

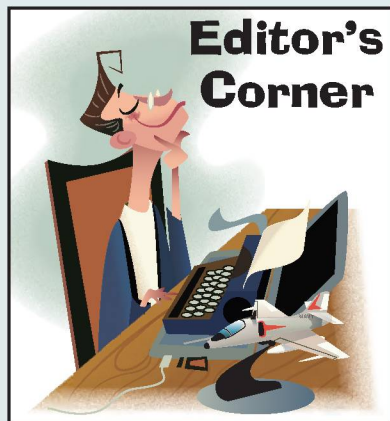
# Inside Leisure Village

VOL. 38 NO. 9

AN ACTIVE SENIOR COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

SEPTEMBER 1, 2017



## Editor's Corner

In addition to all the recreational and club activities going on in Leisure Village, we have had considerable activity of another kind – maintenance of our power lines. There have been orange cones and signs saying NO PARKING where the work is being done, and, worst of all, power outages which lasted most of a day. What is going on, you say?

Southern California Edison is conducting a new process on our power lines to extend their life. As our power grid ages to more than 40 years old, the likelihood is that water intrusion or other factors could cause a major power outage lasting several days. SCE is injecting silicone into our feed lines to resist moisture and extend the life of the cable. While the outages are inconvenient right now, they are much better than a major outage impacting much of the community. Call it a short term sacrifice for a long term gain!

I think you will find this edition most interesting. A lot is happening in Leisure Village and we are fortunate to be able to report the events to you. Enjoy!

—Tim Palmer

## LTV SERIES ASKS, “ARE YOU READY?”

■ *Television series produced just for Villagers.*

A new video series produced by LV's Emergency Preparedness Committee (EPC) poses the question, “When Disaster Strikes, Will You Be Ready?” The nine short episodes then provide some answers. It takes viewers through the steps necessary for self-preparedness when a disaster – like a massive earthquake – strikes. According to EPC Co-Chairmen Ron Franz and Paul Wason, “We want to get your attention; your life may depend on it.”

The series is the EPC's effort to reach Village residents who, emergency professionals agree, could be



*The EPC series airs through September on LTV. The series will run on Saturdays and Sundays at noon. Individual episodes will air five times daily on Monday, Wednesday, and Friday.*

very vulnerable in a disaster. Franz says, “Too many residents are complacent or want to be left alone, and

many assume our security force will take care of us. They couldn't be more wrong! We will be on our own for as long as three to five days.”

During a major disaster, many LV Security staff may not be available. The Ventura County Sheriff's Department and Fire Department personnel won't get to Leisure Village for days. VC Fire Captain Pat Kelley estimates that “It could be at least 72 hours before we can assist Villagers.” That's why the EPC decided to produce the series: to show residents a plan of action for their safety and survival.

Each of the eight episodes is short,  
*Please See Page 8*

## Remembering the Vietnam War

■ *As attention grows for the upcoming Ken Burns' TV series “Vietnam,” the subject evokes memories for Villagers who experienced the war firsthand.*

*By Patty Ecker*

**Patrick Price** was 21 years old when he arrived in South Vietnam, assigned to River Patrol Boats, which placed him in rural areas of small towns and small farms in the Mekong Delta. “The first day at my base I said to myself, ‘We shouldn't be here. Those poor people did not want a war.’ They had nothing to do with the politics of Saigon or the Viet Cong. The U.S. was propping up the South Vietnamese government and we were enforcing it.” Patrick served a full year, often witnessing horrors and required to do things he would never have considered before. “We saw young Viet Cong, almost kids, bound with wire being ‘interrogated.’ Firefights were indescribable. We tried to protect these people. I feel



*Villager Brenda Cheatham volunteered at a Saigon orphanage before the Tet Offensive.*

the spread of so-called Communism had to be stopped before it became too powerful, which ironically, we did. But it's too bad it had to be done this way.” Patrick served his year and came home with PTSD. He says healing from his war experiences took

a long time and is ongoing.

**Brenda Cheatham** moved to Saigon in 1967. Her husband Tom was a reporter for United Press International assigned to cover the Vietnam War. He was often away on the front

*Please See Page 8*



# WE'VE GOT YOUR NUMBERS

Here are some important Village phone numbers and email addresses.

**The Main Gate:** 805-482-0716 (for guest passes, a security question, etc.) or [www.gatepass@leisurevillage.org](mailto:www.gatepass@leisurevillage.org)

**LV's Emergency Number:** 805-388-3636 (for medical problem, fire, major property problems or an intruder, not minor events like a tree branch down) LV security officers simultaneously call 911 as they respond to a resident call.

**Ventura County Alert:** To sign up for the Emergency Notification System - 805-648-9283 or [www.vcalert.org](http://www.vcalert.org) or text 313131 - to receive 'reverse 911 calls' and alerts to major emergency situations.

**Ventura County Disaster Information Hotline:** 805-465-6660 or register online at [www.vcemergency.com](http://www.vcemergency.com).



## LVTV Program Schedule

September 2017 | Channel 1390

**LVTV Committee Email:**  
[lvtvcommittee@gmail.com](mailto:lvtvcommittee@gmail.com)

### LETTERS

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to [editorilv@yahoo.com](mailto:editorilv@yahoo.com). Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

### HOW TO CONTACT US

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805-484-1949 x303

**Classified advertising:**

Barbara Crome,  
482-9097

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**Photos:** Bud Bradley, Bob Kaplan

**Classified Ads:** Barbara Crome, Joyce Snider

**Contributors:** Joseph Benti

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities.

### October Edition Deadlines

Deadline for letters, club news, stories, photos and classified ads for the October 2017 issue is Tuesday, September 19 at 5:00 p.m. The Display Advertising deadline is Monday, September 25 at noon. Publication is scheduled for Friday, October 6. Please e-mail stories and photos to [editorilv@yahoo.com](mailto:editorilv@yahoo.com). Typed copy (a last resort for submissions) should be double-spaced and deposited in the ILV box in the Rec. Center hallway.

