recently in Sacramento for their 13th annual session. Joseph Ellenbogen, V 16, was one of the three legislators representing Ventura County. Genie Wheeler from Ventura and Bob Unruhe of Ojai were also in attendance.

"It was very productive," Senator Ellenbogen said. "I found that senior legislators are extremely knowledgeable on the senior population as well as the general population."

Although the 120-member, all-volunteer CSL body considers legislative proposals that reflect the concerns of older persons in their communities, Ellenbogen said the effects of the legislation filter down.

"There is a corollary ef-

fect. As seniors are benefited, it does relieve the non-senior population of some of its responsibilities."

While the Senior Legislature's decisions have no immediate bearing on the state, the group uses its priority list to sponsor real legislation every year. It boasts a 70 percent to 80 percent success rate in ultimately getting its measures passed.

The Senior Legislature is made up of 80 assembly members and 40 senators, all at least 60 years old. They are elected, by district, by registered voters of the same age group, who vote every two years at local senior centers, nutrition sites and housing complexes.

This year the number of proposals on the "top 10"

list actually totaled a dozen because three measures tied for 10th place.

1. Topping the list was the issue of the CSL's funding which comes from a voluntary check-off on state income tax returns.

2. Establish a universally accessible and comprehensive health care program which includes long-term care.

3. Provide training for respite care workers.

4. Require audits of all state spending and budgetary procedures.

5. Allow dental hygienists to practice independently of dentists.

"So many seniors have low income and limited access to transportation which leads to dental neglect," he said. "If they allow dental hygienists to set up their own practices,

they could go to the home and treat seniors and also lower the cost."

6. Protect nonprofit entities from liability.

7. Ensure that programs funded by federal funds and voluntary contributions get their money even if the state budget is delayed.

8. Allow people who lose their jobs at age 60 or older to continue their health insurance coverage at their own expense until age 65 when Medicare takes over.

9. Control rents at mobile home parks.

10. Create five pilot programs to help senior citizens manage their money.

11. Legalize use of marijuana as a pain-reliever by seniors with incurable or chronic diseases.

12. Discourage patient dumping by hospitals.

Giant Redwood Tree Grows In Village

Alexandria and Vince Giroux, V 25, watch with pride the growth of a redwood tree which they donated to the Village in 1986. The redwood is planted just off Mountain View Drive, between Villages 16 and 18, across from the golf course. They also donated a Ponderosa pine which is planted beyond the redwood.

The gray green bushy redwood was just a potted seedling in 1984 when their nephew sent it to them from Oregon. It's fast growth soon mandated an in-ground location and the Village landscaping department accepted the tree. The giant variety can reach to 300 feet or more in height. This one (about 10 feet tall in 1993) seems to adapt well to the southern California climate.



Petrucci's

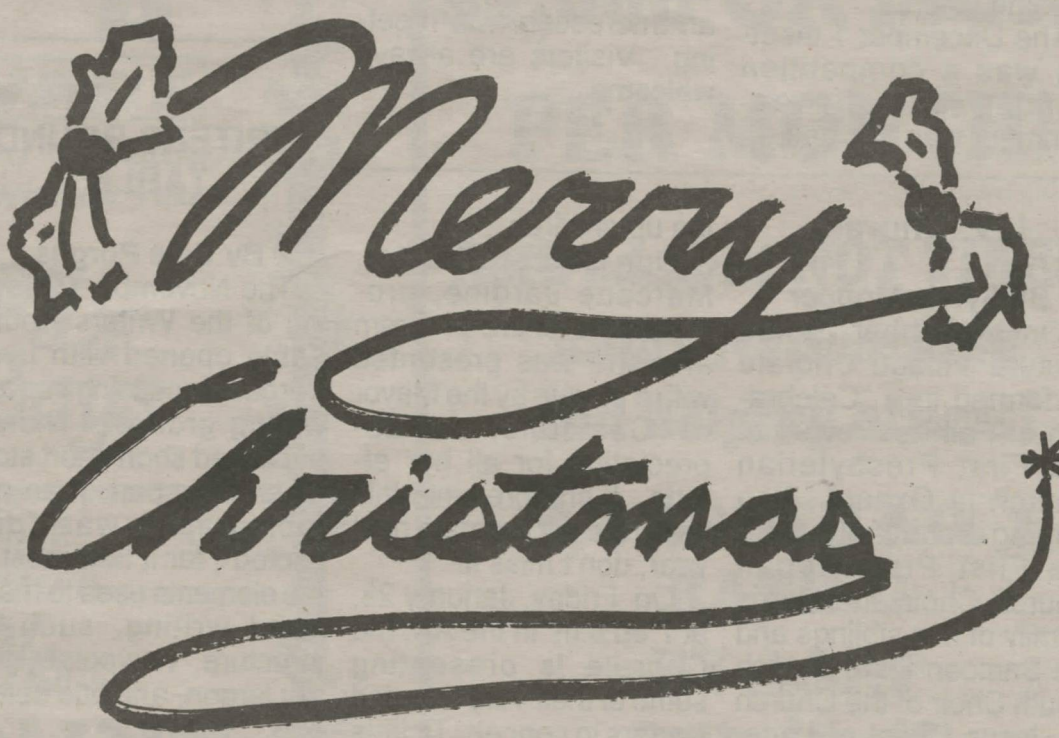
RISTORANTE ITALIANO

FINE TUSCAN CUISINE
WINE • COCKTAILS

Our Goal is to serve the "Finest Italian" food in the county and offer the Best Service. We understand this a matter of opinion, so please give us a try."

Four Course Lunch \$8.97 per person Reg. \$17.95 50% SAVINGS Mon - Fri. 11:30 am - 2 pm APPETIZER - Penne al Pesto SOUP - Del Giorno SALAD - Insalata Italiana ENTREE CHOICE OF: Pollo Ponte Vecchio Calamari St. Tropez Penne Pepparonata Good For Up To 6 People Exp. 11/30/93	EARLY BIRD SPECIAL 4:30pm - 5:30pm Mon-Sat FULL MENU w/soup or salad & two fresh baked breads \$6.95 - \$9.95	Four Course Dinner \$24.95 for two Reg. \$49.90 50% SAVINGS Mon-Thurs. 5:30pm - 9pm APPETIZER - Penne al Pesto SOUP - Del Giorno SALAD - Insalata Italiana ENTREE CHOICE OF: Pollo Petrucci Trout al Limone Fettuccine Salsiccia Good For Up To 6 People Exp. 11/30/93
--	--	--

2503 Ventura Blvd., Camarillo 482-1022
Directly across from St. Mary Magdalen Catholic Chapel
Reservations Recommended



Merry Christmas

***From Leisure Village**

RECYCLING TIPS

Here are some tips on what is recyclable and how to do it.

Metal cans: Tin, steel and aluminum are accepted. Labels can be left on. Empty cans and rinse for sanitary reasons. Crushing is recommended to save space.

Glass bottle and jars: Container glass only in all colors, shapes and sizes. See RECYCLING.....pg 20



By Sam Weinstein

The Camera Club presented a dual slide show at the Nov. 17 meeting. Program Chair Sam Brown, when learning that Ruth and Ed Pollaine and Imogene Gregory had recently taken (separate) trips to Costa Rica, decided to have them show their slides at the same meeting so that the Club could see how different photographers interpreted the same sights and scenes. It was a great show; interesting, diversified and colorful.

The December 1 meeting was a competition meeting and the assignment was "Inside Lei-

L.V. Chorale

By Sylvia Mopper

On November 21 the Leisure Village Chorale performed in a "Celebration of Families" event at the First Presbyterian Church in Oxnard. Also singing beautifully were the First Presbyterian Church Choir, the Harris Family of five siblings and the Samoan Sixth Branch Youth Choir of the Church of Jesus Christ of Latter Day Saints.

The Mayors of Camarillo, Oxnard and Port Hueneme, as well as the Children's Librarian of Oxnard Public Library all spoke and gave us an insight into their lives as children and as parents bring-

VILLAGE PAINTERS

By Mildred G. Oberg

The Village Painters will have a delightful program on Wednesday January 5 at 1 p.m. Rea Williams will show some of her collection of porcelain dolls which she has made, and one original she has created.

The officers of the club were announced at the very successful holiday "sure Village". The winners were first place and Picture of the Month to Sam Weinstein for "Channel 12 at Work", second place to Sam Brown for "Teeing Off" and third place to Ben Smithkin for "Time to Relax".

The winners in the open category were first place and Picture of the Month to Sam Weinstein for "Firefighters", second place to Imogene Gregory for "Lake Superior Sunset," and third place to Ben Smithkin for "Let's Dance".

The Camera Club meets every first and third Wednesday at 7:30 PM in the CR. Watch for our program announcements on Channel 12 and join us for an interesting, fun meeting. Visitors are always welcome.

ing up children.

Our Choral Director, Marcene Jardine, produced the entire program and she was presented with a plaque by the Mayor of Camarillo, in appreciation for all her efforts. If she presents this same type of program next year, don't miss it!

On Friday, January 28, at 7:30 p.m. in the AR, the Chorale is presenting some of their very talented singers in concert. Tickets will go on sale in the lobby starting January 3. We urge you to bring your friends with you for a delightful evening of song.

We wish all of our friends and neighbors a "Very happy holiday and a very healthy New Year".

luncheon the first of December as follows: Marion Jayne, pres.; Kay Farnum, V.P.; Elna Street, treas.; Erna Hessen, secy.; Isabel Petrow, membership & telephone; Maxine Fritz, library; Mike Mancusi and Sherri McGuire, social; Mildred Oberg, publicity.

Kay Farnum's paintings will be in the Library in January and February. For more information please phone 484-5112. And best wishes to all for a fine holiday season!



By Don Holmes

In December the Gem and Mineral Club had its Annual Dinner at McCarthy's on December 8, and participated in the Painting Group's Arts and Crafts Show on December 19. There were no regular meetings in November or December. The next meeting will be Wednesday, January 26 in the MPR at 7:30 p.m. We hope your Holiday Season is a happy one.

WRITERS ROUND TABLE

By Cele Porges

The November 9 meeting of the Writers Round Table opened with Irwin Porges discussing various writing groups. Then a published short short story taken from part of an autobiography was "dissected", for it had most of the elements used to make good writing, such as structure, viewpoint, literary jargon, and title selection.