<b>Contact: John Mayer, Chairperson at 388-4642. DAILY AUDIO: 9:00 and 11:30 AM, 3:00 and 6:00 PM, narrated by Debra Guill.</b>		
<b>Be sure to watch the new EPC tapings on Monday, Wednesday and Fridays at 9:00 AM, 12 Noon, 3:00 PM, 6:00 PM and 8:00 PM. The entire nine series will also be showing on Saturdays and Sundays.</b>		
Day	Date	Program date time 10 am and 8 pm
Fri	1	Law Talk - Elder Abuse - (31 min)
Mon	4	Cooking Show-A Chicken In Every Pot (18 min)
Tues	5	<b>LVA OPEN BOARD MEETING – LIVE (10 AM only)</b>
Wed	6	<b>LVA OPEN BOARD MEETING - TAPED</b>
Thu	7	FYI (For Your Information) #
Fri	8	<b>LVA OPEN BOARD MEETING - TAPED</b>
Mon	11	LVA #16: Community Associations Institute (33 min)
Tue	12	Players Guild- Here's To The Losers – 2017 (52 min)
Wed	13	Women's Club - Fashion Show 2015 (17 min)
Thu	14	What Was My Line - Sharon Loney, Ruth Stubba, Al Bendekgey (47 min)
Fri	15	New York Club - Henry Samuels - 2007 (45 min)
Mon	18	Saving Oxnard History - 2009 (20 min)
Tue	19	Players Guild - An Evening with Burt Bacharach – 2015 (48 min)
Wed	20	Shared Experience: Jack Whalen & Guy Moshier (58 min)
Thu	21	LVA 101-#13:Architectural Committee–2015 (52 min)
Fri	22	Law Talk: Judges & Judging Part 2 - (29 min)
Mon	25	Chess Club: Jack Cashman Presents 5 Lessons-(15 min)
Tue	26	Women's Club - Razzmatappers - 2008 (49 min)
Wed	27	Players Guild - I Happened One Day – 2016 (47 min)
Thu	28	New York Club - Stu & Laurie – 2016 (62 min)
Fri	29	What Was My Line - Joyce Baker, Kenney Nelson, Elise Perlmutter (53 min)



# BRIEFS

## CAMARILLO AREA TRANSIT (CAT)

The Dial-a-Ride must be personally requested the day before your trip. The CAT fixed route schedule is in the Rec Office. It is FREE to Leisure Villagers. There is no service on Saturday and Sunday. (988-4228). The CAT SHOPPER SHUTTLE is Tuesday only from 10:00 a.m. thru 1:00 p.m. Final return trip arrives back at 3:00 p.m. For only \$1 round trip, you can go to the Target area, Ralphs, Trader Joe's etc. (383-5615)

## UNITED BLOOD SERVICES - BLOODMOBILE LOCATIONS IN CAMARILLO

Monday, September 11, Carmen and Burnley, 1605 Burnley, 2:00-6:00 p.m.; Thursday, September 14, City Of Camarillo, 601 Carmen Drive, 12:00-4:00 p.m.; and Monday, September 25, Carmen and Burnley, 1605 Burnley 2:00-6:00 p.m. Questions concerning eligibility to donate, other sites, dates and times, and for appointments, call United Blood Services at 800-715-3699. Appointments can be made on line at [www.unitedbloodservices.org](http://www.unitedbloodservices.org).

## FOR THE LOVE OF ANIMALS

"Save the Date" - Monday, October 9th is the Pet Club's Live and Silent Auction, "For the Love of Animals" to support Camarillo shelter and Moorpark College Zoo. Supporting the Camarillo shelter helps to feed the next stray that comes in off the street. Through the Zoo's Adopt-an-Animal program, sponsorship helps feed the animals and includes a monthly "visit". The Auction plans are underway, call to volunteer, donate a gift basket or Contact: Ruth Stubba 496-7188

## AARP SMART DRIVER PROGRAM

By Paul Herman

Leisure Village will be hosting a five hour Initial Class of the AARP Smart Driver Program on Wednesday afternoon, September 20, from 12:30 p.m. to 5:30 p.m. in the MPR. Contact Paul Herman at 444-6420 for details.

## CORRECTION

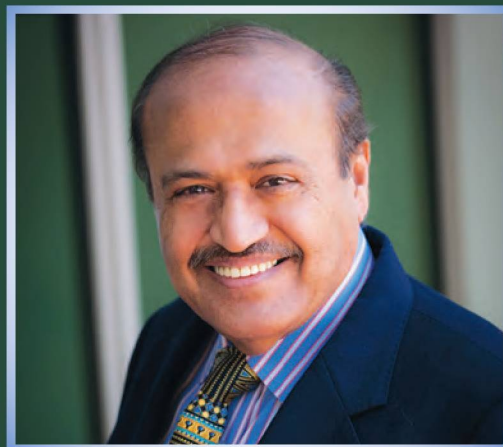
Excuse our error: Bob Kaplan's name was inadvertently left off the photo credits in the August edition of "Cooking with Larry".

# IN MEMORIAM

- Bernhard Brabander, V. 6
- Irv Cohen, formerly V. 41
- Illa C. Gudelj, V. 42
- Harold (Hal) Jones, V. 15
- Mary J. O'Neil, V. 15
- Sylvia Taylor, V. 28

To submit a memoriam call Loretta Reshes, 388-7116

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# BRIEFS

## NEIGHBORS HELPING NEIGHBORS

Dear LVA Neighbors:

Do you need help with a simple household chore? Is it unsafe for you to get on a ladder to change a light bulb or a battery in a smoke alarm? Do you know how to change the filter in your heater or re-set a circuit breaker? Do you need help opening your garage door when the power is off? Can you get your recycle barrel to the curb on trash day?

Several of your neighbors are volunteering their time to help those LVA residents who need someone to handle these simple maintenance problems. If you need help with a simple household repair, please call either Merle Ruiz at 444-5225 or George Jones at 465-0667. They will arrange for one of your neighbors to contact you. I will have refrigerator magnets available in September so that the contact phone numbers will be readily available.

If you would like to volunteer to

help a neighbor, please call me.

Your Neighbor,  
George Jones  
465-0667

## LETTER TO THE EDITOR

All 138 Woodshop Key Holders say THANK YOU to our Leisure Village Library Volunteers for setting up a wood workers bookshelf in the Library. The constant dust in the woodshop made it impossible to use the shop to display our books. Additionally, now the books are available to other members of our community.

On a personal note to our Library Volunteers, THANK YOU for moving the Science Fiction shelves to a more accessible spot. The collection has grown, and it is so much easier to use now. And if anyone has some favorite SciFi books they would like to add to our cache, please do.

Sincerely,  
Len Zakas / Village 16

## BENCH DONATED BY THE NEW YORK CLUB

By Frank Seiden



If you haven't already noticed, Leisure Village has a new bench that sits in the shade of the "9/11 Tree" near the tennis courts. It was donated by the New York Club from the funds remaining in its treasury when it closed shop at the end of last year. The tree it sits under was also donated by the New York Club shortly after the horrific 9/11 attack in 2001, as a living memorial to the lives lost. The Club was founded in 2000.

The picture shows the outgoing Board of Trustees. Unfortunately, two board members, Florence Sklarz and Eileen Hasen, both founding members and past presidents, were not available when the picture was taken.



**Seated:** L-R: Brenda James, Frank Seiden, Roz Feldman **Standing:** L-R: Margie O'Hair, Art Titen, Fran Titen, Shirley Levy

Photo by RITA LINSEY

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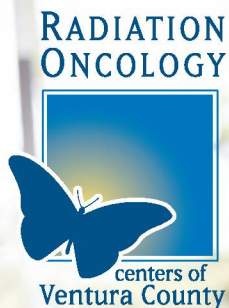
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# New "Bowtie in the Sky" Could Save Lives

Look up next time you walk by the Farmers Garden; a new forty-foot tower soars gracefully above you: a unique emergency system that can communicate nearly worldwide in the midst of a disaster. "Now we can transmit and receive critical messages to government agencies, official rescue organizations, and to concerned family and friends across the globe," explains Jonathan Fox, the president of LV's Amateur Radio Club. He's describing that "Bowtie in the Sky" just north of the picnic area. It is a 21st century voice in case of a massive earthquake, a flood, or unforeseen attack. "Right away, we can tell the world how the Village fared in the disaster," he explains.

The tower is one of only three similar emergency devices in the County. When Ventura County officials declare a crisis, this tower manned by skilled LV residents will swing (literally and figuratively) into action. "We will report on local conditions. We can relay disaster information when other agencies can't." The reach of the LV Tower is "virtually anywhere," says Fox. That "bowtie" is a rotating antenna, sending and receiving information and messages in any direction, be it Sacramento or Boston or London.

The tower and antenna belong to the Amateur Radio Club. The cost of \$10,400 came from donations by residents and clubs. It took five years from idea to reality, primarily because the City of Camarillo was slow to appreciate its value and provide a needed permit at a reasonable cost. "At first, the City told us a permit would require their oversight and cost \$7200," Fox recalls. "But the Radio Club didn't give up, and finally this year, we got the permit approved for \$197."

In a disaster, the fifteen members



Photo by JERRY SPECTOR

*The new Emergency Communications Tower is easily visible high above*

of the Radio Club will be working from the Ham Shack, communicating vital emergency information to local, state, and national groups. It also plans to create a system by which Villagers can send an "I am OK" message to family or a friend. That "Bowtie" email list will be gathered later in the fall.

All residents will be invited to take a closer look at this unusual addition to the Village at an Open House to be held this fall. In the meantime, the club is making the final connections. For a preview, just look up and head for the Bowtie.

## Inside Leisure Village

For Display Advertising contact  
Stacey Janson | 805-484-1949 x303



# Racquet Club Invites All Villagers to Open House

By Trish Zakas

Mark Saturday, September 23 on your calendar.\* On that day, from 10 a.m. to 12 noon, the Racquet Club will host an open house at the tennis courts. Don't miss this event - it's been several years since the Racquet Club hosted the last open house.

Everyone is invited to "come on down" to try out paddle tennis, pickleball and tennis. Guests will have the opportunity to use the sports equipment, hit some balls and possibly play a game or two. All necessary gear is provided for the day - there is nothing anyone needs to buy. For safety sake, participants should wear tennis or court shoes - no sandals, flip-flops or shoes that would cause you to slip and fall or that would damage the courts.

Former tennis players, racquetball players and all-around jocks will find an easy transition into paddle tennis or pickleball. These sports are especially good for those people who have

shoulder or knee injuries. Both games are played on a court less than 1/3rd the size of a tennis court and generally played in doubles format, which requires less running by players. Also, game paddles are smaller and often lighter weight than tennis racquets.

For those who have never held any type of racquet in their life, there will be very patient and friendly Racquet Club members to help you decide whether any of these sports are for you. Additionally, information will be available regarding classes for both paddle tennis and pickleball. While friends and family are able attend the open house, only Leisure Village residents can register for classes.

If you are new to the Village, this is a great way to make friends and meet neighbors; Racquet Club members have a reputation for being welcoming and hospitable. Even if you have no intention of playing any type of sport, please come and cheer on those who are giving it a go. The



Photos by STEVE GUMPO (Top) AND LEN ZAKAS (Bottom)  
 1) Previous Open House. 2) Aune and Carla Molter help Mike Greene sign up for classes. 3) Daralyn Rosam and Don Nicksay make a paddle selection.

Racquet Club invites all Villagers, whether participants or observers. Questions or concerns? Email [Trish@vcnet.com](mailto:Trish@vcnet.com) for help or more information.

**NOTE:** \*In the unlikely event of rain, a rain date of October 7 is the back-up plan; time: 10 a.m. to 12 noon.

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04LV011

## VIETNAM *From Page 1*

lines for days, while Brenda worked for the U.S. Navy and enjoyed the city that had been known as the “Paris of the Orient.” “I never felt like we were in danger,” she recalls. “We were told that Saigon was safe and secure.” But within months, she began to sense a change.

Tom’s stories were monitored by the U.S. military, the South Vietnamese, and the Viet Cong. Brenda, who volunteered at a Vietnamese orphanage, saw many parents sending their children there for safety. And then came the Tet Offensive, January 31, 1968.

Tet – marking the lunar New Year – was the biggest holiday of the year, complete with the city decorated with thousands of beautiful plants, strings of lights and firecrackers. Brenda and Tom went to sleep that night to what they thought were fireworks. But the next morning, the city was silent, the streets empty, except for U.S. soldiers ordering people “Go back inside.” Saigon had been attacked. The Viet Cong had surrounded Saigon. “We realized then what the war really was,” Brenda says. “And the terrible damage being done to the country.”

Because Brenda was pregnant, she was able to relocate to Hong Kong. In July, Tom was assigned to New York, and the family returned to the U.S. Brenda says her Vietnam experience “made me a more discerning and skeptical person. Now when I hear



**ABOVE:** Villager Patrick Price in 1968 served in the Mekong Delta.



**LEFT:** Gregg Gillmar, now an LV resident, was part of a psychological operations unit in Vietnam -1969.

about other wars – like Afghanistan – I react slowly with caution.”

**Villager Gregg Gillmar** served in Vietnam in 1969. He was assigned to “PSYOPS” (Psychological Operations) on the front lines. “We flew in small, single-engine planes over the Vietnamese – soldiers and civilians – with loudspeakers blasting music and messages like “Surrender or die; if you surrender, we’ll give you safe passage” to the South Vietnamese below us,” he says ruefully. Then he adds quietly, “Many did surrender. But when they didn’t, in came the napalm. What we saw was not always what was reported.” Gregg remembers how distressing his tour of duty was. “The U.S. didn’t seem to be putting up the effort. We had everything to win except the political will to win.” He was never wounded. After that grueling year of war, he returned gratefully to his family.

## LVTV *From Page 1*

five minutes or less. They cover topics including how to safeguard your home and how to protect yourself during a disaster. Professional videographer and Villager Ken Walker videotaped and edited the series with assistance from EPC leaders Paul Wason and Ron Franz and LVTV Chairman John Mayer. “The series is what self-preparedness

is all about,” Franz says.