Jim Rogers presented a non-fiction piece on his pet peeve, which had wonderful humor cleverly presented. Sam Saltus read his pet peeve story, as did Sonia Brink who read about telephone calls versus letters. Bernice

Self Awareness

By Maxine Fritz

The Self Awareness Group meets in the Lanai every Monday, from 7:00-9:00 p.m.

Many seniors suffer from high blood pressure and stress can be a significant cause. One way to reduce stress is to become a listener. Scientists have learned that when we listen our blood pressure goes down and when we talk it goes up.

To be a good listener one needs to pay full attention to the speaker. Full attention consists of eye contact with the speaker and an attitude of understanding. This requires that one not interrupt with criticism or question, not give opinions or advice, and not argue or put the speaker down in any way. One should listen intently with respect to what the speaker says.

Not only will you be in better health and live longer you will be more popular and have more friends. Everyone loves a good listener.

Epstein wrote a very beautiful poem dedicated to her husband Victor who recovered from his serious heart surgery. Bernice also read a non-fiction work on self revelation, and Sonia Brink presented a poem on Death.

Plays and local little theater were discussed on the November 23 meeting. John Callas brought a copy of the first and second prize poems awarded by the National Institute of Poetry contest. The members tried to determine what made them prize poems. Mark Doty's poem, which won first prize by the L.A. Times Book Prize for poetry, was read.

Jim Rogers read a non-fiction story on an heroic experience when he was a fireman. Sam Saltus is working on a story using flashback--so flash-



By Cele Porges

It was nice to have President and vice-president Jules and Margarete Nayfack back in charge at the November meeting after their absence due to the death of Margarete's brother. Condolences to them from the membership on their loss.

Musically, we heard from Maxine Hollingsworth, Ruth Acker, Bill Marvel, Mary Dean, Ed Stahlman and Harold Wickham at the organ. The piano was played by Irwin Porges, Hannah Epstein, Kurt Godfrey and Libby Pierce.

Though our membership is rapidly growing, there are always extra chairs available. New villagers and old friends will receive a warm welcome and the Keyboard performers look forward to the pleasure of entertaining you in 1994. You need only to enjoy music to join. Anyone who can play organ, digital piano, please come and play.

The next meeting of the Keyboard Club is January 21.

A very Happy and Healthy New Year to all.

back became a topic. Bernice Epstein and Sonia Brink read their Pet Peeve essays, both very good. Joan Bernard read her non-fiction story on her beginnings as a "closet writer". Ailsa Muldoon amused us with her poem about the antics of her cat Frederika.

The January meetings will be on January 11 and 25. There are many new Village move-ins and we hope they will come, and write with the enthusiastic group at the Writers Round Table.

May 1994 be a very good year for all.

BOWLING



By Jack Whalen

As November drew to a close, two bowling teams seemed to dominate. Team #10 of Lori Springborn, Art Gregerson, Anna DeFusco and Don Dance, were slightly ahead of Team #14 comprised of Howard Cohenour, Rosemary Cobb, Marty Gregory and Lew Gardner.

Joe Kremer, with that amazing 265 scratch, headed all male bowlers while Al Sparkman's high series scratch 609 clearly showed the way.

Marty Gregory with a mighty 192 high scratch games headed all the lady bowlers, while Esther Knoff's 520 showed the way in high series scratch.



THE CERAMIC PLUS CLUB

By Don Holmes

The Ceramics Plus Club participated in the Arts and Crafts Show, which was sponsored by the Painting Group, on Sunday December 19.

The Travel Committee's trip to the Los Angeles County Art Museum on January 20 for the Adrien Saxe Ceramic Exhibit is on sale at the Travel Window for \$16, lunch on your own. Also be sure to sign up in the Ceramics Shop for the Club Party to be on January 27. The sign-up sheet also lists what you will bring to the party. See you then, and we hope your Holiday Season is a happy one.



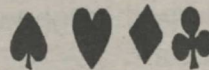
SOLO CLUB

By Jeannette Tait

The Solo Club is going out to lunch at the Peking Inn on January 27 at 1:00 p.m. The cost is \$7.00 and the cut-off date is January 24. Jeanne Raner is taking reservations at 987-7193.

Come to our brown bag lunch and business meeting in the GR on January 21. Many stay to play cards after the meeting. Hope you will join us.

DUPLICATE BRIDGE



By Lou Dektor

The L.V. 18th Annual Duplicate Bridge Tournament played in November was won by Blanche Burns and Lucille White.

The intermediate winners were Charlotte and David Westal and Staley Carpenter playing with Herman Reischel. There were 24 tables in play in the A.R.

The current year's leaders in the senior duplicate group with the best percentage are: partnerships, Phil Duff and Sam Wiegert, Individual, Eleanor Girard.

New to senior duplicate play are Miriam Kouffman, Henny Sills, and Ann and Lew Wurtzel. The Wurtzels have already had a victorious duplicate game.

Play duplicate; it's a thinking persons game. Mondays at 1:00 p.m. and 7:00 p.m., Thursdays at 1:00 p.m. and Fridays at 7:00 p.m.

A new beginners class with Pat and Jim Rybin is scheduled to begin in January. Watch CH. 12 for time and date.

MEET YOUR NEIGHBOR

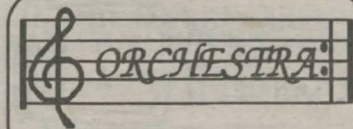
By Carol Heyerick

Meet Your Neighbor met December 17, in the GR. Hildi Lustig, Chairman, said a few words about Village clubs and events of general interest.

Newcomers were introduced and asked to tell about former occupations and also how they happened to come to the Village.

Guest speaker was Jack Myers, co-chairman of the Emergency Service Organization. He gave a little background about the founder and the origin of ESO. He also told about the emergency measures to be taken should a disaster strike the Village.

Meet Your Neighbor will be back on schedule come January, the last Friday of the month. So mark down January 28 on your calendar. We wish all of you a healthy and happy 1994.



By Don Holmes

The Leisure Village Orchestra had a short rehearsal on December 2, followed by the Annual Social Gathering (that is short for coffee, cookies, cake and gossip), all furnished by the members. Besides the regulars, several came who had not played with us for some time, for various reasons, but who will be coming back.

We also had as guests two Villagers, Marian and Frank Van Der Maten. They both play violin, and Frank builds them. Because of hospitalizations of various players, and the holidays, this was the last rehearsal of this year. The next rehearsal will be on Thursday, January 6 at 7:00 in the MPR. Hope your holidays are happy ones.



INDOOR OUTDOOR GARDEN CLUB

By Emma Norvig

On December 9 the Garden Club held its annual holiday luncheon at Spanish Hills Country Club. The occasion marked the completion of a very successful year during which time a healthy growth in membership was made and interest increased in topics concerning gardening and gardens. During the meal, delightful background music was provided by Debra Lock, harpist extraordinaire. Thanks go to Eleanor Nichols, who made arrangements for the festive event.

After lunch the following officers were installed: Pres. Pat Sime; co-first VPs Georgia Schneider, Millie Worth and Claire Sortomme; co-2nd VPs Marion Sanders, Rea Wil-

liams and Mita Parentice; tres. Hazel Sheridan; sec. Edith Vanicek.

Alice Hinig and Doris Achterkirchen, outgoing co-presidents, were warmly thanked for their accomplishments for the past year.

At the next meeting on January 13 at 9:30 a.m. in the MPR Kris Mashburn will discuss an unusual topic, "Pollinators of the Night." This relates to bats and their value in ecology and environment and their aid in propagating plants.

Ms. Mashburn will illustrate her talk with slides and plans to bring two tiny bats with her. She assures us there is no danger of their flying around the room.

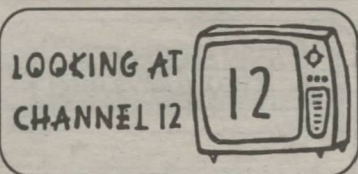
Yearly dues of \$6.00 per person or \$9.00 per couple are now payable. Also, entry fees for the marathon bridge contests will be collected at the next meeting.

Best wishes for a happy and successful New Year.



Duplicate Bridge Winners Lucille White and Blanche Burns.

Photo by Novick



By Janet Hof

Happy New Year from Channel 12. After a two week hiatus, Channel 12 will begin 1994 with a full schedule of programs. January 3 Channel 12 will telecast the Board of Directors meeting and at 5 and 7:00 p.m. there will be a showing of the Channel 12 production of "Leisure Village Activities," a fast paced video by Bob Vanderhaven, our noted documentary film maker of nature films.

On Wednesdays at 10:00 a.m. the following villagers will be giving the "Voice of the Village": January 5, Helen Alfred; January 12, Elaine Vanderhaven; January 19, Lee Edwards; and January 26, Irv Leeds.

Wednesday, January 5 at 10:15 we will feature the L V Chorale. A repeat of the January Board Meeting will be aired January 8 at 10:00 a.m. Monday January 10 Lee Edwards will return at 5:00 p.m. with her entertaining movie reviews and on the 11th at 7:00 p.m. we will repeat the very helpful November show on water regulators.

On his show Wednesday January 12 at 10:15 a.m. Larry Sawyer will interview Joan Johnson, director, of those great musicals'. L.V. Women's Golf Club Putting Tourney of November will be shown on the 15th. Monday January 17 at 5:00 p.m. we will have an opportunity to see Dan and Joan Bernard's motor home.

"Leisure Village Activities" will be repeated on Tuesday January 18 at 7 p.m. Set your VCR's to tape this great show. It will be something to show your friends back East.

There will be a repeat of

the December YNCG lecture on Wednesday the 19th at 10:00 and on & Saturday the 22nd the LV Women's Club entertainment of December will be shown at 10:00 a.m. Lee Edwards will return with her ever popular show on Monday the 24th at 5:00 p.m.

Bernard Burton, a former newspaperman and at present a columnist for the Camarillo Daily News, will be the guest on Larry Sawyer's show January 26. This should be an interesting interview. Tune in at 10:15 a.m. The December Meet Your Neighbor program will be shown January 29 at 10:00 a.m.

The last day of January an 18 minute video on "Loving Care of the Golf Course" by golf club members will be shown. All you golfers can start out the New Year with a review of the rules. May you all make more holes in one!