LVTV will air the EPC series throughout September. A schedule for the broadcasts can be found on page two. The EPC is reaching out to all LV residents in order to make self-preparedness a personal goal, Franz explains. He also hopes the video can underscore the important work of the committee, so that new volunteers will join the EPC in keeping Leisure Village residents as safe as possible.



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**CLUB NEWS**



Photo by RITA LINSEY

Annual Art Walk in the Gazebo area

**VILLAGE ARTS**

*By Gwen Zimring*

Hello Village Arts, members and friends. In spite of the hot weather we hope everyone who braved the heat for the Art Walk enjoyed a lovely display of art plus some very

tasty cookies and cool drinks in the Gazebo Garden. Thanks to Margie O'Hair and her helpers.

Thank you Lindy Stein for sharing your art in the library in August. Charlotte Olonoff will have her art in the library in September.

Our September meeting on Wednesday September 6th will feature Charles Magallanes, showing

us how to master large scale abstract work. Hope you will all be able to attend as Charles' work promises to be something very exciting for our club in the future.

Every year our dear friend and teacher Phyllis Doyen will be giving a critique of our work. Phyllis' critiques have always been so helpful for us. Please bring two or three pieces of your work to the meeting on October 4, 2017.

**SATURDAY NIGHT BALLROOM DANCE**

*By Andrea Moran*

Hello again to all villagers. Our ballroom floor is getting crowded with all the dancers. The floor is the best in Ventura County, so why not join the party and enjoy your Saturday night with us. There are three dances this month, all with great, professional musicians: 9/09 Lenny La Croix (Labor Day), 9/23 Rhythm Kings, (Rosh Hashanan) and 9/30 John/John Duo (Autumn Days)

We have a variety of music (waltz, Latin and swing) with several line dances and a special host for the ladies. Please join our Saturday evening at 7:30 p.m. in the A.R. \$7 per-person admission. Coffee, tea, punch and fresh popcorn provided along with special treats. Put on your dancing shoes and feel the beat of the wonderful music. See u there!



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# CLUB NEWS

## VETERANS CLUB

*By Tim Palmer*

The Veterans Club meets every fourth Thursday at 7:00 p.m. in the MPR. Our purpose is to share camaraderie with fellow residents who have served in the Armed Forces. We have had speakers who have combat experience in World War II, both on the ground and in the air, as well as authors who have written about combat heroes. We want veterans to feel proud that they wrote the blank check to Uncle Sam, willingly offering their lives in the defense of our country.

The September meeting will feature Allan Jacoby, who was a paratrooper with the Israeli Defense force.

Veterans, their families and any interested residents are invited to join former service members for relaxing spirit-de-corps and storytelling. Refreshments will be served.

## CAMERA CLUB

*By Rita Linsey*

The Camera Club assigned category for Thursday, October 5 at 6:30 p.m. in the MPR is "Seascapes". All residents are invited to attend. Refreshments and wine provided. Earlier that night, at 5:30 p.m. Ken Lauchner will be giving a workshop on Adobe Lightroom software. Successive meetings will go into further detail on many of the features of Lightroom (LR). If you want to buy a hard copy of Lightroom 6, it sells for about \$143 and does not update/upgrade after a year. If you want to download Lightroom, the Adobe site is <http://www.adobe.com/products/photoshop-lightroom.html> and the price is \$9.99/month with continuing updates/upgrades. Contact Ken Lauchner, [ken.lauchner@roadrunner.com](mailto:ken.lauchner@roadrunner.com) or 491-2432.

## CAMERA CLUB WINNERS • ASSIGNED CATEGORY



■ 1st— Frank DeSimone-  
"We are going to have a baby"



■ 2nd— Art Akkerman  
"Air Traffic Controller Sound the Alarm"

## WII BOWLING

*By Ginny Bryce*

Wii-Bowling for Dollars – August 2, 3, and 8, 2017 - winners were:

GROUP A - First: Diane Hawrylo, Second: David Kiefer, Third: Sam Lak

GROUP B - First: Ginny Bryce, Second: George Lueke,

Third: Cathy Friedman  
GROUP C - First: Walt Waldron, Second: Sharon Ellis, Third: Helen Hartman

Wii-Bowling is held Tuesdays, Wednesdays, and Thursdays in the Club House. It is open to all. For information, please call Joan Levy at 805-482-6871 or Barbara Bell at 805-388-2264

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09LV04B

## CLUB NEWS



Photo by BARBARA ZAJAC

*Nail trim from Groomers Heather and Adriana on Edward Hu's dog Ginger.*

### PET CLUB

*By Ruth Stubba*

Many Leisure Village dogs (and one cat) are safer and healthier after the very well attended Pet Health Expo. They got updated rabies shots, other vaccinations, licenses, microchips, nails trimmed, medical advice and healthy treat and food samples. Six lucky people won raffle prizes totaling over \$400.

On Friday, September 15 at 1:00 p.m., is the Pet Club's next event in the Pavilion, the Live Exotic Animal Show, presented by Moorpark College Zoo students. Positively energized students with specially trained, unique animals – it's a great show! Come enjoy a potluck lunch at noon, in the picnic area, before the show. Sandwiches and beverages will be provided. Please bring a dish to share. Last names starting A- L, please bring a salad. Last names starting with M-Z, please bring a dessert.

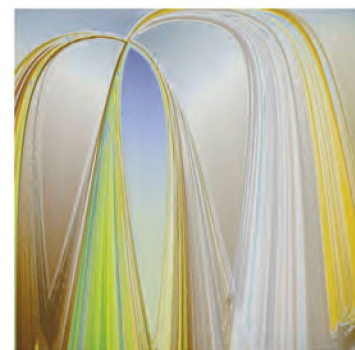
Save the Date - Monday, October 9 is the Pet Club's Auction, "For the Love of Animals" to support Camarillo shelter and Moorpark College Zoo. Supporting the Camarillo shelter helps to feed the next stray that comes in off the street. Through the Zoo's Adopt-an-Animal pro-

gram, sponsorship helps feed the animals and includes a monthly "visit." Auction plans are underway; call to volunteer and help. Contact: Ruth Stubba 496-7188

### CAMERA CLUB WINNERS CREATIVE CATEGORY



■ 1st— Sharon Folkner - "Balloon Escape"



■ 2nd— Marlene Votion - "It Started out as a Simple Sunflower"





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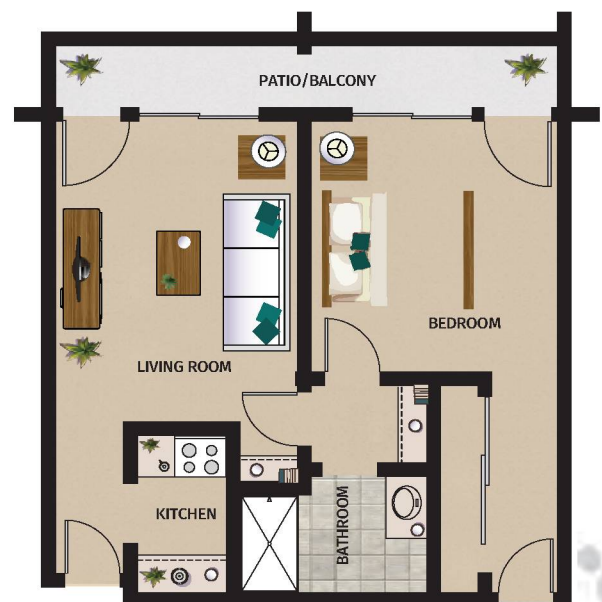
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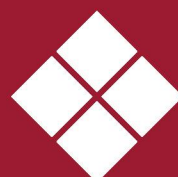
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# CLUB NEWS

## SHOWTYME

By Jerry Spector

Showtyme is proud to present Tony Odell Rogers on Friday, September 8 in the AR. Tony has a Bachelor of Arts degree in Visual Arts from the University of Florida. He played the role of “Chino” in



FILE PHOTO

Tony O'Dell Rogers

“West Side Story” and “The Teen Angel” in “Grease”. He moved to California where he started his musical career as lead singer for a 50’s and 60’s band. Tony also sings Rock & Roll and harmony-based music. He performed at the Orange County Pavilion Theater in a show called, “50 Years of Rock and Roll”. You do not want to miss this very entertaining performance. The show starts 7:30 p.m. and the doors open 6:45 p.m. Members no charge, non-members \$3 donation; refreshments served; 50/50 with two winners.

## LV RV CLUB

By Bob Banfill

Attention Leisure Village residents: Pancakes with eggs, ham or bacon, fruit, and a champagne mimosa and coffee, still only \$7. Treat your friends, relatives, and outside acquaintances to our annual PANCAKE BREAKFAST on September 16 from 8 a.m. to 11 a.m. For tickets contact Jean Tucker at 805 558-2541 or look for our table in the Clubhouse lobby.

Campouts are planned for Buellton (Flying Flags), Pismo Beach, Boron (20 Mule Team Days). Contact Bob Banfill 805 914-3654. Next meeting Tuesday, Sept 12 at 7:00 p.m. in the Santa Rosa Room.

## PLAYER’S GUILD

By Stan Reshes

The September show will be a tribute to Irving Berlin, one of the most prolific songwriters of our time. New director Bob Zarit will join forces with producer Joyce Belcher and a large cast of performers, including a few new wonderful voices. They will take you down Memory Lane with some classic love songs to go along with many of Berlin’s hilarious comedy lyrics. If you’re not already a Players Guild member, join Thursday evening, September 15, 7:30 in the AR. And, of course, enjoy the fabulous refreshments following the show.

## CAMERA CLUB WINNERS • OPEN CATEGORY



■ 1st— Catherine Hines “Splish Splash”



■ 2nd— Bill Margulies “Young Dancer”



# CLUB NEWS

## WOODSHOP

*By Bud Bradley*

Woodshop Volunteers are busy in two places now and are available on Tuesday and Wednesday from 10:00 AM until 12:00 Noon to repair any wood items for Villagers. The only charge for this service would be for special materials, if they are needed to accomplish the repair. We do, however, gratefully accept donations to help defray the cost of normal materials and supplies.

If you have an interest and can demonstrate safety skills with basic equipment, a sander, scroll saw, band saw, drill press or chop saw, call Ron Quick at 818-648-3302 and set up an appointment.

The Woodshop Annex will be ready soon and will be set up with basic power tools to allow you to create a Birdhouse for Billie, a Dollhouse for Elizabeth or a cutting board for your significant other. If you find the need to utilize a piece of equipment that you are not qualified to use, don't hesitate to ask another keyholder for assistance. Next time you walk by, look in the Annex window. Many of our committee members and keyholders have a



Photo by BUD BRADLEY

*Dodger Blue took over the Woodshop this month as a Village grandpa made this pennant-winning bookcase for his baseball fan grandson.*

wide range of skills and are willing to share their knowledge.

Through July 2017, the Woodshop has completed:

Resident projects:	176
LV/Club projects:	33
Quickie projects:	20

## IN OTHER WORDS

*By Frank Seiden*

Because of a couple of impromptu lessons in the previous two months, there is a slip in the planned schedule. But that is part of the fun we have, discussing what is on our minds at the time. So, unless something else comes up that we choose to discuss to change the plan, the October meetings will have lessons on Sounds Around Us, as it applies to setting a scene in a poem or in telling a story, and writing to Unavailable Addressees. An unavailable addressee is someone who is deceased or is from fiction. Is there someone you would like to tell how much you miss them or would you like to tell Freud he needs a psychia-

trist? He might even answer you.

Our September meetings will be in the Lanai Room on the 13th and 27th. We can always use new perspectives, so come and join our supportive discussions of writing technique.

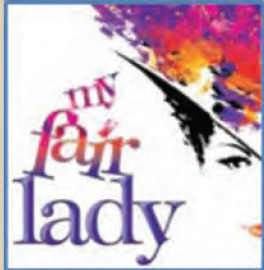
## SINGLE ACTIVE SENIORS (SAS)

*By Lee Edwards*

It is almost time to meet for dinner at Ottavios. The second Tuesday of this month is September 12 and I look forward to seeing you there at 5:00 p.m., as usual.

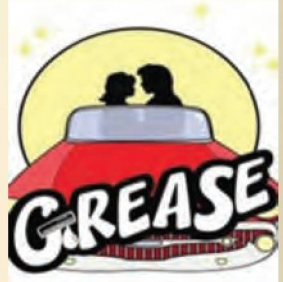
I hope you had a great Labor Day! See you on the 12th.

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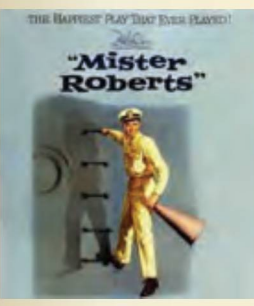
**my fair lady**  
 August 25 - September 17, 2017

**GREASE**  
 October 20 - November 19, 2017



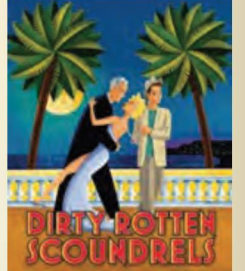
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# CLUB NEWS



Photo by AL BENDEKGEY

Eight-Ball Tournament Winners

## BILLIARDS CLUB

By Patrick Price

The Billiards Club 8-ball tournament has come to an exciting end. As promised last month, here are the results: in the A2 group: Ruth Stubba was 1st, Art Matter 2nd and Cornelia Williams was 3rd. In the A1 group: Frank DeSimone finished 1st, Jeff Goldstein was 2nd and Barbara O'Connell 3rd. For Super A, Jim Ronge came in 1st, Paul Kirkwood finished 2nd and Lew King was 3rd. There was also a Beginners and B category tournament a couple of weeks later. The ultimate victors were – Beginners – Sue Lind was 1st, Marg Petersen was 2nd and Leslie Hall was 3rd. For the 'B' players – Chuck Hall was 1st, Louise Romero came in 2nd and

Deedee Kirkwood was 3rd. The All-Star B group coaches demonstrated their caring and professional skills as they guided their protégés through the games. Congratulations to all who participated!