Holiday Brunch For Channel 12 Crew

For the sixth year in a row, Luella Kelwin's "Portuguese Eggs Holiday Breakfast Party" was a rousing success with more than 50 Channel 12 members, spouses and guests attending.

This annual event, held the third Thursday of December, features food made entirely by Luella, including her special eggs, coffee cakes, rolls, sausages and other tempting items. Helpers included Louise Herbert, Mary Whalen and Georgia Griswold.

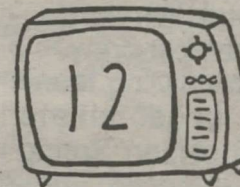
Funds for this super breakfast are obtained by recycling cans, bottles and other disposables obtained from friends who contribute throughout the year. Lest we forget, husband Paul plays a major role in this holiday treat.

Special guests included

See BRUNCH.....PG. 18

SPECIAL SHOWCASE

WATCH CHANNEL 12



CH.12 PRESENTS THE PRODUCTION

LEISURE VILLAGE "LIFE STYLES"

TUES JAN 18TH 7PM

PUT IT ON YOUR CALENDAR

A nice smile begins with a dentist you can trust, one who understands.

You see, we believe that a healthy smile is one of the most important social assets you have. And if a problem starts, we want to attend to it quickly & gently.

We have devoted a major portion of our practice to understanding & treating the special problems of senior patients. Our goal is to deliver high quality, gentle dental care at a reasonable fee.

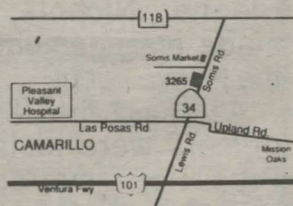
DENTAL EXAM & CLEANING \$25.00 (Reg. \$80)

Includes:

- A Complete Oral Exam, And Oral Cancer Screening
- Individualized Diagnosis
- Thorough (45 Min) Teeth Cleaning
- Any and all Necessary X-rays



"Gentle Quality Dentistry"



- Open Saturdays
- Senior Citizen Discounts on All Dental Treatment
- Complete Family Dentistry (Bonding & Veneers)
- Implant Dentistry

3265 Somis Rd., (Lewis Rd.) 386-3199

DR. ROGER K. LEIR

Podiatrist-Foot Specialist

"Announces the opening" of his new offices in Camarillo

"Come and get acquainted"

5800 Santa Rosa Road
Santa Rosa Plaza, Suite 110
Camarillo, (805) 383-6560

Also two convenient locations:

3180 Willow Lane
Westlake, CA 91361
(805) 495-2613

2045 Royal Ave. Suite 121
Simi Valley, CA 93065
(805) 582-0588

*Our patients are welcome to use,
Private insurance, Medicare
and PPO coverage*

"We also have affordable payment plans"



SATURDAY NIGHT BALLROOM DANCE

By Anne Janoff

With the help of Santa and his work crew the Saturday Night Ballroom Dance committee's preparations for their annual Gala Christmas Dance came early this year. The dance was held on December 11 and proved to be a very festive evening. The seasonal decor, special refreshments, and dancers in their party attire were an enjoyable forecast of the approaching holiday spirit.

The next dance will be

on January 8 hosted by Bob and Edith Banicek. We invite you all to attend this first dance of our 1994 schedule for an evening of dancing fun. You can count on a variety of popular tunes recorded on tape by top bands to dance your way into the new year.

Admission is only fifty cents per person, 8-11 p.m. in the AR. Coffee, tea, punch and ice available, BYOB.

We wish all a very Happy New Year and look forward to seeing our dancing enthusiasts at our Saturday Night Ballroom Dances throughout the coming year.



INTERNATIONAL FOLK DANCE CLUB

By Florence Friedman

General meeting of the International Folk Dance Club was December 6 in the AR. Meetings are held every other month.

Dance times are Monday 1 - 1:30 p.m. for beginners; 1:30-3 p.m. for regular class teaching; Wednesday 9-10:30 a.m. review and new dances;

Friday 9-10:30 a.m. continuous dancing.

If you enjoy dancing and would like to learn, join us on Mondays from 1-3 p.m. in the AR. Beginners are welcome.

The 12th anniversary of the club and installation of new officers for 1994 will be celebrated in January in the AR. Officers are Irene Newman, pres.; Bella Levy, VP; Evelyn Lerner, treas.; Trudy Orsan, secy. Friends and spouses are invited for an afternoon of dancing and hospitality.



LV ROUND DANCE

By Bob Vanicek

Popular, Round Dance instructor and cuer, Carol Archer, will now relocate her teaching expertise to Oklahoma.

Struggling two years ago in the MPR with only a handful of hopeful dancers, she has "mothered" the club from the cradle of easy-to-learn basics into today's more mature and challenging Intermediate phase-4 and 5-level dances. We are all, indeed, in debt to her.

Carol's husband, Warren, will trade his computer manufacturing background for the wide open ranges and fertile farm lands of Oklahoma. Carol's refreshing personality and unique teaching talents are our loss but Oklahoma's gain. We sincerely wish them both much happiness and the very best of good luck!

Advance dancers Al Siegel and his wife, Ruth, have agreed to teach the Sunday Round Dance class and will concentrate their instruction on no higher levels than phase 2 and Intermediate phase 3 dances.



HAPPY HOOFERS

By Shirley Law

The Happy Hoofers are closing out the year 1993 with a feeling of accomplishment and satisfaction, including a successful show, completing many outside LV commitments, and taking part in many Players Guild and LV club productions.

The year 1994 is starting out with a bang. The Happy Hoofers will dance two fancy-footed and intricate dance specialties for the January 20 Players Guild upcoming show.

The members and auxiliary members had a potluck on December 8 that proved that everyone there can cook as well as dance. Everything was delicious.

One sad note was the passing of Irwin Steinhart, an auxiliary member and friend to us. We shall all

miss him and feel the loss of his friendship.

As the year comes to an end, we wish everyone a healthy, happy New Year.



By Cy Maller

The Wednesday evening Bingo Games will be closing out the 1993 season with a special THANK YOU to all the villagers who supported our weekly games and made this a banner year. Marion Tavano and her staff endeavored to make the games enjoyable and interesting. The weekly attendance shows that villagers supported our presentation of the games. Thank you one and all for your support and the entire Bingo Staff wishes all a happy healthy and profitable year.

SWING DANCE GROUP

By

Marguerite Abdelnour
Tuesday in January at 9:30 a.m. at the home of Dorothy Santrizos, 44017 V. 44.

All Village women are welcome.

For further information Call Vi Shirk, 484-2389



VILLAGE SWINGERS SQUARE DANCE CLUB

By Anne Wolfson

The Village Swingers had a busy month, starting off the general meeting by celebrating birthdays and anniversaries with Bill Kramer; regular caller, giving us a lesson in line dancing and Lou Dektor and Cy Boynton, tape experts, doing their thing.

On November 16 we

See Swing Dance.....Pg.21

1993 CLEARANCE SALE

Come in and See the World thru Holiday Ramblers' Eyes.



Holiday World
RV CENTER

Let Us Sell Your RV!
311 Daily Drive
383-6981



By Herb Warneke

The November 17 LVMGA tournament at Los Robles had Charlie Bellante in a familiar spot—low gross among the 60 players with a round of 88. Low net in Flight A went to John Rice with a 68, one stroke better than Alan Bruce. A 71 by Gene Bookwalter was good for third. In Flight B, Bill Hayward's 95 took low gross honors. Walt Whitaker won low net with a 73 followed by Bruce Calkins and Herb Swartz tied at 74. A tie also existed for low gross in Flight C between Fritz Betts and John Lauten each recording 98 gross. Low net to Tony Gregg with a 66. One stroke behind was Charlie Kent. Another stroke back was Floyd Case.

The Mixed Couples tournament on November 8 featured a small group

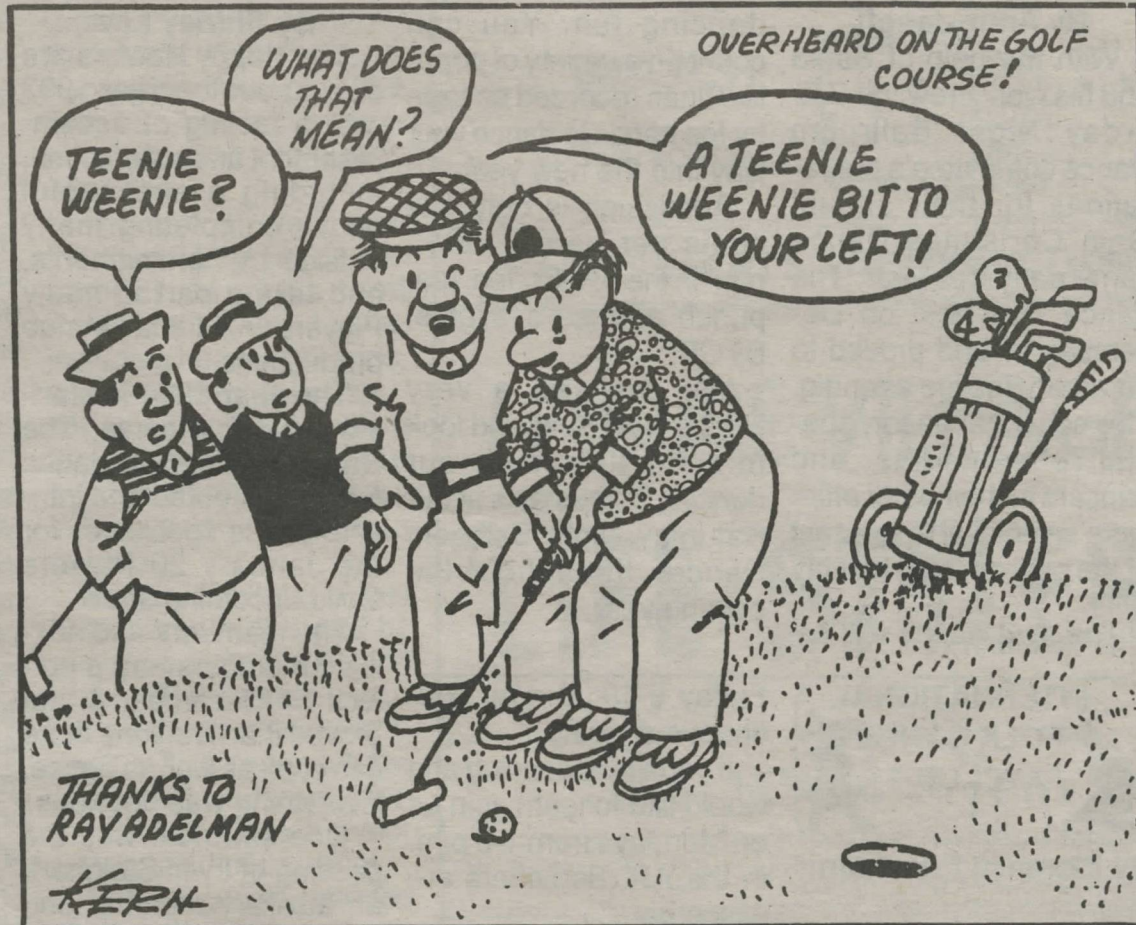
of players with the following results. Charlie Basile and Ned Volan tied for Flight A low gross at 60. Low net went to Gus Honick with a 56 followed by Ross Houser at 58. Flight B low gross winner was Herb Warneke shooting a 61. Bud Kennick captured low net with a 55, one stroke better than John Lacy. In Flight C, it was Charlie Kent for low gross at 66. Tied for low net, 55 each, were George Dennis and Bill Merrill. Next was Sy Blau recording a 56 net.