As two tournaments end, another is planned. It will be a 1 & 15 – 8 ball contest starting on Monday, October 2. Sign-up sheets will be up in mid-September. The popular Thursday night round-robin continues. Be there at about 6:00 p.m. to sign-up. LRC is available for those not playing pool. On warm nights, there may be some fire pit action. There is a Billiards Club membership meeting on Tuesday, September 26 at 7:30 p.m. in the MPR. Be there to hear about and discuss events planned for 2018.

## THE AMATEUR RADIO CLUB

By Jonathan Fox

As president of the Amateur Radio Club, I wanted to give another status update on the Tower Project. I am very pleased to tell you that on Saturday, July 29, our tower contractor completed the assembly of the tower and new shortwave antenna. On the day of installation, several of our members carried the antenna from Village 6 to the tower, located on the edge of the community garden. It was a sight to see. At 3pm

that day, we tested the antenna and then rotated it 360 degrees and back again to its starting position. All tests were successful. We now have to put the cables from the antenna into a conduit which runs from the tower into the ham shack.

Everyone that visited the site on the day of the installation was very excited about it and the prospect of better communications in the event of an emergency or disaster. As always, the Amateur Radio Club would like to thank everyone for their continued support of this project. When all of the equipment is connected and operating, we plan to have an open house in the fall.



# CLUB NEWS

## WOMEN & MEN'S GOLF NEWS

Women's Golf Club President Patricia Turner smiled deservedly as she presented awards to members of the Womens' and Mens' Golf Clubs at the conclusion of a fabulous Tee Timers' luncheon in the AR at mid-month.

The luncheon after golf was one of the best "feeds" ever! Thanks to Sheila Bunch and her energetic kitchen crew, the Italian cuisine made for a lot of happy faces and pleased tummies. Oh, and there were golf teams of players from both clubs that teed off earlier that morning, after a wonderful continental breakfast. Once the players figured out the simplicity of Merle Ruiz's planned "scramble," the play was a perfect entre to a most pleasing Village golfing experience.

This month, Men's Golf is planning the Harvest Picnic and Tournament on Tuesday, September 26. Be sure to buy your tickets!



*Tee Timers Luncheon*  
Photo by JOSEPH BENTI

Lady's Eclectic Tournament results:  
18'ers Flight A Low Gross – Debbie Dolan; Low Net – Naomi Sklar;  
18'ers Flight B Low Gross – Patricia Turner; Low Net – Marilyn Rizzardi;  
9'ers Low Gross – Patti Crichton; Low Net – Sue Hongsermeir.

Women's Golf RINGER play will be on September 6, 13, 20 and 27. The monthly meeting is September 13 at 2:00 p.m. in the Garden Room.

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# CLUB NEWS

## RACQUET CLUB

By Len Zakas

## SHUFFLEBOARD

By Diane Hawrylo

**OPEN HOUSE** September 23, Saturday, 10:00 a.m. to noon. All Leisure Village residents are invited to come to the courts to give racquet sports a try. See our article on page 7 for complete details. Club members will be there to show you the basics of Pickleball, paddle tennis and tennis. This is a hands-on event and all equipment provided. Wear your tennis/court shoes for safety and bring a willing and friendly attitude—the Racquet Club will supply the rest.

**PuPu Pot Luck Play Date** will start at 5:00 p.m. on Friday, September 15. Bring a dish to share and your laughter. Fun and competition is free! Soon it will be time to choose new officers for the coming year. Club members who would like to be part of the new board should contact Merle or Trish. In addition to the Board, there are several volunteer activities that are in need of man/women power.

One Board position that needs filling is Secretary: Sue-Ellen is stepping down. We thank her for her faithful service and look forward to seeing her beautiful smile at the meetings and courts. Also, Leslie is vacating the job of editor of this column. Many thanks to her for her diligence in keeping us informed. She has kept us laughing both on and off the courts with her exuberant sayings and loving personality.

**PADDLE TENNIS:** Open Play each Tuesday, Thursday, Saturday and Sunday at 9:00 a.m. Round Robin play is each Monday and Wednesday at 6:00 p.m. Check the bulletin board for practice buddy list and schedules. New to the sport? Email Trish@vcnet.com

**PICKLEBALL:** Open Play each Monday and Wednesday at 9:00 a.m. and Tuesday, Saturday and Sunday at 6:00 p.m. Check the bulletin board for a list of practice buddies. If new to the sport, email Trish@vcnet.com.

**TENNIS:** Email Merle at merle-eruz20@gmail.com

Computer burnout prevented printing of last month's column. High scores submitted for an eight frame game in June and July, 2017 were: June 16, Jon Amelsberg, 143; June 28, Milt Krapes, 187; July 5, Milt Krapes 184; and July 12, Milt Krapes, 178.

High scores submitted for an eight frame game in August 2017 were: July 19, Diane Fleisher, 135; July 26, Keith Murchland, 134; August 2, Jon Amelsberg, 164; and August 9, Milt Krapes, 136.

Everyone is doing very well and enjoying shuffleboard at the same time. There is a lot of enthusiasm and interest in shuffleboard. Come on by, and enjoy the fun. We regularly play shuffleboard on Wednesdays at 9:30 a.m. All Villagers are invited to join. We will teach you if you don't know how, and there are no dues. You can practice at any time. Come and join the fun.

A safety note: Because of uneven surfaces, wear only flat shoes, and walk only between the lanes. Never walk across the lanes.

## LV BOWLING

By Alan Singer

It's time for Leisure Village bowling! And a very pleasant good day to you, wherever in Leisure Village you may be. Don't miss out on fun, camaraderie, food, and, of course, bowling. We have beginners, intermediate and advanced bowlers. Join us and see how you can improve. There's still time to get your nine practice games in to establish an average. It's easy to join and meet friendly people. It's only \$20 to join, and we'll even give you three free games. This covers expenses and the BANQUET. Great banquet! If you have an itch to join us, please contact one of our officers. Joe Quackenbush, 818-518-5742, Bobi Shmerling, 805-987-1475, Alan Singer, 818-292-4439, or Art Titen, 805-419-4401. We'll leave the light on for you!



# CLUB NEWS

## WOMEN'S CLUB

By Louise Romero

“HELLO FALL” the much anticipated Fall Fashion Show with fashions by Macy’s, is scheduled for September 14, 2017 at 7:00 p.m. in the AR. Tickets are \$10 and are now on sale in the AR Lobby Tuesday, Wednesday, and Thursday, 9:00-11:00 a.m. They will sell out quickly, so don’t wait to get your ticket. For information contact Joyce Baker, 889-5866. Food Share donations will be accepted.

Boutique, Vintage Jewelry, See’s Candy and the Social Workshop will be open the first Tuesday of each month; September 5, (BLOW-OUT SALE) 10:00 a.m. to 2:00 p.m. in the MPR. On the remaining Tuesdays, September 12, 19, 26, you can join us at the Social Workshop any time from 9:00-11:00 a.m. Boutique will be in the AR Lobby on September 20, from



4:30-6:30 p.m. Discounted See’s candy and gift certificates are available. For orders/delivery of candy call, Barbara Crome, 482-9097.

Beginning September 18, fundraiser sales of Axxess Cards com-

plete with a book listing over 300 local merchants offering unbeatable savings – some even offering 2-for-1 savings. For purchase or questions, contact Jackie Nelson at 340-9513.

*Jewelry for sale at the latest Women’s club meeting*

Photo by JERRY SPECTOR

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# CLUB NEWS



## THE MAVERICKS

By Margo Secia

The Mavericks are hosting a "Bowling Night" on Friday, September 22, 2017 at the Camarillo Bowl from 5:30 to 8:00 p.m. Tickets are available at \$13 per person which includes bowling and shoe rental. They can be purchased by contacting John Wirtz at 384-8508 or Geri DeSimone at 402-1465. Submarine sandwiches will be served at 5:30 at the bowling alley, but ALL drinks will need to be purchased at their bar, and bowling will begin at 6:00 p.m. If you are planning to come, please get your tickets soon, so we can alert the bowling alley as to how many lanes we will need to reserve. We hope lots of bowlers (and audience members to root them on) come to join in this really fun night.

Please save the date of Friday, October 27, 2017 for our always popular "Halloween Party" and start planning your costumes. All further details will be in the October "ILV" issue.

If you have any questions or com-

*Wet and Wild Pizza and Pool Party on July 28*

Photo by RITA LINSEY

ments, please feel free to contact President John Wirtz.

## WRITERS CLUB

By Harvey Brosler

Write-Present-Participate-Enjoy-Learn. We all have had significant events in our lives. Would you like to share interesting aspects of your life and your opinions with other residents? If so, we would like to hear them. Come to the Writers Club meeting held every Monday at 1:00 p.m. in the MPR. No special ability or prior experience required. If you can talk, you can write! You may write on any topic, fiction or nonfiction, or use the suggested topic for that day. Microphones are provided. Stories of the Month are displayed just inside the entrance to the Village library. Contacts: Larry Kalisher 465-0042, larry.kalisher@gmail.com or Harvey Brosler 465-0006, hsbros@roadrunner.com"

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VIII 7-424  
VIII 8-102  
VIII 8-150  
VIII 9-158  
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VIII 31-203  
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# TRAVEL CORNER

*By Carol Moody*

The Travel Window is open Tuesdays, Wednesdays or Thursdays 9:00 – 11:45 a.m. Here is the list of tours currently offered through Leisure Village Travel. Some have limited availability. Flyers and information are available at the Travel Window (next to the Rec Office).

**WINE and BREW** – September 14

**COLORFUL SONGS OF BROADWAY** – September 28

**MYSTERY TOUR** – October 19

**HAUNTED VENTURA** – October 31

**LAUGHLIN AQUARIUS CASINO** – November 6-8

**EDWARDS AFB** – November 29

**HOLIDAY DINNER and LIGHTS** – December 14

**COSTA RICA** – March 12-30, 2018

**SOUTHERN CHARM** – April 15-21, 2018

**SUNNY PORTUGAL** – September 25- October 4, 2018

**CANADIAN ROCKIES** – October 15-23, 2018




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**Are adjustable beds the same as hospital beds?** Definitely not! Hospital beds are used for raising and lowering the patient's body out of the bed and have permanent retaining rails. In hospital beds, you can't sleep with a partner, as they only come in twin size. On the other hand, adjustable beds come in ALL sizes, including a range of basic to deluxe models. They are designed to fit YOUR lifestyle. For example, some of today's modern adjustable beds come with massage units, programmed sleeping positions, iPhone compatibility, whisper quiet motors, and heaters. They are engineered to withstand thousands of adjustments and come in a variety of firmness levels. Another great feature is that you can even use your current furnishings.

**Buy American!** When choosing the correct adjustable bed, it's important to purchase American Made adjustable beds. Low price import brands can break down easily. Leggett and Platt is a highly respected and well-known manufacturer with 30 years in the industry. ([www.leggett.com](http://www.leggett.com))

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# OH, RATS!

■ *Protect your home from these unwelcome visitors*

*By Joseph Benti*

Let's start with a quiz: can we feed wild birds and animals anywhere in the Village, including our patios? NO! (Article 19.20 Rules & Regulations).

Question #2: if you want to keep rats out of your home, let's say with wire mesh over the heat vent from your dryer or a hole in an air vent, what size mesh should you use? Before you answer, here's a big clue: the mesh openings should be smaller, say, than a garage door left open anywhere from two inches to two feet, or more—rats flow in along with the air. FYI, we have two kinds of healthy, well-fed rats: the small, cute roof rats, look like big mice, and the bigger, tougher looking, Norway variety. Both can survive when and

where humans cannot and they can produce up to two dozen offspring a year.

Question #3, what happens when you break the rules and put out birdseed, pet food, leftover pizza, any food, on your patio? Simple: the rats will come, many and often, and they might take up residence in your residence! Like us, they like nice temperate weather and free, plentiful food. By the way, look for snail shells and rat droppings in or around your car's battery, that's another residence rats really like - for dessert, they feast on the wire covering of your electrical system.

Our problem begins with our good nature: we are beguiled by birds, rabbits and equally attractive squirrels (cuter than rats and possessed of bushy tails) that are not garbage eaters or disease carriers. That must be why so many residents disregard the rules to feed rabbits,

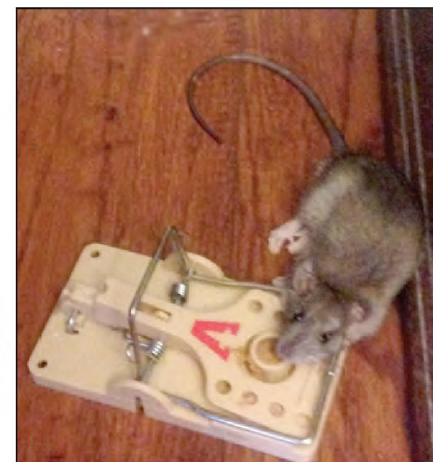


Photo by RITA LINSEY

*Furry Critters not welcome in Leisure Village*

squirrels and wild birds. Clearly, they ignore or do not understand the so-called "food chain." At the bottom are the rats, scavenging all the food, from wild bird seed to peanuts and everything in between. Above them are some unsettling higher ups, a couple of usually unwelcome visitors, rattlesnakes and coyotes - they love to eat rats.