Because of the early ILV deadline, results of the Regulation Golf tournament of December 8 at Camarillo Springs will be reported in the January issue.

Since you will receive this issue on December 24, it is an appropriate time to wish all of you the happiest of holidays. As 1994 dawns, may your golf game, like life itself, have many birdies and infrequent bogies. Happy New Year.

THE VILLAGERS

BY KERN



YOGA

By Shirley Kordell

None of us in the yoga group is surprised at all the attention yoga has been getting in the media as a means of maintaining health and youthful vigor. Deepak Chopra's latest book Ageless Body. Timeless Mind has been on the bestseller list for 13 weeks. Bill Moyer's special on PBS, "Healing and the Mind" reported on a program in a University-connected hospital where yoga is used as a stress reduction technique.

The philosophy behind the physical practice of Yoga is different from the philosophy behind most other types of exercise. First, it is entirely non-competitive. It doesn't matter what anyone else in the

class is doing, or how well. We learn to focus on our own bodies and we lose any self-consciousness about how we appear. This is very liberating. Everyone proceeds at his or her own pace, aware of individual limitations, knowing that it is not the goal that matters, it is the process that counts. Progress depends on how often you practice. Like any other discipline, a certain amount of effort is required, but your rewards are proportional.

Yoga class is held Wednesdays in the Sun Room, where we practice to an audio tape, and Fridays in the Assembly Room, when we have a teacher. There is a \$3 charge on Friday. Bring a mat and wear loose clothing.



KTE ENTERPRISES

Your Source for the Best Values in Incontinence Products

**NOW, WHEN IT COUNTS MORE THAN EVER,
YOU NEED A SUPPLIER THAT GIVES YOU...**

- ♥ A VARIETY OF PRODUCTS FOR ANY PROBLEM!
- ♥ ALL MAJOR BRANDS!
- ♥ GUARANTEED QUALITY!
- ♥ SUPERIOR SERVICE WITH CARE AND DIGNITY!



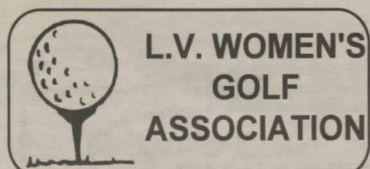
- ATTENDS
- DEPENDS
- PROMISE
- SERENITY
- TRANQUILITY
- AND MORE

COUNT ON KTE FOR A CONVENIENT HOME SHOPPING EXPERIENCE

We strive to meet or beat all your expectations with our unique to the door delivery program. We care about you! Let us help with your problem. For information call or write:



2337 Solano Drive, Camarillo, Ca. 93012
(805) 987-6078



L.V. WOMEN'S GOLF ASSOCIATION

By Mary Giesler

December has been a busy and fun time for L.V.W.G.A. members. The regular monthly meeting was held on December 8, followed by the annual Christmas gift exchange party.

This was followed on December 10 by the annual Christmas dinner dance, with a cocktail hour at 6:00 p.m., dinner at 7:00 and then dancing with music by The Meltones. A great time was had by all at both events.

The end of the month Mixed Couples Tournament resulted in the low gross prize going to Donna Duke, and low net was a tie between Della Gageby and Freddie Mason.

Flight A low gross was won by Shirley Johnston and low net by Barbara Pardue. B Flight low gross belongs to Millie Pedersen, and low net was a tie between Geri Nolte and Mim Hockman.

The yearly Medal Play Tournament was held on October 27 and November 3.

In A Flight, low gross was won by Irene Cunningham and low net by Fran Mead. B. Flight low gross went to Sylvia Tockerman, and low net to Nancy Moyer. C Flight low gross winner was Evelyn Bearman, and net winner was Marjorie Horn.

In the Niners Club, low gross winner was Maria Meyers and low net winner was Katie Anderson. B Flight low gross went to Emma Norvig, low net to Louise Coddington.

The putting tournament playoff of November 22 produced Ginny Mettler as the Grand Winner. 2nd place went to Nettie Baum, 3rd place to Aggie Saltus and 4th to Evelyn Bearman.

Low gross winner for the month of November was Donna Duke in the

Eighteeners, and low gross in the Niners was Maria Meyers

Low net for the Eighteeners was won by Gertie Dorward.

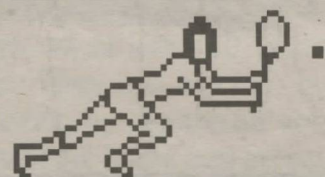
The low net winner for the Niners was Lillian Blecksmith.

The Cam Springs Regulation Golf winners were: A Flight 1st low net, Adeline Littenberg, 2nd low net, Lindsey Merrill.

B Flight. 1st low net, Nancy Moyer, 2nd low net, Freddie Mason.

C Flight. 1st low net Evelyn Lacey, 2nd low net, Shirley Johnston.

A Happy Holiday Season to one and all!



Exercise is good for the-
Body
Mind
Spirit



L.V. RACQUET CLUB

By Mary Giesler

The December meeting was well attended and presided over by President George Nolte. The highlight of the evening was the installation of officers by Bud Samuels, Installation Chairman.

Due to the holidays, the only activity for the month was the paddle tennis tournament, which produced the following winners: Roy Poders, Lou Michelson, Jerry Doctrow, Max Nelson, George Nolte and Bill Kagan.

Individual trophies were presented in the President's Cup Competition for the most matches won in the past year.

In Women's tennis, the winner was Kay Bell, and the men's trophy went to Les Solomon.

The women's paddle tennis winner was Wanda

Sari, with Jerry Doctrow the men's winner.

Their names have all been engraved on the perpetual trophies which are housed in the Rec Center.

The annual wine and cheese party followed the meeting and was enjoyed by all. The refreshment committee chairperson affair was hosted by Ann Wolfson who was assisted by Mary Kovack, Zo Simmons, Lorraine Friedman, Anne Janoff, Kay Bell and George and Geri Nolte.

Congratulations to Phil Mahn, who turned a young 93 on December 14. He is still dancing and playing paddle tennis with the "youngsters". We wish you many more active years, Phil!

The long awaited paddle tennis trip to Las Vegas has been cancelled as their Senior Citizen's gym was not completed in time. Checks have been refunded.

Have a Happy Holiday Season everyone!



By Cy Maller

The L.V. Shuffleboard Club closed out the 1993 season with an elegant holiday dinner catered by Cinnamon West. The dinner was served in the MPR, which was tastefully decorated by President Eleanor Kramer and her hardworking staff.

The club is looking forward to renewed interest in this very skillful sport. Players get together M-T-W at 9:30 a.m. and engage in some keen competition in the Shuffleboard building. There are always qualified instructors present to help new comers.

The entire Shuffleboard group wishes one and all a happy and healthy holiday season.



B&B
HARDWARE

Your Old Fashioned hometown Hardware store wishes you

Happy Holidays

Where others gave you a 10% Discount...

We give you a

20% DISCOUNT

"Where Our Customers Needs Come First"

388-1067
698 Mobil Ave, Camarillo

EARN

\$1,000 OR MORE

PER MONTH!

Retired...but NOT TIRED?

Enjoy Networking and helping others?

AWARDED NO. 1 RATING BY AARP

Sells Itself!

CALL

(818) 998-1366

FOR MORE INFORMATION



LV EXERCISE GROUP

By Lillian Mankoff

December has been a busy and exciting month for the LV Exercise Group. Ten of our members treated the residents of the Camarillo Convalescent Home to a holiday party of gifts, cookies and songs. Hughes Market in Camarillo, in line with their ongoing community relationship, generously contributed eight pounds of sugarless cookies for the patients on sugar-free diets. Other kinds of cookies were baked by our own members for the occasion. Pat Fried contributed a beautiful, hand made afghan. Millie Seidler and Jo Ginsberg made the attractive drawstring gift bags containing assorted

toiletries donated by our members.

Our Western Hoe-Down on December 12 was a rousing success. Ninety three people ate the delicious food and danced the evening away. Cinnamon West catered the dinner and Marguerite Abdelnour led the lively line dancing. The tables were attractively decorated with red and blue bandanas that the guests took home with them. Charlie Lich was honored as the surprise "Cowboy of the Evening".

The Group continues to attract new members who enjoy the good spirits and camaraderie while exercising their muscles, stretching their joints and keeping the blood flowing through their arteries. What a positive way to start the day! Join us poolside 8:30 to 9:00 a.m. Monday through Friday for friendship, fun and fitness.

We wish all villagers the most happy of holidays and a year of good health.



BILLIARD CLUB

By Anita Trindl

The 1993 LV Billiard Club holiday installation dinner was a spirited ending to a busy year. New board members were installed, new chairmen were introduced and past members reviewed former events and announced future plans.

Jim Dobbins requested all members pick up their 1994 membership cards early.

The evening was made more festive by a beautifully decorated room with lovely poinsettia plants at each table, won by several lucky members later in the evening.

The first meeting of 1994 will be held January 25, at 7:30 p.m. in the MPR. Members of the Billiard Club board are: Pres. Irene Cunningham, 1st. V.P. Jim Dobbins, 2nd V.P. Bill Obenchain, Secy Trudy Orsan and Treas Donna Duke. We look forward to seeing you next year.

THE VILLAGERS

BY KERN



Cartoons By Kern

Villagers are invited to submit written ideas for original cartoons. They can be drawn for us by Kern Pedersen, a resident of V.15, a professional cartoonist.

Please put ideas on a full sheet of paper and drop into the ILV mailbox in the east wing of the Recreation Hall, just outside the sewing room.

Nancy L. Swanson ATTORNEY AT LAW



- Senior Discounts • Wills • Probates
- Living Trusts/Living Wills
- Power of Attorney for Health Care
- Power of Attorney for Asset Management
- NO QUESTION TOO TRIVIAL**
- House Calls Available When Needed
- Response Within 24 Hours to All Calls
- Available For Group Meetings

484-7473

1303 Parkhill Court

Camarillo, CA



The care our family can offer yours simply knows no bounds.

In a family's time of greatest need, we will always try to give concern and guidance. For many years, we have helped people cope with their loss.

The sincere commitment to service is shared by every member of our family and staff. Our funeral home provides for every detail...from pre-need funeral planning to care after the service.

We invite you to learn more about us and stop in for a personal tour. What you will find is care and concern that go far beyond the expected...just when you need it the most.

Pierce Brothers Griffin Mortuary

1075 EAST DAILY DRIVE, CAMARILLO, CALIFORNIA 93010
(805) 482-2711

	Yes, please send me the following free brochures:	Name _____
	Preplanning Funeral Arrangements	Address _____
	Funeral Costs	City _____
	Explaining Death to Children	State _____ Zip _____
	Coping with Grief Cremation	Phone _____
		No cost or obligation

Guidelines For Contributors to ILV

Reporters and public-ity people submitting material used in Inside Leisure Village will help the staff (and may enhance the reception of their material) if they will follow basic guidelines. These include:

1. Type all material if at all possible. If handwritten copy is absolutely necessary, submit it early, so that we can get it typed.

2. Use full size 8" x 11" sheets of paper. Odd size sheets can get lost.

3. DO NOT TYPE IN ALL CAPS: stories in all caps must be redone.

4. Put writer's name, address, and phone number in upper left corner.

5. Leave 2" of space at top of page for our notations.

6. Type group's name and writer's byline.

7. Double space between lines and indent each paragraph. (If we sound like English teachers, you're right!)

8. Put the name of your group into the FIRST sentence of your story. This makes it easier to match with the right logo.

9. Be sure your copy can be easily read. Do you need a new typewriter ribbon? Do the keys need cleaning? No red ribbons or Xerox copies, please. Clean copy prevents misunderstandings. We suggest that you keep an accurate copy of your submission.

10. Submit your story on time. Deadline is on Monday at 5:00 p.m., usually the first Monday of the month. Deadlines for the next paper are listed on page 2 of each issue.

Please check the exact date and meet it. All material should be placed in the ILV - mailbox in the east hall of the Rec Center.

11. If your story must be late, call the coordinator to see if a special arrangement can be made. Coordinator has the option to accept or refuse the copy.

12. Call the coordinator to arrange in advance for a photographer to cover your event. Do not call the photographer directly; he works on assignment from the coordinator only. Planning for each issue, including pictures, starts the first week of each month, so if you want pictures, we need notice.

There are about 70 items submitted to ILV for each issue. If writers use these standard rules, the result might be a better paper.

THE VILLAGERS

BY KERN



SUPER VALUE WESTERN TURKEY MAY 6, 1994 \$2,980/person

If you've been there, seen that, done it before, we have really come up with something special for you!

Join our group for a 17 - DAY FULLY ESCORTED, "SUPER VALUE" tour of Western Turkey with Pacha Tours featuring:

- Roundtrip Airfare
- 44 out of 44 Meals
- 3 & 4 Star Hotels thruout
- Comprehensive Tour of the most important sites in Western Turkey



Hittite art treasures in Ankara, eerie Goreme and Ihlara valleys, hot mineral pools of Pamukkale, ancient cities of Aphrodisias, Ephesus, Pergamum and Troy, Istanbul's mosques and bazaars and a Bosphorus Channel cruise.

- Entrance fees, luggage handling, exceptional tour guide, all transfers, Mercedes Buses.
- Extensions Available - Turkish Riviera by yacht or a week in Bodrum - a beautiful Mediterranean seaside resort.

Call the Specialists Now...



pacha tours
the turkey specialist

CAMARILLO TRAVEL/
CARLSON TRAVEL NETWORK
2310 Ponderosa Dr. #6
Camarillo
(805) 484-2863

INVEST IN CALIFORNIA

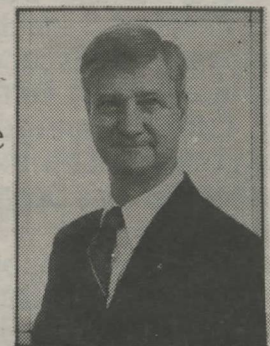
Californians should be investing in themselves. That's why Edward D. Jones & Co. has identified several attractive common stock investments right here in the "Golden State."

I would like to give you a copy of our special research report titled "Invest in California."

This is a research report that every Californian should see.

Dick Wagner

484 Mobil Avenue
Camarillo
484-9330



Call or drop in today.

Edward D. Jones & Co.
Member New York Stock Exchange, Inc. and Securities Investor Protection Corporation

Save Von's Tapes

Cash register tapes from Von's markets are sought by the LV Women's Club. They are collected on Tuesdays at the Workshop session in the MPR between 9:30-11:30 p.m. This is part of the computers for students program of Apple Computer.

The women also collect Campbell's soup labels for school equipment. All this activity is in addition to the usual handicrafts which go on all year long in the Women's Club workshops each Tuesday. Busy group!

Help them along by turning in your Von's receipts and soup labels.

Counseling For Seniors

This is a program which offers confidential, individual counseling to adults 55 years of age and older by appointment only.

The program is designed to assist people having difficulties such as illness, increasing physical impairment, loneliness, divorce, estrangement from children, disability, fears of death and incapacity.

Counseling 4 Seniors is co-sponsored by Ventura County Jewish Family services and Camarillo Health Care District. For more information, call 388-1952.

BRUNCH.....From Pg12

Dick Griswold, a member of the Board of Directors, and Liaison for Channel 12; General Manager Bob Cullati; Chief of Security Max Moses; Landscape Maintenance Chief Terry Craig; Office Manager Margaret Jones and the Recreation Center's Debra McAdams.

The breakfast closed with a sparkling "Highlights of '93" tape produced by George Huddleston. Alas, George could not make the party because wife Gladys broke her hip on Thanksgiving Day and is recovering at St. John's Pleasant Valley Hospital.

SAFETY TIPS FROM SECURITY DECEMBER 1993

Holiday fires:

1. During the holiday season, many people make the mistake of over loading wall electric outlets. Caution is advised.

2. Before plugging in your holiday lights, Christmas tree, etc., check all cords for any breaks. Never try to repair a cord by taping it. Throw it away and buy a new one.

3. If you put up a live Christmas tree, be sure and check the needles for dryness. Use water at the trunk base to keep the tree as fresh as possible.

4. Quickly and properly dispose of your tree at the first signs of dryness. Make sure your smoke alarm is working properly. The batteries should be checked regularly. A good alarm will beep when the batteries are running low.

Have a safe holiday season.

CRIME PREVENTION TIPS/FROM SECURITY

Holiday Travel Tips:

1. When riding the bus, keep your handbags and packages on your lap instead of the floor or the seat next to you. The same applies when sitting on a bus bench, mall bench, etc.

2. Consider using travelers checks instead of carrying cash.

3. Be aware of those around you, particularly when exiting a bus, train, or airports.

4. When waiting for your transportation, wait in a centralized location near other passengers.

Have a safe crime free holiday season.

Rain

By Lillian Wallace

It quenched the thirst of feathered friends,
All creatures on the ground -
Sprinkled glistening baubles
Like, rainbows, all around.

Wove a moving curtain
Of crystals, on the air -
Sent a clap of thunder
Echoing everywhere.

Dropped nectar on the fields below,
On vine and bush, to give,
All growing things the essence
Of life, to help them live.

Sent her dancing prisms
To perform a pirouette -
Moving on the air, each one
A glowing silhouette.

California Dental Studio

Problems with your *dentures or partials*?
We'll make you want to SMILE again!

California Dental Studio is a full-service dental laboratory with a qualified and friendly staff who are trained in realignment and repair of dentures and partials.

And best of all ... we can come to you!

WE OFFER:

- Same-day service
- Pick up and delivery at no extra charge
- **HOUSECALLS** to diagnose your denture problem!



SIMPLE REPAIR \$30.00

PLUS an additional 20% discount with this ad!

Call (805) 987-0632 for an appointment today!

Introducing: TELETAX

An innovative new way to conveniently prepare your taxes!!!

How does it work?

You simply call to request an organizer packet and telephone appointment time. When you are ready you call and give the information to an interviewer. Your returns are then prepared and mailed C.O.D. (personal delivery available at a slightly higher fee)

Which type of returns qualify?

1040, 1040A or 1040EZ including schedules A&B.

HOW MUCH DOES IT COST?

In most cases your returns will cost you less than \$100.00 . (with your senior discount)

What if my returns are more complex? Can I still get my returns prepared at a *reasonable rate*?

Yes!! With your senior discount, your returns can still be prepared at reasonable rates. In these cases an interview will be required at my office or in your home. That's right. I WILL COME TO YOU!!

HOW COULD IT GET ANY EASIER?

Three easy ways to prepare your income tax returns:

- Teletax
- Office Interview
- Interview in your home

ALWAYS, ALWAYS A SENIOR DISCOUNT!!!

Robert A DeLellis, Tax Consultant

Call today 800-664-4TAX or 805-388-2721

An Easy, Easy Holiday Feast For Two

By Frances Gold

This time of year there are many suggestions, recipes and menus for holiday feasts for large families who need a twenty-five pound turkey. There is almost nothing to inspire a cook who needs to prepare a festive dinner for only two on a special day.