Which leads to the answer to

Question #2. An interested rat catcher says use mesh with quarter-inch by quarter-inch hardware mesh to cover openings—baby rats can get through anything larger. If they get inside and have had a litter, they can and will chew through three-quarter inch fascia boards to feed and protect them. Metal is about the only thing that can stop them. Metal and you.



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# COOKING WITH LARRY

## Looks Like it's Potluck Time Again

*By Larry Swartz*

So many of us here at Leisure Village get invited or chose to attend a pot luck. We've talked before about easy, tasty and different dishes to take to a pot luck. One thing you want to make sure to attend to is the heat element. If it is an outdoor event and the dishes are not covered from the sun, you want to stay away from mayonnaise preparations. Also, if the dish is better served hot, you don't want it to sit for a while and get cold (unless you have a heating tray, this is a concern). Here is a quick and easy dish that fits the bill. I made it with a relatively healthy lower fat, very flavorful fresh homemade Italian spicy turkey sausage from Whole Foods, but you could also use Trader Joes pre-cooked.

For eight people: Two whole sweet onion, two red pepper, two green peppers, olive oil, four sausages and some chopped Italian parsley for garnish. These are easy numbers to adapt for less or more people... your math lesson for today.

Start by slicing the onion into 1/4" slices. De-rib the peppers and slice into 1/8" slices. Dump it all into a sauce pan with about four tablespoons of oil. Add more if required. Sauté over medium heat until the onions are translucent and the peppers slightly brown. Remove from pan.

Add the four whole sausages uncut. Brown over medium heat until firm. Poke with a toothpick to check for doneness. When done, take them out of the pan, cut in half add them back to the pan with the onions and peppers. You don't need salt, pepper or any other seasonings. The reason you prep the dish this way is that the sausages are raw



FILE PHOTO

*Healthy and colorful vegetables with a zing of sausage will brighten the picnic table*

and should be cooked before they touch the vegetables. If you are using already cooked sausages, you can cook all the ingredients together. Serve on a nice large platter and sprinkle with chopped Italian parsley and serve with a crusty Italian role.

### REAL ESTATE

## LV Real Estate Market Benefits Sellers

*By Sharron Parker*

The inventory (number of properties available) of homes for sale is unusually low in Southern California. In many cases, this is creating a buying competition for our 2136 homes in Leisure Village. At the time of this writing, there were only eight houses actively for sale in Leisure Village. That represents less than one-half of one percent. This is not unprecedented, but quite unusual. The extremely low inventory has been that way for some time now, which has driven up selling prices at a rapid pace and days on market to a minimum. The rental market in Leisure Village is also very strained. We receive many calls per week regarding availability of rentals when there are little or none available. This too has increased rental costs significantly.

With these elevated sales prices and interest rates at near record lows, the real estate market continues to be a strong seller's market with no anticipated change in the foreseeable future.

### Let Them Eat...Pancakes



Photo by HOLLY BARKER

*RVers at a recent campout show there are lots of pancakes to go around again on Sept. 16 in the AR. That's the date for the RV Club's annual Champagne Breakfast.*



# HEALTHY CORNER

## Food Allergies: Detection and Management for Seniors

By Andy Smith

### What Are Food Allergies?

It can be easy to confuse food intolerance for a food allergy. The former primarily involves the digestive system and its inability to properly break down certain foods. Reactions from a food allergy can be much more serious, and contact with even trace amounts of offensive foods can be life-threatening. Food allergies (commonly linked to foods such as peanuts, shellfish, soy, and wheat) are directly involved with the immune system.

#### Mild Symptoms:

1. Hives
2. Redness of the skin or eyes
3. Nasal congestion or sneezing

#### Severe Symptoms:

1. Shortness of breath
2. Sudden drop in blood pressure
3. Swelling of lips, tongue, or throat

### A Growing Problem

Food allergies can manifest at any point in life, and while the first appearance is not readily seen in older adults, many are still faced with symptoms due to an allergy's persistence late in life. In fact, food allergies are becoming more prevalent within the rapidly growing senior population.

#### Detecting a Food Allergy

If a senior is concerned about the possibility of having a food allergy, it's important to receive a diagnostic food allergy test from an allergist. Below are the most common diagnostic tests, all of which should be conducted under the supervision of allergists and other medical professionals.

**Skin prick test:** An allergist allows a small amount of food allergen to enter the surface of the skin on the forearm or back. If a wheal – small raised bump surrounded

by red, itchy skin – is produced, it generally indicates an allergy exists.

**Blood test:** This tends to be more costly than the skin prick test and is used to detect the quantity of IgE antibodies to help determine potential triggers. Though this test can yield helpful information regarding the chance of a food allergy's existence, it does not necessarily provide information on the severity of the allergy.

**Oral food challenge:** Known to be one of the more accurate methods of food allergy detection, this involves an allergist providing small samples of potentially offensive foods to the subject, followed by periods of observation/identification of reaction. If a reaction occurs, no more food is given.

**Food elimination diet:** Typically used together with skin or blood tests, this involves the elimination of potentially offensive foods from

one's diet to determine the cause of allergy symptoms, over a finite duration.

#### Management Is Key

If your loved ones are faced with a food allergy, it is important that they treat it seriously and take the proper precautions. Understanding which foods are offensive is naturally the first step, but it must be followed by strict, active avoidance. They should read food labels carefully and avoid any potential cross-contamination when preparing meals. However, even with the most stringent measures in place, there's always a chance that a reaction may occur. That's why, in addition to having a plan in place for such an occurrence, it is vital that your loved ones have their emergency medication with them at all times – even if they do not anticipate being around food of any kind.

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Caregiver. Experienced. 20 years. Dependable and honest. References. Evening or days. Jennie 805-483-5145

Caregiver. Honest, reliable. 15 years in LV. Excellent refs. Ready to Assist you with all your needs including house work, appts, FT/PT. Mary 805-861-7551

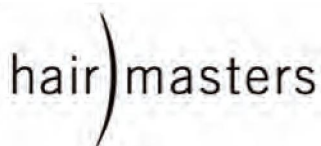
Female companion/caregiver. Taking care of male/female elderly. Live in/out. 24 hours as needed. No agency fee. All around help, drive to dr. appts, errands, shopping, bathing, etc. 25 yrs. Exp. Excl. Refs 805-377-6160

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July 2016—14 homes SOLD

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