Holidays can be depressing for those who, for one reason or another cannot participate in a large celebration. Just psyching the cook up to the point of "going to the trouble" for only two can be a problem therefore, it is essential to think small. That means there must be a minimum of preparation time and labor involved with few or no leftovers with which to contend. An oven meal which needs hardly any watching is ideal. A basic menu that fulfills these requirements can easily be varied to include some of the special touches which mean so much to every family. This one requires about one and a half hours from entering the kitchen to placing the dinner on the table.

The exception to this time schedule is the gelatin salad, which is made a day ahead.



1½ hrs. ahead prepare Cornish Hen -Melt 1 tb. margarine and add herbs, perhaps thyme, rosemary and marjoram. Rub Cornish hen inside and out with this seasoning. Lay inside two 2" pieces of celery, place on rack in a shallow pan in 350° pre-

BASIC MINI-FEAST FOR TWO

Roast Cornish hen, garnished with greens and spice crab apples (purchased) or perhaps peeled and quartered apples simmered in a sugar syrup flavored with the cinnamon drops (red hots) as our mothers used to make.

Casserole of brown and wild rice
Casserole of peas and mushrooms
Baked sweet potato slices
Christmas Wreath Salad, centered with cranberry relish (purchased)
Plum Pudding, with favorite sauce

heated oven.

Prepare Rice - In casserole measure 1/3 cup each of wild rice and brown rice. Add a 14½ oz. can of chicken broth, heated to a full boil. Cover and transfer to oven. In a small pan melt 1 tsp. margarine. Add 2 tbs. pinon nuts (or pecans) and stirring constantly, brown lightly. Set aside. Set table - you'll need trivets for casseroles.



45 min. ahead -

1. Peel a yam and slice 3/4" thick. Brush lightly both sides with melted margarine and place in single layer in shallow pan. Place in oven.
2. Check rice -- add water or broth if necessary. With fork stir in 3 tbs. raisins or currants, and optional ¼ tsp. curry powder.
3. Baste hen with rest of herbed margarine. If part of it is browning too fast, cover that part loosely with foil.

35 min. ahead -- Place mushrooms, about 1 cup frozen peas, and 1 tsp. butter in small casserole- place in oven.

5 min. ahead -- stir reserved nuts into rice.

Place hen on warm platter; garnish with parsley and crab apples. Dinner is ready to serve.

About dessert

A plum pudding for two people? Of course not a real one but read on! Even Charles Dickens probably would not complain although rumor has it that he was a chronic grouser. That gift fruit cake will do nicely. Cut about a four inch chunk off one end of it. Wrap it tightly in foil and place it in the oven just as you serve the rest of the meal -- leave oven at 250°.

To serve it, place on a warm plate and carry it to the table. Light about two tbs. of previously warmed brandy and holding it close to the "pudding" pour the flame onto it. (If you have not done this before, be extra careful, it can be dangerous). When the flame has died out, cut into pieces and serve with your favorite sauce (lemon is good) or a cream whip or frozen yogurt. Bon Appetit!

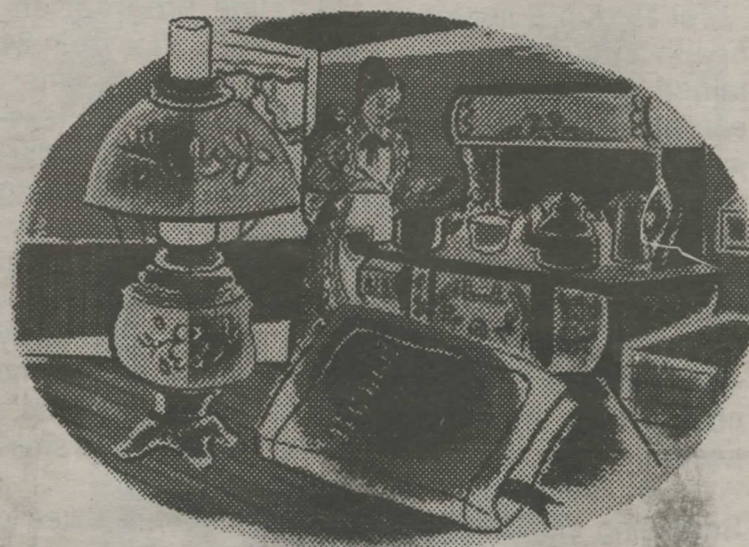
CHRISTMAS WREATH SALAD FOR TWO

1/2 small pkg. lime gelatine
7/8 cup boiling water
1/3 small flat can crushed pineapple (well drained)
2 tbs. sweet pickle relish, drained
1/3 cup finely chopped celery
8 -- 10 stuffed olives --

sliced crosswise

Dissolve gelatine and cool until it begins to set. Oil a 2 cup mold well. Individual ring molds are a plus here. Put small amount in the mold and arrange the best slices of olive attractively. Place in the refrigerator for a few

minutes. Add the rest of the olives and remaining ingredients to the gelatine. Taste and if needed add 1 tsp. cider vinegar. Fill mold and allow to set. To unmold, slide a thin knife around the edges. Tip mold to allow air in one side. Turn onto plate and garnish.



Carmen Read
484-2752

- Past President L.V. Association, Inc.
- 12 year L.V. homeowner
- GRI designation
- Member National Exchangers
- Member Multiple Listings Camarillo - Conejo Valley



LEISURE VILLAGE

THE REAL ESTATE MARKET IS ACTIVE

MONTEREY	2+2 Golf Course View.....	\$128,000
DELMAR	2+2 Near Recreation, Hobby Rm addition	\$139,000
DELMAR	2+2 Fresh paint, bright cheerful kitchen	\$124,900
DELMAR	2+2 Conveniently located to rec. ctr. & shopping	\$120,000
CAPRI	2+2 Newest section, delightful.....	\$154,000
CAPRI	2+2 Vacant, ready to move in	\$154,000
CAPRI	2+2 Bright & light SOLD Dew. Reduced.....	\$146,000
HOLMBY	2+2 Decor top of the line. Hobby & laundry rm.....	\$177,000
EL DORADO	2+2 Short walk SOLD Den or shopping.....	\$189,000
VALENCIA	2+2 Fireplace, double garage, reduced to sell	\$258,000
BALBOA	2+2 Highly upgraded, back up offers OK	\$112,000
NEWPORT	2+2 Quiet Location	\$135,000
LA JOLLA	2+2 + Den.....	\$279,000

RESORT-STYLE LIVING



TOWN & COUNTRY
484-1061

Camarillo Health Care District Programs

The Camarillo Health Care District has developed a number of programs which are of specific value to Seniors. To receive more information about any of the services, call the Camarillo Health Care District, 3639 East Las Posas Road, #123, Camarillo, at 388-1952, Monday through Friday, 8:00 a.m. to 4:00 p.m.

Tel Med is a library of health information contained on messages to educate and assist in recognizing early signs of illness and helping one stay healthy.

Nutrition Plus offers individual counseling by a registered dietitian to provide guidance in meeting changing nutritional needs.

Free Skin, Cancer Screening clinics are offered four times a year by appointment only in cooperation with the American Cancer Society.

Foot Care Clinics are offered on a regular basis to individuals with a physical inability to cut their own toenails.

Counseling 4 Seniors offers confidential, individual counseling by appointment only. Designed to help people having difficulties such as illness, increasing physical impairment, loneliness, divorce, fears of death, etc. Co-sponsored by Ventura County Jewish Family Services.

Adult Day Care Center, Club Camarillo, provides complete supervision for functionally impaired adults. Club members are given the opportunity for social contact and intellectual stimulation in activities designed for their special needs, limitations and interests.

Companions-R-Us provides affordable personal home care services for families caring for function-

ally impaired adults, as well as for adults living alone.

Care-A-Van transportation service for non-emergency medical appointments, provides door-to-door medical transport. Fees vary according to destination. Appointments may be scheduled two weeks in advance.

Lifeline program enables a person to be in 24 hour contact with emergency assistance (Pleasant Valley Hospital Emergency Room) by pressing a button. The Lifeline personal help button is worn as a pendant or a bracelet. Installation is done by volunteers so there is no fee to install it in one's home, but there is a small monthly fee.

Volunteers are asked to share their talents in such areas as crafts, conversation, games, answering phones, filing or typing.

The number to call for more information about any of these services is 388--1952, Monday through Friday.

English Not Spoken ---Just Broken Here

By Jack Whalen

You may recall an earlier ILV issue that had foreign hotel, restaurant and shop signs that said one thing but may well have given a different impression.

One might say it's enough to make a grammarian groan --and as Britain's Prince Charles said in a recent speech, "To be honest, I don't understand the jargon." Thus, for better or worse, here may be some of the worst abuses of the Queen's English from around the world.

A Bangkok dry cleaner's boast: "Drop your trousers here for best results."

A Tokyo hotel advised guests it "is forbidden to steal hotel towels please," but politely added, "if you are not a person to do such a thing, please do not read notice."

A sign at a German campsite warned: "It is strictly forbidden on our campsite that people of different sex, for instance men and women, live together in one tent, unless they are married with each other for that purpose."

In Paris a boutique advertised "dresses for street walking."

An Acapulco hotel reassured guests about the drinking water "The manager has personally passed all the water served here."

For people suffering a toothache in Hong Kong, a dentist advertised tooth extraction's using "the latest Methodists."

A temple in Bangkok warned visiting tourists "It is forbidden to enter a woman, even a foreigner, if dressed as a man."

A sign in a Zoo in Budapest showed times are tough in Eastern Europe "Please do not feed the animals. If you have any suitable food, give it to the guard on duty."

A tailor on the Greek island of Rhodes couldn't guarantee he could finish summer suits ordered by tourists. Why? "Because in big rush we will execute customers in strict rotation."

RECYCLING.....from page 10 Remove and discard lids, but labels can be left on. Empty and rinse all containers.

Plastic items: Both California redemption and non-redemption items such as milk and water jugs, plastic bags and dry cleaning film are accepted. Remove lids but leave labels.

Newspapers: Anything included with the newspapers is recyclable. Place newspapers in a paper bag and place on top of other recyclables.

Corrugated cardboard: Only cardboard with a wavy inner layer sandwiched between two other layers is accepted. Flatten boxes and remove all inserts and tape. Place along side other recyclables.

REMINDER!

Recyclables need to be out at curb prior to 7:00 a.m. on your scheduled Friday, but no earlier than 4:00 p.m. on Thursdays.

Li'l Bit O' Country

Breakfast • Lunch • Dinner

FOR SENIORS ONLY

DESSERT OF THE DAY & COFFEE
Included with all Country Dinners

or

10% Off Breakfast, Lunch or Dinner

(Not good with any other discount or special.
Not good Sunday before 2 pm)



Li'l Bit O' Country is listed in
the "Dining Out In Ventura County" Guide
from The American Heart Association

**We Have
Keno**



— COCKTAILS —

Food To Go - Lotto

370 N. LANTANA • PASEO CAMARILLO PLAZA • 484-5473

SUITE DREAMS



AT HERITAGE HOUSE

A Wilshire Foundation Retirement Center

At HERITAGE HOUSE you will find the comforts of home without the worries of home ownership.

Our one-bedroom suites are spacious and light... perfect for your favorite antique writing desk or your heirloom china cabinet. With a full wall of mirrored closets, garden views and a safety conscious bathroom our newly remodeled accommodations are just right for those who expect the very best in retirement living!

A move to HERITAGE HOUSE will make your "suite dreams" come true.

HERITAGE HOUSE

903 Carmen Drive, Camarillo

484-2777

Lic. 561703833

ILV Services 'n Stuff

ILV will accept ads from L.V. residents for properties which they own personally, or ads of a non commercial nature which offer jobs or services to villagers exclusively. Limit ad to 30 words, use a full sized sheet of paper and place in the ILV box which is next to the Sewing Room door. Residents include one dollar, non-residents pay two dollars. No checks, please. Full name and a valid current address and telephone number of the advertiser (not just a sponsor) must be included with each ad, but will not appear in the ad. Repeat ads must be resubmitted each month. Please note deadline which is printed on page 2, "About Next Month."

FOR LEASE Coronado II 2 + 2 patio room. All appliances, cul-de-sac. Newly painted. No pets. \$1000. month. 484-4760.

AMALFI \$1195 monthly rent, 1 yr lease (must be qualified). 2 + den, W/D, quiet location, exe. lux. condition w mt. view. Appoint only. P.O. Box 241555, LA 90024.

FOR RENT Monterey in cul-de-sac, 3 bl. from Rec Center. Near shopping. Newly painted, neutral tones, new window coverings, Heat pump. 389-1620 or 388-1607.

FOR RENT CAPRI, great corner loc, near clubhouse. Will paint, all appliances included, \$900. month. Call (310) 472 2700 or (805) 484-8672.

PATIO COVER cleaning & painting. Exp & ref. Call Robert Parker, 658-0784.

MASSEUSE, LV refs. You deserve a wonderful massage in the privacy of your own home. Gift certs Avail. Intro massage only \$25. Call Ms. Rose, 647-2443.

WINDOW WASHING by Pat Grier, serving LV since 1981. Ask your neighbor. Pat 482-4944.

VCR REPAIR \$28-68 parts & labor, incl. cleaning & replacing belts, head, chips, etc. (except parts over \$50). 30-day guarantee. 484-5995.

WINDOW WASHING & screen repair. Serving LV for 13 yrs. Free est, reasonable rates. Call Jack 482-0978.

BEAUTY CARE, lic. cosmetologist in home by appt only. M/G haircuts & styling, shampoo/sets, blow dry, manicure, pedicure, perms, hair coloring. ref. Spec. LV rates. Norma 386-4760.

TRANSPORTATION - serving LV needs to Oxnard airport, major bus, Amtrack, shopping and more. Isr. citizen disc. Personal service. Call Nancy, 389-9559. Insured.

DRIVER AVAIL. Former LV resident would drive persons to shopping, Dr. in area. Will use my car. Mildred 484-3730.

LONG TIME LV resident will buy your U.S. coins for cash, any amount. 987-1046.

HANDYMAN: faucet drip, elect repair, need closet space? Will build garage shelves, cupboards, make furniture earthquake ready. Lou 484-3511.

MASSEUSE: Cert. massage therapist, exercise specialist. Hours by appointment. Exe. refs. Call Mary 987-3846.

LADIES RING for sale, gold, emerald center surrounded with diamonds. Sacrifice \$325. Call 484-3730.

ALTERATIONS: exe. personalized workmanship for discriminating individual by Helena, 484-1190

ERRANDS, HOLIDAY SHOPPING, LUNCH. College graduate, friendly, reliable, available now to assist you. exe. refs. in LV. Don't pay agency, call me first. \$12 hr. Kathleen, 492-3664.

CARING COMPANION: very concerned for your needs. Assist with shopping, errands, drs. apptmts, companionship. Have ref & exp. Call Peggy 484-5495.

PATIENT CARE - companion: Happy to take care of your loved ones. Very caring. All patient needs, cooking, housekeeping, live in/out. Exe LV ref. Call Rita 985-4793.

HOUSECLEANING: exe worker, reasonable rates. Exper, LV refs. Call Maria 988-4629.

PERSONAL SERVICES: In-home care aid. Help with personal needs plus lt. housekeeping, cook, shop, drs. apptmts. Exe refs 14 yrs. Call Judy 987-2872.

IN-HOME AIDE: home cooked meals, drive to dr appts, laundry, lt. housekeeping, exercise therapy, bath, shampoo, set, pet/plant care. 15 yrs LV. Exe Refs. Call Lynn 984-4966.

LIVE-IN companion: dependable housekeeper, cook, good moral

character. Salary negotiable. Call Juanita 485-1409.

WANTED, OLD fishing tackle, lures, reels, rods, creels, licenses, flies, tackle boxes, etc. Private collector will pay cash. John, 642-3664

CAREGIVER/ companion aide medical assistant. Experience, caring, do everything for your comfort. Exe refs in LV. Reasonable. Call Joy 388-3442.

HOMECARE AIDE/companion: personal care, drive, shop, cook, lt. housekeeping, run errands, drs apptmts, laundry. Very dependable, caring. LV refs. English speaking. Call Carolyn, 987-5171.

PET CARE, personal services; 10 yrs exp with most pets; water plants, bring in mail, people sit, grocery shop, houseclean & drive. Call Pat, 388-7228,

SUMMER RENTAL: Lovely furnished Amalfi with lg sunroom addition. Available April thru Sept. \$1300 per month plus utilities & \$1500 deposit. 482-9820,

SENIOR HOME CARE: More than 10 yrs of hospital, nursing home, & home care. LV experience, refs, reasonable. Call Ophie 484-7471,

HOMECARE AIDE: Companion, drive to appts, shop, cook, house-keep, therapy, laundry, bookkeep, type, etc. Exp, refs. Call Jan 388-8646,

EL DORADO FOR SALE: Located in beaut. green belt. 28' covered carpeted patio. Quality throughout. Available & immaculate. Appliances included. 482-9897,

MATURE MALE ATTENDANT: CNA, HHA, 7 yrs. exper, refs.

Available for live-in or out. Gary 564-9698.

LIVE-IN COMPANION: Nurse, cook, clean, drive, personal care. LV refs. Mature, educated. Call Vi 484-3367 or (818) 992-1202.

SWING DANCE.....From Pg.13 had a white elephant exchange. Each person who brought in a wrapped gift, swapped it for someone else's prized possession! On November 23, Round Dance Cues, Bill Burrier and his wife, Edna May, demonstrated and taught the new intermediate round of the month. Bill Kramer called for the Swingers and guests. It was a fun evening!

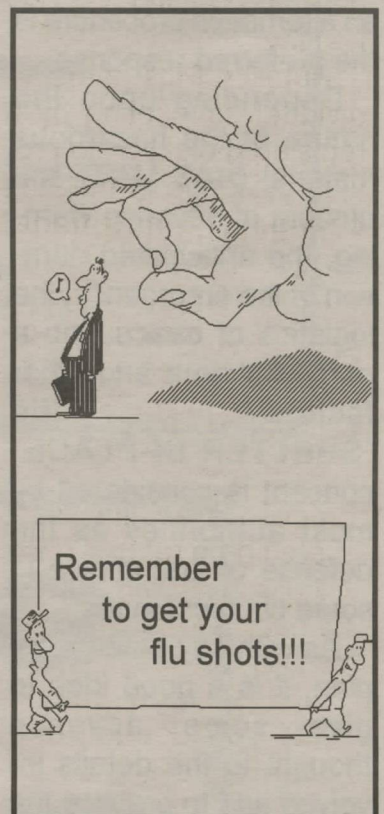
On November 30 there was an excellent guest caller, Ron Hunter, but unfortunately we had a small turnout due to the Thanksgiving holiday. This was Western Night, with our dancers decked out in their finest western outfits, blue jeans instead of square dance outfits! There were some comments that we should do this more often.

As usual, Minna and Hal Hudson did their thing with refreshments with the members bringing some of the goodies and Minna baking the pumpkin an apple pies and making sure our "bagels" were

warm! What would we do without such super people including Norm Fuller, who keeps our coffee pot going!!

Mary Kovak and Mary Kay Franey have been busy collecting square dance clothes that our members have donated. They will be sold, with the funds being added to our treasury.

The new system of male members volunteering a dance for the single female has been working well with Al and Dottie Sickels, overseeing this plan.



INSULATED SECTIONAL DOOR

Your Choice **STANLEY** or **Wayne-Dalton**

\$599⁰⁰

- Available in Almond, White
- Price includes tax and normal installation
- 2 car garage up to 16x7
- FREE haul away of old door
- Ask about our door prices with windows
- Repairs & Service of Doors & Openers - All Types
- Senior Discounts

IN COMPLIANCE WITH VILLAGE ASSOC. GUIDELINES

Custom Painting of New Doors Available in Assoc. Colors

GENIE

MOORE-MATIC

7 DAYS A WEEK

GOLD COAST GARAGE DOORS

State Constr. Lic. No. 622774 Member Far Western Garage Door Assoc. & C.O.D.A.

FREE ESTIMATES
487-0545
(800) 773-7677



Shelter In Place for Toxic Spill Emergencies

In considering the possibility of a toxic spill in an urban area the first thought of many residents is evacuation. Actually, there may be instances where an alternative procedure is the preferred response.

Depending upon the nature of the hazardous material (HAZ MAT), the amount of advance warning, the anticipated duration of the emergency, the logistics of evacuating a particular area and other factors the "SHELTER-IN-PLACE" concept is considered by most authorities as the defense of first choice in some circumstances.

As with any emergency plan, it is a good idea to give some advance thought to the details involved and to practice the procedure to bring out any problems in advance of the real event. Here are some points to be considered.

1. SHELTER-IN-PLACE means going to a pre-selected area of your residence, sealing that area off from the outside and the rest of the residence as well as possible, and remaining there until the air contamination has dispersed and it is safe to resume normal activity.

2. The shelter area should be large enough for reasonable comfort but not so large as to be complicated to seal off from out-

side contamination.

3. A bedroom and bath area typically has only one large window, a small bathroom window, and one door --- thus the sealing off process is reasonably manageable. In some houses it may have the added features of cable TV and telephone outlets.

4. Unlike an earthquake, a toxic spill does not typically interrupt utilities. The TV and radio could be important sources of information. Telephones will likely be operable but may be overloaded. If you have, or can move, a portable TV into the shelter area, you have a potential source of information. If a phone is not already in the shelter area, one of the house phones can usually be unplugged and plugged into a phone outlet in the shelter area.

5. For horizontal sliding windows the top, bottom, and two sides of the moveable sash are the places to be sealed. Interior doors are not weather-stripped so need all four edges sealed. One of the wider rolls of masking tape (not less than 1-1/2 inches) is perhaps the most commonly available material for sealing of air leaks. [A 1-1/2 in. by "2160 in. (60 yds) roll of masking tape (about \$1.99) should be

adequate.] Note. Materials of this type should not be left on painted surfaces for extended periods of time as they may damage the paint.

6. Heater vents and bathroom ventilation fan grills are other areas to be sealed. For bathroom ceiling combination heater-ventilation units the switches may be taped in the "Off" position to avoid inadvertent operation.

7. For the remainder of the house, all windows and exterior doors should be closed. Air conditioning and central heating should be turned off so as avoid exchange of air between the shelter area and the rest of the house.

8. Other items to include in the shelter area would be a battery operated radio, a small supply of drinking water if the area does not include a bathroom and any other items for your personal convenience or comfort considering the fact that you may be confined to the shelter area for up to several hours.

+++++

The above does not cover all possible circumstances but attempts to delineate the bare essentials of the SHELTER-IN-PLACE concept. Perhaps the most important thing is to have the family practice

this procedure so as to be prepared for a possible HAZ MAT event which could call for this strategy.

Another extremely important point: as soon as you know the danger is past and you can exit your Shelter-in-place, dampen a towel and place over nose and lower-face to filter the air and go quickly and completely out of your residence. There may be gas trapped in the various rooms. Cautiously open outside doors and windows to let the house air out. Your house fan probably can be used to blow out any gas trapped in the ducts and/or house.



Spanish Classes

By Viola Emmerson

Conversational Spanish Classes will continue for another 10 weeks beginning January 13, in the Lanai Room. Classes will meet on Thursday afternoons from 2:00 - 4:00 p.m. A donation of \$25.00 should be given directly to Jane Hanger, the instructor, at the first class meeting. For information call Viola Emmerson (resident sponsor), 388-2524.

Spiritual Growth Group

By Dorothy Holcomb

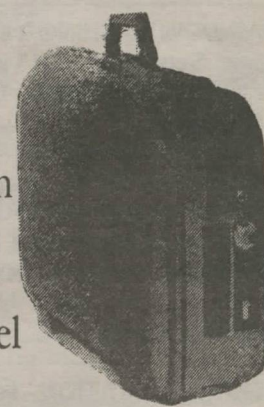
The Spiritual Growth group will meet each Tuesday in January at 9:30 a.m. at the home of Dorothy Santrizos, 44017 V. 44.

All Village women are welcome.

OXYGEN PATIENTS! Travel Concentrator

Being on Oxygen does not mean staying at home.

- MediCare Approved
- Lightweight Suitcase Design
- Maximum Mobility for Oxygen Users as They Travel



CALL FOR A FREE DEMONSTRATION!

(805) 650-7495 **LINCARE+**

Enjoy The Freedom of Travel Again.



UP TO 50% OFF!

Eva Gabor Wigs

Custom Fittings
One Day Styling Service
Complete Line of Beauty Products
Hair Pieces • Banana Clips • Turbans
And Much More!

OXNARD DISCOUNT WIGS
2400 Saviers Rd., Oxnard
483-1613

KANEKALON
Artelle
MODACRYLIC

R.V. CLUB



By Art Kaufman

The RV Club elected and installed the new board for 1994 at the November meeting. New officers are: president, Dan Bernard; 1st vice president, Bill Glazman; 2nd

VP, Art Kaufman; 3rd VP, Nick Dahl; secretary, Joan Bernard; treasurer, Al Bruene; alternate treasurer, Vern Tyler.

The holiday dinner party at "Cinnamon West" was a great success. A good time was enjoyed by all.

Programs for the coming year will be scheduled by Bill Glazman, 1stVP.

There will be a variety of speakers and tapes, on subjects germane to recreation vehicles and travel.

Meetings are the third Tuesday of the month at 7:30 p.m. in the MPR. All homeowners, who are interested in RVing, are urged to attend. Happy new year to all!!

Happy New Year

By Lillian Wallace

Here we are once again,

Shall I smile or shed a tear-

As 1993 departs

And we start another year?

I don't think I'll look back,

But just ahead, once more-

And wish the best for everyone

In 1994.



AMATEUR RADIO CLUB

By Benson Smithkin

The Amateur Radio Club celebrated the installation of new officers with a party following the December business meeting.

Outgoing president Mac McLeod and Dottie furnished the goodies, earning the approval of new president Dick Travis (KC6URW), vice-president Ben Perry (KC6PQT), and treasurer George Schneider (W6VNJ).

Congratulations are in order to Floyd Cook (KE6BGX) who passed his radio license exams for Novice, then Technician, and now General class. It gives us all an incentive to upgrade our own license categories.

Club members and spouses enjoyed the monthly meeting at Carrows for breakfast, but we miss the presence of Cliff Appell (NF6A) who can always be relied on to supply the answer to our technical questions. Cliff is on sick call, and we demand that he get better and rejoin us soon.

The LV Amateur Radio Club is on the air every Thursday at 7:00 p.m. on 146.58 mhz simplex. Next club meeting is on Tuesday, January 4 at 10:00 a.m. in the Lanai room. All are welcome.

CERAMIC MOLD DECORATORS CLUB

By Pepper Heimowitz

Belated Holiday Wishes to our Leisure Village friends and their families.

On December 1 the Ceramic Mold Hand Decorators Club had its annual Holiday Celebration at the Fresh Choice restaurant. Afterward, the members returned to the Ceramic Room for the monthly meeting.

Member enjoyed dis-

playing their work at the December 19 L.V. Craft and Art Show and thank Marion Jayne for her invitation.

We look forward to a productive year. The group of women who meet every Wednesday gets pleasure being together.

Decorating molds is an enjoyable hobby. You are invited to visit workshop in the Ceramic Room every Wednesday. Next monthly meeting is on Wednesday, January 5 at 12:45 p.m. in the Ceramic Room.

CAMARILLO'S ONLY SUPERSTORE

6,000 sq. ft Featuring unique one of a kind gift, decorator and collectible items

From Local Artists and Crafters

ARTIST to you...
LOW LOW PRICES

ATTENTION CRAFTERS
PRIME
DISPLAY SPACES AVAILABLE

ARTS & CRAFTS FAIR...
OPEN YEAR 'ROUND

Home Spun Treasures

CRAFTER'S GALLERY
2221 Pickwick Dr.
CAMARILLO
(Arneill & Pickwick)
(805) 383-7183



M-S 10-7
SUN 10-5

WHY DRIVE?

\$15* NON-STOP to **LAX**
(FROM OXNARD AIRPORT)

CALL: Ventura County Airporter
(805) 382-8300

* Prepaid Adult

PSC-6291

ED WILLIAMS REALTY



Ed Williams
Broker

"Focused on
YOUR Success!"

New Location at
5257 Mission Oaks Blvd.
(Next to CLARK DRUGS)



Dave Barlow
Managing Partner

987-5755

Call Today
For a **FREE**
Market Evaluation
of Your Property.

WE KNOW THE VILLAGE!!

14 Years Serving Leisure Village
REFERRALS ALWAYS APPRECIATED
SALES • LISTINGS • RENTALS • PROPERTY MANAGEMENT

CAMARILLO FLOORCOVERING

HOLIDAY CARPET SALE!

We're bringing back the good 'ol fashion days of bargains with this incredible store-wide sale...just in time for the holidays.

HURRY...SALE ENDS SATURDAY, JANUARY 15, 1994!



YOU'LL SAVE 20% to 40%!

LONG-WEARING
TWEED LOOP

20⁷⁹ SQ.YD

COMPARE
TO 27.99

DUPONT
STAINMASTER
SMOOTH PLUSH

16⁹⁹ SQ.YD

COMPARE
AT 22.99

LUXURA
STAINMASTER
35 COLORS

22⁰⁹ SQ. YD.

COMPARE
AT 28.99

NEW, MODERN
BERBER-STYLE
TEXTURE

27⁰⁹ SQ. YD

COMPARE
AT 35.59

GRAND LUXURA
SOLID COLOR
VELVET PLUSH

34⁹⁹ SQ. YD

COMPARE
AT 48.99

PLUS MANY MORE SPECTACULAR VALUES THROUGHOUT OUR STORE

SAVE 10% to 30% ON ALL VINYL and HARDWOOD FLOORS

Ask to see our new carpets from the Lydian Classics collection. Beautiful carpets backed by an exceptional guarantee--

**The Absolute Assurance™
Guarantee.**

If, within 15 days of installation, you're not completely satisfied with your Lydian carpet -- for any reason-- We'll replace it free.



**Camarillo
Floorcovering**
Soebbing Inc.

2135 Ventura Blvd.
Camarillo
484-0933

